

**GNAC Championships**  
**5/8/2015 - 5/9/2015**  
**Western Oregon - Monmouth, OR**

**Female Teams**

Place	Team	Code	Points
1	Seattle Pacific	SPU	183
2	Alaska Anchorage	UAA	154
3	Central Washington	CWU	90
4	Western Washington	WWU	88
5	Western Oregon	WOU	82
6	Northwest Nazarene	NNU	74
6	Simon Fraser	SFU	74
8	Saint Martins	SMU	59
9	MSU-Billings	MSUB	13

**Male Teams**

Place	Team	Code	Points
1	Western Washington	WWU	176
2	Alaska Anchorage	UAA	174
3	Central Washington	CWU	109.5
4	Western Oregon	WOU	88
5	Northwest Nazarene	NNU	85
5	Simon Fraser	SFU	85
7	Saint Martins	SMU	54.5
8	Seattle Pacific	SPU	21
9	MSU-Billings	MSUB	17

**Men's 100 Meters Final****Wind: +2.5**

GNAC Championship: Anthony Wright Central Washington 10.43 2010

GNAC: Rimar Christie, Northwest Nazarene 10.38 2013

McArthur Field: Jean Olivier-Zirignon 10.33 1993

PL	#	Athlete	Yr.	Team	Final	Pts
1	315	Donigian, Alex	JR	Western Washington	10.44	10
2	280	Warner, Cody	FR	Western Oregon	10.76	8
3	86	Todd, Jordan	JR	Central Washington	10.81	6
4	132	Christie, Rimar	SR	Northwest Nazarene	10.89	5
5	309	Binkerd, Alex	FR	Western Washington	10.97	4
6	24	Gray, Darrion	FR	Alaska Anchorage	10.99	3
7	84	Steuk, Garret	FR	Central Washington	11.05	2

**Men's 100 Meters Prelim**

GNAC Championship: Anthony Wright Central Washington 10.43 2010

GNAC: Rimar Christie, Northwest Nazarene 10.38 2013

McArthur Field: Jean Olivier-Zirignon 10.33 1993

PL	#	Athlete	Yr.	Team	Prelim	Heat(HPL)	Note
1	315	Donigian, Alex	JR	Western Washington	10.52Q	2(1)	
2	280	Warner, Cody	FR	Western Oregon	10.67Q	1(1)	
3	86	Todd, Jordan	JR	Central Washington	10.71q	2(2)	
4	132	Christie, Rimar	SR	Northwest Nazarene	10.81q	2(3)	10.802
5	24	Gray, Darrion	FR	Alaska Anchorage	10.81q	1(2)	10.810
6	309	Binkerd, Alex	FR	Western Washington	10.96q	1(3)	
7	74	McKinney, Kent	JR	Central Washington	10.99q	1(4)	
8	84	Steuk, Garret	FR	Central Washington	11.01q	1(5)	
9	144	Oswalt, Jacob	JR	Northwest Nazarene	11.02	1(6)	
10	204	Paulk, Clifford	FR	Seattle Pacific	11.14	1(7)	

11	200	Ferguson, David	SR	Seattle Pacific	11.18	2(4)
12	99	DiGiovanna, Tyler	JR	MSU-Billings	11.27	2(5)
13	205	Straker, RJ	SR	Seattle Pacific	11.30	2(6)

**Men's 100 Meters Prelim Heat 1 of 2****Wind: 1.3**

PL	#	Athlete	Yr.	Team	Prelim	Note
1	280	Warner, Cody	FR	Western Oregon	10.67Q	
2	24	Gray, Darrion	FR	Alaska Anchorage	10.81q	10.810
3	309	Binkerd, Alex	FR	Western Washington	10.96q	
4	74	McKinney, Kent	JR	Central Washington	10.99q	
5	84	Steuk, Garret	FR	Central Washington	11.01q	
6	144	Oswalt, Jacob	JR	Northwest Nazarene	11.02	
7	204	Paulk, Clifford	FR	Seattle Pacific	11.14	

**Men's 100 Meters Prelim Heat 2 of 2****Wind: 0.7**

PL	#	Athlete	Yr.	Team	Prelim	Note
1	315	Donigian, Alex	JR	Western Washington	10.52Q	
2	86	Todd, Jordan	JR	Central Washington	10.71q	
3	132	Christie, Rimar	SR	Northwest Nazarene	10.81q	10.802
4	200	Ferguson, David	SR	Seattle Pacific	11.18	
5	99	DiGiovanna, Tyler	JR	MSU-Billings	11.27	
6	205	Straker, RJ	SR	Seattle Pacific	11.30	

**Men's 200 Meters Final****Wind: 0.2**

GNAC: Mike Hinshaw Western Oregon 21.11 2002

McArthur Field: Tyrell Williams Western Oregon 21.32 2014

GNAC Championship: Tyrell Williams Western Oregon 21.32 2014

GNAC Championship: Rimar Christie Northwest Nazarene 21.32 2013

PL	#	Athlete	Yr.	Team	Final	Pts	Note
1	315	Donigian, Alex	JR	Western Washington	21.56	10	
2	24	Gray, Darrion	FR	Alaska Anchorage	21.91	8	
3	86	Todd, Jordan	JR	Central Washington	22.19	6	
4	144	Oswalt, Jacob	JR	Northwest Nazarene	22.35	5	
5	242	Webster, Joel	SO	Simon Fraser	22.42	4	22.418
6	202	Lopez, Mario	FR	Seattle Pacific	22.42	3	22.419
7	200	Ferguson, David	SR	Seattle Pacific	22.43	2	
	280	Warner, Cody	FR	Western Oregon	DNF		

**Men's 200 Meters Prelim**

GNAC: Mike Hinshaw Western Oregon 21.11 2002

McArthur Field: Tyrell Williams Western Oregon 21.32 2014

GNAC Championship: Tyrell Williams Western Oregon 21.32 2014

GNAC Championship: Rimar Christie Northwest Nazarene 21.32 2013

PL	#	Athlete	Yr.	Team	Prelim	Heat(HPL)
1	315	Donigian, Alex	JR	Western Washington	21.46Q	2(1)
2	280	Warner, Cody	FR	Western Oregon	21.68Q	1(1)
3	24	Gray, Darrion	FR	Alaska Anchorage	21.84q	1(2)
4	86	Todd, Jordan	JR	Central Washington	21.95q	2(2)
5	144	Oswalt, Jacob	JR	Northwest Nazarene	22.15q	2(3)
6	200	Ferguson, David	SR	Seattle Pacific	22.20q	1(3)
7	202	Lopez, Mario	FR	Seattle Pacific	22.21q	2(4)
8	242	Webster, Joel	SO	Simon Fraser	22.26q	2(5)
9	336	Schmidt, Nathaniel	SR	Western Washington	22.29	1(4)
10	309	Binkerd, Alex	FR	Western Washington	22.32	2(6)
11	28	Lindsay, Liam	FR	Alaska Anchorage	22.60	1(5)
12	274	Leedham, Bryce	JR	Western Oregon	22.68	2(7)

13	204	Paulk, Clifford	FR	Seattle Pacific	22.71	1(6)
14	225	Dhillon, Hameet	SO	Simon Fraser	22.86	2(8)

**Men's 200 Meters Prelim Heat 1 of 2**

Wind: +0.9

PL	#	Athlete	Yr.	Team	Prelim
1	280	Warner, Cody	FR	Western Oregon	21.68Q
2	24	Gray, Darrion	FR	Alaska Anchorage	21.84q
3	200	Ferguson, David	SR	Seattle Pacific	22.20q
4	336	Schmidt, Nathaniel	SR	Western Washington	22.29
5	28	Lindsay, Liam	FR	Alaska Anchorage	22.60
6	204	Paulk, Clifford	FR	Seattle Pacific	22.71

**Men's 200 Meters Prelim Heat 2 of 2**

Wind: +0.6

PL	#	Athlete	Yr.	Team	Prelim
1	315	Donigian, Alex	JR	Western Washington	21.46Q
2	86	Todd, Jordan	JR	Central Washington	21.95q
3	144	Oswalt, Jacob	JR	Northwest Nazarene	22.15q
4	202	Lopez, Mario	FR	Seattle Pacific	22.21q
5	242	Webster, Joel	SO	Simon Fraser	22.26q
6	309	Binkerd, Alex	FR	Western Washington	22.32
7	274	Leedham, Bryce	JR	Western Oregon	22.68
8	225	Dhillon, Hameet	SO	Simon Fraser	22.86

**Men's 400 Meters Final**

GNAC Championship: Ethan Hewitt Alaska Anchorage 47.55 2012

GNAC: Ethan Hewitt Alaska Anchorage 47.51 2011

McArthur Field: Ethan Hewitt Alaska Anchorage 47.55 2012

PL	#	Athlete	Yr.	Team	Final	Pts
1	233	Kelloway, Daniel	SO	Simon Fraser	47.62	10
2	19	Commandeur, Adam	SO	Alaska Anchorage	47.75	8
3	242	Webster, Joel	SO	Simon Fraser	48.41	6
4	325	McArthur, Ryan	SO	Western Washington	48.52	5
5	281	Whitaker, Aaron	SO	Western Oregon	48.95	4
6	28	Lindsay, Liam	FR	Alaska Anchorage	49.04	3
7	110	Vanderby, Nathan	SO	MSU-Billings	49.30	2
8	202	Lopez, Mario	FR	Seattle Pacific	49.34	1

**Men's 400 Meters Prelim**

GNAC Championship: Ethan Hewitt Alaska Anchorage 47.55 2012

GNAC: Ethan Hewitt Alaska Anchorage 47.51 2011

McArthur Field: Ethan Hewitt Alaska Anchorage 47.55 2012

PL	#	Athlete	Yr.	Team	Prelim	Heat(HPL)
1	19	Commandeur, Adam	SO	Alaska Anchorage	48.51Q	2(1)
2	202	Lopez, Mario	FR	Seattle Pacific	48.83Q	1(1)
3	325	McArthur, Ryan	SO	Western Washington	48.86q	1(2)
4	28	Lindsay, Liam	FR	Alaska Anchorage	48.90q	1(3)
5	242	Webster, Joel	SO	Simon Fraser	48.93q	1(4)
6	233	Kelloway, Daniel	SO	Simon Fraser	49.16q	2(2)
7	281	Whitaker, Aaron	SO	Western Oregon	49.35q	2(3)
8	110	Vanderby, Nathan	SO	MSU-Billings	49.70q	2(4)
9	226	Ellenwood, Stuart	SR	Simon Fraser	49.78	1(5)
10	203	Moreton, Chris	FR	Seattle Pacific	49.84	2(5)
11	67	Arndt, Darren	SO	Central Washington	50.86	2(6)

**Men's 400 Meters Prelim Heat 1 of 2**

PL	#	Athlete	Yr.	Team	Prelim
1	202	Lopez, Mario	FR	Seattle Pacific	48.83Q
2	325	McArthur, Ryan	SO	Western Washington	48.86q
3	28	Lindsay, Liam	FR	Alaska Anchorage	48.90q
4	242	Webster, Joel	SO	Simon Fraser	48.93q
5	226	Ellenwood, Stuart	SR	Simon Fraser	49.78

**Men's 400 Meters Prelim Heat 2 of 2**

PL	#	Athlete	Yr.	Team	Prelim
1	19	Commandeur, Adam	SO	Alaska Anchorage	48.51Q
2	233	Kelloway, Daniel	SO	Simon Fraser	49.16q
3	281	Whitaker, Aaron	SO	Western Oregon	49.35q
4	110	Vanderby, Nathan	SO	MSU-Billings	49.70q
5	203	Moreton, Chris	FR	Seattle Pacific	49.84
6	67	Arndt, Darren	SO	Central Washington	50.86

**Men's 800 Meters Final**

GNAC Championship: Paul Mach Seattle Pacific 1:49.31 2005

GNAC: Paul Mach Seattle Pacific 1:14.31 2005

McArthur Field: Shannon Lemora NIKE International 1:49.03 1995

PL	#	Athlete	Yr.	Team	Final	Pts	Splits
1	279	Sultessa, Badane	JR	Western Oregon	1:52.31	10	57.83 (57.83) 1:52.31 (54.49)
2	235	Proceviat, Cameron	JR	Simon Fraser	1:53.05	8	58.22 (58.22) 1:53.05 (54.83)
3	267	Dempsey, Josh	SO	Western Oregon	1:54.33	6	58.39 (58.39) 1:54.33 (55.95)
4	26	Kipchumba, Nathan	FR	Alaska Anchorage	1:54.37	5	58.04 (58.04) 1:54.37 (56.34)
5	269	Hanna, Josh	JR	Western Oregon	1:54.42	4	57.91 (57.91) 1:54.42 (56.52)
6	238	Trummer, Max	FR	Simon Fraser	1:54.90	3	58.45 (58.45) 1:54.90 (56.46)
7	31	Miller, Jesse	JR	Alaska Anchorage	1:57.22	2	58.04 (58.04) 1:57.22 (59.18)
8	29	Mendenhall, Michael	SO	Alaska Anchorage	2:01.84	1	59.31 (59.31) 2:01.84 (1:02.53)

**Men's 800 Meters Prelim**

GNAC Championship: Paul Mach Seattle Pacific 1:49.31 2005

GNAC: Paul Mach Seattle Pacific 1:14.31 2005

McArthur Field: Shannon Lemora NIKE International 1:49.03 1995

PL	#	Athlete	Yr.	Team	Prelim	Heat(HP L)	Splits
1	279	Sultessa, Badane	JR	Western Oregon	1:51.46 Q	1(1)	55.87 (55.87) 1:51.46 (55.60)
2	267	Dempsey, Josh	SO	Western Oregon	1:52.75 Q	1(2)	56.26 (56.26) 1:52.75 (56.49)
3	26	Kipchumba, Nathan	FR	Alaska Anchorage	1:53.05q	1(3)	55.89 (55.89) 1:53.05 (57.17)
4	235	Proceviat, Cameron	JR	Simon Fraser	1:54.21 Q	2(1)	57.52 (57.52) 1:54.21 (56.70)
5	29	Mendenhall, Michael	SO	Alaska Anchorage	1:54.34q	1(4)	56.53 (56.53) 1:54.34 (57.82)
6	238	Trummer, Max	FR	Simon Fraser	1:54.44q	1(5)	56.33 (56.33) 1:54.44 (58.11)
7	269	Hanna, Josh	JR	Western Oregon	1:54.48 Q	2(2)	57.25 (57.25) 1:54.48 (57.23)
8	31	Miller, Jesse	JR	Alaska Anchorage	1:54.63q	2(3)	57.39 (57.39) 1:54.63 (57.24)

9	228	Freinhofer, Dylan	FR	Simon Fraser	1:54.90	2(4)	58.16 (58.16)	1:54.90 (56.74)
10	170	Krause, Frank	SR	Saint Martins	1:55.39	2(5)	57.87 (57.87)	1:55.39 (57.53)
11	168	Hughey, Mitchell	SO	Saint Martins	1:55.80	2(6)	57.52 (57.52)	1:55.80 (58.28)
12	20	Commandeur, Scott	SO	Alaska Anchorage	1:56.22	1(6)	56.43 (56.43)	1:56.22 (59.79)
13	328	McCranie, Cody	JR	Western Washington	1:56.26	2(7)	57.73 (57.73)	1:56.26 (58.54)

**Men's 800 Meters Prelim Heat 1 of 2**

PL	#	Athlete	Yr.	Team	Prelim	Splits	
1	279	Sultessa, Badane	JR	Western Oregon	1:51.46Q	55.87 (55.87)	1:51.46 (55.60)
2	267	Dempsey, Josh	SO	Western Oregon	1:52.75Q	56.26 (56.26)	1:52.75 (56.49)
3	26	Kipchumba, Nathan	FR	Alaska Anchorage	1:53.05q	55.89 (55.89)	1:53.05 (57.17)
4	29	Mendenhall, Michael	SO	Alaska Anchorage	1:54.34q	56.53 (56.53)	1:54.34 (57.82)
5	238	Trummer, Max	FR	Simon Fraser	1:54.44q	56.33 (56.33)	1:54.44 (58.11)
6	20	Commandeur, Scott	SO	Alaska Anchorage	1:56.22	56.43 (56.43)	1:56.22 (59.79)

**Men's 800 Meters Prelim Heat 2 of 2**

PL	#	Athlete	Yr.	Team	Prelim	Splits	
1	235	Proceviat, Cameron	JR	Simon Fraser	1:54.21Q	57.52 (57.52)	1:54.21 (56.70)
2	269	Hanna, Josh	JR	Western Oregon	1:54.48Q	57.25 (57.25)	1:54.48 (57.23)
3	31	Miller, Jesse	JR	Alaska Anchorage	1:54.63q	57.39 (57.39)	1:54.63 (57.24)
4	228	Freinhofer, Dylan	FR	Simon Fraser	1:54.90	58.16 (58.16)	1:54.90 (56.74)
5	170	Krause, Frank	SR	Saint Martins	1:55.39	57.87 (57.87)	1:55.39 (57.53)
6	168	Hughey, Mitchell	SO	Saint Martins	1:55.80	57.52 (57.52)	1:55.80 (58.28)
7	328	McCranie, Cody	JR	Western Washington	1:56.26	57.73 (57.73)	1:56.26 (58.54)

**Men's 1500 Meters**

GNAC Championship: Alfred Kangogo Alaska Anchorage 3:49.03 2010

GNAC: Alfred Kangogo Alaska Anchorage 3:44.67 2011

McArthur Field: Jim Howarth 3:46.74 1997

PL	#	Athlete	Yr.	Team	Final	Pts	Section(SPL)	Splits			
1	278	Ribich, David	FR	Western Oregon	3:50.58	10	2(1)	48.10 (48.10)	1:50.43 (1:02.34)	2:52.09 (1:01.66)	3:50.58 (58.50)
2	236	Rouleau, Marc-Antoine	FR	Simon Fraser	3:51.29	8	2(2)	47.00 (47.00)	1:49.76 (1:02.77)	2:51.42 (1:01.66)	3:51.29 (59.88)
3	106	Peterson, Robert	JR	MSU-Billings	3:51.58	6	1(1)	46.67 (46.67)	1:49.09 (1:02.42)	2:50.95 (1:01.87)	3:51.58 (1:00.63)
4	241	Vugteveen, Travis	SR	Simon Fraser	3:53.37	5	2(3)	47.50 (47.50)	1:49.92 (1:02.43)	2:51.58 (1:01.67)	3:53.37 (1:01.80)
5	276	Naffziger, Sam	JR	Western Oregon	3:54.80	4	2(4)	47.67 (47.67)	1:50.25 (1:02.58)	2:51.97 (1:01.72)	3:54.80 (1:02.84)
6	26	Kipchumba, Nathan	FR	Alaska Anchorage	3:54.86	3	2(5)	47.42 (47.42)	1:50.02 (1:02.60)	2:52.21 (1:02.20)	3:54.86 (1:02.65)
7	310	Brown, Dylan	JR	Western Washington	3:55.19	2	1(2)	46.51 (46.51)	1:49.79 (1:03.28)	2:53.68 (1:03.90)	3:55.19 (1:01.51)
8	229	Gravel, Phillippe	FR	Simon Fraser	3:55.20	1	2(6)	47.92 (47.92)	1:50.14 (1:02.22)	2:51.80 (1:01.67)	3:55.20 (1:03.40)

9	88	Wojtech, John	SR	Central Washington	3:55.61	1(3)	47.26 (47.26)	1:50.24 (1:02.99)	2:53.35 (1:03.12)	3:55.61 (1:02.26)
10	328	McCranie, Cody	JR	Western Washington	3:57.19	2(7)	47.90 (47.90)	1:50.83 (1:02.93)	2:54.54 (1:03.71)	3:57.19 (1:02.66)
11	324	Lutz, Matthew	JR	Western Washington	3:58.02	1(4)	46.76 (46.76)	1:49.48 (1:02.73)	2:52.95 (1:03.47)	3:58.02 (1:05.08)
12	29	Mendenhall, Michael	SO	Alaska Anchorage	3:58.63	2(8)	48.12 (48.12)	1:50.78 (1:02.67)	2:54.28 (1:03.50)	3:58.63 (1:04.35)
13	237	Tadesse, Ephraim	FR	Simon Fraser	3:59.19	2(9)	48.21 (48.21)	1:50.73 (1:02.53)	2:53.75 (1:03.03)	3:59.19 (1:05.44)
14	71	Javier, Kaleb	JR	Central Washington	3:59.53	1(5)	47.51 (47.51)	1:50.62 (1:03.12)	2:55.41 (1:04.80)	3:59.53 (1:04.13)
15	104	McKay, Liam	FR	MSU-Billings	4:01.76	1(6)	47.77 (47.77)	1:50.48 (1:02.72)	2:54.19 (1:03.72)	4:01.76 (1:07.57)
16	34	Rooke, Kevin	SR	Alaska Anchorage	4:04.73	2(10)	48.35 (48.35)	1:50.47 (1:02.12)	2:55.23 (1:04.76)	4:04.73 (1:09.51)
17	30	Messina, Philip	SO	Alaska Anchorage	4:11.30	1(7)	46.68 (46.68)	1:49.99 (1:03.31)	2:55.36 (1:05.37)	4:11.30 (1:15.95)

**Men's 1500 Meters Heat 1 of 2**

PL	#	Athlete	Yr.	Team	Final	Pts	Splits			
1	106	Peterson, Robert	JR	MSU-Billings	3:51.58	6	46.67 (46.67)	1:49.09 (1:02.42)	2:50.95 (1:01.87)	3:51.58 (1:00.63)
2	310	Brown, Dylan	JR	Western Washington	3:55.19	2	46.51 (46.51)	1:49.79 (1:03.28)	2:53.68 (1:03.90)	3:55.19 (1:01.51)
3	88	Wojtech, John	SR	Central Washington	3:55.61		47.26 (47.26)	1:50.24 (1:02.99)	2:53.35 (1:03.12)	3:55.61 (1:02.26)
4	324	Lutz, Matthew	JR	Western Washington	3:58.02		46.76 (46.76)	1:49.48 (1:02.73)	2:52.95 (1:03.47)	3:58.02 (1:05.08)
5	71	Javier, Kaleb	JR	Central Washington	3:59.53		47.51 (47.51)	1:50.62 (1:03.12)	2:55.41 (1:04.80)	3:59.53 (1:04.13)
6	104	McKay, Liam	FR	MSU-Billings	4:01.76		47.77 (47.77)	1:50.48 (1:02.72)	2:54.19 (1:03.72)	4:01.76 (1:07.57)
7	30	Messina, Philip	SO	Alaska Anchorage	4:11.30		46.68 (46.68)	1:49.99 (1:03.31)	2:55.36 (1:05.37)	4:11.30 (1:15.95)

**Men's 1500 Meters Heat 2 of 2**

PL	#	Athlete	Yr.	Team	Final	Pts	Splits			
1	278	Ribich, David	FR	Western Oregon	3:50.58	10	48.10 (48.10)	1:50.43 (1:02.34)	2:52.09 (1:01.66)	3:50.58 (58.50)
2	236	Rouleau, Marc-Antoine	FR	Simon Fraser	3:51.29	8	47.00 (47.00)	1:49.76 (1:02.77)	2:51.42 (1:01.66)	3:51.29 (59.88)
3	241	Vugteveen, Travis	SR	Simon Fraser	3:53.37	5	47.50 (47.50)	1:49.92 (1:02.43)	2:51.58 (1:01.67)	3:53.37 (1:01.80)
4	276	Naffziger, Sam	JR	Western Oregon	3:54.80	4	47.67 (47.67)	1:50.25 (1:02.58)	2:51.97 (1:01.72)	3:54.80 (1:02.84)
5	26	Kipchumba, Nathan	FR	Alaska Anchorage	3:54.86	3	47.42 (47.42)	1:50.02 (1:02.60)	2:52.21 (1:02.20)	3:54.86 (1:02.65)
6	229	Gravel, Phillipe	FR	Simon Fraser	3:55.20	1	47.92 (47.92)	1:50.14 (1:02.22)	2:51.80 (1:01.67)	3:55.20 (1:03.40)
7	328	McCranie, Cody	JR	Western Washington	3:57.19		47.90 (47.90)	1:50.83 (1:02.93)	2:54.54 (1:03.71)	3:57.19 (1:02.66)
8	29	Mendenhall, Michael	SO	Alaska Anchorage	3:58.63		48.12 (48.12)	1:50.78 (1:02.67)	2:54.28 (1:03.50)	3:58.63 (1:04.35)
9	237	Tadesse, Ephraim	FR	Simon Fraser	3:59.19		48.21 (48.21)	1:50.73 (1:02.53)	2:53.75 (1:03.03)	3:59.19 (1:05.44)
10	34	Rooke, Kevin	SR	Alaska Anchorage	4:04.73		48.35 (48.35)	1:50.47 (1:02.12)	2:55.23 (1:04.76)	4:04.73 (1:09.51)

**Men's 5000 Meters**

GNAC Championship: Micah Chelimo Alaska Anchorage 14:29.41 2011

GNAC: Micah Chelimo Alaska Anchorage 13:41.99 2014

McArthur Field: Micah Chelimo Alaska Anchorage 14:29.41 2011

PL	#	Athlete	Yr.	Team	Final	Pts	Splits			
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GNAC Championships (5/8/2015 - 5/9/2015) Western Oregon - Monmouth, OR

1	15	Anthony, Dylan	SR	Alaska Anchorage	14:39.17	10	35.99 (35.99) 12:20 (1:10)	1:49 (1:13) 13:31 (1:11)	2:59 (1:09) 14:39 (1:07)	4:09 (1:09) 14:39 (1:11)	5:20 (1:11) 14:39 (1:11)	6:31 (1:11) 14:39 (1:10)	7:41 (1:10) 14:39 (1:09)	8:51 (1:09) 14:39 (1:09)	10:00 (1:09) 14:39 (1:09)	11:10 (1:09) 14:39 (1:09)
2	18	Cheseto, Henry	FR	Alaska Anchorage	14:44.92	8	35.53 (35.53) 12:26 (1:10)	1:49 (1:14) 13:38 (1:11)	3:00 (1:10) 14:44 (1:06)	4:10 (1:09) 14:44 (1:07)	5:20 (1:10) 14:44 (1:11)	6:32 (1:11) 14:44 (1:10)	7:42 (1:10) 14:44 (1:11)	8:54 (1:11) 14:44 (1:10)	10:04 (1:10) 14:44 (1:11)	11:15 (1:11) 14:44 (1:11)
3	32	Notz, Dominik	JR	Alaska Anchorage	14:47.65	6	35.49 (35.49) 12:26 (1:10)	1:49 (1:14) 13:38 (1:11)	3:00 (1:10) 14:47 (1:08)	4:10 (1:10) 14:47 (1:08)	5:21 (1:10) 14:47 (1:11)	6:31 (1:10) 14:47 (1:11)	7:43 (1:11) 14:47 (1:11)	8:54 (1:11) 14:47 (1:11)	10:04 (1:10) 14:47 (1:11)	11:15 (1:11) 14:47 (1:11)
4	335	Romey, Max	SO	Western Washington	14:51.90	5	36.88 (36.88) 12:39 (1:13)	1:50 (1:13) 13:47 (1:08)	3:01 (1:10) 14:51 (1:03)	4:11 (1:10) 14:51 (1:03)	5:23 (1:11) 14:51 (1:12)	6:35 (1:12) 14:51 (1:11)	7:47 (1:11) 14:51 (1:12)	9:00 (1:12) 14:51 (1:12)	10:12 (1:12) 14:51 (1:12)	11:26 (1:13) 14:51 (1:13)
5	35	Samoei, Victor	JR	Alaska Anchorage	14:53.35	4	37.42 (37.42) 11:25 (1:13)	1:50 (1:13) 12:39 (1:13)	3:00 (1:09) 14:53 (1:03)	4:10 (1:10) 14:53 (1:11)	5:21 (1:11) 14:53 (1:12)	6:33 (1:12) 14:53 (1:09)	7:43 (1:09) 14:53 (4:05)	8:59 (4:05) 14:53 (1:12)	10:12 (1:12) 14:53 (1:12)	11:26 (1:12) 14:53 (1:12)
6	341	Wise, Andrew	SO	Western Washington	15:01.60	3	36.92 (36.92) 12:43 (1:13)	1:51 (1:14) 13:56 (1:12)	3:02 (1:11) 15:01 (1:04)	4:12 (1:10) 15:01 (1:04)	5:24 (1:11) 15:01 (1:12)	6:36 (1:12) 15:01 (1:12)	7:49 (1:12) 15:01 (1:13)	9:02 (1:13) 15:01 (1:14)	10:16 (1:13) 15:01 (1:14)	11:30 (1:14) 15:01 (1:13)
7	231	Jorgensen, Oliver	SO	Simon Fraser	15:02.25	2	35.77 (35.77) 11:20 (1:14)	1:49 (1:13) 12:36 (1:15)	2:59 (1:09) 15:02 (2:26)	4:08 (1:09) 15:02 (1:15)	5:20 (1:34) 15:02 (2:26)	6:34 (1:09) 15:02 (1:11)	7:47 (1:11) 15:02 (1:11)	8:54 (1:11) 15:02 (1:11)	10:06 (1:11) 15:02 (1:11)	11:26 (1:11) 15:02 (1:11)
8	25	Kangogo, Edwin	FR	Alaska Anchorage	15:05.50	1	36.14 (36.14) 12:43 (1:15)	1:50 (1:14) 13:57 (1:14)	3:00 (1:10) 15:05 (1:07)	4:11 (1:10) 15:05 (1:07)	5:22 (1:10) 15:05 (1:12)	6:34 (1:12) 15:05 (1:12)	7:47 (1:12) 15:05 (1:12)	8:59 (1:12) 15:05 (1:13)	10:13 (1:13) 15:05 (1:13)	11:28 (1:14) 15:05 (1:14)
9	206	Wiley, Turner	JR	Seattle Pacific	15:09.44		35.73 (35.73) 12:42 (1:16)	1:49 (1:13) 13:57 (1:14)	2:59 (1:10) 15:09 (1:11)	4:09 (1:09) 15:09 (1:15)	5:22 (1:12) 15:09 (1:11)	6:34 (1:12) 15:09 (1:11)	7:47 (1:12) 15:09 (1:12)	8:59 (1:12) 15:09 (1:12)	10:12 (1:12) 15:09 (1:12)	11:26 (1:14) 15:09 (1:14)
10	316	Griffith, Isaac	JR	Western Washington	15:16.35		36.42 (36.42) 12:50 (1:15)	1:50 (1:14) 14:05 (1:15)	3:01 (1:10) 15:16 (1:10)	4:11 (1:10) 15:16 (1:11)	5:23 (1:11) 15:16 (1:12)	6:36 (1:12) 15:16 (1:13)	7:49 (1:13) 15:16 (1:14)	9:03 (1:14) 15:16 (1:15)	10:19 (1:15) 15:16 (1:15)	11:34 (1:15) 15:16 (1:15)
11	278	Ribich, David	FR	Western Oregon	15:20.80		37.09 (37.09) 12:51 (1:16)	1:51 (1:14) 14:07 (1:16)	3:01 (1:10) 15:20 (1:12)	4:12 (1:10) 15:20 (1:11)	5:23 (1:11) 15:20 (1:12)	6:35 (1:12) 15:20 (1:12)	7:48 (1:12) 15:20 (1:14)	9:02 (1:14) 15:20 (1:15)	10:18 (1:15) 15:20 (1:15)	11:34 (1:16) 15:20 (1:16)

12	314	Derline, Isaac	FR	Western Washington	15:25.48	36.25 24	1:50. 88	3:00. 56	4:11. 00	5:24. 85	6:36. 82	7:50. 50	9:05. 40	10:21 .40	11:38 .39
						(36.2 5)	(1:14 .00)	(1:10 .64)	(1:10 .69)	(1:12 .45)	(1:12 .85)	(1:13 .98)	(1:14 .69)	(1:15 .90)	(1:17 .00)
						12:56 .00	14:13 .61	15:25 .48	(1:17 .61)	(1:17 .62)	(1:11 .87)				
13	243	Wong, Brendan	SO	Simon Fraser	15:34.57	37.13 98	1:50. 68	3:01. 73	4:11. 06	5:22. 14	6:35. 21	7:47. 54	9:01. 95	10:18 .89	11:39 .12
						(37.1 3)	(1:13 .86)	(1:10 .70)	(1:10 .06)	(1:11 .14)	(1:12 .35)	(1:12 .33)	(1:14 .42)	(1:16 .94)	(1:20 .24)
						13:00 .59	14:20 .71	15:34 .57	(1:21 .48)	(1:20 .12)	(1:13 .86)				
14	331	Peterson, Ryan	JR	Western Washington	15:40.03	36.63 44	1:50. 55	3:02. 23	4:15. 65	5:29. 01	6:46. 34	8:02. 28	9:20. 29	10:38 .29	11:55 .88
						(36.6 3)	(1:13 .81)	(1:12 .11)	(1:12 .68)	(1:14 .43)	(1:16 .36)	(1:16 .34)	(1:17 .94)	(1:18 .03)	(1:17 .59)
						13:13 .37	14:29 .33	15:40 .03	(1:17 .50)	(1:15 .97)	(1:10 .70)				
15	82	Spencer, Rudy	SR	Central Washington	15:40.83	37.37 24	1:51. 89	3:02. 11	4:15. 71	5:28. 61	6:43. 94	7:58. 31	9:16. 40	10:35 .40	11:54 .52
						(37.3 7)	(1:13 .87)	(1:11 .66)	(1:12 .23)	(1:13 .60)	(1:14 .90)	(1:15 .34)	(1:17 .38)	(1:19 .09)	(1:19 .13)
						13:13 .45	14:29 .74	15:40 .83	(1:18 .93)	(1:16 .29)	(1:11 .10)				
16	332	Reedy, Tabor	SR	Western Washington	17:19.67	36.73 05	1:53. 01	3:10. 81	4:29. 66	5:52. 44	7:16. 02	8:41. 59	10:06 .31	11:34 .31	13:03 .58
						(36.7 3)	(1:16 .32)	(1:16 .97)	(1:19 .80)	(1:22 .86)	(1:23 .79)	(1:24 .58)	(1:25 .57)	(1:27 .73)	(1:29 .27)
						14:33 .63	16:00 .73	17:19 .67	(1:30 .06)	(1:27 .11)	(1:18 .94)				

### Men's 10000 Meters

GNAC Championship: Jordan Welling Western Washington 30:25.75 2011

GNAC: Micah Chelimo Alaska Anchorage 28:37.75 2014

McArthur Field: Jordan Welling Western Washington 30:25.75 2011

PL	#	Athlete	Yr.	Team	Final	Pts	Splits
1	35	Samoei, Victor	JR	Alaska Anchorage	31:46.09	10	1:18.64 2:37.80 3:53.83 5:08.99 6:24.50 7:39.18 8:54.97 10:09.59 11:24.65 12:40.35 (1:18.64) (1:19.16) (1:16.04) (1:15.17) (1:15.51) (1:14.69) (1:15.79) (1:14.62) (1:15.07) (1:15.71) 13:56.31 15:12.15 16:27.60 17:44.84 19:02.08 20:20.15 21:40.28 22:56.25 24:14.79 25:33.30 (1:15.96) (1:15.85) (1:15.46) (1:17.24) (1:17.25) (1:18.08) (1:20.13) (1:15.98) (1:18.55) (1:18.51) 26:51.94 28:07.23 29:23.70 30:38.41 31:46.09 (1:18.65) (1:15.29) (1:16.48) (1:14.71) (1:07.69)
2	18	Cheseto, Henry	FR	Alaska Anchorage	31:46.83	8	1:17.30 2:37.34 3:54.34 5:08.93 6:23.84 7:38.96 8:54.43 10:09.46 11:24.46 12:40.00 (1:17.30) (1:20.04) (1:17.00) (1:14.60) (1:14.91) (1:15.13) (1:15.47) (1:15.04) (1:15.00) (1:15.55) 13:55.94 15:11.44 16:26.87 17:44.33 19:01.67 20:19.52 21:39.57 22:56.24 24:14.96 25:33.49 (1:15.95) (1:15.50) (1:15.43) (1:17.47) (1:17.34) (1:17.86) (1:20.06) (1:16.68) (1:18.72) (1:18.54) 26:51.97 28:07.43 29:23.93 30:38.69 31:46.83 (1:18.48) (1:15.47) (1:16.50) (1:14.77) (1:08.14)
3	32	Notz, Dominik	JR	Alaska Anchorage	31:48.91	6	1:18.07 2:37.60 3:53.44 5:08.30 6:23.62 7:38.61 8:53.96 10:09.23 11:24.39 12:40.17 (1:18.07) (1:19.54) (1:15.84) (1:14.86) (1:15.33) (1:14.99) (1:15.36) (1:15.28) (1:15.16) (1:15.79) 13:56.23 15:11.71 16:27.14 17:44.59 19:01.88 20:19.91 21:40.10 22:56.80 24:15.65 25:33.95 (1:16.06) (1:15.48) (1:15.44) (1:17.45) (1:17.30) (1:18.03) (1:20.19) (1:16.71) (1:18.85) (1:18.31) 26:52.17 28:07.52 29:23.77 30:38.37 31:48.91 (1:18.22) (1:15.36) (1:16.25) (1:14.61) (1:10.54)
4	316	Griffith, Isaac	JR	Western Washington	31:50.87	5	1:17.64 2:37.82 3:53.53 5:08.56 6:23.97 7:39.32 8:54.66 10:09.59 11:25.06 12:40.68 (1:17.64) (1:20.19) (1:15.71) (1:15.04) (1:15.42) (1:15.35) (1:15.35) (1:14.93) (1:15.47) (1:15.63) 13:56.85 15:12.31 16:27.73 17:44.89 19:02.09 20:19.75 21:39.78 22:56.48 24:15.37 25:34.17 (1:16.17) (1:15.47) (1:15.43) (1:17.16) (1:17.20) (1:17.66) (1:20.04) (1:16.70) (1:18.89) (1:18.81) 26:52.56 28:11.16 29:29.06 30:44.40 31:50.87 (1:18.39) (1:18.60) (1:17.91) (1:15.34) (1:06.48)
5	206	Wiley, Turner	JR	Seattle Pacific	31:51.73	4	1:17.98 2:37.70 3:54.04 5:09.19 6:24.22 7:39.51 8:54.94 10:09.91 11:25.08 12:40.83 (1:17.98) (1:19.73) (1:16.35) (1:15.15) (1:15.04) (1:15.29) (1:15.44) (1:14.97) (1:15.17) (1:15.75) 13:56.54 15:11.96 16:27.28 17:44.42 19:01.67 20:19.62 21:39.36 22:55.95 24:14.70 25:33.97 (1:15.72) (1:15.42) (1:15.33) (1:17.14) (1:17.26) (1:17.95) (1:19.74) (1:16.60) (1:18.76) (1:19.28) 26:52.99 28:10.81 29:27.87 30:43.20 31:51.73 (1:19.02) (1:17.82) (1:17.07) (1:15.33) (1:08.53)



GNAC Championships (5/8/2015 - 5/9/2015) Western Oregon - Monmouth, OR

6	25	Kangogo, Edwin	FR	Alaska Anchorage	31:56.66	3	1:17.50 (1:17.50)	2:37.28 (1:19.78)	3:53.80 (1:16.52)	5:08.94 (1:15.15)	6:24.27 (1:15.33)	7:38.95 (1:14.69)	8:54.75 (1:15.81)	10:09.72 (1:14.98)	11:24.81 (1:15.10)	12:40.55 (1:15.74)
							13:56.69 (1:16.15)	15:11.81 (1:15.13)	16:27.42 (1:15.61)	17:44.72 (1:17.31)	19:01.93 (1:17.22)	20:20.02 (1:18.09)	21:39.87 (1:19.85)	22:56.04 (1:16.18)	24:15.11 (1:19.07)	25:34.45 (1:19.35)
							26:52.75 (1:18.31)	28:10.96 (1:18.22)	29:28.52 (1:17.57)	30:44.78 (1:16.26)	31:56.66 (1:11.89)					
7	82	Spencer, Rudy	SR	Central Washington	32:08.30	2	1:18.24 (1:18.24)	2:38.19 (1:19.96)	3:54.61 (1:16.42)	5:09.97 (1:15.37)	6:25.09 (1:15.12)	7:40.47 (1:15.39)	8:55.25 (1:14.78)	10:10.15 (1:14.90)	11:25.33 (1:15.19)	12:40.97 (1:15.64)
							13:56.90 (1:15.94)	15:12.28 (1:15.38)	16:28.42 (1:16.14)	17:45.12 (1:16.70)	19:02.16 (1:17.04)	20:20.20 (1:18.04)	21:40.09 (1:19.90)	22:56.52 (1:16.43)	24:15.21 (1:18.70)	25:33.68 (1:18.47)
							26:52.18 (1:18.51)	28:10.13 (1:17.95)	29:29.83 (1:19.70)	30:51.60 (1:21.78)	32:08.30 (1:16.71)					
8	15	Anthony, Dylan	SR	Alaska Anchorage	32:26.16	1	1:17.25 (1:17.25)	2:36.66 (1:19.42)	3:53.16 (1:16.51)	5:08.00 (1:14.85)	6:23.35 (1:15.36)	7:38.26 (1:14.91)	8:53.65 (1:15.39)	10:08.58 (1:14.94)	11:23.60 (1:15.02)	12:38.43 (1:14.84)
							13:52.76 (1:14.33)	15:05.96 (1:13.21)	16:20.83 (1:14.87)	17:37.71 (1:16.89)	18:57.02 (1:19.31)	20:18.65 (1:21.64)	21:41.36 (1:22.71)	23:03.45 (1:22.09)	24:27.86 (1:24.42)	25:55.83 (1:27.98)
							27:18.01 (1:22.18)	28:35.95 (1:17.94)	29:52.19 (1:16.25)	31:11.23 (1:19.04)	32:26.16 (1:14.94)					
9	331	Peterson, Ryan	JR	Western Washington	32:32.75		1:17.76 (1:17.76)	2:37.93 (1:20.17)	3:54.18 (1:16.25)	5:09.27 (1:15.10)	6:24.40 (1:15.13)	7:39.04 (1:14.65)	8:54.07 (1:15.03)	10:09.09 (1:15.03)	11:23.88 (1:14.80)	12:38.76 (1:14.88)
							13:53.56 (1:14.81)	15:10.38 (1:16.82)	16:27.43 (1:17.06)	17:45.23 (1:17.80)	19:03.33 (1:18.11)	20:24.46 (1:21.13)	21:45.34 (1:20.89)	23:04.95 (1:19.62)	24:25.58 (1:20.63)	25:49.11 (1:23.53)
							27:11.56 (1:22.45)	28:35.32 (1:23.77)	30:01.60 (1:26.28)	31:22.86 (1:21.26)	32:32.75 (1:09.90)					
10	312	Castillo, Juan	SR	Western Washington	33:06.37		1:18.19 (1:18.19)	2:38.30 (1:20.12)	3:54.28 (1:15.98)	5:09.72 (1:15.45)	6:24.83 (1:15.12)	7:40.26 (1:15.43)	8:57.03 (1:16.78)	10:16.41 (1:19.39)	11:37.24 (1:20.83)	12:58.43 (1:21.19)
							14:19.84 (1:21.42)	15:41.74 (1:21.90)	17:03.16 (1:21.43)	18:24.26 (1:21.10)	19:44.49 (1:20.24)	21:04.86 (1:20.37)	22:26.29 (1:21.44)	23:46.06 (1:19.77)	25:07.79 (1:21.74)	26:29.26 (1:21.47)
							27:51.21 (1:21.96)	29:13.58 (1:22.37)	30:35.35 (1:21.78)	31:55.68 (1:20.33)	33:06.37 (1:10.70)					
11	199	Comer, Brian	JR	Seattle Pacific	33:41.17		1:18.43 (1:18.43)	2:38.40 (1:19.97)	3:55.11 (1:16.71)	5:10.26 (1:15.16)	6:25.55 (1:15.29)	7:41.37 (1:15.82)	8:57.27 (1:15.91)	10:13.09 (1:15.82)	11:31.10 (1:18.02)	12:51.00 (1:19.91)
							14:12.81 (1:21.81)	15:35.13 (1:22.33)	16:58.08 (1:22.95)	18:20.18 (1:22.11)	19:42.48 (1:22.31)	21:05.63 (1:23.15)	22:30.42 (1:24.80)	23:54.28 (1:23.86)	25:19.27 (1:24.99)	26:44.11 (1:24.85)
							28:08.40 (1:24.29)	29:33.17 (1:24.77)	30:58.98 (1:25.81)	32:23.09 (1:24.12)	33:41.17 (1:18.09)					
12	333	Richards, Nathan	SR	Western Washington	33:57.24		1:17.79 (1:17.79)	2:38.03 (1:20.24)	3:54.28 (1:16.25)	5:09.54 (1:15.27)	6:25.14 (1:15.61)	7:40.85 (1:15.71)	8:56.28 (1:15.43)	10:11.81 (1:15.54)	11:28.67 (1:16.86)	12:46.77 (1:18.10)
							14:05.95 (1:19.19)	15:26.12 (1:20.17)	16:47.31 (1:21.20)	18:10.29 (1:22.99)	19:34.03 (1:23.74)	20:57.92 (1:23.89)	22:23.25 (1:25.34)	23:47.36 (1:24.11)	25:14.44 (1:27.09)	26:42.27 (1:27.84)
							28:09.13 (1:26.86)	29:36.39 (1:27.26)	31:04.41 (1:28.03)	32:31.20 (1:26.79)	33:57.24 (1:26.05)					
13	103	Love, Garrett	SO	MSU-Billings	34:29.23		1:18.30 (1:18.30)	2:38.08 (1:19.78)	3:54.82 (1:16.75)	5:09.56 (1:14.75)	6:24.67 (1:15.12)	7:40.08 (1:15.41)	8:55.77 (1:15.69)	10:12.68 (1:16.91)	11:31.38 (1:18.70)	12:51.24 (1:19.87)
							14:12.26 (1:21.03)	15:33.53 (1:21.27)	16:55.63 (1:22.10)	18:21.51 (1:25.89)	19:48.98 (1:27.47)	21:16.70 (1:27.72)	22:44.12 (1:27.43)	24:13.13 (1:29.02)	25:41.81 (1:28.69)	27:11.03 (1:29.23)
							28:42.29 (1:31.26)	30:12.08 (1:29.80)	31:41.78 (1:29.70)	33:09.14 (1:27.36)	34:29.23 (1:20.10)					
	321	Jones, Will	JR	Western Washington	DNF		1:18.66 (1:18.66)	2:38.38 (1:19.73)	3:54.92 (1:16.55)	5:10.35 (1:15.43)	6:25.53 (1:15.19)	7:41.56 (1:16.03)	8:57.89 (1:16.34)	10:16.80 (1:18.92)	11:37.59 (1:20.80)	12:58.96 (1:21.37)
	320	Johnson, Cory	JR	Western Washington	DNF		1:17.52 (1:17.52)	2:37.58 (1:20.07)	3:54.29 (1:16.71)	5:09.94 (1:15.65)	6:25.35 (1:15.42)	7:41.12 (1:15.78)	8:57.51 (1:16.39)	10:17.07 (1:19.57)	11:37.99 (1:20.92)	

Men's 110m Hurdle Final

Wind: 0.6

GNAC Championship: Logan Myers Western Washington 14.65 2013

GNAC: Bernari Sternen Central Washington 14.47 2014

McArthur Field: Darryl Coppedge Southern Oregon 14.40 1992

PL	#	Athlete	Yr.	Team	Final	Pts
1	329	Milbrandt, Travis	JR	Western Washington	14.38#%\$	10
2	36	Turner, Travis	JR	Alaska Anchorage	14.93	8
3	139	Lewis, Payton	FR	Northwest Nazarene	15.04	6
4	132	Christie, Rimar	SR	Northwest Nazarene	15.20	5
5	164	Durden, David	SO	Saint Martins	15.22	4

6	142	McLaughlin, Kyle	JR	Northwest Nazarene	15.24	3
7	75	Mickelson, Dennzell	SO	Central Washington	17.38	2
	146	Spatz, Micah	JR	Northwest Nazarene	DNF	

**Men's 110m Hurdle Prelim**

GNAC Championship: Logan Myers Western Washington 14.65 2013

GNAC: Bernari Sternen Central Washington 14.47 2014

McArthur Field: Darryl Coppedge Southern Oregon 14.40 1992

PL	#	Athlete	Yr.	Team	Prelim	Heat(HPL)	Note
1	329	Milbrandt, Travis	JR	Western Washington	14.21#%\$Q	1(1)	
2	36	Turner, Travis	JR	Alaska Anchorage	14.86Q	2(1)	
3	139	Lewis, Payton	FR	Northwest Nazarene	15.03q	2(2)	15.022
4	132	Christie, Rimar	SR	Northwest Nazarene	15.03q	2(2)	15.029
5	164	Durden, David	SO	Saint Martins	15.12q	1(2)	
6	146	Spatz, Micah	JR	Northwest Nazarene	15.19q	1(3)	
7	142	McLaughlin, Kyle	JR	Northwest Nazarene	15.33q	1(4)	
8	75	Mickelson, Dennzell	SO	Central Washington	15.45q	2(4)	
9	201	Harris, Peyton	FR	Seattle Pacific	15.68	2(5)	
10	134	Galbraith, Andrew	JR	Northwest Nazarene	15.84	2(6)	
11	37	West, Conner	FR	Alaska Anchorage	15.95	1(5)	
	268	Dobson, Kaleb	FR	Western Oregon	DQ	1	
	330	Myers, Logan	SR	Western Washington	DQ	2	

**Men's 110m Hurdle Prelim Heat 1 of 2**

Wind: +2.0

PL	#	Athlete	Yr.	Team	Prelim
1	329	Milbrandt, Travis	JR	Western Washington	14.21#%\$Q
2	164	Durden, David	SO	Saint Martins	15.12q
3	146	Spatz, Micah	JR	Northwest Nazarene	15.19q
4	142	McLaughlin, Kyle	JR	Northwest Nazarene	15.33q
5	37	West, Conner	FR	Alaska Anchorage	15.95
	268	Dobson, Kaleb	FR	Western Oregon	DQ

**Men's 110m Hurdle Prelim Heat 2 of 2**

Wind: +1.3

PL	#	Athlete	Yr.	Team	Prelim	Note
1	36	Turner, Travis	JR	Alaska Anchorage	14.86Q	
2	132	Christie, Rimar	SR	Northwest Nazarene	15.03q	15.029
2	139	Lewis, Payton	FR	Northwest Nazarene	15.03q	15.022
4	75	Mickelson, Dennzell	SO	Central Washington	15.45q	
5	201	Harris, Peyton	FR	Seattle Pacific	15.68	
6	134	Galbraith, Andrew	JR	Northwest Nazarene	15.84	
	330	Myers, Logan	SR	Western Washington	DQ	

**Men's 400m Hurdle Final**

GNAC Championship: Shaun Ward Alaska Anchorage 52.23 2011

GNAC: Shaun Ward Alaska Anchorage 52.00 2011

McArthur Field: Keith Stuffle, Oregon International 51.33 1997

PL	#	Athlete	Yr.	Team	Final	Pts
1	16	Bauer, Elliott	SR	Alaska Anchorage	52.90	10
2	268	Dobson, Kaleb	FR	Western Oregon	53.23	8
3	340	Wilson, Jade	SO	Western Washington	54.20	6
4	36	Turner, Travis	JR	Alaska Anchorage	54.28	5
5	142	McLaughlin, Kyle	JR	Northwest Nazarene	54.84	4
6	80	Scott, Trevaughn	FR	Central Washington	56.31	3
	164	Durden, David	SO	Saint Martins	DQ	

**Men's 400m Hurdle Prelim**

GNAC Championship: Shaun Ward Alaska Anchorage 52.23 2011

GNAC: Shaun Ward Alaska Anchorage 52.00 2011

McArthur Field: Keith Stuffle, Oregon International 51.33 1997

PL	#	Athlete	Yr.	Team	Prelim	Heat(HPL)
1	268	Dobson, Kaleb	FR	Western Oregon	54.18Q	1(1)
2	16	Bauer, Elliott	SR	Alaska Anchorage	54.42Q	2(1)
3	173	Sissel, Ty	SR	Saint Martins	54.99q	1(2)
4	164	Durden, David	SO	Saint Martins	55.58q	2(2)
5	36	Turner, Travis	JR	Alaska Anchorage	55.63q	2(3)
6	80	Scott, Trevaughn	FR	Central Washington	55.92q	1(3)
7	142	McLaughlin, Kyle	JR	Northwest Nazarene	56.09q	2(4)
8	340	Wilson, Jade	SO	Western Washington	56.28q	1(4)
9	271	Holmberg, AJ	FR	Western Oregon	56.34	1(5)
10	146	Spatz, Micah	JR	Northwest Nazarene	56.82	2(5)
11	37	West, Conner	FR	Alaska Anchorage	57.00	1(6)

**Men's 400m Hurdle Prelim Heat 1 of 2**

PL	#	Athlete	Yr.	Team	Prelim
1	268	Dobson, Kaleb	FR	Western Oregon	54.18Q
2	173	Sissel, Ty	SR	Saint Martins	54.99q
3	80	Scott, Trevaughn	FR	Central Washington	55.92q
4	340	Wilson, Jade	SO	Western Washington	56.28q
5	271	Holmberg, AJ	FR	Western Oregon	56.34
6	37	West, Conner	FR	Alaska Anchorage	57.00

**Men's 400m Hurdle Prelim Heat 2 of 2**

PL	#	Athlete	Yr.	Team	Prelim
1	16	Bauer, Elliott	SR	Alaska Anchorage	54.42Q
2	164	Durden, David	SO	Saint Martins	55.58q
3	36	Turner, Travis	JR	Alaska Anchorage	55.63q
4	142	McLaughlin, Kyle	JR	Northwest Nazarene	56.09q
5	146	Spatz, Micah	JR	Northwest Nazarene	56.82

**Men's 3000m Steeple**

GNAC Championship: Ryan Brockerville Simon Fraser 8:47.26 2012

GNAC: Micah Chelimo Alaska Anchorage 8:45.63 2012

McArthur Field: Ryan Brockerville Simon Fraser 8:47.26 2012

PL	#	Athlete	Yr.	Team	Final	Pts	Splits
1	231	Jorgensen, Oliver	SO	Simon Fraser	9:08.42	10	38.13 (38.13) 1:50.35 (1:12.23) 3:02.71 (1:12.37) 4:16.29 (1:13.59) 5:30.75 (1:14.47) 6:43.62 (1:12.87) 7:56.29 (1:12.67) 9:08.42 (1:12.14)
2	324	Lutz, Matthew	JR	Western Washington	9:13.84	8	38.04 (38.04) 1:50.68 (1:12.64) 3:03.08 (1:12.41) 4:17.27 (1:14.20) 5:34.55 (1:17.28) 6:52.06 (1:17.52) 8:06.74 (1:14.69) 9:13.84 (1:07.10)
3	136	Gordon, Michael	SR	Northwest Nazarene	9:17.68	6	39.85 (39.85) 1:52.04 (1:12.20) 3:06.74 (1:14.70) 4:21.72 (1:14.98) 5:37.21 (1:15.50) 6:53.00 (1:15.80) 8:08.76 (1:15.76) 9:17.68 (1:08.93)
4	270	Holloway, Zach	JR	Western Oregon	9:20.46	5	39.62 (39.62) 1:50.90 (1:11.28) 3:03.09 (1:12.19) 4:16.22 (1:13.14) 5:31.18 (1:14.97) 6:46.66 (1:15.48) 8:04.02 (1:17.37) 9:20.46 (1:16.45)
5	341	Wise, Andrew	SO	Western Washington	9:32.01	4	40.32 (40.32) 1:51.73 (1:11.42) 3:06.45 (1:14.72) 4:21.43 (1:14.99) 5:38.86 (1:17.44) 6:57.86 (1:19.00) 8:16.95 (1:19.09) 9:32.01 (1:15.07)
6	334	Ripley, Noah	JR	Western Washington	9:36.65	3	41.29 (41.29) 1:54.36 (1:13.08) 3:09.50 (1:15.15) 4:26.11 (1:16.61) 5:43.57 (1:17.47) 7:01.41 (1:17.84) 8:19.80 (1:18.40) 9:36.65 (1:16.86)
7	224	Charlton, Braeden	SO	Simon Fraser	9:38.04	2	40.25 (40.25) 1:53.43 (1:13.19) 3:08.17 (1:14.75) 4:23.33 (1:15.17) 5:41.70 (1:18.37) 7:02.10 (1:20.41) 8:23.23 (1:21.14) 9:38.04 (1:14.82)
8	105	Panasuk, Josh	JR	MSU-Billings	9:39.15	1	40.35 (40.35) 1:52.38 (1:12.03) 3:07.27 (1:14.90) 4:23.74 (1:16.48) 5:42.66 (1:18.92) 7:02.09 (1:19.44) 8:22.79 (1:20.70) 9:39.15 (1:16.37)
9	171	Morgan, Nathan	SO	Saint Martins	9:52.82		40.61 (40.61) 1:52.70 (1:12.10) 3:07.97 (1:15.28) 4:24.47 (1:16.50) 5:44.40 (1:19.94) 7:06.57 (1:22.17) 8:30.96 (1:24.40) 9:52.82 (1:21.86)
10	166	Heckman, Jasper	SO	Saint Martins	10:01.41		41.54 (41.54) 1:56.68 (1:15.15) 3:14.46 (1:17.79) 4:32.16 (1:17.70) 5:54.79 (1:22.64) 7:17.93 (1:23.15) 8:43.22 (1:25.29) 10:01.41 (1:18.20)

11	100	Egeland, Jorey	FR	MSU-Billings	10:01.45	40.99 (40.99)	1:52.93 (1:11.95)	3:07.84 (1:14.92)	4:24.99 (1:17.15)	5:47.45 (1:22.47)	7:13.49 (1:26.04)	8:40.36 (1:26.88)	10:01.45 (1:21.09)
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### Men's 4 x 100m Relay

GNAC Championship: Bryan Mack, Anthony Wright, Anthony Hogan, Kincaid Nichols Central Washington 41.10 2010

GNAC: Central Washington 41.10 2010

McArthur Field: University of Oregon 41.00 1995

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Western Washington	A 41.79	10	Binkerd	Donigian	Watson	van Tuinen
2	Western Oregon	A 42.03	8	Dobson	Holmberg	Whitaker	Warner
3	Central Washington	A 42.12	6	Steuk	Todd	Kelly	Scott
4	Northwest Nazarene	A 42.27	5	McLaughlin	Lewis	Oswalt	Christie
5	Seattle Pacific	A 42.89	4	Ferguson	Lopez	Straker	Paulk
6	MSU-Billings	A 42.90	3	DiGiovanna	Stanek	Delaney	Vanderby
	Alaska Anchorage	A DNF		Lindsay	Bauer	Commandeur	Gray
	Saint Martins	A DNF		House	Yoro	Smith	Durden

### Men's 4 x 400m Relay

GNAC Championship: Elliott Bauer, Nicholas Blackburn, Ethan Hewitt, Shaun Ward Alaska Anchorage 3:15.03 2012

GNAC: Alaska Anchorage 3:12.22 2014

McArthur Field: Alaska Anchorage 3:15.03 2012

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4	Splits			
1	Simon Fraser	A 3:13.84 %\$	10	Ellenwood	Proceviat	Webster	Kelloway	47.98 (47.98)	1:38.41 (50.44)	2:26.57 (48.17)	3:13.84 (47.27)
2	Alaska Anchorage	A 3:13.92 %\$	8	Bauer	Lindsay	Gray	Commandeur	47.28 (47.28)	1:38.42 (51.14)	2:26.71 (48.29)	3:13.92 (47.22)
3	Western Oregon	A 3:15.50	6	Holmberg	Whitaker	Dempsey	Sultessa	46.79 (46.79)	1:38.87 (52.09)	2:28.74 (49.87)	3:15.50 (46.77)
4	Western Washington	A 3:16.31	5	Binkerd	McArthur	Watson	Wilson	47.65 (47.65)	1:39.32 (51.68)	2:27.86 (48.55)	3:16.31 (48.45)
5	Central Washington	A 3:21.57	4	Scott	Steuk	Wojtech	Arndt	49.63 (49.63)	1:41.05 (51.42)	2:31.67 (50.62)	3:21.57 (49.91)
6	MSU-Billings	A 3:21.60	3	Vanderby	Delaney	Stanek	Peterson	46.33 (46.33)	1:41.59 (55.26)	2:31.34 (49.76)	3:21.60 (50.26)
7	Seattle Pacific	A 3:22.51	2	Moreton	Lopez	Straker	Ferguson	49.69 (49.69)	1:40.68 (50.99)	2:32.02 (51.34)	3:22.51 (50.49)
8	Northwest Nazarene	A 3:27.16	1	McLaughlin	Gartrell	Mason	Harris	52.74 (52.74)	1:43.82 (51.09)	2:35.67 (51.85)	3:27.16 (51.49)

### Men's High Jump

GNAC Championship: Eric Draper Alaska Anchorage 2.07m 2006

GNAC: Brett Watson Western Washington 2.08m 2013

McArthur Field: Chris Nelson 2.25m 1999

PL	#	Athlete	Yr.	Team	Final	English	Pts	Jumping Record				
1	339	Watson, Brett	SR	Western Washington	2.01m	6' 7"	10	1.86	1.91	1.96	2.01	2.06
								P	O	P	O	XXX
2	174	Smith, Mikel	JR	Saint Martins	2.01m	6' 7"	8	1.86	1.91	1.96	2.01	2.06
								P	P	P	XXO	XXX
3	138	Hoberg, Cole	SO	Northwest Nazarene	1.96m	6' 5"	5	1.86	1.91	1.96	2.01	
								P	XO	O	XXX	
3	23	Gladden, Tevin	SO	Alaska Anchorage	1.96m	6' 5"	5	1.86	1.91	1.96	2.01	
								O	XO	O	XXX	
3	177	Yoro, Jaysen	FR	Saint Martins	1.96m	6' 5"	5	1.86	1.91	1.96	2.01	
								P	XO	O	XXX	
6	330	Myers, Logan	SR	Western Washington	1.96m	6' 5"	3	1.86	1.91	1.96	2.01	
								P	P	XO	XXX	
7	78	Peterson, Justin	SO	Central Washington	1.96m	6' 5"	2	1.86	1.91	1.96	2.01	
								P	O	XXO	XXX	

8	134	Galbraith, Andrew	JR	Northwest Nazarene	1.91m	6' 3.25"	1	1.86	1.91	1.96
								XO	XO	XXX
	102	Holt, Dominique	FR	MSU-Billings	NH			1.86		
								XXX		

### Men's Pole Vault

GNAC Championship: Ryan Brown Western Washington 5.14m 2010

GNAC: Ryan Brown Western Washington 5.40m 2010

McArthur Field: Tim Bright Mizuno Track Club 5.85m 1997

PL	#	Athlete	Yr.	Team	Final	English	Pts	Jumping Record														
1	139	Lewis, Payton	FR	Northwest Nazarene	5.00m	16' 4.75"	10	4.07	4.22	4.37	4.52	4.67	4.77	4.87	5.00	5.21						
								P	P	P	P	P	O	O	XXO	XXX						
2	323	Kordas, Gordon	SO	Western Washington	4.52m	14' 10"	8	4.07	4.22	4.37	4.52	4.67										
								P	P	O	XXO	XXX										
3	311	Campbell, Tysen	FR	Western Washington	4.37m	14' 4"	6	4.07	4.22	4.37	4.52											
								O	XO	XO	XXX											
4	141	McClanahan, Zach	JR	Northwest Nazarene	4.37m	14' 4"	5	4.07	4.22	4.37	4.52											
								P	XXO	XO	XXX											
5	70	Irvine, Zane	SO	Central Washington	4.22m	13' 10"	3.5	4.07	4.22	4.37												
								O	XO	XXX												
5	169	Keeton, Joseph	SR	Saint Martins	4.22m	13' 10"	3.5	4.07	4.22	4.37												
								P	XO	XXX												
7	87	Walker, Berlie	SO	Central Washington	4.22m	13' 10"	2	4.07	4.22	4.37												
								XXO	XO	XXX												
8	172	Rickard, Chris	FR	Saint Martins	4.22m	13' 10"	1	4.07	4.22	4.37												
								O	XXO	XXX												
9	282	Zalk, Peter	FR	Western Oregon	4.07m	13' 4.25"		4.07	4.22													
								O	XXX													
10	338	Thomas, Adam	FR	Western Washington	4.07m	13' 4.25"		4.07	4.22													
								XO	XXX													
	322	Konrad, J. T.	FR	Western Washington	NH			4.07	4.22	4.37												
								P	P	XXX												
	308	Aamot, Connor	FR	Western Washington	NH			4.07														
								XXX														
	161	Andrada, Andrew	FR	Saint Martins	NH			4.07	4.22	4.37												
								P	P	XXX												
	108	Sherman, Lonnie	FR	MSU-Billings	NH			4.07	4.22													
								P	XXX													
	163	DeHan, Matt	FR	Saint Martins	NH			4.07	4.22	4.37												
								P	P	XXX												
	148	Webster, Jared	FR	Northwest Nazarene	NH			4.07	4.22													
								P	XXX													

### Men's Long Jump

GNAC Championship: David Registe Alaska Anchorage 7.52m 2008

GNAC: David Registe Alaska Anchorage 7.91m 2009

McArthur Field: Jon Hill Portland State 7.62m 2006

PL	#	Athlete	Yr.	Team	Final	Wind	English	Pts	Flight(FPL)
1	339	Watson, Brett	SR	Western Washington	7.36m	2.7	24' 1.75"	10	2(1)
2	239	Tsygankov, Vladislav	FR	Simon Fraser	7.29m	2.4	23' 11"	8	2(2)
3	79	Plummer, Luke	JR	Central Washington	7.03m	2.8	23' 0.75"	6	2(3)
4	201	Harris, Peyton	FR	Seattle Pacific	6.94m	1.6	22' 9.25"	5	2(4)
5	342	van Tuinen, Nathaniel	JR	Western Washington	6.92m	1.9	22' 8.50"	4	2(5)
6	23	Gladden, Tevin	SO	Alaska Anchorage	6.89m	1.6	22' 7.25"	3	2(6)
7	313	Chhim, Somit	FR	Western Washington	6.89m	3	22' 7.25"	2	1(1)
8	327	Mataya, Rudy	FR	Western Washington	6.82m	2.9	22' 4.50"	1	1(2)
9	230	He, Jerry	JR	Simon Fraser	6.72m	1.4	22' 0.75"		2(7)
10	139	Lewis, Payton	FR	Northwest Nazarene	6.68m	1.7	21' 11"		1(3)

11	84	Steuk, Garret	FR	Central Washington	6.42m	2.6	21' 0.75"		1(4)
12	234	Moldavanov, Vladislav	JR	Simon Fraser	6.34m	2	20' 9.75"		2(8)
13	135	Gartrell, Kirk	SO	Northwest Nazarene	6.31m	1.5	20' 8.50"		1(5)
14	227	Empainado, Marwin	SO	Simon Fraser	6.29m	2	20' 7.75"		1(6)
15	240	Vo, Andy	FR	Simon Fraser	5.90m	1.5	19' 4.25"		2(9)
16	244	Wu, Alex	SO	Simon Fraser	5.70m	2.6	18' 8.50"		1(7)

**Men's Long Jump Flight 1 of 2**

PL	#	Athlete	Yr.	Team	Final	Wind	English	Pts	Attempts					
1	313	Chhim, Somit	FR	Western Washington	6.89m	3	22' 7.25"	2	6.68	6.63	6.89	PASS	PASS	PASS
									w:0.9	w:1.3	w:3			
2	327	Mataya, Rudy	FR	Western Washington	6.82m	2.9	22' 4.50"	1	6.55	6.53	6.82	FOUL	FOUL	6.63
									w:2	w:1.6	w:2.9			w:0
3	139	Lewis, Payton	FR	Northwest Nazarene	6.68m	1.7	21' 11"		FOUL	FOUL	6.68			
											w:1.7			
4	84	Steuk, Garret	FR	Central Washington	6.42m	2.6	21' 0.75"		5.98	6.23	6.42			
									w:1.2	w:2	w:2.6			
5	135	Gartrell, Kirk	SO	Northwest Nazarene	6.31m	1.5	20' 8.50"		FOUL	6.31	FOUL			
										w:1.5				
6	227	Empainado, Marwin	SO	Simon Fraser	6.29m	2	20' 7.75"		FOUL	6.29	FOUL			
										w:2				
7	244	Wu, Alex	SO	Simon Fraser	5.70m	2.6	18' 8.50"		FOUL	FOUL	5.70			
											w:2.6			

**Men's Long Jump Flight 2 of 2**

PL	#	Athlete	Yr.	Team	Final	Wind	English	Pts	Attempts					
1	339	Watson, Brett	SR	Western Washington	7.36m	2.7	24' 1.75"	10	FOUL	7.00	7.36	7.14	7.00	FOUL
									w:3.3	w:2.7	w:1.3	w:1.3		
2	239	Tsygankov, Vladislav	FR	Simon Fraser	7.29m	2.4	23' 11"	8	7.13	7.01	7.16	7.23	FOUL	7.29
									w:1.9	w:2.8	w:2.2	w:1.7	w:2.4	
3	79	Plummer, Luke	JR	Central Washington	7.03m	2.8	23' 0.75"	6	7.03	6.81	PASS	PASS	PASS	PASS
									w:2.8	w:1.4				
4	201	Harris, Peyton	FR	Seattle Pacific	6.94m	1.6	22' 9.25"	5	6.94	6.85	6.43	6.35	6.54	6.70
									w:1.6	w:1.9	w:0.5	w:1.6	w:1.4	w:0.7
5	342	van Tuinen, Nathaniel	JR	Western Washington	6.92m	1.9	22' 8.50"	4	FOUL	6.92	FOUL	6.40	FOUL	FOUL
										w:1.9	w:0.9			
6	23	Gladden, Tevin	SO	Alaska Anchorage	6.89m	1.6	22' 7.25"	3	6.36	6.74	6.77	6.70	6.65	6.89
									w:1.1	w:1.3	w:1.9	w:1.6	w:0.1	w:1.6
7	230	He, Jerry	JR	Simon Fraser	6.72m	1.4	22' 0.75"		FOUL	6.19	6.72	5.55	6.70	6.66
										w:2.6	w:1.4	w:0.9	w:1.3	w:1.5
8	234	Moldavanov, Vladislav	JR	Simon Fraser	6.34m	2	20' 9.75"		FOUL	FOUL	6.34			
											w:2			
9	240	Vo, Andy	FR	Simon Fraser	5.90m	1.5	19' 4.25"		FOUL	5.90	FOUL			
										w:1.5				

**Men's Triple Jump**

McArthur Field: Steve Miller 15.60m 1996

GNAC Championship: Justin Lawrence Central Washington 15.00m 2003

PL	#	Athlete	Yr.	Team	Final	Wind	English	Pts	Attempts					
1	79	Plummer, Luke	JR	Central Washington	14.69m	1.9	48' 2.50"	10	14.69	14.37	FOUL	FOUL	FOUL	13.86
									w:1.9	w:0				w:0.8
2	23	Gladden, Tevin	SO	Alaska Anchorage	13.79m	1.8	45' 3"	8	13.71	FOUL	13.79	FOUL	FOUL	13.21
									w:0		w:1.8			w:0.8
3	337	Seely, Mark	SO	Western Washington	13.60m	0.6	44' 7.50"	6	FOUL	13.48	FOUL	13.60	FOUL	13.57
										w:1	w:1.8	w:0.6		w:0
4	313	Chhim, Somit	FR	Western Washington	13.53m	0.6	44' 4.75"	5	12.90	13.25	13.17	12.83	13.04	13.53
									w:0.5	w:-1.6	w:1.2	w:0.1	w:0.5	w:0.6

5	77	Osborne, Jonathan	SO	Central Washington	13.38m	0	43' 10.75"	4	13.38	13.16	FOUL	FOUL	FOUL	FOUL
									w:0	w:0.8				
6	78	Peterson, Justin	SO	Central Washington	13.31m	0	43' 8"	3	FOUL	13.23	13.00	12.88	FOUL	13.31
									w:-1.4	w:0.1	w:1.6		w:0	
7	68	Baines, DeAndre	JR	Central Washington	13.30m	0.4	43' 7.75"	2	12.96	13.12	12.88	13.22	13.30	12.86
									w:1.6	w:0	w:1.3	w:1.1	w:0.4	w:0
8	73	McElroy, Brian	JR	Central Washington	13.24m	2	43' 5.25"	1	12.51	12.98	12.82	13.15	13.24	13.12
									w:1.2	w:0	w:0	w:0	w:2	w:0
9	342	van Tuinen, Nathaniel	JR	Western Washington	13.14m	0.3	43' 1.50"		12.77	FOUL	13.14	FOUL	12.94	FOUL
									w:0.1		w:0.3		w:1.9	
	143	Moore, Nathan	FR	Northwest Nazarene	NM				FOUL	FOUL	FOUL			

## Men's Shot Put

GNAC Championship: Frank Cteli Western Washington 18.16m 2014

GNAC: Frank Catelli Western Washington 58' 7.50" 2014

McArthur Field: Willy Irvin Concordia 19.05m 2013

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts						
1	83	Stanley, Kevin	SR	Central Washington	15.52m	50' 11"	10	FOUL	14.77	14.60	15.41	FOUL	15.52	
2	326	Macdonald, Ryan	SR	Western Washington	14.87m	48' 9.50"	8	14.87	FOUL	FOUL	14.53	FOUL	14.42	
3	85	Tafoya, Armando	SO	Central Washington	14.83m	48' 8"	6	FOUL	14.20	FOUL	FOUL	14.83	FOUL	
4	147	VanBeuren, John	JR	Northwest Nazarene	14.74m	48' 4.50"	5	14.00	14.42	14.58	13.80	14.26	14.74	
5	175	Vanderpoel, Kauanoe	FR	Saint Martins	14.66m	48' 1.25"	4	FOUL	14.27	14.66	14.12	FOUL	FOUL	
6	176	Wilkens, Mitch	SO	Saint Martins	14.62m	47' 11.75"	3	14.40	14.56	14.34	14.45	14.62	FOUL	
7	275	Moore, Jeremy	SO	Western Oregon	14.54m	47' 8.50"	2	13.96	14.54	14.09	FOUL	14.36	13.95	
8	272	Klippel, Kenny	FR	Western Oregon	14.30m	46' 11"	1	13.89	14.19	14.28	FOUL	14.30	14.02	
9	22	George, Grant	SO	Alaska Anchorage	14.10m	46' 3.25"		FOUL	14.10	13.06	13.62	FOUL	FOUL	
10	81	Shumate, James	SO	Central Washington	14.08m	46' 2.50"		13.95	14.08	13.67				
11	21	Dommek, Tim	SR	Alaska Anchorage	13.91m	45' 7.75"		13.91	FOUL	FOUL				

## Men's Discus

GNAC Championship: Tyler Fischer Central Washington 51.67m 2008

GNAC: Cameron Neel Central Washington 53.47m 2006

McArthur Field: Nathaniel Moses 59.40m 2013

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts						
1	326	Macdonald, Ryan	SR	Western Washington	50.63m	166' 1.50"	10	FOUL	46.68	50.63	FOUL	48.19	48.05	
2	275	Moore, Jeremy	SO	Western Oregon	45.34m	148' 9.25"	8	FOUL	43.22	44.09	45.34	42.78	42.12	
3	22	George, Grant	SO	Alaska Anchorage	45.15m	148' 1.75"	6	40.86	40.70	FOUL	43.62	43.58	45.15	
4	85	Tafoya, Armando	SO	Central Washington	45.06m	147' 10.25"	5	45.06	FOUL	FOUL	FOUL	FOUL	44.75	
5	21	Dommek, Tim	SR	Alaska Anchorage	45.02m	147' 8.75"	4	45.02	FOUL	FOUL	FOUL	41.80	FOUL	
6	147	VanBeuren, John	JR	Northwest Nazarene	43.49m	142' 8.50"	3	39.95	43.49	43.29	42.21	43.44	FOUL	
7	81	Shumate, James	SO	Central Washington	43.18m	141' 8.25"	2	42.79	39.95	41.74	FOUL	43.18	FOUL	
8	101	Flanagan, Nels	SO	MSU-Billings	43.05m	141' 3.25"	1	FOUL	43.05	42.36	FOUL	42.66	FOUL	
9	176	Wilkens, Mitch	SO	Saint Martins	42.23m	138' 6.75"		40.62	42.23	FOUL	FOUL	40.67	FOUL	
10	272	Klippel, Kenny	FR	Western Oregon	37.05m	121' 7"		FOUL	37.05	FOUL				

## Men's Hammer

GNAC Championship: Michael Hoffman Western Washington 61.61m 2012

GNAC: Pro Escobedo Western Oregon 62.89m 2003

McArthur Field: Scott Boothby Club Northwest 69.76m 2004

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts						
1	83	Stanley, Kevin	SR	Central Washington	59.17m	194' 1.75"	10	55.35	FOUL	59.17	FOUL	FOUL	FOUL	
2	223	Behncke, Peter	SO	Simon Fraser	52.33m	171' 8.50"	8	51.02	50.31	51.49	52.33	50.52	49.49	
3	85	Tafoya, Armando	SO	Central Washington	52.16m	171' 1.75"	6	46.50	FOUL	52.16	51.05	FOUL	FOUL	
4	176	Wilkens, Mitch	SO	Saint Martins	51.74m	169' 9.25"	5	50.65	47.58	50.81	50.39	50.87	51.74	
5	165	Fualefau, Vincent	SO	Saint Martins	50.67m	166' 3.25"	4	48.84	46.05	49.22	48.58	50.06	50.67	
6	145	Silva, Matt	SR	Northwest Nazarene	49.48m	162' 4.25"	3	44.81	47.58	47.99	47.33	48.54	49.48	

7	266	Allen, Kegan	FR	Western Oregon	47.44m	155' 8"	2	FOUL	46.17	45.44	FOUL	47.44	FOUL
8	101	Flanagan, Nels	SO	MSU-Billings	44.97m	147' 6.75"	1	FOUL	FOUL	42.90	44.97	FOUL	42.60
9	275	Moore, Jeremy	SO	Western Oregon	43.09m	141' 4.75"		FOUL	39.87	43.09	FOUL	FOUL	FOUL
10	81	Shumate, James	SO	Central Washington	37.27m	122' 3.50"		37.27	34.65	FOUL			
11	147	VanBeuren, John	JR	Northwest Nazarene	37.02m	121' 5.75"		FOUL	FOUL	37.02			

## Men's Javelin

GNAC Championship: Franz Burghagen Alaska Anchorage 69.49m 2013

GNAC: Cody Parker Alaska Anchorage 77.98m 2013

McArthur Field: Brian Crouser New York Athletic Club 79.08m 1990

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts					
1	17	Burghagen, Franz	SR	Alaska Anchorage	67.31m	220' 10.25"	10	63.46	FOUL	65.97	67.31	65.93	64.07
2	33	Parker, Cody	JR	Alaska Anchorage	65.91m	216' 3.25"	8	FOUL	61.78	64.67	60.61	63.85	65.91
3	162	Chalkley, Brian	SO	Saint Martins	65.19m	213' 10.75"	6	59.55	65.19	55.40	59.59	59.85	63.83
4	317	Haskin, John	JR	Western Washington	64.70m	212' 3.50"	5	64.70	61.74	58.53	59.18	FOUL	57.49
5	319	Hirst, Slater	SR	Western Washington	63.65m	208' 10.25"	4	62.98	63.65	62.78	FOUL	62.47	63.32
6	27	Kostiuk, Tyler	FR	Alaska Anchorage	59.10m	193' 11"	3	57.16	59.10	55.33	FOUL	55.32	57.77
7	273	Larson, Justin	JR	Western Oregon	59.05m	193' 9"	2	59.05	FOUL	58.83	56.32	56.54	FOUL
8	76	Moon, Bryan	FR	Central Washington	52.83m	173' 4.25"	1	52.83	50.80	52.63	51.56	49.82	51.54
9	109	Stanek, Cameron	SO	MSU-Billings	50.10m	164' 4.75"		50.10	FOUL	FOUL	48.56	FOUL	47.82
10	69	Chavez, Michael	SO	Central Washington	48.10m	157' 10"		FOUL	47.50	48.10			
11	101	Flanagan, Nels	SO	MSU-Billings	47.42m	155' 7.25"		47.42	FOUL	FOUL			
12	133	Conklin, Luke	JR	Northwest Nazarene	46.20m	151' 7.25"		44.48	44.46	46.20			
	232	Karamanian, Jacob	SO	Simon Fraser	NM			FOUL	FOUL	FOUL			

## Men's Decathlon

GNAC Championship: Cody Thomas Alaska Anchorage 6617 2014

GNAC: Chris Randolph Seattle Pacific 7872 2006

PL	Athlete	Pts	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
1	Lewis, Payton Northwest Nazarene Team Points: 10	6595	11.32 (791)	6.39m w:-0.8 (673)	13.34m 43' 9.25" (688)	1.78m 5' 10" (610)	54.30 (627)	15.52 (788)	41.19m 135' 2" (689)	4.60m 15' 1" (790)	38.95m 127' 9.75" (427)	5:08.42 (512)
2	Yoro, Jaysen Saint Martins Team Points: 8	6541	11.26 (804)	6.32m w:1.7 (657)	11.66m 38' 3.25" (586)	1.99m 6' 6.25" (794)	50.84 (776)	15.96 (737)	33.60m 110' 3" (536)	3.60m 11' 9.75" (509)	43.61m 143' 1.25" (495)	4:45.41 (647)
3	Turner, Travis Alaska Anchorage Team Points: 6	6362	11.41 (771)	6.10m w:0.5 (608)	10.70m 35' 1.25" (528)	1.81m 5' 11.25" (636)	50.64 (785)	15.12 (835)	32.19m 105' 7.50" (508)	4.00m 13' 1.50" (617)	40.29m 132' 2.50" (446)	4:48.48 (628)
4	Peterson, Justin Central Washington Team Points: 5	6172	11.92 (667)	6.08m 19' 11.50" (604)	11.14m 36' 6.75" (554)	1.96m 6' 5" (767)	52.41 (707)	16.57 (670)	32.26m 105' 10.25" (509)	3.90m 12' 9.50" (590)	39.67m 130' 2" (437)	4:42.09 (667)
5	Stralser, Michael Western Washington Team Points: 4	6031	11.72 (707)	6.15m w:1.4 (619)	10.98m 36' 0.25" (545)	1.81m 5' 11.25" (636)	52.88 (687)	16.08 (724)	36.73m 120' 6.25" (598)	3.50m 11' 5.75" (482)	39.11m 128' 4" (429)	4:52.45 (604)
6	Durden, David Saint Martins Team Points: 3	6026	11.36 (782)	5.97m w:0.9 (580)	11.18m 36' 8.25" (557)	1.75m 5' 8.75" (585)	50.86 (775)	15.50 (790)	30.34m 99' 6.75" (471)	3.20m 10' 6" (406)	49.40m 162' 1.25" (580)	5:10.63 (500)
7	Spatz, Micah Northwest Nazarene Team Points: 2	5957	11.92 (667)	5.78m w:0.6 (540)	9.93m 32' 7" (481)	1.72m 5' 7.75" (560)	52.44 (706)	15.49 (791)	33.73m 110' 8.25" (538)	3.60m 11' 9.75" (509)	45.22m 148' 4.50" (518)	4:45.29 (647)
8	Galbraith, Andrew Northwest Nazarene Team Points: 1	5842	11.84 (683)	5.47m w:-0.6 (475)	10.66m 34' 11.75" (525)	1.93m 6' 4" (740)	54.90 (603)	15.94 (740)	34.07m 111' 9.50" (545)	3.60m 11' 9.75" (509)	49.53m 162' 6.25" (582)	5:21.97 (440)



9	Holt, Dominique MSU-Billings	5589	11.79 (693)	5.66m w:-1 (514)	10.77m 35' 4" (532)	1.87m 6' 1.50" (687)	55.46 (580)	16.58 (669)	28.17m 92' 5.25" (429)	3.30m 10' 10" (431)	39.83m 130' 8.50" (440)	4:50.72 (614)
10	Schubert, Preston MSU-Billings	0	12.30 (593)	5.52m 18' 1.50" (485)	7.94m 26' 0.75" (363)	1.75m 5' 8.75" (585)	51.48 (748)	16.24 (706)	21.61m 70' 11" (302)	4.00m 13' 1.50" (617)	35.98m 118' 0.75" (384)	DNS (0)

**Men's Decathlon #1 100 Meters**

GNAC Championship: Anthony Wright Central Washington 10.43 2010

GNAC: Rimar Christie, Northwest Nazarene 10.38 2013

McArthur Field: Jean Olivier-Zirignon 10.33 1993

PL	#	Athlete	Yr.	Team	Final	Pts	Note
1	177	Yoro, Jaysen	FR	Saint Martins	11.26	804	
2	139	Lewis, Payton	FR	Northwest Nazarene	11.32	791	
3	164	Durden, David	SO	Saint Martins	11.36	782	
4	36	Turner, Travis	JR	Alaska Anchorage	11.41	771	
5		Stralser, Michael	SR	Western Washington	11.72	707	
6	102	Holt, Dominique	FR	MSU-Billings	11.79	693	
7	134	Galbraith, Andrew	JR	Northwest Nazarene	11.84	683	
8	146	Spatz, Micah	JR	Northwest Nazarene	11.92	667	11.920
8	78	Peterson, Justin	SO	Central Washington	11.92	667	11.920
10	107	Schubert, Preston	FR	MSU-Billings	12.30	593	

**Men's Decathlon #2 Long Jump**

GNAC Championship: David Registe Alaska Anchorage 7.52m 2008

GNAC: David Registe Alaska Anchorage 7.91m 2009

McArthur Field: Jon Hill Portland State 7.62m 2006

PL	#	Athlete	Yr.	Team	Final	Wind	English	Pts	Attempts
1	139	Lewis, Payton	FR	Northwest Nazarene	6.39m	-0.8	20' 11.75"	673	FOUL 6.03 <b>6.39</b> w:-1.5 w:-0.8
2	177	Yoro, Jaysen	FR	Saint Martins	6.32m	1.7	20' 9"	657	FOUL <b>6.32</b> 6.27 w:1.7 w:-0.4
3		Stralser, Michael	SR	Western Washington	6.15m	1.4	20' 2.25"	619	6.13 <b>6.15</b> 5.71 w:0 w:1.4 w:-2.7
4	36	Turner, Travis	JR	Alaska Anchorage	6.10m	0.5	20' 0.25"	608	FOUL <b>6.10</b> 6.02 w:0.5 w:-1.6
5	78	Peterson, Justin	SO	Central Washington	6.08m		19' 11.50"	604	<b>6.08</b> 5.98 5.88 w:0 w:-1.5 w:-0.7
6	164	Durden, David	SO	Saint Martins	5.97m	0.9	19' 7"	580	<b>5.97</b> 5.73 5.85 w:0.9 w:0.9 w:1.7
7	146	Spatz, Micah	JR	Northwest Nazarene	5.78m	0.6	18' 11.75"	540	<b>5.78</b> 5.63 5.68 w:0.6 w:-0.4 w:-0.6
8	102	Holt, Dominique	FR	MSU-Billings	5.66m	-1	18' 7"	514	5.43 5.63 <b>5.66</b> w:0 w:-0.9 w:-1
9	107	Schubert, Preston	FR	MSU-Billings	5.52m		18' 1.50"	485	<b>5.52</b> 5.41 5.50 w:0 w:0 w:-1.1
10	134	Galbraith, Andrew	JR	Northwest Nazarene	5.47m	-0.6	17' 11.50"	475	5.39 <b>5.47</b> 5.12 w:0.5 w:-0.6 w:-1.5

**Men's Decathlon #3 Shot Put**

GNAC Championship: Frank Cteli Western Washington 18.16m 2014

GNAC: Frank Catelli Western Washington 58' 7.50" 2014

McArthur Field: Willy Irvin Concordia 19.05m 2013

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts
1	139	Lewis, Payton	FR	Northwest Nazarene	13.34m	43' 9.25"	688	12.11 <b>13.34</b> FOUL
2	177	Yoro, Jaysen	FR	Saint Martins	11.66m	38' 3.25"	586	10.73 10.52 <b>11.66</b>

3	164	Durden, David	SO	Saint Martins	11.18m	36' 8.25"	557	10.57	11.15	11.18
4	78	Peterson, Justin	SO	Central Washington	11.14m	36' 6.75"	554	10.64	10.17	11.14
5		Stralser, Michael	SR	Western Washington	10.98m	36' 0.25"	545	10.84	10.98	10.98
6	102	Holt, Dominique	FR	MSU-Billings	10.77m	35' 4"	532	10.52	10.33	10.77
7	36	Turner, Travis	JR	Alaska Anchorage	10.70m	35' 1.25"	528	10.22	10.70	10.29
8	134	Galbraith, Andrew	JR	Northwest Nazarene	10.66m	34' 11.75"	525	9.53	9.74	10.66
9	146	Spatz, Micah	JR	Northwest Nazarene	9.93m	32' 7"	481	9.93	9.48	9.57
10	107	Schubert, Preston	FR	MSU-Billings	7.94m	26' 0.75"	363	FOUL	7.94	7.66

**Men's Decathlon #4 High Jump**

GNAC Championship: Eric Draper Alaska Anchorage 2.07m 2006

GNAC: Brett Watson Western Washington 2.08m 2013

McArthur Field: Chris Nelson 2.25m 1999

PL	#	Athlete	Yr.	Team	Final	English	Pts	Jumping Record															
1	177	Yoro, Jaysen	FR	Saint Martins	1.99m	6' 6.25"	794	1. 57	1. 60	1. 63	1. 66	1. 69	1. 72	1. 75	1. 78	1. 81	1. 84	1. 87	1. 90	1. 93	1. 96	1. 99	2. 02
								P	P	P	P	P	P	P	P	P	P	P	O	P	O	X	X
																					O	X	X
2	78	Peterson, Justin	SO	Central Washington	1.96m	6' 5"	767	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	1.99
								P	P	P	P	P	P	P	P	P	P	P	O	P	P	O	XX
																							X
3	134	Galbraith, Andrew	JR	Northwest Nazarene	1.93m	6' 4"	740	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	1.99
								P	P	P	P	P	P	P	P	P	P	P	O	XX	XO	XX	XX
																				O	O	X	X
4	102	Holt, Dominique	FR	MSU-Billings	1.87m	6' 1.50"	687	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	1.99
								P	P	P	P	P	P	O	P	O	P	O	P	XX	P	XX	XX
																				O	O	X	X
5		Stralser, Michael	SR	Western Washington	1.81m	5' 11.25"	636	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	1.84
								O	P	O	XO	O	O	O	O	O	O	O	XXO	XXX			
5	36	Turner, Travis	JR	Alaska Anchorage	1.81m	5' 11.25"	636	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	1.84
								P	P	P	P	P	P	O	O	O	O	O	O	O	XXX		
7	139	Lewis, Payton	FR	Northwest Nazarene	1.78m	5' 10"	610	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	1.81
								P	P	P	P	P	XO	XO	XXO	XXX							
8	107	Schubert, Preston	FR	MSU-Billings	1.75m	5' 8.75"	585	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	1.78
								P	P	P	P	O	O	XXO	XXX								
8	164	Durden, David	SO	Saint Martins	1.75m	5' 8.75"	585	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	1.78
								P	P	P	P	O	XO	O	XXX								
10	146	Spatz, Micah	JR	Northwest Nazarene	1.72m	5' 7.75"	560	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	1.75
								P	P	P	O	P	XO	XXX									

**Men's Decathlon #5 400 Meters**

GNAC Championship: Ethan Hewitt Alaska Anchorage 47.55 2012

GNAC: Ethan Hewitt Alaska Anchorage 47.51 2011

McArthur Field: Ethan Hewitt Alaska Anchorage 47.55 2012

PL	#	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	36	Turner, Travis	JR	Alaska Anchorage	50.64	785	2(1)
2	177	Yoro, Jaysen	FR	Saint Martins	50.84	776	1(1)
3	164	Durden, David	SO	Saint Martins	50.86	775	1(2)
4	107	Schubert, Preston	FR	MSU-Billings	51.48	748	2(2)
5	78	Peterson, Justin	SO	Central Washington	52.41	707	2(3)
6	146	Spatz, Micah	JR	Northwest Nazarene	52.44	706	2(4)
7		Stralser, Michael	SR	Western Washington	52.88	687	1(3)
8	139	Lewis, Payton	FR	Northwest Nazarene	54.30	627	1(4)
9	134	Galbraith, Andrew	JR	Northwest Nazarene	54.90	603	1(5)
10	102	Holt, Dominique	FR	MSU-Billings	55.46	580	2(5)

**Men's Decathlon #5 400 Meters Heat 1 of 2**

PL	#	Athlete	Yr.	Team	Final	Pts
1	177	Yoro, Jaysen	FR	Saint Martins	50.84	776
2	164	Durden, David	SO	Saint Martins	50.86	775
3		Stralser, Michael	SR	Western Washington	52.88	687
4	139	Lewis, Payton	FR	Northwest Nazarene	54.30	627
5	134	Galbraith, Andrew	JR	Northwest Nazarene	54.90	603

**Men's Decathlon #5 400 Meters Heat 2 of 2**

PL	#	Athlete	Yr.	Team	Final	Pts
1	36	Turner, Travis	JR	Alaska Anchorage	50.64	785
2	107	Schubert, Preston	FR	MSU-Billings	51.48	748
3	78	Peterson, Justin	SO	Central Washington	52.41	707
4	146	Spatz, Micah	JR	Northwest Nazarene	52.44	706
5	102	Holt, Dominique	FR	MSU-Billings	55.46	580

**Men's Decathlon #6 110m Hurdle**

GNAC Championship: Logan Myers Western Washington 14.65 2013

GNAC: Bernari Sternen Central Washington 14.47 2014

McArthur Field: Darryl Coppedge Southern Oregon 14.40 1992

PL	#	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	36	Turner, Travis	JR	Alaska Anchorage	15.12	835	3(1)
2	146	Spatz, Micah	JR	Northwest Nazarene	15.49	791	3(2)
3	164	Durden, David	SO	Saint Martins	15.50	790	1(1)
4	139	Lewis, Payton	FR	Northwest Nazarene	15.52	788	3(3)
5	134	Galbraith, Andrew	JR	Northwest Nazarene	15.94	740	3(4)
6	177	Yoro, Jaysen	FR	Saint Martins	15.96	737	2(1)
7		Stralser, Michael	SR	Western Washington	16.08	724	1(2)
8	107	Schubert, Preston	FR	MSU-Billings	16.24	706	1(3)
9	78	Peterson, Justin	SO	Central Washington	16.57	670	2(2)
10	102	Holt, Dominique	FR	MSU-Billings	16.58	669	2(3)

**Men's Decathlon #6 110m Hurdle Heat 1 of 3**

PL	#	Athlete	Yr.	Team	Final	Pts
1	164	Durden, David	SO	Saint Martins	15.50	790
2		Stralser, Michael	SR	Western Washington	16.08	724
3	107	Schubert, Preston	FR	MSU-Billings	16.24	706

**Men's Decathlon #6 110m Hurdle Heat 2 of 3**

PL	#	Athlete	Yr.	Team	Final	Pts
1	177	Yoro, Jaysen	FR	Saint Martins	15.96	737
2	78	Peterson, Justin	SO	Central Washington	16.57	670
3	102	Holt, Dominique	FR	MSU-Billings	16.58	669

**Men's Decathlon #6 110m Hurdle Heat 3 of 3**

PL	#	Athlete	Yr.	Team	Final	Pts
1	36	Turner, Travis	JR	Alaska Anchorage	15.12	835
2	146	Spatz, Micah	JR	Northwest Nazarene	15.49	791
3	139	Lewis, Payton	FR	Northwest Nazarene	15.52	788
4	134	Galbraith, Andrew	JR	Northwest Nazarene	15.94	740

**Men's Decathlon #7 Discus**

GNAC Championship: Tyler Fischer Central Washington 51.67m 2008

GNAC: Cameron Neel Central Washington 53.47m 2006

McArthur Field: Nathaniel Moses 59.40m 2013

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts		
1	139	Lewis, Payton	FR	Northwest Nazarene	41.19m	135' 2"	689	FOUL	41.19	40.59
2		Stralser, Michael	SR	Western Washington	36.73m	120' 6.25"	598	36.73	29.38	FOUL
3	134	Galbraith, Andrew	JR	Northwest Nazarene	34.07m	111' 9.50"	545	33.64	FOUL	34.07
4	146	Spatz, Micah	JR	Northwest Nazarene	33.73m	110' 8.25"	538	33.73	FOUL	31.62
5	177	Yoro, Jaysen	FR	Saint Martins	33.60m	110' 3"	536	33.08	33.60	FOUL
6	78	Peterson, Justin	SO	Central Washington	32.26m	105' 10.25"	509	32.26	29.75	20.47
7	36	Turner, Travis	JR	Alaska Anchorage	32.19m	105' 7.50"	508	32.13	32.19	31.38
8	164	Durden, David	SO	Saint Martins	30.34m	99' 6.75"	471	30.34	FOUL	FOUL
9	102	Holt, Dominique	FR	MSU-Billings	28.17m	92' 5.25"	429	28.17	27.73	FOUL
10	107	Schubert, Preston	FR	MSU-Billings	21.61m	70' 11"	302	21.61	21.17	19.24

### Men's Decathlon #8 Pole Vault

GNAC Championship: Ryan Brown Western Washington 5.14m 2010

GNAC: Ryan Brown Western Washington 5.40m 2010

McArthur Field: Tim Bright Mizuno Track Club 5.85m 1997

PL	#	Athlete	Yr.	Team	Final	English	Pts	Jumping Record															
1	139	Lewis, Payton	FR	Northwest Nazarene	4.60m	15' 1"	790	2.8	2.9	3.0	3.1	3.2	3.3	3.4	3.5	3.6	3.7	3.8	3.9	4.0	4.1		
								0	0	0	0	0	0	0	0	0	0	0	0	0	0		
								P	P	P	P	P	P	P	P	P	P	P	P	P	O		
2	36	Turner, Travis	JR	Alaska Anchorage	4.00m	13' 1.50"	617	2.8	2.9	3.0	3.1	3.2	3.3	3.4	3.5	3.6	3.7	3.8	3.9	4.0	4.1		
								0	0	0	0	0	0	0	0	0	0	0	0	0	0		
								P	P	P	P	P	O	P	O	P	O	XO	O	XX	X		
2	107	Schubert, Preston	FR	MSU-Billings	4.00m	13' 1.50"	617	2.8	2.9	3.0	3.1	3.2	3.3	3.4	3.5	3.6	3.7	3.8	3.9	4.0	4.1		
								0	0	0	0	0	0	0	0	0	0	0	0	0	0		
								P	P	P	P	P	P	P	P	P	P	P	XO	XX	P		
4	78	Peterson, Justin	SO	Central Washington	3.90m	12' 9.50"	590	2.8	2.9	3.0	3.1	3.2	3.3	3.4	3.5	3.6	3.7	3.8	3.9	4.0			
								0	0	0	0	0	0	0	0	0	0	0	0	0			
								P	P	P	P	P	O	P	P	XX	XX	XO	XX	X			
5	134	Galbraith, Andrew	JR	Northwest Nazarene	3.60m	11' 9.75"	509	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70						
								O	P	O	O	O	P	XXO	XO	XXO	XXX						
5	177	Yoro, Jaysen	FR	Saint Martins	3.60m	11' 9.75"	509	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70						
								P	P	P	P	P	P	XXO	O	O	XXX						
5	146	Spatz, Micah	JR	Northwest Nazarene	3.60m	11' 9.75"	509	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80					
								P	P	P	P	P	O	P	O	P	XXX						
8		Stralser, Michael	SR	Western Washington	3.50m	11' 5.75"	482	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70						
								P	P	P	P	P	P	P	XO	P	XXX						
9	102	Holt, Dominique	FR	MSU-Billings	3.30m	10' 10"	431	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50								
								P	P	P	XO	P	XO	P	XXX								
10	164	Durden, David	SO	Saint Martins	3.20m	10' 6"	406	2.80	2.90	3.00	3.10	3.20	3.30	3.40									
								P	P	P	P	O	P	XXX									

### Men's Decathlon #9 Javelin

GNAC Championship: Franz Burghagen Alaska Anchorage 69.49m 2013

GNAC: Cody Parker Alaska Anchorage 77.98m 2013

McArthur Field: Brian Crouser New York Athletic Club 79.08m 1990

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts		
1	134	Galbraith, Andrew	JR	Northwest Nazarene	49.53m	162' 6.25"	582	48.24	43.29	49.53
2	164	Durden, David	SO	Saint Martins	49.40m	162' 1.25"	580	49.40	48.71	43.34
3	146	Spatz, Micah	JR	Northwest Nazarene	45.22m	148' 4.50"	518	45.22	39.76	42.93
4	177	Yoro, Jaysen	FR	Saint Martins	43.61m	143' 1.25"	495	43.61	FOUL	FOUL
5	36	Turner, Travis	JR	Alaska Anchorage	40.29m	132' 2.50"	446	39.88	34.93	40.29
6	102	Holt, Dominique	FR	MSU-Billings	39.83m	130' 8.50"	440	39.83	36.03	36.17

7	78	Peterson, Justin	SO	Central Washington	39.67m	130' 2"	437	39.67	PASS	PASS
8		Stralser, Michael	SR	Western Washington	39.11m	128' 4"	429	39.11	38.53	32.24
9	139	Lewis, Payton	FR	Northwest Nazarene	38.95m	127' 9.75"	427	38.23	FOUL	38.95
10	107	Schubert, Preston	FR	MSU-Billings	35.98m	118' 0.75"	384	33.82	35.98	34.97

### Men's Decathlon #10 1500 Meters

GNAC Championship: Alfred Kangogo Alaska Anchorage 3:49.03 2010

GNAC: Alfred Kangogo Alaska Anchorage 3:44.67 2011

McArthur Field: Jim Howarth 3:46.74 1997

PL	#	Athlete	Yr.	Team	Final	Pts
1	78	Peterson, Justin	SO	Central Washington	4:42.09	667
2	146	Spatz, Micah	JR	Northwest Nazarene	4:45.29	647
3	177	Yoro, Jaysen	FR	Saint Martins	4:45.41	647
4	36	Turner, Travis	JR	Alaska Anchorage	4:48.48	628
5	102	Holt, Dominique	FR	MSU-Billings	4:50.72	614
6		Stralser, Michael	SR	Western Washington	4:52.45	604
7	139	Lewis, Payton	FR	Northwest Nazarene	5:08.42	512
8	164	Durden, David	SO	Saint Martins	5:10.63	500
9	134	Galbraith, Andrew	JR	Northwest Nazarene	5:21.97	440

### Women's 100 Meters Final

Wind: -0.1

GNAC Championship: Grace Morgan Alaska Anchorage 11.91 2012

GNAC: Jamie Ashcroft Alaska Anchorage 11.74 2014

McArthur Field: Grace Morgan Alaska Anchorage 11.91 2012

PL	#	Athlete	Yr.	Team	Final	Pts
1	2	Ashcroft, Jamie	SO	Alaska Anchorage	11.84%\$	10
2	188	Houk, Becca	FR	Seattle Pacific	11.99	8
3	115	Deskins, Taylor	SO	Northwest Nazarene	12.30	6
4	179	Baldwin, Tasia	SR	Seattle Pacific	12.37	5
5	183	Chase, Kelsey	SR	Seattle Pacific	12.41	4
6	290	Ivancic, Veronica	JR	Western Washington	12.47	3
7	259	Patrick, Laura	SO	Western Oregon	12.55	2
8	155	Petersen, Lisa	JR	Saint Martins	12.69	1

### Women's 100 Meters Prelim

GNAC Championship: Grace Morgan Alaska Anchorage 11.91 2012

GNAC: Jamie Ashcroft Alaska Anchorage 11.74 2014

McArthur Field: Grace Morgan Alaska Anchorage 11.91 2012

PL	#	Athlete	Yr.	Team	Prelim	Heat(HPL)
1	2	Ashcroft, Jamie	SO	Alaska Anchorage	11.81%\$Q	2(1)
2	188	Houk, Becca	FR	Seattle Pacific	11.98Q	3(1)
3	115	Deskins, Taylor	SO	Northwest Nazarene	12.16Q	1(1)
4	179	Baldwin, Tasia	SR	Seattle Pacific	12.19q	1(2)
5	183	Chase, Kelsey	SR	Seattle Pacific	12.30q	3(2)
6	290	Ivancic, Veronica	JR	Western Washington	12.35q	1(3)
7	259	Patrick, Laura	SO	Western Oregon	12.36q	1(4)
8	155	Petersen, Lisa	JR	Saint Martins	12.41q	2(2)
9	180	Brannan, Kyra	SO	Seattle Pacific	12.46	2(3)
10	49	Garcia, Madison	SO	Central Washington	12.46	3(3)
11	215	Kianipour, Natasha	JR	Simon Fraser	12.50	1(5)
12	5	Cross, Mary Kathleen	SO	Alaska Anchorage	12.51	3(4)
13	14	Smith, Rosie	JR	Alaska Anchorage	12.58	2(4)
14	96	Street, Blair	JR	MSU-Billings	12.60	1(6)
15	55	Leaprot-Atkins, Jasmine	SO	Central Washington	12.62	2(5)
16	91	Gray, Brianna	FR	MSU-Billings	12.73	3(5)
17	150	Hudson, Renee	JR	Saint Martins	12.81	3(6)

**Women's 100 Meters Prelim Heat 1 of 3****Wind: 0.8**

PL	#	Athlete	Yr.	Team	Prelim
1	115	Deskins, Taylor	SO	Northwest Nazarene	12.16Q
2	179	Baldwin, Tasia	SR	Seattle Pacific	12.19q
3	290	Ivancic, Veronica	JR	Western Washington	12.35q
4	259	Patrick, Laura	SO	Western Oregon	12.36q
5	215	Kianipour, Natasha	JR	Simon Fraser	12.50
6	96	Street, Blair	JR	MSU-Billings	12.60

**Women's 100 Meters Prelim Heat 2 of 3****Wind: +1.2**

PL	#	Athlete	Yr.	Team	Prelim
1	2	Ashcroft, Jamie	SO	Alaska Anchorage	11.81%\$Q
2	155	Petersen, Lisa	JR	Saint Martins	12.41q
3	180	Brannan, Kyra	SO	Seattle Pacific	12.46
4	14	Smith, Rosie	JR	Alaska Anchorage	12.58
5	55	Leaprot-Atkins, Jasmine	SO	Central Washington	12.62

**Women's 100 Meters Prelim Heat 3 of 3****Wind: +1.1**

PL	#	Athlete	Yr.	Team	Prelim
1	188	Houk, Becca	FR	Seattle Pacific	11.98Q
2	183	Chase, Kelsey	SR	Seattle Pacific	12.30q
3	49	Garcia, Madison	SO	Central Washington	12.46
4	5	Cross, Mary Kathleen	SO	Alaska Anchorage	12.51
5	91	Gray, Brianna	FR	MSU-Billings	12.73
6	150	Hudson, Renee	JR	Saint Martins	12.81

**Women's 200 Meters Final****Wind: +1.1**

GNAC Championship: Grace Morgan Alaska Anchorage 24.30 2013

GNAC: NyEma Sims Seattle Pacific 23.99 2007

McArthur Field: Grace Morgan Alaska Anchorage 24.61 2012

PL	#	Athlete	Yr.	Team	Final	Pts
1	2	Ashcroft, Jamie	SO	Alaska Anchorage	24.45\$	10
2	188	Houk, Becca	FR	Seattle Pacific	24.70	8
3	178	Ambus, Jahzelle	JR	Seattle Pacific	24.89	6
4	179	Baldwin, Tasia	SR	Seattle Pacific	25.20	5
5	180	Brannan, Kyra	SO	Seattle Pacific	25.54	4
6	49	Garcia, Madison	SO	Central Washington	25.85	3
7	115	Deskins, Taylor	SO	Northwest Nazarene	25.88	2
8	14	Smith, Rosie	JR	Alaska Anchorage	27.02	1

**Women's 200 Meters Prelim**

GNAC Championship: Grace Morgan Alaska Anchorage 24.30 2013

GNAC: NyEma Sims Seattle Pacific 23.99 2007

McArthur Field: Grace Morgan Alaska Anchorage 24.61 2012

PL	#	Athlete	Yr.	Team	Prelim	Heat(HPL)
1	2	Ashcroft, Jamie	SO	Alaska Anchorage	24.51\$Q	1(1)
2	178	Ambus, Jahzelle	JR	Seattle Pacific	24.74Q	2(1)
3	188	Houk, Becca	FR	Seattle Pacific	24.77q	2(2)
4	179	Baldwin, Tasia	SR	Seattle Pacific	25.23q	1(2)
5	180	Brannan, Kyra	SO	Seattle Pacific	25.47q	2(3)
6	115	Deskins, Taylor	SO	Northwest Nazarene	25.58q	1(3)
7	49	Garcia, Madison	SO	Central Washington	25.65q	2(4)
8	14	Smith, Rosie	JR	Alaska Anchorage	25.68q	2(5)
9	259	Patrick, Laura	SO	Western Oregon	25.72	1(4)
10	222	West, Bryce	FR	Simon Fraser	25.81	1(5)

11	209	Brown, Ella	SO	Simon Fraser	25.90	2(6)
12	91	Gray, Brianna	FR	MSU-Billings	26.02	1(6)
13	215	Kianipour, Natasha	JR	Simon Fraser	26.05	1(7)
14	187	Hong, Cheryl	SO	Seattle Pacific	26.56	2(7)

**Women's 200 Meters Prelim Heat 1 of 2****Wind: +1.5**

PL	#	Athlete	Yr.	Team	Prelim
1	2	Ashcroft, Jamie	SO	Alaska Anchorage	24.51\$Q
2	179	Baldwin, Tasia	SR	Seattle Pacific	25.23q
3	115	Deskins, Taylor	SO	Northwest Nazarene	25.58q
4	259	Patrick, Laura	SO	Western Oregon	25.72
5	222	West, Bryce	FR	Simon Fraser	25.81
6	91	Gray, Brianna	FR	MSU-Billings	26.02
7	215	Kianipour, Natasha	JR	Simon Fraser	26.05

**Women's 200 Meters Prelim Heat 2 of 2****Wind: +1.2**

PL	#	Athlete	Yr.	Team	Prelim
1	178	Ambus, Jahzelle	JR	Seattle Pacific	24.74Q
2	188	Houk, Becca	FR	Seattle Pacific	24.77q
3	180	Brannan, Kyra	SO	Seattle Pacific	25.47q
4	49	Garcia, Madison	SO	Central Washington	25.65q
5	14	Smith, Rosie	JR	Alaska Anchorage	25.68q
6	209	Brown, Ella	SO	Simon Fraser	25.90
7	187	Hong, Cheryl	SO	Seattle Pacific	26.56

**Women's 400 Meters Final**

GNAC Championship: Helen Crofts Simon Fraser 54.46 2013

GNAC: Mary Pearce Alaska Anchorage 53.56 2007

McArthur Field: Mary Pearce Alaska Anchorage 55.10 2006

PL	#	Athlete	Yr.	Team	Final	Pts
1	178	Ambus, Jahzelle	JR	Seattle Pacific	55.91	10
2	213	Desch, Chantel	JR	Simon Fraser	56.00	8
3	5	Cross, Mary Kathleen	SO	Alaska Anchorage	57.06	6
4	53	Inderbitzin, Jayna	JR	Central Washington	57.71	5
5	187	Hong, Cheryl	SO	Seattle Pacific	57.89	4
6	51	Harmon, Ashley	JR	Central Washington	58.21	3
7	3	Bezanson, Hayley	SO	Alaska Anchorage	58.43	2
8	301	Reynolds, Gracia	FR	Western Washington	58.75	1

**Women's 400 Meters Prelim**

GNAC Championship: Helen Crofts Simon Fraser 54.46 2013

GNAC: Mary Pearce Alaska Anchorage 53.56 2007

McArthur Field: Mary Pearce Alaska Anchorage 55.10 2006

PL	#	Athlete	Yr.	Team	Prelim	Heat(HPL)
1	178	Ambus, Jahzelle	JR	Seattle Pacific	57.33Q	2(1)
2	213	Desch, Chantel	JR	Simon Fraser	57.35Q	1(1)
3	5	Cross, Mary Kathleen	SO	Alaska Anchorage	58.01q	2(2)
4	53	Inderbitzin, Jayna	JR	Central Washington	58.36q	2(3)
5	3	Bezanson, Hayley	SO	Alaska Anchorage	58.59q	2(4)
6	51	Harmon, Ashley	JR	Central Washington	58.63q	1(2)
7	187	Hong, Cheryl	SO	Seattle Pacific	58.89q	2(5)
8	301	Reynolds, Gracia	FR	Western Washington	59.08q	1(3)
9	38	Anderson, Ali	FR	Central Washington	59.25	1(4)
10	222	West, Bryce	FR	Simon Fraser	59.50	2(6)
11	264	Van De Grift, Suzie	FR	Western Oregon	59.59	2(7)
12	305	Troupe, Shawna	SO	Western Washington	1:00.32	1(5)

13	189	Johnson, Jasmine	SR	Seattle Pacific	1:04.32	1(6)
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**Women's 400 Meters Prelim Heat 1 of 2**

PL	#	Athlete	Yr.	Team	Prelim
1	213	Desch, Chantel	JR	Simon Fraser	57.35Q
2	51	Harmon, Ashley	JR	Central Washington	58.63q
3	301	Reynolds, Gracia	FR	Western Washington	59.08q
4	38	Anderson, Ali	FR	Central Washington	59.25
5	305	Troupe, Shawna	SO	Western Washington	1:00.32
6	189	Johnson, Jasmine	SR	Seattle Pacific	1:04.32

**Women's 400 Meters Prelim Heat 2 of 2**

PL	#	Athlete	Yr.	Team	Prelim
1	178	Ambus, Jahzelle	JR	Seattle Pacific	57.33Q
2	5	Cross, Mary Kathleen	SO	Alaska Anchorage	58.01q
3	53	Inderbitzin, Jayna	JR	Central Washington	58.36q
4	3	Bezanson, Hayley	SO	Alaska Anchorage	58.59q
5	187	Hong, Cheryl	SO	Seattle Pacific	58.89q
6	222	West, Bryce	FR	Simon Fraser	59.50
7	264	Van De Grift, Suzie	FR	Western Oregon	59.59

**Women's 800 Meters**

GNAC Championship: Jessica Pixler Seattle Pacific 2:06.38 2010

GNAC: Helen Crofts Simon Fraser 2:02.10 2013

McArthur Field: Jessica Pixler Seattle Pacific 2:06.38 2010

PL	#	Athlete	Yr.	Team	Final	Pts	Splits	Note	
1	210	Butterworth, Lindsey	SR	Simon Fraser	2:06.67	10	1:03.13 (1:03.13)	2:06.67 (1:03.54)	
2	184	Decker, Lynelle	JR	Seattle Pacific	2:09.43	8	1:05.42 (1:05.42)	2:09.43 (1:04.01)	
3	218	Mussatto, Alana	FR	Simon Fraser	2:11.52	6	1:04.45 (1:04.45)	2:11.52 (1:07.08)	2:11.51 1
4	219	Nock, Paige	FR	Simon Fraser	2:11.52	5	1:03.88 (1:03.88)	2:11.52 (1:07.64)	2:11.51 6
5	246	Beeson, Bailey	JR	Western Oregon	2:14.00	4	1:06.27 (1:06.27)	2:14.00 (1:07.73)	
6	6	Decker, Beatrice	JR	Alaska Anchorage	2:15.09	3	1:06.64 (1:06.64)	2:15.09 (1:08.45)	
7	207	Bassett, Miryam	FR	Simon Fraser	2:17.59	2	1:07.17 (1:07.17)	2:17.59 (1:10.42)	
8	11	Pahkala, Jessica	JR	Alaska Anchorage	2:19.25	1	1:05.71 (1:05.71)	2:19.25 (1:13.54)	
9	12	Perez, Tamara	FR	Alaska Anchorage	2:20.49		1:07.22 (1:07.22)	2:20.49 (1:13.27)	

**Women's 1500 Meters**

GNAC Championship: Jessica Pixler Seattle Pacific 4:24.01 2010

GNAC: Jessica Pixler Seattle Pacific 4:11.06 2010

McArthur Field: Jennifer Bravard Asics Track Club 4:13.81 1997

PL	#	Athlete	Yr.	Team	Final	Pts	Splits
1	184	Decker, Lynelle	JR	Seattle Pacific	4:29.60	10	53.79 (53.79) 2:10.15 (1:16.36) 3:23.61 (1:13.47) 4:29.60 (1:05.99)
2	297	O'Connor, Haley	SR	Western Washington	4:29.71	8	53.99 (53.99) 2:10.36 (1:16.37) 3:23.01 (1:12.65) 4:29.71 (1:06.71)
3	263	Stuckey, Stephanie	JR	Western Oregon	4:35.26	6	54.28 (54.28) 2:10.26 (1:15.98) 3:24.32 (1:14.07) 4:35.26 (1:10.95)
4	6	Decker, Beatrice	JR	Alaska Anchorage	4:36.24	5	53.59 (53.59) 2:10.16 (1:16.57) 3:24.52 (1:14.37) 4:36.24 (1:11.72)
5	196	Rawlins, Jessica	FR	Seattle Pacific	4:36.55	4	54.76 (54.76) 2:11.05 (1:16.30) 3:25.55 (1:14.50) 4:36.55 (1:11.00)



6	90	Frame, Nocona	SR	MSU-Billings	4:40.19	3	54.69 (54.69)	2:10.79 (1:16.10)	3:27.07 (1:16.29)	4:40.19 (1:13.13)
7	11	Pahkala, Jessica	JR	Alaska Anchorage	4:43.87	2	54.23 (54.23)	2:10.53 (1:16.31)	3:26.08 (1:15.55)	4:43.87 (1:17.79)
8	12	Perez, Tamara	FR	Alaska Anchorage	4:44.73	1	54.32 (54.32)	2:10.83 (1:16.52)	3:30.19 (1:19.37)	4:44.73 (1:14.54)
9	250	Crawford, Rachel	SO	Western Oregon	4:44.82		54.60 (54.60)	2:11.01 (1:16.42)	3:29.35 (1:18.34)	4:44.82 (1:15.47)

**Women's 5000 Meters**

GNAC Championship: Sarah Porter Western Washington 16:39.39 2010

GNAC: Jessica Pixler Seattle Pacific 15:44.07 2010

McArthur Field: Sarah Porter Western Washington 16:39.39 2008

PL	#	Athlete	Yr.	Team	Final	Pts	Splits												
1	214	Johnson, Jennifer	SR	Simon Fraser	17:04.46	10	40.90 (40.90)	2:01.78 (1:20.89)	3:23.06 (1:21.28)	3:23.06 (1:19.62)	4:42.67 (1:19.65)	6:02.31 (1:20.92)	7:23.23 (1:20.57)	8:43.79 (1:21.71)	10:05.50 (1:21.71)	11:28.14 (1:22.65)			
							12:51.21 (1:23.08)	14:15.60 (1:24.39)	17:04.46 (2:48.87)										
2	46	Eggleston, Dani	JR	Central Washington	17:07.24	8	42.99 (42.99)	2:03.13 (1:20.15)	3:24.27 (1:21.14)	4:44.36 (1:20.10)	6:06.65 (1:22.29)	7:30.19 (1:23.54)	8:54.46 (1:24.28)	10:18.38 (1:23.92)	11:42.71 (1:24.34)	13:07.37 (1:24.66)			
							14:32.34 (1:24.98)	15:53.39 (1:21.06)	17:07.24 (1:13.85)										
3	62	Rogers, Megan	JR	Central Washington	17:08.50	6	43.51 (43.51)	2:03.98 (1:20.47)	3:24.89 (1:20.92)	4:46.12 (1:21.24)	6:07.87 (1:21.75)	7:31.29 (1:23.43)	8:54.89 (1:23.61)	10:18.89 (1:24.10)	11:42.98 (1:23.10)				
							13:06.58 (1:23.75)	14:29.04 (1:22.46)	17:08.50 (2:39.47)										
4	156	Porter, Shannon	SO	Saint Martins	17:12.25	5	41.22 (41.22)	2:02.10 (1:20.89)	3:23.36 (1:21.26)	4:43.21 (1:19.85)	6:03.41 (1:20.21)	7:25.39 (1:21.98)	8:49.40 (1:24.02)	10:13.60 (1:24.21)	11:39.03 (1:25.44)	13:03.93 (1:24.90)			
							14:28.79 (1:24.87)	15:53.40 (1:24.62)	17:12.25 (1:18.85)										
5	195	Patti, Anna	JR	Seattle Pacific	17:14.84	4	42.31 (42.31)	2:02.70 (1:20.40)	3:24.04 (1:21.34)	4:44.05 (1:20.01)	6:06.29 (1:22.25)	7:30.78 (1:24.50)	8:55.12 (1:24.35)	10:19.42 (1:24.30)	11:43.91 (1:24.49)	13:09.04 (1:25.14)			
							14:35.48 (1:26.44)	15:58.76 (1:23.29)	17:14.84 (1:16.09)										
6	9	Kurgat, Caroline	FR	Alaska Anchorage	17:17.78	3	42.47 (42.47)	2:03.39 (1:20.93)	3:24.53 (1:21.15)	4:44.63 (1:20.10)	6:06.92 (1:22.30)	7:31.00 (1:24.09)	8:55.30 (1:24.31)	10:19.67 (1:24.37)	11:44.30 (1:24.63)	13:09.43 (1:25.14)			
							14:35.72 (1:26.30)	15:58.99 (1:23.27)	17:17.78 (1:18.79)										
7	8	Johnston, Amy	SR	Alaska Anchorage	17:18.99	2	41.59 (41.59)	2:02.43 (1:20.85)	3:23.68 (1:21.26)	4:43.69 (1:20.01)	6:05.90 (1:22.22)	7:30.42 (1:24.53)	8:54.71 (1:24.30)	10:18.66 (1:23.96)	11:43.13 (1:24.47)	13:07.77 (1:24.64)			
							14:33.24 (1:25.48)	15:59.10 (1:25.86)	17:18.99 (1:19.89)										
8	286	Guenther, Taylor	SO	Western Washington	17:43.60	1	43.76 (43.76)	2:05.67 (1:21.92)	3:28.80 (1:23.13)	4:54.39 (1:25.59)	6:19.93 (1:25.55)	7:45.28 (1:25.36)	9:11.11 (1:25.83)	10:37.74 (1:26.64)	12:05.81 (1:28.07)	13:33.60 (1:28.80)			
							15:01.19 (1:27.59)	16:27.14 (1:25.96)	17:43.60 (1:16.46)										

9	117	Fleming, Susanna	SR	Northwest Nazarene	18:03.55	44.04 (44.04)	2:07.06 (1:23.03)	3:31.30 (1:24.24)	4:57.34 (1:26.05)	6:24.26 (1:26.92)	7:51.57 (1:27.32)	9:19.23 (1:27.66)	10:48.27 (1:29.05)	12:19.10 (1:30.84)	13:48.47 (1:29.38)
10	45	Dowdell, Hannah	SO	Central Washington	18:09.73	44.16 (44.16)	2:06.58 (1:22.42)	3:30.93 (1:24.35)	4:56.84 (1:25.92)	6:24.01 (1:27.18)	7:51.24 (1:27.23)	9:18.92 (1:27.68)	10:45.45 (1:26.54)	12:13.32 (1:27.87)	13:42.04 (1:28.72)
11	220	Noel, Peggy	SO	Simon Fraser	18:12.98	43.50 (43.50)	2:06.32 (1:22.82)	3:30.54 (1:24.23)	4:56.31 (1:25.78)	6:23.89 (1:27.58)	7:51.01 (1:27.13)	9:19.52 (1:28.51)	10:48.59 (1:29.07)	12:18.82 (1:30.11)	13:48.82 (1:30.13)
12	181	Calvert, Hannah	SO	Seattle Pacific	18:31.78	45.26 (45.26)	2:10.42 (1:25.17)	3:36.22 (1:25.80)	5:02.44 (1:26.23)	6:30.17 (1:27.74)	7:58.88 (1:28.71)	9:28.86 (1:29.98)	10:58.62 (1:29.77)	12:29.44 (1:30.83)	14:01.35 (1:31.91)
13	293	Laiblin, Alexandra	FR	Western Washington	18:33.78	44.89 (44.89)	2:10.23 (1:25.34)	3:35.98 (1:25.76)	5:02.18 (1:26.20)	6:29.93 (1:27.76)	7:58.71 (1:28.78)	9:28.53 (1:29.83)	10:58.26 (1:29.73)	12:29.08 (1:30.83)	14:01.80 (1:32.72)
14	304	Taferre, Sara	SO	Western Washington	18:43.49	43.99 (43.99)	2:06.75 (1:22.76)	3:31.03 (1:24.29)	4:57.10 (1:26.07)	6:24.17 (1:27.07)	7:52.99 (1:28.83)	9:26.09 (1:33.10)	10:58.82 (1:32.73)	12:34.15 (1:35.33)	14:08.88 (1:34.74)
15	288	Hutchison, Maddie	FR	Western Washington	18:50.87	44.23 (44.23)	2:06.92 (1:22.69)	3:31.07 (1:24.16)	4:56.58 (1:25.52)	6:23.73 (1:27.15)	7:51.33 (1:27.61)	9:19.40 (1:28.07)	10:49.24 (1:29.85)	12:25.89 (1:36.66)	14:01.48 (1:35.59)
	192	Macdonald, Sarah	SO	Seattle Pacific	DNF	42.63 (42.63)	2:04.95 (1:22.33)	3:30.87 (1:25.93)	4:58.67 (1:27.82)	6:29.04 (1:30.35)	8:00.76 (1:31.73)	9:34.98 (1:34.22)	11:10.77 (1:35.79)	12:47.79 (1:37.02)	

### Women's 10000 Meters

GNAC Championship: Joyce Kipchumba Alaska Anchorage 35:43.38 2014

GNAC: Sarah Porter Western Washington 33:17.39 2011

McArthur Field: Lorene Young 35:34.05 2008

PL	#	Athlete	Yr.	Team	Final	Pts	Splits
1	195	Patti, Anna	JR	Seattle Pacific	37:00.02	10	1:37.17 (1:37.17) 3:01.20 (1:24.04) 4:30.78 (1:29.59) 5:59.19 (1:28.42) 7:26.03 (1:26.84) 8:53.16 (1:27.13) 10:19.56 (1:26.40) 11:47.16 (1:27.61) 13:15.15 (1:27.99) 14:43.68 (1:28.54) 16:12.43 (1:29.66) 17:42.09 (1:31.63) 19:13.72 (1:30.97) 20:44.68 (1:28.56) 22:13.24 (1:32.61) 23:45.84 (1:32.62) 25:18.45 (1:31.69) 26:50.14 (1:33.65) 28:23.78 (1:31.40) 29:55.17 (1:31.40) 31:26.66 (1:31.49) 32:57.07 (1:30.41) 34:25.86 (1:28.79) 35:43.76 (1:17.91) 37:00.02 (1:16.26)
2	8	Johnston, Amy	SR	Alaska Anchorage	37:13.34	8	1:36.96 (1:36.96) 3:00.91 (1:23.96) 4:30.48 (1:29.57) 5:58.91 (1:28.44) 7:25.76 (1:26.85) 8:52.86 (1:27.11) 10:19.28 (1:26.42) 11:46.91 (1:27.63) 13:14.89 (1:27.99) 14:43.43 (1:28.55) 16:12.16 (1:28.73) 17:41.82 (1:29.67) 19:13.42 (1:31.60) 20:44.41 (1:30.99) 22:12.97 (1:28.56) 23:45.56 (1:32.60) 25:18.17 (1:32.61) 26:49.85 (1:31.69) 28:23.50 (1:33.65) 29:54.89 (1:31.40) 31:26.32 (1:31.43) 32:57.03 (1:30.71) 34:26.05 (1:29.03) 35:50.30 (1:24.25) 37:13.34 (1:23.04)

GNAC Championships (5/8/2015 - 5/9/2015) Western Oregon - Monmouth, OR

3	9	Kurgat, Caroline	FR	Alaska Anchorage	37:15.33	6	1:38.90	3:02.32	4:31.12	5:59.49	7:26.20	8:53.38	10:19.83	11:47.42	13:15.42	14:43.93
							(1:38.90)	(1:23.42)	(1:28.80)	(1:28.38)	(1:26.72)	(1:27.18)	(1:26.46)	(1:27.59)	(1:28.01)	(1:28.51)
							16:12.62	17:42.32	19:13.96	20:44.95	22:13.48	23:45.95	25:18.68	26:50.38	28:23.98	29:55.32
							(1:28.70)	(1:29.70)	(1:31.65)	(1:31.00)	(1:28.53)	(1:32.47)	(1:32.74)	(1:31.70)	(1:33.61)	(1:31.35)
							31:26.36	32:57.21	34:26.33	35:52.46	37:15.33					
							(1:31.05)	(1:30.85)	(1:29.13)	(1:26.14)	(1:22.88)					
4	62	Rogers, Megan	JR	Central Washington	37:23.64	5	1:36.57	3:00.61	4:30.17	5:58.61	7:25.47	8:52.57	10:18.97	11:46.58	13:14.56	14:43.11
							(1:36.57)	(1:24.05)	(1:29.56)	(1:28.45)	(1:26.86)	(1:27.11)	(1:26.41)	(1:27.62)	(1:27.98)	(1:28.56)
							16:11.85	17:41.52	19:13.20	20:43.16	22:12.48	23:45.13	25:17.86	26:49.59	28:23.21	29:54.70
							(1:28.74)	(1:29.68)	(1:31.68)	(1:29.97)	(1:29.33)	(1:32.65)	(1:32.73)	(1:31.74)	(1:33.62)	(1:31.50)
							31:26.96	32:57.79	34:27.46	35:57.66	37:23.64					
							(1:32.26)	(1:30.84)	(1:29.67)	(1:30.20)	(1:25.99)					
5	293	Laiblin, Alexandra	FR	Western Washington	38:56.54	4	1:39.18	3:05.87	4:35.54	6:06.68	7:38.62	9:09.56	10:42.04	12:14.94	13:47.78	15:21.42
							(1:39.18)	(1:26.69)	(1:29.67)	(1:31.14)	(1:31.94)	(1:30.95)	(1:32.49)	(1:32.90)	(1:32.84)	(1:33.64)
							16:56.13	18:31.42	20:06.56	21:41.42	23:13.26	24:46.93	26:20.81	27:55.14	29:31.53	31:07.33
							(1:34.72)	(1:35.29)	(1:35.15)	(1:34.86)	(1:31.85)	(1:33.67)	(1:33.88)	(1:34.34)	(1:36.39)	(1:35.81)
							32:43.05	34:19.41	35:55.94	37:30.55	38:56.54					
							(1:35.73)	(1:36.36)	(1:36.53)	(1:34.61)	(1:26.00)					
6	117	Fleming, Susanna	SR	Northwest Nazarene	39:20.06	3	1:37.51	3:01.85	4:31.23	6:00.05	7:26.53	8:55.71	10:29.81	12:02.65	13:34.35	15:10.55
							(1:37.51)	(1:24.34)	(1:29.39)	(1:28.82)	(1:26.49)	(1:29.18)	(1:34.11)	(1:32.84)	(1:31.71)	(1:36.20)
							16:47.37	18:26.16	20:04.97	21:41.95	23:18.02	24:58.55	26:38.87	28:17.68	29:54.98	31:26.93
							(1:36.83)	(1:38.80)	(1:38.81)	(1:36.98)	(1:36.08)	(1:40.53)	(1:40.32)	(1:38.82)	(1:37.31)	(1:31.95)
							33:10.30	34:49.74	36:30.24	38:03.35	39:20.06					
							(1:43.37)	(1:39.45)	(1:40.51)	(1:33.11)	(1:16.72)					
7	192	Macdonald, Sarah	SO	Seattle Pacific	39:25.80	2	1:37.55	3:01.49	4:31.13	5:59.80	7:26.91	8:54.64	10:24.51	11:56.30	13:29.17	15:02.48
							(1:37.55)	(1:23.94)	(1:29.64)	(1:28.68)	(1:27.11)	(1:27.74)	(1:29.88)	(1:31.79)	(1:32.88)	(1:33.31)
							16:37.19	18:12.81	19:48.63	21:25.75	23:02.71	24:40.89	26:18.77	27:56.35	29:36.49	31:16.67
							(1:34.72)	(1:35.62)	(1:35.82)	(1:37.13)	(1:36.97)	(1:38.18)	(1:37.89)	(1:37.58)	(1:40.15)	(1:40.18)
							32:56.81	34:38.11	36:18.59	37:56.29	39:25.80					
							(1:40.14)	(1:41.30)	(1:40.49)	(1:37.70)	(1:29.52)					
8	294	Marikis, Sofia	SO	Western Washington	39:42.46	1	1:39.57	3:06.52	4:36.10	6:07.19	7:38.96	9:10.06	10:42.41	12:15.26	13:47.64	15:21.23
							(1:39.57)	(1:26.96)	(1:29.59)	(1:31.09)	(1:31.78)	(1:31.10)	(1:32.35)	(1:32.86)	(1:32.38)	(1:33.59)
							16:56.04	18:31.36	20:06.55	21:41.78	23:15.70	24:53.58	26:32.15	28:10.73	29:51.81	31:31.97
							(1:34.82)	(1:35.33)	(1:35.19)	(1:35.24)	(1:33.93)	(1:37.88)	(1:38.58)	(1:38.58)	(1:41.09)	(1:40.17)
							33:14.00	34:55.89	36:34.13	38:11.76	39:42.46					
							(1:42.04)	(1:41.89)	(1:38.24)	(1:37.63)	(1:30.71)					
9	121	Manzer, Anysja	FR	Northwest Nazarene	41:22.02		1:37.17	3:02.52	4:33.76	6:05.69	7:38.69	9:09.80	10:42.18	12:15.11	13:47.85	15:21.94
							(1:37.17)	(1:25.35)	(1:31.24)	(1:31.93)	(1:33.01)	(1:31.11)	(1:32.39)	(1:32.94)	(1:32.74)	(1:34.09)
							17:00.01	18:40.03	20:20.32	22:00.93	23:45.63	25:29.52	27:14.02	28:56.19	30:41.72	32:28.78
							(1:38.08)	(1:40.02)	(1:40.30)	(1:40.61)	(1:44.71)	(1:43.90)	(1:44.50)	(1:42.18)	(1:45.53)	(1:47.07)
							34:18.95	36:09.04	37:59.31	39:47.68	41:22.02					
							(1:50.17)	(1:50.10)	(1:50.27)	(1:48.37)	(1:34.34)					
10	291	Jalbert, Maddie	SO	Western Washington	41:45.56		1:39.43	3:07.83	4:40.33	6:13.18	7:46.85	9:19.69	10:54.04	12:29.53	14:05.77	15:43.74
							(1:39.43)	(1:28.41)	(1:32.50)	(1:32.86)	(1:33.67)	(1:32.84)	(1:34.35)	(1:35.50)	(1:36.25)	(1:37.98)
							17:23.17	19:04.30	20:47.55	22:31.37	24:13.95	25:55.96	27:39.84	29:26.27	31:14.00	33:01.51
							(1:39.43)	(1:41.13)	(1:43.25)	(1:43.83)	(1:42.59)	(1:42.01)	(1:43.88)	(1:46.44)	(1:47.74)	(1:47.52)
							34:49.36	36:37.58	38:23.98	40:10.05	41:45.56					
							(1:47.85)	(1:48.23)	(1:46.40)	(1:46.08)	(1:35.51)					
11	182	Charleson, Mary	FR	Seattle Pacific	43:56.41		1:39.51	3:08.21	4:40.61	6:12.93	7:46.58	9:19.03	10:51.69	12:26.51	14:02.12	15:37.12
							(1:39.51)	(1:28.71)	(1:32.41)	(1:32.32)	(1:33.66)	(1:32.45)	(1:32.66)	(1:34.83)	(1:35.61)	(1:35.01)
							17:14.12	18:53.55	20:36.18	22:20.66	24:06.07	25:56.51	27:49.89	29:46.40	31:45.47	33:49.86
							(1:37.00)	(1:39.43)	(1:42.64)	(1:44.48)	(1:45.42)	(1:50.44)	(1:53.39)	(1:56.51)	(1:59.07)	(2:04.40)
							35:53.89	37:58.41	40:03.01	42:14.16	43:56.41					
							(2:04.03)	(2:04.52)	(2:04.60)	(2:11.15)	(1:42.26)					

Women's 100m Hurdle Final

Wind: +1.3

GNAC Championship: Danielle Ayers-Stamper Seattle Pacific 13.82 2005

GNAC: Danielle Ayers-Stamper Seattle Pacific 13.70 2005

McArthur Field: Haleigh Lloyd Alaska Anchorage 14.23 2012

PL	#	Athlete	Yr.	Team	Final	Pts	Note
1	14	Smith, Rosie	JR	Alaska Anchorage	14.18\$	10	
2	129	Tubbs, Lexi	FR	Northwest Nazarene	14.31	8	
3	10	Lloyd, Haleigh	SR	Alaska Anchorage	14.68	6	
4	258	Pappel, Rochelle	JR	Western Oregon	14.82	5	14.815
5	191	Luquin, Maliea	JR	Seattle Pacific	14.82	4	14.817
6	155	Petersen, Lisa	JR	Saint Martins	14.85	3	
7	4	Blalock, Alexia	SO	Alaska Anchorage	15.16	2	

8	39	Banfro, Tianna	JR	Central Washington	15.24	1
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**Women's 100m Hurdle Prelim**

GNAC Championship: Danielle Ayers-Stamper Seattle Pacific 13.82 2005

GNAC: Danielle Ayers-Stamper Seattle Pacific 13.70 2005

McArthur Field: Haleigh Lloyd Alaska Anchorage 14.23 2012

PL	#	Athlete	Yr.	Team	Prelim	Heat(HPL)	Note
1	129	Tubbs, Lexi	FR	Northwest Nazarene	14.23\$Q	2(1)	
2	14	Smith, Rosie	JR	Alaska Anchorage	14.27Q	1(1)	
3	10	Lloyd, Haleigh	SR	Alaska Anchorage	14.37q	2(2)	
4	258	Pappel, Rochelle	JR	Western Oregon	14.46q	1(2)	
5	191	Luquin, Maliea	JR	Seattle Pacific	14.53q	1(3)	
6	39	Banfro, Tianna	JR	Central Washington	14.71q	1(4)	
7	4	Blalock, Alexia	SO	Alaska Anchorage	14.77q	1(5)	14.762
8	155	Petersen, Lisa	JR	Saint Martins	14.77q	1(5)	14.768
9	120	Knott, Chelsey	FR	Northwest Nazarene	14.78	2(3)	
10	13	Scott, Alexandra	SO	Alaska Anchorage	14.88	2(4)	
11	95	Reid, Hope	SO	MSU-Billings	15.29	2(5)	
12	44	Deck, Allison	JR	Central Washington	15.46	2(6)	
13	285	Greninger, Kaylie	SO	Western Washington	16.00	2(7)	
14	131	Warren, Kawena	FR	Northwest Nazarene	19.96	1(7)	

**Women's 100m Hurdle Prelim Heat 1 of 2**

Wind: 0.6

PL	#	Athlete	Yr.	Team	Prelim	Note
1	14	Smith, Rosie	JR	Alaska Anchorage	14.27Q	
2	258	Pappel, Rochelle	JR	Western Oregon	14.46q	
3	191	Luquin, Maliea	JR	Seattle Pacific	14.53q	
4	39	Banfro, Tianna	JR	Central Washington	14.71q	
5	155	Petersen, Lisa	JR	Saint Martins	14.77q	14.768
5	4	Blalock, Alexia	SO	Alaska Anchorage	14.77q	14.762
7	131	Warren, Kawena	FR	Northwest Nazarene	19.96	

**Women's 100m Hurdle Prelim Heat 2 of 2**

Wind: 1.7

PL	#	Athlete	Yr.	Team	Prelim
1	129	Tubbs, Lexi	FR	Northwest Nazarene	14.23\$Q
2	10	Lloyd, Haleigh	SR	Alaska Anchorage	14.37q
3	120	Knott, Chelsey	FR	Northwest Nazarene	14.78
4	13	Scott, Alexandra	SO	Alaska Anchorage	14.88
5	95	Reid, Hope	SO	MSU-Billings	15.29
6	44	Deck, Allison	JR	Central Washington	15.46
7	285	Greninger, Kaylie	SO	Western Washington	16.00

**Women's 400m Hurdle Final**

GNAC Championship: Haleigh Lloyd Alaska Anchorage 1:00.54 2013

GNAC: Haleigh Lloyd Alaska Anchorage 59.62 2012

McArthur Field: Kasey Harwood Oregon 1:00.23 2006

PL	#	Athlete	Yr.	Team	Final	Pts
1	10	Lloyd, Haleigh	SR	Alaska Anchorage	1:00.29%	10
2	191	Luquin, Maliea	JR	Seattle Pacific	1:03.54	8
3	197	Tims, Jalen	JR	Seattle Pacific	1:04.41	6
4	186	Hommel, Maddi	SO	Seattle Pacific	1:04.75	5
5	251	Hellesto, Audrey	SR	Western Oregon	1:05.27	4
6	253	Knudson, Laura	SR	Western Oregon	1:05.44	3
7	217	Lisek, Monique	FR	Simon Fraser	1:07.34	2
8	158	Teigen, Megan	SO	Saint Martins	1:09.39	1

**Women's 400m Hurdle Prelim**

GNAC Championship: Haleigh Lloyd Alaska Anchorage 1:00.54 2013

GNAC: Haleigh Lloyd Alaska Anchorage 59.62 2012

McArthur Field: Kasey Harwood Oregon 1:00.23 2006

PL	#	Athlete	Yr.	Team	Prelim	Heat(HPL)	Note
1	10	Lloyd, Haleigh	SR	Alaska Anchorage	1:00.70Q	2(1)	
2	217	Lisek, Monique	FR	Simon Fraser	1:03.04Q	1(1)	
3	251	Hellesto, Audrey	SR	Western Oregon	1:04.31q	2(2)	
4	191	Luquin, Maliea	JR	Seattle Pacific	1:04.63q	2(3)	
5	197	Tims, Jalen	JR	Seattle Pacific	1:04.80q	1(2)	
6	253	Knudson, Laura	SR	Western Oregon	1:04.96q	1(3)	
7	158	Teigen, Megan	SO	Saint Martins	1:05.07q	1(4)	
8	186	Hommies, Maddi	SO	Seattle Pacific	1:05.74q	2(4)	
9	123	Nigro, Kelly	SO	Northwest Nazarene	1:05.81	2(5)	
10	13	Scott, Alexandra	SO	Alaska Anchorage	1:05.83	1(5)	1:05.823
11	39	Banfro, Tianna	JR	Central Washington	1:05.83	2(6)	1:05.829
12	303	Svastisalee, Deja	FR	Western Washington	1:06.14	1(6)	
13	116	Dyk, Janessa	SO	Northwest Nazarene	1:06.35	2(7)	
14	97	VanVoast, Ashlynn	JR	MSU-Billings	1:07.44	1(7)	
15	249	Covey, Felicia	SO	Western Oregon	1:08.60	1(8)	

**Women's 400m Hurdle Prelim Heat 1 of 2**

PL	#	Athlete	Yr.	Team	Prelim	Note
1	217	Lisek, Monique	FR	Simon Fraser	1:03.04Q	
2	197	Tims, Jalen	JR	Seattle Pacific	1:04.80q	
3	253	Knudson, Laura	SR	Western Oregon	1:04.96q	
4	158	Teigen, Megan	SO	Saint Martins	1:05.07q	
5	13	Scott, Alexandra	SO	Alaska Anchorage	1:05.83	1:05.823
6	303	Svastisalee, Deja	FR	Western Washington	1:06.14	
7	97	VanVoast, Ashlynn	JR	MSU-Billings	1:07.44	
8	249	Covey, Felicia	SO	Western Oregon	1:08.60	

**Women's 400m Hurdle Prelim Heat 2 of 2**

PL	#	Athlete	Yr.	Team	Prelim	Note
1	10	Lloyd, Haleigh	SR	Alaska Anchorage	1:00.70Q	
2	251	Hellesto, Audrey	SR	Western Oregon	1:04.31q	
3	191	Luquin, Maliea	JR	Seattle Pacific	1:04.63q	
4	186	Hommies, Maddi	SO	Seattle Pacific	1:05.74q	
5	123	Nigro, Kelly	SO	Northwest Nazarene	1:05.81	
6	39	Banfro, Tianna	JR	Central Washington	1:05.83	1:05.829
7	116	Dyk, Janessa	SO	Northwest Nazarene	1:06.35	

**Women's 3000m Steeple**

GNAC Championship: Susan Tanui Alaska Anchorage 10:24.44 2012

GNAC: Susan Tanui uss, 10:13.33 2012

McArthur Field: Susan Tanui Alaska Anchorage 10:24.44 2012

PL	#	Athlete	Yr.	Team	Final	Pts	Splits							
1	302	Steen, Katelyn	SR	Western Washington	10:14.16	10	44.70	2:04.31	3:23.69	4:43.92	6:05.68	7:29.17	8:52.73	10:14.16
					%\$		(44.70)	(1:19.61)	(1:19.38)	(1:20.24)	(1:21.77)	(1:23.49)	(1:23.56)	(1:21.43)
2	46	Eggleston, Dani	JR	Central Washington	10:31.65	8	46.72	2:09.38	3:32.76	4:57.09	6:21.89	7:46.97	9:11.95	10:31.65
							(46.72)	(1:22.67)	(1:23.39)	(1:24.34)	(1:24.80)	(1:25.09)	(1:24.98)	(1:19.71)
3	196	Rawlins, Jessica	FR	Seattle Pacific	10:55.10	6	47.58	2:11.52	3:36.35	5:02.60	6:30.37	7:59.89	9:30.66	10:55.10
							(47.58)	(1:23.95)	(1:24.83)	(1:26.25)	(1:27.78)	(1:29.52)	(1:30.78)	(1:24.45)
4	42	Chinchar, Erin	JR	Central Washington	11:05.03	5	46.85	2:09.55	3:32.95	4:57.42	6:24.13	7:55.56	9:30.59	11:05.03
							(46.85)	(1:22.71)	(1:23.41)	(1:24.47)	(1:26.71)	(1:31.44)	(1:35.04)	(1:34.44)
5	117	Fleming, Susanna	SR	Northwest Nazarene	11:18.07	4	47.12	2:09.85	3:34.16	5:02.48	6:36.80	8:13.00	9:49.38	11:18.07
							(47.12)	(1:22.73)	(1:24.31)	(1:28.33)	(1:34.32)	(1:36.21)	(1:36.39)	(1:28.70)

6	47	Eldredge, Brenna	JR	Central Washington	11:35.17	3	49.42 (49.42)	2:22.33 (1:32.92)	3:55.23 (1:32.91)	5:29.45 (1:34.23)	7:04.91 (1:35.46)	8:40.96 (1:36.06)	10:10.97 (1:30.02)	11:35.17 (1:24.20)
7	7	Haebe, Bryn	SR	Alaska Anchorage	11:43.40	2	47.57 (47.57)	2:15.74 (1:28.18)	3:48.15 (1:32.42)	5:22.42 (1:34.27)	7:00.63 (1:38.21)	8:38.75 (1:38.13)	10:15.97 (1:37.22)	11:43.40 (1:27.44)
8	306	Tyburczy, Katie	SO	Western Washington	11:44.65	1	47.15 (47.15)	2:13.10 (1:25.95)	3:42.47 (1:29.38)	5:14.69 (1:32.23)	6:51.65 (1:36.96)	8:30.22 (1:38.58)	10:12.19 (1:41.98)	11:44.65 (1:32.46)
9	284	Grant, Brittany	SO	Western Washington	11:46.03		50.04 (50.04)	2:23.06 (1:33.02)	3:55.40 (1:32.35)	5:30.07 (1:34.67)	7:05.65 (1:35.58)	8:41.83 (1:36.18)	10:18.45 (1:36.63)	11:46.03 (1:27.58)
10	245	Anderson, Nicole	SR	Western Oregon	11:59.46		50.26 (50.26)	2:22.99 (1:32.74)	3:55.94 (1:32.96)	5:31.16 (1:35.22)	7:07.58 (1:36.43)	8:46.26 (1:38.68)	10:25.36 (1:39.10)	11:59.46 (1:34.11)
11	89	Bock, Melanie	SR	MSU-Billings	11:59.81		51.22 (51.22)	2:22.66 (1:31.45)	3:54.87 (1:32.21)	5:27.84 (1:32.98)	7:03.38 (1:35.54)	8:39.58 (1:36.21)	10:19.83 (1:40.25)	11:59.81 (1:39.99)
12	221	Townsend, Dana	FR	Simon Fraser	12:26.97		48.68 (48.68)	2:20.31 (1:31.63)	3:55.17 (1:34.87)	5:32.39 (1:37.23)	7:11.57 (1:39.18)	8:57.95 (1:46.39)	10:44.40 (1:46.45)	12:26.97 (1:42.57)

### Women's 4 x 100m Relay

GNAC Championship: (Mackenzie Harsch,Rosie, Smith, Sasha Halfyard, Jamie Ashcroft Alaska Anchorage 46.68 2014

GNAC: Alaska Anchorage 46.56 2014

McArthur Field: University Of Oregon 46.85 1995

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Seattle Pacific	A 46.82\$	10	Houk	Ambus	Brannan	Baldwin
2	Alaska Anchorage	A 47.84	8	Cross	Scott	Smith	Ashcroft
3	Central Washington	A 47.99	6	Garcia	Banfro	Harmon	Leaprot-Atkins
4	Northwest Nazarene	A 48.13	5	Deskins	Tubbs	Nigro	Knott
5	Simon Fraser	A 48.28	4	Kianipour	Desch	Brown	Lisek
6	Western Washington	A 49.11	3	Ivancic	Reynolds	Ivancic	Svastisalee
7	Western Oregon	A 49.45	2	Patrick	Knudson	Van De Grift	Hellesto
8	MSU-Billings	A 49.92	1	Street	Gray	Halle	Reid

### Women's 4 x 400m Relay

GNAC Championship: Kishia Mitchell, Emily Quatier, Jasmine Johnson, McKayla Fricker Seattle Pacific 3:44.11 2013

GNAC: Simon Fraser 3:42.05 2011

McArthur Field: Simon Fraser 46.85 2011

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4	Splits			
1	Simon Fraser	A 3:45.64	10	Mussatto	Butterworth	Lisek	Desch	56.10 (56.10)	1:52.81 (56.72)	2:49.99 (57.18)	3:45.64 (55.65)
2	Seattle Pacific	A 3:48.75	8	Houk	Decker	Tims	Ambus	55.97 (55.97)	1:54.97 (59.01)	2:53.44 (58.47)	3:48.75 (55.32)
3	Alaska Anchorage	A 3:51.18	6	Cross	Bezanson	Smith	Lloyd	54.92 (54.92)	1:56.36 (1:01.44)	2:55.58 (59.23)	3:51.18 (55.60)
4	Central Washington	A 3:51.77	5	Harmon	Ryker	Anderson	Inderbitzin	56.67 (56.67)	1:56.64 (59.98)	2:55.19 (58.56)	3:51.77 (56.58)
5	Western Oregon	A 3:54.44	4	Van De Grift	Beeson	Rose	Hellesto	56.30 (56.30)	1:58.61 (1:02.32)	2:56.98 (58.38)	3:54.44 (57.47)
6	Northwest Nazarene	A 3:57.60	3	Rodes	Knott	Seymour	Nigro	55.10 (55.10)	1:58.92 (1:03.82)	2:59.21 (1:00.30)	3:57.60 (58.39)
7	Western Washington	A 3:57.93	2	Svastisalee	Reynolds	Ivancic	Ivancic	59.95 (59.95)	2:00.79 (1:00.84)	2:59.82 (59.04)	3:57.93 (58.11)
8	MSU-Billings	A 4:05.86	1	Gray	Frame	Halle	VanVoast	1:01.07 (1:01.07)	2:02.78 (1:01.72)	3:05.72 (1:02.95)	4:05.86 (1:00.15)

### Women's High Jump

GNAC: Teona Perkins Seattle Pacific 1.78m 2007

McArthur Field: Camile Jampulski 1.80m 1996

GNAC Championship: Tayler Fettig Central Washington 1.74m 2014

GNAC Championship: Danielle Ayers-Stamper Seattle Pacific 1.74m 2005

PL	#	Athlete	Yr.	Team	Final	English	Pts	Jumping Record				
1	1	Anders, Karolin	JR	Alaska Anchorage	1.67m	5' 5.75"	10	1.52	1.57	1.62	1.67	1.72
								O	O	O	O	XXX
2	298	Osadchey, Miranda	SO	Western Washington	1.67m	5' 5.75"	8	1.52	1.57	1.62	1.67	1.72
								P	O	O	XO	XXX

3	307	Wright, Katelyn	JR	Western Washington	1.62m	5' 3.75"	6	1.52	1.57	1.62	1.67
								P	O	O	XXX
4	60	Ortega, HarLee	FR	Central Washington	1.62m	5' 3.75"	5	1.52	1.57	1.62	1.67
								XO	XO	O	XXX
5	125	Sarver, Lexi	JR	Northwest Nazarene	1.57m	5' 1.75"	4	1.52	1.57		
								O	O		
6	95	Reid, Hope	SO	MSU-Billings	1.57m	5' 1.75"	3	1.52	1.57	1.62	
								XO	O	XXX	
7	198	Ward, Naphtali	FR	Seattle Pacific	1.57m	5' 1.75"	2	1.52	1.57	1.62	
								O	XO	XXX	
8	194	McInnis, Luisa	JR	Seattle Pacific	1.57m	5' 1.75"		1.52	1.57	1.62	
								O	XXO	XXX	
8	10	Lloyd, Haleigh	SR	Alaska Anchorage	1.57m	5' 1.75"		1.52	1.57	1.62	
								O	XXO	XXX	
10	256	Moore, Sam	JR	Western Oregon	1.57m	5' 1.75"		1.52	1.57	1.62	
								XO	XXO	XXX	
10	186	Hombres, Maddi	SO	Seattle Pacific	1.57m	5' 1.75"		1.52	1.57	1.62	
								XO	XXO	XXX	
12	122	Miller, Rachel	FR	Northwest Nazarene	1.52m	4' 11.75"		1.52	1.57		
								O	XXX		
13	111	Brewer, Courtney	SR	Northwest Nazarene	1.52m	4' 11.75"		1.52	1.57		
								XO	XXX		
14	131	Warren, Kawena	FR	Northwest Nazarene	1.52m	4' 11.75"		1.52	1.57		
								XXO	XXX		
	41	Bentley, Moriah	SO	Central Washington	NH			1.52			
								XXX			
	285	Greninger, Kaylie	SO	Western Washington	NH			1.52			
								XXX			

### Women's Pole Vault

GNAC Championship: Karis Anderson Western Washington 3.83m 2012

GNAC: Karis Anderson Western Washington 3.85m 2012

McArthur Field: Becky Holliday Clackamas 4.12m 2001

PL	#	Athlete	Yr.	Team	Final	English	Pts	Jumping Record						
1	190	Kahns, Michaela	SO	Seattle Pacific	3.60m	11' 9.75"	10	2.90	3.05	3.20	3.35	3.50	3.60	3.70
								P	O	O	XO	XXO	XO	XXX
2	48	Emmert, McKenna	SO	Central Washington	3.50m	11' 5.75"	8	2.90	3.05	3.20	3.35	3.50	3.60	3.70
								P	P	P	O	O	P	XXX
3	299	Paradee, Anna	FR	Western Washington	3.50m	11' 5.75"	6	2.90	3.05	3.20	3.35	3.50	3.60	3.70
								P	P	O	O	XO	P	X
4	128	Silva, Alison	SO	Northwest Nazarene	3.35m	10' 11.75"	5	2.90	3.05	3.20	3.35	3.50		
								P	P	O	O	XXX		
5	292	Knope, Elizabeth	JR	Western Washington	3.05m	10' 0"	4	2.90	3.05	3.20				
								O	XXO	XXX				
6	112	Burgeson, Lindi	SO	Northwest Nazarene	3.05m	10' 0"	3	2.90	3.05	3.20				
								XO	XXO	XXX				
7	95	Reid, Hope	SO	MSU-Billings	2.90m	9' 6.25"	2	2.90	3.05					
								O	XXX					
	94	Nichols, Amanda	FR	MSU-Billings	NH			2.90						
								XXX						
	283	Annable, Morgan	SO	Western Washington	NH			2.90						
								XXX						
	287	Huey, Leah	FR	Western Washington	NH			2.90						
								XXX						

### Women's Long Jump

GNAC Championship: Ali Worthen Seattle Pacific 5.99m 2013

GNAC: Stephanie Huffman Seattle Pacific 5.99m 2002

McArthur Field: Julie Bright 5.86m 1996

PL	JD	#	Athlete	Yr.	Team	Final	Wind	English	Pts	Attempts					
1		180	Brannan, Kyra	SO	Seattle Pacific	5.60m	2.5	18' 4.50"	10	5.33	5.57	5.60	5.37	5.46	5.35
										w:1.9	w:1.9	w:2.5	w:1.5	w:0.9	w:0.9
2		1	Anders, Karolin	JR	Alaska Anchorage	5.58m	2.1	18' 3.75"	8	5.50	5.51	5.53	5.52	5.50	5.58
										w:1.4	w:1.3	w:1.6	w:1.3	w:0.9	w:2.1
3	3	191	Luquin, Maliea	JR	Seattle Pacific	5.56m	2	18' 3"	6	FOUL	5.52	5.56	5.49	FOUL	5.35
											w:1.6	w:2	w:0.7		w:1
4	4	217	Lisek, Monique	FR	Simon Fraser	5.56m	2.2	18' 3"	5	5.19	4.47	FOUL	4.95	5.38	5.56
										w:1.2	w:2.3		w:0.8	w:2.5	w:2.2
5		179	Baldwin, Tasia	SR	Seattle Pacific	5.45m	2.5	17' 10.75"	4	5.09	5.45	4.95	5.05	5.21	4.73
										w:1	w:2.5	w:1	w:1.5	w:1.1	w:2.9
6		60	Ortega, HarLee	FR	Central Washington	5.42m	1.6	17' 9.50"	3	5.42	5.09	4.97	FOUL	FOUL	FOUL
										w:1.6	w:0.8	w:0.7			
7		14	Smith, Rosie	JR	Alaska Anchorage	5.38m	1	17' 8"	2	FOUL	FOUL	5.38	FOUL	FOUL	FOUL
												w:1			
8		260	Reinholdt, Kylie	FR	Western Oregon	5.23m	2.7	17' 2"	1	5.20	5.06	PASS	PASS	PASS	5.23
										w:1.6	w:1.5				w:2.7
9		54	Joy, Juliana	JR	Central Washington	5.22m	0.5	17' 1.50"		5.22	5.09	FOUL	FOUL	5.00	5.12
										w:0.5	w:0.8			w:0.9	w:0.6
10		216	Lazecki, Natasha	SO	Simon Fraser	5.15m	1.8	16' 10.75"		5.08	5.10	5.15			
										w:2.7	w:0.8	w:1.8			
11		64	Snyder, Hannah	FR	Central Washington	4.99m	0.9	16' 4.50"		FOUL	4.99	FOUL			
											w:0.9				
12		4	Blalock, Alexia	SO	Alaska Anchorage	4.88m	1.3	16' 0.25"		4.87	4.88	4.84			
										w:0.6	w:1.3	w:2			
		38	Anderson, Ali	FR	Central Washington	FOUL				FOUL	FOUL	FOUL			

## Women's Triple Jump

GNAC: Ashley Potter Western Oregon 12.42m 2012

McArthur Field: Lavern Clark 12.42m 1992

McArthur Field: Ashley Potter Western Oregon 12.42m 2012

GNAC Championship: Ashley Potter Western Oregon 12.42m 2012

PL	#	Athlete	Yr.	Team	Final	Wind	English	Pts	Attempts						
1	254	Laible, Rebecca	SR	Western Oregon	11.79m	0.7	38' 8.25"	10	FOUL	11.63	11.48	11.51	11.58	11.79	
										w:1.3	w:0	w:1.2	w:2.2	w:0.7	
2	209	Brown, Ella	SO	Simon Fraser	11.75m	0.8	38' 6.75"	8	11.41	FOUL	11.60	11.75	10.14	FOUL	
										w:1	w:0.1	w:0.8	w:0.7		
3	260	Reinholdt, Kylie	FR	Western Oregon	11.69m		38' 4.25"	6	FOUL	11.69	FOUL	11.18	FOUL	FOUL	
										w:0		w:2.3			
4	295	McMullin, Jasmine	SO	Western Washington	11.61m	0.5	38' 1.25"	5	11.30	11.09	11.34	11.33	11.49	11.61	
										w:0.3	w:0	w:0.5	w:0	w:1.8	w:0.5
5	1	Anders, Karolin	JR	Alaska Anchorage	11.52m	0.8	37' 9.50"	4	FOUL	FOUL	11.52	11.48	11.24	11.31	
											w:0.8	w:0.8	w:0.8	w:0.5	
6	4	Blalock, Alexia	SO	Alaska Anchorage	11.21m	1.7	36' 9.50"	3	10.64	10.81	11.08	11.00	11.02	11.21	
										w:0	w:0	w:1.4	w:1	w:1.3	w:1.7
7	43	Cronic, Kelly	SO	Central Washington	11.19m	1.5	36' 8.50"	2	10.82	10.93	10.82	FOUL	11.19	FOUL	
										w:1.3	w:0.3	w:0.5	w:1.5		
8	60	Ortega, HarLee	FR	Central Washington	11.10m	1.4	36' 5"	1	FOUL	FOUL	11.10	10.68	10.80	FOUL	
											w:1.4	w:0.8	w:1.3		
9	40	Bentley, Marinah	SO	Central Washington	10.80m		35' 5.25"		10.80	FOUL	FOUL	FOUL	FOUL	FOUL	
										w:0					
10	127	Shaul, Carli	SO	Northwest Nazarene	10.36m	1.2	34' 0"		10.30	FOUL	10.36				
										w:0	w:1.2				
		64	Snyder, Hannah	FR	Central Washington	NM				FOUL	FOUL	FOUL			



**Women's Shot Put**

GNAC Championship: Anica Knispel Montana State Billings 14.04m 2011

GNAC: Krissy Tandle Central Washington 14.94m 2009

McArthur Field: Gabriella Dixson Concordia 15.13m 2013

PL	#	Athlete	Yr.	Team	Final	English	Pts	Flight(FPL)
1	247	Collier, Emmi	JR	Western Oregon	13.89m	45' 7"	10	2(1)
2	154	Novikoff, Kahili	FR	Saint Martins	13.85m	45' 5.25"	8	2(2)
3	130	VanValey, Taylor	JR	Northwest Nazarene	13.60m	44' 7.50"	6	2(3)
4	153	Neale, Kirby	SO	Saint Martins	13.29m	43' 7.25"	5	2(4)
5	151	Lawrence, Quiana	FR	Saint Martins	12.66m	41' 6.50"	4	2(5)
6	252	Kaonis, Kathryn	FR	Western Oregon	12.56m	41' 2.50"	3	1(1)
7	66	Youngers, Amanda	JR	Central Washington	12.53m	41' 1.50"	2	2(6)
8	114	Curtis, Caitlin	SR	Northwest Nazarene	12.32m	40' 5"	1	2(7)
9	152	Mayerl, April	FR	Saint Martins	12.00m	39' 4.50"		2(8)
10	61	Reno, Alyssum	FR	Central Washington	11.95m	39' 2.50"		1(2)
11	296	Mortensen, Megan	SO	Western Washington	11.90m	39' 0.50"		2(9)
12	193	Markham, Sammi	SO	Seattle Pacific	11.87m	38' 11.50"		1(3)
13	1	Anders, Karolin	JR	Alaska Anchorage	11.82m	38' 9.50"		1(4)
14	113	Cryderman, Katrina	JR	Northwest Nazarene	11.68m	38' 4"		1(5)
15	58	Moore, Dorothy	JR	Central Washington	11.29m	37' 0.50"		1(6)
16	256	Moore, Sam	JR	Western Oregon	11.02m	36' 2"		1(7)

**Women's Shot Put Flight 1 of 2**

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts					
1	252	Kaonis, Kathryn	FR	Western Oregon	12.56m	41' 2.50"	3	12.44	12.40	12.37	11.75	12.40	12.56
2	61	Reno, Alyssum	FR	Central Washington	11.95m	39' 2.50"		11.95	11.61	FOUL			
3	193	Markham, Sammi	SO	Seattle Pacific	11.87m	38' 11.50"		FOUL	FOUL	11.87			
4	1	Anders, Karolin	JR	Alaska Anchorage	11.82m	38' 9.50"		11.82	10.54	FOUL			
5	113	Cryderman, Katrina	JR	Northwest Nazarene	11.68m	38' 4"		11.43	11.68	11.60			
6	58	Moore, Dorothy	JR	Central Washington	11.29m	37' 0.50"		10.86	FOUL	11.29			
7	256	Moore, Sam	JR	Western Oregon	11.02m	36' 2"		FOUL	11.02	10.10			

**Women's Shot Put Flight 2 of 2**

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts					
1	247	Collier, Emmi	JR	Western Oregon	13.89m	45' 7"	10	12.95	13.89	13.74	FOUL	13.31	13.23
2	154	Novikoff, Kahili	FR	Saint Martins	13.85m	45' 5.25"	8	13.85	13.60	13.33	13.61	13.05	13.25
3	130	VanValey, Taylor	JR	Northwest Nazarene	13.60m	44' 7.50"	6	13.60	12.86	FOUL	13.47	FOUL	FOUL
4	153	Neale, Kirby	SO	Saint Martins	13.29m	43' 7.25"	5	12.72	13.29	12.63	12.30	12.73	13.05
5	151	Lawrence, Quiana	FR	Saint Martins	12.66m	41' 6.50"	4	FOUL	FOUL	12.02	FOUL	FOUL	12.66
6	66	Youngers, Amanda	JR	Central Washington	12.53m	41' 1.50"	2	12.14	12.04	12.14	12.53	FOUL	12.05
7	114	Curtis, Caitlin	SR	Northwest Nazarene	12.32m	40' 5"	1	12.17	12.32	FOUL	FOUL	FOUL	FOUL
8	152	Mayerl, April	FR	Saint Martins	12.00m	39' 4.50"		FOUL	12.00	11.28	11.41	11.84	FOUL
9	296	Mortensen, Megan	SO	Western Washington	11.90m	39' 0.50"		11.83	11.90	11.49			

**Women's Discus**

GNAC Championship: Jessica Telleria Western Washington 45.52m 2006

GNAC: Jessica Houston Alaska Anchorage 50.52m 2005

McArthur Field: Annie Hess Concordia 54.76m 2008

PL	#	Athlete	Yr.	Team	Final	English	Pts	Flight(FPL)
1	296	Mortensen, Megan	SO	Western Washington	43.55m	142' 10.75"	10	2(1)
2	114	Curtis, Caitlin	SR	Northwest Nazarene	42.95m	140' 11.25"	8	2(2)
3	154	Novikoff, Kahili	FR	Saint Martins	42.91m	140' 9.75"	6	2(3)
4	56	Lester, Sam	FR	Central Washington	40.87m	134' 1.25"	5	2(4)
5	125	Sarver, Lexi	JR	Northwest Nazarene	40.47m	132' 9.50"	4	2(5)
6	93	Holm, Corrie	SR	MSU-Billings	40.34m	132' 4.50"	3	2(6)

7	151	Lawrence, Quiana	FR	Saint Martins	38.94m	127' 9.25"	2	2(7)
8	153	Neale, Kirby	SO	Saint Martins	38.39m	125' 11.75"	1	2(8)
9	257	Nicklason, Leah	SO	Western Oregon	38.36m	125' 10.50"		1(1)
10	255	Limas De La Cruz, Sheila	FR	Western Oregon	38.02m	124' 9"		1(2)
11	193	Markham, Sammi	SO	Seattle Pacific	36.76m	120' 7.50"		1(3)
12	52	Homer, Aiyana	FR	Central Washington	36.61m	120' 1.50"		1(4)
13	113	Cryderman, Katrina	JR	Northwest Nazarene	36.56m	119' 11.75"		2(9)
14	247	Collier, Emmi	JR	Western Oregon	34.41m	112' 11"		1(5)

**Women's Discus Flight 1 of 2**

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts					
1	257	Nicklason, Leah	SO	Western Oregon	38.36m	125' 10.50"		38.36	38.11	38.31	33.91	34.67	33.51
2	255	Limas De La Cruz, Sheila	FR	Western Oregon	38.02m	124' 9"		34.88	33.51	38.02			
3	193	Markham, Sammi	SO	Seattle Pacific	36.76m	120' 7.50"		30.93	36.76	31.80			
4	52	Homer, Aiyana	FR	Central Washington	36.61m	120' 1.50"		35.64	36.61	FOUL			
5	247	Collier, Emmi	JR	Western Oregon	34.41m	112' 11"		34.41	34.02	FOUL			

**Women's Discus Flight 2 of 2**

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts					
1	296	Mortensen, Megan	SO	Western Washington	43.55m	142' 10.75"	10	FOUL	41.36	43.55	FOUL	FOUL	42.94
2	114	Curtis, Caitlin	SR	Northwest Nazarene	42.95m	140' 11.25"	8	FOUL	42.95	FOUL	FOUL	FOUL	40.61
3	154	Novikoff, Kahili	FR	Saint Martins	42.91m	140' 9.75"	6	FOUL	42.09	FOUL	39.53	42.91	42.03
4	56	Lester, Sam	FR	Central Washington	40.87m	134' 1.25"	5	39.99	FOUL	37.20	39.71	40.87	FOUL
5	125	Sarver, Lexi	JR	Northwest Nazarene	40.47m	132' 9.50"	4	FOUL	40.47	FOUL	37.52	37.81	FOUL
6	93	Holm, Corrie	SR	MSU-Billings	40.34m	132' 4.50"	3	39.39	40.34	38.79	FOUL	39.17	38.45
7	151	Lawrence, Quiana	FR	Saint Martins	38.94m	127' 9.25"	2	37.60	38.94	37.94	FOUL	36.37	FOUL
8	153	Neale, Kirby	SO	Saint Martins	38.39m	125' 11.75"	1	37.69	38.39	37.04	36.00	37.49	37.87
9	113	Cryderman, Katrina	JR	Northwest Nazarene	36.56m	119' 11.75"		36.56	FOUL	FOUL			

**Women's Hammer**

GNAC Championship: Audrey Oswald Humboldt State 54.51m 2006

GNAC: Jennifer Dunkin Western Oregon 56.27m 2003

McArthur Field: Cari Soong Team XO 59.31m 2007

PL	#	Athlete	Yr.	Team	Final	English	Pts	Flight(FPL)
1	114	Curtis, Caitlin	SR	Northwest Nazarene	51.59m	169' 3.25"	10	2(1)
2	160	Wick, Ami	SO	Saint Martins	50.18m	164' 7.75"	8	2(2)
3	265	Wetherell, Emily	SR	Western Oregon	48.70m	159' 9.50"	6	1(1)
4	157	Rodgers, Angel	SR	Saint Martins	48.12m	157' 10.75"	5	2(3)
5	247	Collier, Emmi	JR	Western Oregon	47.02m	154' 3.50"	4	2(4)
6	292	Knope, Elizabeth	JR	Western Washington	46.40m	152' 3"	3	2(5)
7	56	Lester, Sam	FR	Central Washington	45.99m	150' 11"	2	2(6)
8	58	Moore, Dorothy	JR	Central Washington	45.90m	150' 7.25"	1	2(7)
9	212	Carr, Ryley	SR	Simon Fraser	45.10m	147' 11.75"		1(2)
10	66	Youngers, Amanda	JR	Central Washington	44.83m	147' 1.25"		2(8)
11	153	Neale, Kirby	SO	Saint Martins	44.81m	147' 0.50"		1(3)
12	130	VanValey, Taylor	JR	Northwest Nazarene	42.80m	140' 5.25"		1(4)
13	119	Johnson, Cassandra	SR	Northwest Nazarene	42.77m	140' 4.25"		1(5)
14	154	Novikoff, Kahili	FR	Saint Martins	42.52m	139' 6.25"		2(9)
15	255	Limas De La Cruz, Sheila	FR	Western Oregon	41.79m	137' 1.50"		1(6)
16	151	Lawrence, Quiana	FR	Saint Martins	41.36m	135' 8.50"		1(7)
17	248	Cook, Allison	SR	Western Oregon	38.74m	127' 1.50"		1(8)

**Women's Hammer Flight 1 of 2**

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts					
1	265	Wetherell, Emily	SR	Western Oregon	48.70m	159' 9.50"	6	48.66	44.58	48.70	47.81	FOUL	46.60
2	212	Carr, Ryley	SR	Simon Fraser	45.10m	147' 11.75"		42.05	45.10	41.50	40.61	43.60	43.68
3	153	Neale, Kirby	SO	Saint Martins	44.81m	147' 0.50"		FOUL	44.81	41.46			
4	130	VanValey, Taylor	JR	Northwest Nazarene	42.80m	140' 5.25"		42.80	FOUL	FOUL			
5	119	Johnson, Kassandra	SR	Northwest Nazarene	42.77m	140' 4.25"		42.77	FOUL	39.69			
6	255	Limas De La Cruz, Sheila	FR	Western Oregon	41.79m	137' 1.50"		41.79	37.47	FOUL			
7	151	Lawrence, Quiana	FR	Saint Martins	41.36m	135' 8.50"		41.36	FOUL	36.29			
8	248	Cook, Allison	SR	Western Oregon	38.74m	127' 1.50"		FOUL	38.74	FOUL			

**Women's Hammer Flight 2 of 2**

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts					
1	114	Curtis, Caitlin	SR	Northwest Nazarene	51.59m	169' 3.25"	10	48.16	50.72	50.59	48.17	51.13	51.59
2	160	Wick, Ami	SO	Saint Martins	50.18m	164' 7.75"	8	49.22	49.66	50.18	49.02	45.28	FOUL
3	157	Rodgers, Angel	SR	Saint Martins	48.12m	157' 10.75"	5	45.25	48.12	47.63	FOUL	48.04	FOUL
4	247	Collier, Emmi	JR	Western Oregon	47.02m	154' 3.50"	4	44.30	45.11	45.14	44.25	44.87	47.02
5	292	Knope, Elizabeth	JR	Western Washington	46.40m	152' 3"	3	44.52	46.40	FOUL	37.66	45.41	FOUL
6	56	Lester, Sam	FR	Central Washington	45.99m	150' 11"	2	45.99	44.38	FOUL	45.23	43.52	FOUL
7	58	Moore, Dorothy	JR	Central Washington	45.90m	150' 7.25"	1	FOUL	45.75	FOUL	45.90	42.47	FOUL
8	66	Youngers, Amanda	JR	Central Washington	44.83m	147' 1.25"		FOUL	FOUL	44.83			
9	154	Novikoff, Kahili	FR	Saint Martins	42.52m	139' 6.25"		FOUL	39.43	42.52			

**Women's Javelin**

GNAC Championship: Monika Gruszecki Western Washington 47.83m 2011

GNAC: Bethany Drake Western Washington 51.66m 2014

McArthur Field: Kelsey Stellick Oregon 51.26m 1995

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts					
1	159	Walker, Kathryn	SO	Saint Martins	45.19m	148' 3.50"	10	40.70	44.21	43.88	42.40	45.19	41.12
2	300	Reichert, Katie	JR	Western Washington	44.43m	145' 9.50"	8	FOUL	FOUL	44.43	42.56	FOUL	42.96
3	262	Short, Amanda	FR	Western Oregon	44.12m	144' 9.25"	6	41.61	38.13	39.81	42.14	FOUL	44.12
4	255	Limas De La Cruz, Sheila	FR	Western Oregon	44.04m	144' 6.25"	5	37.72	36.99	42.51	39.14	44.04	43.73
5	211	Byer, Selina	JR	Simon Fraser	41.79m	137' 1.50"	4	38.59	38.91	39.92	36.99	40.10	41.79
6	185	Farner, Michaela	SR	Seattle Pacific	40.81m	133' 11"	3	40.61	40.30	37.68	37.59	40.81	37.88
7	118	Forza, AnnaMarie	JR	Northwest Nazarene	39.80m	130' 7.25"	2	39.80	37.00	FOUL	FOUL	38.43	38.63
8	65	Whistocken, Angelique	FR	Central Washington	39.05m	128' 1.75"	1	36.99	37.15	39.05	36.87	FOUL	FOUL
9	50	Greve, Rachel	FR	Central Washington	38.51m	126' 4.50"		32.99	33.95	38.51	34.10	36.18	34.07
10	57	Lombard-Chappell, Sayana	FR	Central Washington	38.25m	125' 6.25"		38.25	36.03	32.35			
11	59	Nelson, Megan	JR	Central Washington	37.71m	123' 9"		37.71	FOUL	FOUL			
12	149	Avalos, Deanna	FR	Saint Martins	37.56m	123' 3"		37.02	37.56	37.00			

**Heptathlon**

GNAC Championship: Ali Worthen Seattle Pacific 5390 2013

GNAC: Danielle Ayers-Stamper Seattle Pacific 5606 2005

PL	Athlete	Pts	100m H	HJ	SP	200m	LJ	JT	800m
1	Anders, Karolin Alaska Anchorage Team Points: 10	5162	15.50 (777)	1.70m 5' 7" (855)	11.77m 38' 7.50" (646)	26.05 (793)	5.58m w:2.8 (723)	34.85m 114' 4.25" (569)	2:21.81 (799)
2	Lloyd, Haleigh Alaska Anchorage Team Points: 8	4589	14.99 (843)	1.58m 5' 2.25" (712)	8.75m 28' 8.50" (448)	26.27 (774)	5.17m w:2.1 (606)	20.71m 67' 11.50" (302)	2:14.20 (904)
3	Luquin, Maliea Seattle Pacific Team Points: 6	4584	14.81 (867)	1.55m 5' 1" (678)	8.88m 29' 1.75" (456)	26.24 (776)	5.34m w:1.1 (654)	22.37m 73' 5" (333)	2:20.24 (820)

4	Smith, Rosie Alaska Anchorage Team Points: 5	4559	14.33 (932)	1.46m 4' 9.50" (577)	9.71m 31' 10.25" (510)	25.69 (824)	4.94m w:1.4 (543)	27.81m 91' 3.25" (435)	2:26.42 (738)
5	Greninger, Kaylie Western Washington Team Points: 4	4430	15.54 (772)	1.40m 4' 7" (512)	10.65m 34' 11.25" (572)	26.55 (750)	4.95m w:3.9 (546)	31.61m 103' 8.75" (507)	2:23.93 (771)
6	Hommel, Maddi Seattle Pacific Team Points: 3	4381	16.77 (623)	1.55m 5' 1" (678)	9.74m 31' 11.50" (512)	27.12 (702)	4.60m 15' 1.25" (454)	37.27m 122' 3.50" (615)	2:21.97 (797)
7	Ortega, HarLee Central Washington Team Points: 2	4182	16.24 (685)	1.58m 5' 2.25" (712)	9.03m 29' 7.50" (466)	27.74 (651)	5.13m w:1.7 (595)	27.64m 90' 8.50" (432)	2:34.20 (641)
8	Moore, Sam Western Oregon Team Points: 1	4048	16.82 (617)	1.49m 4' 10.50" (610)	10.71m 35' 1.75" (576)	28.15 (619)	4.95m w:1.9 (546)	31.36m 102' 11" (502)	2:39.55 (578)
9	Warren, Kawena Northwest Nazarene	3996	16.04 (709)	1.55m 5' 1" (678)	10.11m 33' 2" (537)	28.18 (617)	4.68m w:2.6 (474)	30.89m 101' 4.50" (493)	2:47.66 (488)
10	Dyk, Janessa Northwest Nazarene	3704	16.86 (612)	1.40m 4' 7" (512)	8.69m 28' 6.25" (444)	29.30 (532)	4.89m w:2.5 (530)	22.46m 73' 8.50" (335)	2:26.35 (739)
11	Vasina, Viktoriya Central Washington	3408	17.31 (562)	1.37m 4' 6" (481)	7.57m 24' 10" (372)	26.92 (718)	4.40m w:0.8 (403)	19.32m 63' 5" (276)	2:37.99 (596)

**Heptathlon #1 100m Hurdle**

GNAC Championship: Danielle Ayers-Stamper Seattle Pacific 13.82 2005

GNAC: Danielle Ayers-Stamper Seattle Pacific 13.70 2005

McArthur Field: Haleigh Lloyd Alaska Anchorage 14.23 2012

PL	#	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	14	Smith, Rosie	JR	Alaska Anchorage	14.33	932	3(1)
2	191	Luquin, Maliea	JR	Seattle Pacific	14.81	867	3(2)
3	10	Lloyd, Haleigh	SR	Alaska Anchorage	14.99	843	3(3)
4	1	Anders, Karolin	JR	Alaska Anchorage	15.50	777	3(4)
5	285	Greninger, Kaylie	SO	Western Washington	15.54	772	1(1)
6	131	Warren, Kawena	FR	Northwest Nazarene	16.04	709	2(1)
7	60	Ortega, HarLee	FR	Central Washington	16.24	685	2(2)
8	186	Hommel, Maddi	SO	Seattle Pacific	16.77	623	1(2)
9	256	Moore, Sam	JR	Western Oregon	16.82	617	2(3)
10	116	Dyk, Janessa	SO	Northwest Nazarene	16.86	612	2(4)
11		Vasina, Viktoriya	FR	Central Washington	17.31	562	1(3)

**Heptathlon #1 100m Hurdle Heat 1 of 3**

PL	#	Athlete	Yr.	Team	Final	Pts
1	285	Greninger, Kaylie	SO	Western Washington	15.54	772
2	186	Hommel, Maddi	SO	Seattle Pacific	16.77	623
3		Vasina, Viktoriya	FR	Central Washington	17.31	562



PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts		
1	1	Anders, Karolin	JR	Alaska Anchorage	11.77m	38' 7.50"	646	11.00	11.03	11.77
2	256	Moore, Sam	JR	Western Oregon	10.71m	35' 1.75"	576	10.64	10.31	10.71
3	285	Greninger, Kaylie	SO	Western Washington	10.65m	34' 11.25"	572	10.65	9.84	9.74
4	131	Warren, Kawena	FR	Northwest Nazarene	10.11m	33' 2"	537	8.74	10.06	10.11
5	186	Hommes, Maddi	SO	Seattle Pacific	9.74m	31' 11.50"	512	9.44	9.74	9.38
6	14	Smith, Rosie	JR	Alaska Anchorage	9.71m	31' 10.25"	510	9.71	9.48	9.22
7	60	Ortega, HarLee	FR	Central Washington	9.03m	29' 7.50"	466	8.89	9.03	8.82
8	191	Luquin, Maliea	JR	Seattle Pacific	8.88m	29' 1.75"	456	8.88	8.31	8.72
9	10	Lloyd, Haleigh	SR	Alaska Anchorage	8.75m	28' 8.50"	448	8.69	8.25	8.75
10	116	Dyk, Janessa	SO	Northwest Nazarene	8.69m	28' 6.25"	444	8.68	8.69	8.38
11		Vasina, Viktoriya	FR	Central Washington	7.57m	24' 10"	372	7.57	7.51	7.47

### Heptathlon #4 200 Meters

GNAC Championship: Grace Morgan Alaska Anchorage 24.30 2013

GNAC: NyEma Sims Seattle Pacific 23.99 2007

McArthur Field: Grace Morgan Alaska Anchorage 24.61 2012

PL	#	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	14	Smith, Rosie	JR	Alaska Anchorage	25.69	824	2(1)
2	1	Anders, Karolin	JR	Alaska Anchorage	26.05	793	2(2)
3	191	Luquin, Maliea	JR	Seattle Pacific	26.24	776	2(3)
4	10	Lloyd, Haleigh	SR	Alaska Anchorage	26.27	774	1(1)
5	285	Greninger, Kaylie	SO	Western Washington	26.55	750	1(2)
6		Vasina, Viktoriya	FR	Central Washington	26.92	718	2(4)
7	186	Hommes, Maddi	SO	Seattle Pacific	27.12	702	2(5)
8	60	Ortega, HarLee	FR	Central Washington	27.74	651	2(6)
9	256	Moore, Sam	JR	Western Oregon	28.15	619	1(3)
10	131	Warren, Kawena	FR	Northwest Nazarene	28.18	617	1(4)
11	116	Dyk, Janessa	SO	Northwest Nazarene	29.30	532	1(5)

### Heptathlon #4 200 Meters Heat 1 of 2

PL	#	Athlete	Yr.	Team	Final	Pts
1	10	Lloyd, Haleigh	SR	Alaska Anchorage	26.27	774
2	285	Greninger, Kaylie	SO	Western Washington	26.55	750
3	256	Moore, Sam	JR	Western Oregon	28.15	619
4	131	Warren, Kawena	FR	Northwest Nazarene	28.18	617
5	116	Dyk, Janessa	SO	Northwest Nazarene	29.30	532

### Heptathlon #4 200 Meters Heat 2 of 2

PL	#	Athlete	Yr.	Team	Final	Pts
1	14	Smith, Rosie	JR	Alaska Anchorage	25.69	824
2	1	Anders, Karolin	JR	Alaska Anchorage	26.05	793
3	191	Luquin, Maliea	JR	Seattle Pacific	26.24	776
4		Vasina, Viktoriya	FR	Central Washington	26.92	718
5	186	Hommes, Maddi	SO	Seattle Pacific	27.12	702
6	60	Ortega, HarLee	FR	Central Washington	27.74	651

### Heptathlon #5 Long Jump

GNAC Championship: Ali Worthen Seattle Pacific 5.99m 2013

GNAC: Stephanie Huffman Seattle Pacific 5.99m 2002

McArthur Field: Julie Bright 5.86m 1996

PL	#	Athlete	Yr.	Team	Final	Wind	English	Pts	Attempts		
1	1	Anders, Karolin	JR	Alaska Anchorage	5.58m	2.8	18' 3.75"	723	5.57	5.58	5.38
									w:-0.5	w:2.8	w:1.9
2	191	Luquin, Maliea	JR	Seattle Pacific	5.34m	1.1	17' 6.25"	654	5.34	FOUL	5.15
									w:1.1	w:2.6	

3	10	Lloyd, Haleigh	SR	Alaska Anchorage	5.17m	2.1	16' 11.50"	606	5.16	5.17	5.09
									w:0.8	w:2.1	w:1.9
4	60	Ortega, HarLee	FR	Central Washington	5.13m	1.7	16' 10"	595	5.13	5.00	FOUL
									w:1.7	w:0.8	
5	256	Moore, Sam	JR	Western Oregon	4.95m	1.9	16' 3"	546	4.59	4.72	4.95
									w:0.4	w:1.2	w:1.9
5	285	Greninger, Kaylie	SO	Western Washington	4.95m	3.9	16' 3"	546	4.88	FOUL	4.95
									w:1	w:3.9	
7	14	Smith, Rosie	JR	Alaska Anchorage	4.94m	1.4	16' 2.50"	543	4.76	FOUL	4.94
									w:0.5	w:1.4	
8	116	Dyk, Janessa	SO	Northwest Nazarene	4.89m	2.5	16' 0.50"	530	4.67	4.89	4.49
									w:0.8	w:2.5	w:0.8
9	131	Warren, Kawena	FR	Northwest Nazarene	4.68m	2.6	15' 4.25"	474	4.26	4.41	4.68
									w:0	w:1.1	w:2.6
10	186	Hommel, Maddi	SO	Seattle Pacific	4.60m		15' 1.25"	454	4.60	FOUL	4.18
									w:0	w:2.9	
11		Vasina, Viktoriya	FR	Central Washington	4.40m	0.8	14' 5.25"	403	4.35	4.40	1.32
									w:0.5	w:0.8	w:2.9

### Heptathlon #6 Javelin

GNAC Championship: Monika Gruszecki Western Washington 47.83m 2011

GNAC: Bethany Drake Western Washington 51.66m 2014

McArthur Field: Kelsey Stellick Oregon 51.26m 1995

PL	#	Athlete	Yr.	Team	Final	English	Pts	Attempts		
1	186	Hommel, Maddi	SO	Seattle Pacific	37.27m	122' 3.50"	615	37.27	30.18	35.27
2	1	Anders, Karolin	JR	Alaska Anchorage	34.85m	114' 4.25"	569	34.85	FOUL	34.81
3	285	Greninger, Kaylie	SO	Western Washington	31.61m	103' 8.75"	507	25.34	23.22	31.61
4	256	Moore, Sam	JR	Western Oregon	31.36m	102' 11"	502	28.86	29.34	31.36
5	131	Warren, Kawena	FR	Northwest Nazarene	30.89m	101' 4.50"	493	30.89	28.48	27.76
6	14	Smith, Rosie	JR	Alaska Anchorage	27.81m	91' 3.25"	435	27.81	19.32	23.70
7	60	Ortega, HarLee	FR	Central Washington	27.64m	90' 8.50"	432	27.64	26.91	22.42
8	116	Dyk, Janessa	SO	Northwest Nazarene	22.46m	73' 8.50"	335	22.46	FOUL	22.26
9	191	Luquin, Maliea	JR	Seattle Pacific	22.37m	73' 5"	333	FOUL	22.37	FOUL
10	10	Lloyd, Haleigh	SR	Alaska Anchorage	20.71m	67' 11.50"	302	18.70	18.94	20.71
11		Vasina, Viktoriya	FR	Central Washington	19.32m	63' 5"	276	19.32	19.12	17.01

### Heptathlon #7 800 Meters

GNAC Championship: Jessica Pixler Seattle Pacific 2:06.38 2010

GNAC: Helen Crofts Simon Fraser 2:02.10 2013

McArthur Field: Jessica Pixler Seattle Pacific 2:06.38 2010

PL	#	Athlete	Yr.	Team	Final	Pts
1	10	Lloyd, Haleigh	SR	Alaska Anchorage	2:14.20	904
2	191	Luquin, Maliea	JR	Seattle Pacific	2:20.24	820
3	1	Anders, Karolin	JR	Alaska Anchorage	2:21.81	799
4	186	Hommel, Maddi	SO	Seattle Pacific	2:21.97	797
5	285	Greninger, Kaylie	SO	Western Washington	2:23.93	771
6	116	Dyk, Janessa	SO	Northwest Nazarene	2:26.35	739
7	14	Smith, Rosie	JR	Alaska Anchorage	2:26.42	738
8	60	Ortega, HarLee	FR	Central Washington	2:34.20	641
9		Vasina, Viktoriya	FR	Central Washington	2:37.99	596
10	256	Moore, Sam	JR	Western Oregon	2:39.55	578
11	131	Warren, Kawena	FR	Northwest Nazarene	2:47.66	488