



Sept. 11, 2019 • Week 2  
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## GNAC Cross Country At A Glance

### THIS WEEK'S MEETS

#### Fri., Sept. 13

Montana State Billings at Pioneer Preview, 1 p.m., Billings, Mont.  
 Northwest Nazarene at Eastern Oregon Invitational, 5:30 p.m., La Grande, Ore.

#### Sat., Sept. 14

Simon Fraser at UC Riverside Invitational, 7:30 a.m., Riverside, Calif.  
 Central Washington, Saint Martin's, Seattle Pacific, Western Washington at CWU Invitational/  
 Apple Ridge Run, 11 a.m., Yakima, Wash.

### LAST WEEK'S MEETS

#### Fri., Sept. 6

##### CSI Invitational

##### at Twin Falls Country Club, Twin Falls, Idaho

**Men (7,000m):** Weber State 17, Southern Idaho 60, Northwest Nazarene 66, Westminster (Utah) 108.  
**Top 5 Finishers:** 1, Tyson Green, WSU, 22:15.24. 2, Jacob Stone, Unattached, 22:15.75. 3, Dallin Leatham, WSU, 22:15.76. 4, Taylor Dillon, WSU, 22:15.85. 5, Jordan Cross, WSU, 22:18.17.

**Top 5 GNAC Finishers:** 6, Godfrey Kemboi, NNU, 22:25.18. 7, Tyler Shea, NNU, 22:26.79. 22, Treysen Conley, NNU, 23:50.77. 23, Brett Bergley, NNU, 23:51.51. 31, Brodie Dick, NNU, 24:58.18.

**Women (5,000m):** Weber State 24, Utah 33, Northwest Nazarene 96, Southern Idaho 109, Westminster (Utah) 132.

**Top 5 Finishers:** 1, Lexie Thompson, WSU, 18:03.72. 2, Abby Lawrence, WSU, 18:25.74. 3, Trina Moreno, Utah, 18:28.56. 4, Summer Allen, WSU, 18:32.71. 5, Laurie Murphy, WSU, 18:45.82.

**Top 5 GNAC Finishers:** 19, Bethany Danner, NNU, 19:39.17. 20, Annalisa Hamilton, NNU, 19:42.25. 27, Kalen Johnson, NNU, 20:23.33. 28, Sierra Manzer, NNU, 20:24.52. 32, Julia LaMar, NNU, 20:41.17.

##### Ash Creek Invitational

##### at Ash Creek Preserve, Monmouth, Ore.

**Men (6,000m):** Oregon 15, Lane CC 98, George Fox 129, Lewis & Clark 159, Corban 173, Willamette 192, Northwest Christian 199, Alaska 202, Walla Walla 217, Concordia 238, Western Oregon 253, Clark CC 289, Clackamas CC 333, Linfield 344, Umpqua CC 386.

**Top 5 Finishers:** 1, Lucky Schreiner, UO, 17:52.3. 2, Jackson Mestler, UO, 17:52.9. 3, Noah Affolder, UO, 17:55.6. 4, Carter Christman, UO, 18:01.2. 5, Charlie Hunter, UO, 18:10.3.

**Top 5 GNAC Finishers:** 22, Mike Ophoff, UAF, 19:20.6. 25, Josh Scheetz, CU, 19:33.2. 27, Bryce Mefford, WOU, 19:39.8. 28, Curt Knott, WOU, 19:41.4. 34, Logan Mowry, UAF, 19:49.8.

**Women (4,000m):** Oregon 16, Western Oregon 90, Willamette 117, Alaska 131, Lane CC 139, Linfield 189, Northwest Christian 196, Lewis & Clark 197, George Fox 200, Corban 203, Concordia 230, Umpqua CC 356.

**Top 5 Finishers:** 1, Susan Ejore, UO, 14:27.4. 2, Taylor Chiotti, UO, 14:31.7. 3, Moira O'Shea, UO, 14:33.3. 4, Philippa Bowden, UO, 14:41.7. 5, Anika Rasubala, NCU, 15:13.6.

**Top 5 GNAC Finishers:** 11, Kaylin Cantu, WOU, 15:41.7. 12, Alexandra Bergholtz, UAF, 15:43.9. 15, Cassie McKinney, WOU, 16:00.1. 17, Olivia Jimenez, WOU, 16:18.0. 18, Anja Majjala, UAF, 16:18.8.

#### Sat., Sept. 7

##### SD Mines Hardrocker XC Classic

##### at Robbinsdale Park, Rapid City, S.D.

**Men (8,000m):** South Dakota Mines 17, Montana State Billings 57, Chadron State 66, Valley City State 105, Trinity Bible 132.

**Top 5 Finishers:** 1, Dylan Stansbury, Unattached, 27:50.74. 2, Ryan Moen, SDM, 28:17.74. 3, Anders Watt, SDM, 28:19.84. 4, Joel Haas, SDM, 28:22.68. 5, Jesse Jaramillo, CSC, 28:28.08.

**Top 5 GNAC Finishers:** 13, Ase Ackerman, MSUB, 29:21.68. 14, Logan Straus, MSUB, 29:26.34. 17, Bryant Edgerton, MSUB, 29:48.37. 18, Ronald Venema, MSUB, 30:00.52. 21, Peder Rickbeil, MSUB, 31:11.34.

**Women (5,000m):** Chadron State 34, South Dakota Mines 39, Montana State Billings 69, Valley City State 73.

**Top 5 Finishers:** 1, Nikki Aiken, MSUB, 21:25.40. 2, Madison Watson, CSC, 21:30.74. 3, Adeline Wilson, SDM, 21:33.27. 4, Emma Willadsen, CSC, 21:37.58. 5, Jordan Jones, CSC, 21:45.18.

**Other Top GNAC Finishers:** 14, Kailee Stoppel, MSUB, 23:17.11. 17, Sierra Durbin, MSUB, 24:30.93. 21, Miranda Livingston, MSUB, 25:36.27. 24, Rachel Hiner, MSUB, 26:25.08.

## #GNACXC in 280

### @GNACSports

**#BigSting** Montana State Billings' **Nikki Aiken** was named the GNAC Women's Cross Country Athlete of the Week after winning the South Dakota Mines Hardrocker Classic in a time of 21:25.40.

**#NighthawkSoars** Northwest Nazarene's **Godfrey Kemboi** earned GNAC Men's Cross Country Athlete of the Week honors after he placed sixth at the CSI Invitational in 22:25.18. He was the top non-Division I finisher.

**#Top10Power** The GNAC landed three teams in the top-10 of the USTFCCA Division II Women's Preseason Coaches Poll. Alaska Anchorage is ranked No. 7, Simon Fraser is ranked No. 8 and Seattle Pacific is ranked No. 9.

**#TeamsToBeat** Seattle Pacific's women is the top-ranked team by coaches in the GNAC Cross Country Preseason Poll. Alaska Anchorage was picked to win in the men's poll.

## Get Social

### Twitter Accounts/Hashtags For GNAC Cross Country Programs

GNAC	@GNACSports	#GNACXC
Alaska	@AlaskaNanooks	#NanookNation
Alaska Anchorage	@UAASeawolves	#UAASeawolves
Cent. Washington	@CWUathletics	#ReignCrimson
Concordia	@gocugo	#gocugoxc
MSU Billings	@MSUBSports	#MSUBXC
NW Nazarene	@NNUSports	
Saint Martin's	@SMUSaints	#SaintsStrong
Seattle Pacific	@SPUFalcons	#gofalcs
Simon Fraser	@SFUClan	#RepTheLeaf
W. Oregon	@WOUWolves	#WOUXCTF
W. Washington	@WWUathletics	#BeVIKtorious



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# GNAC Cross Country Athletes of the Week



## MEN

**Godfrey Kemboi, Northwest Nazarene**  
Senior • Iten, Kenya

Kemboi opened the season by placing sixth at the CSI Classic on Friday, covering the 7,000 meters in a time of 22:15.18. He averaged 5:09 per mile. The top non-Division I athlete in the race, Kemboi was just 10 seconds behind winner Tyson Green of Weber State.

**Also Nominated:** Josh Scheetz (Concordia), Ase Ackerman (Montana State Billings), Bryce Mefford (Western Oregon).



## WOMEN

**Nikki Aiken, Montana State Billings**  
Senior • Belgrade, Mont.

Aiken picked up her first career win and the first for an MSUB female athlete since 2014 at the South Dakota Mines Hardrocker Classic. She finished in a time of 21:25.40 over a hilly 5,000-meter course and led the Yellowjackets to a third-place finish.

**Also Nominated:** Gabby Hobson (Concordia), Bethany Danner (Northwest Nazarene), Caylin Cantu (Western Oregon).

## Past GNAC Athletes of the Week

Date	Men	Women
Aug. 26 - Sept. 1	Wesley Kirui, UAA	Emmah Chelimo, UAA
Sept. 2-8	Godfrey Kemboi, NNU	Nikki Aiken, MSUB

Complete Player of the Week releases are available online at [GNACSports.com](http://GNACSports.com).

## GNAC News & Notes

**A FIRST TIME FOR EVERYTHING:** It has been five years since a Montana State Billings female athlete won a race, but senior **Nikki Aiken** put an end to that streak on Saturday.

Aiken opened the season with a win at the South Dakota Mines Hardrocker Classic, covering the 5,000-meter course in a time of 21:25.40. She was five seconds faster than the second-place runner, Madison Watson of Chadron State. The victory earned Aiken selection as the GNAC Women's Cross Country Athlete of the Week.

In winning the race, Aiken became the first Yellowjackets' women's winner since Nocona Frame won the Black Hills State Early Bird meet on Oct. 18, 2014. Aiken is just the third MSUB women's athlete to win a race in the school's GNAC era.

**KEMBOI CRUISES:** Northwest Nazarene's **Godfrey Kemboi** opened his senior season strong, leading the Nighthawks at the College of Southern Idaho Invitational.

Kemboi was named the GNAC Men's Cross Country Athlete of the Week for his sixth-place finish, covering the 7,000-meter course in a time of 22:25.18. He was the top non-Division I athlete to cross the line. Kemboi was pushed, however, by teammate Tyler Shea who clocked 22:26.79 to place seventh.

**WINNER'S CIRCLE:** The following GNAC athletes have picked up cross country victories during the 2019 season...

## MEN

Wesley Kirui, UAA (Blue & Gold Run Fest, Aug. 31, 21:59.68, 7,000m).

## WOMEN

Nikki Aiken, MSUB (SD Mines Hardrocker Classic, Sept. 7, 21:25.40, 5,000m)  
Emmah Chelimo, UAA (Blue & Gold Run Fest, Aug. 31, 18:33.12, 5,000m)

**TOP-10 LIST:** The GNAC opened the season with three of its women's teams ranked in the top-10 of the USTFCCCA Division II Coaches Preseason Poll. Defending GNAC and West Region champion Alaska Anchorage leads the way with a No. 7 ranking. Simon Fraser is ranked No. 8 while Seattle Pacific opens at No. 9. The GNAC is one of two conferences with three teams in the preseason women's poll (the RMAC is the other). Western Washington joins the trio in the top-25, opening the season at No. 17.

**MEN'S RANKINGS:** Simon Fraser leads three GNAC men's teams to earn rankings in the USTFCCCA Division II Coaches Preseason Poll. The Clan opens the season at No. 13. Alaska Anchorage is ranked No. 17 while Western Washington opens the year at No. 24.

**CHAMPIONSHIP SCHEDULE:** For the first time, the GNAC Championships will head east of the Rocky Mountains to Billings, Montana. The conference meet will be held on Saturday, Oct. 26, at Amend Park and is hosted by Montana State Billings. The course is familiar to GNAC teams, though, having hosted the NCAA West Regional Championships in 2014, 2016 and 2018. Western Oregon's Ash Creek Preserve, which hosted last year's GNAC Championships, will be the site of the NCAA West Regional Championships on Saturday, Nov. 9.

# Around The GNAC

## ALASKA



• One of two GNAC to compete in back-to-back weeks to open the season, Alaska succeeded in a fourth-place women's finish and an eighth-place men's finish at the Ash Creek Invitational.

• The Nanooks' women were the top placer out of three competing GNAC teams, scoring 131 points. Senior **Alex Bergholtz** was the No. 2 finishing runner from the GNAC, placing 12th in a time of 15:43.9 over 4,000 meters.

• Sophomore **Anja Maijala** and freshman **Noelle Resignolo** also scored top-20 finishes. Maijala finished 18th in a time of 16:18.8 while Resignolo was 19th in a time of 16:19.3.

• The UAF men also placed first among GNAC teams in the meet with a score of 202 points. Freshman **Mike Ophoff** led all conference runners in the race, placing 22nd in a time of 19:39.8 over 6,000 meters.

• Junior **Logan Mowry** placed 34th in a time of 19:49.8 while sophomore **Zephan Ozturgut** finished 41st in a time of 20:01.8.

• Alaska will sit out the weekend of competition before returning to Monmouth for the Sundowner Invitational on Fri., Sept. 20.

## ALASKA ANCHORAGE



• The Seawolves opened the season with a pair of team victories in a dual with Alaska on Saturday at the Blue & Gold Run Fest in Fairbanks on Aug. 31. Alaska Anchorage does not compete again until the Division II Pre-Nationals Meet in Sacramento on Sat., Sept. 21.

• Senior **Emmah Chelimo** won her fifth race in a UAA uniform as she covered the 5,000-meter course in a time of 18:33.12. The victory earned Chelimo selection as the GNAC Women's Cross Country Athlete of the Week on Sept. 3.

• Junior **Nancy Jeptoo** was right with Chelimo, placing second in a time of 18:33.89. Senior **Yvonne Jeschke** placed third in a time of 19:36.

• Junior **Wesley Kirui** was the winner in the men's 7,000-meter race, finishing in a time of 21:59.68. It was the fourth individual win in a UAA singlet for Kirui, who was named the GNAC Men's Cross Country Athlete of the Week on Sept. 3.

• Junior **Felix Kemboi** placed second for the Seawolves in a time of 22:11.15 while **Nickson Koech** placed third in a time of 22:57.16.

• The Alaska Anchorage women lead three GNAC teams in the top-10 of the USTFCCA Division II Preseason Coaches Poll, entering the season at No. 7. The UAA men enter the season ranked No. 17.

## CENTRAL WASHINGTON



• Central Washington will not open its season until Saturday, Sept. 14, when it hosts the CWU Invitational and Apple Ridge Run in Yakima, Washington.

• The Wildcats' women enter the season ranked No. 7 in the USTFCCA West Region rankings.

## CONCORDIA



• Concordia opened the 2019 season in Monmouth last Friday at the Ash Creek Invitational. The Cavaliers' men placed 10th with a score of 238 points while the women placed 11th with a score of 230 points.

• Freshman **Josh Scheetz** was the top finisher for the Cavaliers in either race, finishing 25th on the men's 6,000-meter course in a time of 19:33.2. Freshman **Ethan Tucey** was the No. 2 finisher, placing 39th in a time of 19:58.2.

• Senior **Gabrielle Hobson** was the top women's placer, coming in 32nd with a time of 16:36.9 over 4,000 meters. Freshman **Cheyenne Abbott** was 43rd in 17:01.2 while freshman **Abby Burton** was 44th in 17:02.5.

• Concordia will be off this coming weekend and will return to Monmouth on Fri., Sept. 20, to compete in the Sundowner Invitational.

## MONTANA STATE BILLINGS



• Senior **Nikki Aiken** picked up her first collegiate race victory and the men's team placed second as Montana State Billings opened the season on Saturday at the South Dakota Mines Hardrocker Classic.

• Aiken was named the GNAC Women's Cross Country Athlete of the Week for her victory, which was the first for an

MSUB women's cross country runner since 2014. She covered the 5,000-meter course in 21:45.40, finishing five seconds ahead of second-place Madison Watson of Chadron State.

• The Yellowjackets' men scored 57 points en-route to their second-place team finish. Sophomore **Ase Ackerman** led the way as he placed 13th in a time of 29:21.68 over 8,000 meters. Sophomore **Logan Straus** was five seconds behind, placing 14th in a time of 26:26.34.

• Montana State Billings will compete close to home on Friday, competing in the Frontier Preview at Amend Park, the site of the GNAC Cross Country Championships. The meet is being hosted by neighboring Rocky Mountain College.

## NORTHWEST NAZARENE



• A pair of top-10 individual finishes in the men's race led Northwest Nazarene in its season-opening race, the College of Southern Idaho Classic in Twin Falls on Friday.

• Senior **Godfrey Kemboi** was named the GNAC Men's Cross Country Athlete of the Week for his sixth-place finish. The top-placing non-Division I finisher, Kemboi covered the 7,000-meter course in a time of 22:25.18.

• Sophomore **Tyler Shea** followed right behind Kemboi, placing seventh in a time of 22:26.79.

• Senior **Bethany Danner** was the top NNU women's finisher. She covered the 5,000-meter course in a time of 19:39.17, placing 19th. Junior **Annalisa Hamilton** finished 20th in a time of 19:42.25.

• Both the Nighthawks' men and women placed third in the team competitions. The men finished with a score of 66 points while the women finished with 96 points.

• Northwest Nazarene travels to La Grande, Oregon on Friday to compete in the Eastern Oregon Invitational.

# Around The GNAC

## SAINT MARTIN'S



• Saint Martin's will open its season on Sat., Sept. 14, when it competes at the CWU Invitational & Apple Ridge Run in Yakima, Washington.

## SEATTLE PACIFIC



• Seattle Pacific will open its season on Sat., Sept. 21, competing at the PLU Invitational in Tacoma, Washington.

• The SPU women are one of three GNAC teams in the top-10 of the USTFCCCA Division II Coaches Preseason Poll, opening the season ranked No. 9.

## SIMON FRASER



• Simon Fraser will open the 2019 season on Sat., Sept. 14, with runners competing in two meets. The Clan will travel to both Riverside, California for the UC Riverside Invitational, and to Ellensburg for the CWU Invitational/Apple Ridge Run.

• The Simon Fraser women are one of three teams ranked in the top-10 of the USTFCCCA Division II Preseason Poll, opening the year at No. 8.

• The Clan is the highest ranked GNAC men's team in the USTFCCCA Preseason Coaches Poll, opening at No. 13.

## WESTERN OREGON



• Western Oregon's second-place finish in the women's team competition proved the highlight in the first of three home meets this season, the Ash Creek Invitational.

• The Wolves' women scored 90 points to finish 27 points ahead of Willamette. Oregon won with a near-perfect score of 16 points. Sophomore **Kaylin Cantu** led the way, placing

10th with a time of 16:00.1 over the 4,000-meter course.

• Senior **Cassie McKinney** also had a top-20 finish, placing 15th in a time of 16:18.0. Freshman **Jillian Green** just missed the top-20, placing 22nd in a time of 16:18.

• Western Oregon's men placed 11th with a score of 253 points. Freshman **Bryce Mefford** led the Wolves as he placed 27th in a time of 19:39.8 over 6,000 meters. Junior **Curt Knott** was 28th in a time of 19:41.4.

• Western Oregon is off the course this weekend before returning to Ash Creek on Fri., Sept. 20, hosting the Sundowner Invitational.

## WESTERN WASHINGTON



• Western Washington will open the season on Saturday, Sept. 14, competing at the CWU Invitational & Apple Ridge Run in Ellensburg, Washington.

• Both the Western Washington men and women earned rankings in the USTFCCCA Division II Preseason Polls. The Vikings' women are ranked No. 17 while the men are ranked No. 24.

# Men's Regional & National Polls

## GNAC MEN'S TEAMS IN THE USTFCCCA POLLS

National	UAA	SFU	WWU
Preseason	17th	13th	24th

NR - Not ranked in top-25, but is among others receiving votes.

West Region	UAA	SFU	WOU	WWU
Preseason	3rd	2nd	8th	5th

## USTFCCCA DIVISION II COACHES POLL

Preseason - Aug. 28, 2019

Rk	School (1st)	Pts.	2018
1.	Grand Valley State (6)	197	1
2.	Western Colorado (1)	191	3
3.	Colorado Mines (1)	186	2
4.	Chico State	173	7
5.	Adams State	172	4
6.	Missouri Southern	158	11
7.	Sioux Falls	149	5
8.	Saginaw Valley State	145	6
9.	Augustana (S.D.)	133	10
10.	UC-Colorado Springs	121	12
11.	Southern Indiana	119	19
12.	Queens (N.C.)	106	9
13.	<b>Simon Fraser</b>	<b>101</b>	<b>14</b>
14.	West Texas A&M	97	15
15.	Charleston (W. Va.)	86	22
16.	Lee (Tenn.)	78	23
17.	<b>Alaska Anchorage</b>	<b>74</b>	<b>8</b>
18.	Stonehill	63	21
19.	Mount Olive	60	13
20.	Michigan Tech	50	NR
21.	Black Hills State	42	16
22.	Walsh	33	18
23.	Cal Poly Pomona	26	25
24.	<b>Western Washington</b>	<b>11</b>	<b>26</b>
25.	Edinboro	10	31

[View Complete Poll Online](#)

## USTFCCCA WEST REGION POLL

Preseason - Aug. 27, 2019

Rk	School	Conf.	2018
1.	Chico State	CCAA	1
2.	<b>Simon Fraser</b>	<b>GNAC</b>	<b>2</b>
3.	<b>Alaska Anchorage</b>	<b>GNAC</b>	<b>3</b>
4.	Cal Poly Pomona	PacWest	4
5.	<b>Western Washington</b>	<b>GNAC</b>	<b>5</b>
6.	Biola	PacWest	NR
7.	Cal State San Marcos	CCAA	7
8.	<b>Western Oregon</b>	<b>GNAC</b>	<b>6</b>
9.	Stanislaus State	CCAA	8
10.	UC San Diego	CCAA	9

[View Complete Regional Polls Online](#)

# Women's Regional & National Polls

## GNAC WOMEN'S TEAMS IN THE USTFCCCA POLLS

National	UAA	SFU	SPU	WWU
Preseason	7th	8th	9th	17th

RV - Not ranked in top-25, but is among others receiving votes.

West Region	UAA	CWU	SFU	SPU	WWU
Preseason	2nd	7th	3rd	4th	5th

## USTFCCCA DIVISION II COACHES POLL

Preseason - Aug. 28, 2019

Rk	School (1st)	Pts.	2018
1.	Adams State (8)	200	3
2.	Grand Valley State	192	1
3.	Western Colorado	181	4
4.	Colorado Mines	174	5
5.	Mary	173	2
6.	Chico State	160	8
7.	<b>Alaska Anchorage</b>	<b>152</b>	<b>6</b>
8.	<b>Simon Fraser</b>	<b>143</b>	<b>9</b>
9.	<b>Seattle Pacific</b>	<b>133</b>	<b>15</b>
10.	Augustana (S.D.)	125	18
11.	Hillsdale	122	19
12.	Michigan Tech	109	7
13.	Walsh	98	12
14.	Lee (Tenn.)	96	29
15.	UC-Colorado Springs	87	11
16.	Southern Indiana	76	NR
17.	<b>Western Washington</b>	<b>71</b>	<b>20</b>
18.	Pittsburg State	62	13
19.	Wayne State (Mich.)	55	NR
20.	Queens (N.C.)	52	10
21.	Oklahoma Baptist	31	16
22.	Roberts Wesleyan	30	21
23.	Edinboro	26	23
24.	Malone	23	NR
25.	Stonehill	13	14

[View Complete Poll Online](#)

## USTFCCCA WEST REGION POLL

Preseason - Aug. 27, 2019

Rk	School	Conf.	2018
1.	Chico State	CCAA	3
2.	<b>Alaska Anchorage</b>	<b>GNAC</b>	<b>1</b>
3.	<b>Simon Fraser</b>	<b>GNAC</b>	<b>2</b>
4.	<b>Seattle Pacific</b>	<b>GNAC</b>	<b>4</b>
5.	<b>Western Washington</b>	<b>GNAC</b>	<b>5</b>
6.	Cal State San Marcos	CCAA	9
7.	<b>Central Washington</b>	<b>GNAC</b>	<b>10</b>
8.	Biola	PacWest	NR
9.	Academy of Art	PacWest	11
10.	Cal State East Bay	CCAA	15

[View Complete Regional Polls Online](#)



# 2019 GNAC Meet Summaries

**Fri., Aug. 30**

## **Linfield Harrier Classic**

**at Joe Dancer Park, McMinnville, Ore.**

**NOTE:** Exhibition race for Western Oregon

**Men (6,000m):** Portland 19, Lewis & Clark 58, Western Oregon 58 (L&C wins tiebreaker 3-2), Pacific (Ore.) 98.

**Top 5 Finishers:** 1, Jackson Baker, Unattached, 19:28.6. 2, Cameron Thompson, UP, 19:34.4. 3, Andy Muha, WOU, 19:46.0. 4, Trent Mazelli, UP, 19:48.3. 5, Matt Schumann, UP, 19:49.9.

**Other Top GNAC Runners:** 14, Zach Kanelis, WOU, 20:48.7. 15, Emmett Klus, WOU, 21:03.8. 19, Neal Cranston, WOU, 22:10.6. 20, Tyler Tenny, WOU, 23:04.9.

**Women (4,000m):** Portland 27, Pacific (Ore.) 38, Lewis & Clark 73, Western Oregon 74, Linfield 135.

**Top 5 Finishers:** 1, Ellie Misuraca, UP, 15:34.5. 2, Hannah Berdahl, PAC, 15:49.7. 3, Grace Oswin, UP, 15:50.3. 4, Ellee Becker, UP, 15:56.8. 5, Emily Bechen, UP, 16:15.1.

**Top GNAC Runners:** 10, Cassie McKinney, WOU, 16:36.3. 14, Faeryn Glasscock, WOU, 17:05.7. 19, Danel Camacho, WOU, 17:27.4. 24, Natalie Pihulak, WOU, 17:27.4. 26, Danielle Clem, WOU, 17:56.4.

**Sat., Aug. 31**

## **Blue & Gold Run Fest**

**at University of Alaska Fairbanks Trails, Fairbanks, Alaska**

**Men (7,000m):** Alaska Anchorage 17, Alaska 41.

**Top 5 Finishers:** 1, Wesley Kirui, UAA, 21:59.68. 2, Felix Kemboi, UAA, 22:11.15. 3, Nickson Koech, UAA, 22:57.16. 4, Lukash Platil, UAF, 23:36.26. 5, Jacob Moos, UAA, 23:39.59.

**Women (5,000m):** Alaska Anchorage 17, Alaska 39.

**Top 5 Finishers:** 1, Emmah Chelimo, UAA, 18:33.12. 2, Nancy Jeptoo, UAA, 18:33.89. 3, Yvonne Jeschke, UAA, 19:36.00. 4, Alexandria Bergholtz, UAF, 19:41.66. 5, Joan Kipsanai, UAA, 20:12.13.

**Fri., Sept. 6**

## **CSI Invitational**

**at Twin Falls Country Club, Twin Falls, Idaho**

**Men (7,000m):** Weber State 17, Southern Idaho 60, Northwest Nazarene 66, Westminster (Utah) 108.

**Top 5 Finishers:** 1, Tyson Green, WSU, 22:15.24. 2, Jacob Stone, Unattached, 22:15.75. 3, Dallin Leatham, WSU, 22:15.76. 4, Taylor Dillon, WSU, 22:15.85. 5, Jordan Cross, WSU, 22:18.17.

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**Women (5,000m):** Weber State 24, Utah 33, Northwest Nazarene 96, Southern Idaho 109, Westminster (Utah) 132.

**Top 5 Finishers:** 1, Lexie Thompson, WSU, 18:03.72. 2, Abby Lawrence, WSU, 18:25.74. 3, Trina Moreno, Utah, 18:28.56. 4, Summer Allen, WSU, 18:32.71. 5, Laurie Murphy, WSU, 18:45.82.

**Top 5 GNAC Finishers:** 19, Bethany Danner, NNU, 19:39.17. 20, Annalisa Hamilton, NNU, 19:42.25. 27, Kalen Johnson, NNU, 20:23.33. 28, Sierra Manzer, NNU, 20:24.52. 32, Julia LaMar, NNU, 20:41.17.

**Ash Creek Invitational**

**at Ash Creek Preserve, Monmouth, Ore.**

**Men (6,000m):** Oregon 15, Lane CC 98, George Fox 129, Lewis & Clark 159, Corban 173, Willamette 192, Northwest Christian 199, Alaska 202, Walla Walla 217, Concordia 238, Western Oregon 253, Clark CC 289, Clackamas CC 333, Linfield 344, Umpqua CC 386.

**Top 5 Finishers:** 1, Lucky Schreiner, UO, 17:52.3. 2, Jackson Mestler, UO, 17:52.9. 3, Noah Affolder, UO, 17:55.6. 4, Carter Christman, UO, 18:01.2. 5, Charlie Hunter, UO, 18:10.3.

**Top 5 GNAC Finishers:** 22, Mike Ophoff, UAF, 19:20.6. 25, Josh Scheetz, CU, 19:33.2. 27, Bryce Mefford, WOU, 19:39.8. 28, Curt Knott, WOU, 19:41.4. 34, Logan Mowry, UAF, 19:49.8.

**Women (4,000m):** Oregon 16, Western Oregon 90, Willamette 117, Alaska 131, Lane CC 139, Linfield 189, Northwest Christian 196, Lewis & Clark 197, George Fox 200, Corban 203, Concordia 230, Umpqua CC 356.

**Top 5 Finishers:** 1, Susan Ejore, UO, 14:27.4. 2, Taylor Chiotti, UO, 14:31.7. 3, Moira O'Shea, UO, 14:33.3. 4, Philippa Bowden, UO, 14:41.7. 5, Anika Rasubala, NCU, 15:13.6.

**Top 5 GNAC Finishers:** 11, Kaylin Cantu, WOU, 15:41.7. 12, Alexandra Bergholtz, UAF, 15:43.9. 15, Cassie McKinney, WOU, 16:00.1. 17, Olivia Jimenez, WOU, 16:18.0. 18, Anja Majjala, UAF, 16:18.8.

**Sat., Sept. 7**

## **SD Mines Hardrock XC Classic**

**at Robbinsdale Park, Rapid City, S.D.**

**Men (8,000m):** South Dakota Mines 17, Montana State Billings 57, Chadron State 66, Valley City State 105, Trinity Bible 132.

**Top 5 Finishers:** 1, Dylan Stansbury, Unattached, 27:50.74. 2, Ryan Moen, SDM, 28:17.74. 3, Anders Watt, SDM, 28:19.84. 4, Joel Haas, SDM, 28:22.68. 5, Jesse Jaramillo, CSC, 28:28.08.

**Top 5 GNAC Finishers:** 13, Ase Ackerman, MSUB, 29:21.68. 14, Logan Straus, MSUB, 29:26.34. 17, Bryant Edgerton, MSUB, 29:48.37. 18, Ronald Venema, MSUB, 30:00.52. 21, Peder Rickbeil, MSUB, 31:11.34.

**Women (5,000m):** Chadron State 34, South Dakota Mines 39, Montana State Billings 69, Valley City State 73.

**Top 5 Finishers:** 1, Nikki Aiken, MSUB, 21:25.40. 2, Madison Watson, CSC, 21:30.74. 3, Adeline Wilson, SDM, 21:33.27. 4, Emma Willadsen, CSC, 21:37.58. 5, Jordan Jones, CSC, 21:45.18.

**Other Top GNAC Finishers:** 14, Kailee Stoppel, MSUB, 23:17.11. 17, Sierra Durbin, MSUB, 24:30.93. 21, Miranda Livingston, MSUB, 25:36.27. 24, Rachel Hiner, MSUB, 26:25.08.