



GNAC CROSS COUNTRY COACHES RECORDS

Updated Through 2018 Season

Coach	School	Years	CONFERENCE TOP 3						REGION TOP 3					
			Men			Women			Men			Women		
			1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd
Michael Friess	Alaska Anchorage	1997-18	12	7	1	9	5	2	3	5	6	5	2	6
Bill McDonnell	Alaska	2001-03	0	0	0	0	0	0	0	0	0	0	0	0
Scott Jerome	Alaska	2004-14	0	0	0	0	0	0	0	0	0	0	0	0
Nick Crawford	Alaska	2015-18	0	0	0	0	0	0	0	0	0	0	0	0
Jarret Mantalas	Concordia	2015-18	0	0	0	0	0	0	0	0	0	0	0	0
Kevin Adkisson	Central Washington	1998-18	0	0	2	2	3	4	0	0	0	1	0	1
Dave Wells	Humboldt State	1998-03	3	1	0	2	0	1	0	1	2	0	1	0
Sandy Moran	Humboldt State	2004-05	0	0	1	0	0	0	0	0	0	0	0	0
Dave Coppock	Montana St. Billings	2007-16	0	0	1	0	0	0	0	0	0	0	0	0
Jonathan Woehl	Montana St. Billings	2017-18	0	0	0	0	0	0	0	0	0	0	0	0
Randy Dalzell	Northwest Nazarene	2000-01	1	0	0	0	0	0	0	0	0	0	0	0
John Spatz	Northwest Nazarene	2002-17	0	0	0	0	0	1	0	0	0	0	0	0
Danny Bowman	Northwest Nazarene	2018	0	0	0	0	0	0	0	0	0	0	0	0
Brad Hooper	Saint Martin's	1998-05	0	0	0	0	0	0	0	0	0	0	0	0
Julie Sullivan	Saint Martin's	2006-12	0	0	0	0	0	0	0	0	0	0	0	0
Jason McConnell	Saint Martin's	2013	0	0	0	0	0	0	0	0	0	0	0	0
Jim Brewer	Saint Martin's	2014-18	0	0	0	0	0	0	0	0	0	0	0	0
Paula Montgomery	Seattle	2001-05	0	0	0	0	0	0	0	0	0	0	0	0
Trisha Steidl	Seattle	2006-07	0	0	0	0	0	0	0	0	0	0	0	0
Doris Heritage	Seattle Pacific	1997-07	1	0	1	7	2	0	0	0	1	1	3	0
Erika Dalgcon	Seattle Pacific	2008-12	0	0	0	1	1	1	0	0	0	0	1	1
Karl Lerum	Seattle Pacific	2013-18	0	0	0	0	0	3	0	0	0	0	0	0
Brit Townsend	Simon Fraser	2010-18	0	3	3	1	6	0	0	1	0	1	3	0
Rob Wood	Western Oregon	2000-03	0	0	2	0	0	0	0	0	0	0	0	0
Mike Johnson	Western Oregon	2004-18	1	1	4	0	1	1	0	0	2	0	0	0
PeeWee Halsell	Western Washington	1998-18	4	9	4	0	3	8	0	2	3	0	1	2

Note: Coaching records only include seasons since 1997 as either PacWest (1997-00) or GNAC (2001-07) member. Region placings are since 1998.