



GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

Updated Through 2018 Season

MEN'S YEAR BY YEAR TEAM SCORES

Year	UAA	UAF	CWU	CU	HSU	MSUB	NNU	SMU	SPU	SU	SFU	WOU	WWU
2001	3rd/106		6th/154		8th/236			12th/340	10th/324			13th/342	5th/144
2002	3rd/105		12th/313		5th/120			DNC		11th/299		9th/202	7th/179
2003	5th/147		12th/283		6th/182		6th/146	15th/449	DNC	11th/269		7th/214	4th/105
2004	5th/180		9th/229		8th/200		13th/302	9th/262	DNC	14th/363		6th/197	6th/197
2005	3rd/106		15th/353		6th/193		10th/231	13th/353	3rd/143	10th/279		4th/124	11th/288
2006	3rd/119		12th/302				13th/338	16th/443	5th/172	16th/456		8th/242	4th/121
2007	5th/152	16th/392	8th/228			17th/510	DNC	15th/352	9th/250	14th/330		4th/140	2nd/93
2008	2nd/67	15th/418	DNC				DNC	DNC	DNC			4th/128	3rd/103
2009	3rd/96	19th/552	14th/362			16th/464	7th/212	13th/340	DNC			4th/105	2nd/74
2010	1st/49	17th/486	16th/438			13th/399	7th/206	11th/302	12th/372			4th/125	3rd/93
2011	1st/37	16th/449	13th/321			15th/342	5th/200	10th/261	7th/247			3rd/126	4th/128
2012	2nd/46	16th/434	18th/491			9th/260	12th/324	DNC	11th/323		13th/359	8th/232	3rd/82
2013	2nd/81	15th/391	13th/325			9th/250	DNC	18th/491	16th/408		10th/261	12th/290	4th/102
2014	2nd/53	18th/455	14th/402			17th/454	15th/430	21st/568	Inc.		6th/225	19th/457	4th/150
2015	1st/55	18th/503	14th/400			10th/287	17th/477	22nd/656	20th/557		4th/107	12th/310	6th/194
2016	2nd/81	12th/404	11th/397			13th/405	10th/394	23rd/582	DNC		9th/204	14th/407	7th/168
2017	5th/172	24th/596	16th/454	17th/509		19th/520	13th/404	26th/754	25th/616		4th/121*	3rd/121*	8th/213
2018	3rd/116	Inc.	10th/351	20th/536		16th/432	Inc.	23rd/636	14th/395		2nd/63	6th/182	5th/159

* - Western Oregon beat Simon Fraser on tiebreaker, 3-2.

WOMEN'S YEAR BY YEAR TEAM SCORES

Year	UAA	UAF	CWU	CU	HSU	MSUB	NNU	SMU	SPU	SU	SFU	WOU	WWU
2001	7th/224	DNC	9th/250		2nd/133			19th/503	8th/243			13th/295	5th/177
2002	9th/246	DNC	6th/173		5th/160		19th/531	DNC	DNC	15th/391		10th/294	7th/173
2003	4th/177	DNC	6th/219		16th/412		20th/510	21st/525	5th/209	10th/292		13th/358	7th/242
2004	3rd/168	DNC	5th/178		11th/279		15th/356	16th/315	4th/172	7th/225		17th/429	8th/231
2005	3rd/129	18th/440	6th/197		16th/417		15th/403	20th/520	4th/134	8th/270			9th/278
2006	5th/109	DNC	6th/171				DNC	16th/422	2nd/70	17th/422		9th/254	14th/380
2007	11th/297	19th/441	9th/275			16th/374	5th/231	13th/347	1st/45	6th/251		7th/260	10th/278
2008	3rd/104	DNC	16th/322			20th/577	9th/237	14th/370	2nd/92			8th/217	5th/141
2009	1st/35	16th/403	18th/420			14th/352	6th/200	20th/536	3rd/75			10th/303	4th/121
2010	1st/40	19th/487	18th/483			9th/284	7th/276	17th/455	12th/314			5th/211	3rd/111
2011	1st/27	4th/164	21st/551			17th/517	13th/339	24th/578	6th/212			14th/417	3rd/148
2012	2nd/56	20th/463	10th/335			18th/435	14th/390	DNC	5th/157		6th/179	22nd/533	7th/274
2013	1st/76	20th/553	10th/275			19th/450	18th/434	23rd/707	4th/137		3rd/94	8th/261	5th/157
2014	3rd/144	21st/573	5th/180			13th/306	22nd/575	24th/725	12th/282		1st/103	16th/437	6th/185
2015	3rd/201	21st/585	6th/212			25th/669	17th/472	19th/542	5th/207		10th/273	15th/416	2nd/165
2016	3rd/111	22nd/563	14th/392			29th/858	21st/513	15th/401	16th/407		2nd/103	11th/350	8th/286
2017	2nd/84	25th/702	15th/378	22nd/653		29th/831	21st/643	27th/753	13th/332		4th/127	19th/518	8th/257
2018	1st/66	Inc.	10th/256	22nd/628		23rd/635	17th/451	26th/828	4th/182		2nd/85	18th/497	5th/187

Team Abbreviations

UAA – Alaska Anchorage
 UAF – Alaska
 CWU – Cnetral Washington
 CU – Concordia
 HSU – Humboldt State
 MSUB – Montana State Billings
 NNU – Northwest nazarene

SMU – Saint Martin's
 SPU – Seattle Pacific
 SU – Seattle Univ.
 SFU – Simon Fraser
 WOU – Western Oregon
 WWU – Western Washington

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

YEAR BY YEAR WEST REGION CHAMPIONSHIPS RESULTS

2001

Nov. 3 at Lake Padden Park, Bellingham, Wash.

Men's Team Scores: UC Davis 27, Chico State 89, Alaska Anchorage 106, UC San Diego 124, Western Washington 144, Central Washington 154, Cal Poly Pomona 169, Humboldt State 236, Hawaii Pacific 249, Seattle Pacific 324, Cal State LA 340, Saint Martin's 340, Western Oregon 342, BYU-Hawaii 388, Hawaii Hilo 408, Chaminade 438, San Francisco State 459, Montana State Billings 537.

Women's Team Scores: UC Davis 44, Humboldt State 133, Chico State 139, Sonoma State 154, Western Washington 177, Cal State Stanislaus 220, Alaska Anchorage 224, Seattle Pacific 243, Central Washington 250, Hawaii Pacific 252, Cal State Dominguez Hills 263, UC San Diego 283, Western Oregon 295, Cal Poly Pomona 332, BYU-Hawaii 381, Cal State LA 466, Cal State San Bernardino 469, San Francisco State 482, Saint Martin's 503, Montana State Billings 507, Chaminade 575.

Men's Results (10,000 Meters)

1. Christian Madsen, HPU	32:07	65. Shadrack Nabea, HPU	35:02	6. Kathleen Lenni, SSU	22:06	71. Nancy Rodriguez, CPP	24:31
2. Tobias Schwoerer, UAA	32:10	66. Will Smith, WOU	35:03	7. Ashlee Vincent, WWU	22:28	72. Ann McCanick, SMC	24:34
3. Ryan Miller, UCD	32:13	67. Brian Janes, HSU	35:04	8. Jenny Hunt, SSU	22:36	73. Lillian Gardinier, UCSD	24:35
4. Steve Laurie, UCD	32:18	68. Chris Carpenter, SMC	35:06	9. Christina Liorante,UCD	22:40	74. Alyson Voltmer, SSU	24:36
5. Nate Bristow, UCD	32:19	69. Oswaldo Fuentes, SFSU	35:07	10. Kylee Wells, WOU	22:44	75. Wendy Vallejo, CSUDH	24:37
6. John Kuehn, UCD	32:20	70. Scott Rood, UAA	35:08	11. Cambria D'Amico, CSUDH	22:47	76. Tiffany Picinich, CWU	24:39
7. David Braund, CSUC	32:22	71. Neal Fryett, SPU	35:11	12. MaeAnna Glenn, UCD	22:48	77. Lindsey Young, UCSD	24:40
8. Nathanael Castle, SPU	32:28	72. Zac Vawter, SMC	35:20	13. Abby Bielenberg, CWU	22:50	78. Ashley Miller, BYUH	24:41
9. Jeff Wilson, UCD	32:35	73. Jason Porter, CWU	35:22	14. Dolores Bergmann, HSU	22:51	79. Victoria Flores, CSUDH	24:41
10. Zach Boteilho, WWU	32:42	74. Jedediah Wheeler, BYUH	35:30	15. Jasmine Gren, CSUC	22:53	80. Nancy Lopez, CSLA	24:42
11. Tyler Graff, CSUC	32:43	75. Andy Prentice, SMC	35:35	16. Laura Cherdack, UCD	22:55	81. Julie Pope, UCSD	24:43
12. Tom Gaschik, CWU	32:52	76. Alistair In, UHH	35:37	17. Sopagna Eap, UCD	22:59	82. MaryClare Peate, UCSD	24:44
13. Eric Strabel, UAA	32:56	77. Brian Kostock, HSU	35:38	18. Kathym Lee, CSUC	23:05	83. Shelby Jacobs, CWU	24:46
14. Louie White, HSU	32:57	78. Scott VanHess, SPU	35:39	19. Wendy Fortino, CSUS	23:06	84. Jamie Kendrick, CSUS	24:49
15. Matthew Rainwater, CPP	33:00	79. Siul Michel, HPU	35:40	20. Sarah Hallas,CSUC	23:08	85. Sarah Kraybill, SPU	24:52
16. Andy Elvester, UAA	33:02	80. Dylan Corbet, WOU	35:41	21. Stacy Edwards, UAA	23:09	86. Kauano Kaneshiro, CUH	24:53
17. Martin Ranney, WWU	33:03	81. Matt DeShazo, HSU	35:43	22. Kati Gosnell, HSU	23:16	87. Stephanie Myers, UAA	24:53
18. Alan Shapiro, UCSD	33:05	82. Andrew Anglemeyer, SFSU	35:44	23. Stephanie Stine, CWU	23:17	88. Chelsea Lynnes, MSUB	24:58
19. David Simmons, CWU	33:10	83. Owen Kano, UHH	35:49	24. Monica Valdez, CPP	23:17	89. Jamie Ray, CPP	25:00
20. Eron Tello, CSUC	33:11	84. Frank Dabrosky, CUH	35:56	25. Audrey Sung, UCSD	23:18	90. Katie Price, CPP	25:02
21. Lehrin Morey, HSU	33:14	85. Nick Glancy, SPU	36:01	26. Jamie Witt, SPU	23:20	91. Lindy Mullen, CWU	25:04
22. Jose Palacios, CSUS	33:16	86. Devin Barlow, BYUH	36:03	27. Lindsay Stalker, UCSD	23:27	92. Amber Miller, CSUC	25:05
23. Neil Kalra, UCSD	33:17	87. Ethan Barrons, WOU	36:14	28. Laurel Weil, HSU	23:28	93. Amanda McDermott, CPP	25:06
24. Miguel Ramirez, CSLA	33:18	88. Jesse Light, WOU	36:17	29. Aracne Hernandez, CSUDH	23:29	94. Amelia Kinney, WOU	25:07
25. Zachary Tarver, CSUC	33:19	89. Andrew Kamikawa, CUH	36:19	30. Jennifer Stief, CSUS	23:30	95. Amy Lambe, UAA	25:11
26. David Dunbar, UCSD	33:20	90. Tim Marston, SPU	36:29	31. Jill Salmon, WOU	23:31	96. Grace Sousa, UCSD	25:12
27. Sean Rivers, UAA	33:21	91. Tim Sheneman, MSUB	36:34	32. Marcia Silva, SSU	23:32	97. Maria Alba, CSLA	25:14
28. Chris Eggers, CSUC	33:24	92. Aaron Libadisos, SPU	36:35	33. Rachel Wiseman, HSU	23:33	98. Stephanie Holley, CSUS	25:15
29. Vernon Ruiz, CSUC	33:26	93. Ivars Baikovs, BYUH	36:37	34. Kirsten Lippman, UAA	23:34	99. Kara Richards, SPU	25:17
30. Stephen Martin, UCSD	33:32	94. Robert Tyler, HPU	36:40	35. Missy Lendl, CSUC	23:35	100. Amie Beard, CPP	25:19
31. Julian Nahan, UCSD	33:33	95. Joshua Hoeh, BYUH	36:47	36. Tammy Hunt, HSU	23:36	101. Linsy Nickels, CWU	25:20
32. David Gomez, CPP	33:34	96. Matt Gage, SMC	37:11	37. Alyson Zollinger, BYUH	23:37	102. Kristi Wooley, BYUH	25:21
33. Matt Schmitt, CWU	33:35	97. Kelly Young, WOU	37:17	38. Emily Picinich, WWU	23:41	103. Maggie Weamer, MSUB	25:22
34. Alex Daniels, UCD	33:38	98. Zach Grice, SPU	37:33	39. Marta Bednarczyk, WWU	23:44	104. Ellen Swogger, MSUB	25:26
35. Kirk Larson, WWU	33:42	99. Clifton Ho, UHH	37:43	40. Leslie Boyd, UAA	23:46	105. Kelly Long, MSUB	25:29
36. John Morrison, UCSD	33:43	100. Tim Marr, UHH	38:00	41. Katherine Pederson, CSUSB	23:48	106. Lindsay Krous, UAA	25:30
37. Manuel Lopez, CSUS	33:44	101. Kile Taylor, HSU	38:05	42. Meyoung Blum, UAA	23:49	107. Anjel Engesser, MSUB	25:34
38. Kurt Hartmaier, WWU	33:45	102. Alex Mendez, CSLA	38:06	43. Lisa Pearl, WWU	23:51	108. Jennifer Houk, SMC	25:35
39. Nathan Carlson, SMC	33:47	103. Jon Davis, SFSU	38:12	44. Hannah Knight, CSUSB	23:53	109. Candice Gahr, SFSU	25:37
40. Ryan Wade, CSUC	33:49	104. Herman Luna, CSLA	38:16	45. Ruth Hawkinson, SPU	23:54	110. Karina Arreola, CSLA	25:46
41. Max Rodriguez, UCD	33:50	105. Michael Terry, HPU	38:38	46. Ellie Enos, WOU	23:55	111. Sherron Rhetta, CSUDH	25:49
42. Michael Barkhuff, CPP	33:51	106. Mathew Morden, BYUH	38:42	47. Kirsten Bjork, SPU	23:55	112. Annie Hahle-Clark, BYUH	25:50
43. Scott Frost, CPP	34:00	107. Clint Sapiro, SFSU	38:48	48. Maria Bustamante, CSUS	23:56	113. Anne Hopkins, BYUH	25:54
44. Lutz Braun, CPP	34:03	108. Eric Barhaugh, SFSU	38:50	49. Andrea Woodcock, SSU	23:56	114. Rachel Daniels, WOU	26:01
45. Aaron Stone, CUH	34:12	109. Ryan Archibald, MSUB	39:01	50. Shannon Ross, WWU	23:57	115. Theresa Lane, WOU	26:04
46. Grant Guenther, UCSD	34:13	110. Jess Matsuda, CUH	39:10	51. Carol Schryver, CSUC	23:58	116. Maromi Abe, CUH	26:06
47. Curt Stephan, CWU	34:17	111. Julien Stevens, UHH	39:17	52. Amanda Mauldin, BYUH	23:59	117. Sadie Solem, HSU	26:07
48. Cory Rebman, CWU	34:18	112. Joel Hathaway, MSUB	39:21	53. Becky Mello, HSU	24:00	118. Elizabeth Texeira, CUH	26:08
49. Steve DeKoker, WWU	34:20	113. Tyson Magney, SMC	39:29	54. Monica Montano, CSLA	24:05	119. Sarah Block, WOU	26:21
50. Kyle Briggs, BYUH	34:23	114. John Beitler, UHH	39:30	55. Tracey Fischer, CWU	24:06	120. Heather Postema, HPU	26:25
51. Nate Normandin, UAA	34:28	115. Marcos MocineMcQueen, SF	39:49	56. Elsa Guerrero, CSUS	24:07	121. Becky Dalrymple, SMC	26:34
52. Shawn Miller, WWU	34:32	116. Carlos Gonzalez, SMC	40:29	57. Hillary Alberts, SFSU	24:08	122. Denise Anders, CUH	26:43
53. Najj Abdeslam, HPU	34:39	117. Nick Kanning, MSUB	40:50	58. Shawna Winfrey, CPP	24:08	123. Krysta Cochran, CSUSB	27:41
54. Emil Newhouse, WWU	34:41	118. Clayton Augustine, MSU	40:58	59. Katherine Moon, SSU	24:09	124. Amanda Crowe, HPU	27:49
55. Vernon Campbell, UAA	34:46	119. Ben McNelley, MSUB	41:20	60. Joanna Luk, SFSU	24:13	125. Lourdes Menchaca, CSLA	27:50
56. Daniel Sutton-Kane, CPP	34:48	120. Brian Church, CUH	41:35	61. Elisabeth Rosapepe, WWU	24:14	126. Stacy Frahm, CSUSB	28:11
57. Brett Franz, WOU	34:49	121. Jason Clark, SFSU	42:36	62. Dana Cantrell, SPU	24:15	127. Cheri Sanguinetti, SFSU	28:12
58. Jose Cano, CSLA	34:50	122. Jose Ramos, CUH	42:43	63. Nicole Seana, SPU	24:16	128. Amanda Brown, MSUB	29:00
59. Chris Larson, HPU	34:50			64. Veronica Hernandez, CSUC	24:17	129. Jessica Craig, SFSU	29:01
60. Paul Moth, UHH	34:51			65. Kelly Russell, SSU	24:18	130. Colleen Knudson, MSUB	29:21
61. Michael Soto, CSLA	34:51			66. Yvonne Liebig, UCD	24:23	131. Alysa Sutter, SFSU	29:31
62. Spencer Walsh, WOU	34:52			67. Diljeet Mendoza, CSUS	24:25	132. Tiffany Martin, SFSU	30:37
63. Nick Gai, HSU	34:53			68. Emily Thomas, SMC	24:26	133. Karen Kubasak, CUH	31:13
64. Jeremy Rice, CWU	34:59			69. Yosie Castillo, CSUDH	24:28	134. Heather Stolz, SMC	31:52
				70. Nina Laurinoli, WWU	24:29	135. Amy Niessen, CSUSB	33:19

Women's Results (6,000 Meters)

1. Nina Christensen, HPU	21:37
2. Lisa Blomme, HPU	21:57
3. Heather Gibson, UCD	21:58
4. Jessica Neu, UCD	22:01
5. Sayuri Kusutani, HPU	22:02

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2002

Nov. 9 at Fresno, Calif.

Men's Team Scores: Chico State 43, UC Davis 86, Alaska Anchorage 105, UC San Diego 113, Humboldt State 120, Northwest Nazarene 146, Western Washington 179, Cal Poly Pomona 194, Western Oregon 202, Hawaii Pacific 213, Seattle 299, Central Washington 313, Chaminade 420, Brigham Young-Hawaii 434, Saint Martin's 449, San Francisco State 494.

Women's Team Scores: UC Davis 86, Chico State 91, UC San Diego 126, Cal State Stanislaus 141, Humboldt State 160, Central Washington 171, Western Washington 173, Hawaii Pacific 217, Alaska Anchorage 246, Western Oregon 294, San Francisco State 304, Cal State San Bernardino 333, Brigham Young-Hawaii 338, Cal Poly Pomona 384, Seattle 391, Montana State Billings 407, Cal State L.A. 450, Chaminade 508, Northwest Nazarene 531, Cal State Bakersfield 563.

Men's Results (10,000 Meters)

1. Paul Kezes, WWU	31:58	63. Cory Rebmann, CWU	35:36	6. Sopagna Eap, UCD	22:18	69. Nicole Deyong, UAA	24:41
2. Chris Eggers, CSUC	32:10	64. Jerret Mantales, WOU	35:38	7. Katie Lee, CSUC	22:20	70. Geraldina Garcia, CSUS	24:42
3. Mark Batres, CPP	32:25	65. Tom Hummel, CPP	35:38	8. Ashlee Vincent, WWU	22:21	71. Tracey Fischer, CWU	24:45
4. Peter Clusener, HSU	32:29	66. Robert Tyler, HPU	35:44	9. Shannon O'Connor, SFSU	22:31	72. Carla Mingione, WWU	24:47
5. Sean Rivers, UAA	32:39	67. Bedora Lim, CUH	35:46	10. Laura Cherdack, UCD	22:37	73. Stephanie Upshaw, WOU	24:50
6. Christian Madsen, HPU	32:45	68. Dain Engebretsen, SU	35:51	11. Alicen Maier, CWU	22:41	74. Jamie Kendrick, CSUS	24:51
7. John Kuehn, UCD	32:47	69. Steve Soelberg, BYUH	35:52	12. Katie Gosnell, HSU	22:43	75. Christine Perez, SFSU	24:53
8. TimLeCount, SPU	33:05	70. Jon Carwin, WWU	35:55	13. Jennifer Stief, CSUS	22:45	76. Elizabeth Teixeira, CUH	24:55
9. Matt Faulkner, CSUC	33:06	71. Shadrack Nabea, HPU	35:57	14. Tanya Zeferjahn, CSUSB	22:51	77. Melissa Flake, BYUH	24:58
10. Patrick Boivin, CSUS	33:13	72. Chris Carpenter, SMC	35:58	15. Stacy Edwards, UAA	22:54	78. Krisin Haas, WWU	24:58
11. Steven Laurie, UCD	33:15	73. Aaron Eckert, WOU	36:06	16. Wendy Fortino, CSUS	22:56	79. Niki McCorkle, WOU	24:59
12. Juan Sanchez, CSUC	33:18	74. Steven Springhorn, CSUC	36:06	17. Anna Mae Glenn, UCD	22:56	80. Lindsay Krous, UAA	25:02
13. Tobias Schwoerer, UAA	33:19	75. Joe Hughes, SU	36:06	18. Laura Trevellyan, WWU	22:59	81. Ann McCanick, SMC	25:07
14. Vernon Ruiz, CSUC	33:28	76. James De Bruhl, CPP	36:12	19. Sarah Hallas, CSUC	23:02	82. Natalie Miano, CPP	25:09
15. Neil Karla, UCSD	33:29	77. Michael Pankiewicz, CWU	36:13	20. Margaret Pridgen, CSUC	23:05	83. Beatriz Reyes, CSLA	25:09
16. Nathanael Castle, SPU	33:33	78. Andy Prentice, SMC	36:21	21. Michelle Solone, UCD	23:05	84. Mindy Newby, NNU	25:09
17. Louie White, HSU	33:34	79. Stephen Martin, UCSD	36:22	22. Missy Lendl, CSUC	23:06	85. Monica Valdez, CPP	25:15
18. David Dunbar, UCSD	33:37	80. James M. Blaine, SU	36:36	23. Jasmine Green, CSUC	23:07	86. Sarah Hansen, UAA	25:15
19. Stephen Fairclough, UCD	33:40	81. Kevin Lybarger, SU	36:43	24. Lillian Gardiner, UCSD	23:09	87. Rachelle Miller, HPU	25:19
20. Doug Hamilton, HSU	33:41	82. Frank Dabrosky, CUH	36:50	25. Katherine Stephenson, HSU	23:09	88. Julie Thielen, SMC	25:20
21. Eric Strabel, UAA	33:53	83. Marcus Meddles, CWU	36:58	26. Tiffany Picinich, CWU	23:12	89. Ryan Mayfield, CSUB	25:21
22. Zach Dwello, NNU	33:55	84. Samuel Macharia, HPU	37:05	27. Hannah Knight, CSUSB	23:13	90. Kaluhiokalani-Myers, CUH	25:25
23. Chase Wells, WOU	33:57	85. Nathan Wilkinson, NNU	37:13	28. Meghan Bellotti, UCD	23:14	91. Katie Price, CPP	25:28
24. Alan Shapiro, UCSD	34:00	86. Humberto Arredondo, CPP	37:17	29. Jennifer James, CSUC	23:14	92. Anjel Hoff, MSUB	25:30
25. Alex Daniels, UCD	34:00	87. Andrew Williams, CUH	37:29	30. Kelly Cronin, HSU	23:18	93. Sabrina St. Laurent, BYUH	25:44
26. John Morrison, UCSD	34:01	88. Ozzy Fuentes, SFSU	37:30	31. Janine Brown, HPU	23:18	94. Elizabeth Mack, SU	25:47
27. Joel Martinez, CSUC	34:01	89. Phillip Paul, CWU	37:36	32. Priscilla Moreno, UCD	23:19	95. Masako Sagawa, HPU	25:48
28. Jake Hotchkiss, NNU	34:05	90. Brian Fosjord, MSUB	37:48	33. Stephanie Holley, CSUS	23:19	96. Julie Johnson, CPP	25:51
29. Kurt Hartmaier, WWU	34:13	91. Robert Renninger, SU	37:51	34. Stephanie Stine, CWU	23:21	97. Sarah Block, WOU	25:53
30. Andy Elvester, UAA	34:18	92. Palikani Aho, BYUH	37:55	35. Mimi Hodgins, UCSD	23:24	98. Esmeralda Garcia, CSUSB	25:55
31. Justin Rau, UCD	34:21	93. Harald Buerkle, HPU	38:05	36. Erin O'Donnell, UCSD	23:25	99. Candice Palmer, CSUSB	26:02
32. Tawney James, CPP	34:22	94. Andrew Peters, NNU	38:08	37. Ellie Enos, WOU	23:29	100. Emily Ferguson, SU	26:05
33. Steve Manos, SU	34:26	95. Thomas Jordan, BYUH	38:13	38. Dawnita Liabraaten, CWU	23:30	101. Ruth Barron, CSUSB	26:08
34. Jose Palma, CSUS	34:29	96. Hanson Hsu, CUH	38:14	39. Desiree Dvorak, CSUS	23:32	102. Leah Trutna, WOU	26:11
35. Mark Veristain, NNU	34:30	97. Jeremy Rice, CWU	38:20	40. Sirena Alvarez, CSUS	23:34	103. Megan Salveson, SU	26:13
36. Ben Wornell, NNU	34:32	98. Billy Cornelison, BYUH	38:26	41. Lyndsey Kuehn, CSUC	23:39	104. Kaylene Wilson, BYUH	26:25
37. Abdeslam Najj, HPU	34:33	99. Steven Loforti, BYUH	38:50	42. Lisa Pearl, WWU	23:41	105. Nicole Beatty, SMC	26:28
38. Brice Roncace, NNU	34:34	100. Nobuya Takahashi, SFSU	38:53	43. Kiersten Lippmann, UAA	23:46	106. Kelly Long, MSUB	26:29
39. Lehrin Morey, HSU	34:38	101. Matt Crabtree, WWU	39:02	44. Dolores Bergman, HSU	23:49	107. Denise Anders, CUH	26:33
40. Carl Lostrom, UCSD	34:45	102. Matt Gage, SMC	39:25	45. Angela Gummow, SU	23:49	108. Jami Epley, NNU	26:42
41. Will Smith, WOU	34:46	103. Scott Carter, BYUH	39:29	46. Dona Brown, SFSU	23:50	109. Jessica Wiggung, NNU	26:44
42. Tov Fisher-Kirshner, UCSD	34:47	104. Victor Carpenter, SMC	39:38	47. Ellen Swogger, MSUB	23:52	110. Anne Hopkins, BYUH	26:47
43. Spencer Walsh, WOU	34:48	105. Joey Becerra, CUH	40:02	48. Amber Brougher, WOU	23:53	111. Tracie Overberg, MSUB	26:54
44. Nate Normandin, UAA	34:50	106. Alek Zelenkovsky, SFSU	40:09	49. Nicole Hodgson, HSU	23:53	112. Candace Gahr, SFSU	26:57
45. Chris Larson, HPU	34:50	107. Ryan Archibald, MSUB	40:30	50. Kelsey Kaiser, UCD	23:54	113. Christy Wynkoop, NNU	27:16
46. Brian Brancheau, WWU	34:52	108. Clinton Imholte Jr., CUH	40:41	51. Lindsay Stalker, UCSD	23:55	114. Katherine Archambault, SU	27:20
47. Matthew Rainwater, CPP	34:53	109. Heber Moulton, BYUH	40:42	52. Molly Depasqual, WWU	23:56	115. Holly Bueb, SU	27:26
48. Timothy Helms, UCD	34:56	110. Eric Callero, SFSU	41:01	53. Tina Stimson, WWU	23:56	116. Colleen Anderson, MSUB	27:45
49. Matt Schmitt, CWU	34:57	111. Sam Messe, SFSU	41:22	54. Tammy Hunt, HSU	23:57	117. Jackie Villacorta, CSUSB	27:50
50. Brian Kostock, HSU	35:01	112. Nathan Carlson, SMC	41:25	55. Kelly Fullerton, SU	23:57	118. Christine Krumm, CSUB	27:52
51. Matthew Laye, UCD	35:01	113. Benjamin McNeley, MSUB	41:30	56. Jessica Neu, UCD	23:59	119. Jennifer Barnett, CSUSB	27:57
52. Emil Newhouse, WWU	35:02	114. Eric Barhaugh, SFSU	41:49	57. Jill Salmon, WOU	24:03	120. Monique Rodriguez, CSUB	28:00
53. Matt Deshazo, HSU	35:05	115. Mike Brown, SMC	42:22	58. Meyoung Blum, UAA	24:08	121. Maromi Abe, CUH	28:02
54. Brett Franz, WOU	35:07	116. Thomas Callaghan, CUH	42:32	59. Chelsea Lynnes, MSUB	24:09	122. Ana Martinez, CSUB	28:30
55. Ethan Barrons, WOU	35:08	117. Justin Freyermuth, CSUS	42:33	60. Kara Cross, UCSD	24:09	123. Daniella Russell, CSLA	28:52
56. Jason Porter, CWU	35:08	118. Rob Kemper, SMC	42:33	61. Leslie Boyd, UAA	24:10	124. Mandy Brown, MSUB	28:53
57. Carlos Siqueiros, SU	35:08			62. Erika Olson, CWU	24:12	125. Karen Kubasak, CUH	29:28
58. Shaun Fitzgerald, CPP	35:12	Women's Results (6,000 Meters)		63. Shawna Winfrey, CPP	24:15	126. Mariah Pasos, CSLA	29:59
59. Jorge Medina, HSU	35:13	1. Ann Marie Housen, CSLA	21:27	64. Namealoha Curtis, BYUH	24:23	127. Patrice Edwards, CSLA	30:15
60. Chris Cannon, UAA	35:22	2. Sayuri Kusutani, HPU	21:48	65. Joanna Luk, SFSU	24:29	128. Wendi Plott, CSUB	30:25
61. Todd List, UAA	35:32	3. Audrey Sung, UCSD	22:07	66. Lindy Mullen, CWU	24:29	129. Tiffany Martin, SFSU	30:44
62. Brandon Whitaker, WWU	35:34	4. Chelsea Smith, BYUH	22:13	67. Jamie Ray, CPP	24:31	130. Amber Sommer, SMC	31:22
		5. Nina Christensen, HPU	22:15	68. Nicole Campbell, HSU	24:39	131. Tara Robinson, NNU	32:43

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2003
 Nov. 8 at Chino, Calif.
Men's Team Scores: Chico State 28, UC San Diego 79, Cal Poly Pomona 91, Western Washington 105, Alaska Anchorage 147, Humboldt State 182, Western Oregon 214, Hawaii Pacific 214, BYU-Hawaii 262, Saint Martin's 262, Seattle 269, Central Washington 283, Northwest Nazarene 302, Hawaii Hilo 376, Chaminade 425, San Francisco State 453, Montana State Billings 513.

Women's Team Scores: Chico State 38, UC San Diego 124, Cal State Stanislaus 176, Alaska Anchorage 177, Seattle Pacific 209, Central Washington 219, Western Washington 242, Cal State Dominguez Hills 275, Hawaii Pacific 278, Seattle 292, Sonoma State 321, Cal Poly Pomona 326, Western Oregon 358, Cal State San Bernardino 403, Hawaii-Hilo 405, Humboldt State 412, Cal State Bakersfield 431, BYU-Hawaii 441, Cal State L.A. 478, Northwest Nazarene 510, Saint Martin's 525, Chaminade 546, Montana State Billings 549, San Francisco State 609.

Men's Results (10,000 Meters)		Women's Results (6,000 Meters)	
1. William Ngetich, HPU	31:40.5	1. Chelsea Smith, BYUH	20:54.4
2. Tyler Graff, CSUC	31:48.8	2. Nina Christensen, HPU	21:50.1
3. Daniel Rojas, CPP	31:56.6	3. Sarah Bouchard, CSLA	22:00.9
4. Mark Batres, CPP	32:07.2	4. Missy Lendl, CSUC	22:17.0
5. Patrick Boivin, CSUC	32:17.6	5. Laura Trevelyan, WWU	22:22.1
6. Charlie Serrano, CSUC	32:35.5	6. Tina Firouz, UCSD	22:25.6
7. Joel Martinez, CSUC	32:37.1	7. Margaret Pridgen, CSUC	22:31.0
8. Christopher Layman, CSUC	32:37.6	8. Kelly Ortlieb, CSUC	22:34.1
9. Robert Eap, UCSD	32:38.2	9. Sarah Montez, CSUC	22:48.9
10. Doug Hamilton, HSU	32:42.7	10. Katie Lee, CSUC	22:50.2
11. Brian Brancheau, WWU	32:43.7	11. Janine Brown, HPU	22:50.6
12. Chase Wells, WOU	32:45.5	12. Jamie Witt, SPU	22:51.8
13. Brandon Stum, UAA	32:47.0	13. Stephanie Holley, CSUS	22:54.4
14. Julian Nahan, UCSD	32:48.0	14. Tanya Zeferjahn, CSUSB	22:58.0
15. Kurt Hartmaier, WWU	32:48.3	15. Chandra Farnam, SSU	23:01.7
16. Steve DeKoker, WWU	32:50.0	16. Mandy Kaempf, UAA	23:06.8
17. Tim LeCount, SPU	33:02.5	17. Sarah Hansen, UAA	23:07.8
18. Carl Lostrum, UCSD	33:11.4	18. Kristie Rice, SU	23:10.6
19. Neil Kalra, UCSD	33:12.0	19. Alejandra Contreras, CSDH	23:16.1
20. Mikkel Kleis, HPU	33:15.0	20. Nicole Campbell, HSU	23:16.2
21. Daniel Cerecerez, CPP	33:18.1	21. Josanna Lavin, SPU	23:19.3
22. John Morrison, UCSD	33:23.1	22. Jennifer James, CSUC	23:20.6
23. T.J. Gariatz, WWU	33:29.9	23. Stacy Edwards, UAA	23:23.6
24. Jake Hotchkiss, NNU	33:33.5	24. Michelle DiMeo, UCSD	23:25.1
25. Tris O'Bluck, SMC	33:35.1	25. Amanda Felder, UC SD	23:26.3
26. Todd List, UAA	33:35.2	26. Jenny Bunicio, CSUDH	23:26.5
27. James Tawney, CPP	33:35.6	27. Christina Jimenez, CPP	23:26.9
28. Steve Manos, SU	33:39.0	28. Kari Konrad, WOU	23:28.2
29. Dain Engbretsen, SU	33:46.0	29. Jennifer Stief, CSUS	23:29.4
30. Jonathan Osterlund, BYUH	33:47.9	30. Rachel Suess, SU	23:38.2
31. Aaron Dickson, UAA	33:52.0	31. Alicia Veiss, CSUB	23:38.6
32. Jesse Plummer, HSU	33:57.7	32. Laura Cohen, CSUC	23:39.0
33. Nathan Carlson, SMC	34:00.3	33. Lillian Gardiner, UCSD	23:39.4
34. Chris Beetley-Hagl, UCSD	34:01.9	34. Stephanie Stine, CWU	23:40.0
35. Lehrin Morey, HSU	34:02.5	35. Colleen Cassidy, UHH	23:41.4
36. Andy Prentice, SMC	34:06.3	36. Kathy Read, UCSD	23:42.6
37. Drew Dickson, UAA	34:06.4	37. Lindsay Stalker, UCSD	23:43.3
38. Ethan Barrons, WOU	34:06.7	38. Desiree Dvorak, CSUS	23:44.4
39. Jeran Carr, CPP	34:07.7	39. Beth Rosapepe, WWU	23:44.6
40. Humberto Vargas, CSUS	34:08.0	40. Isabel Espinoza, CSUDH	23:53.1
41. Jason Porter, CWU	34:09.6	41. Alicen Maier, CWU	23:53.9
42. Steven Springhorn, CSUC	34:10.6	42. Hannah Knight, CSUSB	23:55.4
43. Sam Brancheau, WWU	34:11.6	43. Shawna Winifrey, CPP	24:00.0
44. Chris Larson, HPU	34:14.2	44. Erin O'Donnell, UCSD	24:00.7
45. Eric Strabel, UAA	34:15.3	45. Marissa Harshman, WWU	24:06.7
46. Sam Scotchmer, CWU	34:17.9	46. Andrea Branco, SSU	24:07.5
47. Matthew DeShazo, HSU	34:21.5	47. Lindy Mullen, CWU	24:10.0
48. Brad Brolin, WOU	34:24.9	48. Christina Buck, CSUS	24:13.0
49. Vernon Ruiz, CSUC	34:31.6	49. Emily Picinich, CWU	24:13.4
50. Brent Knight, UAA	34:32.7	50. Shannon Fredeen, CSUS	24:14.4
51. Jake Rushton, BYUH	34:34.6	51. Brandy Weston, CWU	24:16.5
52. Spencer Walsh, WOU	34:39.8	52. Laura Hernandez, UHH	24:17.7
53. Jeremy Van Tress, BYUH	34:41.3	53. Alana Garcia, SU	24:19.6
54. Bradley Theobald, CPP	34:44.3	54. Davya Baker, UAA	24:19.8
55. Steve Soelberg, BYUH	34:52.4	55. Geybi Garibay, CSS	24:20.6
56. Harald Buerkie, HPU	34:54.3	56. Karen Dickson, SPU	24:21.4
57. Paul Moth, UHH	34:58.5	57. Jayme Ambros, CPP	24:23.4
58. Bedora Lim, CUH	35:00.4	58. Lara Bachmeier, UHH	24:28.9
59. Chikara Omine, SFSU	35:05.8	59. Anjel Hoff, MSUB	24:31.3
60. Johan Dana, UHH	35:07.1	60. Molly DePasquell, WWU	24:31.9
61. Logan Senrud, WWU	35:13.3	61. Abby Groth, SPU	24:32.6
62. Andrew Lybarger, SU	35:13.6	62. Summer Huntington, SPU	24:33.3
63. Phil Paul, CWU	35:15.1	63. Kendra Steinbrugger, SMC	24:33.5
64. Jasper Peach, HSU	35:18.5	64. Kristin Haas, WWU	24:33.9
65. Eric Nilsen, UC SD	35:19.7	65. Crystal Dennis, CWU	24:34.1
66. Lincoln Hagood, NNU	35:21.3	66. Kirsten Bjork, SPU	24:35.0
67. Leif Olson, UAA	35:22.2	67. Rachel Bailey, CWU	24:36.9
68. Steve Frausto, CWU	35:24.6	68. Jacqueline Ramirez, CSDH	24:38.0
		69. Stephanie Myers, UAA	24:38.7
		70. Marcie Silva, SSU	24:40.0
		71. Lindsay Krous, UAA	24:45.8
		72. Stephanie Upshaw, WOU	24:47.0
		73. Ryan Mayfield, CSUB	24:48.1
		74. Nicole Johnson, CSUS	24:49.3
		75. Niki McCorkle, WOU	24:50.8
		76. Heather Postema, HPU	24:52.1
		77. Keely Kaligis, WWU	24:53.8
		78. Beatriz Reyes, CSLA	24:54.1
		79. Nicole Deyong, UAA	24:56.1
		80. Kristin Lane, NNU	24:56.7
		81. Masako Sagawa, HPU	24:56.8
		82. Ruth Harbaugh, SPU	24:58.0
		83. Melissa Flake, BYUH	24:58.3
		84. Sandra Wells, SSU	25:01.9
		85. Lexi Baxter, WWU	25:02.6
		86. Kristina Hutmacher, CUH	25:04.7
		87. Amber Brougher, WOU	25:10.3
		88. Erin Wyner, HSU	25:14.3
			25:15.2
		89. Becky Southworth, CSUSB	25:20.5
		90. Meghan Salverson, SU	25:24.0
		91. Elizabeth Texeira, CUH	25:26.0
		92. Mindy Newby, NNU	25:26.6
		93. Ann McCanick, SMC	25:26.9
		94. Susan Young, NNU	25:28.2
		95. Tiffany Piplica, MSUB	25:30.2
		96. Sadie Solem, HSU	25:33.3
		97. Ashley Spann, CPP	25:34.6
		98. Jessica Rendon, HSU	25:35.4
		99. Leah Trutna, WOU	25:42.0
		100. Lydia Thompson, SFSU	25:43.2
		101. Adelita Flores, CSUB	25:45.5
		102. Phoebe Rohrbacher, SU	25:49.6
		103. Natalie Miano, CPP	25:50.7
		104. Leil. Kaluhiokalani-My, CUH	25:55.0
		105. Devan Bernier, CSUB	25:56.4
		106. Carolyn Brown, CPP	26:01.2
		107. Dominique Rosete, CSLA	26:06.3
		108. Lydia Kahle-Clark, BYUH	26:10.5
		109. Allison Daum, SSU	26:12.3
		110. Kendra Byrd, HPU	26:14.0
		111. Katie Moriarty, HSU	26:15.9
		112. Jennifer Smith, WOU	26:16.7
		113. Marissa Harshman, WWU	26:19.5
		114. Stacie Wells, WOU	26:26.5
		115. Michelle Telfer, SSU	26:27.4
		116. Lindsay Dickinson, SFSU	26:28.1
		117. Katie Price, CPP	26:30.8
		118. Denise Anders, CUH	26:33.3
		119. Andrea Brandt, CSUSB	26:35.4
		120. Christy Wynkoop, NNU	26:36.2
		121. Whitney Rothey, BYUH	26:42.3
		122. Melissa Dunbar, CSUB	26:43.6
		123. Martha Gonzalez, CSUDH	26:45.7
		124. Martha Kawasaki, UHH	26:46.1
		125. Jessica Wiggins, NNU	26:47.0
		126. Christine Perez, SFSU	26:53.2
		127. Wendi Plott, CSUB	26:54.8
		128. Ashley Rickels, NNU	26:55.8
		129. Cori Harris, BYUH	27:05.2
		130. Raquei McCarthy, MSUB	27:11.9
		131. Tracie Overberg, STUB	27:23.9
		132. Kristen Nielson, BYUH	27:29.8
		133. Jackie Prombo, SFSU	27:34.7
		134. Kristin Mizar, SFSU	27:40.6
		135. Kendra Bebee, MSUB	27:57.1
		136. Desiree Herran, SFSU	28:02.9
		137. Jenny Tyhurst, NNU	28:16.1
		138. Melissa Pupo-Davis, UHH	28:25.9
		139. Jennifer Barnett, CSUSB	28:37.7
		140. Katelynn Blume, SMC	28:39.4
		141. Kristina Folsom, BYUH	28:41.4
		142. Lakita Burr, SMC	28:46.0
		143. Esmeralda Gomez, CSUSB	28:49.6
		144. Mirasol Miranda, SFSU	28:53.5
		145. Ligia Espinoza, CSLA	29:23.8
		146. Eric Luksza, CSLA	29:46.7
		147. Chelsea Lynnes, MSUB	29:49.2
		148. Jaime Jakes, CUH	29:55.9
		149. Jessica Riley, HSU	30:19.0
		150. Maureen Driscoll, SMC	30:34.5
		151. Kathy Keenan, CSUSB	30:36.6
		152. Annmarie Housen, CSLA	30:43.3
		153. Kaycee Martin, CSUB	32:34.3
		154. Caitlyn Ames, SMC	33:44.4

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2004

Nov. 6 at Lake Padden Park, Bellingham, Wash.

Men's Team Scores: Chico State 30, Cal Poly Pomona 73, Seattle Pacific 143, UC San Diego 154, Alaska Anchorage 180, Western Washington 197, Western Oregon 197, Humboldt State 200, Central Washington 229, Northwest Nazarene 231, BYU-Hawaii 240, Cal State Stanislaus 316, Saint Martin's 353, Seattle 363, Hawaii Hilo 377, San Francisco State 401, Montana State Billings 538.

Women's Team Scores: Chico State 49, UC San Diego 96, Alaska Anchorage 168, Seattle Pacific 172, Central Washington 178, Cal Poly Pomona 179, Seattle 225, Western Washington 231, BYU- Hawaii 234, Cal State Stanislaus 256, Humboldt State 279, Montana State Billings 294, Cal State San Bernardino 303, Cal State Bakersfield 353, Northwest Nazarene 356, Saint Martin's 415, Western Oregon 429, Cal State L.A. 436, San Francisco State 533.

Men's Results (10,000 Meters)

1. Mark Batres, CPP	32:09	64. Kevin Lambert, NNU	35:28	10. Ryan Mayfield, CSUB	23:39	74. Maija Rohde, CSLA	25:38
2. Daniel Rojas, CPP	32:11	65. Daniel Holligan, UCSD	35:28	11. Michelle DiMeo, UCSD	23:42	75. Heather Moulton, HSU	25:41
3. Steven Springhorn, CSUC	32:23	66. Humberto Vargas, CSUS	35:32	12. Lindsay Stalker, UCSD	23:43	76. Karina Vega, CPP	25:42
4. Scott Bauhs, CSUC	32:42	67. Chris Binchus, HSU	35:33	13. Mary Biggs, CSUC	23:47	77. Kari Andrew, UHH	25:43
5. Jasper Peach, HSU	32:47	68. Joshua Croft, BYUH	35:33	14. Karin Rohde, SPU	23:49	78. Melissa Flake, BYUH	25:44
6. Patrick Boivin, CSUC	32:55	69. Peter Barriaga, CPP	35:38	15. Laura Cohen, CSUC	23:50	79. Kaitlin Rohde, SPU	25:45
7. Brian Kostock, HSU	33:07	70. James Rosser, SPU	35:39	16. Kamie Jo Massey, UAA	23:52	80. Rebecca Mishler, NNU	25:48
8. Chris Layman, CSUC	33:24	71. Keith Lemay, WWU	35:46	17. Brandy Anderson, CWU	23:56	81. Whitney Hurley, CPP	25:50
9. Kyle Ivie, CSUC	33:26	72. Dan Weiser, CWU	35:47	18. Natalie Miano, CPP	24:01	82. Valorie Rojas, CSLA	25:51
10. Antonio Miramontes, CSUC	33:30	73. Paul Broyer, SFSU	35:47	19. Nicole Campbell, HSU	24:06	83. Christine Perez, SFSU	25:51
11. Charlie Serrano, CSUC	33:31	74. Brent Christensen, SMC	35:50	20. Megan McDrew, HSU	24:07	84. Holly Mishler, NNU	25:52
12. Arturo Garcia, CSUS	33:32	75. Ernesto Madrigal, CSUS	35:52	21. Miriam Hodgins, UCSD	24:09	85. Ann McCanick, SMC	25:53
13. Sam Scotchmer, CWU	33:36	76. Spencer Walsh, WOU	35:53	22. Paige Osborn, CSUC	24:11	86. Brandi McCoy, SPU	25:54
14. Robert Eap, UCSD	33:37	77. Noe Castellion, SMC	35:55	23. Zuzana Iler, CSUB	24:16	87. Emily Ferguson, SU	25:55
15. Andy Prentice, SMC	33:44	78. Tyler Layne, NNU	35:56	24. Lindsey Young, UCSD	24:17	88. Leah Trutna, WOU	26:01
16. Tim LeCount, SPU	33:46	79. Matt Cook, CWU	35:57	25. Heidi Robertson, MSUB	24:18	89. Wendi Plott, CSUB	26:04
17. Ethan Barrons, WOU	33:47	80. Bedora Lim, CUH	35:58	26. Sarah Lord, MSUB	24:18	90. Diana Davis, MSUB	26:05
18. James Tawney, CPP	33:52	81. Mark Rivera, CSUS	36:00	27. Rebecca Knox, SPU	24:19	91. Sarah Brundidge, SU	26:08
19. Chase Wells, WOU	33:54	82. Ty Schepler, WWU	36:08	28. Rebecca Cherry, UCSD	24:20	92. Melanie Madsen, BYUH	26:11
20. Jake Hotchkiss, NNU	34:08	83. Batbileg Bor, SFSU	36:11	29. Diane Dunn, UCSD	24:21	93. Katie Wittrock, WWU	26:12
21. Zach Dwello, NNU	34:09	84. David Tamura, BYUH	36:12	30. Hilary Oppido, CSUC	24:22	94. Elizabeth Gonzalez, CSLA	26:14
22. Bjorn Bostrom, SPU	34:13	85. Andrew Chong, HSU	36:16	31. Stephanie Stine, CWU	24:23	95. Sarah Hansen, UAA	26:15
23. David Cerecerez, CPP	34:15	86. Mitchell Steves, UCSD	36:21	32. Christina Jimenez, CPP	24:24	96. Carie Castro, CSLA	26:15
24. Brian Cronrath, SPU	34:18	87. Tim Keller, NNU	36:24	33. Diana Choi, BYUH	24:26	97. Beth Rosapepe, WWU	26:15
25. Jeremy Vantress, BYUH	34:22	88. Nicholas Fill, CSUS	36:26	34. Desiree Dvorak, CSUS	24:28	98. Megan Holt, CSSB	26:17
26. Carl Lostrom, UCSD	34:24	89. Jesus Cisneros, HSU	36:27	35. Alana Garcia, SU	24:30	99. Kayla Castenada, WOU	26:20
27. Brandon Stum, UAA	34:27	90. Alastair In, UHH	36:28	36. Monica Valdez, CPP	24:33	100. Tehani Thompson, SFSU	26:28
28. Michael Stewart, WWU	34:28	91. Dan Ferguson, CWU	36:30	37. Stephanie Upshaw, WOU	24:37	101. Lindsey Graham, NNU	26:33
29. Christopher Miano, CPP	34:29	92. Richard Franck, SU	36:31	38. Meghan Salveson, SU	24:38	102. Kaleb Suess, SU	26:34
30. Abdullah Jamali, UCSD	34:30	93. Lucas Franco, SU	36:31	39. Lindy Mullen, CWU	24:38	103. Becky Southworth, CSSB	26:35
31. Sam Brancheau, WWU	34:31	94. Gustavo Arceo, UHH	36:35	40. Sarah Benson, CWU	24:40	104. Emily Williams, BYUH	26:36
32. Brad Theobald, CPP	34:33	95. Martin Ramos, CSUS	36:44	41. Nicole DeYong, UAA	24:42	105. Nicole Beatty, SMC	26:37
33. Keever Henry, WWU	34:34	96. Robin Wilbur, SMC	36:45	42. Jessica Laslovich, UCSD	24:44	106. Leilani Myers, CUH	26:40
34. Aaron Dickson, UAA	34:35	97. Seth Woods, SMC	36:50	43. Holly Digerolamo, CSSB	24:47	107. Stacy Wells, WOU	26:42
35. Jake Rushton, BYUH	34:36	98. Laurence Graham, NNU	36:51	44. Davya Baker, UAA	24:48	108. Lindsey Viltrakis, CSUS	26:43
36. Leif Olson, UAA	34:38	99. Ryan Tuss, HSU	36:52	45. Shawna Winfrey, CPP	24:50	109. Tiffany Piplica, MSUB	26:44
37. Brent Knight, UAA	34:40	100. Nathan Heitzinger, SU	36:53	46. Susan Young, NNU	24:51	110. Juanita Hernandez, CSLA	26:46
38. Paul Mach, SPU	34:41	101. Cinton Imholte Jr., CUH	36:55	47. Erin Frier, CSUS	24:52	111. Jessica Rendon, HSU	26:51
39. Matt DeShazo, HSU	34:43	102. Felipe Jasso, WOU	37:15	48. Jamie Ray, CPP	24:54	112. Denise Anders, CUH	26:59
40. Luke Sigmon, UCSD	34:44	103. Mikhail Osipov, SFSU	37:17	49. Marcia Silva, SSU	24:55	113. Karin Hansen, SFSU	27:03
41. Geoff Anderson, CWU	34:46	104. Clifton Ho, UHH	37:20	50. Amy Yonan, CSUS	24:56	114. Andrea Brandt, CSSB	27:05
42. Matt Stevens, HPU	34:50	105. Scott Brown, MSUB	37:22	51. Molly DePasqual, WWU	24:57	115. Tracie Overberg, MSUB	27:06
43. Chikara Omine, SFSU	34:52	106. Steven Lalonde, SMC	37:26	52. Lara Bachmeier, UHH	24:57	116. Kaleigh Bishop, SMC	27:07
44. Doug Gibson, SPU	34:53	107. Joey D'Amato, UHH	37:33	53. Emily Picinich, CWU	24:58	117. Jen Smith, WOU	27:09
45. Chris Beetley-Hagler, UCSD	34:54	108. Sam Hartpence, MSUB	37:38	54. Sara Thon, WWU	25:01	118. Deanne Soon, CUH	27:10
46. Paul Moth, UHH	34:55	109. Sandino Moya-Smith, SFSU	37:48	55. Chelsea Lynnes, MSUB	25:03	119. Elizabeth Lugo, CSLA	27:12
47. Nate Normandin, UAA	34:56	110. Ehren Ching, SMC	38:18	56. Janelle Probst, SMC	25:04	120. Betsy Petersen, HSU	27:26
48. Logan Senrud, WWU	34:56	111. Andrew Chain, SFSU	38:35	57. Rachel Bailey, CWU	25:08	121. Adelita Flores, CSUB	27:30
49. Matt Schmitt, CWU	34:56	112. Joe Kragt, MSUB	39:07	58. Julie Stewart, BYUH	25:10	122. Katherine Smith, HSU	27:34
50. Eddie Strickler, SPU	34:59	113. Ryan Archibald, MSUB	39:17	59. Melanie Nisly, NNU	25:11	123. Amanda Brown, MSUB	27:37
51. Andy Peters, NNU	35:00	114. Efeson Alemayehu, SFSU	39:27	60. Stephanie Myers, UAA	25:16	124. Danielle Pratt, UAA	27:44
52. Germain Ortiz, UHH	35:01	115. Jarred Rensvold, MSUB	39:33	61. Rachael Bates, WWU	25:21	125. Aeshia Rosse, WOU	27:45
53. Nick Crawford, WOU	35:02	116. Juan Morales, UHH	40:50	62. Jessica Dawney, SSU	25:23	126. Hilda Ramirez, CSUS	27:52
54. Joseph Sybrowsky, BYUH	35:03			63. Jamie Kendrick, CSUS	25:24	127. Lakita Burr, SMC	28:18
55. Jerret Mantalas, WOU	35:06			64. Tracy Kuhn, SPU	25:26	128. Lovette Mioni, CSUB	28:21
56. Brad Brolin, WOU	35:07			65. Sadie Solem, HSU	25:28	129. Jessica Wiggins, NNU	28:40
57. Phil Paul, CWU	35:07			66. Kim Miller, CSUSB	25:29	130. Maureen Driscoll, SMC	28:50
58. Drew Dickson, UAA	35:09			67. Kristie Rice, SU	25:32	131. Flora Lugo, CSLA	29:07
59. Jake Haskins, WWU	35:11			68. Amber Green, CWU	25:33	132. Marisol Miranda, SFSU	29:11
60. Andrew Lybarger, SU	35:15			69. Geraldina Garcia, CSUS	25:33	133. Brittany McBride, SFSU	30:34
61. Jacob Puzey, BYUH	35:18			70. Kristin Haas, WWU	25:34	134. Beth Miller, CSUB	31:30
62. Michael Hughes, SU	35:19			71. Nicole Jensen, SPU	25:35	135. Kathy Keenan, CSSB	31:44
63. Nicholas Dols, SU	35:27			72. Jessie Dunnam, SMC	25:37	136. Myriam Bayer, SFSU	32:43
				73. Jennifer Puzey, BYUH	25:38	137. Melissa Simmons, SFSU	35:01

Women's Results (6,000 Meters)

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2005

Nov. 5 at Chino, Calif.

Men's Team Scores: Chico State 23, Cal Poly Pomona 97, Alaska Anchorage 106, Western Washington 124, Seattle Pacific 172, Humboldt State 193, UC San Diego 197, Cal State Stanislaus 214, BYU-Hawaii 278, Seattle 279, Western Oregon 288, Hawaii Hilo 325, Northwest Nazarene 338, San Francisco State 349, Central Washington 353, Saint Martin's 443.

Women's Team Scores: Chico State 42, UC San Diego 62, Alaska Anchorage 129, Seattle Pacific 134, Cal State L.A. 163, Central Washington 197, Cal Poly Pomona 246, Seattle 270, Western Washington 278, BYU-Hawaii 282, Hawaii Pacific 285, CSU San Bernardino 286, CSU Stanislaus 294, San Francisco State 385, Northwest Nazarene 403, Humboldt State 417, CSU Bakersfield 422, Alaska Fairbanks 440, Sonoma State 453, Saint Martin's 520, Chaminade 566.

Men's Results (10,000 Meters)

1. Patrick Boivin, CSUC	31:23.6
2. Charlie Serrano, CSUC	31:44.3
3. Mark Batres, CPP	32:03.6
4. Antonio Miramontes, CSUC	32:30.0
5. Casey Moriarty, SU	32:34.1
6. Josh Babiak, SFSU	32:42.5
7. Beau Bettinger, CSUC	32:48.0
8. David Kiplagat, UAA	32:55.3
9. Rory Kuykendall, CSUC	32:56.8
10. Jacob Klausen, HPU	33:05.9
11. Arturo Garcia, CSUS	33:07.6
12. Scott Bauhs, CSUC	33:12.5
13. Aaron Dickson, UAA	33:14.6
14. Isaac Perez, CPP	33:16.2
15. Leif Olson, UAA	33:24.3
16. Kyle Ivie, CSUC	33:30.4
17. Logan Senrud, WWU	33:30.5
18. Doug Gibson, SPU	33:32.5
19. Mark Rivera, CSUS	33:35.5
20. Bjorn Bostrom, SPU	33:45.7
21. Brian Kostock, HSU	33:47.8
22. Sam Brancheau, WWU	33:49.6
23. Joseph Sybrowsky, BYUH	33:52.5
24. Drew Dickson, UAA	33:53.0
25. Miguel Cabanas, CPP	33:57.5
26. Kevin Urak, CPP	34:02.5
27. Jake Perry, NNU	34:07.4
28. Casper Dahl, HPU	34:14.6
29. Keith Lemay, WWU	34:18.6
30. Eric Tibbetts, HSU	34:21.3
31. Anthony Tomsich, WWU	34:24.6
32. Jasper Peach, HSU	34:25.2
33. Michael Stewart, WWU	34:25.8
34. James Tawney, CPP	34:27.0
35. Chad Portwood, WWU	34:29.1
36. Eddie Venegas, CPP	34:32.5
37. Carlo Lozano, SPU	34:33.4
38. Gabriel LaMonthe, UCSD	34:37.2
39. Carl Lostrom, UCSD	34:39.5
40. Jale LeVieux, UCSD	34:39.9
41. Jimmy Elam, HSU	34:41.6
42. Pedro Barriga, CPP	34:42.2
43. Matthew Noble, UCSD	34:42.3
44. Paul Moth, UHH	34:50.0
45. Larry Blaylock, CSUS	34:51.9
46. Jerret Mantalas, WOU	34:52.4
47. Dan Holligan, UCSD	34:54.8
48. Joshua Croft, BYUH	34:57.2
49. Nathan Heitzinger, SU	35:01.0
50. Andrew Lybarger, SU	35:01.5
51. Benjamin Sonntag, UAA	35:01.8
52. Brian Cronrath, SPU	35:02.5
53. James Rosser, SPU	35:03.8
54. Eddie Strickler, SPU	35:03.9
55. Stig Yngve, UAA	35:05.7
56. Chris Beetley-Hagler, UCSD	35:07.3
57. Bedora Lim, CUH	35:14.1
58. Brian Rockenbach, CWU	35:15.4
59. Luke Sigmon, UCSD	35:23.1
60. Gustavo Arceo, UHH	35:35.7
61. Nik Karr, WOU	35:42.1
62. Batbileg Bor, SFSU	35:46.4
63. Cary Costa, WOU	35:48.0

64. Andy Peters, NNU	35:54.3
65. Troy Banker, WOU	35:55.7
66. Brandon Krout, BYUH	36:01.2
67. Felipe Jasso, WOU	36:04.7
68. Joshua Enos, UHH	36:11.0
69. Sam Bedell, WWU	36:13.3
70. Michael Boyle, UAA	36:15.1
71. Gabe Andrews, CWU	36:16.4
72. Tyler Lane, NNU	36:23.6
73. Matthew Gulden, BYUH	36:27.9
74. Jack Chandler, CSUS	36:30.9
75. Isaac Crawford, CSUS	36:32.5
76. Dan Ferguson, CWU	36:41.4
77. Clifton Ho, UHH	36:42.4
78. Dan Weiser, CWU	36:53.2
79. Craig Giovenetti, HSU	36:54.3
80. Thomas Jordan, BYUH	36:55.3
81. Clinton Imholte, CUH	37:00.6
82. Seth Woods, SMU	37:04.6
83. Nick Dols, SU	37:07.5
84. Bryan Dibos, WOU	37:08.1
85. Martin Ramos, CSUS	37:18.1
86. Steve Lehman, CWU	37:24.4
87. Tim Keller, NNU	37:31.3
88. James Roach, CWU	37:31.4
89. Andrew Chong, HSU	37:52.3
90. Luke Graesser, BYUH	37:57.8
91. Michael Evans, UHH	37:59.2
92. Nic Crawford, WOU	38:03.6
93. Robbie Wilbur, SMU	38:05.4
94. Caleb Timmer, SMU	38:10.5
95. Kerry Burns, HSU	38:13.5
96. Keiichi Matsumoto, CUH	38:19.7
97. Jason Koide, CUH	38:56.2
98. Rich Thomas, SMU	38:56.3
99. Scott Clark, SFSU	39:27.0
100. Tris Obluck, SMU	39:37.6
101. Mikhail Osipov, SFSU	39:45.0
102. Luis Cortes, SFSU	39:57.3
103. Justin Freyermuth, CSUS	40:05.2
104. Steven Lalonde, SMU	40:17.3
105. Kyle Gray, NNU	41:29.9
106. Robert Renninger, SU	41:50.7
107. Sandino Moya-Smith, SFSU	42:40.6

Women's Results (6,000 Meters)

1. Miriam Hodgins, UCSD	21:59.8
2. Katie Lee, CSUC	22:01.9
3. Jennifer James, CSUC	22:19.4
4. Mandy Kaempf, UAA	22:22.7
5. Meredith Crane, SPU	22:23.3
6. Maria Delgado, CSLA	22:24.0
7. Erin O'Donnell, UCSD	22:30.0
8. Pavla Havlova, UAF	22:31.0
9. Laura Trevelyan, WWU	22:34.5
10. Tanya Zeferjahn, CSUSB	22:39.4
11. Missy Lendl, CSUC	22:46.6
12. Ciara Harvey, CSUC	22:52.0
13. Stacy Edwards, UAA	22:55.9
14. Julie Shaw, CSUC	22:59.7
15. Emily McGregor, UCSD	23:04.5
16. Louise Brasen, HPU	23:08.7
17. Lindsay Nelson, CSUC	23:15.9
18. Karla Alburez, CSLA	23:19.4

19. Michelle DiMeo, UCSD	23:28.1
20. Nina Miller, UCSD	23:28.6
21. Karin Rohde, SPU	23:29.3
22. Zuzana Iler, CSUB	23:29.6
23. Natalie Milano-Batres, CPP	23:33.3
24. Jennifer Puzey, BYUH	23:33.7
25. Josie Lavin, SPU	23:38.1
26. Laura Carr, UAA	23:41.1
27. Desiree Castellanos, CSUS	23:42.8
28. Marcie Mullen, CWU	23:46.1
29. Maija Rohde, CSLA	23:49.2
30. Sarah Benson, CWU	23:50.4
31. Christina Jimenez, CPP	23:52.3
32. Erin Deasy, WWU	23:52.6
33. Molly Follen, SU	23:52.7
34. Brandy Anderson, CWU	23:54.3
35. Jessica Rendon, HSU	23:55.4
36. Melissa Flake, BYUH	23:55.9
37. Ashley Puga, NNU	23:59.4
38. Davya Baker, UAA	24:00.4
39. Rachel Bailey, CWU	24:03.4
40. Anna Olesen, HPU	24:04.9
41. Mary Moriarty, SPU	24:06.6
42. Suzanne Strickler, SPU	24:07.1
43. Diane Dunn, UCSD	24:07.5
44. Katie Hansen, SU	24:08.6
45. Pia Folsing, HPU	24:12.9
46. Shawna Burger, CSLA	24:13.3
47. Erin Frier, CSUS	24:15.5
48. Danielle Pratt, UAA	24:16.7
49. Christine Perez, SFSU	24:17.8
50. Dallase Scott, CSUC	24:18.7
51. Jolene Boogard, WWU	24:18.9
52. Alana Garcia, SU	24:22.0
53. Holly Digerolamo, CSUSB	24:22.7
54. Amanda Castro, BYUH	24:26.1
55. Kimberly Beaman, SPU	24:26.8
56. Stephanie Upshaw, WOU	24:27.4
57. Sofia Leon, CSUS	24:30.7
58. Rebecca Knox, SPU	24:31.8
59. Jacqui Trenkwalder, SSU	24:37.6
60. Jamie Ray, CPP	24:38.3
61. Masako Sagawa, HPU	24:39.9
62. Monica Valdez, CPP	24:40.3
63. Janelle Probst, SMU	24:40.4
64. Meghan Salvesson, SU	24:42.0
65. Ana Juarez, CSLA	24:43.3
66. Kaley Strachan, UAA	24:47.4
67. Andrea Ring, CWU	24:47.9
68. Becky Southworth, CSUSB	24:50.2
69. Amanda Burkhardt, UCSD	24:53.2
70. Suzie Sandoval, SFSU	24:56.2
71. Geraldina Garcia, CSUS	25:03.4
72. Mary Krusen, UAA	25:07.7
73. Evelyn Lopez, CPP	25:10.0
74. Kristin Glen, CSUDH	25:10.8
75. Kiyara Iravanian, SSU	25:11.6
76. Melanie Nisly, NNU	25:13.2
77. Kristen Torres, CSUSB	25:15.6
78. Karin Hansen, SFSU	25:23.6
79. Rachel Barreau, WOU	25:25.3
80. Amber Green, CWU	25:26.9
81. Alice McIntosh, SU	25:28.2
82. Julia Coulter, UAF	25:29.2

83. Melanie Madsen, BYUH	25:29.3
84. Megan Holt, CSUSB	25:30.7
85. Linsey Vanzant, CSLA	25:31.2
86. Raha Hakimdavar, CPP	25:32.2
87. Kari Brandt, CSUSB	25:32.6
88. Lovette Mioni, CSUB	25:36.6
89. Heather Moulton, HSU	25:38.1
90. Jill Keller, WWU	25:38.5
91. Diana Choi, BYUH	25:40.4
92. Nicole Beare, HSU	25:41.3
93. Kristin Gallup, SFSU	25:41.8
94. April Montgomer, SSU	25:41.9
95. Rebecca Mishler, NNU	25:43.4
96. Leilani Kaluhiokalani-My, CUH	25:45.8
97. Marissa Hager, CSUS	25:46.7
98. Macey Blaine, NNU	25:47.0
99. Ashley Benson, UHH	25:48.1
100. Maria Cardenas, CPP	25:48.4
101. Ariel Gray, HSU	25:48.6
102. Jenna Carvajal, SSU	25:49.1
103. Keely Kaligis, WWU	25:50.7
104. Wendi Plott, CSUB	25:52.9
105. Ariela Ramos, SFSU	25:55.7
106. Jodi Calderon, CSUB	25:57.2
107. Anna Coulter, UAF	25:57.4
108. Rachel Peters, WOU	25:59.2
109. Elizabeth Lugo, CSLA	26:00.6
110. Holly Mishler, NNU	26:01.0
111. Lydia Lauer, SU	26:02.0
112. Kim Miller, CSUSB	26:03.5
113. Kaleigh Bishop, SMU	26:04.3
114. Annzen Salvador, CUH	26:08.1
115. Andrea Lovio, HSU	26:13.6
116. Deanne Soon, CUH	26:16.5
117. Valerie Tucker, CSUDH	26:17.0
118. Lindsey Graham, NNU	26:17.2
119. Alyssa Lewis, CSUB	26:28.9
120. Chelsi Claussen, SMU	26:30.3
121. Jessica Pendon, SMU	26:31.7
122. Kelly Frier, CSUS	26:36.7
123. Kari Andrew, UHH	26:42.7
124. Lexi Baxter, WWU	26:43.9
125. Krynne Finstad, UAF	26:46.6
126. Lisa Castle, CUH	26:46.8
127. Christy Wynkoop, NNU	26:53.0
128. Lakita Burr, SMU	26:56.3
129. Betsy Peterson, HSU	26:57.1
130. Emily Uhlig, CWU	26:59.0
131. Leigh Meade, HPU	26:59.6
132. Rhiannon Cadelinia, SU	27:00.1
133. Patty Guerrero, CSUS	27:11.6
134. Amanda Garcia, HSU	27:13.1
135. Katrina Schwerdtfeger, WWU	27:20.6
136. Monica Marroquin, CSUDH	27:23.9
137. Tiana Ring, CSUB	27:28.8
138. Nicole Beatty, SMU	27:48.5
139. Crista Phillips, SFSU	28:19.9
140. Virginia Parrish, UAF	28:28.2
141. Allison Daum, SSU	28:59.3
142. Kristine Smallwood, CUH	29:55.9
143. Felicia Jasso, CSUB	30:33.7
144. Jaime Knaus, CUH	30:48.7
145. Crystal Weseman, CUH	30:57.4
146. Katelynn Blume, SMU	31:33.0

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2006

Nov. 4 at Oroville, Calif.

Men's Team Scores: Chico State 32, Cal Poly Pomona 116, Alaska Anchorage 119, Western Washington 121, UC San Diego 261, BYU-Hawaii 165, Hawaii Pacific 238, Western Oregon 242, Cal State Stanislaus 250, Seattle Pacific 250, Humboldt State 285, Central Washington 302, Hawaii Hilo 315, San Francisco State 320, Saint Martin's 352, Seattle 456.

Women's Team Scores: Cal State L.A. 67, Seattle Pacific 70, UC San Diego 76, Chico State 77, Alaska Anchorage 109, Central Washington 171, Cal State Stanislaus 225, Cal Poly Pomona 250, Western Oregon 254, San Francisco State 280, Cal State San Bernardino 302, Humboldt State 334, Hawaii Hilo 370, Western Washington 389, BYU-Hawaii 399, Saint Martin's 422, Seattle 422, Hawaii Pacific 441.

Men's Results (10,000 Meters)

1. Todd Iacovelli, HPU	31:58.35	59. Braxton Jackson, WOU	34:57.36	9. Laura Carr, UAA	21:47.00	68. Quinn Horochuk, HPU	24:00.13
2. Charlie Serrano, CSUC	32:09.72	60. Jose Alvarez, SFSU	35:00.11	10. Emily McGregor, UCSD	21:47.41	69. Kim Parry, WOU	24:01.31
3. Antonio Miramontes, CSUC	32:13.89	61. Daniel Anderson, UCSD	35:05.28	11. Rachel Bailey, CWU	21:49.62	70. Margarita Henriquez, CSUS	24:04.71
4. John Riak, SMU	32:24.52	62. Doug Gibson, SPU	35:11.99	12. Elizabeth Chepkosgei, UAA	21:51.44	71. Stephanie Cooke, CWU	24:06.90
5. David Kiplagat, UAA	32:31.55	63. Stefano Barbis, UHH	35:14.31	13. Lindsay Nelson, CSUC	21:53.72	72. Lisa Herrera, SFSU	24:07.97
6. Scott Bauhs, CSUC	32:34.42	64. Vicente Moreno, CSUS	35:16.23	14. Jane Larson, SPU	21:54.63	73. Diana Choi, BYUH	24:08.80
7. Sam Scotchmer, CWU	32:39.34	65. Mick Boyle, UAA	35:18.18	15. Erin Frier, CSUS	21:58.28	74. Shannon Weston, SFSU	24:10.15
8. Kyle Ivie, CSUC	32:51.87	66. Jonathon Rank, CWU	35:19.33	16. Karin Rohde, SPU	22:00.40	75. Nina Hagemann, UHH	24:11.38
9. Eddie Venegas, CPP	33:02.15	67. Joseph Sybrowsky, BYUH	35:21.61	17. Suzie Strickler, SPU	22:02.26	76. Ariela Ramos, SFSU	24:13.99
10. Brandon Laan, HPU	33:04.05	68. Nicholas Alvarado, SU	35:22.75	18. Davya Flaharty, UAA	22:04.97	77. Mary Bakeman, CWU	24:16.99
11. Jesse Morrill, UCSD	33:05.27	69. Geoffrey Dunn, HPU	35:34.50	19. Nina Miller, UCSD	22:08.73	78. Miranda Houston, SFSU	24:17.42
12. Aaron Dickson, UAA	33:06.98	70. Kevin Blount, CWU	35:38.90	20. Amanda Burkhardt, UCSD	22:10.13	79. Denise Salceda, CPP	24:17.52
13. Rory Kuykendall, CSUC	33:09.31	71. Martin Ramos, CSUS	35:39.54	21. Ashleigh Montgomery, UCSD	22:11.81	80. Marissa Harshman, WWU	24:19.48
14. Josh Babiak, SFSU	33:12.40	72. Shane Brookshire, CSUS	35:39.70	22. Megan Wrightman, SPU	22:15.73	81. Marlene Malagon, CSUSB	24:22.47
15. Brent Knight, UAA	33:19.17	73. Jacob Hurd, HSU	35:42.52	23. Mary Moriarty, SPU	22:16.27	82. Mary Krusen, UAA	24:24.00
16. Isaac Perez, CPP	33:20.15	74. Andy Liebner, UAA	35:43.45	24. Aisha Kamala, CSUC	22:17.66	83. Kari Brandt, CSUSB	24:29.74
17. Bul Nyuop, WWU	33:25.83	75. Jason Lewis, HSU	35:47.37	25. Mabel Cespedes, CSLA	22:25.73	84. Rachel Ochs, CSUS	24:33.19
18. Anthony Tomsich, WWU	33:27.55	76. Isaac Crawford, CSUS	35:47.82	26. Shawna Burger, CSLA	22:30.62	85. Danielle Slaughter, WWU	24:35.45
19. Bobby Olivera, CSUS	33:27.91	77. Esben Dalgaard, HPU	35:51.60	27. Christina Jimenez, CPP	22:31.67	86. Natalie Martinez, SU	24:36.49
20. Tim Tollefson, CSUC	33:28.09	78. Niwar Nasim, SMU	35:55.50	28. Becky Southworth, CSUSB	22:33.64	87. Holly Digerolamo, CSUSB	24:36.61
21. Chad Portwood, WWU	33:29.05	79. Scott Palmer, CWU	35:56.98	29. Kate Harline, SPU	22:39.10	88. Heather Moulton, HSU	24:37.49
22. Omar Limon, HSU	33:35.05	80. Eric Ardisson, CWU	36:08.12	30. Julie Shaw, CSUC	22:39.63	89. Rhiannon Cadelina, SU	24:39.72
23. Gerardo Rabelo, CPP	33:36.29	81. Doug Higinis, HPU	36:15.15	31. Ashley Puga, NNU	22:46.52	90. Kirsten Clarke, CWU	24:40.87
24. Larry Blaylock, CSUS	33:41.20	82. Ryan Phillips, SPU	36:18.71	32. Mandy Kaempf, UAA	22:46.83	91. Keely Kaligis, WWU	24:41.12
25. Michael Wickman, CSUC	33:43.78	83. Troy Banker, WOU	36:20.08	33. Whitney Hurley, CPP	22:48.06	92. Taylor Shipman, SMU	24:42.99
26. Jimmy Elam, HSU	33:46.78	84. Brian Rockenbach, CWU	36:23.84	34. Sarah Benson, CWU	22:54.72	93. McKinley Williams, WWU	24:46.24
27. Jake LeVieux, UCSD	33:47.45	85. Trevor Kulvi, CWU	36:32.44	35. Sarah Howell, WOU	22:57.92	94. Rachel O'Brien, WOU	24:49.79
28. Keith Lemay, WWU	33:48.34	86. Jon George, CSUS	36:38.90	36. Amanda Whitford, BYUH	22:58.84	95. Adrienne Cesena, BYUH	24:53.03
29. Mathew Gulden, BYUH	33:48.42	87. Travis Banker, WOU	36:46.03	37. Alea Rowley, WOU	22:59.56	96. Jaime Clark, SU	24:54.00
30. Kenneth Harper, BYUH	33:49.14	88. Josh Gattbunton, SMU	36:48.87	38. Megan Rolland, HSU	23:03.66	97. Deanne Soon, CUH	24:58.05
31. Nick Crawford, WOU	33:53.65	89. Hansueli Overturf, HSU	36:49.92	39. Alix Kitka, SFSU	23:08.31	98. Marty Kawawaski, UHH	24:58.79
32. Miguel Cabanas, CPP	33:54.68	90. Steven Lalonde, SMU	37:05.30	40. Danielle Pratt, UAA	23:14.30	99. Kim Crouch, HSU	25:00.77
33. Jeremy VanTress, BYUH	33:55.91	91. Nick Kirschner, SU	37:06.90	41. Kelly Frier, CSUS	23:15.90	100. Silvia Manzo, HSU	25:01.92
34. Jacob Puzey, BYUH	33:59.20	92. Tristan Beach, SMU	37:09.32	42. Lisa Castle, CUH	23:16.96	101. Gabriella Arrendano, CSLA	25:04.33
35. Greg Geldman, UCSD	34:00.51	93. Andrew Lybarger, SU	37:11.03	43. Kari Andrew, UHH	23:18.41	102. Jessica Crosby, BYUH	25:06.98
36. Derek DeSantiago, CPP	34:01.68	94. Carlo Lozano, SPU	37:18.01	44. Inga Burger, HPU	23:20.62	103. Krinda Carlson, SMU	25:12.10
37. Keever Henry, WWU	34:04.18	95. Steve Kilroy, HSU	37:21.49	45. Erica Van Voast, SFSU	23:20.94	104. Yu-Jhih Fong, BYUH	25:18.46
38. Brian Cronrath, SPU	34:08.94	96. Luis Cortes, SFSU	37:26.55	46. Megan Williams, CSUC	23:22.47	105. Alisan Engle, UHH	25:22.96
39. Thomas Puzey, BYUH	34:09.09	97. Scott Clark, SFSU	37:27.05	47. Kaley Strachan, UAA	23:23.45	106. Catherine Jaureguy, CSUS	25:24.61
40. Sam Brancheau, WWU	34:10.87	98. Robbie Wilbur, SMU	37:29.83	48. Catherine Strouse, UCSD	23:26.41	107. Charissa Buchanan, HPU	25:28.14
41. Dan Holligan, UCSD	34:12.24	99. Andrew Wright, HSU	37:34.65	49. Allison Ivie, CSUC	23:26.62	108. Claire Weinan, CSLA	25:28.47
42. Drew Dickson, UAA	34:13.08	100. Keiichi Matsumoto, CUH	37:52.48	50. Molly DePasqual, WWU	23:31.89	109. Jessica Pendon, SMU	25:29.74
43. Kendall Lopez, CPP	34:15.01	101. Kevin Enriques, HPU	38:01.66	51. Yacxiri Lopez, CSUS	23:34.36	110. Asia VanderBilt, SU	25:31.34
44. Bjorn Bostrom, SPU	34:18.89	102. Chris Henry, SU	38:02.57	52. Charisse Arce, SU	23:35.25	111. Megan Holt, CSUSB	25:34.48
45. Auston Ellis, UAA	34:22.18	103. Evan Meza, UHH	38:12.77	53. Jenna Lee, HSU	23:35.78	112. Malia Williams, UHH	25:42.07
46. Kym Hunt, WOU	34:28.83	104. Toby Castro, CUH	38:18.99	54. Amy Gilson, CSUSB	23:36.61	113. Valarie Tucker, CSUDH	25:52.21
47. Max Mullender, UCSD	34:31.72	105. Ryan Dela Cruz, CUH	40:16.79	55. Danielle Ciraulo, CSUS	23:36.85	114. Kaleigh Bishop, SMU	25:52.37
48. James Rosser, SPU	34:36.87	106. Ehren Ching, CUH	42:08.30	56. Kambria Schumacher, WOU	23:42.05	115. Hilarie Glenn, BYUH	26:07.72
49. Germain Ortiz, UHH	34:39.31	107. Andrew Wilburn, SU	42:59.05	57. Amber Green, CWU	23:44.03	116. Wendy Darling, HPU	26:24.79
50. Joshua Enos, UHH	34:40.17			58. Karina Vega, CPP	23:45.15	117. Evelyn Lopez, CPP	26:33.62
51. Garrett McAllister, UHH	34:40.34			59. Cynthia Chaidze, SFSU	23:47.68	118. Allison Graham, WWU	26:41.12
52. Nik Karr, WOU	34:43.38			60. Emma Hartel, CPP	23:49.62	119. Greta Stickney, SU	26:42.43
53. Batbileg Bor, SFSU	34:44.20			61. Ashley Benson, UHH	23:51.16	120. Jennifer Innes, SU	26:54.09
54. Mike Schmidt, WOU	34:45.76			62. Jordana Henderson, UCSD	23:52.92	121. Kelly Corral, CSUDH	27:05.20
55. Kevin Urak, CPP	34:46.97			63. Jessie Dunnam, SMU	23:54.61	122. Brittany Maisi, CSUDH	27:34.69
56. Mike Wright, UCSD	34:50.89			64. Kim Miller, CSUSB	23:56.44	123. Rachel Martin, CUH	28:17.04
57. Logan Sennrud, WWU	34:53.15			65. Shirton Moncrief, WOU	23:57.34	124. Elizabeth Johnson, HPU	29:20.79
58. Chad Meis, SPU	34:54.78			66. Jessica Rendon, HSU	23:58.07	125. Jamie Kanus, CUH	31:36.50
				67. Amy Layton, SMU	23:58.70		

Women's Results (6,000 Meters)

1. Jessica Pixler, SPU	20:46.10
2. Mary Torres, CSUC	20:56.93
3. Katie Hummel, CWU	21:10.90
4. Pilar Delgado, CSLA	21:25.60
5. Karla Albuarez, CSLA	21:27.09
6. Diane Dunn, UCSD	21:31.05
7. Maija Rhode, CSLA	21:37.22
8. Sarah Montez, CSUC	21:39.84

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2007

Nov. 3 at Eagle Island State Park, Boise, Idaho

Men's Team Scores: Chico State 39, Western Washington 93, UC San Diego 135, Western Oregon 140, Alaska Anchorage 152, Cal State Stanislaus 172, Humboldt State 181, Central Washington 228, BYU-Hawaii 275, San Francisco State 284, Northwest Nazarene 290, Hawaii Pacific 301, Cal Poly Pomona 315, Seattle 330, Hawaii Hilo 383, Alaska Fairbanks 392, Montana State Billings 510, Chaminade 552, Grand Canyon 557.

Women's Team Scores: Seattle Pacific 45, Cal State L.A. 54, Chico State 64, UC San Diego 125, Northwest Nazarene 231, Seattle 251, Cal Poly Pomona 260, Western Oregon 260, Central Washington 275, Western Washington 278, Alaska Anchorage 297, Cal State Stanislaus 302, Saint Martin's 347, San Francisco State 356, Cal State San Bernardino 370, Montana State Billings 374, BYU-Hawaii 409, Humboldt State 441, Alaska Fairbanks 441, Hawaii Pacific 486, Hawaii Hilo 514, Sonoma State 671, Chaminade 699.

Men's Results (10,000 Meters)

1. John Riak, SMU	30:32.75	71. Zach McGill, UAF	33:19.77	15. Karin Rohde, SPU	21:23.5	86. Mary Krusen, UAA	23:13.0
2. Sam Scotchmer, CWU	30:35.40	72. Tris Obluck, SMU	33:22.82	16. Erin Frier, CSUS	21:25.3	87. Anjali Haydu, UAA	23:13.6
3. Tim Tollefson, CSUC	30:40.20	73. Mick Boyle, UAA	33:23.78	17. Emily McGregor, UCSD	21:26.0	88. Jennifer Torres, HPU	23:15.5
4. David Kiplagat, UAA	30:44.78	74. Jose Alvarez, SFSU	33:25.26	18. Kayla Silva, CSUC	21:28.9	89. Alejandra Sanchez, UHH	23:16.8
5. Bennett Grimes, WWU	30:48.02	75. Paul Broyer, SFSU	33:25.91	19. Marcie Mullen, CWU	21:32.8	90. Jamie Sundvall, NNU	23:18.4
6. Vicente Moreno, CSUS	30:50.20	76. Scott Palmer, CWU	33:29.88	20. Cynthia Rios, CSLA	21:33.4	91. Vanesa Zuzuarregui, SFSU	23:19.4
7. Jasper Peach, HSU	30:55.40	77. Kevin Enriques, HPU	33:30.88	21. Kate Harline, SPU	21:35.2	92. Cierra Dornfeld, MSUB	23:20.0
8. Brendan Scanlon, CSUC	30:57.46	78. Chris Eversman, UAF	33:31.25	22. Kara Lubieniecki, CSUC	21:39.2	93. Kerianne Quiocho, SU	23:20.7
9. Mike Schmidt, WOU	30:59.71	79. Matt Stark, NNU	33:40.71	23. Kati Hansen, SU	21:41.6	94. Holly Digerolamo, CSUSB	23:21.2
10. Michael Wickman, CSUC	31:01.37	80. Evan Meza, UHH	33:41.84	24. Vera Ross, SFSU	21:42.5	95. Sarah Garcia, CPP	23:22.9
11. Manny Mejia, CSUC	31:02.79	81. Ryan Ceynar, MSUB	33:44.34	25. Hallide Wilt, UAA	21:44.0	96. Jordana Henderson, UCSD	23:24.9
12. Jordan Page, CSUC	31:03.52	82. Jonathan Batres, CPP	33:45.81	26. Dinora Moran, CSUC	21:47.2	97. Marissa Hager, CSUS	23:29.7
13. Kenneth Harper, BYUH	31:04.49	83. Kyle Gray, NNU	33:47.62	27. Ashleigh Montgomery, UCSD	21:49.0	98. Emma Palmer, HPU	23:30.2
14. Bobby Olivera, CSUS	31:06.31	84. Gabe LaMothe, UCSD	33:48.13	28. Jessica Harper, WOU	21:49.5	99. Kari Brandt, CSUSB	23:30.2
15. Angel Marquez, CSUC	31:12.82	85. Vincent Rojas, CPP	33:49.04	29. Rachel Yorkston, SU	21:51.2	100. Quinn Horochuk, HPU	23:30.5
16. Kevin Lambert, NNU	31:15.31	86. Nathan Sandholtz, BYUH	33:51.15	30. Amanda Whitford, BYUH	21:53.4	101. Sarah Jackson, MSUB	23:32.1
17. Jordan Fairley, CSUC	31:26.72	87. Stefano Barbis, UHH	33:55.36	31. Sarah Benson, CWU	21:54.4	102. Shellane Jensen, WWU	23:32.5
18. Braxton Jackson, WOU	31:32.54	88. Alberto Diaz, CPP	33:57.77	32. Claudia Garcia, CPP	21:59.2	103. Kari Andrew, UHH	23:33.0
19. Jon Skelton, WWU	31:37.69	89. Jon George, CSUS	34:01.98	33. Kaitlin Rohde, SPU	21:59.4	104. April Montgomery, CSUS	23:34.4
20. Anthony Tomsich, WWU	31:39.02	90. Alan Kass, HSU	34:03.47	34. Amanda Burkhardt, UCSD	22:01.3	105. Ashley Rendahl, NNU	23:35.4
21. Peter Doner, UAA	31:39.36	91. Joseph Gonsalves, BYUH	34:09.13	35. Tiffany Turner, CPP	22:04.2	106. Johanna Doner, UAA	23:36.3
22. Jimmy Elam, HSU	31:39.91	92. Victor Cuccia, CPP	34:14.65	36. Elisa Decker, NNU	22:12.0	107. Kirsten Clarke, CWU	23:37.0
23. Batbleg Bor, SFSU	31:40.92	93. Jarred Rensvold, MSUB	34:14.86	37. Jaclyn Puga, NNU	22:12.8	108. Irene Graham, HSU	23:37.0
24. Jesse Morrill, UCSD	31:44.53	94. Michael Van Nuland, SU	34:24.69	38. Julia Coulter, UAF	22:13.2	109. Amanda Garcia, HSU	23:37.6
25. Daniel Phillips, WWU	31:44.84	95. Nick Harvey, SMU	34:28.70	39. Jessie Dunnam, SMU	22:14.0	110. Mary Bakeman, CWU	23:37.7
26. Jason Lewis, HSU	31:52.71	96. Diego Morales, UHH	34:31.51	40. Jessie Bodenhamer, UCSD	22:14.5	111. Crista Phillips, SFSU	23:39.7
27. Kevin Klein, UCSD	31:58.53	97. Max Cole, SU	34:33.80	41. Adrienne Schumm, CPP	22:17.2	112. Shawna Alvarez, CSUSB	23:42.0
28. Greg Goldman, UCSD	32:01.13	98. Scott Clark, SFSU	34:45.68	42. Megan Rolland, HSU	22:19.1	113. Ashley Benson, UHH	23:49.0
29. Blake Medhaug, WWU	32:01.62	99. Steven Lalonde, SMU	34:50.48	43. Dianna Stanley, MSUB	22:20.4	114. Allyson Robison, BYUH	23:52.9
30. Daniel Anderson, UCSD	32:07.48	100. Max Fernandez, SFSU	34:53.85	44. Emma Bohman, UAA	22:23.0	115. Deanne Son, CUH	23:54.5
31. Jake LeVieux, UCSD	32:08.12	101. Hank Hetrick, NNU	34:55.17	45. Annie Laweryson, SMU	22:24.3	116. Alexa Pulley, SSU	23:55.1
32. Keith Lemay, WWU	32:13.03	102. Graham Miller, SU	35:01.84	46. Lyndsey McKillip, WOU	22:25.3	117. Wendy Darling, HPU	23:56.1
33. Jose Morales, CSUS	32:15.20	103. Vaughn Harber, HPU	35:05.69	47. Lisa Anderberg, SPU	22:27.8	118. Naomi Bisagno, CPP	23:57.3
34. Alex Wood, CPP	32:17.43	104. Nick Holt, CWU	35:13.55	48. Dora Perez, CSLA	22:27.8	119. Krynyn Finstad, UAF	24:03.2
35. Chris Reed, WOU	32:18.71	105. Adam Kollgaard, SU	35:21.50	49. Jackie Dent, WOU	22:29.2	120. Shirlon Moncrief, WOU	24:09.7
36. Cornelious Sigel, UAA	32:18.94	106. Toby Castro, CUH	35:23.24	50. Keeley Kaligis, WWU	22:29.8	121. Malori Woodford, MSUB	24:11.0
37. Zeke VanPatten, WOU	32:20.59	107. Greg DeSimone, NNU	35:28.61	51. Kim Miller, CSUSB	22:30.8	122. Colleen Dalimata, MSUB	24:12.3
38. Jani Tulppo, UAF	32:22.59	108. David Apperson, UAF	35:28.82	52. Brianna Alban, UCSD	22:32.1	123. Alena Mohd-Yusof, CSUSB	24:13.8
39. Brandon Laan, HPU	32:24.53	109. Michael Dunahoe, UAF	35:36.66	53. Tricia Morrison, WOU	22:35.4	124. Nina Hagemann, UHH	24:15.6
40. Jordan Welling, WWU	32:26.05	110. Kelley Miller, MSUB	35:41.43	54. Shannon Weston, SFSU	22:37.0	125. Yu-jihng Fong, BYUH	24:18.0
41. Auston Ellis, UAA	32:26.68	111. Tyler Pickle, CUH	35:47.62	55. Elizabeth Chepkosgei, UAA	22:37.6	126. Heather Moulton, HSU	24:21.5
42. Nathan Heitzinger, SU	32:29.01	112. J.D. Sholola, GCU	37:06.01	56. Clare Nowell, SU	22:40.0	127. Autumn Streuli, UAF	24:24.3
43. Jens Munk Nielsen, HPU	32:29.56	113. Franklin Kirimi, GCU	37:08.25	57. Elizabeth Soria, CPP	22:40.6	128. Amber Drumm, UAA	24:24.7
44. Nicholas Alvarado, SU	32:30.71	114. Kenneth Oningu, GCU	38:17.71	58. Berlyn Bales, CWU	22:41.4	129. Amber Hebb, CPP	24:30.0
45. Thomas Puzey, BYUH	32:31.63	115. Ryan Dela Cruz, CUH	39:00.86	59. Diana Choi-Voorhees, BYUH	22:42.3	130. Klyarra Iravanian, SSU	24:30.4
46. Nik Karr, WOU	32:37.90	116. Nicholas Ogata, CUH	39:06.97	60. Stephanie Cooke, CWU	22:42.6	131. Kelly Coral, CSUDH	24:35.6
47. Joseph Sybrowsky, BYUH	32:39.38	117. Isaac Hadley, BYUH	39:24.76	61. Greta Stickney, SU	22:43.6	132. Ashley Ommen, SFSU	24:35.7
48. Esben Dalgaard, HPU	32:40.43	118. Apostolos Tsolakis, GCU	40:25.58	62. Megan Holt, CSUSB	22:45.1	133. Kaleigh Bishop, SMU	24:38.6
49. Seth Clark, NNU	32:40.72	119. James Hopkins, MSUB	40:28.28	63. Krinda Carlson, SMU	22:45.9	134. Tess Dahlgren, HSU	24:43.1
50. Eric Ardissono, CWU	32:45.89	120. Daniel Ontiveros, GCU	41:09.14	64. Amy Gilson, CSUSB	22:46.2	135. Annie Pedlar, SSU	24:53.0
51. Kym Hunt, WOU	32:47.82	121. Luke Larm, GCU	41:41.98	65. Julia Miller, SU	22:47.1	136. Malia Williams, UHH	25:08.4
52. Michael Najera, CPP	32:48.18	122. Brian Yannutz, UHH	41:54.84	66. Mykel Ler, MSUB	22:48.1	137. Sylvia Nicovich, HSU	25:14.8
53. Kevin Oberholser, CWU	32:49.18	123. Joe Houghton, MSUB	42:26.31	67. Valerie Matthews, WWU	22:48.5	138. Lindsey Vitrakis, CSUS	25:23.2
54. Justin Karr, WOU	32:49.91	124. Thomas Park, CUH	45:30.39	68. Helen Camden, SMU	22:50.1	139. Anya Friday, CWU	25:29.1
55. Paul Rottich, UAA	32:50.63	125. Sean Wilson, CUH	52:10.77	69. Maria Castaneda, CSLA	22:50.8	140. Lilianna Yera, CSUDH	25:40.5
56. Cory Pena, UAA	32:51.46			70. Maeve Sayres, WWU	22:52.3	141. Catherine Jaureguy, CSUS	25:43.0
57. Kyle Fujitsubo, SFSU	32:52.62			71. Clarissa Rivera, CSUS	22:53.3	142. Veronica Mendoza, BYUH	25:47.1
58. Max Mullender, UCSD	32:54.28			72. Katie Thiel, MSUB	22:54.7	143. Joelle Tanaka, CUH	25:49.2
59. Martin Ramos, CSUS	32:57.15			73. Rachael Johnson, SU	22:55.2	144. Sandra Stevens, SSU	25:59.9
60. Trevor Kulvi, CWU	32:58.36			74. Shannon DeBoer, NNU	22:57.4	145. Ninalynn Benitez, SMU	26:01.9
61. Hans Heitzinger, SU	33:00.24			75. Shannon McVanell, CSUC	22:57.7	146. Samantha Mathews, HPU	26:09.6
62. Jason Karbel, SFSU	33:03.01			76. Tayna Ferreira, SFSU	22:58.1	147. Annan Applebee, WOU	26:20.7
63. Garrett McAllister, UHH	33:04.75			77. Nikkol Sipes, UAF	22:58.9	148. Arlin Guadian, CUH	26:23.3
64. Eric Tibbetts, HSU	33:06.37			78. Danielle Slaughter, WWU	23:00.3	149. Rachel Martin, GCU	26:24.2
65. Shane Brookshire, CSUS	33:07.16			79. Riikka Kempainen, UAF	23:00.5	150. Janet Ramer, CSUDH	26:57.2
66. Joshua Enos, UHH	33:07.40			80. Kendra Loeber, NNU	23:01.5	151. Ayissa Adams, GCU	27:01.0
67. Eric Malain, HSU	33:07.76			81. Hilarie Glenn, BYUH	23:02.0	152. Melodie Boyd, CUH	27:16.9
68. Tom Johnson, CWU	33:08.99			82. Courtney Olsen, WWU	23:05.6	153. Courtney Wheeler, SFSU	27:25.4
69. Mariano Baez, CPP	33:14.71			83. Elin Soto-Thompson, HPU	23:07.4	154. Jackie Kemp, SSU	27:37.3
70. Zach Lane, NNU	33:16.38			84. Sarah Howell, WOU	23:09.8	155. Krystal Walthor, CUH	28:09.4
				85. Kelly Rogers, UHH	23:12.3	156. Brittany Mony, GCU	31:07.2

Women's Results (6,000 Meters)

1. Jessica Pixler, SPU	19:52.9
2. Jane Larson, SPU	20:26.0
3. Sarah Montez, CSUC	20:27.0
4. Ashley Puga, NNU	20:35.5
5. Karla Albrez, CSLA	20:44.8
6. Suzie Strickler, SPU	21:02.2
7. Diane Dunn, UCSD	21:03.8
8. Lilianna Hernandez, CSLA	21:04.4
9. Lindsay Nelson, CSUC	21:04.7
10. Maribel Cespedes, CSLA	21:06.7
11. Shawna Burger, CSLA	21:07.5
12. Aisha Kamala, CSUC	21:14.5
13. Sarah Porter, WWU	21:15.9
14. Cherise McNair, CSUS	21:17.6

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2008

Nov. 8 at San Diego, Calif.

Men's Team Scores: Chico State 28, Alaska Anchorage 67, Western Washington 103, Western Oregon 128, Cal Poly Pomona 167, Hawaii Pacific 185, UC San Diego 189, Humboldt State 192, Saint Martin's 207, Cal State Stanislaus 291, San Francisco State 294, BYU-Hawaii 308, Hawaii Hilo 312, Notre Dame de Namur 352, Alaska Fairbanks 418, Chaminade 432, Dixie State 495, Grand Canyon 517.

Women's Team Scores: Chico State 60, Seattle Pacific 92, Alaska Anchorage 104, Cal State L.A. 114, Western Washington 141, UC San Diego 203, BYU-Hawaii 208, Western Oregon 217, Northwest Nazarene 237, Humboldt State 285, Hawaii Pacific 332, Cal Poly Pomona 347, San Francisco State 359, Saint Martin's 370, CSU San Bernardino 375, Central Washington 422, CSU Stanislaus 436, Hawaii Hilo 529, Sonoma State 538, Montana State Billings 577, Dixie State 684, Notre Dame de Namur 704, Chaminade 711, Grand Canyon 719.

Men's Results (10,000 Meters)

1. Scott Bauhs, CSUC	32:15.8	72. Wes Hargrove, CWU	37:15.2	17. Marcie Mullen, CWU	22:45.4	89. Wendy Darling, HPU	25:25.3	
2. Marko Cheseto, UAA	32:24.6	73. Tyler Pickle, CUH	37:18.7	18. Ruth Jeptoo Keino, UAA	23:03.7	90. Jana Benedix, UAF	25:25.8	
3. John Riak, SMU	32:35.1	74. Jon Cleghorn, HPU	37:22.8	19. Dora Perez, CSLA	23:05.8	91. Tess Dahlgren, HSU	25:26.3	
4. Angel Marquez, CSUC	32:36.0	75. David Santana, NDDN	37:24.6	20. Lorena Banda, CSLA	23:09.2	92. Annie Laweryson, SMU	25:27.1	
5. Jacob Parisien, UAA	32:54.2	76. Andrew Lavallee, SFSU	37:26.7	21. Jocelyn Minton, SMU	23:10.9	93. Karen Marchan, SFSU	25:28.3	
6. Beau Rogers, CSUC	33:01.9	77. Jason Towy, NNU	37:29.6	22. Stephanie Consiglio, CSUC	23:12.9	94. April Montgomery, CSUS	25:31.9	
7. Michael Wickman, CSUC	33:02.1	78. Matt Scerbak, UAF	37:34.5	23. Shannon Rich, CSUC	23:13.4	95. Helen Camden, SMU	25:32.8	
8. Jordan Welling, WWU	33:19.2	79. Greg Goldman, UCSD	37:39.9	24. Emma Palmer, HPU	23:18.2	96. Sarah Jackson, MSUB	25:33.4	
9. Alfred Kangogo, UAA	33:26.0	80. Luke Hetrick, NNU	37:42.6	25. Anna Bretan, SFSU	23:22.6	97. Lisa Herrera, SFSU	25:33.5	
10. Manny Mejia, CSUC	33:28.9	81. Rick Medeiros, NDDN	37:44.1	26. Courtney Olsen, WWU	23:25.6	98. Kaitlynn Pecha, SMU	25:38.4	
11. Bennett Grimes, WWU	33:30.5	82. Matthew Belliston, BYUH	37:56.4	27. Ashl. Montgomery, UCSD	23:26.2	99. Annan Applebee, WOU	25:42.9	
12. Jordan Fairley, CSUC	33:33.8	83. Scott Power, CWU	38:00.4	28. Lauren Breihof, WWU	23:33.7	100. Allison Shamrell, BYUH	25:44.9	
13. David Kiplagat, UAA	33:35.3	84. Noah Caffrey, SMU	38:18.3	29. Lacey Johnson, BYUH	23:36.7	101. Naomi Bisagno, CPP	25:45.1	
14. Jake LeVieux, UCSD	33:41.1	85. Dan Napieralski, SFSU	38:21.6	30. Mary Williams, SPU	23:37.0	102. Shawna Alvarez, CSUSB	25:50.7	
15. Brian Cronrath, SPU	33:45.3	86. Nick LaPlant, HSU	38:22.3	31. Danielle Slaughter, WWU	23:41.7	103. Lindsey Viltrakis, CSUS	25:51.4	
16. Chris Reed, WOU	33:58.1	87. Eric Gutierrez, CSUS	38:24.6	32. Jaclyn Puga, NNU	23:42.2	104. Catherine Jaureguy, CSUS	25:53.8	
17. Chad Meis, SPU	34:03.8	88. Tyler Morris, Dixie State	38:29.8	33. Megan Rolland, HSU	23:43.3	105. Mykel Ler, MSUB	25:56.0	
18. Gabe LaMothe, UCSD	34:04.9	89. Johsua Enos, UHH	38:32.2	34. Johanna Berggren, HPU	23:44.2	106. Angelica Lopez, CSUSB	25:58.4	
19. Jersain Torres, CPP	34:08.2	90. Kyle Fujitsubo, SFSU	38:34.2	35. Lyndsey McKillip, WOU	23:47.4	107. Ali Herd, UHH	26:00.0	
20. Andrew Sylvester, HSU	34:14.4	91. Mark DePasquale, SFSU	38:41.8	36. Emma Bohman, UAA	23:48.7	108. Whitney Pitman, HPU	26:09.8	
21. Yonas Berhe, WWU	34:22.9	92. Aaron Sommer, NDDN	38:44.7	37. Jessica Harper, WOU	23:49.2	109. Amber Drumm, UAF	26:11.8	
22. Steve Kilroy, HSU	34:24.3	93. Shane Brookshire, CSUS	38:56.1	38. Kate Harline, SPU	23:50.6	110. Irene Graham, HSU	26:13.7	
23. Josiah Price, SMU	34:35.7	94. Cory Pena, UAA	39:06.3	39. Lisa Anderberg, SPU	23:51.1	111. Cierra Dornfield, MSUB	26:16.3	
24. Jason Karbel, SFSU	34:35.8	95. Andrew Alhajri, CWU	39:07.3	40. Hallidie Wilt, UAA	23:51.7	112. Denise Salceda, CPP	26:20.5	
25. Dany Malley, HPU	34:35.9	96. Jonathan Hooke, BYUH	39:17.0	41. Clare Nowel, HSU	23:57.7	113. Jamie Torres, HPU	26:21.4	
26. Alex Wood, CPP	34:37.4	97. Vierra Preston, UHH	39:23.6	42. Amanda Garcia, HSU	23:58.7	114. Jackie Kemp, SSU	26:22.9	
27. Zeke Van Patten, WOU	34:43.9	98. Nick Ucker, UHH	39:36.6	43. Katie Hart, SPU	23:59.0	115. Chelsea Deerinck, CSUS	26:23.6	
28. Nik Karr, WOU	34:44.8	99. Jesse Morrill, UCSD	39:40.4	44. Tricia Morrison, WOU	24:00.7	116. Ashley Hughey, NDDN	26:27.1	
29. Braxton Jackson, WOU	34:46.2	100. Daniel Hutchinson, MSUB	39:44.9	45. Jackie Dent, WOU	24:02.7	117. Elizabeth Soria, CPP	26:30.5	
30. Thomas Puzey, BYUH	34:46.8	101. Josh Kratzer, CWU	39:45.9	46. Colleen Joyce, CSUC	24:06.6	118. Jamie Sundvall, NNU	26:30.6	
31. Garrett McAllister, UHH	34:47.1	102. Chad Nahoolewa, BYUH	39:47.7	47. Danielle Amparan, BYUH	24:07.3	119. Denali Foldager, CSUS	26:32.7	
32. Brendan Scanlon, CSUC	34:49.1	103. Mitch Chandler, UAF	40:01.8	48. Amber Hebb, CPP	24:07.4	120. Sabille Schepmann, SSU	26:32.8	
33. Jens Munk Nielsen, HPU	34:52.3	104. Shaun Russon, DSC	40:19.9	49. Elisa Decker, NNU	24:07.6	121. Kelsey Kreft, CWU	26:33.2	
34. Tahoma Khalsa, WWU	34:53.3	105. Joseph DeWilde, UAF	40:42.8	50. Katherine Buxton, BYUH	24:08.8	122. Tanya Ferreira, SFSU	26:39.1	
35. Blake Medhaug, WWU	34:56.0	106. Charles Gumm, CUH	40:56.6	51. Elena Inouye, UCSD	24:09.7	123. Andrew Kirsta, UHH	26:44.0	
36. Sam Bedell, WWU	35:03.6	107. Andrew Zappala, GCU	41:01.0	52. Laura Rombach, UAA	24:10.1	124. Meagan Oday, SSU	26:47.4	
37. Brandon Snook, WOU	35:08.4	108. Palmer Thiele, CSUS	41:10.9	53. Rachael Johnson, WWU	24:10.4	125. Mary Bakeman, CWU	26:54.7	
38. Joey Nunes, CSUS	35:14.8	109. David Apperson, UAF	41:14.1	54. Phoebe Harnett, WWU	24:15.5	126. Sammantha Thomas, SSU	27:00.0	
39. Kevin Enriques, HPU	35:16.6	110. Taylor Canfield, MSUB	41:29.2	55. Valerie Sanchez, CSLA	24:16.8	127. Noelle Erosa, SSU	27:00.7	
40. Paul Rottich, UAA	35:19.9	111. Michael Hildebrand, MSUB	41:43.7	56. Sarah Howell, WOU	24:17.3	128. Amanda Valera, CWU	27:00.8	
41. Josh Babiak, SFSU	35:20.6	112. Franklin Kirimi, GCU	42:36.3	57. McKinley Williams, WOU	24:20.3	129. Brianna Schmid, SMU	27:07.9	
42. Mariano Baez, CPP	35:24.0	113. Nick Cross, GCU	42:36.5	58. Amanda Wright, WOU	24:23.1	130. Lauren Wong, CPP	27:13.9	
43. Alberto Diaz, CPP	35:26.5	114. Ronan Debelius, CUH	42:39.0	59. Brianna Alban, UCSD	24:33.2	131. Amanda Tanchaleun, HPU	27:21.8	
44. D. Vorderbruegge, CSUS	35:39.7	115. Geordan Smith, NDDN	42:58.4	60. Nicole Chestnut, CSUSB	24:36.7	132. Lisa Hilton, DSC	27:27.9	
45. Mike Wright, UCSD	35:39.9	116. Nathan Martin, CUH	43:00.8	61. Kim Andrews, UCSD	24:37.3	133. Tennil Reed, DSC	27:29.4	
46. Stefano Barbis, UHH	35:43.5	117. Andrew Unker, DSC	43:18.3	62. Katie Bolce, SSU	24:40.4	134. Rachel Martin, CUH	27:30.4	
47. Clint Hostetler, CPP	35:46.9	118. Justin Decker, DSC	43:30.8	63. Maria Castaneda, CSLA	24:42.3	135. Katie Thiel, MSUB	27:35.2	
48. Brian Lindberg, HPU	35:47.9	119. Luke Larm, GCU	43:43.6	64. Shoshana Keegan, UAA	24:44.4	136. Stephanie Biehl, NDDN	27:48.7	
49. Ivan Bojorquez, CSUS	35:50.6	120. Nicholas Ogata, CUH	44:22.6	65. Rubye Foldager, CSUS	24:46.8	137. Ashley Hamm, DSC	27:55.8	
50. Andreas Schwab, HPU	35:54.4	121. Tycen Flygare, DSC	45:02.5	66. Shannon DeBoer, NNU	24:50.7	138. Cassie Holm, MSUB	28:19.4	
51. Jeremy Riley, UCSD	35:55.7	122. Travis Nguyen, DSC	45:24.9	67. Krinda Carlson, SMU	24:51.0	139. Liliana Yera, CSUDH	28:29.2	
52. Eric Malain, HSU	35:56.9	123. Jon Hilton, DSC	45:39.9	68. Vera Ross, SFSU	24:52.4	140. Krystal Walthour, CUH	28:29.8	
53. Jesus Solis, HSU	36:05.5	124. Tyson Vanderby, MSUB	47:54.7	69. Jessica DiMascio, UCSD	24:53.8	141. Arlin Guadian, GCU	28:33.1	
54. Auston Ellis, UAA	36:06.6	125. Dennis Kirimi, GCU	49:26.3	70. Amanda Kuehn, UCSD	24:56.7	142. Carly McCrealy, SSU	28:38.7	
55. Humberto Gonzalez, HSU	36:08.6	Women's Results (6,000 Meters)			71. Anjuli Nieto, CSUSB	25:01.2	143. Shelley Wee, CUH	28:57.2
56. Brandon Krout, BYUH	36:11.8	1. Jessica Pixler, SPU	20:57.1	72. Kari Brandt, CSUSB	25:02.6	144. Bree Dove, DSC	29:01.4	
57. Mike Schmidt, WOU	36:12.6	2. Tori Tyler, CSUC	21:33.9	73. Clarissa Rivera, CSUS	25:03.4	145. Dora Baldwin, CSUDH	29:08.0	
58. Johnny Yarena, NDDN	36:14.9	3. Sarah Porter, WWU	21:38.1	74. Ashley Rendahl, NNU	25:03.6	146. Shannon Vreeland, CWU	29:09.0	
59. Justin Karr, WOU	36:19.5	4. Laura Carr, UAA	21:40.3	75. Yu-jih Fong, BYUH	25:06.0	147. Evelia Stacey, GCU	29:28.6	
60. Chris Eversman, UAF	36:19.7	5. Bre Schofield, UCSD	21:44.2	76. Sarah Garcia, CPP	25:07.6	148. Aylssa Adams, GCU	30:02.9	
61. Spencer Hunt, SMU	36:19.9	6. Elizabeth Chepkosgei, UAA	21:58.0	77. Kelly Rogers, UHH	25:09.9	149. Malia Williams, UHH	30:03.3	
62. Neil Easter, NNU	36:32.6	7. Amanda Whitford, BYUH	22:15.5	78. Quinn Horochuk, HPU	25:10.7	150. Veronica House, GCU	30:40.2	
63. Nick Harvey, SMU	36:36.9	8. Jane Larson, SPU	22:15.6	79. Silvia Manzo, HSU	25:11.3	151. Ines Mendoza, CSUDH	30:55.1	
64. Garrett Prinslow, CUH	36:38.8	9. Vivien Wadeck, CSLA	22:27.3	80. Nina Hagemann, UHH	25:11.7	152. Kim Empey, DSC	31:32.1	
65. Brendan McMaster, BYUH	36:40.1	10. Shannon McVanell, CSUC	22:28.8	81. Stephanie Cooke, CWU	25:13.0	153. Faviola Fernandez, CSUDH	31:48.3	
66. Kevin Urak, CPP	36:46.8	11. Liliana Hernandez, CSLA	22:37.1	82. Adriana Mendoza, CWU	25:13.5	154. Margaret Lind, GCU	32:07.2	
67. Kyle Van Satten, SMU	36:47.4	12. Alia Gray, CSUC	22:37.6	83. Megan Oberst, NNU	25:13.7	155. Jayme Bento, CUH	32:19.7	
68. Arturo Huelzo, NDDN	36:50.5	13. Tiffany Turner, CPP	22:40.3	84. Claire Weinan, CSLA	25:14.0	156. Katelyn Mills, NDDN	32:34.8	
69. Austin Huff, HSU	37:01.0	14. Kara Lubieniecki, CSUC	22:41.0	85. Alena Mohd-Yusof, CSUSB	25:21.6	157. Marisa Hare, GCU	32:37.0	
70. Max Mullender, UCSD	37:09.6	15. Natty Plunkett, SPU	22:42.5	86. Claire Fleming, SFSU	25:23.3	158. Cyndi Castor, NDDN	33:09.5	
71. Diego Morales, UHH	37:11.3	16. Ashley Puga, NNU	22:44.2	87. Kristen Torrez, CSUSB	25:24.0	159. Jamie Knaus, CUH	33:13.8	
				88. Rachel Harrington, SFSU	25:24.3	160. Kat Romero, NDDM	34:42.9	

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2010

Nov. 20 at Lake Padden Park, Bellingham, Wash.

Men's Team Scores: Alaska Anchorage 49, Chico State 54, Western Washington 93, Western Oregon 125, Cal Poly Pomona 157, Humboldt State 182, Northwest Nazarene 206, UC San Diego 227, BYU-Hawaii 251, San Francisco State 294, Saint Martin's 302, Seattle Pacific 372, Montana State Billings 399, Grand Canyon 401 Hawaii Pacific 422, Central Washington 438, Alaska Fairbanks 486, Dixie State 563, CSU Monterey Bay 614, Hawaii Hilo, Chaminade & Cal St. San Bernardino incomplete.

Women's Team Scores: Alaska Anchorage 40, Chico State 55, Western Washington 111, Cal Poly Pomona 185, Western Oregon 211, BYU-Hawaii 213, Northwest Nazarene 276, Cal State Stanislaus 277, Montana State Billings 284, Cal State San Bernardino 301, San Francisco State 310, Seattle Pacific 314, Hawaii Pacific 322, UC San Diego 337, Cal State L.A. 367, Humboldt State 382, Saint Martin's 455, Central Washington 483, Alaska Fairbanks 487, Sonoma State 489, CSU Dominguez Hills 522, CSU Monterey Bay 662, Grand Canyon 707, Dixie State 738, Chaminade & Hawaii Hilo incomplete.

Men's Results (10,000 Meters)

1. Marko Cheseto, UAA	31:20.8	75. Garrett Prinslow, CUH	34:58.6	13. Colleen Joyce, CSUC	23:26.7	88. Kelsey Elder, BYUH	25:25.1
2. Jordan Welling, WWU	31:29.4	76. Dany Malley, HPU	35:04.0	14. Hallidie Witt, UAA	23:28.8	89. Mary Owen, MSUB	25:26.1
3. Bennett Grimes, WWU	31:39.7	77. Ryan Woods, SFSU	35:07.8	15. Shannon McVannel, CSUC	23:42.2	90. Katie Timmermans, CSUS	25:26.6
4. Isaac Chavez, CSUC	31:44.9	78. Harlan Lopez, SFSU	35:07.8	16. Shannon Rich, CSUC	23:44.0	91. Kaitlynn Pecha, SMU	25:28.8
5. Brent Handa, CSUC	31:52.7	79. Matthew Roberts, BYUH	35:08.4	17. Ivy O'Guinn, UAA	23:44.6	92. Krysta Carrick, SPU	25:31.8
6. Micah Chelimo, UAA	32:02.0	80. Andrew VanNess, SPU	35:14.0	18. Bridget Berg, HSU	23:46.0	93. Lindsay Garcia, CSUS	25:34.2
7. Jacob Parisien, UAA	32:02.4	81. Williams Harrison, SPU	35:20.0	19. KayAnna Cecchi, WOU	23:50.3	94. Lauren Parr, CPP	25:36.2
8. Barak Watson, NNU	32:03.4	82. A.J. Baker, SPU	35:21.0	20. Allison Cutting, SPU	23:52.8	95. Astyne Price, CSUDH	25:36.9
9. Spencer Hunt, SMU	32:05.4	83. Nathan Minor, CWU	35:21.7	21. Katie Spencer, CSUC	23:53.8	96. Taylor Kartes, CWU	25:37.2
10. Chris Reed, WOU	32:10.2	84. Julio Zuniga, GCU	35:23.8	22. Jocelyn Minton, SMU	23:54.0	97. Caitlin Stark, SFSU	25:38.7
11. Joey Kochalacs, CSUC	32:17.1	85. Evan Bradford, SPU	35:24.3	23. Lacey Krout, BYUH	23:54.1	98. Ashley Llapitan, SMU	25:39.2
12. Anthony Costales, CUSC	32:18.3	86. Nick Harvey, SMU	35:29.3	24. Denali Foldager, CSUS	23:55.5	99. Kamilah Foley, UCSD	25:40.0
13. Blake Medhau, WWU	32:19.8	87. Frederik Bak, UAF	35:37.1	25. Samantha Borman, CSUSB	23:58.0	100. Sable Scheppmann, SSU	25:40.8
14. Kipkorir Mutai, GCU	32:25.7	88. Tux Seims, UAF	35:38.3	26. Diana Zapata, CPP	23:59.8	101. Josephine Becker, SPU	25:41.0
15. William Ritekwiang, UAA	32:32.2	89. Daniel Hamilton, SPU	35:42.8	27. Natty Plunkett, SPU	24:00.7	102. Berlyn Bales, CWU	25:43.1
16. Kyle Van Santen, SMU	32:36.5	90. Luke Hetrick, NNU	35:44.8	28. Ina Marie Hjorth, HPU	24:02.4	103. Anjuli Nieto, CSUSB	25:44.3
17. Nicholas Arguelles, HSU	32:36.7	91. Tyson Vanderby, MSUB	35:45.3	29. Amber Hebb, CPP	24:04.2	104. Carly McCready, SSU	25:46.0
18. Eric Malain, HSU	32:43.2	92. Joseph Patti, SMU	35:45.5	30. Sierra Brisky, WWU	24:08.7	105. Megan Everetts, WOU	25:47.7
19. Connor Kasler, WOU	32:44.7	93. Taylor Canfield, MSUB	35:53.9	31. Susan Bick, UAA	24:10.9	106. Alizah Rotman, HSU	25:48.7
20. Paul Rottich, UAA	32:49.0	94. Rasmus Nielsen, HPU	36:07.7	32. Justina Sadauskaitė, CSLA	24:15.0	107. Chia Chang, UCSD	25:49.0
21. Yonatan Yilma, UAA	32:58.5	95. Chase Robinson, MSUB	36:10.7	33. Jessica Boyer, WWU	24:16.1	108. Melinda Magee, HSU	25:50.0
22. Manuel Mejia Jr., CSUC	33:01.5	96. Mark Bolt, MSUB	36:14.8	34. Emma Bohman, UAA	24:17.8	109. Marisela Giles, CSUSB	25:53.2
23. Adrian Sherrord, CSUC	33:07.0	97. Tom Johnson, CWU	36:18.6	35. Katie Bolce, SSU	24:18.4	110. Melissa Lopez, CSLA	25:57.5
24. Austin Huff, HSU	33:07.2	98. Benard Ngeno, NNU	36:21.6	36. Katherine Gomez, CSUSB	24:18.7	111. Lynette Manuel, HPU	25:58.8
25. Ryan Carrell, CPP	33:07.9	99. Luke Peck, DSC	36:25.1	37. Maritza Hernandez, CSLA	24:18.9	112. Amanda Camarillo, HPU	25:59.8
26. Jesse Morrill, UCSD	33:10.7	100. Nathan Williams, CUH	36:34.7	38. Katherine Buxton, BYUH	24:19.3	113. Queriza Aramariz, DH	26:01.7
27. Justin Karr, WOU	33:12.5	101. Chris Lewis, GCU	36:35.6	39. Sarah Jackson, MSUB	24:20.3	114. Shena Wald, MSUB	26:08.6
28. Matt Stark, NNU	33:15.4	102. Keith Williams, HPU	36:35.8	40. Tricia Morrison, WOU	24:20.7	115. Shannon Whener, CUH	26:09.3
29. Stephen Kent, CPP	33:16.9	103. Warren Nastivar, HPU	36:39.5	41. Lacey Nation, WWU	24:20.9	116. Megan Knappe, SPU	26:13.5
30. Thomas Puzey, BYUH	33:21.4	104. Andrew Arnold, UAF	36:45.4	42. Adriana Mendoza, CWU	24:21.0	117. Aurelia Korthauer, UAF	26:15.6
31. Alan Campos, CSUC	33:22.9	105. Nick Cross, GCU	36:45.9	43. Tanya Ferreira, SFSU	24:22.1	118. Mariah Murray, CSLA	26:16.7
32. Kyle Larson, WOU	33:25.6	106. Scott Bauer, SMU	36:49.4	44. Chanda Romney, BYUH	24:24.3	119. Jamie Torres, HPU	26:18.6
33. Gustavo Cruz, CPP	33:26.4	107. Ryan Blomback, MSUB	36:51.4	45. Phoebe Hammett, WWU	24:26.5	120. Courtney Ciraulo, CSUSB	26:22.6
34. Jose Marquez, CPP	33:28.9	108. Chris Lewis, GCU	36:52.0	46. Amanda Wright, WOU	24:29.8	121. Karissa Owen, SMU	26:24.7
35. Nick Abraham, WWU	33:29.4	109. Dean Alley, CSUSB	36:52.7	47. Erika Snawder, WOU	24:30.5	122. Kelsey Kreft, CWU	26:26.7
36. Matt Prentice, CPP	33:30.1	110. Joseph DeWilde, UAF	36:59.5	48. Natalie Evans, NNU	24:31.4	123. Reyna Samaniego, CSUDH	26:27.5
37. Ryan Chapman, WOU	33:31.4	111. Emmanuel Jimenez, CUH	37:01.0	49. Whitney Mickelsen, MSUB	24:36.6	124. Rachel Borg, SSU	26:29.6
38. Mathew Gulden, BYUH	33:33.3	112. Jon Cleghorn, HPU	37:10.9	50. Rachael Johnson, WWU	24:37.3	125. Hayley Tharp, CSUMB	26:32.3
39. Neil Easter, NNU	33:34.0	113. Cody Priest, UAF	37:14.8	51. Katie Thiel, MSUB	24:39.9	126. Megan Valera, GCU	26:34.7
40. Chip Jackson, WWU	33:34.8	114. Tyler Thiele, CSUSB	37:23.9	52. Lacey Kurtz, BYUH	24:40.9	127. Amanda Young, CWU	26:36.6
41. Eric Brill, WWU	33:42.8	115. Jon Swanson, CWU	37:25.2	53. Catherine Crisp, UCSD	24:41.7	128. Ashlee Sincraugh, CWU	26:40.6
42. Manuel Santos, CWU	33:45.5	116. Brandon Becerra, CSUSB	37:25.4	54. Sue Choi, SFSU	24:41.7	129. Danika Lawson, SMU	26:44.6
43. Jesse Baggenstos, NNU	33:45.9	117. David Apperson, UAF	37:28.6	55. Kim Kuhnert, HPU	24:42.4	130. Erika Copeland, SMU	26:48.2
44. Josh Elliott, WOU	33:47.3	118. Jacob Calvin, CWU	37:30.2	56. Amanda Wilson, BYUH	24:43.3	131. Laura Moser, SPU	26:50.2
45. Brian Trejo, SFSU	33:48.3	119. Ryan Eidsmoe, CWU	37:49.9	57. Mykel Ler, MSUB	24:43.7	132. Ashley Holtze, SSU	26:51.9
46. Scott McMichael, CPP	33:49.6	120. Willy Heinrich, DSC	37:50.7	58. Brigitte Fernandez, CSUDH	24:44.5	133. Keri Zaro, CSUMB	27:00.1
47. Aaron Rogers, WOU	33:52.1	121. Daniel Cocca, GCU	38:16.8	59. Janelle Everetts, WOU	24:45.5	134. Hayley Sa, SSU	27:03.1
48. Matt Lenehan, UCSD	33:53.8	122. Tason Turek, DSC	38:26.3	60. Sarah Garcia, CPP	24:46.4	135. Christina Perez, HSU	27:05.3
49. Patrick French, UCSD	33:54.2	123. Sean Sevy, DSC	38:26.8	61. Rebekah Frazier, CSUSB	24:47.5	136. Krista Sornborger, CSMB	27:06.6
50. Brandon Krout, BYUH	33:55.2	124. Wyatt Mayo, UAF	38:49.4	62. Fabiola Lugo, CPP	24:49.0	137. Hailey Grossman, HPU	27:08.3
51. Kellen Levy, UCSD	33:56.4	125. Devon DeMoss, SMU	38:53.8	63. Heather Hisgen, UCSD	24:49.2	138. Marie Beard, CSUMB	27:21.2
52. Kyle Johnson, WWU	34:03.5	126. T.J. Miller, CSUMB	39:29.6	64. Kendall Dye, SFSU	24:49.4	139. Dora Baldwin, CSUDH	27:25.4
53. Alex Corliss, UCSD	34:04.6	127. T. Megolmedomb, CSUMB	39:37.3	65. Alyson McPhetres, UAF	24:51.0	140. Mackenzie Morgan, CSMB	27:28.7
54. Bruk Assefa, SFSU	34:05.0	128. Craig Kandler, HPU	39:38.7	66. Sarah Gulli, CPP	24:52.9	141. Skyler Tarver, DSC	27:35.3
55. Daniel Lombardi, MSUB	34:15.6	129. Cody Pitcher, DSC	39:41.3	67. Aaryn Kobayashi, UCSD	24:53.7	142. Mary K. Franklin, GCU	27:37.3
56. Jose Lara, CPP	34:17.4	130. James Dunn, CSUMB	40:56.9	68. Jana Benedix, UAF	24:55.7	143. Kali Reiersen, GCU	27:40.2
57. Anders Ludvigsen, HPU	34:18.1	131. Taylor Stout, DSC	41:22.6	69. Meagan Swenson, NNU	24:57.1	144. Rebecca Caracoza, CSDH	27:42.8
58. Ryan Raya, SFSU	34:19.6	132. Vincent Carr, CSUMB	41:51.2	70. Jordan Powell, NNU	24:58.9	145. Melanie Book, MSUB	27:44.4
59. Mario Flores, UCSD	34:20.3	133. Erick James, GCU	41:57.4	71. Courtney Stephens, SFSU	25:00.1	146. Sayla Hicks, CSUMB	27:51.3
60. Daniel Cooper, UCSD	34:25.1	134. Andrew Meyers, GCU	42:07.5	72. Tess Dahlgren, HSU	25:01.1	147. Sophie Hummer, CWU	27:53.8
61. Keoni Ucker, UHH	34:30.1	135. Nic Carter, CSUMB	45:48.7	73. Sara Taylor, CSLA	25:03.4	148. Cassidy Ferris, DSC	28:12.4
62. Benjamin Stern, HSU	34:34.5			74. Chelsea Deerinck, CSUS	25:04.0	149. Joy Hulsey, GCU	28:13.9
63. Hunter Daniel, HSU	34:36.1			75. Jackie Sikkema, UCSD	25:06.2	150. Chi Tran, CSUMB	28:16.6
64. Thomas Hill, UAA	34:37.9			76. McKayla Fricker, SPU	25:08.0	151. Lyndsi Riley, SSU	28:18.2
65. Derek Lactaon, HSU	34:41.2			77. Nikki Chesnut, CSUSB	25:08.4	152. Kylie Friedel, DSC	28:29.4
66. Vincente Herrera, BYUH	34:48.4			78. Alicia Trujillo, SFSU	25:09.9	153. Haley Miller-Boren, DSC	28:34.4
67. Jacob Wahlenmaier, SPU	34:48.5			79. Kathryn Turner, UCSD	25:11.3	154. Ashley Judd, DSC	28:35.2
68. Andrew LaValier, SFSU	34:50.2			80. Irene Graham, HSU	25:13.9	155. Chelsea Barney, DSC	28:37.6
69. Justin Royer, BYUH	34:51.1			81. Kelly DiMeo, SFSU	25:14.9	156. Raizah Singh, CSLA	28:45.6
70. Nathanael Sleight, SPU	34:52.5			82. Kinsey Laine, UAF	25:17.6	157. Alyssa Adams, GCU	28:54.0
71. Tom Ashby, SFSU	34:54.6			83. Kinsey Andrew, UHH	25:20.5	158. Melody Papali'i, HPU	29:03.2
72. Brian Potter, MSUB	34:55.5			84. Marina Ghabbour, CSUS	25:21.6	159. Megan Thompson, UAF	29:10.1
73. Luke Graesser, BYUH	34:56.6			85. Ashley Rendahl, NNU	25:21.9	160. Tamara Webb, GCU	29:26.8
74. Joe Ostini, HSU	34:57.9			86. Annan Applebee, WOU	25:22.9	161. Kaitlyn Harbick, GCU	29:42.1
				87. Alyssa Thiele, CSUS	25:24.3	162. Katie Bennett, UAF	30:53.2

Women's Results (6,000 Meters)

1. Sarah Porter, WWU	21:21.9
2. Ruth Keino, UAA	22:01.2
3. Miriam Kipng'eno, UAA	22:09.2
4. Shoshana Keegan, UAA	22:43.9
5. Jaclyn Puga, NNU	22:51.2
6. Lauren Breithof, WWU	22:51.7
7. Kara Lubieniecki, CSUC	23:00.7
8. Tiffany Dinh, CPP	23:02.4
9. Jonah Weeks, CSUC	23:07.3
10. Rubye Elhard, CSUS	23:11.3
11. Stephanie Consiglio, CSUC	23:22.5
12. Frida Aspaens, HPU	23:26.5

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2011

Nov. 5 at Spokane, Wash.

Men's Team Scores: Alaska Anchorage 37, Chico State 39, Western Oregon 126, Western Washington 128, Northwest Nazarene 200, San Francisco State 211, Seattle Pacific 247, Humboldt State 250, UC San Diego 252, Saint Martin's 261, Cal Poly Pomona 277, BYU-Hawaii 306, Central Washington 321, Grand Canyon 332, Montana State Billings 342, Alaska Fairbanks 449, Cal State Monterey Bay 482.

Women's Team Scores: Alaska Anchorage 27, Chico State 66, Western Washington 148, Alaska Fairbanks 164, Cal Poly Pomona 171, Seattle Pacific 212, San Francisco State 216, UC San Diego 224, Cal State Stanislaus 239, Cal State L.A. 262, Humboldt State 305, BYU-Hawaii 312, Northwest Nazarene 339, Western Oregon 417, Cal State San Bernardino 423, Sonoma State 511, Montana State Billings 517, Cal State Monterey Bay 517, Grand Canyon 532, Cal State East Bay 540, Central Washington 551, Cal State Dominguez Hills 561, Hawaii Pacific 569, Saint Martin's 578.

Men's Results (10,000 Meters)

1. Micah Chelimo, UAA	30:19	73. Ben Rich, UCSD	33:46	21. Paige Henker, CSUC	22:15	94. Alyssa Vaughn, CSLA	24:07
2. Isaac Chavez, CSUC	30:20	74. Jeremy Riley, UCSD	33:47	22. Katelyn Steen, WWU	22:16	95. Victoria Perdomo, CSUSB	24:08
3. Barak Watson, NNU	30:23	75. Nathan Power, CWU	33:48	23. Natty Plunkett, SPU	22:17	96. Madison Tanner, UCSD	24:10
4. Alfred Kangogo, UAA	30:52	76. Joe Berger, SMU	33:49	24. Jonah Weeks, CSUC	22:21	97. Megan Everetts, WOU	24:11
5. Connor Kasler, WOU	30:58	77. Joseph Patti, SMU	33:50	25. Crystal Pitney, UAF	22:22	98. Caitlin Stark, SFSU	24:12
6. Johnny Sanchez, CSUC	31:07	78. Cameron Cruse, CSUMB	33:51	26. Maritza Hernandez, CSLA	22:24	99. Alyson McPhetres, UAF	24:13
7. Kyle Van Santen, SMU	31:10	79. Luke Hetrick, NNU	33:53	27. Paxton Cota, SFSU	22:25	100. Nicole Anderson, WOU	24:16
8. Yonatan Yilma, UAA	31:12	80. Tyler Deniston, SFSU	33:55	28. Bryn Haebe, UAA	22:26	101. Kelsi Beam, GCU	24:17
9. Adrian Sherrod, CSUC	31:19	81. James Clay, BYUH	33:57	29. Michelle Leroux, UCSD	22:28	102. Janelle Myers, CSUSB	24:18
10. Joseph Rivera, CSUC	31:20	82. Andres Zavala, CPP	33:59	30. Lauren Breihof, WWU	22:30	103. Kelli Bercier, SSU	24:19
11. Isaac Kangogo, UAA	31:22	83. Brady Beagley, WOU	34:00	31. Courtney Anderson, CSUS	22:32	104. Renae Hepfner, MSUB	24:20
12. Joey Kochlacs, CSUC	31:23	84. Chase Robinson, MSUB	34:01	32. Diana Zapata, CPP	22:35	105. Alicia Leuth, SSU	24:22
13. Dylan Anthony, UAA	31:26	85. David Urista, SFSU	34:02	33. Denali Foldager, CSUS	22:37	106. Hailey Bradshaw, NNU	24:23
14. Dayne Gradone, CSUC	31:35	86. Ryan Thompson, CWU	34:03	34. Piper Delaney, CSUMB	22:38	107. Cristina Hernandez, CSMB	24:24
15. Spencer Hunt, SMU	31:39	87. Mario Flores, UCSD	34:07	35. Raphaela Sieber, UAF	22:40	108. Marina Ghabbour, CSUS	24:26
16. Dany Malley, HPU	31:41	88. Andrew Arnold, UAF	34:09	36. Jazmine Reyes, CPP	22:41	109. Melanie Bock, MSUB	24:27
17. Anthony Costales, CSUC	31:43	89. Craig Kandler, HPU	34:10	37. Lacey Krout, BYUH	22:46	110. Kryston McPhetres, UAF	24:28
18. Ryan Carrell, CPP	31:44	90. Brendan Dilloughery, CPP	34:12	38. Katherine Buxton, BYUH	22:49	111. Rachel Borg, SSU	24:29
19. Dan Sprinkle, WOU	31:45	91. Ryan Blomback, MSUB	34:18	39. Mary Rogers, WWU	22:50	112. Monique Belnudes, GCU	24:30
20. Jake Parisien, UAA	31:46	92. Jordan Beverly, GCU	34:20	40. Lizette Huerta, CPP	22:52	113. Gabriella Cruz, CSUEB	24:31
21. Eric Brill, WWU	31:52	93. Yuki Kiihara, BYUH	34:22	41. Valerie Sanchez, CSLA	22:53	114. Keesha Brown, NNU	24:32
22. Dak Riek, WWU	31:55	94. Brandon Kocmoud, GCU	34:25	42. Cassie Mejia, CSLA	22:54	115. Raizah Singh, CSLA	24:33
23. Jesse Baggenstos, NNU	31:58	95. Matt Rankin, NNU	34:26	43. Heather Edic, UAF	22:56	116. Kaitlynn Pecha, SMU	24:34
24. Nick Abraham, WWU	32:03	96. Frank Krause, SMU	34:42	44. Dani Brabender, UCSD	22:57	117. Jennie Yeaman, CSUMB	24:35
25. Joe Ostini, HSU	32:05	97. Ethan Wilhelm, MSUB	34:45	45. Joscelyn Minton, SMU	22:58	118. Sabile Schepppmann, SSU	24:36
26. Seth Pierson, SPU	32:10	98. Jon Cleghorn, HPU	34:52	46. Haley O'Connor, WWU	22:59	119. Chelsea Dowdell, CWU	24:37
27. Ryan Chapman, WOU	32:12	99. John Hudson, HSU	34:58	47. Sue Choi, SFSU	23:00	120. Courtney Ciraulo, CSUSB	24:38
28. Kipkorir Mutai, GCU	32:15	100. Jorge Cisneros, CUH	34:59	48. Sierra Brisky, WWU	23:01	121. Mary Botsford, HPU	24:40
29. Brian Trejo, SFSU	32:16	101. Anthony Fagundes, CSUS	35:00	49. Tiffany Heflin, CSUC	23:02	122. Taylor Kartes, CWU	24:42
30. Kyle Johnson, WWU	32:19	102. Renato Romo, GCU	35:05	50. Jordan Powell, NNU	23:03	123. Josephine Becker, SPU	24:45
31. Manuel Santos, CWU	32:21	103. Lars Ameson, UAF	35:10	51. Amanda Wright, WOU	23:04	124. Kayanna Cecchi, WOU	24:46
32. Bruk Assefa, SFSU	32:23	104. Logan Coe, CSUMB	35:16	52. Robyn Zeidler, SPU	23:05	125. Hayley Tharp, CSUMB	24:48
33. Kanwar Dhalwal, CSUS	32:24	105. Jacob Phipps, CWU	35:23	53. Janelle Everetts, WOU	23:08	126. Kindra Aschenbrenner, HSU	24:49
34. Charles Simon, GCU	32:25	106. Travis Buttelman, MSUB	35:26	54. Amanda Reynolds, HSU	23:10	127. Erika Copeland, SMU	24:50
35. Brian Potter, MSUB	32:28	107. Kenneth Brewer, UAF	35:29	55. Jana Benedix, UAF	23:11	128. Justine Peterson, GCU	24:51
36. Michael Adams, UAA	32:33	108. Karson Hayden, CSUMB	35:32	56. Jeannie Castell, HSU	23:13	129. Regina Hernandez, CSLA	24:53
37. Tanner Boyd, WWU	32:34	109. Bobby Wojciek, CSUMB	35:39	57. Meaghan Swenson, NNU	23:14	130. Ashley Holtze, SSU	24:55
38. Lukas Fenley, WOU	32:36	110. Ryan Loutsis, CWU	35:48	58. Rachel Naranjo, CSUS	23:15	131. Julia Wild, GCU	25:00
39. Matt Lenehan, UCSD	32:37	111. Joseph Dillon, UAF	35:56	59. Katie Timmermans, CSUS	23:16	132. Alisha Gipe, HPU	25:03
40. Nathan Minor, CWU	32:38	112. Emmanuel Jimenez, CUH	36:11	60. McKayla Fricker, SPU	23:17	133. Tiffany Duffy, CSUEB	25:04
41. Kellen Levy, UCSD	32:41	113. Jon Swanson, CWU	36:12	61. Sarah Gulli, CPP	23:18	134. Rebecca Caracosa, CSDH	25:09
42. Benjamin Stern, HSU	32:43	114. Nolin Ainsworth, UAF	36:18	62. Alicia Trujillo, SFSU	23:19	135. Amber Christenberry, GCU	25:10
43. Garrett Prinslow, CUH	32:45	115. Ray Garcia, CSUMB	36:21	63. Claire Jenkins, CSUS	23:20	136. Christine Harwood, NNU	25:11
44. Kyle Larson, WOU	32:46	116. Dylan Lammers, MSUB	36:31	64. Kass McGonegal, BYUH	23:25	137. Shannon Whener, CUH	25:12
45. Justin Royer, BYUH	32:47	117. Devon DeMoss, SMU	36:35	65. Emily Oschsner, CUH	23:26	138. Julia Wilson, CSUDH	25:13
46. Will Zentmyer, SFSU	32:48	118. Andrew Meyers, GCU	36:46	66. Sabrina Lopez, CSLA	23:31	139. Rachel Shelley, WOU	25:14
47. Tyler Cannon, WWU	32:49	119. James Deitler, CSUMB	37:12	67. Kaitlyn Smith, CSUEB	23:32	140. Meryl Butcher, WOU	25:15
48. Spencer Deavilla, BYUH	32:50	120. Terrance Ellis, CSUS	37:18	68. Rebekah Frazier, CSUSB	23:33	141. Rose Cruze, CWU	25:16
49. Turner Wiley, SPU	32:51	121. Wyatt Mayo, UAF	37:19	69. Kendall Dye, SFSU	23:34	142. Veronica Camarillo, BYUH	25:17
50. Dylan Peterson, WWU	32:52	122. Alex Nelson, SMU	37:49	70. Megan Young, GCU	23:37	143. Dominique Esparza, CSSB	25:18
51. Daniel Lombardi, MSUB	32:53	123. Seth Alstrom, GCU	39:52	71. Allison Cutting, SPU	23:38	144. Sara Dionne, CSUMB	25:19
52. Ernesto Rodriguez, SFSU	32:54			72. Alia Bales, UCSD	23:39	145. Lindsay Anderson, SMU	25:20
53. John Svet, UCSD	32:55			73. Alizah Rotman, HSU	23:40	146. Chelsea Schaefer, HSU	25:22
54. Tyler Cleveland, HSU	33:06			74. Astyle Price, CSUDH	23:41	147. Mary Owen, MSUB	25:26
55. Matthew Belliston, BYUH	33:07			75. Jasmine Johnson, SPU	23:44	148. Veronica Kays, SSU	25:31
56. William Tsai, CPP	33:09			76. Reyna Samaniego, CSUDH	23:45	149. Nastassia Hamor, CSUEB	25:36
57. Michael Gordon, NNU	33:11			77. Aaron Kobayashi, UCSD	23:47	150. Theresa Lombardi, MSUB	25:40
58. Kaleb Fleenor, NNU	33:12			78. Deserae Perez, CSUSB	23:49	151. Lidia Ferman, CSUDH	25:45
59. Alex Corliss, UCSD	33:14			79. Mikhaela Thornton, WWU	23:50	152. Elizabeth Brown, MSUB	25:46
60. AJ Baker, SPU	33:18			80. Kim Kuhnert, HPU	23:51	153. Allie Levy, CSUMB	25:47
61. Jacob Wahlenmaier, SPU	33:19			81. Alyssa Thiele, CSUS	23:53	154. Keri Clump, MSUB	25:57
62. Drew Larson, WOU	33:20			82. Ximena Cruz, UCSD	23:55	155. Brianna Barton, CWU	26:18
63. Ryan Woods, SFSU	33:21			83. Jenny McCarthy, CPP	23:56	156. Ashley Llapitan, SMU	26:20
64. William Harrison, SPU	33:22			84. Carly McCready, SSU	23:57	157. Jessica Wences, CUH	26:30
65. Nathanael Sleight, SPU	33:23			85. Shannon White, HPU	23:58	158. Beatriz Ramirez, SMU	26:39
66. Brandon Haugen, CPP	33:24			86. Regina Lopez, CPP	23:59	159. Ally Swan, CSUMB	26:45
67. Tux Seims, UAF	33:25			87. Connie Morgan, CWU	24:00	160. Gloria Flores, CSUDH	26:53
68. Clark Selters, CPP	33:26			88. Katrina Kropashek, BYUH	24:01	161. Ashley Rice, CWU	27:04
69. Matt Stark, NNU	33:31			89. Amanda McNabb, CSUEB	24:02	162. Megan Anderson, GCU	27:26
70. Abel Gutierrez, HSU	33:35			90. Nikki Chestnut, CSUSB	24:03	163. Taylor Sinn, HPU	27:30
71. Brent Ritschel, HSU	33:38			91. Lindsay Enright, SFSU	24:04	164. Brittany Blake, SMU	27:39
72. Maximilian Bell, HSU	33:43			92. Kelsey Elder, BYUH	24:05	165. Danielle Beesley, NNU	28:59
				93. Ashlee Sincraugh, CWU	24:06		

Women's Results (6,000 Meters)

1. Ruth Keino, UAA	20:51
2. Bridget Berg, HSU	21:18
3. Miriam Kipng'eno, UAA	21:25
4. Ivy O'Guinn, UAA	21:28
5. Alia Gray, CSUC	21:37
6. Tiffany Dinh, CPP	21:42
7. Shoshana Keegan, UAA	21:45
8. Chia Chang, UCSD	21:46
9. Amy Schnittger, CSUC	21:52
10. Rachel Young, DSC	21:54
11. Theresia Schnurr, UAF	21:55
12. Heidi Laabs-Johnson, SPU	22:00
13. Susan Bick, UAA	22:01
14. Katie Spencer, CSUC	22:05
15. Susan Tanui, UAA	22:09
16. Rachael Johnson, WWU	22:10
17. Zuleima Jimenez, SFSU	22:11
18. Whitney Mickelsen, MSUB	22:12
19. Natalie Evans, NNU	22:13
20. Shannon Rich, CSUC	22:14

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2012
Nov. 3 at Kahuku, Hawaii
Men's Team Scores: Chico State 38, Alaska Anchorage 46, Western Washington 82, San Francisco State 130, Humboldt State 140, Cal Poly Pomona 203, BYU-Hawaii 230, Western Oregon 232, Montana State Billings 260, UC San Diego 266, Seattle Pacific 323, Northwest Nazarene 324, Simon Fraser 359, Cal State Stanislaus 387, Hawaii Pacific 414, Alaska Fairbanks 434, Dixie State 471, Central Washington 491.

Women's Team Scores: Chico State 51, Alaska Anchorage 56, Humboldt State 120, Cal State Stanislaus 154, Seattle Pacific 157, Simon Fraser 179, Western Washington 274, Cal Poly Pomona 279, San Francisco State 284, Central Washington 335, Cal State San Bernardino 381, UC San Diego 384, Dixie State 387, Northwest Nazarene 390, BYU-Hawaii 412, Cal State L.A. 423, Grand Canyon 425, Montana State Billings 435, Hawaii Pacific 438, Alaska Fairbanks 463, Sonoma State 484, Western Oregon 533, Cal State East Bay 592, Chaminade 668, Hawaii Hilo 777.

Men (10,000 Meters)		Women (6,000 Meters)	
1. Micah Chelimo, UAA	31:58	1. Susan Tanui, UAA	21:19
2. Adrian Sherrod, CSUC	32:02	2. Tiffany Dinh, CPP	21:26
3. Alfonso Cisneros, CSUC	32:06	3. Ayla Granados, CSUC	21:32
4. Isaac Chavez, CSUC	32:07	4. Miriam Kipng'eno, UAA	21:39
5. Dak Riek, WWU	32:10	5. Bridget Berg, HSU	21:42
6. Charles Simon, GCU	32:23	6. Jenny Bergren, Acad. of Art	21:52
7. Ryan Carrell, CPP	32:24	7. Sara Mikesell, CSUC	21:54
8. Austin Huff, HSU	32:24	8. Rachel Young, DSC	21:59
9. Bruk Assefa, SFSU	32:29	9. Devon Kelsey, HSU	22:04
10. Alfred Kangogo, UAA	32:33	10. Lisa Ohberg, CSLA	22:05
11. Aaron Thomas, CSUC	32:34	11. Katie Thralls, SPU	22:08
12. Jacob Parisien, UAA	32:48	12. Paige Henker, CSUC	22:10
13. Dylan Anthony, UAA	32:51	13. Ivy O'Guinn, UAA	22:11
14. Isaac Kangogo, UAA	32:52	14. Courtney Anderson, CSUS	22:12
15. Tyler Cannon, WWU	32:55	15. Jessica Varela, CSUC	22:14
16. Chip Jackson, WWU	32:56	16. Polina Babkina, HPU	22:16
17. Dawson Vorderbruegge, CSUS	32:59	17. Sarah Freistone, UAA	22:18
18. Gustavo Cruz, CPP	33:01	18. Rebekah Bahra, CSUC	22:23
19. Kevin Rooke, UAA	33:03	19. Peggy Noel, SFU	22:26
20. Dayne Gradone, CSUC	33:05	20. Jonah Weeks, CSUC	22:28
21. Johnny Sanchez, CSUC	33:11	21. Kansas Mackenzie, SFU	22:32
22. Jesse Baggenstos, NNU	33:13	22. Amy Schnitter, CSUC	22:34
23. Spencer Deavilla, BYUH	33:14	23. Ruby Elhard, CSUS	22:37
24. Dylan Peterson, WWU	33:14	24. Susan Bick, UAA	22:41
25. Dominik Notz, UAA	33:19	25. Jaymi Bethea, UAA	22:43
26. Kyle Johnson, WWU	33:21	26. Katie Morris, SPU	22:44
27. Brian Trejo, SFSU	33:27	27. Robyn Zeidler, SPU	22:44
28. Jeremy Brummitt, CSUC	33:36	28. Katelyn Steen, WWU	22:45
29. Ernesto Rodriguez, SFSU	33:36	29. Natalie Evans, NNU	22:47
30. Joe Osino, HSU	33:38	30. Chia Chang, UCSD	22:48
31. Tyler Cleveland, HSU	33:41	31. Kaylie Belk, SFSU	22:50
32. Leandro Santillan, HPU	33:46	32. Lizette Huerta, CPP	22:51
33. Tyler Deniston, SFSU	33:48	33. Raven Harrison, HSU	22:51
34. Michael Luhr, MSUB	33:51	34. Kelsey Kreft, CWU	22:54
35. Jordan Wolfe, SPU	33:54	35. Emily Oschner, CUH	22:57
36. Jantzen Oshier, HSU	33:55	36. McKayla Fricker, SPU	23:00
37. Ryan Woods, SFSU	33:58	37. Dallas Campbell, CSUS	23:00
38. Scott Larson, WOU	34:00	38. Nina Carson, HSU	23:00
39. Kellen Levy, UCSD	34:01	39. Amanda Camarillo, HSU	23:02
40. Benjamin Stern, HSU	34:03	40. Patricia Cortez, CSUSB	23:02
41. Ross MacDougall, UAF	34:04	41. Kirsten Allen, SFU	23:07
42. Jorge Cisneros, CUH	34:06	42. Rachel Naranjo, CSUS	23:08
43. Brady Beagley, WOU	34:07	43. Alyssa Thiele, CSUS	23:09
44. Adam Reid, SFU	34:08	44. Sarah Sawatzky, SFU	23:11
45. Kevin Miller, BYUH	34:09	45. Calene Morris, CPP	23:11
46. Tareq Alwafai, UCSD	34:10	46. Arianna Michaels, AArt	23:12
47. Zach Holloway, WOU	34:13	47. Alyson McPhetres, UAF	23:13
48. Justin Valdez, Dominican	34:14	48. Dani Eggleston, CWU	23:13
49. Daniel Franz, UCSD	34:17	49. Taylor Guenther, WWU	23:14
50. Brandon Haugen, CPP	34:17	50. Jordan Powell, NNU	23:15
51. Stewart Adair, BYUH	34:18	51. Rachel Borg, SSU	23:16
52. Tyson Vanderby, MSUB	34:21	52. Caroline Kaufman, HSU	23:17
53. Chase Robinson, MSUB	34:21	53. Marina Ghabbour, CSUS	23:19
54. Tanner Boyd, WWU	34:21	54. Zuleima Jimenez, SFSU	23:21
55. Matthew Belliston, BYUH	34:23	55. Paxton Cota, SFSU	23:23
56. Logan Smith, SFSU	34:25	56. Austen Reiter, WWU	23:23
57. Chris Olsen, WOU	34:26	57. Raphaela Sieber, UAF	23:26
58. Connor Kasler, WOU	34:29	58. Sarah Colorado, CSUSB	23:27
59. Tabor Reedy, WWU	34:31	59. Alex McBroom, MSUB	23:28
60. Jack Nevins, Academy of Art	34:34	60. Michaela Kane, SFU	23:28
61. Drew Larson, WOU	34:38	61. Pauline Muiruri, GCU	23:29
62. David Urista, SFSU	34:38	62. Katie Krehlik, UAA	23:29
63. Alex Horton, SPU	34:41	63. Jasmine Johnson, SPU	23:30
64. Clint Choquette, MSUB	34:44	64. Whitney Mickelsen, MSUB	23:30
65. Michael Gordon, NNU	34:49	65. Megan Rivera, GCU	23:31
66. Seth Pierson, SPU	34:50	66. Brianna Decker, DSC	23:33
67. Cristian Garcia, CPP	34:52	67. Arielle Walton, WWU	23:34
68. Scott Acton, UCSD	34:53	68. Marie Diaz, UCSD	23:37
69. Jon Hooke, BYUH	34:54	69. Cassie Mejia, CSLA	23:40
70. Rodney Warr, DSC	34:57	70. Anna Patti, SPU	23:42
71. Clayton Kearl, BYUH	34:59	71. Connie Morgan, CWU	23:44
72. Taylor Canfield, MSUB	35:01	72. Jessica Paget, BYUH	23:47
73. Travis Vugteveen, SFU	35:02	73. Alicia Trujillo, SFSU	23:49
74. Clemens Kammer, A.of Art	35:03	74. Sabrina Lopez, CSLA	23:49
75. Andres Zavala, CPP	35:05	75. Amanda Reynolds, HSU	23:52
76. Marco Perez, HPU	35:06	76. Micaela Jaramillo, BYUH	23:52
		77. Celeste Gutzman, DSC	23:53
		78. Lindsey Butterworth, SFU	23:56
		79. Amy King, BYUH	24:03
		80. Monique Diaz, SFSU	24:04
		81. Robinea McClinton, CSUEB	24:05
		82. Mary Owen, MSUB	24:07
		83. Madeline McGee, WWU	24:08
		84. Carolina Guzman, UCSD	24:09
		85. Megan Rogers, CWU	24:13
		86. Lizzie Grolle, CSUS	24:15
		87. Hailey Bradshaw, NNU	24:15
		88. Chelsea Ollar, BYUH	24:17
		89. Deserae Perez, CSUSB	24:20
		90. Kelsi Klotter, GCU	24:20
		91. Evelina Maanson, HPU	24:21
		92. Stephanie Stuckey, WOU	24:25
		93. Johannah Murray, CPP	24:27
		94. Julia Ebner, UAF	24:28
		95. Elena Inouye, UCSD	24:30
		96. Kelli Bercier, SSU	24:35
		97. Jinise Osborne, MSUB	24:36
		98. Lindsey Ragas, SFSU	24:38
		99. Jeniece Powell, DSC	24:38
		100. Katherine Gomez, CSUSB	24:38
		101. Allyson Rosemond, Dominican	24:39
		102. Haida Ikeda, WWU	24:39
		103. Laura Copenhagen, WOU	24:42
		104. Marisela Giles, CSUSB	24:43
		105. Kelsi Beam, GCU	24:46
		106. Kelly Dobbins, HPU	24:46
		107. Briana Barton, CWU	24:48
		108. Andrea Martin, BYUH	24:48
		109. Lynelle Decker, SPU	24:49
		110. Celina Vera, CSUEB	24:49
		111. Savannah Silacci, SSU	24:50
		112. Rebecca Holland, NNU	24:51
		113. Natalie Schafer, WOU	24:55
		114. Jenny McCarthy, CPP	24:57
		115. Shannon White, HPU	25:01
		116. Keely Craig, GCU	25:02
		117. Michelle LeRoux, UCSD	25:04
		118. Veronica Kays, SSU	25:05
		119. Rebecca Paradis, WOU	25:05
		120. Rachel Shelley, WOU	25:06
		121. Alicia Lueth, SSU	25:07
		122. Marissa Kunsch, HPU	25:07
		123. Jaydn Gourley, NNU	25:10
		124. Juliana Ruffolo, CPP	25:13
		125. Marie Miller, NNU	25:17
		126. Courtney Cirraulo, CSUSB	25:19
		127. Lindsay Enright, SFSU	25:20
		128. Kryston McPhetres, UAF	25:22
		129. Julia Woid, GCU	25:23
		130. Alyssa Vaughn, CSLA	25:23
		131. Kim Kuhnert, HPU	25:25
		132. Marissa Yang, SSU	25:27
		133. Imani Heath, CSUEB	25:33
		134. Abby Utic, SSU	25:33
		135. Dani Brabender, UCSD	25:34
		136. Christine Harwood, NNU	25:37
		137. Taylor Sinn, HPU	25:37
		138. Ximena Cruz, UCSD	25:40
		139. Haley Olcott, BYUH	25:40
		140. Nastassia Hamor, CSUEB	25:43
		141. Cass. Schumacher, A. of Art	25:51
		142. Mikhaila Thornton, WWU	25:56
		143. Amanda McNabb, CSUEB	25:58
		144. Chelsea Dowdell, CWU	25:59
		145. Elizabeth Brown, MSUB	25:59
		146. Nadia Ramirez, UHH	26:02
		147. Felix Jackline, CSUSB	26:08
		148. Skyler Tarver, DSC	26:18
		149. Julia Wilson, CSUEB	26:28
		150. Sara Falconer, UAF	26:38
		151. Jordan Bledsoe, UHH	26:40
		152. Melissa Lopez, CSLA	26:42
		153. Morgan Lacey, DSC	26:43
		154. Taylor Kartes, CWU	26:48
		155. Damanjot Kaur, CSLA	26:49
		156. Vanessa Mares, CSUEB	26:49
		157. Melanie Bock, MSUB	26:53
		158. Jenny Leaf, WOU	27:07
		159. Laura Spiegel, CUH	27:19
		160. Horalia Gamboa, CSLA	27:35
		161. Kristine Kaneichi, CUH	27:43
		162. Kerri Fujiwara, UHH	27:53
		163. Shannon Whener, CUH	27:56
		164. Kalbie Jordan, DSC	28:04
		165. Emma Chadsey, SFU	28:14
		166. Megan Thompson, UAF	28:16
		167. Jessica Wences, CUH	28:41
		168. Justina Wood, UHH	28:44
		169. Victoria Frehlich, DSC	28:22
		170. Hillary Ramos, UAA	34:47

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2013
Nov. 9 at Spokane, Wash.
Men's Team Scores: Chico State 33, Alaska Anchorage 81, Cal Poly Pomona 90, Western Washington 102, Cal Baptist 150, UC San Diego 168, Humboldt State 206, San Francisco State 214, MSU Billings 250, Simon Fraser 261, Hawaii Pacific 272, Western Oregon 290, Central Washington 325, BYU-Hawaii 376, Alaska Fairbanks 391, Seattle Pacific 408, Cal State Stanislaus 452, Saint Martin's 491.

Women's Team Scores: Alaska Anchorage 76, Chico State 79, Simon Fraser 94, Seattle Pacific 137, Western Washington 157, CSU Stanislaus 247, Humboldt State 259, Western Oregon 261, Cal Baptist 265, Central Washington 275, UC San Diego 282, Cal Poly Pomona 305, Hawaii Pacific 328, Cal State L.A. 355, San Francisco State 375, Cal State East Bay 392, CSU San Bernardino 413, Northwest Nazarene 434, MSU Billings 450, Alaska Fairbanks 553, BYU-Hawaii 567, Sonoma State 692, Saint Martin's 707.

Men (10,000 Meters)		Women (6,000 Meters)	
1. Isaac Chavez, CSUC	30:55.9	1. Susan Tanui, UAA	21:45.4
2. Johnny Sanchez, CSUC	31:32.2	2. Joyce Kipchumba, UAA	21:48.4
3. Dayne Gradone, CSUC	31:34.6	3. Katelyn Steen, WOU	21:52.9
4. Chip Jackson, WWU	31:42.5	4. Lindsey Butterworth, SFU	22:02.7
5. Victor Sarmoei, UAA	31:49.0	5. Ayla Granados, CSUC	22:07.3
6. Alfonso Cisneros, CSUC	31:52.9	6. Connie Morgan, CWU	22:18.4
7. Bryton Reim, CBU	31:55.5	7. Sara Mikesell, CSUC	22:20.2
8. John Carrell, CPP	32:04.3	8. Natalie Evans, NNU	22:26.5
9. Dylan Anthony, UAA	32:14.4	9. Annie Wade, WOU	22:32.9
10. Bruk Assefa, SFSU	32:18.0	10. McKayla Fricker, SPU	22:36.5
11. Ryan Carrell, CPP	32:18.9	11. Rebekah Bahra, CSUC	22:37.0
12. Isaac Kangogo, UAA	32:20.2	12. Taylor Guenther, WWU	22:37.6
13. Tyler Dutchover, CBU	32:24.9	13. Rachel Naranjo, CSUS	22:38.0
14. Tareq Alwafai, UCSD	32:26.2	14. Anna Patti, SPU	22:38.2
15. Nicolas Riffard, AAU	32:26.7	15. Natalie Ball, CBU	22:40.1
16. Mark Hulzar, CPP	32:28.0	16. Rebecca Bassett, SFU	22:40.4
17. Tanner Collins, UCSD	32:29.8	17. Paxton Cota, SFSU	22:43.4
18. Benji Preciado, SFSU	32:30.5	18. Ivy O'Guinn, UAA	22:44.7
19. Oliver Jorgensen, SPU	32:31.4	19. Susan Bick, UAA	22:46.4
20. Isaac Griffith, WWU	32:32.9	20. Kansas Mackenzie, SFU	22:49.1
21. Tabor Reedy, WWU	32:35.2	21. Dani Eggleston, CWU	22:49.4
22. Phil Graber, CSUC	32:36.1	22. Marie Diaz, UCSD	22:49.6
23. Kevin Rooke, UAA	32:36.6	23. Paige Hughes, UCSD	22:51.0
24. Nathan Richards, WWU	32:37.7	24. Kofi Gilley, HSU	22:51.6
25. John Dominguez, CPP	32:41.5	25. Kirsten Allen, SFU	22:51.9
26. Mitchell Moore, CBU	32:44.5	26. Sadie Gastelum, CSUC	22:52.2
27. Ben Garland, CSUMB	32:46.0	27. Sarah Macdonald, SPU	22:52.8
28. Sergio Rodrigue, CBU	32:49.5	28. Stephanie Stuckey, WOU	22:53.1
29. Aaron Thomas, CSUC	32:52.9	29. Emma Chadsey, SFU	22:53.8
30. Brady Beagley, WOU	32:53.0	30. Haley Kroll, CSUC	22:54.6
31. Tyler Cleveland, HSU	32:53.7	31. Zuleima Jimenez, SFSU	22:55.2
32. Rudy Spencer, CWU	32:54.4	32. Katie Timmerman, CSUS	22:56.8
33. Joe Ostini, HSU	32:58.4	33. Sabrina Lopez, CSLA	22:59.6
34. Brandon Haugen, CPP	33:02.4	34. Calene Morris, CPP	23:00.2
35. Dominik Notz, UAA	33:02.5	35. Haley O'Connor, WWU	23:01.7
36. Leandro Santillan, HPU	33:05.5	36. Bryn Haebe, UAA	23:02.7
37. Matt Lenehan, UCSD	33:07.7	37. Dallas Campbell, CSUS	23:03.9
38. Dylan Peterson, WWU	33:09.9	38. Devon Kelsey, HSU	23:05.5
39. Cameron Proceviat, SFU	33:11.9	39. Fiona McKenna, HPU	23:06.6
40. Chase Robinson, MSUB	33:11.9	40. Jessica Herrera, CSLA	23:08.5
41. Teague Senninger, CPP	33:12.8	41. Vanessa Herrera, CSLA	23:10.5
42. Marco Perez, HPU	33:13.7	42. Lynnelle Decker, SPU	23:10.7
43. Kellen Levy, UCSD	33:16.6	43. Jinise Osborne, SPU	23:11.7
44. Jamon Rodrigues, MSUB	33:17.0	44. Hannah Calvert, SPU	23:20.8
45. Aiden Irish, CPP	33:18.2	45. Caroline Barkechir, CBU	23:21.6
46. Michael Luhr, MSUB	33:20.2	46. Sarah Sawatzky, SFU	23:22.0
47. Alex McGuirk, CSUC	33:23.7	47. Jasmine Johnson, SPU	23:22.5
48. Connor Henderson, CSUMB	33:24.8	48. Jessica Pakkala, UAA	23:23.2
49. Jantzen Oshier, HSU	33:26.3	49. AUSTIN REITER, WWU	23:23.8
50. Justin Valdez, DUC	33:26.7	50. Hayley Swanson, CSUC	23:24.6
51. John Wojtech, CWU	33:27.2	51. Rio Frame, MSUB	23:27.9
52. Benjamin Tarango, HSU	33:30.2	52. Sarah Perrin, CSUEB	23:28.4
53. Cory Johnson, WWU	33:31.5	53. Chandler Colquitt, UCSD	23:28.5
54. Jorge Mendez, HPU	33:32.7	54. Regina Lopez, CPP	23:29.6
55. Tanner Smith, BYUH	33:34.5	55. Jamie Neal, HPU	23:29.6
56. Benjamin Stern, HSU	33:35.7	56. Elizabeth Olivera, CPP	23:29.9
57. Brendan Wong, SFU	33:39.3	57. Imogene Carson, HSU	23:31.1
58. Zach Holloway, WOU	33:39.4	58. Haida Ikeda, WWU	23:32.4
59. Robert Peterson, MSUB	33:39.7	59. Ashlee Cervantes, CBU	23:33.0
60. Corey Jennings, HPU	33:44.6	60. Sarah Gulli, CPP	23:35.7
61. Alex Villaescusa, CSUS	33:47.2	61. Jenny Leaf, WOU	23:40.5
62. Alex Horton, SPU	33:47.3	62. Michaela Kane, SFU	23:42.2
63. Turner Wiley, SPU	33:47.7	63. Malia Gonzales, HPU	23:42.4
64. Michael Gordon, NNU	33:49.0	64. Hailey Bradshaw, NNU	23:42.7
65. Logan Smith, SFSU	33:49.7	65. Caroline Kaufman, HSU	23:43.3
66. Ryan Woods, SFSU	33:50.6	66. Patricia Cortez, CSUSB	23:43.3
67. Scott Acton, UCSD	33:51.6	67. Rebekah Fraizer, CSUSB	23:43.6
68. Houston Horner, WOU	33:54.4	68. Lilliana Stielling, WWU	23:43.8
69. Tux Seims, UAF	33:55.0	69. Kim Rabebestein, CBU	23:44.3
70. Edgar Lopez, HSU	33:55.2	70. Lacey Wagner, CWU	23:45.2
71. Kenny Trejo, SFSU	33:57.7	71. Bethany Quan, CSLA	23:46.4
72. Kevin Miller, BYUH	33:58.4	72. Marissa Kunsch, HPU	23:46.9
73. Scott Larson, WOU	33:59.0	73. Deserae Perez, CSUSB	23:48.2
		74. Kaelyn Harbison, AAU	23:49.0
		75. Sofia Marikis, WWU	23:51.3
		76. Nayeli Santamaria, HSU	23:55.6
		77. Alexandra Torres, CSUEB	23:57.3
		78. Alexandra Vukov, CBU	23:58.0
		79. Jessica Malagon, CBU	23:58.5
		80. Bailey Beeson, WOU	24:02.0
		81. Marina Vorderbruegge, CSUS	24:03.0
		82. Megan Rogers, CWU	24:03.6
		83. Kaylie Belk, SFSU	24:04.0
		84. Damanjot Kauer, CSLA	24:04.8
		85. Jessy McIntyre, CSUMB	24:05.7
		86. Rachel Shelley, WOU	24:06.6
		87. Sarah Miranda, CSUS	24:06.8
		88. Kali Striker, UAF	24:07.0
		89. Odyssey Tapia, CSUEB	24:07.9
		90. Imani Heath, CSUEB	24:12.6
		91. Robinea McClinton, CSUEB	24:13.6
		92. Lizzie Grolle, CSUS	24:14.6
		93. Michelle Leroux, UCSD	24:15.2
		94. Hannah Bell, CSUMB	24:18.3
		95. Renae Hepfner, MSUB	24:20.2
		96. Ella Verhees, UCSD	24:21.5
		97. Naomi Van Setten, CBU	24:23.7
		98. Dorothy O'Donnell, UAF	24:25.3
		99. Christi Schmitz, UAA	24:25.4
		100. Briana Barton, CWU	24:26.5
		101. Megan Alfi, HSU	24:26.5
		102. Nohemi Martinez, HPU	24:27.0
		103. Cynthia Rivera, CSUSB	24:27.6
		104. Layla Amiri, CPP	24:28.5
		105. Danielle Maldonado, CWU	24:28.8
		106. Jessica Paget, BYUH	24:29.3
		107. Susanna Fleming, NNU	24:30.7
		108. Celina Vera, CSUEB	24:32.2
		109. Jessica Bath, HSU	24:32.4
		110. Krystal Cota, CSUSB	24:33.7
		111. Evelina Maanson, HPU	24:33.8
		112. Kami Dixon, BYUH	24:34.6
		113. Gabriela Maldonado, CSUS	24:36.4
		114. Casey Carpenter, BYUH	24:36.6
		115. Jennie Yeaman, CSUMB	24:36.8
		116. Hannah Dowdell, CWU	24:38.1
		117. Julie Scully, CSUEB	24:41.3
		118. Madison Tanner, UCSD	24:46.4
		119. Lizette Huerta, CPP	24:51.6
		120. Nichole Bathe, UAF	24:54.2
		121. Hannah Stevens, UAF	24:57.8
		122. Marie Miller, NNU	24:59.3
		123. Alicia Trujillo, SFSU	25:00.2
		124. Madeleine Westman, BYUH	25:01.5
		125. Savannah Siolacci, SSU	25:02.1
		126. Claire Rachwitz, SPU	25:06.8
		127. Taylor Condon, MSUB	25:09.8
		128. Chelsea Butters, BYUH	25:12.4
		129. Nicole Anderson, WOU	25:12.5
		130. Becky Parks, SFSU	25:15.5
		131. Horalia Gamboa, CSLA	25:16.8
		132. Erika Crook, SMU	25:21.6
		133. Lindsey Ragas, SFSU	25:22.9
		134. Ingvild Skorpen, HPU	25:24.9
		135. Jackie Felix, CSUSB	25:25.5
		136. Jessica Horrocks, BYUH	25:26.3
		137. Veronica Kays, SSU	25:29.4
		138. Justine Malek, SMU	25:29.7
		139. Bethany Balady, WOU	25:33.8
		140. Alyssa Casillas, CSUSB	25:35.5
		141. Maria Hurtado, SSU	25:39.6
		142. Rocio Pacheco, SFSU	25:47.0
		143. Sarah Lilly, UAF	25:49.9
		144. Bailey Voss, NNU	25:53.3
		145. Theresa Lombardi, MSUB	25:57.4
		146. Jaydn Gourley, NNU	25:58.5
		147. Marissa Nickles, CPP	25:59.4
		148. Megan Teigen, SMU	26:03.6
		149. Elizabeth Brown, MSUB	26:06.3
		150. Keri Clump, MSUB	26:08.0
		151. Emily Merioles, NNU	26:10.5
		152. Madison Hills, UCSD	26:10.8
		153. Debra Daubenspeck, SSU	26:48.7
		154. Beatriz Ramirez, SMU	26:49.5
		155. Kenna Foshnack, SMU	26:58.6
		156. Abby Utic, SSU	27:03.2
		157. Irene Moore, SPU	27:11.8
		158. Raelynn Brett, SSU	27:13.1
		159. Laura Dyer, UAF	27:16.2
		160. Brittany Smith, SSU	28:12.2
		161. Claire McCloskey, SMU	29:26.8

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2014

Nov. 22 at Avery Park, Billings, Mont.

Men's Team Scores: Chico State 30, Alaska Anchorage 53 Cal Poly Pomona 101, Western Washington 150, Cal Baptist 208, Simon Fraser 225, UC San Diego 239, San Francisco St. 253, Azusa Pacific 283, Cal St. Stanislaus 285, Academy of Art 298, Cal St. Monterey Bay 307, Humboldt State 368, Central Washington 402, Northwest Nazarene 430, Hawaii Pacific 433, Montana State Billings 454, Alaska 455, Western Oregon 457, BYU-Hawaii 493, Saint Martin's 568, Dixie State 584, Cal St. East Bay 677. Seattle Pacific incomplete.

Women's Team Scores: Simon Fraser 103, Chico State 112, Alaska Anchorage 144, UC San Diego 171, Central Washington 180, Western Washington 185, Hawaii Pacific 193, Cal Baptist 196, Azusa Pacific 198, Cal Poly Pomona 222, Humboldt State 233, Seattle Pacific 282, Montana State Billings 306, Cal St. Stanislaus 338, San Francisco St. 371, Western Oregon 437, Cal St. Monterey Bay 437, Dixie State 496, BYU-Hawaii 559, Cal State L.A. 570, Alaska 573, Northwest Nazarene 575, Cal St. East Bay 630, Saint Martin's 725.

Men's Results (10,000m)

1. Henry Cheseto, UAA	30:33.99	65. Kenny Trejo, SFSU	32:49.25	130. Arlen Musgrove, DSU	35:10.49	41. Rebekah Bahra, CSUC	22:57.05
2. Dominik Notz, UAA	30:48.60	66. Hector Hernandez, CBU	32:54.83	131. Jorge Mendoza, HPU	35:12.22	42. Meghan Fairchild, HPU	22:48.25
3. Mark Huizar, CPP	30:48.89	67. Kaleb Javier, CWU	32:56.99	132. Lyon Kopsack, UAF	35:12.75	43. Lizette Huerta, CPP	22:48.92
4. Johnny Sanchez, CSUC	31:01.02	68. Logan Smith, SFSU	32:58.78	133. Karson Hayden, CSUMB	35:12.82	44. Brittany Evans, SFU	22:51.26
5. Kyle Medina, CSUC	31:01.20	69. Travis Vugteveen, SFU	33:01.56	134. Turner Wiley, SPU	35:23.88	45. Sarah McDonald, SPU	22:51.38
6. Nick Grubiss, CSUC	31:04.26	70. David Rosales, CSUS	33:04.11	135. Ron Leaf, CWU	35:25.09	46. Marissa Kunsch, HPU	22:52.72
7. Alex McGuirk, CSUC	31:06.65	71. Nathan Richards, WWU	33:04.54	136. Ryan Belliston, BYUH	35:26.67	47. Paxton Cota, SFSU	22:53.44
8. Aaron Mora, CSUC	31:07.54	72. Hunter Gulino, APU	33:05.04	137. Jorey Egeland, MSUB	35:30.73	48. Jessica Rawlins, SPU	22:53.48
9. Taylor Guske, CBU	31:10.36	73. Ryan Lawler, HSU	33:06.20	138. Jesse Fenn, SFSU	35:34.55	49. Marie Diaz, UCSD	22:55.98
10. Dillon Breen, CSUC	31:13.60	74. John Wojtech, CWU	33:09.34	139. Norman (Will) Weekes, CSUEB	35:37.25	50. Emma Chadsey, SFU	22:56.57
11. Dylan Anthony, UAA	31:20.89	75. Jorge Mendez, HPU	33:10.14	140. Josh Hanna, WOU	35:45.40	51. Imogene Carson, HSU	22:57.07
12. Isaac Griffith, WWU	31:26.97	76. Xavier Uranga, HSU	33:10.54	141. Carlos Bojorguez, UCSD	35:58.81	52. Lora James, CSUC	22:58.07
13. Robert Peterson, MSUB	31:29.45	77. Kaleb Fleenor, NNU	33:11.53	142. Jacob Marshall, MSUB	36:05.84	53. Katie Timmermans, CSUS	22:58.69
14. Tanner Collins, UCSD	31:31.12	78. Garrett Love, MSUB	33:14.73	143. Alex Schiffman, DSU	36:09.72	54. Millie Leitch, CBU	22:58.99
15. Valentin Pepiot, AAU	31:32.29	79. Jesus Ortiz, CSUS	33:15.51	144. Josiah Shelman, SMU	36:19.26	55. Cori Harral, SFSU	22:59.19
16. Drew Feldman, SFSU	31:33.05	80. Scott Acton, UCSD	33:15.52	145. Alex Nelson, SMU	36:49.31	56. Ranae Hepfner, MSUB	22:59.88
17. Francisco Gomez, CPP	31:35.97	81. Zach Snel, CSUMB	33:15.56	146. Latee Pigeo, CSUEB	36:46.08	57. Marissa Nickles, CPP	23:00.82
18. Victor Samoei, UAA	31:37.25	82. Dustyn Salomon, HSU	33:16.35	147. Irvin Parada, CSUEB	37:15.77	58. Lindsey Ragas, SFSU	23:04.36
19. Mack Marbas, AAU	31:37.60	83. Abraham Alvarado, CSUS	33:16.59	148. Brent Christianson, CWU	37:26.20	59. Rio Frame, MSUB	23:04.63
20. Alex Villaescusa, CSUS	31:38.07	84. Jon Hooke, BYUH	33:17.97	149. Mitchell Hughey, SMU	37:49.68	60. Stephanie Stuckey, WOU	23:08.05
21. Michel Ramirez, UAA	31:39.44	85. Peter Buscheck, APU	33:19.77	150. Austin Murray, AAU	38:09.46	61. Elizbaeth Olvera, CPP	23:09.29
22. Teague Senninger, CPP	31:42.17	86. Kenneth Brewer, UAF	33:24.25	151. Jonathan Vandeberg, DSU	38:14.87	62. Madison Tannerr, UCSD	23:09.41
23. Ben Garland, CSUMB	31:46.59	87. CM April, HSU	33:25.17	152. Leo Theuss, CSUEB	41:44.49	63. Sofia Marikis, WWU	23:09.72
24. Brandon Haugen, CPP	31:47.28	88. Kevin Miller, BYUH	33:26.48			64. Kali Striker, UAF	23:10.43
25. Edwin Kangogo, UAA	31:48.31	89. Brendan Wong, SFU	33:30.36			65. Jessica Pakkala, UAA	23:11.28
26. Marc-Antoine Rouleau, SFU	31:49.65	90. Michael Fehrenbach, UAF	33:32.16			66. Hannah Dowdell, CWU	23:11.74
27. Jeremy Porter, APU	31:49.83	91. Chase Cunningham, NNU	33:34.17			67. Kristie Sikma, APU	23:13.21
28. Tareq Alwafai, UCSD	31:51.27	92. Yeltsen Vasquez, HPU	33:34.58			68. Alicia Williams, CBU	23:15.89
29. Sean Eustis, WWU	31:51.92	93. Brendan Gee, UCSD	33:40.11			69. Katie Deimling, CBU	23:16.24
30. Nathan Kipchumba, UAA	31:53.08	94. Brett Bermudez, AAU	33:40.32			70. Austen Reiter, WWU	23:16.81
31. Rudy Speaker, CWU	31:54.49	95. Michael Gordon, NNU	33:42.13			71. Sarah Miranda, CSUS	23:16.82
32. Abdel-Samad El-Hajjami, CBU	31:57.75	96. Cody Bartlett, HPU	33:43.39			72. Patricia Cortez, CSUSB	23:19.03
33. Aaron Maizland, CSUC	31:58.77	97. Adam Gardere, CSUEB	33:44.26			73. Megan Alfi, HSU	23:20.54
34. Isaac Derline, WWU	32:00.13	98. Jeremiah Gotts, CBU	33:44.48			74. Kansas Mackenzie, SFU	23:22.13
35. John Dominguez, CPP	32:02.12	99. Philippe Gravel, SFU	33:46.56			75. Vanessa Herrera, CSULA	23:24.35
36. Jonathan Quimby, WWU	32:08.04	100. Dan Metzger, CSUMB	33:47.63			76. Rachel Crawford, WOU	23:25.29
37. Bryton Reim, CBU	32:11.06	101. Sam Naffziger, WOU	33:48.79			77. Mariah Gillick, HSU	23:25.32
38. Ruben Dominguez, CPP	32:14.11	102. Eric Brooks, CSUS	33:49.63			78. Imani Heath, CSUEB	23:26.22
39. Tabor Reedy, WWU	32:14.84	103. Thomas Hesselgesser, BYUH	33:50.70			79. Marissa Jimenez, CSUS	23:26.89
40. Austin Trapp, SFU	32:15.17	104. Mario Castillo-Urbin, HSU	33:53.53			80. Sara Dionne, CSUMB	23:26.90
41. Ross MacDougall, UAF	32:17.22	105. Lucas Graham, CBU	33:58.94			81. Jinise Osborne, MSUB	23:27.80
42. Cameron Proceviat, SFU	32:17.39	106. Clayton Kearl, BYUH	34:00.24			82. Brenna Eldredge, CWU	23:28.00
43. Isaac Mitchell, NNU	32:17.80	107. Chris Costa, AAU	34:03.12			83. Elle Farrar, APU	23:29.16
44. Frank Krause, SMU	32:18.26	108. Josh Panasuk, MSUB	34:05.88			84. Gabrielle Wisot, HPU	23:29.20
45. Cody Drisko, APU	32:21.09	109. Michael Dondalski, APU	34:09.75			85. Susanna Fleming, NNU	23:33.24
46. Matt Lutz, WWU	32:21.40	110. Logan Means, AAU	34:11.89			86. Lynelle Decker, SPU	23:33.97
47. Connor Henderson, CSUMB	32:23.10	111. Edward Ochsner, HPU	34:12.01			87. Micayla Andersen, CPP	23:34.82
48. Oliver Jorgensen, SFU	32:24.53	112. Carston Feigleson, BYUH	34:17.53			88. Melanie Bock, MSUB	23:36.08
49. Troy Stechman, CPP	32:26.02	113. Ryan Thompson, CWU	34:18.95			89. Elizabeth Khuu, AAU	23:37.53
50. Brent Ritschel, HSU	32:32.88	114. Fermin Murillo-Villagr, HPU	34:21.10			90. Skyler Thiel, UCSD	23:37.82
51. Benji Preciado, SFSU	32:33.62	115. Daniel Serventi, UAF	34:25.52			91. Nayeli Santamaria, HSU	23:38.92
52. David Ribich, WOU	32:34.34	116. Jasper Heckman, SMU	34:27.94			92. Bethany Quan, CSULA	23:39.79
53. Michael Garaventa, SFSU	32:35.73	117. Nick Spencer, CWU	34:29.01			93. Haley Olcott, BYUH	23:40.58
54. Kyle Bueckert, APU	32:37.51	118. Ryan Torres, CSUMB	34:32.83			94. Taylor Condon, MSUB	23:41.38
55. Michael Mrgudic, CSUS	32:38.36	119. Mark Hovland, MSUB	34:34.30			95. Natalie Barr, CBU	23:42.84
56. Caton Avila, CSUMB	32:42.04	120. Riley Anheluk, WOU	34:41.12			96. Jessy McIntyre, CSUMB	23:43.57
57. Daniel Franz, UCSD	32:42.18	121. Nathan Morgan, SMU	34:41.48			97. Brianna Moyle, DSU	23:44.61
58. Zach Holloway, WOU	32:43.94	122. Shi-Quan Nettingham, DSU	34:44.84			98. Mikhailia Thornton, WWU	23:48.70
59. Leandro Santillan, HPU	32:44.13	123. Mitch Burgess, UAF	34:47.08			99. Annie Wade, WOU	23:49.93
60. Daniel Haputman, UCSD	32:44.33	124. Brandon Schafer, NNU	34:49.73			100. Jessica Horrocks, BYUH	23:50.54
61. Alex Reyes, CSUS	32:46.52	125. Keegan Rankin, UAF	34:54.93			101. Giovanna Romo, HSU	23:52.68
62. George Barlow, DSU	32:47.62	126. David McLeod, WOU	34:57.35			102. Annie Roberts, HSU	23:53.93
63. Austin Esposito, AAU	32:47.90	127. Joe Soik, WOU	34:58.16			103. Chloe Rock, SFSU	23:54.71
64. Valentin Robert, CBU	32:48.35	128. Derek Gallagher, DSU	34:58.91			104. Casey Monoszlay, CPP	23:54.73
		129. Chase Wheeler, HSU	35:08.42			105. Debora De Leon, WOU	23:55.27

Women's Results (6,000m)

1. Katelyn Steen, WWU	21:06.59
2. Caroline Barkechir, CBU	21:12.11
3. Rebecca Bassett, SFU	21:15.22
4. Fiona McKenna, HPU	21:22.21
5. Amy Johnston, UAA	21:22.60
6. Staci Foster, APU	21:23.60
7. Anna Patti, SPU	21:31.01
8. Jennifer Johnson, SFU	21:31.94
9. Veronica Hall, CBU	21:37.99
10. Dani Eggleston, CWU	21:39.53
11. Quette Peinado, CSUC	21:44.49
12. Tatiana Gillick, HSU	21:53.72
13. Connie Morgan, CWU	21:57.78
14. Megan Rogers, CWU	21:59.95
15. Kori Gilley, HSU	22:00.52
16. Paige Hughes, UCSD	22:01.88
17. Skyler Storie, DSU	22:01.99
18. Camila Turati, CSUC	22:03.52
19. Mckaela Christenson, AAU	22:04.78
20. Peggy Noel, SFU	22:06.43
21. Eileen Stressling, APU	22:07.47
22. Alex Burkhart, CSUC	22:07.85
23. Caroline Kurgat, UAA	22:08.17
24. Sadie Gastelum, CSUC	22:08.18
25. Jamie Neal, HPU	22:10.45
26. Taylor Guenther, WWU	22:11.95
27. Bryn Haebe, UAA	22:19.26
28. Kylie Betts, APU	22:22.52
29. Beatrice Decker, APU	22:25.29
30. Kaelyn Harbison, AAU	22:27.31
31. Hannah Bell, CSUMB	22:29.89
32. Haley O'Connor, WWU	22:32.12
33. Miryam Bassett, SFU	22:32.82
34. Nocona Frame, MSUB	22:33.90
35. Ashley Espinoza, CPP	22:37.07
36. Calene Morris, CPP	22:40.89
37. Corinne Hinkle, UCSD	22:41.08
38. Chandler Colquitt, UCSD	22:45.59
39. Michelle Leroux, UCSD	22:46.58
40. Gina Wood, CSUS	22:46.76

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2014 Women's Results (Continued)

106. Jennie Yeaman, CSUMB	23:55.87	121. Rebecca Hook, NNU	24:20.02	137. Celina Vera, CSUEB	24:50.18	153. Fattima Momini, CSUMB	25:46.86
107. Claire Rachwitz, SPU	23:56.52	122. Olivia Moyle, DSU	24:21.22	138. Kami Dixon, BYUH	24:55.42	154. Josefine Malmborg, CSULA	25:53.79
108. Gabee Maldonado, CSUS	23:57.84	123. Megan Teigen, SMU	24:21.23	139. Elizabeth Cook, DSU	24:57.38	155. Allison Carone, HPU	25:55.59
109. Alexa Lua, CSUS	23:58.33	124. Hailey Kettel, SPU	24:22.60	140. Camille Hansen, CSUEB	25:01.95	156. Anna Henning, CSUMB	25:57.46
110. Erin Chinchar, CWU	23:59.20	125. Emily Harper, SFSU	24:25.67	141. Jordan Donaghy, MSUB	25:02.25	157. Savannah Silacci, SSU	26:05.00
111. Julianna Mendez, DU	23:59.65	126. Anysja Manzer, NNU	24:28.84	142. Nicole Novales, SFSU	25:03.83	158. Kenna Fosnacht, SMU	26:25.80
112. Ericka Taylor, AAU	24:00.10	127. Amanda Turnbull, BYUH	24:29.54	143. Colby Childers, WOU	25:08.36	159. Nicole Ide, SMU	26:35.42
113. Maria Hurtado, SSU	24:03.84	128. Arielle Steimer-Barraga, CSULA	24:30.07	144. Ester Mueller, CBU	25:08.37	160. Natalie Palmer, DSU	27:02.82
114. Kayla Rossi, CSUS	24:06.12	129. Jess Aguilar, APU	24:32.22	145. Cristina Hernandez, CSUMB	25:17.36	161. Amy Wheeler, NNU	27:03.90
115. Jadyr Gourley, NNU	24:09.10	130. Hannah Calvert, SPU	24:34.81	146. Cheyenne Greenside, UAF	25:20.42	162. Iris Martinez, CSUEB	27:25.76
116. Dorothy O'Donnell, UAF	24:09.52	131. Anna Baker-Mikkelsen, UHH	24:36.31	147. Sarah Lilly, UAF	25:27.94	163. Jennifer Hickey, SMU	27:55.57
117. Bailey Beeson, WOU	24:09.92	132. Malacie Jorgenson, BYUH	24:37.96	148. Brittany Brooks, DSU	25:29.39	164. Bente Heller, UAF	27:58.80
118. Jayna Inderbitzin, CWU	24:11.03	133. Grace Weller, UAF	24:41.00	149. Sarah Ferrin, CSUEB	25:30.92	165. Victoria Nunez, SMU	29:12.15
119. Tamara Perez, UAA	24:11.51	134. Nicole Anderson, WOU	24:41.96	150. Chandra Smith, UAF	25:35.35	166. Tori Dwyer, SSU	29:34.11
120. Elizbaeth Lyons, APU	24:11.77	135. Rocio Pacheco, SFSU	24:47.59	151. Elizabeth Miranda, CSULA	25:37.67	167. Alexis Caradang, SMU	31:19.63
		136. Evelina Maanson, HPU	24:48.55	152. Casey Carpenter, BYUH	25:44.41		

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2015

Nov. 7 at Ash Creek Preserve, Monmouth, Ore.

Men's Team Scores: Alaska Anchorage 55, Chico State 79, Cal Poly Pomona 81, Simon Fraser 107, San Francisco State 167, Western Washington 194, Azusa Pacific 233, Cal Baptist 243, Academy of Art 272, Montana State Billings 287, Humboldt State 291, Western Oregon 310, UC San Diego 320, Central Washington 400, Cal St. Monterey Bay 429, Fresno Pacific 472, Northwest Nazarene 477, Alaska 503, Dixie State 551, Seattle Pacific 557, Hawaii Pacific 616, Saint Martin's 656, Cal St. East Bay 690.

Women's Team Scores: Chico State 89, Western Washington 165, Alaska Anchorage 201, Cal Baptist 203, Seattle Pacific 207, Central Washington 212, UC San Diego 223, Cal Poly Pomona 247, Cal St. San Bernardino 265, Simon Fraser 273, Azusa Pacific 279, Cal St. Stanislaus 291, Humboldt State 296, Point Loma 322, Western Oregon 416, Cal St. Monterey Bay 429, Northwest Nazarene 472, Hawaii Pacific 478, Saint Martin's 542, San Francisco St. 569, Alaska 585, Dixie State 598, Fresno Pacific 610, Cal St. East Bay 649, Montana State Billings 669, Cal State L.A. 701, Dominican (Calif.) 737, Hawaii-Hilo 798.

Men's Results (10,000m)

1. Henry Cheseto, UAA	29:29.82
2. Dominik Notz, UAA	29:32.63
3. William Reyes, CSUC	29:36.55
4. Valentin Pepiot, AAU	29:53.83
5. Oliver Jorgensen, SFU	29:59.40
6. Mark Huizar, CPP	30:03.07
7. Ruben Dominguez, CPP	30:04.85
8. Edwin Kangogo, UAA	30:06.78
9. Francisco Gomez, CPP	30:08.38
10. Steven Martinez, CSU	30:11.36
11. David Ribich, WOU	30:11.95
12. Pierre Fontanarosa, AAU	30:13.91
13. Robert Peterson, MSUB	30:15.08
14. Andrew Wise, WWU	30:22.33
15. Benji Preciado, SFSU	30:27.74
16. Marc-Antoine Rouleau, SFU	30:28.17
17. Cameron Procevat, SFU	30:28.40
18. Steven Velarde, CSUC	30:29.24
19. Aaron Mora, CSUC	30:32.33
20. Victor Samoei, UAA	30:32.73
21. Jeremy Porter, APU	30:35.97
22. Valentin Robert, CBU	30:38.89
23. Isaac Mitchell, NNU	30:39.48
24. Nathan Kipchumba, UAA	30:42.61
25. Michael Mendenhall, UAA	30:43.23
26. Drew Feldman, SFSU	30:43.59
27. John Dominguez, CPP	30:44.95
28. Sean Eustis, WWU	30:46.85
29. Caton Avilla, CSUC	30:47.60
30. Kenny Trejo, SFSU	30:54.27
31. Cody Drisko, APU	30:55.36
32. Christian Rodriguez, CPP	30:55.83
33. Sean Miller, SFU	30:57.95
34. Nicholas Valenzuela, CSUC	31:00.11
35. Connor Henderson, CSUMB	31:04.15
36. Brendan Wong, SFU	31:05.83
37. Devon Reed, CPP	31:07.73
38. Arturo Arevalo, CSUC	31:08.71
39. Rowan Doherty, SFU	31:10.94
40. Garrett Love, MSUB	31:12.72
41. Logan Smith, SFSU	31:15.43
42. Aaron Potts, APU	31:19.22
43. Zach Holloway, WOU	31:23.56
44. Keefe Hanson, HSU	31:23.74
45. Daniel Franz, UCSD	31:26.00
46. Isaac Derline, WWU	31:26.03
47. Matthew Lutz, WWU	31:26.56
48. Duncan Perillat-Amede, CBU	31:27.20
49. William Ebner, CPP	31:28.86
50. Omar Padilla, HSU	31:29.37
51. Braeden Charlton, SFU	31:31.60
52. Abdel-Amad El-Hajjani, CBU	31:32.12
53. Jonathan Lafferty, CWU	31:33.58
54. Christian Nazarek, HSU	31:35.82
55. Michael Garaventa, SFSU	31:36.37
56. Matt Winter, MSUB	31:36.59
57. Jayden Emerson, CBU	31:38.83
58. Garrett Lepine, UCSD	31:39.27
59. Max Romey, WWU	31:39.46
60. Nick Mounier, WWU	31:39.58
61. Kris Everett, AAU	31:46.86
62. Mario Castillo-Urbina, HSU	31:48.21
63. Will Jones, WWU	31:48.59
64. Michael Young, NDNU	31:52.39

65. Uriel Carlos, CSUS	31:55.02
66. Tyre Hines, CBU	31:56.65
67. David Cornish, WOU	31:58.56
68. Angel Escobar, APU	32:00.76
69. Terrence Luevano, UCSD	32:01.05
70. Aren Johnson, UCSD	32:01.13
71. Jeremy Zadoorian, SFSU	32:03.81
72. William Ernst, CBU	32:05.07
73. Zach Snel, CSUMB	32:07.59
74. Ken Kipkorir, CBU	32:09.96
75. Jake Kelist, APU	32:11.68
76. Hunter Chamberlain, DSU	32:12.79
77. Josh Boston, CWU	32:12.81
78. Jacob Alplund, HPU	32:12.97
79. Nick Hamilton, NNU	32:13.63
80. Ismael Guzman, FPU	32:14.48
81. Alex Torres, FPU	32:14.59
82. Seiji Takagi, UAF	32:14.72
83. Carlos Cruz III, HSU	32:17.77
84. Garrett Boulais, UCSD	32:18.82
85. Phil Kruse, AAU	32:19.50
86. Shi-Quan Nettingham, DSU	32:20.16
87. Dustyn Solomon, HSU	32:21.81
88. Andrew Selevos, SFSU	32:22.42
89. Ron Leaf, CWU	32:22.89
90. Tyus Mendoza, MSUB	32:24.65
91. Tyler Jones, WOU	32:26.10
92. Mark Hovland, MSUB	32:28.01
93. Ryan Thompson, CWU	32:28.99
94. Jorey Egeland, MSUB	32:29.88
95. Alex Wallach, CSUMB	32:30.69
96. Alex Martinez, CWU	32:31.63
97. Chase Cunningham, NNU	32:32.32
98. Brent Ritschel, HSU	32:32.90
99. Ben Halladay, SPU	32:34.11
100. Wyler Ovoboda, UCSD	32:35.05
101. Alex Eckert, UAF	32:37.79
102. William Mayhew, APU	32:38.90
103. Ricardo Jazo, FPU	32:39.13
104. Sam Naffziger, WOU	32:41.34
105. Connor Nolen, FPU	32:41.87
106. Joe Soik, WOU	32:44.15
107. Adam Avischious, SPU	32:46.50
108. Max Moncur, BYUH	32:47.21
109. Brian Comer, SPU	32:48.06
110. Keegan Rankin, UAF	32:49.17
111. Lyon Kopsack, UAF	32:50.75
112. Abel Aleman, CSUS	32:52.33
113. Tristan Sayre, UAF	32:52.89
114. Israel Sotelo, CSUEB	32:54.35
115. Chris Goertzen, FPU	32:55.89
116. Chris Costa, AAU	32:57.72
117. Jesse Miller, UAA	33:02.89
118. Ryan Torres, CSUMB	33:09.01
119. Austin Esposito, AAU	33:10.07
120. Jason Morris, CSUMB	33:11.54
121. Eddie Carrillo, UCSD	33:11.56
122. Carston Feigleson, BYUH	33:13.00
123. George Barlow, DSU	33:13.48
124. Tyler Humphries, CWU	33:14.60
125. Jasper Heckman, SMU	33:23.26
126. Josh Dempsey, WOU	33:24.92
127. Daniel Serventi, AUF	33:27.89
128. Edward Schsner, HPU	33:30.98
129. David McLeod, SPU	33:32.76

130. Joseph Walker, SPU	33:33.74
131. Josh Hunt, SMU	33:34.06
132. Brysten James, SPU	33:36.07
133. Ryan Phillips, FPU	33:37.12
134. Dylan Evans, HPU	33:37.57
135. Hanson Lee, CWU	33:38.68
136. Austin Miller, SMU	33:42.11
137. Gabe Fisher, NNU	33:45.39
138. Evan Gonzales, CSUMB	33:46.28
139. Dylan Nixon-Helms, UAF	33:47.21
140. Yonas Desta, DSU	33:57.94
141. Nathan Morgan, SMU	33:59.74
142. Adam Awad, FPU	34:01.84
143. Hunter Ramos, CSUS	34:05.89
144. Zach Kanlong, CSUEB	34:06.21
145. Jarred Gregory-Grimes, AAU	34:06.99
146. Brandon Borget, DSU	34:07.47
147. Clark Sterling, SPU	34:09.00
148. Brandon Schaffer, HPU	34:09.91
149. Joe Edgecomb, SMU	34:13.28
150. Ivan Colmanero, MSUB	34:20.96
151. Ramon Vargas, CSUS	34:23.09
152. Jesus Leon, CSUEB	34:27.20
153. Jorge Mendoza, HPU	34:27.98
154. Mark Mojarro, HPU	34:40.23
155. Kyle Fetter, CSUEB	34:45.74
156. Cameron Olson, CSUEB	34:49.17
157. Tim Swarat, NNU	35:03.96
158. Skyler Larson, SMU	35:20.95
159. Rob Anderson, CSUMB	35:32.40
160. Rob Siegel, CSUEB	35:47.24
161. Levi Schilter, SMU	35:57.96
162. Orlando Ramirez, CSUEB	36:19.51
163. David Waterman, NNU	36:31.54
164. Jonathan VanDeberg, DSU	36:40.62

Women's Results (6,000m)

1. Joyce Chelimo, UAA	20:42.34
2. Caroline Kurgat, UAA	20:59.57
3. Sadie Gastelum, CSUC	21:05.57
4. Anna Patti, SPU	21:15.71
5. Eileen Stressling, APU	21:19.24
6. Taylor Guenther, WWU	21:21.29
7. Hannah Bell, CSUMB	21:27.15
8. Quetta Peinado, CSUC	21:27.50
9. Rebecca Bassett, SFU	21:28.20
10. Marissa Nickles, CPP	21:30.57
11. Skyler Storie, DSU	21:31.56
12. Caroline Barkechir, CBU	21:35.59
13. Dani Eggleston, CWU	21:36.34
14. McCall Habermehl, CSUC	21:38.30
15. Kori Gilley, HSU	21:39.57
16. Gina Wood, CSUC	21:41.20
17. Patricia Cortez, CSUSB	21:42.44
18. Megan Rogers, CWU	21:46.47
19. Lauren Harrell, APU	21:47.61
20. Mary Charleson, SPU	21:48.40
21. Paige Hughes, UCSD	21:49.72
22. Courtney Moore, FPU	21:50.79
23. McKaela Christenson, AAU	21:53.69
24. Ashli Baddorf, CPP	21:54.98
25. Brianna Bartello, PLNU	21:55.87
26. Johanna Apeilyrd, HPU	21:58.43
27. Tracy Melville, WWU	21:58.44
28. Brittany Grant, WWU	21:59.95

29. Alexandra Hernandez, PLNU	22:00.50
30. Marissa Bartello, PLNU	22:00.82
31. Kimberly Cosica, UAA	22:02.34
32. Haley Kroll, CSUC	22:04.56
33. Alexa Shindruk, CWU	22:05.42
34. Alex Burkhart, CSUC	22:05.83
35. Dorothy O'Donnell, UAF	22:05.95
36. Sierra Manzer, NNU	22:07.65
37. Nicole Maurmann, WOU	22:07.96
38. Lorraine Fernandez, CPP	22:08.65
39. Berenice Cleyet-Merle, CBU	22:09.08
40. Stephanie Stuckey, WOU	22:10.84
41. Sarah Macdonald, SPU	22:11.71
42. Miryam Bassett, SFU	22:12.29
43. Karen Horvath, SMU	22:14.12
44. Corinne Hinkle, UCSD	22:16.04
45. Jessica Stienhoff, CSUSB	22:16.15
46. Karina Carstens, UCSD	22:16.67
47. Imogene Carson, HSU	22:16.85
48. Marie Diaz, UCSD	22:19.20
49. Shawna Troupe, WWU	22:20.03
50. Elise Larson, APU	22:22.51
51. Katie Deimling, CBU	22:23.21
52. Claire Rainey, CBU	22:23.66
53. Alana Enabnit, CBU	22:24.18
54. Alexa Lua, CSUS	22:24.63
55. Larissa Kolasinski, SMU	22:25.27
56. Emeline Delanis, CBU	22:29.28
57. Ariel Melendez, CSULA	22:29.46
58. Jessy McIntyre, CSUMB	22:29.57
59. Lilianna Sterling, WWU	23:30.00
60. Laura Aceves, CSUSB	22:30.35
61. Lora James, CSUC	22:30.39
62. Annie Roberts, HSU	22:32.97
63. Adriana Calva, SFSU	22:33.51
64. Soleil Hall, CSUSB	22:33.67
65. Imani Heath, CSUEB	22:34.89
66. Laticia Joven, CSUS	22:35.61
67. Olivia Watt, CSUC	22:37.53
68. Skyler Thiel, UCSD	22:40.28
69. Stephanie Rexus, CWU	22:40.74
70. Paige Nock, SFU	22:41.03
71. Marissa Jimenez, CSUS	22:41.10
72. Hannah Calvert, SPU	22:41.43
73. Chynna Phan, SPU	22:43.05
74. Kim Rabenstein, CBU	22:43.46
75. Sara Taferre, WWU	22:43.51
76. Kaitlyn Maker, UAA	22:44.02
77. Kansas Mackenzie, SFU	22:44.25
78. Lynelle Decker, SPU	22:44.28
79. Brittany Evans, SFU	22:45.32
80. Addy Townsend, SFU	22:45.39
81. Alexandra Laiblin, WWU	22:45.79
82. Erin Chinchar, CWU	22:47.41
83. Cynthia Rivera, CSUSB	22:47.55
84. Anahi Betart, CPP	22:48.01
85. Marissa Kunsch, HPU	22:50.71
86. Julianna Mendez, DU	22:53.96
87. Zoe Kaufman, HSU	22:54.10
88. Sarah Miranda, CSUS	22:54.99
89. Megan Alfi, HSU	22:55.01
90. Jessica Rawlins, SPU	22:55.51
91. Taylore Cantu, CSUSB	22:56.68
92. Hailey Gordon, NNU	22:57.95
93. Alexandra Bielli, UHH	22:58.86

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2015 Women's Results Continued

94. Jessica Pahkala, UAA	23:02.12	118. Symone Booker, CPP	23:20.52	143. Jordyn Prado, APU	23:56.13	168. Lindsey Dorney, SMU	25:08.27
95. Araceli Servin, CPP	23:02.40	119. Maria Hurtado, SSU	23:20.66	144. Jocelyn Duran, PLNU	23:56.64	169. Anna Baker-Mikkelsen, UHH	25:10.60
96. Reta Dobie, SFU	23:03.13	120. Megan Sidwell, DSU	23:24.48	145. Jessica Betancourt, SFSU	24:00.52	170. Josie Lonai, NNU	25:14.40
97. Evelyn De La Luz, CSUSB	23:03.20	121. Brielle Davis, MSUB	23:24.92	146. Sarah Lilly, UAF	24:01.15	171. Alyssa Tenney, CSUEB	25:19.71
98. Rebecca Hook, NNU	23:04.63	122. Allison Carone, HPU	23:26.16	147. Jinise Trueblood, MSUB	24:05.01	172. Kelsey Rij, FPU	25:30.22
99. Anysja Manzer, NNU	23:05.20	123. Gabrielle Wisot, HPU	23:27.65	148. Briana Swendener, PLNU	24:10.22	173. Michelle Gonzalez, DU	25:39.34
100. Kali Striker, UAF	23:05.64	124. Ella Verhees, UCSD	23:27.90	149. Hallie Swenson, PLNU	24:12.40	174. Bethany Quan, CSULA	25:48.84
101. Jayna Inderbitzin, CWU	23:06.38	125. Rachel Crawford, WOU	23:29.41	150. Myha Castro, SFSU	24:14.38	175. Morgan Gilmore, SFSU	26:05.88
102. Josie Frye, PLNU	23:06.73	126. Beatrice Decker, UAA	23:33.50	151. Jordan Allen, CSUMB	24:15.70	176. Janine Villanueva, DU	26:18.54
103. Taylor Hurlock, APU	23:06.87	127. Hadley Clark, CSUMB	23:34.97	152. Leah Rife-Dupuy, FPU	24:18.15	177. Scarlett Perez, CSULA	26:28.21
104. Kaelyn Harbison, AAU	23:07.37	128. Christina Russell, APU	23:38.59	153. Elizabeth Cook, DSU	24:20.75	178. Kimberly Fitzgerald, UAF	26:29.14
105. Cori Harral, SFAU	23:07.87	129. Kayla Rossi, CSUS	23:38.65	154. Kandace Compton, CSUEB	24:21.15	179. June Garrett, UHH	26:34.31
106. Brooke Caravello, APU	23:08.40	130. Clarissa Hernandez, CSULA	23:41.73	155. Emily Hammons, NNU	24:23.61	180. Claire McCloskey, SMU	26:40.11
107. Chelsea Robinson, CSUMB	23:09.27	131. Chloe Rock, SFSU	23:42.39	156. Sarah Perrin, CSUEB	24:29.83	181. Devin McDonald, MSUB	26:41.52
108. Thalia Silva, CSUS	23:10.16	132. Oddessey Tapia, CSUEB	23:42.43	157. Malia Gonzales, HPU	24:31.92	182. Vanessa Mares, CSUEB	26:45.29
109. Casey Monoszlay, CPP	23:12.09	133. Mo Lee Thornburg, HSU	23:43.21	158. Cheyenne Greenside, UAF	24:32.23	183. Audree Baldizon, CSULA	26:45.35
110. Jessica Horrocks, BYUH	23:12.72	134. Samantha Ross, DU	23:44.59	159. Kelsey Lamb, CSUEB	24:34.32	184. Dalia Pedro-Trujillo, SMU	26:46.47
111. Megan Teigen, SMU	23:15.56	135. Debora De Leon, WOU	23:45.27	160. Olivia Rivera, BYUH	24:41.71	185. Caroline Roncalli, CSULA	26:48.49
112. Grace Knapp, WOU	23:16.31	136. Meghan Fairchild, HPU	23:46.09	161. Grace Weller, UAF	24:44.19	186. Crystal Baysa, UHH	26:56.56
113. Hannah Dowdell, CWU	23:17.52	137. Bailey Beeson, WOU	23:46.48	162. Hannah Stevens, UAF	24:46.21	187. Viridiana Trujillo, FPU	26:57.84
114. Suzie Van de Grift, WOU	23:17.84	138. Taylor Condon, MSUB	23:48.71	163. Jadyne Gourley, NNU	24:46.61	188. Gabriella Foyle, DU	26:58.09
115. Merin Arft, UCSD	23:18.18	139. Jennifer Arellano, FPU	23:51.54	164. Zannah Jephumba, UAA	24:51.41	189. Oriana Cotres, DU	27:04.53
116. Nikaela Hemminger, HSU	23:18.33	140. Samantha Lopez, SFSU	23:52.13	165. Jenecee Gallacher, DSU	25:04.31	190. Karina Duarte, DU	27:17.69
117. Rio Frame, MSUB	23:19.08	141. Renny Castanon, CSUMB	23:53.27	166. Hailey Bomar, MSUB	25:04.42	191. Sarah Beatty, MSUB	27:43.42
		142. Randi McCarley, FPU	23:55.70	167. Olivia Moyle, DSU	25:06.22	192. Kaylee Rapoza, UHH	29:02.68

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2016

Nov. 5 at Amend Park, Billings, Mont.

Men's Team Scores: Chico State 45, Alaska Anchorage 81, Cal Poly Pomona 90, Academy of Art 156, Cal Baptist 156, UC San Diego 163, Western Washington 168, San Francisco St. 185, Simon Fraser 204, Northwest Nazarene 394, Central Washington 397, Alaska 404, Montana State Billings 405, Western Oregon 407, Fresno Pacific 433, Azusa Pacific 438, Cal State East Bay 452, Dixie State 456, Cal State Monterey Bay 470, Humboldt State 484, Stanislaus State 572, BYU-Hawaii 580, Saint Martin's 582, Holy Names 588, Cal State LA 623.

Women's Team Scores: Chico State 70, Simon Fraser 103, Alaska Anchorage 111, Point Loma 124, Cal Poly Pomona 164, Cal Baptist 185, Humboldt State 283, Western Washington 286, UC San Diego 318, Stanislaus State 318, Western Oregon 350, Cal State San Bernardino 353, Fresno Pacific 378, Central Washington 392, Saint Martin's 401, Seattle Pacific 407, Academy of Art 418, Azusa Pacific 440, San Francisco St. 484, Hawaii Pacific 506, Northwest Nazarene 513, Alaska 563, Cal State Monterey Bay 578, Cal State LA 592, Sonoma State 598, Cal State East Bay 673, BYU-Hawaii 737, Dixie State 776, Montana State Billings 858, Notre Dame de Namur 970.

Men's Results (10,000m)

1. William Reyes, CSUC	29:45.16	63. Godfrey Kemboi, NNU	32:03.03	126. Garrett Mitchell, HNU	33:39.27	19. Katie Deimling, CBU	22:00.51
2. Kyle Medina, CSUC	30:04.96	64. Dylan Hayes, WWU	32:03.28	127. Colton Buster, SMU	33:41.66	20. Tatiana Gillick, HSU	22:00.52
3. Falco Digiallonardo, CSUC	30:05.35	65. Max Moncur, BYUH	32:06.16	128. Peyton Brothers, NNU	33:45.67	21. Lillianna Stelling, WWU	22:00.54
4. Edwin Kangogo, UAA	30:07.58	66. Mateo de Dalmases, SFU	32:08.45	129. Ryan Torres, CSUMB	33:46.64	22. Leanda Du Bruyn, CBU	22:02.89
5. Isaac Derline, WWU	30:08.04	67. Brett Bermudez, AAU	32:11.07	130. Levi Schilter, SMU	33:48.44	23. Lorraine Fernandez, CPP	22:04.30
6. Mark Huizar, CPP	30:08.94	68. Jonathan Estrada, SFSU	32:13.43	131. Ronald Venema, MSUB	33:48.49	24. Anysja Manzer, NNU	22:04.68
7. Terek Alwafai, UCSD	30:09.47	69. Nick Hamilton, NNU	32:15.97	132. Jackson Oliver, BYUH	33:49.59	25. Nora Pizzella, CSUC	22:04.80
8. Michel Ramirez, UAA	30:26.12	70. Chase Wheeler, HSU	32:16.91	133. Dennis Messmer, CBU	33:50.44	26. Addy Townsend, SFU	22:10.11
9. Pierre Fontanarosa, AAU	30:27.42	71. Ephraim Tadeese, SFU	32:19.93	134. Leo Skellenger, CSUEB	33:52.01	27. Kennedy Rufener, WOU	22:11.25
10. Brendan Gee, UCSD	30:30.87	72. Ismael Guzman, FPU	32:22.19	135. Connor Nolen, FPU	33:53.83	28. Haley Kroll, CSUC	22:12.72
11. Henry Cheseto, UAA	30:32.92	73. Ben Stalheim, HSU	32:22.76	136. Jason Morris, CSUMB	33:58.05	29. Zannah Jephumba, UAA	22:13.48
12. Ruben Dominguez, CPP	30:34.34	74. George Barlow, DSU	32:22.77	137. Jarred Gregory-Grimes, AAU	34:00.25	30. Symone Booker, CPP	22:13.50
13. Benji Preciado, SFSU	30:34.95	75. Tyler Humphries, CWU	32:22.82	138. Nick Spencer, CWU	34:01.77	31. Kayden Carpenter, CSUC	22:15.14
14. Gatien Airiau, AAU	30:05.90	76. Hunter Chamberlain, DSU	32:25.69	139. David Mejia, HNU	34:02.55	32. Grace Knapp, WOU	22:17.23
15. David Ribich, WOU	30:36.07	77. Lukash Platil, UAF	32:27.60	140. Alejandro Rios, CSUS	34:03.03	33. Sarah Macdonald, SPU	22:19.05
16. Kenny Trejo, SFSU	30:36.99	78. Josh Dempsey, WOU	32:29.30	141. Philip Herrera, BYUH	34:08.33	34. Fruzsina Ladanyi, CBU	22:22.90
17. Aaron Mora, CSUC	30:39.83	79. Jeremy Porter, APU	32:29.54	142. Kainalu Asam, HSU	34:09.14	35. Danielle McCormick, UAA	22:26.47
18. Valentin Robert, CBU	30:41.09	80. Chris Goertzen, APU	32:34.67	143. Anthony Lemus, HNU	34:09.88	36. Stafani Gaskell, FPU	22:26.76
19. Brandon Ferguson, CPP	30:42.12	81. Kaleb Javier, CWU	32:36.14	144. Samuel Serviss, SFU	34:15.60	37. Alexandra Hernandez, PLNU	22:27.31
20. Andrew Wise, WWU	30:46.91	82. Keegan Rankin, UAF	32:38.71	145. James Dagley, HSU	34:20.33	38. Tamara Perez, UAA	22:28.53
21. Isaac Mitchell, NNU	30:47.23	83. Isaac Stinchfield, BYUH	32:39.90	146. Jonathan Matson, FPU	34:20.78	39. Anett Somogyi, CBU	22:29.31
22. Steven Martinez, CSUC	30:51.97	84. Michael Mrgudic, CSUS	32:39.95	147. Hunter Mosman, WOU	34:34.47	40. Ella Verhees, UCSD	22:31.03
23. Connor Henderson, CSUMB	30:55.28	85. Justin Irvine, WWU	32:40.08	148. Anthony Palacio, HSU	34:35.81	41. Karina Carstens, UCSD	22:31.07
24. Victor Samoei, UAA	30:57.21	86. Rene Siqueiros, SFSU	32:40.95	149. Evan Gonzales, CSUMB	34:44.02	42. Thalia Silva, CSUS	22:31.32
25. Grant Stromberg, CPP	30:57.62	87. Tyus Mendoza, MSUB	32:41.48	150. Josh Hunt, SMU	34:44.24	43. Yadira Lopez, SMU	22:33.52
26. Rowan Doherty, SFU	30:58.09	88. Wyler Svoboda, UCSD	32:41.93	151. Cody McCranie, WWU	34:48.99	44. Casey Monoszy, CPP	22:34.53
27. Braeden Charlton, SFU	30:59.49	89. Jonathan Lafferty, CWU	32:43.06	152. Deion Molina, CSUEB	34:53.75	45. Kimberly Carter, HPU	22:34.56
28. Teague Senninger, CPP	31:00.91	90. Ron Leaf, CWU	32:44.12	153. Christian Moncada, CSUEB	35:00.45	46. Reta Dobie, SFU	22:34.58
29. Ken Kipkorir, CBU	31:03.63	91. Seiji Takagi, UAF	32:46.71	154. Joe Carranza, FPU	35:00.97	47. Sierra Manzer, CPP	22:36.89
30. Matthew Lutz, WWU	31:03.95	92. Zech Snel, CSUMB	32:47.61	155. David Puga, CSULA	35:16.01	48. Kori Gilley, HSU	22:38.55
31. Josh Thorson, AAU	31:04.77	93. Ben Fish, DSU	32:48.23	156. Ricardo Pena, CSULA	35:21.37	49. Megan Alfi, HSU	22:39.56
32. Jayden Emerson, CBU	31:05.46	94. Scott Acton, UCSD	32:49.01	157. Kurt Hake, APU	35:29.12	50. Ericka Taylor, CSULA	22:40.97
33. Drew Feldman, SFSU	31:10.47	95. Rodney Warr, DSU	32:52.04	158. Alex Nienaber, APU	35:30.75	51. Peyton Shinnick, WWU	22:42.22
34. Michael Mendenhall, UAA	31:12.57	96. Carl Wahlin, UAF	32:56.42	159. Dallin Olander, BYUH	35:33.38	52. Alexa Shindruk, CWU	22:42.57
35. Kris Everett, AAU	31:13.29	97. Marvin Thomas, AAU	32:56.54	160. Alex Johnson, HSU	35:33.97	53. Jordan Sienkiewicz, PLNU	22:43.26
36. Justin Carrancho, UAA	31:14.65	98. Josiah Shelman, SMU	32:57.40	161. Ethan MacHado, HNU	35:42.66	54. Britanni Matthews, CPP	22:43.55
37. Cody Drisko, APU	31:16.07	99. Daniel Serventi, UAF	32:58.03	162. Didier Pina, CSULA	35:49.36	55. Delaney Clem, CWU	22:44.44
38. Anthony Lzano, CBU	31:17.23	100. Dustin Nading, WOU	32:58.06	163. Matt Espinoza, APU	35:58.93	56. Gina Wood, CSUS	22:46.86
39. William Ernst, CBU	31:18.46	101. Mark Hovland, MSUB	32:58.86	164. Evan Morrow, BYUH	35:59.95	57. Rachel Gee, CSUSB	22:49.74
40. Sean Miller, SFU	31:21.10	102. Richard Jazo, FPU	32:59.30	165. Tyler Bird, DSU	36:03.27	58. Sara Taferre, WWU	22:51.08
41. Aren Johnson, UCSD	31:21.59	103. Max Hite, CSUMB	33:02.75	166. Jose Garcia, CSULA	36:42.11	59. Ann Poythress, FPU	22:52.41
42. Even Negash, CSULA	31:22.68	104. Alberto Venegas, CSUEB	33:03.52	167. Nick Fox, BYUH	37:49.67	60. Hadley Clark, CSUMB	22:52.57
43. Chris Lessard, CSUEB	31:23.33	105. Tyler Jones, WOU	33:05.92	168. Austin Magin, SFSU	39:05.28	61. Meghan Rasch, HPU	22:52.72
44. Alex Torres, FPU	31:24.48	106. Ivan Colmanero, MSUB	33:06.18			62. Kristin Semancsin, UCSD	22:53.39
45. Marc Antoine-Rouleau, SFU	31:25.95	107. Ramon Vargas, CSUS	33:07.88			63. Dorothy O'Donnell, UAF	22:53.98
46. Samuel Blake, UCSD	31:26.63	108. Daniel Zaragoza-Rincon, CSULA	33:08.29			64. Magali Arsiniega, SFSU	22:54.12
47. Christian Rodriguez, CPP	31:32.97	109. Justin Crosswhite, WOU	33:08.46			65. Mariah Burroughs, UAA	22:54.39
48. Michael Lowrie, CBU	31:37.80	110. Jacob Walsh, UAF	33:09.05			66. Laticia Joven, CSUS	22:55.58
49. Peter Butler, WWU	31:40.37	111. Hanson Lee, CWU	33:09.37			67. Jasmine Casillas, SSU	22:56.66
50. Aaron Potts, APU	31:40.89	112. Jasper Heckman, SMU	33:10.31			68. McKaela Christenson, AAU	22:57.09
51. Garrett Love, MSUB	31:42.23	113. Rylan Manzer, NNU	33:12.68			69. Annie Roberts, HSU	22:58.04
52. Nathan Kipchumba, UAA	31:44.12	114. Israel Sotelo, CSUEB	33:13.07			70. Chandler Johnson, AAU	22:59.62
53. Arturo Arevalo, CSUC	31:46.66	115. Jake Kleist, APU	33:14.41			71. Claire Rainey, CBU	23:00.29
54. Daniel Tull, HSU	31:50.52	116. Sawyer Heckard, WOU	33:14.76			72. Kaitlyn Maker, UAA	23:01.20
55. Austin Sanchez, SFSU	31:51.41	117. Uriel Carlos, CSUS	33:18.31			73. Clarissa Morales, CSUS	23:02.84
56. Christopher Hyden, CPP	31:53.01	118. Shi-Quan Nettingham, DSU	33:19.23			74. Nicole Maurmann, WOU	23:04.52
57. Pedro Cruz, CSUEB	31:54.05	119. Julian Johnson, HNU	33:22.59			75. Stephanie Rexus, CWU	23:04.54
58. Alex Eckert, UAF	31:56.02	120. Joe Edgecomb, SMU	33:24.06			76. Brittany Grant, WWU	23:05.99
59. Terrence Luevano, UCSD	31:57.09	121. Josh Panasuk, MSUB	33:25.97			77. Analicia Garcia, SSU	23:07.93
60. Jorey Egeland, MSUB	31:57.47	122. Yonas Desta, DSU	33:28.02			78. Michelle Pineda, CSUSB	23:08.44
61. Arthur Ruvalcaba, HNU	31:57.82	123. Alex Wallach, CSUMB	33:29.52			79. Suzia Van De Grift, WOU	23:08.58
62. Josh Boston, CWU	31:59.80	124. Joel Perez, CSUS	33:33.67			80. Maddy Hutchison, WWU	23:09.32
		125. Austin Miller, SMU	33:36.08			81. Cynthia Mejia, CSUS	23:11.65

Women's Results (6,000m)

1. Laura Aceves, CSUSB	20:55.95
2. Caroline Kurgat, UAA	20:59.01
3. Shannon Porter, SMU	21:16.64
4. Eileen Stressling, APU	21:16.94
5. Sadie Gastelum, CSUC	21:17.34
6. Karlie Garcia, CSUC	21:20.16
7. Joyce Chelimo, UAA	21:22.87
8. Rebecca Bassett, SFU	21:24.53
9. Hannah Benoit-Bucher, PLNU	21:40.51
10. Brianna Bartello, PLNU	21:42.72
11. Miryam Bassett, SFU	21:45.81
12. Julia Howley, SFU	21:47.40
13. Calene Morris, CPP	21:48.32
14. Adrianna Calva, SFSU	21:49.35
15. Marissa Bartello, PLNU	21:50.84
16. Alex Burkhardt, CSUC	21:52.42
17. Courtney Moore, FPU	21:57.41
18. Hannah Dorman, CSUC	21:59.93

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2016 Women's Results Continued

82. Jamie Morris, AAU	23:12.10	112. Jessica Horrocks, BYUH	23:41.16	143. Taylor Hurlock, APU	24:26.38	174. Breann Howell, BYUH	25:13.75
83. Alyssa Foote, SPU	23:12.28	113. Kristi Capello, APU	23:43.63	144. Brooke Caravello, APU	24:28.46	175. Shawna Troupe, WWU	25:18.08
84. Sophia Gomez, WWU	23:12.66	114. Megan Teigen, SMU	23:45.47	145. Bethany Quan, CSULA	24:28.81	176. Fern Aguilar, CSUMB	25:22.39
85. Mary Charleson, SPU	23:13.78	115. Brenna Liebel, CWU	23:46.16	146. Amanda Turnbull, BYUH	24:30.99	177. Kelsey Rij, FPU	25:23.91
86. Sarah Perrin, CSUEB	23:14.24	116. Jessica Steinhoff, CSUSB	23:46.29	147. Grace Weller, UAF	24:33.65	178. Arlene Avalos, DSU	25:26.16
87. Merin Arft, UCSD	23:14.93	117. Sophie Carroll, SPU	23:47.76	148. Cicelya Beard, CSULA	24:33.78	179. Cassandra Martinez, NDNU	25:28.78
88. Skylar Thiel, UCSD	23:15.41	118. Ashley Mason, CWU	23:48.11	149. Halie Wilsey, NNU	24:34.84	180. Yeshi Vaughan, SMU	25:30.12
89. Hannah Calvert, SPU	23:15.56	119. Lariss Kolasinski, SMU	23:49.47	150. Jordan Linsky, SFSU	24:36.09	181. Bethany Danner, NNU	25:31.30
90. Kali Striker, UAF	23:15.81	120. Alyssa Haring, DSU	23:50.17	151. Rio Frame, MSUB	24:36.46	182. Kandace Compton, CSUEB	25:33.92
91. Belle Moran, APU	23:16.74	121. Brenna Carlson, CWU	23:53.07	152. Noelle Hele, DSU	24:40.48	183. Breanne Brett, SSU	25:36.40
92. Pearl Shoemaker, SFSU	23:17.45	122. Claire McCloskey, SMU	23:55.81	153. Ashlyn Barajas, CSUMB	24:42.62	184. Mikayla Mesker, SSU	25:37.02
93. Josie Frye, PLNU	23:17.63	123. Laura Romero, CSUSB	23:56.20	154. Mackenzie Harder, PLNU	24:42.64	185. Emily McCarthy, AAU	25:39.30
94. Jordan Allen, CSUMB	23:18.85	124. Nichole Bathe, UAF	23:57.84	155. Kate Lilly, SPU	24:43.16	186. Chelsea Robinson, CSUMB	25:41.73
95. Elena Gomez, CWU	23:19.19	125. Jessica Wunschmann, AAU	23:58.45	156. Marieta Wright, DSU	24:43.47	187. Mackenzie Martinez, BYUH	25:46.12
96. Kaelyn Harbison, AAU	23:20.94	126. Maria Hurtado, SSU	23:59.29	157. Camille Schutze, SSU	24:46.71	188. Lydia Foster, MSUB	25:48.30
97. Catie Ledesma, HSU	23:21.86	127. Christa Kloha, UCSD	24:02.65	158. Andrea Romero, CSUEB	24:48.95	189. Chynna Phan, SPU	25:49.27
98. Elise Larson, APU	23:21.89	128. Chelsea Riberio, SFU	24:03.36	159. Lindsey Domey, SMU	24:50.47	190. Jazmine Moore, NDNU	26:01.21
99. Isabel Mendoza, CSUS	23:24.11	129. Evelina Maanson, HPU	24:07.22	160. Nikki Aiken, MSUB	24:52.92	191. Amanda Dithazy, WOU	26:09.25
100. Denise Reis, CSUS	23:25.86	130. Gabrille Wisot, HPU	24:08.45	161. Karina Vidiros, FPU	24:52.99	192. Catrina Schuchard, MSUB	26:14.10
101. Delaney Ellsworth, CSUSB	23:27.61	131. Emily Hammons, NNU	24:10.00	162. Mckenna Conley, NNU	24:54.76	193. Madison Hurley, BYUH	26:30.63
102. Giulia McIssac, AAU	23:28.17	132. Cynthia Rivera, CSUSB	24:13.58	163. Megan Perko, CSUMB	24:55.40	194. Sarah Beatty, MSUB	26:38.34
103. Paige Nock, SFU	23:29.27	133. Andie Ledesma, HSU	24:15.27	164. Carly Josephson, SFSU	24:59.07	195. Milagros Vizciano, NDNU	26:39.53
104. Elizabeth Hernandez, CPP	23:29.46	134. Annie Ware, APU	24:17.14	165. Alyssa Odom, BYUH	24:59.26	196. Laura Hernandez, CSULA	26:56.68
105. Randi McCarley, FPU	23:29.76	135. Niki Hemminger, HSU	24:17.42	166. Ginny Link, WOU	24:59.96	197. Morgan lacey, DSU	26:58.04
106. Emeline Delanis, CBU	23:30.85	136. Dana Pollard, CSUEB	24:18.36	167. Bailey Bomar, MSUB	25:04.28	198. Amy Wheeler, NNU	27:13.81
107. Ariel Melendez, CSULA	23:33.96	137. Raelene Dearmas, UCSD	24:18.48	168. Kimberly Fitzgerald, UAF	25:05.19	199. Heather Lacey, DSU	27:21.66
108. Jessie McIntyre, CSUMB	23:34.43	138. Olivia Woods, WOU	24:19.22	169. Myha Castro, SFSU	25:07.13	200. Ella McKenzie, MSUB	27:39.99
109. Berenice Cleyet-Merle, CBU	23:35.29	139. Brooke Gottmier, UAF	24:19.60	170. Kacie Labrum, DSU	25:07.18	201. Megan Satterfield, CSUEB	27:44.18
110. Elizabeth Olvera, CPP	23:37.13	140. Olivia Rivera, BYUH	24:21.58	171. Sierra Downum, SSU	25:07.94	202. Toni Cardoza, NDNU	28:23.02
111. Kelsey Lamb, CSUEB	23:40.23	141. Allison Carone, HPU	24:21.71	172. Brianna Guerrero, FPU	25:11.74	203. Taryn Stevenson, CSUEB	29:31.32
		142. Clarisa Hernandez, CSULA	24:24.97	173. Ann-Cathrin Uhl, UAF	25:12.35	204. Noelle Reyes, NDNU	29:54.95

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2017

Nov. 4 at Ash Creek Preserve, Monmouth, Ore.

Men's Team Scores: Chico State 55, Cal Baptist 84, Western Oregon 121, Simon Fraser 121 (WOU wins tiebreaker for third 3-2), Alaska Anchorage 172, Academy of Art 174, Cal Poly Pomona 178, Western Washington 213, Cal St. San Marcos 235, UC San Diego 297, Cal St. East Bay 302, Azusa Pacific 367, Northwest Nazarene 404, Fresno Pacific 422, San Francisco St. 428, Central Washington 454, Concordia (Ore.) 509, Stanislaus State 513, Montana State Billings 520, Concordia (Calif.) 537, Dixie State 546, Cal St. Monterey Bay 562, Humboldt State 586, Alaska 596, Seattle Pacific 616, Saint Martin's 754, Dominican (Calif.)

Women's Team Scores: Cal Baptist 68, Alaska Anchorage 84, Chico State 105, Simon Fraser 127, Cal St. San Marcos 165, Cal Poly Pomona 189, Academy of Art 252, Western Washington 257, Humboldt State 292, Point Loma 307, UC San Diego 325, Stanislaus State 328, Seattle Pacific 332, San Francisco St. 348, Central Washington 378, Azusa Pacific 437, Dixie State 505, Cal St. East Bay 508, Western Oregon 518, Fresno Pacific 610, Northwest Nazarene 643, Concordia (Ore.) 653, Cal St. LA 682, Concordia (Calif.) 699, Alaska 702, Cal St. Monterey Bay 717, Saint Martin's 753, Sonoma St. 803, Montana State Billings 831, Notre Dame de Namur 849.

Men's Results (10,000m)

1. David Ribich, WOU	29:49.2	63. Sean Eustis, WWU	31:45.6	126. Jake Garrissere, SFSU	33:07.1	Jacob Silva, CSULA	DQ
2. Kyle Medina, CSUC	29:57.5	64. Justin Crosswhite, WOU	31:48.6	127. Royce Garcia, SPU	33:08.2	Luis Ayala-Sierra, CSULA	DQ
3. McMarshall Hartsenburg, CBU	29:59.9	65. Tim Corvese, UCSD	31:51.2	128. Alex Wallach, CSUMB	33:10.2	Anthony Palacio, HSU	DQ
4. Ruben Dominguez, CPP	30:01.8	66. Daniel Tull, HSU	31:55.0	129. Chandler Maciel, FPU	33:10.2		
5. Gatien Airiau, AAU	30:08.4	67. Jorey Egeland, MSUB	31:55.3	130. Jacob Walsh, UAF	33:11.7	WOMEN	
6. Edwin Kangogo, UAA	30:11.5	68. Steven Terris, CSUSM	31:55.6	131. Hanson Lee, CWU	33:12.0	1. Caroline Kurgat, UAA	20:26.1
7. Jeremy Porter, APU	30:12.6	69. Godfrey Kemboi, NNU	31:55.6	132. Eric Alvarez, CSUS	33:13.5	2. Anett Somogyi, CBU	21:04.5
8. Connor Fisher, CSUC	30:19.2	70. Zech Snel, CSUMB	31:56.1	133. Kurt Hake, APU	33:16.5	3. Emeline Delanis, CBU	21:08.6
9. Simon Bedard, CBU	30:21.6	71. Angel Aguirre, CUI	31:56.5	134. Evan Gonzales, CSUMB	33:20.5	4. Hannah Dorman, CSUC	21:10.9
10. Jack Johnson, CSUC	30:22.7	72. Brett Bermudez, AAU	31:56.8	135. Carson Cohn, HSU	33:20.9	5. Natalie Rodriguez, CSUSM	21:16.1
11. Pierre-Louis Detourbe, CBU	30:23.9	73. Peder Rickbeil, SPU	31:57.3	136. Alex Grimmit, HSU	33:21.9	6. Julia Howley, SFU	21:23.0
12. Josh Litwiller, CSUSM	30:25.8	74. Kyle Rossmann, CSUSM	31:57.4	137. Julian Romero, UCSD	33:22.9	7. Swann Phelippeau, AAU	21:27.5
13. Dustin Nading, WOU	30:28.9	75. Nick Hamilton, NNU	31:58.3	138. Christian Barajas, CSUMB	33:23.7	8. Tatiana Gillick, HSU	21:30.0
14. Andrew Wise, WWU	30:30.9	76. Dustyn Salomon, HSU	31:58.6	139. Ivan Colmenero, MSUB	33:24.5	9. Ella Verhees, UCSD	21:30.4
15. Oliver Jorgensen, SFU	30:42.4	77. Corbin Carlton, CWU	31:59.2	140. Stephen Fey, WU	33:27.5	10. Hannah Benoit-Bucher, PLNU	21:31.3
16. Sean Miller, SFU	30:46.9	78. Josh Boston, CWU	32:06.4	141. Seiji Takagi, UAF	33:28.5	11. Fruzsina Landayi, CBU	21:32.7
17. Teddy Kassa, CSUC	30:49.4	79. Hector Arteaga, CUI	32:08.4	142. Austin Magin, SFSU	33:32.1	12. Kennedy Rufener, WOU	21:32.8
18. Eddie King, CSUC	30:51.8	80. Josh Moats, CU	32:09.6	143. Nathan Nickesson, FPU	33:32.6	13. Lisa Flora, CSUSM	21:33.7
19. Rowan Doherty, SFU	30:52.5	81. Joey Benrubi, UCSD	32:09.6	144. James Logan, APU	33:33.6	14. Annie Roberts, HSU	21:34.0
20. Aren Johnson, UCSD	30:53.4	82. Rabah Houali, AAU	32:10.8	145. Jimmy Chagoya, HPU	33:34.5	15. Zannah Jephumba, UAA	21:34.2
21. Chris Lessard, CSUEB	30:54.9	83. Phillip Dorado, CSUSM	32:11.7	146. Elius Graff, SPU	33:35.4	16. Alex Burkhardt, CSUC	21:38.6
22. Christian Rodriguez, CPP	30:55.1	84. Chase Cunningham, NNU	32:12.0	147. Ryan Abdalla, NNU	33:38.2	17. Miryam Bassett, SFU	21:39.6
23. Victor Moreau, AAU	30:57.3	85. James Jasperson, WWU	32:12.5	148. Yonas Desta, DSU	33:41.2	18. Alexa Shindruk, CWU	21:40.7
24. Arturo Arevalo, CSUC	30:57.8	86. Leo Skellenger, CSUEB	32:15.7	149. Mark Werley, CSUSM	33:41.7	19. Lorraine Fernandez, CPP	21:41.0
25. Mateo de Dalmases, SFU	30:59.0	87. Nathaniel Tamminga, APU	32:17.4	150. Luis Barrera, CSUS	33:42.7	20. Haley Kroll, CSUC	21:45.6
26. Shea Vavra, CSUSM	30:59.4	88. Dawson Ribeiro, SFU	32:18.1	151. Noah Wallace, CU	33:43.5	21. Danielle McCormick, UAA	21:47.0
27. Jaden Olson, WWU	31:00.8	89. Garrett Boulais, UCSD	32:22.4	152. Brysten James, SPU	33:45.1	22. Mariah Burroughs, UAA	21:47.7
28. Dennis Messmer, CBU	31:02.5	90. Trevor Allen, CWU	32:22.5	153. Carson Jessop, MSUB	33:47.4	23. Casey Monoszy, CPP	21:49.9
29. Nathan Kipchumba, UAA	31:03.4	91. Oscar Soto, CPP	32:23.2	154. Jan Cech, UAF	33:48.9	24. Caroline Barkechir, CBU	21:50.0
30. Caton Avilla, CSUC	31:03.9	92. Kaleb Korta, UAA	32:23.6	155. Nathan-Michael Guzman, CSULA	33:52.9	25. Emmah Chelimo, UAA	21:52.1
31. Freddie Hessian, AAU	31:04.4	93. Miguel Ramirez, DSU	32:24.3	156. Erick Ayala, CSUS	33:57.1	26. Kimberly Coscia, UAA	21:54.1
32. Parker Marson, WOU	31:05.2	94. Ben Fish, DSU	32:24.8	157. Buay Deng, DUC	34:02.9	27. Adriana Calva, SFSU	21:54.8
33. Michael Lowrie, CBU	31:06.8	95. Mark Field, APU	32:26.2	158. Tyson Mckeon, DSU	34:09.4	28. Katherine Robinson, CBU	21:56.3
34. Alex Torres, FPU	31:07.7	96. Lukash Platil, UAF	32:26.9	159. Matt Whitworth, HPU	34:11.1	29. Giulia McIssac, AAU	21:57.2
35. Chris Goertzen, FPU	31:11.8	97. Rene Siqueiros, SFSU	32:27.9	160. Nizar Sweileh, CSUS	34:12.3	30. Haley Boynton, CSUC	21:59.3
36. Tyler Jones, WOU	31:12.5	98. Jonathan Estrada, SFSU	32:30.3	161. Miguel De LaMarena, SMU	34:20.6	31. Salena Gallardo, CSUSM	22:01.7
37. Nickson Koech, UAA	31:13.2	99. Elijah Horwitz, UCSD	32:30.4	162. Peyton Brothers, NNU	34:23.6	32. Jenna Wilson, APU	22:02.6
38. Devon Reed, CPP	31:15.1	100. Alberto Venegas, CSUEB	32:30.5	163. Carlos Gonzalez, SFSU	34:26.9	33. Addy Townsend, SFU	22:03.0
39. Josh Dempsey, WOU	31:16.2	101. Chris Sobczak, SFU	32:31.2	164. Shawn Trejo, CUI	34:27.9	34. Olivia Willett, SFU	22:03.0
40. Jorge Sanchez, UAA	31:18.2	102. Henry Milodragovich, CWU	32:31.3	165. Levi Schilter, SMU	34:29.1	35. Kayden Carpenter, CSUC	22:03.9
41. Jayden Emerson, CBU	31:21.3	103. Samuel Bautista, CUI	32:32.1	166. Noah Murry, CU	34:29.6	36. Katie Deimling, CBU	22:03.9
42. Garrett Lepine, UCSD	31:23.5	104. Josh Hunt, SMU	32:35.2	167. Joe Edgecomb, SMU	34:39.6	37. Chelsea Ribiero, SFU	22:04.7
43. Marvin Thomas, AAU	31:28.1	105. Israel Sotelo, CSUEB	32:37.7	168. Joe Wilson, DUC	34:41.7	38. Lillianna Stelling, WWU	22:05.4
44. Judd Lewis, CU	21:28.8	106. Max Hite, CSUMB	32:40.3	169. Colton Buster, SMU	34:47.5	39. Tracy Melville, WWU	22:06.4
45. Cody Drisko, APU	31:32.2	107. Ron Leaf, CWU	32:40.4	170. Ricardo Pena, CSULA	34:50.2	40. Nora Pizzella, CSUC	22:07.3
46. Carlos Vargas, SFU	31:33.8	108. Brittan Reed, CPP	32:42.1	171. Ben Hansen, SPU	34:57.7	41. Kristin Semancsin, UCSD	22:08.5
47. Pedro Cruz, CSUEB	31:33.9	109. Connor Nolen, FPU	32:43.5	172. Josiah Alverts, UAF	35:00.0	42. Samantha Barajas, CPP	22:12.1
48. Esteban Leon, CSUEB	31:34.3	110. Carl Wahlin, UAF	32:44.6	173. David Puga, CSULA	35:00.9	43. Cynthia Mejia, CSUS	22:13.4
49. Tyus Mendoza, MSUB	31:35.8	111. Jarred Gregory-Grimes, AAU	32:45.4	174. Guillaume Tabary, SMU	35:03.4	44. Alexandra Hernandez, PLNU	22:14.5
50. Michael Mrgudic, CSUS	31:36.5	112. Tyler Humphries, CWU	32:47.1	175. Anthony Ruiz, CUI	35:09.2	45. Camille Hansen, SFSU	22:14.7
51. Eric Hamel, WWU	31:37.6	113. Ronald Venema, MSUB	32:47.7	176. Isaiah Madrigal, APU	35:09.6	46. Cessair McKinney, HSU	22:15.5
52. Grant Stromberg, CPP	31:38.3	114. Dominic Giordano, CU	32:48.5	177. Logan Phillips, CSUMB	35:18.6	47. Alyssa Foote, SPU	22:16.2
53. Austin Sanchez, SFSU	31:38.5	115. Adam Gonzalez, FPU	32:50.1	178. Jeran Sykes, HSU	35:20.6	48. Megan Satterfield, CSUEB	22:18.4
54. Andrew Selevos, SFSU	31:39.3	116. Miguel Morales, CSUEB	32:50.2	179. William Best, CUI	35:20.7	49. Elizabeth Hernandez, CPP	22:19.4
55. Joseph Gonzales, CSUSM	31:39.8	117. Rylan Manzer, NNU	32:50.4	180. Drake Henson, MSUB	35:29.2	50. Elise Larson, APU	22:20.2
56. Hunter Chamberlain, DSU	31:40.4	118. Liam Cossette, WWU	32:51.2	181. Jonathan Matson, FPU	35:40.8	51. Paul Stonehouse, CSUSM	22:23.4
57. Isaac Gonzalez, CSUS	31:40.7	119. Lyon Kopsack, UAF	32:52.5	182. Paul Roman, DUC	35:42.4	52. Alexandria Tucker, CSUC	22:25.0
58. Dylan Hayes, WWU	31:41.5	120. Shad Galloway, SPU	32:52.9	183. Derrick Howlett, SMU	35:50.1	53. Clarissa Morales, CSUS	22:25.0
59. Isaac Mitchell, NNU	31:43.5	121. Jose Macias, CU	32:53.3	184. Jack Pickell, MSUB	35:59.7	54. Brianna Bartello, PLNU	22:26.5
60. Felix Kemboi, UAA	31:44.6	122. Justin Carrancho, UAA	32:55.7	185. Jose Garcia, CSULA	36:30.3	55. Ericka Taylor, CSULA	22:26.9
61. Mirco Zenzen, CBU	31:45.2	123. Tyler Arnold, CUI	32:56.1	186. Anthony Sassano, DUC	36:34.6	56. Symone Booker, CPP	22:27.2
62. Jeremiah Suzara, CPP	31:45.6	124. Matthew Morris, CSUMB	33:03.3	187. Christian Li, DUC	37:17.9	57. Katherine Walter, SPU	22:28.3
		125. Tomas Huerta, CSUS	33:06.8	188. Elliot Portillo, HSU	37:53.8	58. Leanda du Bruyn, CBU	22:29.1

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2017 Women's Results Continued

59. Alexandra Laiblin, WWU	22:29.2	97. MaKenna Duda, CSUEB	23:10.2	136. Jackline Knight, CWU	23:58.8	175. Rosalva Quevedo, CSUEB	24:58.0
60. Jane Barr, WWU	22:30.3	98. Alexandra Bergholtz, UAF	23:11.0	137. Morgan Siebka, UAF	24:01.0	176. Grace Weller, UAF	24:59.1
61. Maddy Hutchison, WWU	22:31.3	99. Brenna Carlson, CWU	22:11.9	138. Anna Hamilton, NNU	24:02.0	177. Kaitlyn Wood, CSUMB	25:04.3
62. Magali (Allie) Arsiniega, SFSU	22:32.1	100. Anahi Betart, CPP	23:13.7	139. Andie LeDesma, HSU	24:02.7	178. Ann-Cathlin Uhl, UAF	25:06.3
63. Jamie Morris, AAU	22:33.8	101. Natalie Vaughn, CSUMB	23:15.1	140. Brooke Caravello, APU	24:03.8	179. Ashlyn Barajas, CSUMB	25:07.6
64. Sierra Manzer, NNU	22:34.8	102. Merin Arft, UCSD	23:16.1	141. Jocelyn Macias, CUI	24:05.3	180. Kelsea Campbell, CU	25:08.0
65. Shelby Eberwein, CSUSM	22:35.1	103. Vicki Arevalo, FPU	23:17.0	142. Emily Hammons, NNU	24:05.6	181. Arlene Avalos, DSU	25:09.4
66. Yadira Lopez, SMU	22:36.3	104. Nichelle Jackson, CPP	23:17.3	143. Olivia Woods, WOU	24:06.1	182. Ashley Harris, NNU	25:10.9
67. Sophia Galvez, WWU	22:36.3	105. Gabby Hobson, CU	23:17.8	144. Cicelya Beard, CSULA	24:06.3	183. Sadie Dalglish, SMU	25:14.7
68. Jax Heckers, CSUSM	22:39.6	106. Cecelia Carretero, CSUEB	23:17.9	145. Bailey Fjelstul, CU	24:06.4	184. Noelle Reyes, NDNU	25:16.7
69. Tamara Perez, UAA	22:40.8	107. Jordan Linsky, SFSU	23:18.7	146. Kassandra Martinez, NDNU	24:07.3	185. Jordan Allen, CSUMB	25:19.5
70. Madelein Dignadice, AAU	22:41.1	108. Jasmine Casillas, SSU	23:19.7	147. Natali Contreras, APU	24:11.4	186. Kelby Wagner, MSUB	25:20.2
71. Mary Charleson, SPU	22:47.6	109. Pearl Shoemaker, SFSU	23:20.0	148. Claire Fisher, CSUEB	24:12.0	187. Alondra Ortiz, CSUEB	25:20.7
72. Kendall Herod, CSUS	22:47.9	110. Kaylee Thompson, HSU	23:20.0	149. Jocelyn Duran, PLNU	24:13.1	188. Grace Hall, HSU	25:20.7
73. Anahi Soriano, CSUSM	22:48.4	111. Nicole Pederson, CU	23:20.2	150. Breeana Montoya, FPU	24:13.4	189. Alyssa Stromsland, PLNU	25:24.5
74. Sophie Dodd, SFU	22:49.0	112. Camille Perkins, UCSD	23:21.5	151. Brooke Gottmeier, HPU	24:14.5	190. Mikayla Mesker, SSU	25:26.3
75. Skyler Storie, DSU	22:49.3	113. Dana Pollard, CSUEB	23:22.9	152. Alyssa Renteria, SSU	24:18.2	191. Gina Rowley, SSU	25:28.5
76. Iris Carrillo, CSUS	22:50.7	114. Mackenzie Harder, PLNU	23:25.3	153. Anja Majjala, UAF	24:18.9	192. Sierra Downum, SSU	25:30.9
77. Laynee Wells, DSU	22:50.8	115. Anela Christensen, DSU	23:25.3	154. Stephanie Bernal, CSUS	24:19.0	193. Toni Cardoza, NDNU	25:35.5
78. Chynna Phan, SPU	22:51.9	116. Rosa Granados, HSU	23:28.7	155. Clarisa Hernandez, CSULA	24:21.3	194. Heidi Nisly, NNU	25:44.6
79. Dania Holmberg, SPU	22:53.2	117. Paige Nock, SFU	23:33.1	156. Isabelle Tingstad, WOU	24:22.5	195. Jerrica Martin, MSUB	25:46.6
80. Kimberly Carter, HPU	22:54.2	118. Araceli Mancilla, FPU	23:33.9	157. Savannah Neu, CUI	24:22.9	196. Sara Harrington, CU	25:49.4
81. Nicole Soleim, CWU	22:54.6	119. Rosalba Cabrera, CUI	23:36.9	158. Kimberly Fitzgerald, UAF	24:24.8	197. Taylor Towne, SSU	25:50.2
82. Karina Carstens, UCSD	22:54.7	120. Sara Fish, DSU	23:37.0	159. Trinity Gomez, CSUMB	24:24.9	198. Catrina Schuchard, MSUB	25:53.8
83. Jordyn Zorn, FPU	22:55.2	121. Billie Hatch, DSU	23:37.2	160. Anamauri Hernandez, CUI	24:26.3	199. Kateri Rush, MSUB	25:59.5
84. Chandler Johnson, AAU	22:57.0	122. Bethany Danner, NNU	23:38.5	161. Molly Mulay, CSUMB	24:27.9	200. KaKenna Conley, NNU	26:04.5
85. Nancy Juarez, CSUS	22:59.5	123. Cassie McKinney, WOU	23:38.8	162. Gracielita Bastidas, FPU	24:28.4	201. Milagros Vizcaino, NDNU	26:06.2
86. Belle Moran, APU	22:59.9	124. Kendra Corey, UCSD	23:40.0	163. Aysia Killingbeck, CU	24:28.7	202. Hannah Hopkins, CUI	26:21.7
87. Marissa Bartello, PLNU	23:00.2	125. Sarah Martinez, SFSU	23:40.7	164. Tatjana Spaic, UAF	24:31.5	203. Tera Zortman, CUI	26:36.8
88. Kate Lilly, SPU	23:00.2	126. Alyssa Haring, DSU	23:44.1	165. Bailey Bomar, MSUB	24:33.6	204. Daniela Camacho, NDNU	26:57.5
89. Suzie Van De Grift, WOU	23:01.8	127. Hadley Clark, CSUMB	23:48.5	166. Karina Vidrios, FPU	24:42.4	205. Laura Hernandez, CSULA	27:09.7
90. Ashley Brown, AAU	23:03.1	128. Hailey Kettel, SPU	23:49.5	167. Janet Meza-Avila, CSULA	24:43.2	206. Sarah Beatty, MSUB	27:55.4
91. Miranda Nelson, CWU	23:03.2	129. Bailey Wade, CUI	23:50.9	168. Adriana Velasco, CSULA	24:44.1	207. Cassie La Brake, SMU	28:41.8
92. Akia Buford, CSUS	23:03.7	130. Lindsey Dorney, SMU	23:52.6	169. Beatriz Martinez, AAU	24:46.5	208. Mariah Villapudua, NDNU	28:45.9
93. Delaney Clem, CWU	23:03.9	131. Fabiola Naranjo, SFSU	23:53.3	170. Megan Rose, WOU	24:47.4	209. Olivia Abbott, SMU	30:30.0
94. Shalyn Mabritto, UCSD	23:04.5	132. Taylor Hurlock, APU	23:54.3	171. Camille Schutze, SSU	24:49.1		
95. Peyton Shinnick, WWU	23:05.3	133. Cori Harral, NDNU	23:55.3	172. Ariana Jasso, FPU	24:50.9		
96. Nikki Allen, MSUB	23:06.3	134. Kiersten Kimminau, CWU	23:55.4	173. Carly Halm, APU	24:52.3		
		135. Kaitlyn Bailly, CU	23:56.3	174. Yeshi Vaughan, SMU	24:53.7		

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2018

Nov. 17 at Amend Park, Billings, Mont.

Men's Team Scores: Chico State 39, Simon Fraser 63, Alaska Anchorage 116, Cal Poly Pomona 146, Western Washington 159, Western Oregon 182, Cal State San Marcos 209, Stanislaus State 213, UC San Diego 299, Central Washington 351, Academy of Art 356, Azusa Pacific 375, Notre Dame de Namur 386, Seattle Pacific 395, San Francisco St. 399, Montana State Billings 432, Cal State East Bay 444, Humboldt State 478, Hawaii Pacific 496, Concordia (Ore.) 536, Concordia (Calif.) 568, Fresno Pacific 576, Saint Martin's 576, Cal State LA 748. Incomplete: Alaska, Cal State Monterey Bay, Dominican (Calif.), Northwest Nazarene.

Women's Team Scores: Alaska Anchorage 66, Simon Fraser 85, Chico State 88, Seattle Pacific 182, Western Washington 187, Point Loma 188, Azusa Pacific 189, Stanislaus State 205, Cal State San Marcos 210, Central Washington 256, Academy of Art 280, Cal State San Bernardino 340, Cal Poly Pomona 345, UC San Diego 360, Cal State East Bay 365, Humboldt State 402, Northwest Nazarene 451, Western Oregon 497, San Francisco St. 558, Fresno Pacific 573, Concordia (Calif.) 574, Concordia (Ore.) 628, Montana State Billings 625, Sonoma State 677, Cal State LA 692, Saint Martin's 828. Incomplete: Alaska, Cal State Monterey Bay, Notre Dame de Namur.

Men's Results (10,000m)

1. Eddie King, CSUC	30:49.00	63. Ronald Venema, MSUB	32:37.19	126. Michael Kilgariff, SFSU	34:10.07	18. Mackenzie Landa, APU	21:43.59
2. Felix Kemboi, UAA	30:50.84	64. Hunter Mosman, WOU	32:38.17	127. David Rutto, HPU	34:14.71	19. Katherine Walter, SPU	21:43.93
3. Jack Johnson, CSUC	30:55.95	65. Eilius Graff, SPU	32:39.25	128. Carson Jessop, MSUB	34:17.32	20. Kayden Carpenter, CSUC	21:44.02
4. John Lawson, SFSU	31:00.19	66. Trevor Allen, CWU	32:41.39	129. Miguel Andrade, NDN	34:18.31	21. Cecelia Carretero, CSUEB	21:45.14
5. Wesley Kirui, UAA	31:04.74	67. Jake Selstad, UCSD	32:42.35	130. Ries Ruehrwein, HSU	34:19.16	22. Karlie Garcia, CSUC	21:48.37
6. Pierre-Louis Detourbe, SFU	31:06.36	68. Kyle Rossman, CSUSM	32:43.89	131. Colton Buster, SMU	34:20.55	23. Haley Boynton, CSUC	21:48.45
7. Sean Miller, SFU	31:06.93	69. Drew Johnson, UAA	32:43.98	132. Hunter Hutton, WOU	34:24.27	24. Jane Barr, WWU	21:50.86
8. Wyatt Baxter, CSUC	31:10.15	70. Samuel Blake, UCSD	32:44.16	133. Joel Swiatkowski, CSUMB	34:25.11	25. Hasna Kaarour, AAU	21:51.41
9. Tyler Jones, WOU	31:12.85	71. Phillip Dorado, CSUSM	32:46.37	134. Carlos Gonzalez, SFSU	34:38.05	26. Brianna Bartello, PLNU	21:53.44
10. Dustin Nading, WOU	31:14.94	72. Dylan Hayes, WWU	32:47.86	135. Zach Strader, CSUMB	34:40.08	27. Tatiana Gillick, HSU	21:54.79
11. Eamon Smythe, CPP	31:16.63	73. Turlan Morlan, CWU	32:48.23	136. Anthony Ruiz, CUI	34:40.40	28. Chelsea Ribeiro, SFU	21:58.97
12. Rowan Doherty, SFU	31:23.88	74. Kaleb Korta, UAA	32:49.21	137. Abraxaz Sanchez-Lopez, CSLA	34:41.53	29. Sophia Galvez, WWU	22:03.77
13. Teddy Kassa, CSUC	31:26.25	75. Josh Moats, CU	32:49.29	138. Joshua Browne, AAU	34:44.07	30. Cynthia Mejia, CSUS	22:04.93
14. Luis Ortega, CSUC	31:26.53	76. Kevin Lehr, CSUSM	32:51.12	139. Kaeston Carothers, NDN	34:47.14	31. Giulia McIssac, AAU	22:06.19
15. Jason Intravala, CSUC	31:27.14	77. Justin Crosswhite, WOU	32:52.66	140. Logan Straus, MSUB	34:48.19	32. Marissa Bartello, PLNU	22:10.40
16. Vahagn Isayan, CSUSM	31:34.00	78. Julian Johnson, CSUEB	32:53.69	141. Jacob Dunagin, CUI	34:48.58	33. Sophie Dodd, SFU	22:10.75
17. Carlos Vargas, SFU	31:35.05	79. Elijah Horwitz, UCSD	32:55.36	142. Anthony Palacio, HSU	34:50.48	34. Grace Knapp, WOU	22:10.97
18. Jack Emanuel, CSUC	31:36.40	80. Colby Otero, SPU	32:59.12	143. Angel Aguirre, CUI	34:52.19	35. Rebecca Lehman, WWU	22:11.28
19. Jorge Sanchez, UAA	31:36.81	81. Colton Hoggarth, WWU	33:02.19	144. Ase Ackerman, MSUB	34:55.52	36. Shawnee Konrad, WWU	22:11.87
20. Jadon Olson, WWU	31:40.63	82. Noah Monroy, UCSD	33:03.54	145. Nicolas Boffman, AAU	34:59.72	37. Michelle Pineda, CSUSB	22:12.76
21. Aaron Ahl, SFU	31:40.81	83. Mark Hovland, MSUB	33:03.74	146. Amos Kipchumba, HPU	35:01.28	38. Kendall Herod, CSUS	22:13.06
22. Eric Hamel, WWU	31:42.83	84. Bryan Llopis, CSUEB	33:03.90	147. Nathan Aguinaga, CUI	35:01.86	39. Jenna Wilson, APU	22:15.45
23. Nickson Koech, UAA	31:43.37	85. Esteban Leon, CSUEB	33:04.81	148. Alex Halter, HSU	35:06.26	40. Iris Carrillo, CSUS	22:15.89
24. Shea Vavra, CSUSM	31:43.94	86. Rabah Houali, AAU	33:07.82	149. David Brito, CUI	35:11.29	41. Anahi Betart, CPP	22:17.04
25. Nathaniel Tamminga, APU	31:46.13	87. Tyler Humphries, CWU	33:10.86	150. Collin McMillan, NDN	35:13.00	42. Akia Walker, CSUS	22:18.57
26. Parker Marson, WOU	31:51.10	88. Julian Romero, UCSD	33:11.85	151. Miguel DeLaMalena, SMU	35:15.70	43. Ericka Taylor, CSLA	22:18.98
27. Freddie Hessian, AAU	31:51.64	89. Carlos Mendoza, CSUS	33:12.60	152. Joseph Chagoya, HPU	35:26.68	44. Marina McDonough, CSUSM	22:19.51
28. Kyler Sager, WWU	31:51.79	90. Israel Cardoza, CPP	33:13.77	153. Tyler Arnold, CUI	35:39.18	45. Alexandra Hernandez, UCSD	22:20.88
29. Alejandro Ambrosio, CPP	31:54.41	91. Kurt Hake, APU	33:14.43	154. Drake Henson, MSUB	35:40.39	46. Ruth Cvancara, UAA	22:20.95
30. Brett Beattie, UCSD	31:55.33	92. Dominic Giordano, CU	33:16.35	155. Andrew Wolfert, FPU	35:52.64	47. Jax Heckers, CSUSM	22:21.36
31. Jonathan Woolf, CPP	31:56.38	93. Henry Milodragovich, CWU	33:21.95	156. John Farrell, SMU	35:55.55	48. Bethany Danner, NNU	22:22.49
32. Jeremiah Suzara, CPP	31:56.70	94. Faisal Ibrahim, UAA	33:22.03	157. Jimmy Chagoya, HPU	36:00.74	49. Brooke Roy, CSUMB	22:22.90
33. Hector Arteaga, CUI	31:57.07	95. Israel Sotelo, CSUEB	33:23.03	158. Joey Morris, DUC	36:10.78	50. Kalen Johnson, NNU	22:23.59
34. Godfrey Kemboi, NNU	31:58.42	96. Brayden Schultz, SPU	33:23.64	159. Derrick Howlett, SMU	36:23.62	51. Cessair McKinney, HSU	22:24.00
35. Alexis Reynoso, CSUS	32:00.82	97. Adam Gonzalez, FPU	33:24.42	160. Aaron Mendez, CSLA	36:32.51	52. Shelby Eberwein, CSUSM	22:24.45
36. James Jaspersen, WWU	32:02.04	98. Elliott Portillo, HSU	33:25.25	161. Ricardo Pena, CSLA	36:35.56	53. Elise Larson, APU	22:25.79
37. Ivan Colmenero, MSUB	32:05.38	99. Logan Briner, AAU	33:26.42	162. Max Rotar, CU	37:06.47	54. Audrey Rosencrans, AAU	22:25.90
38. Chris Sobczak, SFU	32:06.06	100. Hanson Lee, CWU	33:27.36	163. Manuel Carranza, FPU	37:12.30	55. Kaylie Balavaneda, CSUSB	22:26.33
39. Andrew Vazquez, CSUS	32:07.03	101. Hudson Lockette, AAU	33:28.23	164. Alex Tait, SFSU	37:13.74	56. Clarissa Morales, CSUS	22:26.66
40. Leo Oliva, CSUS	32:07.44	102. Shad Galloway, SPU	33:29.04	165. David Puga, CSLA	37:21.56	57. Alicia Villareal, CSUSM	22:27.45
41. Corbin Carlton, CWU	32:08.93	103. Adam Grimmitt, HSU	33:31.07	166. Peter Seifert, CU	37:26.13	58. Claire Fisher, CSUEB	22:28.25
42. Austin Sanchez, SFSU	32:10.73	104. Rajesh Gill, CWU	33:32.09	167. Noah Roberts, SMU	37:34.75	59. Camille Perkins, UCSD	22:28.98
43. Rickus Jacobs, HPU	32:12.00	105. Buay Deng, DUC	33:35.98	168. Jonathan Matson, FPU	38:03.06	60. Cassidy Towner, PLNU	22:29.77
44. Tristan Sylva, CPP	32:13.24	106. Jason Gomez, NDN	33:37.01	169. Didier Pina, CSLA	39:46.37	61. Ruth Chepsat, MSUB	22:30.83
45. Ben Drew, APU	32:17.56	107. Josh Nyberg, APU	33:37.13			62. Kaylin Cantu, WOU	22:31.40
46. Anthony Garcia, NDN	32:17.70	108. Alex Torres, FPU	33:39.19			63. Zita Molnar, PLNU	22:31.82
47. Thomas Gallagher, SFU	32:19.20	109. Andrew Oslin, SMU	33:42.33			64. Tracy Melville, WWU	22:32.00
48. Josh Litwiller, CSUSM	32:19.59	110. Jake Garrissere, SFSU	33:43.05			65. Molly Mattson, CWU	22:32.40
49. Daniel Tull, HSU	32:20.68	111. Nathan Garcia, CSUMB	33:46.16			66. Josie Frye, PLNU	22:33.65
50. Victor Moreau, AAU	32:24.85	112. Noah Murry, CU	33:47.64			67. Dania Holmberg, SPU	22:34.35
51. Eric Alvarez, CSUS	32:25.95	113. Carson Cohn, HSU	33:47.96			68. Elizabeth Hernandez, CPP	22:37.08
52. Lucas Motschmann, HPU	32:27.01	114. Melvin Esteva, CSUEB	33:48.97			69. Emily Chilton, SFU	22:37.84
53. Alejandro Rios, CSUS	32:27.30	115. Jack Matherly, UAF	33:50.81			70. Sierra Boyd, CPP	22:38.64
54. Isaac Gonzalez, CSUS	32:27.71	116. Chandler Maclell, FPU	33:53.74			71. Talia Dreicer, WWU	22:39.21
55. Ed Kiobasa, WWU	32:28.86	117. Jose Macias, CU	33:58.78			72. Elizabeth Thompson, SPU	22:39.92
56. Alejandro Mariscal, CPP	32:28.94	118. Marcus Dawall, APU	33:59.25			73. Daniela Camacho, NDN	22:42.30
57. Steven Terris, CSUSM	32:29.39	119. Levi Schiiter, SMU	33:59.51			74. Talia Swangler, CSUC	22:44.01
58. Williams Ordaz, NDN	32:31.64	120. Matthew Morris, CSUMB	34:00.59			75. Marissa Angulo, CSUSB	22:44.76
59. Lawson Sims, NDN	32:32.52	121. Joseph Perkins, SPU	34:01.01			76. Angelina Ronquillo, CSUEB	22:46.59
60. Tim Corvese, UCSD	32:34.25	122. Xavier Smith, CSUEB	34:02.98			77. Shalyn Mabritto, UCSD	22:47.35
61. Colin Boutin, SPU	32:35.88	123. Zach Kanelis, WOU	34:04.26			78. Annalisa Hamilton, NNU	22:47.40
62. Nick Hamilton, NNU	32:35.97	124. Seth Garcia, FPU	34:06.41			79. Belle Moran, APU	22:49.15
		125. Luke Calubayan, CSUEB	34:09.19			80. Peyton Shinnick, WWU	22:49.77

Women's Results (6,000m)

1. Emmah Chelimo, UAA	20:57.47
2. Nancy Jeptoo, UAA	21:08.65
3. Eileen Stressing, APU	21:13.98
4. Olivia Willett, SFU	21:18.31
5. Nicole Soleim, CWU	21:19.03
6. Zennae Jephumba, UAA	21:23.02
7. Sophia Kaiser, SFU	21:26.04
8. Alexa Shindruk, CWU	21:27.52
9. Hannah Benoit-Bucher, PLNU	21:30.04
10. Kate Lilly, SPU	21:34.11
11. Danielle McCormick, UAA	21:35.66
12. Lisa Flora, CSUSM	21:35.71
13. Addy Townsend, SFU	21:41.21
14. Alexandria Tucker, CSUC	21:42.24
15. Desiree Jones, CSUC	21:42.84
16. Kaylee Mitchell, SPU	21:43.05
17. Nora Pizzella, CSUC	21:43.40

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2018 Women's Results Continued

81. Arianna Fuentes, CSUSB	22:50.22	106. Karina Vidrios, FPU	23:15.47	132. Toni Gowen, WOU	23:54.53	158. Morgan Leonard, SFSU	24:56.03
82. Imelda Suarez, CSUS	22:50.22	107. Emily Donahue, PLNU	23:17.94	133. Carly Halm, APU	23:54.75	159. Shayla Solomon, WOU	24:57.70
83. Elli Kliewer, CPP	22:50.80	108. Jasmine Casillas, SSU	23:19.02	134. Arianna Garcia-Swanteck, CSUSM	23:56.72	160. Carissa Gomez, CSUSB	24:59.29
84. Rosalba Cabrera, CUI	22:53.92	109. Jennifer Melendez, CPP	23:19.61	135. Riley Burroughs, UAA	24:00.52	161. Alyssa Robinson, SMU	25:02.50
85. Kaylee Thompson, HSU	22:57.86	110. Rachel Gee, CSUSB	23:21.47	136. Caitlin Gohr, CWU	24:02.76	162. Natalie Hakala, CUI	25:06.30
86. Kimerly Coscia, UAA	22:58.51	111. Nikki Aiken, MSUB	23:24.49	137. Makenna Conley, NNU	24:04.00	163. Janet Meza-Avila, CSLA	25:06.39
87. Chandler Johnson, AAU	22:58.57	112. Kayla Blomquist, CWU	23:25.05	138. Anamauri Hernandez, CUI	24:04.14	164. Miranda Kennedy, FPU	25:08.90
88. Emma Johnson, AAU	23:01.52	113. Clarissa Garcia, CSUSM	23:25.09	139. Alyssa Winter, AAU	24:09.25	165. Alana Reyna, SSU	25:18.80
89. Samantha Aguilar, CPP	23:04.26	114. Madalyne Coney, UCSD	23:25.35	140. Veronica Ortega, FPU	24:16.94	166. Ariana Jasso, FPU	25:24.19
90. Kendra Corey, UCSD	23:04.66	115. Mckenna Lewis, UCSD	23:26.17	141. Kailee Stoppel, MSUB	24:23.33	167. Mikayla Mesker, SSU	25:28.52
91. Delaney Clem, CWU	23:06.03	116. Andrea Romero, CSUEB	23:31.92	142. Cassie McKinney, WOU	24:24.36	168. Sadie Dalglish, SMU	25:40.74
92. Madison Child, CWU	23:06.12	117. Marian Ledesma, APU	23:34.21	143. Rachel Bayly, WOU	24:27.38	169. Yeshi Vaughan, SMU	25:44.08
93. Nancy Suarez, CSUS	23:06.35	118. Sedona McNerney, SPU	23:36.08	144. Katherine Embody, CSUEB	24:27.82	170. Sierra Durbin, MSUB	25:52.20
94. Hadley Clark, CSUMB	23:07.10	119. Diani Ellis, SFSU	23:38.11	145. Rosie Melville, HSU	24:29.12	171. Miranda Livingston, MSUB	26:02.80
95. Nicole Pederson, CU	23:08.40	120. Yuliana Garibay, HSU	23:38.72	146. Hope Brecto, HSU	24:32.22	172. Elle Konrzer, SSU	26:03.49
96. Megan Roxby, SFU	23:08.90	121. Alexandra Bergholtz, UAF	23:39.05	147. Kaitlyn Bailly, CU	24:33.67	173. Belen Luna, CSLA	26:08.40
97. Tess Rounds, UCSD	23:10.01	122. Alex Baron, CSUMB	23:40.22	148. Alexandra Cholometes, CSUEB	24:34.17	174. Rachel Hiner, MSUB	26:13.48
98. Bailey Wade, CUI	23:10.08	123. Araceli Mancilla, FPU	23:41.91	149. Rosa Franco, CUI	24:37.73	175. Eliza Bannister, SMU	26:29.71
99. Jocelyn Dominguez, SFSU	23:10.40	124. Gracielita Bastidas, FPU	23:44.96	150. Danel Camacho, WOU	24:38.53	176. Madalyn Terwillger, MSUB	26:30.62
100. Julia Cantrell, CSUSB	23:10.67	125. Hannah Hopkins, CUI	23:46.10	151. Emily Hammons, NNU	24:38.83	177. Kara Hunt, SSU	26:32.25
101. Stefani Gaskell, FPU	23:13.22	126. Gabby Hobson, CU	23:47.25	152. Ashley Brown, AAU	24:41.12	178. Damaris Hamilton, CSLA	27:37.75
102. Bibiana Enriquez, SFSU	23:13.62	127. Bailey Fjelstul, CU	23:47.28	153. Katelyn Wilson, CUI	24:42.85	179. Janeth Moya, CSLA	28:02.34
103. Caitlin Amburgey, CSUEB	23:13.93	128. Summer Shea, SFSU	23:48.88	154. Taylor Towne, SSU	24:52.00	180. Olivia Abbott, SMU	28:19.27
104. Alyssa Renteria, SSU	23:13.94	129. Analicia Uribe, SFSU	23:51.43	155. Rebecca Harris, CSLA	24:53.16		
105. Krystal Kaufman, SPU	23:14.34	130. Liz Cano, HSU	23:52.01	156. Dalen Richardson, CU	24:55.80		
		131. Luz Garcia, CPP	23:53.76	157. Viridiana Hernandez, SFSU	24:55.88		

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

NAIA Regional Championship History

2000 (Nov. 3 at Clarkston, Wash.): Men's Team Scores – Simon Fraser 30, British Columbia 52, Northwest Nazarene 69, Seattle 86, Lewis-Clark State 106. **Individuals (8,000 Meters)** – 1. Byron Wood, UBC, 25:58.25; 5. Aaron Matthias, NNU, 26:57.21; 6. Ben Wornell, NNU, 27:00.61; 8. Steve Manos, SU, 27:10.68; 11. Carlos Siqueros, SU, 27:16.18; 13. Zach Dwello, NNU, 27:23.77; 18. Brice Roncace, NNU, 28:06.63; 20. Dain Engbretsen, SU, 28:15.01. **Women's Team Scores** – Northwest Nazarene 41, Simon Fraser 47, Lewis-Clark State 63, British Columbia 70, Seattle 125. **Individuals (5,000 Meters)** – 1. Desneige McLean, SFU, 18:50.33; 3. Kristi Lind, NNU, 19:39.20; 4. Ann-Marie Wiggins, NNU, 19:45.35; 5. Heather Esposito, NNU, 19:57.02; 10. Tara Matthews, SU, 20:06.82; 13. Susan Young, NNU, 20:21.74; 16. Mary Glaze, NNU, 20:28.96.

2001 (Nov. 3 at Kirkland, Wash.): Men's Team Scores - Northwest Nazarene 32, British Columbia 64, Eastern Oregon 75, Simon Fraser 103, Lewis-Clark State 156, Seattle 165, Southern Oregon 187, Warner Pacific 249, Oregon Tech 271, Cascade 272, Evergreen State 290. **Individuals** - 1. David Milne, UBC, 24:39; 4. Francis Kimeli, NNU, 24:54; 5. Aaron Matthias, NNU, 24:59; 6. Caleb Tubei, NNU, 25:01; 7. Juraj Trubiroha, NNU, 25:03; 10. Zach Dwello, NNU, 25:12; 14. Brice Roncace, NNU, 25:19; 25. Steve Manos, SU, 25:54; 27. Ben Wornell, NNU, 26:02; 32. Dain Engbretsen, SU, 26:17; 39. Joseph Hughes, SU, 26:49. **Women's Team Scores** - Northwest College 41, Simon Fraser 95, Lewis-Clark State 96, British Columbia 101, Southern Oregon 132, Northwest Nazarene 154, Seattle 177, Eastern Oregon 229, Warner Pacific 241, Oregon Tech 259, Cascade College 289, Evergreen State 290. **Individuals** - 1. Emilie Mondor, SFU, 16:42; 4. Kelly Fullerton, SU, 17:52; 11. Ann-Marie Wiggins, NNU, 18:22; 22. Erica Madison, NNU, 18:57; 23. Tara Matthews, SU, 18:58; 24. Kelly Dotson, SU, 19:01; 35. Susan Young, NNU, 19:34; 41. Rachelle Cronrath, NNU, 19:47; 47. Mindy Meier, NNU, 20:01; 54. Jessica Wiggins, NNU, 20:13; 60. Kristin Lane, NNU, 20:27.

2010 Association of Independent Institutions (Nov. 6 at San Diego): Men - Cal State San Marcos 32, British Columbia 45, Simon Fraser 68, SOKA 99, Southwestern 156, Johnson and Wales 160. **Individuals (8,000 Meters)** - 1. Brett Campfield, CSU San Marcos, 24:43; 3. Ryan Brockerville, SFU, 25:19; 7. Kyle Forster, SFU, 25:44. **Women** - Cal State San Marcos 24, Simon Fraser 42, British Columbia 60, SOKA 120. **Individuals (5,000 Meters)** - 1. Helen Croft, SFU, 17:39; 6. Angela Shaw, SFU, 17:55; 10. Brianna Kane, SFU, 18:06.