



GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

Updated Through 2017 Season

MEN'S YEAR BY YEAR TEAM SCORES

Year	UAA	UAF	CWU	CU	HSU	MSUB	NNU	SMU	SPU	SU	SFU	WOU	WWU
2001	3rd/106		6th/154		8th/236			12th/340	10th/324			13th/342	5th/144
2002	3rd/105		12th/313		5th/120		6th/146	15th/449	DNC	11th/299		9th/202	7th/179
2003	5th/147		12th/283		6th/182		13th/302	9th/262	DNC	11th/269		7th/214	4th/105
2004	5th/180		9th/229		8th/200		10th/231	13th/353	3rd/143	14th/363		6th/197	6th/197
2005	3rd/106		15th/353		6th/193		13th/338	16th/443	5th/172	10th/279		4th/124	11th/288
2006	3rd/119		12th/302				DNC	15th/352	9th/250	16th/456		8th/242	4th/121
2007	5th/152	16th/392	8th/228			17th/510	11th/290	DNC	DNC	14th/330		4th/140	2nd/93
2008	2nd/67	15th/418	DNC				DNC	9th/207	DNC			4th/128	3rd/103
2009	3rd/96	19th/552	14th/362			16th/464	7th/212	13th/340	DNC			4th/105	2nd/74
2010	1st/49	17th/486	16th/438			13th/399	7th/206	11th/302	12th/372			4th/125	3rd/93
2011	1st/37	16th/449	13th/321			15th/342	5th/200	10th/261	7th/247			3rd/126	4th/128
2012	2nd/46	16th/434	18th/491			9th/260	12th/324	DNC	11th/323		13th/359	8th/232	3rd/82
2013	2nd/81	15th/391	13th/325			9th/250	DNC	18th/491	16th/408		10th/261	12th/290	4th/102
2014	2nd/53	18th/455	14th/402			17th/454	15th/430	21st/568	Inc.		6th/225	19th/457	4th/150
2015	1st/55	18th/503	14th/400			10th/287	17th/477	22nd/656	20th/557		4th/107	12th/310	6th/194
2016	2nd/81	12th/404	11th/397			13th/405	10th/394	23rd/582	DNC		9th/204	14th/407	7th/168
2017	5th/172	24th/596	16th/454	17th/509		19th/520	13th/404	26th/754	25th/616		4th/121*	3rd/121*	8th/213

* - Western Oregon beat Simon Fraser on tiebreaker, 3-2.

WOMEN'S YEAR BY YEAR TEAM SCORES

Year	UAA	UAF	CWU	CU	HSU	MSUB	NNU	SMU	SPU	SU	SFU	WOU	WWU
2001	7th/224	DNC	9th/250		2nd/133			19th/503	8th/243			13th/295	5th/177
2002	9th/246	DNC	6th/173		5th/160		19th/531	DNC	DNC	15th/391		10th/294	7th/173
2003	4th/177	DNC	6th/219		16th/412		20th/510	21st/525	5th/209	10th/292		13th/358	7th/242
2004	3rd/168	DNC	5th/178		11th/279		15th/356	16th/315	4th/172	7th/225		17th/429	8th/231
2005	3rd/129	18th/440	6th/197		16th/417		15th/403	20th/520	4th/134	8th/270			9th/278
2006	5th/109	DNC	6th/171				DNC	16th/422	2nd/70	17th/422		9th/254	14th/380
2007	11th/297	19th/441	9th/275			16th/374	5th/231	13th/347	1st/45	6th/251		7th/260	10th/278
2008	3rd/104	DNC	16th/322			20th/577	9th/237	14th/370	2nd/92			8th/217	5th/141
2009	1st/35	16th/403	18th/420			14th/352	6th/200	20th/536	3rd/75			10th/303	4th/121
2010	1st/40	19th/487	18th/483			9th/284	7th/276	17th/455	12th/314			5th/211	3rd/111
2011	1st/27	4th/164	21st/551			17th/517	13th/339	24th/578	6th/212			14th/417	3rd/148
2012	2nd/56	20th/463	10th/335			18th/435	14th/390	DNC	5th/157		6th/179	22nd/533	7th/274
2013	1st/76	20th/553	10th/275			19th/450	18th/434	23rd/707	4th/137		3rd/94	8th/261	5th/157
2014	3rd/144	21st/573	5th/180			13th/306	22nd/575	24th/725	12th/282		1st/103	16th/437	6th/185
2015	3rd/201	21st/585	6th/212			25th/669	17th/472	19th/542	5th/207		10th/273	15th/416	2nd/165
2016	3rd/111	22nd/563	14th/392			29th/858	21st/513	15th/401	16th/407		2nd/103	11th/350	8th/286
2017	2nd/84	25th/702	15th/378	22nd/653		29th/831	21st/643	27th/753	13th/332		4th/127	19th/518	8th/257

Team Abbreviations

UAA – Alaska Anchorage
 UAF – Alaska
 CWU – Cnetral Washington
 CU – Concordia
 HSU – Humboldt State
 MSUB – Montana State Billings
 NNU – Northwest nazarene

SMU – Saint Martin's
 SPU – Seattle Pacific
 SU – Seattle Univ.
 SFU – Simon Fraser
 WOU – Western Oregon
 WWU – Western Washington

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

YEAR BY YEAR WEST REGION CHAMPIONSHIPS RESULTS

2001

Nov. 3 at Lake Padden Park, Bellingham, Wash.

Men's Team Scores: UC Davis 27, Chico State 89, Alaska Anchorage 106, UC San Diego 124, Western Washington 144, Central Washington 154, Cal Poly Pomona 169, Humboldt State 236, Hawaii Pacific 249, Seattle Pacific 324, Cal State LA 340, Saint Martin's 340, Western Oregon 342, BYU-Hawaii 388, Hawaii Hilo 408, Chaminade 438, San Francisco State 459, Montana State Billings 537.

Women's Team Scores: UC Davis 44, Humboldt State 133, Chico State 139, Sonoma State 154, Western Washington 177, Cal State Stanislaus 220, Alaska Anchorage 224, Seattle Pacific 243, Central Washington 250, Hawaii Pacific 252, Cal State Dominguez Hills 263, UC San Diego 283, Western Oregon 295, Cal Poly Pomona 332, BYU-Hawaii 381, Cal State LA 466, Cal State San Bernardino 469, San Francisco State 482, Saint Martin's 503, Montana State Billings 507, Chaminade 575.

Men's Results (10,000 Meters)

1. Christian Madsen, HPU	32:07	65. Shadrack Nabea, HPU	35:02	6. Kathleen Lenni, SSU	22:06	71. Nancy Rodriguez, CPP	24:31
2. Tobias Schwoerer, UAA	32:10	66. Will Smith, WOU	35:03	7. Ashlee Vincent, WWU	22:28	72. Ann McCanick, SMC	24:34
3. Ryan Miller, UCD	32:13	67. Brian Janes, HSU	35:04	8. Jenny Hunt, SSU	22:36	73. Lillian Gardinier, UCSD	24:35
4. Steve Laurie, UCD	32:18	68. Chris Carpenter, SMC	35:06	9. Christina Liorente,UCD	22:40	74. Alyson Voltmer, SSU	24:36
5. Nate Bristow, UCD	32:19	69. Oswaldo Fuentes, SFSU	35:07	10. Kylee Wells, WOU	22:44	75. Wendy Vallejo, CSUDH	24:37
6. John Kuehn, UCD	32:20	70. Scott Rood, UAA	35:08	11. Cambria D'Amico, CSUDH	22:47	76. Tiffany Picinich, CWU	24:39
7. David Braund, CSUC	32:22	71. Neal Fryett, SPU	35:11	12. MaeAnna Glenn, UCD	22:48	77. Lindsey Young, UCSD	24:40
8. Nathanael Castle, SPU	32:28	72. Zac Vawter, SMC	35:20	13. Abby Bielenberg, CWU	22:50	78. Ashley Miller, BYUH	24:41
9. Jeff Wilson, UCD	32:35	73. Jason Porter, CWU	35:22	14. Dolores Bergmann, HSU	22:51	79. Victoria Flores, CSUDH	24:41
10. Zach Boteilho, WWU	32:42	74. Jedediah Wheeler, BYUH	35:30	15. Jasmine Gren, CSUC	22:53	80. Nancy Lopez, CSLA	24:42
11. Tyler Graff, CSUC	32:43	75. Andy Prentice, SMC	35:35	16. Laura Cherdack, UCD	22:55	81. Julie Pope, UCSD	24:43
12. Tom Gaschik, CWU	32:52	76. Alistair In, UHH	35:37	17. Sopagna Eap, UCD	22:59	82. MaryClare Peate, UCSD	24:44
13. Eric Strabel, UAA	32:56	77. Brian Kostock, HSU	35:38	18. Kathym Lee, CSUC	23:05	83. Shelby Jacobs, CWU	24:46
14. Louie White, HSU	32:57	78. Scott VanHess, SPU	35:39	19. Wendy Fortino, CSUS	23:06	84. Jamie Kendrick, CSUS	24:49
15. Matthew Rainwater, CPP	33:00	79. Siul Michel, HPU	35:40	20. Sarah Hallas,CSUC	23:08	85. Sarah Kraybill, SPU	24:52
16. Andy Elvester, UAA	33:02	80. Dylan Corbet, WOU	35:41	21. Stacy Edwards, UAA	23:09	86. Kauanoe Kaneshiro, CUH	24:53
17. Martin Ranney, WWU	33:03	81. Matt DeShazo, HSU	35:43	22. Kati Gosnell, HSU	23:16	87. Stephanie Myers, UAA	24:53
18. Alan Shapiro, UCSD	33:05	82. Andrew Anglemeyer, SFSU	35:44	23. Stephanie Stine, CWU	23:17	88. Chelsea Lynnes, MSUB	24:58
19. David Simmons, CWU	33:10	83. Owen Kano, UHH	35:49	24. Monica Valdez, CPP	23:17	89. Jamie Ray, CPP	25:00
20. Eron Tello, CSUC	33:11	84. Frank Dabrosky, CUH	35:56	25. Audrey Sung, UCSD	23:18	90. Katie Price, CPP	25:02
21. Lehrin Morey, HSU	33:14	85. Nick Glancy, SPU	36:01	26. Jamie Witt, SPU	23:20	91. Lindy Mullen, CWU	25:04
22. Jose Palacios, CSUS	33:16	86. Devin Barlow, BYUH	36:03	27. Lindsay Stalker, UCSD	23:27	92. Amber Miller, CSUC	25:05
23. Neil Kalra, UCSD	33:17	87. Ethan Barrons, WOU	36:14	28. Laurel Weil, HSU	23:28	93. Amanda McDermott, CPP	25:06
24. Miguel Ramirez, CSLA	33:18	88. Jesse Light, WOU	36:17	29. Aracne Hernandez, CSUDH	23:29	94. Amelia Kinney, WOU	25:07
25. Zachary Tarver, CSUC	33:19	89. Andrew Kamikawa, CUH	36:19	30. Jennifer Stief, CSUS	23:30	95. Amy Lambe, UAA	25:11
26. David Dunbar, UCSD	33:20	90. Tim Marston, SPU	36:29	31. Jill Salmon, WOU	23:31	96. Grace Sousa, UCSD	25:12
27. Sean Rivers, UAA	33:21	91. Tim Sheneman, MSUB	36:34	32. Marcia Silva, SSU	23:32	97. Maria Alba, CSLA	25:14
28. Chris Eggers, CSUC	33:24	92. Aaron Libadisos, SPU	36:35	33. Rachel Wiseman, HSU	23:33	98. Stephanie Holley, CSUS	25:15
29. Vernon Ruiz, CSUC	33:26	93. Ivars Baikovs, BYUH	36:37	34. Kiersten Lippman, UAA	23:34	99. Kara Richards, SPU	25:17
30. Stephen Martin, UCSD	33:32	94. Robert Tyler, HPU	36:40	35. Missy Lendl, CSUC	23:35	100. Amie Beard, CPP	25:19
31. Julian Nahan, UCSD	33:33	95. Joshua Hoeh, BYUH	36:47	36. Tammy Hunt, HSU	23:36	101. Linsy Nickels, CWU	25:20
32. David Gomez, CPP	33:34	96. Matt Gage, SMC	37:11	37. Alyson Zollinger, BYUH	23:37	102. Kristi Wooley, BYUH	25:21
33. Matt Schmitt, CWU	33:35	97. Kelly Young, WOU	37:17	38. Emily Picinich, WWU	23:41	103. Maggie Weamer, MSUB	25:22
34. Alex Daniels, UCD	33:38	98. Zach Grice, SPU	37:33	39. Marta Bednarczyk, WWU	23:44	104. Ellen Swogger, MSUB	25:26
35. Kirk Larson, WWU	33:42	99. Clifton Ho, UHH	37:43	40. Leslie Boyd, UAA	23:46	105. Kelly Long, MSUB	25:29
36. John Morrison, UCSD	33:43	100. Tim Marr, UHH	38:00	41. Katherine Pederson, CSUSB	23:48	106. Lindsay Krous, UAA	25:30
37. Manuel Lopez, CSUS	33:44	101. Kile Taylor, HSU	38:05	42. Meyoung Blum, UAA	23:49	107. Anjel Engesser, MSUB	25:34
38. Kurt Hartmaier, WWU	33:45	102. Alex Mendez, CSLA	38:06	43. Lisa Pearl, WWU	23:51	108. Jennifer Houk, SMC	25:35
39. Nathan Carlson, SMC	33:47	103. Jon Davis, SFSU	38:12	44. Hannah Knight, CSUSB	23:53	109. Candice Gahr, SFSU	25:37
40. Ryan Wade, CSUC	33:49	104. Herman Luna, CSLA	38:16	45. Ruth Hawkinson, SPU	23:54	110. Karina Arreola, CSLA	25:46
41. Max Rodriguez, UCD	33:50	105. Michael Terry, HPU	38:38	46. Ellie Enos, WOU	23:55	111. Sherron Rhetta, CSUDH	25:49
42. Michael Barkhuff, CPP	33:51	106. Mathew Morden, BYUH	38:42	47. Kirsten Bjork, SPU	23:55	112. Annie Hahle-Clark, BYUH	25:50
43. Scott Frost, CPP	34:00	107. Clint Sapiro, SFSU	38:48	48. Maria Bustamante, CSUS	23:56	113. Anne Hopkins, BYUH	25:54
44. Lutz Braun, CPP	34:03	108. Eric Barhaugh, SFSU	38:50	49. Andrea Woodcock, SSU	23:56	114. Rachel Daniels, WOU	26:01
45. Aaron Stone, CUH	34:12	109. Ryan Archibald, MSUB	39:01	50. Shannon Ross, WWU	23:57	115. Theresa Lane, WOU	26:04
46. Grant Guenther, UCSD	34:13	110. Jess Matsuda, CUH	39:10	51. Carol Schryver, CSUC	23:58	116. Maromi Abe, CUH	26:06
47. Curt Stephan, CWU	34:17	111. Julien Stevens, UHH	39:17	52. Amanda Mauldin, BYUH	23:59	117. Sadie Solem, HSU	26:07
48. Cory Rebman, CWU	34:18	112. Joel Hathaway, MSUB	39:21	53. Becky Mello, HSU	24:00	118. Elizabeth Texeira, CUH	26:08
49. Steve DeKoker, WWU	34:20	113. Tyson Magney, SMC	39:29	54. Monica Montano, CSLA	24:05	119. Sarah Block, WOU	26:21
50. Kyle Briggs, BYUH	34:23	114. John Beitler, UHH	39:30	55. Tracey Fischer, CWU	24:06	120. Heather Postema, HPU	26:25
51. Nate Normandin, UAA	34:28	115. Marcos MocineMcQueen, SF	39:49	56. Elsa Guerrero, CSUS	24:07	121. Becky Dalrymple, SMC	26:34
52. Shawn Miller, WWU	34:32	116. Carlos Gonzalez, SMC	40:29	57. Hillary Alberts, SFSU	24:08	122. Denise Anders, CUH	26:43
53. Naji Abdeslam, HPU	34:39	117. Nick Kanning, MSUB	40:50	58. Shawna Winfrey, CPP	24:08	123. Krysta Cochran, CSUSB	27:41
54. Emil Newhouse, WWU	34:41	118. Clayton Augustine, MSU	40:58	59. Katherine Moon, SSU	24:09	124. Amanda Crowe, HPU	27:49
55. Vernon Campbell, UAA	34:46	119. Ben McNeley, MSUB	41:20	60. Joanna Luk, SFSU	24:13	125. Lourdes Menchaca, CSLA	27:50
56. Daniel Sutton-Kane, CPP	34:48	120. Brian Church, CUH	41:35	61. Elisabeth Rosapepe, WWU	24:14	126. Stacy Frahm, CSUSB	28:11
57. Brett Franz, WOU	34:49	121. Jason Clark, SFSU	42:36	62. Dana Cantrell, SPU	24:15	127. Cheri Sanguinetti, SFSU	28:12
58. Jose Cano, CSLA	34:50	122. Jose Ramos, CUH	42:43	63. Nicole Seana, SPU	24:16	128. Amanda Brown, MSUB	29:00
59. Chris Larson, HPU	34:50			64. Veronica Hernandez, CSUC	24:17	129. Jessica Craig, SFSU	29:01
60. Paul Moth, UHH	34:51			65. Kelly Russell, SSU	24:18	130. Colleen Knudson, MSUB	29:21
61. Michael Soto, CSLA	34:51			66. Yvonne Liebig, UCD	24:23	131. Alysa Sutter, SFSU	29:31
62. Spencer Walsh, WOU	34:52			67. Diljeet Mendoza, CSUS	24:25	132. Tiffany Martin, SFSU	30:37
63. Nick Gai, HSU	34:53			68. Emily Thomas, SMC	24:26	133. Karen Kubasak, CUH	31:13
64. Jeremy Rice, CWU	34:59			69. Yosie Castillo, CSUDH	24:28	134. Heather Stolz, SMC	31:52
				70. Nina Laurinoli, WWU	24:29	135. Amy Niessen, CSUSB	33:19

Women's Results (6,000 Meters)

1. Nina Christensen, HPU	21:37
2. Lisa Blomme, HPU	21:57
3. Heather Gibson, UCD	21:58
4. Jessica Neu, UCD	22:01
5. Sayuri Kusutani, HPU	22:02

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2002

Nov. 9 at Fresno, Calif.

Men's Team Scores: Chico State 43, UC Davis 86, Alaska Anchorage 105, UC San Diego 113, Humboldt State 120, Northwest Nazarene 146, Western Washington 179, Cal Poly Pomona 194, Western Oregon 202, Hawaii Pacific 213, Seattle 299, Central Washington 313, Chaminade 420, Brigham Young-Hawaii 434, Saint Martin's 449, San Francisco State 494.

Women's Team Scores: UC Davis 86, Chico State 91, UC San Diego 126, Cal State Stanislaus 141, Humboldt State 160, Central Washington 171, Western Washington 173, Hawaii Pacific 217, Alaska Anchorage 246, Western Oregon 294, San Francisco State 304, Cal State San Bernardino 333, Brigham Young-Hawaii 338, Cal Poly Pomona 384, Seattle 391, Montana State Billings 407, Cal State L.A. 450, Chaminade 508, Northwest Nazarene 531, Cal State Bakersfield 563.

Men's Results (10,000 Meters)

1. Paul Kezes, WWU	31:58	63. Cory Rebmann, CWU	35:36	6. Sopagna Eap, UCD	22:18	69. Nicole Deyong, UAA	24:41
2. Chris Eggers, CSUC	32:10	64. Jerret Mantales, WOU	35:38	7. Katie Lee, CSUC	22:20	70. Geraldina Garcia, CSUS	24:42
3. Mark Batres, CPP	32:25	65. Tom Hummel, CPP	35:38	8. Ashlee Vincent, WWU	22:21	71. Tracey Fischer, CWU	24:45
4. Peter Clusener, HSU	32:29	66. Robert Tyler, HPU	35:44	9. Shannon O'Connor, SFSU	22:31	72. Carla Mingione, WWU	24:47
5. Sean Rivers, UAA	32:39	67. Bedora Lim, CUH	35:46	10. Laura Cherdack, UCD	22:37	73. Stephanie Upshaw, WOU	24:50
6. Christian Madsen, HPU	32:45	68. Dain Engebretsen, SU	35:51	11. Alicen Maier, CWU	22:41	74. Jamie Kendrick, CSUS	24:51
7. John Kuehn, UCD	32:47	69. Steve Soelberg, BYUH	35:52	12. Katie Gosnell, HSU	22:43	75. Christine Perez, SFSU	24:53
8. TimLeCount, SPU	33:05	70. Jon Carwin, WWU	35:55	13. Jennifer Stief, CSUS	22:45	76. Elizabeth Teixeira, CUH	24:55
9. Matt Faulkner, CSUC	33:06	71. Shadrack Nabea, HPU	35:57	14. Tanya Zeferjahn, CSUSB	22:51	77. Melissa Flake, BYUH	24:58
10. Patrick Boivin, CSUS	33:13	72. Chris Carpenter, SMC	35:58	15. Stacy Edwards, UAA	22:54	78. Krisin Haas, WWU	24:58
11. Steven Laurie, UCD	33:15	73. Aaron Eckert, WOU	36:06	16. Wendy Fortino, CSUS	22:56	79. Niki McCorkle, WOU	24:59
12. Juan Sanchez, CSUC	33:18	74. Steven Springhorn, CSUC	36:06	17. Anna Mae Glenn, UCD	22:56	80. Lindsay Krouse, UAA	25:02
13. Tobias Schwoerer, UAA	33:19	75. Joe Hughes, SU	36:06	18. Laura Trevellyan, WWU	22:59	81. Ann McCanick, SMC	25:07
14. Vernon Ruiz, CSUC	33:28	76. James De Bruhl, CPP	36:12	19. Sarah Hallas, CSUC	23:02	82. Natalie Miano, CPP	25:09
15. Neil Karla, UCSD	33:29	77. Michael Pankiewicz, CWU	36:13	20. Margaret Pridgen, CSUC	23:05	83. Beatriz Reyes, CSLA	25:09
16. Nathanael Castle, SPU	33:33	78. Andy Prentice, SMC	36:21	21. Michelle Solone, UCD	23:05	84. Mindy Newby, NNU	25:09
17. Louie White, HSU	33:34	79. Stephen Martin, UCSD	36:22	22. Missy Lendl, CSUC	23:06	85. Monica Valdez, CPP	25:15
18. David Dunbar, UCSD	33:37	80. James M. Blaine, SU	36:36	23. Jasmine Green, CSUC	23:07	86. Sarah Hansen, UAA	25:15
19. Stephen Fairclough, UCD	33:40	81. Kevin Lybarger, SU	36:43	24. Lillian Gardiner, UCSD	23:09	87. Rachelle Miller, HPU	25:19
20. Doug Hamilton, HSU	33:41	82. Frank Dabrosky, CUH	36:50	25. Katherine Stephenson, HSU	23:09	88. Julie Thielen, SMC	25:20
21. Eric Strabel, UAA	33:53	83. Marcus Meddles, CWU	36:58	26. Tiffany Picinich, CWU	23:12	89. Ryan Mayfield, CSUB	25:21
22. Zach Dwello, NNU	33:55	84. Samuel Macharia, HPU	37:05	27. Hannah Knight, CSUSB	23:13	90. Kaluhiokalani-Myers, CUH	25:25
23. Chase Wells, WOU	33:57	85. Nathan Wilkinson, NNU	37:13	28. Meghan Bellotti, UCD	23:14	91. Katie Price, CPP	25:28
24. Alan Shapiro, UCSD	34:00	86. Humberto Arredondo, CPP	37:17	29. Jennifer James, CSUC	23:14	92. Anjel Hoff, MSUB	25:30
25. Alex Daniels, UCD	34:00	87. Andrew Williams, CUH	37:29	30. Kelly Cronin, HSU	23:18	93. Sabrina St. Laurent, BYUH	25:44
26. John Morrison, UCSD	34:01	88. Ozzy Fuentes, SFSU	37:30	31. Janine Brown, HPU	23:18	94. Elizabeth Mack, SU	25:47
27. Joel Martinez, CSUC	34:01	89. Phillip Paul, CWU	37:36	32. Priscilla Moreno, UCD	23:19	95. Masako Sagawa, HPU	25:48
28. Jake Hotchkiss, NNU	34:05	90. Brian Fosjord, MSUB	37:48	33. Stephanie Holley, CSUS	23:19	96. Julie Johnson, CPP	25:51
29. Kurt Hartmaier, WWU	34:13	91. Robert Renninger, SU	37:51	34. Stephanie Stine, CWU	23:21	97. Sarah Block, WOU	25:53
30. Andy Elvester, UAA	34:18	92. Palikani Aho, BYUH	37:55	35. Mimi Hodgins, UCSD	23:24	98. Esmeralda Garcia, CSUSB	25:55
31. Justin Rau, UCD	34:21	93. Harald Buerkle, HPU	38:05	36. Erin O'Donnell, UCSD	23:25	99. Candice Palmer, CSUSB	26:02
32. Tawney James, CPP	34:22	94. Andrew Peters, NNU	38:08	37. Ellie Enos, WOU	23:29	100. Emily Ferguson, SU	26:05
33. Steve Manos, SU	34:26	95. Thomas Jordan, BYUH	38:13	38. Dawnita Liabraaten, CWU	23:30	101. Ruth Barron, CSUSB	26:08
34. Jose Palma, CSUS	34:29	96. Hanson Hsu, CUH	38:14	39. Desiree Dvorak, CSUS	23:32	102. Leah Trutna, WOU	26:11
35. Mark Veristain, NNU	34:30	97. Jeremy Rice, CWU	38:20	40. Sirena Alvarez, CSUS	23:34	103. Megan Salvesson, SU	26:13
36. Ben Wornell, NNU	34:32	98. Billy Cornelison, BYUH	38:26	41. Lyndsey Kuehn, CSUC	23:39	104. Kaylene Wilson, BYUH	26:25
37. Abdeslam Naji, HPU	34:33	99. Steven Loforti, BYUH	38:50	42. Lisa Pearl, WWU	23:41	105. Nicole Beatty, SMC	26:28
38. Brice Roncace, NNU	34:34	100. Nobuya Takahashi, SFSU	38:53	43. Kirsten Lippmann, UAA	23:46	106. Kelly Long, MSUB	26:29
39. Lehrin Morey, HSU	34:38	101. Matt Crabtree, WWU	39:02	44. Dolores Bergman, HSU	23:49	107. Denise Anders, CUH	26:33
40. Carl Lostrom, UCSD	34:45	102. Matt Gage, SMC	39:25	45. Angela Gummow, SU	23:49	108. Jami Epley, NNU	26:42
41. Will Smith, WOU	34:46	103. Scott Carter, BYUH	39:29	46. Dona Brown, SFSU	23:50	109. Jessica Wiggung, NNU	26:44
42. Tov Fisher-Kirshner, UCSD	34:47	104. Victor Carpenter, SMC	39:38	47. Ellen Swogger, MSUB	23:52	110. Anne Hopkins, BYUH	26:47
43. Spencer Walsh, WOU	34:48	105. Joey Becerra, CUH	40:02	48. Amber Brougher, WOU	23:53	111. Tracie Overberg, MSUB	26:54
44. Nate Normandin, UAA	34:50	106. Alek Zelenkovsky, SFSU	40:09	49. Nicole Hodgson, HSU	23:53	112. Candace Gahr, SFSU	26:57
45. Chris Larson, HPU	34:50	107. Ryan Archibald, MSUB	40:30	50. Kelsey Kaiser, UCD	23:54	113. Christy Wynkoop, NNU	27:16
46. Brian Brancheau, WWU	34:52	108. Clinton Imholte Jr., CUH	40:41	51. Lindsay Stalker, UCSD	23:55	114. Katherine Archambault, SU	27:20
47. Matthew Rainwater, CPP	34:53	109. Heber Moulton, BYUH	40:42	52. Molly Depasqual, WWU	23:56	115. Holly Bueb, SU	27:26
48. Timothy Helms, UCD	34:56	110. Eric Callero, SFSU	41:01	53. Tina Stimson, WWU	23:56	116. Colleen Anderson, MSUB	27:45
49. Matt Schmitt, CWU	34:57	111. Sam Messe, SFSU	41:22	54. Tammy Hunt, HSU	23:57	117. Jackie Villacorta, CSUSB	27:50
50. Brian Kostock, HSU	35:01	112. Nathan Carlson, SMC	41:25	55. Kelly Fullerton, SU	23:57	118. Christine Krumm, CSUB	27:52
51. Matthew Laye, UCD	35:01	113. Benjamin McNeley, MSUB	41:30	56. Jessica Neu, UCD	23:59	119. Jennifer Barnett, CSUSB	27:57
52. Emil Newhouse, WWU	35:02	114. Eric Barhaugh, SFSU	41:49	57. Jill Salmon, WOU	24:03	120. Monique Rodriguez, CSUB	28:00
53. Matt Deshazo, HSU	35:05	115. Mike Brown, SMC	42:22	58. Meyoung Blum, UAA	24:08	121. Maromi Abe, CUH	28:02
54. Brett Franz, WOU	35:07	116. Thomas Callaghan, CUH	42:32	59. Chelsea Lynnes, MSUB	24:09	122. Ana Martinez, CSUB	28:30
55. Ethan Barrons, WOU	35:08	117. Justin Freyermuth, CSUS	42:33	60. Kara Cross, UCSD	24:09	123. Daniella Russell, CSLA	28:52
56. Jason Porter, CWU	35:08	118. Rob Kemper, SMC	42:33	61. Leslie Boyd, UAA	24:10	124. Mandy Brown, MSUB	28:53
57. Carlos Siqueiros, SU	35:08			62. Erika Olson, CWU	24:12	125. Karen Kubasak, CUH	29:28
58. Shaun Fitzgerald, CPP	35:12	Women's Results (6,000 Meters)		63. Shawna Winfrey, CPP	24:15	126. Mariah Pasos, CSLA	29:59
59. Jorge Medina, HSU	35:13	1. Ann Marie Housen, CSLA	21:27	64. Namealoha Curtis, BYUH	24:23	127. Patrice Edwards, CSLA	30:15
60. Chris Cannon, UAA	35:22	2. Sayuri Kusutani, HPU	21:48	65. Joanna Luk, SFSU	24:29	128. Wendi Plott, CSUB	30:25
61. Todd List, UAA	35:32	3. Audrey Sung, UCSD	22:07	66. Lindy Mullen, CWU	24:29	129. Tiffany Martin, SFSU	30:44
62. Brandon Whitaker, WWU	35:34	4. Chelsea Smith, BYUH	22:13	67. Jamie Ray, CPP	24:31	130. Amber Sommer, SMC	31:22
		5. Nina Christensen, HPU	22:15	68. Nicole Campbell, HSU	24:39	131. Tara Robinson, NNU	32:43

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2003
 Nov. 8 at Chino, Calif.
Men's Team Scores: Chico State 28, UC San Diego 79, Cal Poly Pomona 91, Western Washington 105, Alaska Anchorage 147, Humboldt State 182, Western Oregon 214, Hawaii Pacific 214, BYU-Hawaii 262, Saint Martin's 262, Seattle 269, Central Washington 283, Northwest Nazarene 302, Hawaii Hilo 376, Chaminade 425, San Francisco State 453, Montana State Billings 513.

Women's Team Scores: Chico State 38, UC San Diego 124, Cal State Stanislaus 176, Alaska Anchorage 177, Seattle Pacific 209, Central Washington 219, Western Washington 242, Cal State Dominguez Hills 275, Hawaii Pacific 278, Seattle 292, Sonoma State 321, Cal Poly Pomona 326, Western Oregon 358, Cal State San Bernardino 403, Hawaii-Hilo 405, Humboldt State 412, Cal State Bakersfield 431, BYU-Hawaii 441, Cal State L.A. 478, Northwest Nazarene 510, Saint Martin's 525, Chaminade 546, Montana State Billings 549, San Francisco State 609.

Men's Results (10,000 Meters)

1. William Ngetich, HPU	31:40.5	69. Bradley Fessenden, CPP	35:25.3	20. Nicole Campbell, HSU	23:16.2	89. Becky Southworth, CSUSB	25:20.5
2. Tyler Graff, CSUC	31:48.8	70. Stephen Taylor, HSU	35:25.6	21. Josanna Lavin, SPU	23:19.3	90. Meghan Salverson, SU	25:24.0
3. Daniel Rojas, CPP	31:56.6	71. Aaron Eckert, WOU	35:31.8	22. Jennifer James, CSUC	23:20.6	91. Elizabeth Texeira, CUH	25:26.0
4. Mark Batres, CPP	32:07.2	72. Marcos Veristain, NNU	35:33.1	23. Stacy Edwards, UAA	23:23.6	92. Mindy Newby, NNU	25:26.6
5. Patrick Boivin, CSUC	32:17.6	73. Andy Peters, NNU	35:34.4	24. Michelle DiMeo, UCSD	23:25.1	93. Ann McCanick, SMC	25:26.9
6. Charlie Serrano, CSUC	32:35.5	74. Justin McNeil, WWU	35:40.5	25. Amanda Felder, UC SD	23:26.3	94. Susan Young, NNU	25:28.2
7. Joel Martinez, CSUC	32:37.1	75. Mike Pankiewicz, CWU	35:44.0	26. Jenny Bunicio, CSUDH	23:26.5	95. Tiffany Piplica, MSUB	25:30.2
8. Christopher Layman, CSUC	32:37.6	76. Kevin Lambert, NNU	35:46.5	27. Christina Jimenez, CPP	23:26.9	96. Sadie Solem, HSU	25:33.3
9. Robert Eap, UCSD	32:38.2	77. Felipe Jasso, WOU	35:53.8	28. Kari Konrad, WOU	23:28.2	97. Ashley Spann, CPP	25:34.6
10. Doug Hamilton, HSU	32:42.7	78. James Blaine, SU	36:06.9	29. Jennifer Stief, CSUS	23:29.4	98. Jessica Rendon, HSU	25:35.4
11. Brian Brancheau, WWU	32:43.7	79. Bryan Halferty, CWU	36:15.7	30. Rachel Suess, SU	23:38.2	99. Leah Trutna, WOU	25:42.0
12. Chase Wells, WOU	32:45.5	80. Joshua Blount, CSUS	36:19.6	31. Alicia Weiss, CSUB	23:38.6	100. Tehani Thompson, SFSU	25:43.2
13. Brandon Stum, UAA	32:47.0	81. Joseph Hughes, SU	36:21.1	32. Laura Cohen, CSUC	23:39.0	101. Adelita Flores, CSUB	25:45.5
14. Julian Nahan, UCSD	32:48.0	82. Tyler Layne, NNU	36:27.7	33. Lillian Gardiner, UCSD	23:39.4	102. Phoebe Rohrbacher, SU	25:49.6
15. Kurt Hartmaier, WWU	32:48.3	83. Ryan Orme, BYUH	36:29.9	34. Stephanie Stine, CWU	23:40.0	103. Natalie Miano, CPP	25:50.7
16. Steve DeKoker, WWU	32:50.0	84. Nathan Heitzinger, SU	36:31.0	35. Colleen Cassidy, UHH	23:41.4	104. Leil. Kaluhiokalani-My, CUH	25:55.0
17. Tim LeCount, SPU	33:02.5	85. Adam Wadsworth, BYUH	36:36.2	36. Kathy Read, UCSD	23:42.6	105. Devan Bernier, CPP	25:56.4
18. Carl Lostrom, UCSD	33:11.4	86. Jeff Orchard, UHH	36:50.6	37. Lindsay Stalker, UCSD	23:43.3	106. Carolyn Brown, CPP	26:01.2
19. Neil Kalra, UCSD	33:12.0	87. Seth Woods, SMC	36:51.7	38. Desiree Dvorak, CSUS	23:44.4	107. Dominique Rosete, CSLA	26:06.3
20. Mikkel Kleis, HPU	33:15.0	88. Silas Canary, UHH	37:00.8	39. Beth Rosapepe, WWU	23:44.6	108. Lydia Kahle-Clark, BYUH	26:10.5
21. Daniel Cereceres, CPP	33:18.1	89. Andrew Kamikawa, CUH	37:03.1	40. Isabel Espinoza, CSUDH	23:53.1	109. Allison Daum, SPU	26:12.3
22. John Morrison, UCSD	33:23.1	90. Robbie Wilbur, SMC	37:05.0	41. Alicen Maier, CWU	23:53.9	110. Kendra Byrd, HPU	26:14.0
23. T.J. Garlatz, WWU	33:29.9	91. Steve Lehman, CWU	37:08.9	42. Hannah Knight, CSUSB	23:55.4	111. Katie Moriarty, HSU	26:15.9
24. Jake Hotchkiss, NNU	33:33.5	92. Richard Franck, SU	37:16.7	43. Shawna Winfrey, CPP	24:00.0	112. Jennifer Smith, WOU	26:16.7
25. Tris O'Bluck, SMC	33:35.1	93. Clington Imholte, CUH	37:20.6	44. Erin O'Donnell, UCSD	24:06.7	113. Marissa Harshman, WWU	26:19.5
26. Todd List, UAA	33:35.2	94. Scott Brown, MSUB	37:25.7	45. Andrea Branco, SSU	24:07.5	114. Stacie Wells, WOU	26:26.5
27. James Tawney, CPP	33:35.6	95. Nathan Wilkinson, NNU	37:26.9	46. Lindy Mullen, CWU	24:10.0	115. Michelle Telfer, SSU	26:27.4
28. Steve Manos, SU	33:39.0	96. Paul Broyer, SFSU	37:29.9	47. Christina Buck, CSUS	24:13.0	116. Lindsay Dickinson, SFSU	26:28.1
29. Dain Engbretsen, SU	33:46.0	97. Ryan Tuss, HSU	37:30.3	48. Emily Pichich, CWU	24:13.4	117. Katie Price, CPP	26:30.8
30. Jonathan Osterlund, BYUH	33:47.9	98. Joseph Damato, UHH	37:39.1	49. Shannon Fredeen, CSUS	24:14.4	118. Denise Anders, CUH	26:33.3
31. Aaron Dickson, UAA	33:52.0	99. Joey Becera, CUH	37:44.6	50. Brandy Weston, CWU	24:16.5	119. Andrea Brandt, CSUSB	26:35.4
32. Jesse Plummer, HSU	33:57.7	100. Keiichi Matsumoto, CUH	37:46.4	51. Laura Hernandez, UHH	24:17.7	120. Christy Wynkoop, NNU	26:36.2
33. Nathan Carlson, SMC	34:00.3	101. Aaron Norton, HPU	37:47.6	52. Alana Garcia, SU	24:19.6	121. Whitney Rothery, BYUH	26:42.3
34. Chris Beetleby-Hagl, UCSD	34:01.9	102. Sam Hartpence, MSUB	38:02.2	53. Davya Baker, UAA	24:19.8	122. Melissa Dunbar, CSUB	26:43.6
35. Lehrin Morey, HSU	34:02.5	103. Earl Hartman, SFSU	38:14.1	54. Geybi Garibay, CSS	24:20.6	123. Martha Gonzalez, CSUDH	26:45.7
36. Andy Prentice, SMC	34:06.3	104. Matt Povey, SFSU	38:16.6	55. Karen Dickson, SPU	24:21.4	124. Martha Kawasaki, UHH	26:46.1
37. Drew Dickson, UAA	34:06.4	105. George Harrington, SFSU	38:27.5	56. Jayme Ambros, CPP	24:23.4	125. Jessica Wiggins, NNU	26:47.0
38. Ethan Barrons, WOU	34:06.7	106. Zac Vawter, SMC	38:37.8	57. Lara Bachmeier, UHH	24:28.9	126. Christine Perez, SFSU	26:53.2
39. Jeran Carr, CPP	34:07.7	107. Seth Miller, CUH	38:40.3	58. Anjel Hoff, MSUB	24:31.3	127. Wendi Plott, CSUB	26:54.8
40. Humberto Vargas, CSUS	34:08.0	108. Joe Kragt, MSUB	38:59.9	59. Molly DePasqu, WWU	24:31.9	128. Ashley Rickels, NNU	26:55.8
41. Jason Porter, CWU	34:09.6	109. Victor Carpenter, SMC	39:00.6	60. Abby Groth, SPU	24:32.6	129. Cori Harris, BYUH	27:05.2
42. Steven Springhorn, CSUC	34:10.6	110. Ryan Archibald, MSUB	39:21.5	61. Summer Huntington, SPU	24:33.3	130. Raquei McCarthy, MSUB	27:11.9
43. Sam Brancheau, WWU	34:11.6	111. Frank Dabrosky, CUH	39:25.5	62. Kendra Steinbrugger, SMC	24:33.5	131. Tracie Overberg, STUB	27:23.9
44. Chris Larson, HPU	34:14.2	112. Jordan Theuerkauf, UHH	40:26.7	63. Kristin Haas, WWU	24:33.9	132. Kristen Nielson, BYUH	27:29.8
45. Eric Strabel, UAA	34:15.3	113. Justin Freyermuth, CSUS	40:57.5	64. Crystal Dennis, CWU	24:34.1	133. Jackie Plombo, SFSU	27:34.7
46. Sam Scotchmer, CWU	34:17.9	114. Jesse Light, WOU	41:12.8	65. Kirsten Bjork, SPU	24:35.0	134. Kristin Mizar, SFSU	27:40.6
47. Matthew DeShazo, HSU	34:21.5	115. Sean Hannifin, MSUB	42:04.5	66. Rachel Bailey, CWU	24:36.9	135. Kendra Bebee, MSUB	27:57.1
48. Brad Brolin, WOU	34:24.9	116. Brendan Murray, MSUB	43:43.6	67. Jacqueline Ramirez, CSDH	24:38.0	136. Desiree Herran, SFSU	28:02.9
49. Vernon Ruiz, CSUC	34:31.6			68. Stephanie Myers, UAA	24:38.7	137. Jenny Tyhurst, NNU	28:16.1
50. Brent Knight, UAA	34:32.7	Women's Results (6,000 Meters)		69. Marcie Silva, SSU	24:40.0	138. Melissa Pupo-Davis, UHH	28:25.9
51. Jake Rushton, BYUH	34:34.6	1. Chelsea Smith, BYUH	20:54.4	70. Lindsay Krous, UAA	24:45.8	139. Jennifer Barnett, CSUSB	28:37.7
52. Spencer Walsh, WOU	34:39.8	2. Nina Christensen, HPU	21:50.1	71. Stephanie Upshaw, WOU	24:47.0	140. Katelynn Blume, SMC	28:39.4
53. Jeremy Van Tress, BYUH	34:41.3	3. Sarah Bouchard, CSLA	22:00.9	72. Ryan Mayfield, CSUB	24:48.1	141. Kristina Folsom, BYUH	28:41.4
54. Bradley Theobald, CPP	34:44.3	4. Missy Lendl, CSUC	22:17.0	73. Nicole Johnson, CSUS	24:49.3	142. Lakita Burr, SMC	28:46.0
55. Steve Soelberg, BYUH	34:52.4	5. Laura Trevellyan, WWU	22:22.1	74. Niki McCorkle, WOU	24:50.8	143. Esmeralda Gomez, CSUSB	28:49.6
56. Harald Buerkle, HPU	34:54.3	6. Tina Firouz, UCSD	22:25.6	75. Heather Postema, HPU	24:52.1	144. Mirasol Miranda, SFSU	28:53.5
57. Paul Moth, UHH	34:58.5	7. Margaret Pridgen, CSUC	22:31.0	76. Keely Kaligis, WWU	24:53.8	145. Ligia Espinoza, CSLA	29:23.8
58. Bedora Lim, CUH	35:00.4	8. Kelly Ortlieb, CSUC	22:34.1	77. Beatriz Reyes, CSLA	24:54.1	146. Eric Luksza, CSLA	29:46.7
59. Chikara Omine, SFSU	35:05.8	9. Sarah Montez, CSUC	22:48.9	78. Nicole Deyong, UAA	24:56.1	147. Chelsea Lynnes, MSUB	29:49.2
60. Johan Dana, UHH	35:07.1	10. Katie Lee, CSUC	22:50.2	79. Kristin Lane, NNU	24:56.7	148. Jaime Jakes, CUH	29:55.9
61. Logan Senrud, WWU	35:13.3	11. Janine Brown, HPU	22:50.6	80. Masako Sagawa, HPU	24:56.8	149. Jessica Riley, HSU	30:19.0
62. Andrew Lybarger, SU	35:13.6	12. Jamie Witt, SPU	22:51.8	81. Ruth Harbaugh, SPU	24:58.0	150. Maureen Driscoll, SMC	30:34.5
63. Phil Paul, CWU	35:15.1	13. Stehanie Holley, CSUS	22:54.4	82. Melissa Flake, BYUH	24:58.3	151. Kathy Keenan, CSUSB	30:36.6
64. Jasper Peach, HSU	35:18.5	14. Tanya Zeferjahn, CSUSB	22:58.0	83. Sandra Wells, SSU	25:01.9	152. Annmarie Housen, CSLA	30:43.3
65. Eric Nilsen, UC SD	35:19.7	15. Chandra Farnam, SSU	23:01.7	84. Lexi Baxter, WWU	25:02.6	153. Kaycee Martin, CSUB	32:34.3
66. Lincoln Hagood, NNU	35:21.3	16. Mandy Kaempf, UAA	23:06.8	85. Kristina Huttmacher, CUH	25:04.7	154. Caitlyn Ames, SMC	33:44.4
67. Leif Olson, UAA	35:22.2	17. Sarah Hansen, UAA	23:07.8	86. Amber Brougher, WOU	25:10.3		
68. Steve Frausto, CWU	35:24.6	18. Kristie Rice, SU	23:10.6	87. Erin Wyner, HSU	25:14.3		
		19. Alejandra Contreras, CSDH	23:16.1	88. Nicole Beatty, SMC	25:15.2		

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2004

Nov. 6 at Lake Padden Park, Bellingham, Wash.

Men's Team Scores: Chico State 30, Cal Poly Pomona 73, Seattle Pacific 143, UC San Diego 154, Alaska Anchorage 180, Western Washington 197, Western Oregon 197, Humboldt State 200, Central Washington 229, Northwest Nazarene 231, BYU-Hawaii 240, Cal State Stanislaus 316, Saint Martin's 353, Seattle 363, Hawaii Hilo 377, San Francisco State 401, Montana State Billings 538.

Women's Team Scores: Chico State 49, UC San Diego 96, Alaska Anchorage 168, Seattle Pacific 172, Central Washington 178, Cal Poly Pomona 179, Seattle 225, Western Washington 231, BYU- Hawaii 234, Cal State Stanislaus 256, Humboldt State 279, Montana State Billings 294, Cal State San Bernardino 303, Cal State Bakersfield 353, Northwest Nazarene 356, Saint Martin's 415, Western Oregon 429, Cal State L.A. 436, San Francisco State 533.

Men's Results (10,000 Meters)

1. Mark Batres, CPP	32:09	64. Kevin Lambert, NNU	35:28	10. Ryan Mayfield, CSUB	23:39	74. Maija Rohde, CSLA	25:38
2. Daniel Rojas, CPP	32:11	65. Daniel Holligan, UCSD	35:28	11. Michelle DiMeo, UCSD	23:42	75. Heather Moulton, HSU	25:41
3. Steven Springhorn, CSUC	32:23	66. Humberto Vargas, CSUS	35:32	12. Lindsay Stalker, UCSD	23:43	76. Karina Vega, CPP	25:42
4. Scott Bauhs, CSUC	32:42	67. Chris Binchus, HSU	35:33	13. Mary Biggs, CSUC	23:47	77. Kari Andrew, UHH	25:43
5. Jasper Peach, HSU	32:47	68. Joshua Croft, BYUH	35:33	14. Karin Rohde, SPU	23:49	78. Melissa Flake, BYUH	25:44
6. Patrick Boivin, CSUC	32:55	69. Peter Barriaga, CPP	35:38	15. Laura Cohen, CSUC	23:50	79. Kaitlin Rohde, SPU	25:45
7. Brian Kostock, HSU	33:07	70. James Rosser, SPU	35:39	16. Kamie Jo Massey, UAA	23:52	80. Rebecca Mishler, NNU	25:48
8. Chris Layman, CSUC	33:24	71. Keith Lemay, WWU	35:46	17. Brandy Anderson, CWU	23:56	81. Whitney Hurley, CPP	25:50
9. Kyle Ivie, CSUC	33:26	72. Dan Weiser, CWU	35:47	18. Natalie Miano, CPP	24:01	82. Valorie Rojas, CSLA	25:51
10. Antonio Miramontes, CSUC	33:30	73. Paul Broyer, SFSU	35:47	19. Nicole Campbell, HSU	24:06	83. Christine Perez, SFSU	25:51
11. Charlie Serrano, CSUC	33:31	74. Brent Christensen, SMC	35:50	20. Megan McDrew, HSU	24:07	84. Holly Mishler, CPP	25:52
12. Arturo Garcia, CSUS	33:32	75. Ernesto Madrigal, CSUS	35:52	21. Miriam Hodgins, UCSD	24:09	85. Ann McCanick, SMC	25:53
13. Sam Scotchmer, CWU	33:36	76. Spencer Walsh, WOU	35:53	22. Paige Osborn, CSUC	24:11	86. Brandi McCoy, SPU	25:54
14. Robert Eap, UCSD	33:37	77. Noe Castellon, SMC	35:55	23. Zuzana Iler, CSUB	24:16	87. Emily Ferguson, SU	25:55
15. Andy Prentice, SMC	33:44	78. Tyler Layne, NNU	35:56	24. Lindsey Young, UCSD	24:17	88. Leah Trutna, WOU	26:01
16. Tim LeCount, SPU	33:46	79. Matt Cook, CWU	35:57	25. Heidi Robertson, MSUB	24:18	89. Wendi Plott, CSUB	26:04
17. Ethan Barrons, WOU	33:47	80. Bedora Lim, CUH	35:58	26. Sarah Lord, MSUB	24:18	90. Diana Davis, MSUB	26:05
18. James Tawney, CPP	33:52	81. Mark Rivera, CSUS	36:00	27. Rebecca Knox, SPU	24:19	91. Sarah Brundidge, SU	26:08
19. Chase Wells, WOU	33:54	82. Ty Schepler, WWU	36:08	28. Rebecca Cherry, UCSD	24:20	92. Melanie Madsen, BYUH	26:11
20. Jake Hotchkiss, NNU	34:08	83. Batbileg Bor, SFSU	36:11	29. Diane Dunn, UCSD	24:21	93. Katie Wittrock, WWU	26:12
21. Zach Dwello, NNU	34:09	84. David Tamura, BYUH	36:12	30. Hilary Oppido, CSUC	24:22	94. Elizabeth Gonzalez, CSLA	26:14
22. Bjorn Bostrom, SPU	34:13	85. Andrew Chong, HSU	36:16	31. Stephanie Stine, CWU	24:23	95. Sarah Hansen, UAA	26:15
23. David Cerecerez, CPP	34:15	86. Mitchell Steves, UCSD	36:21	32. Christina Jimenez, CPP	24:24	96. Carie Castro, CSLA	26:15
24. Brian Cronrath, SPU	34:18	87. Tim Keller, NNU	36:24	33. Diana Choi, BYUH	24:26	97. Beth Rosapepe, WWU	26:15
25. Jeremy Vantress, BYUH	34:22	88. Nicholas Fill, CSUS	36:26	34. Desiree Dvorak, CSUS	24:28	98. Megan Holt, CSSB	26:17
26. Carl Lostrom, UCSD	34:24	89. Jesus Cisneros, HSU	36:27	35. Alana Garcia, SU	24:30	99. Kayla Castenada, WOU	26:20
27. Brandon Stum, UAA	34:27	90. Alastair In, UHH	36:28	36. Monica Valdez, CPP	24:33	100. Tehani Thompson, SFSU	26:28
28. Michael Stewart, WWU	34:28	91. Dan Ferguson, CWU	36:30	37. Stephanie Upshaw, WOU	24:37	101. Lindsey Graham, NNU	26:33
29. Christopher Miano, CPP	34:29	92. Richard Franck, SU	36:31	38. Meghan Salveson, SU	24:38	102. Rachel Suess, SU	26:34
30. Abdullah Jamali, UCSD	34:30	93. Lucas Franco, SU	36:31	39. Lindy Mullen, CWU	24:38	103. Becky Southworth, CSSB	26:35
31. Sam Brancheau, WWU	34:31	94. Gustavo Arceo, UHH	36:35	40. Sarah Benson, CWU	24:40	104. Emily Williams, BYUH	26:36
32. Brad Theobald, CPP	34:33	95. Martin Ramos, CSUS	36:44	41. Nicole DeYong, UAA	24:42	105. Nicole Beatty, SMC	26:37
33. Keever Henry, WWU	34:34	96. Robin Wilbur, SMC	36:45	42. Jessica Laslovich, UCSD	24:44	106. Leilani Myers, CUH	26:40
34. Aaron Dickson, UAA	34:35	97. Seth Woods, SMC	36:50	43. Holly Digerolamo, CSSB	24:47	107. Stacy Wells, WOU	26:42
35. Jake Rushton, BYUH	34:36	98. Laurence Graham, NNU	36:51	44. Davya Baker, UAA	24:48	108. Lindsey Viltrakis, CSUS	26:43
36. Leif Olson, UAA	34:38	99. Ryan Tuss, HSU	36:52	45. Shawna Winfrey, CPP	24:50	109. Tiffany Piplica, MSUB	26:44
37. Brent Knight, UAA	34:40	100. Nathan Heitzinger, SU	36:53	46. Susan Young, NNU	24:51	110. Juanita Hernandez, CSLA	26:46
38. Paul Mach, SPU	34:41	101. Cinton Imholte Jr., CUH	36:55	47. Erin Frier, CSUS	24:52	111. Jessica Rendon, HSU	26:51
39. Matt DeShazo, HSU	34:43	102. Felipe Jasso, WOU	37:15	48. Jamie Ray, CPP	24:54	112. Denise Anders, CUH	26:59
40. Luke Sigmon, UCSD	34:44	103. Mikhail Osipov, SFSU	37:17	49. Marcia Silva, SSU	24:55	113. Karin Hansen, SFSU	27:03
41. Geoff Anderson, CWU	34:46	104. Clifton Ho, UHH	37:20	50. Amy Yonan, CSUS	24:56	114. Andrea Brandt, CSSB	27:05
42. Matt Stevens, HPU	34:50	105. Scott Brown, MSUB	37:22	51. Molly DePasqual, WWU	24:57	115. Tracie Overberg, MSUB	27:06
43. Chikara Omine, SFSU	34:52	106. Steven Lalonde, SMC	37:26	52. Lara Bachmeier, UHH	24:57	116. Kaleigh Bishop, SMC	27:07
44. Doug Gibson, SPU	34:53	107. Joey D'Amato, UHH	37:33	53. Emily Picinich, CWU	24:58	117. Jen Smith, WOU	27:09
45. Chris Beetley-Hagler, UCSD	34:54	108. Sam Hartpence, MSUB	37:38	54. Sara Thon, WWU	25:01	118. Deanne Soon, CUH	27:10
46. Paul Moth, UHH	34:55	109. Sandino Moya-Smith, SFSU	37:48	55. Chelsea Lynnes, MSUB	25:03	119. Elizabeth Lugo, CSLA	27:12
47. Nate Normandin, UAA	34:56	110. Ehren Ching, SMC	38:18	56. Janelle Probst, SMC	25:04	120. Betsy Peterson, HSU	27:26
48. Logan Senrud, WWU	34:56	111. Andrew Chain, SFSU	38:35	57. Rachel Bailey, CWU	25:08	121. Adelita Flores, CSUB	27:30
49. Matt Schmitt, CWU	34:56	112. Joe Kragt, MSUB	39:07	58. Julie Stewart, BYUH	25:10	122. Katherine Smith, HSU	27:34
50. Eddie Strickler, SPU	34:59	113. Ryan Archibald, MSUB	39:17	59. Melanie Nisly, NNU	25:11	123. Amanda Brown, MSUB	27:37
51. Andy Peters, NNU	35:00	114. Efeson Alemayehu, SFSU	39:27	60. Stephanie Myers, UAA	25:16	124. Danielle Pratt, UAA	27:44
52. Germain Ortiz, UHH	35:01	115. Jarred Rensvold, MSUB	39:33	61. Rachael Bates, WWU	25:21	125. Aisha Rosse, WOU	27:45
53. Nick Crawford, WOU	35:02	116. Juan Morales, UHH	40:50	62. Jessica Dawney, SSU	25:23	126. Hilda Ramirez, CSUS	27:52
54. Joseph Sybrowsky, BYUH	35:03			63. Jamie Kendrick, CSUS	25:24	127. Lakita Burr, SMC	28:18
55. Jerret Mantalas, WOU	35:06	Women's Results (6,000 Meters)		64. Tracy Kuhn, SPU	25:26	128. Lovette Mioni, CSUB	28:21
56. Brad Brolin, WOU	35:07	1. Chelsea Smith, BYUH	21:43	65. Sadie Solem, HSU	25:28	129. Jessica Wiggins, NNU	28:40
57. Phil Paul, CWU	35:07	2. Karen Dickson, SPU	22:07	66. Kim Miller, CSUSB	25:29	130. Maureen Driscoll, SMC	28:50
58. Drew Dickson, UAA	35:09	3. Laura Trevelyan, WWU	23:04	67. Kristie Rice, SU	25:32	131. Flora Lugo, CSLA	29:07
59. Jake Haskins, WWU	35:11	4. Tanya Zeferjahn CSUSB	23:08	68. Amber Green, CWU	25:33	132. Marisol Miranda, SFSU	29:11
60. Andrew Lybarger, SU	35:15	5. Kelly Fullerton, SU	23:11	69. Geraldina Garcia, CSUS	25:33	133. Brittany McBride, SFSU	30:34
61. Jacob Puzey, BYUH	35:18	6. Jennifer James, CSUC	23:23	70. Kristin Haas, WWU	25:34	134. Beth Miller, CSUB	31:30
62. Michael Hughes, SU	35:19	7. Sarah Montez, CSUC	23:29	71. Nicole Jensen, SPU	25:35	135. Kathy Keenan, CSSB	31:44
63. Nicholas Dols, SU	35:27	8. Ciara Harvey, CSUC	23:30	72. Jessie Dunnam, SMC	25:37	136. Myriam Bayer, SFSU	32:43
		9. Mandy Kaempf, UAA	23:31	73. Jennifer Puzey, BYUH	25:38	137. Melissa Simmons, SFSU	35:01

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2005
Nov. 5 at Chino, Calif.
Men's Team Scores: Chico State 23, Cal Poly Pomona 97, Alaska Anchorage 106, Western Washington 124, Seattle Pacific 172, Humboldt State 193, UC San Diego 197, Cal State Stanislaus 214, BYU-Hawaii 278, Seattle 279, Western Oregon 288, Hawaii Hilo 325, Northwest Nazarene 338, San Francisco State 349, Central Washington 353, Saint Martin's 443.

Women's Team Scores: Chico State 42, UC San Diego 62, Alaska Anchorage 129, Seattle Pacific 134, Cal State L.A. 163, Central Washington 197, Cal Poly Pomona 246, Seattle 270, Western Washington 278, BYU-Hawaii 282, Hawaii Pacific 285, CSU San Bernardino 286, CSU Stanislaus 294, San Francisco State 385, Northwest Nazarene 403, Humboldt State 417, CSU Bakersfield 422, Alaska Fairbanks 440, Sonoma State 453, Saint Martin's 520, Chaminade 566.

Men's Results (10,000 Meters)

1. Patrick Boivin, CSUC 31:23.6
2. Charlie Serrano, CSUC 31:44.3
3. Mark Batres, CPP 32:03.6
4. Antonio Miramontes, CSUC 32:30.0
5. Casey Moriarty, SU 32:34.1
6. Josh Babiak, SFSU 32:42.5
7. Beau Bettinger, CSUC 32:48.0
8. David Kiplagat, UAA 32:55.3
9. Rory Kuykendall, CSUC 32:56.8
10. Jacob Klausen, HPU 33:05.9
11. Arturo Garcia, CSUS 33:07.6
12. Scott Bauhs, CSUC 33:12.5
13. Aaron Dickson, UAA 33:14.6
14. Isaac Perez, CPP 33:16.2
15. Leif Olson, UAA 33:24.3
16. Kyle Ivie, CSUC 33:30.4
17. Logan Senrud, WWU 33:30.5
18. Doug Gibson, SPU 33:32.5
19. Mark Rivera, CSUS 33:35.5
20. Bjorn Bostrom, SPU 33:45.7
21. Brian Kostock, HSU 33:47.8
22. Sam Brancheau, WWU 33:49.6
23. Joseph Sybrowsky, BYUH 33:52.5
24. Drew Dickson, UAA 33:53.0
25. Miguel Cabanas, CPP 33:57.5
26. Kevin Urak, CPP 34:02.5
27. Jake Perry, NNU 34:07.4
28. Casper Dahl, HPU 34:14.6
29. Keith Lemay, WWU 34:18.6
30. Eric Tibbetts, HSU 34:21.3
31. Anthony Tomsich, WWU 34:24.6
32. Jasper Peach, HSU 34:25.2
33. Michael Stewart, WWU 34:25.8
34. James Tawney, CPP 34:27.0
35. Chad Portwood, WWU 34:29.1
36. Eddie Venegas, CPP 34:32.5
37. Carlo Lozano, SPU 34:33.4
38. Gabriel LaMonthe, UCSD 34:37.2
39. Carl Lostrom, UCSD 34:39.5
40. Jale LeVieux, UCSD 34:39.9
41. Jimmy Elam, HSU 34:41.6
42. Pedro Barriga, CPP 34:42.2
43. Matthew Noble, UCSD 34:42.3
44. Paul Moth, UHH 34:50.0
45. Larry Blaylock, CSUS 34:51.9
46. Jerret Mantalas, WOU 34:52.4
47. Dan Holligan, UCSD 34:54.8
48. Joshua Croft, BYUH 34:57.2
49. Nathan Heitzinger, SU 35:01.0
50. Andrew Lybarger, SU 35:01.5
51. Benjamin Sonntag, UAA 35:01.8
52. Brian Cronrath, SPU 35:02.5
53. James Rosser, SPU 35:03.8
54. Eddie Strickler, SPU 35:03.9
55. Stig Yngve, UAA 35:05.7
56. Chris Beetley-Hagler, UCSD 35:07.3
57. Bedora Lim, CUH 35:14.1
58. Brian Rockenbach, CWU 35:15.4
59. Luke Sigmon, UCSD 35:23.1
60. Gustavo Arceo, UHH 35:35.7
61. Nik Karr, WOU 35:42.1
62. Batbileg Bor, SFSU 35:46.4
63. Cary Costa, WOU 35:48.0

64. Andy Peters, NNU 35:54.3
65. Troy Banker, WOU 35:55.7
66. Brandon Krout, BYUH 36:01.2
67. Felipe Jasso, WOU 36:04.7
68. Joshua Enos, UHH 36:11.0
69. Sam Bedell, WWU 36:13.3
70. Michael Boyle, UAA 36:15.1
71. Gabe Andrews, CWU 36:16.4
72. Tyler Lane, NNU 36:23.6
73. Matthew Gulden, BYUH 36:27.9
74. Jack Chandler, CSUS 36:30.9
75. Isaac Crawford, CSUS 36:32.5
76. Dan Ferguson, CWU 36:41.4
77. Clifton Ho, UHH 36:42.4
78. Dan Weiser, CWU 36:53.2
79. Craig Giovenetti, HSU 36:54.3
80. Thomas Jordan, BYUH 36:55.3
81. Clinton Imholte, CUH 37:00.6
82. Seth Woods, SMU 37:04.6
83. Nick Dols, SU 37:07.5
84. Bryan Dibos, WOU 37:08.1
85. Martin Ramos, CSUS 37:18.1
86. Steve Lehman, CWU 37:24.4
87. Tim Keller, NNU 37:31.3
88. James Roach, CWU 37:31.4
89. Andrew Chong, HSU 37:52.3
90. Luke Graesser, BYUH 37:57.8
91. Michael Evans, UHH 37:59.2
92. Nic Crawford, WOU 38:03.6
93. Robbie Wilbur, SMU 38:05.4
94. Caleb Timmer, SMU 38:10.5
95. Kerry Burns, HSU 38:13.5
96. Keiichi Matsumoto, CUH 38:19.7
97. Jason Koide, CUH 38:56.2
98. Rich Thomas, SMU 38:56.3
99. Scott Clark, SFSU 39:27.0
100. Tris Obluck, SMU 39:37.6
101. Mikhail Osipov, SFSU 39:45.0
102. Luis Cortes, SFSU 39:57.3
103. Justin Freyermuth, CSUS 40:05.2
104. Steven Lalonde, SMU 40:17.3
105. Kyle Gray, NNU 41:29.9
106. Robert Renninger, SU 41:50.7
107. Sandino Moya-Smith, SFSU 42:40.6

Women's Results (6,000 Meters)

1. Miriam Hodgins, UCSD 21:59.8
2. Katie Lee, CSUC 22:01.9
3. Jennifer James, CSUC 22:19.4
4. Mandy Kaempf, UAA 22:22.7
5. Meredith Crane, SPU 22:23.3
6. Maria Delgado, CSLA 22:24.0
7. Erin O'Donnell, UCSD 22:30.0
8. Pavla Havlova, UAF 22:31.0
9. Laura Trevelyan, WWU 22:34.5
10. Tanya Zeferjahn, CSUSB 22:39.4
11. Missy Lendl, CSUC 22:46.6
12. Ciara Harvey, CSUC 22:52.0
13. Stacy Edwards, UAA 22:55.9
14. Julie Shaw, CSUC 22:59.7
15. Emily McGregor, UCSD 23:04.5
16. Louise Brasen, HPU 23:08.7
17. Lindsay Nelson, CSUC 23:15.9
18. Karla Alburez, CSLA 23:19.4

19. Michelle DiMeo, UCSD 23:28.1
20. Nina Miller, UCSD 23:28.6
21. Karin Rohde, SPU 23:29.3
22. Zuzana Iler, CSUB 23:29.6
23. Natalie Miano-Batres, CPP 23:33.3
24. Jennifer Puzey, BYUH 23:33.7
25. Josie Lavin, SPU 23:38.1
26. Laura Carr, UAA 23:41.1
27. Desiree Castellanos, CSUS 23:42.8
28. Marcie Mullen, CWU 23:46.1
29. Maija Rohde, CSLA 23:49.2
30. Sarah Benson, CWU 23:50.4
31. Christina Jimenez, CPP 23:52.3
32. Erin Deasy, WWU 23:52.6
33. Molly Follen, SU 23:52.7
34. Brandy Anderson, CWU 23:54.3
35. Jessica Rendon, HSU 23:55.4
36. Melissa Flake, BYUH 23:55.9
37. Ashley Puga, NNU 23:59.4
38. Davya Baker, UAA 24:00.4
39. Rachel Bailey, CWU 24:03.4
40. Anna Olesen, HPU 24:04.9
41. Mary Moriarty, SPU 24:06.6
42. Suzanne Strickler, SPU 24:07.1
43. Diane Dunn, UCSD 24:07.5
44. Katie Hansen, SU 24:08.6
45. Pia Folsing, HPU 24:12.9
46. Shawna Burger, CSLA 24:13.3
47. Erin Frier, CSUS 24:15.5
48. Danielle Pratt, UAA 24:16.7
49. Christine Perez, SFSU 24:17.8
50. Dallase Scott, CSUC 24:18.7
51. Jolene Boogard, WWU 24:18.9
52. Alana Garcia, SU 24:22.0
53. Holly Digerolamo, CSUSB 24:22.7
54. Amanda Castro, BYUH 24:26.1
55. Kimberly Beaman, SPU 24:26.8
56. Stephanie Upshaw, WOU 24:27.4
57. Sofia Leon, CSUS 24:30.7
58. Rebecca Knox, SPU 24:31.8
59. Jacqui Trenkwalder, SSU 24:37.6
60. Jamie Ray, CPP 24:38.3
61. Masako Sagawa, HPU 24:39.9
62. Monica Valdez, CPP 24:40.3
63. Janelle Probst, SMU 24:40.4
64. Meghan Salveson, SU 24:42.0
65. Ana Juarez, CSLA 24:43.3
66. Kaley Strachan, UAA 24:47.4
67. Andrea Ring, CWU 24:47.9
68. Becky Southworth, CSUSB 24:50.2
69. Amanda Burkhardt, UCSD 24:53.2
70. Suzie Sandoval, SFSU 24:56.2
71. Geraldina Garcia, CSUS 25:03.4
72. Mary Krusen, UAA 25:07.7
73. Evelyn Lopez, CPP 25:10.0
74. Kristin Glen, CSUDH 25:10.8
75. Kiyara Iravanian, SSU 25:11.6
76. Melanie Nisly, NNU 25:13.2
77. Kristen Torres, CSUSB 25:15.6
78. Karin Hansen, SFSU 25:23.6
79. Rachel Barreau, WOU 25:25.3
80. Amber Green, CWU 25:26.9
81. Alice McIntosh, SU 25:28.2
82. Julia Coulter, UAF 25:29.2

83. Melanie Madsen, BYUH 25:29.3
84. Megan Holt, CSUB 25:30.7
85. Linsey Vanzant, CSLA 25:31.2
86. Raha Hakimdavar, CPP 25:32.2
87. Kari Brandt, CSUSB 25:32.6
88. Lovette Mioni, CSUB 25:36.6
89. Heather Moulton, HSU 25:38.1
90. Jill Keller, WWU 25:38.5
91. Diana Choi, BYUH 25:40.4
92. Nicole Beare, HSU 25:41.3
93. Kristin Gallup, SFSU 25:41.8
94. April Montgomery, SSU 25:41.9
95. Rebecca Mishler, NNU 25:43.4
96. Leilani Kaluhiokalani-My, CUH 25:45.8
97. Marissa Hager, CSUS 25:46.7
98. Macey Blaine, NNU 25:47.0
99. Ashley Benson, UHH 25:48.1
100. Maria Cardenas, CPP 25:48.4
101. Ariel Gray, HSU 25:48.6
102. Jenna Carvajal, SSU 25:49.1
103. Keely Kaligis, WWU 25:50.7
104. Wendi Platt, CSUB 25:52.9
105. Ariela Ramos, SFSU 25:55.7
106. Jodi Calderon, CSUB 25:57.2
107. Anna Coulter, UAF 25:57.4
108. Rachel Peters, WOU 25:59.2
109. Elizabeth Lugo, CSLA 26:00.6
110. Holly Mishler, NNU 26:01.0
111. Lydia Lauer, SU 26:02.0
112. Kim Miller, CSUSB 26:03.5
113. Kaleigh Bishop, SMU 26:04.3
114. Annzen Salvador, CUH 26:08.1
115. Andrea Lovio, HSU 26:13.6
116. Deanne Soon, CUH 26:16.5
117. Valerie Tucker, CSUDH 26:17.0
118. Lindsey Graham, NNU 26:17.2
119. Alyssa Lewis, CSUB 26:28.9
120. Chelsi Claussen, SMU 26:30.3
121. Jessica Pendon, SMU 26:31.7
122. Kelly Frier, CSUS 26:36.7
123. Kari Andrew, UHH 26:42.7
124. Lexi Baxter, WWU 26:43.9
125. Krynns Finstad, UAF 26:46.6
126. Lisa Castle, CUH 26:46.8
127. Christy Wynkoop, NNU 26:53.0
128. Lakita Burr, SMU 26:56.3
129. Betsy Peterson, HSU 26:57.1
130. Emily Uhlig, CWU 26:59.0
131. Leigh Meade, HPU 26:59.6
132. Rhiannon Cadelinia, SU 27:00.1
133. Patty Guerrero, CSUS 27:11.6
134. Amanda Garcia, HSU 27:13.1
135. Katrina Schwerdtfeger, WWU 27:20.6
136. Monica Marroquin, CSUDH 27:23.9
137. Tiana Ring, CSUB 27:28.8
138. Nicole Beatty, SMU 27:48.5
139. Crista Phillips, SFSU 28:19.9
140. Virginia Parrish, UAF 28:28.2
141. Allison Daum, SSU 28:59.3
142. Kristine Smallwood, CUH 29:55.9
143. Felicia Jasso, CSUB 30:33.7
144. Jaime Knaus, CUH 30:48.7
145. Crystal Weseman, CUH 30:57.4
146. Katelynn Blume, SMU 31:33.0

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2006

Nov. 4 at Oroville, Calif.

Men's Team Scores: Chico State 32, Cal Poly Pomona 116, Alaska Anchorage 119, Western Washington 121, UC San Diego 261, BYU-Hawaii 165, Hawaii Pacific 238, Western Oregon 242, Cal State Stanislaus 250, Seattle Pacific 250, Humboldt State 285, Central Washington 302, Hawaii Hilo 315, San Francisco State 320, Saint Martin's 352, Seattle 456.

Women's Team Scores: Cal State L.A. 67, Seattle Pacific 70, UC San Diego 76, Chico State 77, Alaska Anchorage 109, Central Washington 171, Cal State Stanislaus 225, Cal Poly Pomona 250, Western Oregon 254, San Francisco State 280, Cal State San Bernardino 302, Humboldt State 334, Hawaii Hilo 370, Western Washington 389, BYU-Hawaii 399, Saint Martin's 422, Seattle 422, Hawaii Pacific 441.

Men's Results (10,000 Meters)

1. Todd Iacovelli, HPU	31:58.35	59. Braxton Jackson, WOU	34:57.36	9. Laura Carr, UAA	21:47.00	68. Quinn Horochuk, HPU	24:00.13
2. Charlie Serrano, CSUC	32:09.72	60. Jose Alvarez, SFSU	35:00.11	10. Emily McGregor, UCSD	21:47.41	69. Kim Parry, WOU	24:01.31
3. Antonio Miramontes, CSUC	32:13.89	61. Daniel Anderson, UCSD	35:05.28	11. Rachel Bailey, CWU	21:49.62	70. Margarita Henriquez, CSUS	24:04.71
4. John Riak, SMU	32:24.52	62. Doug Gibson, SPU	35:11.99	12. Elizabeth Chepkosgei, UAA	21:51.44	71. Stephanie Cooke, CWU	24:06.90
5. David Kiplagat, UAA	32:31.55	63. Stefano Barbis, UHH	35:14.31	13. Lindsay Nelson, CSUC	21:53.72	72. Lisa Herrera, SFSU	24:07.97
6. Scott Bauhs, CSUC	32:34.42	64. Vicente Moreno, CSUS	35:16.23	14. Jane Larson, SPU	21:54.63	73. Diana Choi, BYUH	24:08.80
7. Sam Scotchmer, CWU	32:39.34	65. Mick Boyle, UAA	35:18.18	15. Erin Frier, CSUS	21:58.28	74. Shannon Weston, SFSU	24:10.15
8. Kyle Ivie, CSUC	32:51.87	66. Jonathon Rank, CWU	35:19.33	16. Karin Rohde, SPU	22:00.40	75. Nina Hagemann, UHH	24:11.38
9. Eddie Venegas, CPP	33:02.15	67. Joseph Sybrowsky, BYUH	35:21.61	17. Suzie Strickler, SPU	22:02.26	76. Ariela Ramos, SFSU	24:13.99
10. Brandon Laan, HPU	33:04.05	68. Nicholas Alvarado, SU	35:22.75	18. Davya Flaharty, UAA	22:04.97	77. Mary Bakeman, CWU	24:16.99
11. Jesse Morrill, UCSD	33:05.27	69. Geoffrey Dunn, HPU	35:34.50	19. Nina Miller, UCSD	22:08.73	78. Miranda Houston, SFSU	24:17.42
12. Aaron Dickson, UAA	33:06.98	70. Kevin Blount, CWU	35:38.90	20. Amanda Burkhardt, UCSD	22:10.13	79. Denise Salceda, CPP	24:17.52
13. Rory Kuykendall, CSUC	33:09.31	71. Martin Ramos, CSUS	35:39.54	21. Ashleigh Montgomery, UCSD	22:11.81	80. Marissa Harshman, WWU	24:19.48
14. Josh Babiak, SFSU	33:12.40	72. Shane Brookshire, CSUS	35:39.70	22. Megan Wrightman, SPU	22:15.73	81. Marlene Malagon, CSUSB	24:22.47
15. Brent Knight, UAA	33:19.17	73. Jacob Hurd, HSU	35:42.52	23. Mary Moriarty, SPU	22:16.27	82. Mary Krusen, UAA	24:24.00
16. Isaac Perez, CPP	33:20.15	74. Andy Liebner, UAA	35:43.45	24. Aisha Kamala, CSUC	22:17.66	83. Kari Brandt, CSUSB	24:29.74
17. Bul Nyuop, WWU	33:25.83	75. Jason Lewis, HSU	35:47.37	25. Maribel Cespedes, CSLA	22:25.73	84. Rachel Ochs, CSUS	24:33.19
18. Anthony Tomsich, WWU	33:27.55	76. Isaac Crawford, CSUS	35:47.82	26. Shawna Burger, CSLA	22:30.62	85. Danielle Slaughter, WWU	24:35.45
19. Bobby Olivera, CSUS	33:27.91	77. Esben Dalgaard, HPU	35:51.60	27. Christina Jimenez, CPP	22:31.67	86. Natalie Martinez, SU	24:36.49
20. Tim Tollefson, CSUC	33:28.09	78. Niwar Nasim, SMU	35:55.50	28. Becky Southworth, CSUSB	22:33.64	87. Holly Digerolamo, CSUSB	24:36.61
21. Chad Portwood, WWU	33:29.05	79. Scott Palmer, CWU	35:56.98	29. Kate Harline, SPU	22:39.10	88. Heather Moulton, HSU	24:37.49
22. Omar Limon, HSU	33:35.05	80. Eric Ardisson, CWU	36:08.12	30. Julie Shaw, CSUC	22:39.63	89. Rhiannon Cadelina, SU	24:39.72
23. Gerardo Rabelo, CPP	33:36.29	81. Doug Higgins, HPU	36:15.15	31. Ashley Puga, NNU	22:46.52	90. Kirsten Clarke, CWU	24:40.87
24. Larry Blaylock, CSUS	33:41.20	82. Ryan Phillips, SPU	36:18.71	32. Mandy Kaempf, UAA	22:46.83	91. Keely Kaligis, WWU	24:41.12
25. Michael Wickman, CSUC	33:43.78	83. Troy Banker, WOU	36:20.08	33. Whitney Hurley, CPP	22:48.06	92. Taylor Shipman, SMU	24:42.99
26. Jimmy Elam, HSU	33:46.78	84. Brian Rockenbach, CWU	36:23.84	34. Sarah Benson, CWU	22:54.72	93. McKinley Williams, WWU	24:46.24
27. Jake LeVieux, UCSD	33:47.45	85. Trevor Kulvi, CWU	36:32.44	35. Sarah Howell, WOU	22:57.92	94. Rachel O'Brien, WOU	24:49.79
28. Keith Lemay, WWU	33:48.34	86. Jon George, CSUS	36:38.90	36. Amanda Whitford, BYUH	22:58.84	95. Adrienne Cesena, BYUH	24:53.03
29. Mathew Gulden, BYUH	33:48.42	87. Travis Banker, WOU	36:46.03	37. Alea Rowley, WOU	22:59.56	96. Jaime Clark, SU	24:54.00
30. Kenneth Harper, BYUH	33:49.14	88. Josh Gattbunton, SMU	36:48.87	38. Megan Rolland, HSU	23:03.66	97. Deanne Soon, CUH	24:58.05
31. Nick Crawford, WOU	33:53.65	89. Hansueli Overturf, HSU	36:49.92	39. Alix Kitka, SFSU	23:08.31	98. Marty Kawawaski, UHH	24:58.79
32. Miguel Cabanas, CPP	33:54.68	90. Steven Lalonde, SMU	37:05.30	40. Danielle Pratt, UAA	23:14.30	99. Kim Crouch, HSU	25:00.77
33. Jeremy VanTress, BYUH	33:55.91	91. Nick Kirschner, SU	37:06.90	41. Kelly Frier, CSUS	23:15.90	100. Silvia Manzo, HSU	25:01.92
34. Jacob Puzey, BYUH	33:59.20	92. Tristan Beach, SMU	37:09.32	42. Lisa Castle, CUH	23:16.96	101. Gabriella Arrendano, CSLA	25:04.33
35. Greg Geldman, UCSD	34:00.51	93. Andrew Lybarger, SU	37:11.03	43. Kari Andrew, UHH	23:18.41	102. Jessica Crosby, BYUH	25:06.98
36. Derek DeSantiago, CPP	34:01.68	94. Carlo Lozano, SPU	37:18.01	44. Inga Burger, HPU	23:20.62	103. Krinda Carlson, SMU	25:12.10
37. Keever Henry, WWU	34:04.18	95. Steve Kilroy, HSU	37:21.49	45. Erica Van Voast, SFSU	23:20.94	104. Yu-Jih Fong, BYUH	25:18.46
38. Brian Cronrath, SPU	34:08.94	96. Luis Cortes, SFSU	37:26.55	46. Megan Williams, CSUC	23:22.47	105. Alisan Engle, UHH	25:22.96
39. Thomas Puzey, BYUH	34:09.09	97. Scott Clark, SFSU	37:27.05	47. Kaley Strachan, UAA	23:23.45	106. Catherine Jaureguy, CSUS	25:24.61
40. Sam Brancheau, WWU	34:10.87	98. Robbie Wilbur, SMU	37:29.83	48. Catherine Strouse, UCSD	23:26.41	107. Charissa Buchanan, HPU	25:28.14
41. Dan Holligan, UCSD	34:12.24	99. Andrew Wright, HSU	37:34.65	49. Allison Ivie, CSUC	23:26.62	108. Claire Weinan, CSLA	25:28.47
42. Drew Dickson, UAA	34:13.08	100. Keiichi Matsumoto, CUH	37:52.48	50. Molly DePasqual, WWU	23:31.89	109. Jessica Pendon, SMU	25:29.74
43. Kendall Lopez, CPP	34:15.01	101. Kevin Enriques, HPU	38:01.66	51. Yacxiri Lopez, CSUS	23:34.36	110. Asia VanderBilt, SU	25:31.34
44. Bjorn Bostrom, SPU	34:18.89	102. Chris Henry, SU	38:02.57	52. Charisse Arce, SU	23:35.25	111. Megan Holt, CSUSB	25:34.48
45. Auston Ellis, UAA	34:22.18	103. Evan Meza, UHH	38:12.77	53. Jenna Lee, HSU	23:35.78	112. Malia Williams, UHH	25:42.07
46. Kym Hunt, WOU	34:28.83	104. Toby Castro, CUH	38:18.99	54. Amy Gilson, CSUSB	23:36.61	113. Valarie Tucker, CSUDH	25:52.21
47. Max Mullender, UCSD	34:31.72	105. Ryan Dela Cruz, CUH	40:16.79	55. Danielle Ciraulo, CSUS	23:36.85	114. Kaleigh Bishop, SMU	25:52.37
48. James Rosser, SPU	34:36.87	106. Ehren Ching, CUH	42:08.30	56. Kambria Schumacher, WOU	23:42.05	115. Hilarie Glenn, BYUH	26:07.72
49. Germain Ortiz, UHH	34:39.31	107. Andrew Wilburn, SU	42:59.05	57. Amber Green, CWU	23:44.03	116. Wendy Darling, HPU	26:24.79
50. Joshua Enos, UHH	34:40.17			58. Karina Vega, CPP	23:45.15	117. Evelyn Lopez, CPP	26:33.62
51. Garrett McAllister, UHH	34:40.34			59. Cynthia Chaidze, SFSU	23:47.68	118. Allison Graham, WWU	26:41.12
52. Nik Karr, WOU	34:43.38			60. Emma Hartel, CPP	23:49.62	119. Greta Stickney, SU	26:42.43
53. Batbileg Bor, SFSU	34:44.20			61. Ashley Benson, UHH	23:51.16	120. Jennifer Innes, SU	26:54.09
54. Mike Schmidt, WOU	34:45.76			62. Jordana Henderson, UCSD	23:52.92	121. Kelly Corral, CSUDH	27:05.20
55. Kevin Urak, CPP	34:46.97			63. Jessie Dunnam, SMU	23:54.61	122. Brittany Maisi, CSUDH	27:34.69
56. Mike Wright, UCSD	34:50.89			64. Kim Miller, CSUSB	23:56.44	123. Rachel Martin, CUH	28:17.04
57. Logan Senrud, WWU	34:53.15			65. Shirlon Moncrief, WOU	23:57.34	124. Elizabeth Johnson, HPU	29:20.79
58. Chad Meis, SPU	34:54.78			66. Jessica Rendon, HSU	23:58.07	125. Jamie Kanus, CUH	31:36.50
				67. Amy Layton, SMU	23:58.70		

Women's Results (6,000 Meters)

1. Jessica Pixler, SPU	20:46.10
2. Mary Torres, CSUC	20:56.93
3. Katie Hummel, CWU	21:10.90
4. Pilar Delgado, CSLA	21:25.60
5. Karla Alibarez, CSLA	21:27.09
6. Diane Dunn, UCSD	21:31.05
7. Malija Rhode, CSLA	21:37.22
8. Sarah Montez, CSUC	21:39.84

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2007

Nov. 3 at Eagle Island State Park, Boise, Idaho

Men's Team Scores: Chico State 39, Western Washington 93, UC San Diego 135, Western Oregon 140, Alaska Anchorage 152, Cal State Stanislaus 172, Humboldt State 181, Central Washington 228, BYU-Hawaii 275, San Francisco State 284, Northwest Nazarene 290, Hawaii Pacific 301, Cal Poly Pomona 315, Seattle 330, Hawaii Hilo 383, Alaska Fairbanks 392, Montana State Billings 510, Chaminade 552, Grand Canyon 557.

Women's Team Scores: Seattle Pacific 45, Cal State L.A. 54, Chico State 64, UC San Diego 125, Northwest Nazarene 231, Seattle 251, Cal Poly Pomona 260, Western Oregon 260, Central Washington 275, Western Washington 278, Alaska Anchorage 297, Cal State Stanislaus 302, Saint Martin's 347, San Francisco State 356, Cal State San Bernardino 370, Montana State Billings 374, BYU-Hawaii 409, Humboldt State 441, Alaska Fairbanks 441, Hawaii Pacific 486, Hawaii Hilo 514, Sonoma State 671, Chaminade 699.

Men's Results (10,000 Meters)

1. John Riak, SMU 30:32.75
2. Sam Scotchmer, CWU 30:35.40
3. Tim Tollefson, CSUC 30:40.20
4. David Kiplagat, UAA 30:44.78
5. Bennett Grimes, WWU 30:48.02
6. Vicente Moreno, CSUS 30:50.20
7. Jasper Peach, HSU 30:55.40
8. Brendan Scanlon, CSUC 30:57.46
9. Mike Schmidt, WOU 30:59.71
10. Michael Wickman, CSUC 31:01.37
11. Manny Mejia, CSUC 31:02.79
12. Jordan Page, CSUC 31:03.52
13. Kenneth Harper, BYUH 31:04.49
14. Bobby Olivera, CSUS 31:06.31
15. Angel Marquez, CSUC 31:12.82
16. Kevin Lambert, NNU 31:15.31
17. Jordan Fairley, CSUC 31:26.72
18. Braxton Jackson, WOU 31:32.54
19. Jon Skelton, WWU 31:37.69
20. Anthony Tomsich, WWU 31:39.02
21. Peter Doner, UAA 31:39.36
22. Jimmy Elam, HSU 31:39.91
23. Batbleg Bor, SFSU 31:40.92
24. Jesse Morrill, UCSD 31:44.53
25. Daniel Phillips, WWU 31:44.84
26. Jason Lewis, HSU 31:52.71
27. Kevin Klein, UCSD 31:58.53
28. Greg Goldman, UCSD 32:01.13
29. Blake Medhaug, WWU 32:01.62
30. Daniel Anderson, UCSD 32:07.48
31. Jake LeVieux, UCSD 32:08.12
32. Keith Lemay, WWU 32:13.03
33. Jose Morales, CSUS 32:15.20
34. Alex Wood, CPP 32:17.43
35. Chris Reed, WOU 32:18.71
36. Cornelious Sigei, UAA 32:18.94
37. Zeke VanPatten, WOU 32:20.59
38. Jani Tulppo, UAF 32:22.59
39. Brandon Laan, HPU 32:24.53
40. Jordan Welling, WWU 32:26.05
41. Auston Ellis, UAA 32:26.68
42. Nathan Heitzinger, SU 32:29.01
43. Jens Munk Nielsen, HPU 32:29.56
44. Nicholas Alvarado, SU 32:30.71
45. Thomas Puzey, BYUH 32:31.63
46. Nik Karr, WOU 32:37.90
47. Joseph Sybrowsky, BYUH 32:39.38
48. Esben Dalgaard, HPU 32:40.43
49. Seth Clark, NNU 32:40.72
50. Eric Ardissono, CWU 32:45.89
51. Kym Hunt, WOU 32:47.82
52. Michael Najera, CPP 32:48.18
53. Kevin Oberholser, CWU 32:49.18
54. Justin Karr, WOU 32:49.91
55. Paul Rottich, UAA 32:50.63
56. Cory Pena, UAA 32:51.46
57. Kyle Fujitsubo, SFSU 32:52.62
58. Max Mullender, UCSD 32:54.28
59. Martin Ramos, CSUS 32:57.15
60. Trevor Kulvi, CWU 32:58.36
61. Hans Heitzinger, SU 33:00.24
62. Jason Karbelk, SFSU 33:03.01
63. Garrett McAllister, UHH 33:04.75
64. Eric Tibbetts, HSU 33:06.37
65. Shane Brookshire, CSUS 33:07.16
66. Joshua Enos, UHH 33:07.40
67. Eric Malain, HSU 33:07.76
68. Tom Johnson, CWU 33:08.99
69. Mariano Baez, CPP 33:14.71
70. Zach Lane, NNU 33:16.38

71. Zach McGill, UAF 33:19.77
72. Tris Obluck, SMU 33:22.82
73. Mick Boyle, UAA 33:23.78
74. Jose Alvarez, SFSU 33:25.26
75. Paul Broyer, SFSU 33:25.91
76. Scott Palmer, CWU 33:29.88
77. Kevin Enriques, HPU 33:30.88
78. Chris Eversman, UAF 33:31.25
79. Matt Stark, NNU 33:40.71
80. Evan Meza, UHH 33:41.84
81. Ryan Ceynar, MSUB 33:44.34
82. Jonathan Batres, CPP 33:45.81
83. Kyle Gray, NNU 33:47.62
84. Gabe LaMothe, UCSD 33:48.13
85. Vincent Rojas, CPP 33:49.04
86. Nathan Sandholtz, BYUH 33:51.15
87. Stefano Barbis, UHH 33:55.36
88. Alberto Diaz, CPP 33:57.77
89. Jon George, CSUS 34:01.98
90. Alan Kass, HSU 34:03.47
91. Joseph Gonsalves, BYUH 34:09.13
92. Victor Cuccia, CPP 34:14.65
93. Jarred Rensvold, MSUB 34:14.86
94. Michael Van Nuland, SU 34:24.69
95. Nick Harvey, SMU 34:28.70
96. Diego Morales, UHH 34:31.51
97. Max Cole, SU 34:33.80
98. Scott Clark, SFSU 34:45.68
99. Steven Lalonde, SMU 34:50.48
100. Max Fernandez, SFSU 34:53.85
101. Hank Hetrick, NNU 34:55.17
102. Graham Miller, SU 35:01.84
103. Vaughn Harber, HPU 35:05.69
104. Nick Holt, CWU 35:13.55
105. Adam Kollgaard, SU 35:21.50
106. Toby Castro, CUH 35:23.24
107. Greg DeSimone, NNU 35:28.61
108. David Apperson, UAF 35:28.82
109. Michael Dunahoe, UAF 35:36.66
110. Kelley Miller, MSUB 35:41.43
111. Tyler Pickle, CUH 35:47.62
112. J.D. Sholola, GCU 37:06.01
113. Franklin Kirimi, GCU 37:08.25
114. Kenneth Oningu, GCU 38:17.71
115. Ryan Dela Cruz, CUH 39:00.86
116. Nicholas Ogata, THAS 39:06.97
117. Isaac Hadley, BYUH 39:24.76
118. Apostolos Tsolakis, GCU 40:25.58
119. James Hopkins, MSUB 40:28.28
120. Daniel Ontiveros, GCU 41:09.14
121. Luke Larm, GCU 41:41.98
122. Brian Yannutz, UHH 41:54.84
123. Joe Houghton, MSUB 42:26.31
124. Thomas Park, CUH 45:30.39
125. Sean Wilson, CUH 52:10.77

Women's Results (6,000 Meters)

1. Jessica Pixler, SPU 19:52.9
2. Jane Larson, SPU 20:26.0
3. Sarah Montez, CSUC 20:27.0
4. Ashley Puga, NNU 20:35.5
5. Karla Albuarez, CSLA 20:44.8
6. Suzie Strickler, SPU 21:02.2
7. Diane Dunn, UCSD 21:03.8
8. Liliana Hernandez, CSLA 21:04.4
9. Lindsay Nelson, CSUC 21:04.7
10. Maribel Cespedes, CSLA 21:06.7
11. Shawna Burger, CSLA 21:07.5
12. Aisha Kamala, CSUC 21:14.5
13. Sarah Porter, WWU 21:15.9
14. Cherise McNair, CSUS 21:17.6

15. Karin Rohde, SPU 21:23.5
16. Erin Frier, CSUS 21:25.3
17. Emily McGregor, UCSD 21:26.0
18. Kayla Silva, CSUC 21:28.9
19. Marcie Mullen, CWU 21:32.8
20. Cynthia Rios, CSLA 21:33.4
21. Kate Harline, SPU 21:35.2
22. Kara Lubieniecki, CSUC 21:39.2
23. Katie Hansen, SU 21:41.6
24. Vera Ross, SFSU 21:42.5
25. Hallidie Wiit, UAA 21:44.0
26. Dinora Moran, CSUC 21:47.2
27. Ashleigh Montgomery, UCSD 21:49.0
28. Jessica Harper, WOU 21:49.5
29. Rachel Yorkston, SU 21:51.2
30. Amanda Whitford, BYUH 21:53.4
31. Sarah Benson, CWU 21:54.4
32. Claudia Garcia, CPP 21:59.2
33. Kaitlin Rohde, SPU 21:59.4
34. Amanda Burkhardt, UCSD 22:01.3
35. Tiffany Turner, CPP 22:04.2
36. Elisa Decker, NNU 22:12.0
37. Jaclyn Puga, NNU 22:12.8
38. Julia Coulter, UAF 22:13.2
39. Jessie Dunnam, SMU 22:14.0
40. Jessie Bodenhamer, UCSD 22:14.5
41. Adrienne Schumm, CPP 22:17.2
42. Megan Rolland, HSU 22:19.1
43. Dianna Stanley, MSUB 22:20.4
44. Emma Bohman, UAA 22:23.0
45. Annie Laweryson, SMU 22:24.3
46. Lyndsey McKillip, WOU 22:25.3
47. Lisa Anderberg, SPU 22:27.8
48. Dora Perez, CSLA 22:27.8
49. Jackie Dent, WOU 22:29.2
50. Keeley Kaligis, WWU 22:29.8
51. Kim Miller, CSUSB 22:30.8
52. Brianna Alban, UCSD 22:32.1
53. Tricia Morrison, WOU 22:35.4
54. Shannon Weston, SFSU 22:37.0
55. Elizabeth Chepkosgei, UAA 22:37.6
56. Clare Nowell, HSU 22:40.0
57. Elizabeth Soria, CPP 22:40.6
58. Berlin Bales, CWU 22:41.4
59. Diana Choi-Voorhees, BYUH 22:42.3
60. Stephanie Cooke, CWU 22:42.6
61. Greta Stickney, SU 22:43.6
62. Megan Holt, CSUSB 22:45.1
63. Kyrinda Carlson, SMU 22:45.9
64. Amy Gilson, CSUSB 22:46.2
65. Julia Miller, SU 22:47.1
66. Mykel Ler, MSUB 22:48.1
67. Valerie Matthews, WWU 22:48.5
68. Helen Camden, SMU 22:50.1
69. Maria Castaneda, CSLA 22:50.8
70. Maeve Sayres, WWU 22:52.3
71. Clarissa Rivera, CSUS 22:53.3
72. Katie Thiel, MSUB 22:54.7
73. Rachael Johnson, SU 22:55.2
74. Shannon DeBoer, NNU 22:57.4
75. Shannon McVanell, CSUC 22:57.7
76. Tayna Ferreira, SFSU 22:58.1
77. Nikkol Sipes, UAF 22:58.9
78. Danielle Slaughter, WWU 23:00.3
79. Riikka Kemppainen, UAF 23:00.5
80. Kendra Loeber, NNU 23:01.5
81. Hilarie Glenn, BYUH 23:02.0
82. Courtney Olsen, WWU 23:05.6
83. Elin Soto-Thompson, HPU 23:07.4
84. Sarah Howell, WOU 23:09.8
85. Kelly Rogers, UHH 23:12.3

86. Mary Krusen, UAA 23:13.0
87. Anjali Haydu, UAA 23:13.6
88. Jennifer Torres, HPU 23:15.5
89. Alejandra Sanchez, UHH 23:16.8
90. Jamie Sundvall, NNU 23:18.4
91. Vanesa Zuzuarregui, SFSU 23:19.4
92. Cierra Dornfeld, MSUB 23:20.0
93. Kerianne Quiocho, SU 23:20.7
94. Holly Digerolamo, CSUSB 23:21.2
95. Sarah Garcia, CPP 23:22.9
96. Jordana Henderson, UCSD 23:24.9
97. Marissa Hager, CSUS 23:29.7
98. Emma Palmer, HPU 23:30.2
99. Kari Brandt, CSUSB 23:30.2
100. Quinn Horochuk, HPU 23:30.5
101. Sarah Jackson, MSUB 23:32.1
102. Shellane Jensen, WWU 23:32.5
103. Kari Andrew, UHH 23:33.0
104. April Montgomery, CSUS 23:34.4
105. Ashley Rendahl, NNU 23:35.4
106. Johanna Doner, UAA 23:36.3
107. Kirsten Clarke, CWU 23:37.0
108. Irene Graham, HSU 23:37.0
109. Amanda Garcia, HSU 23:37.6
110. Mary Bakeman, CWU 23:37.7
111. Crista Phillips, SFSU 23:39.7
112. Shawna Alvarez, CSUSB 23:42.0
113. Ashley Benson, UHH 23:49.0
114. Allyson Robson, BYUH 23:52.9
115. Deanne Soan, CUH 23:54.5
116. Alexa Pulley, SSU 23:55.1
117. Wendy Darling, HPU 23:56.1
118. Naomi Bisagno, CPP 23:57.3
119. Kyrinn Finstad, UAF 24:03.2
120. Shirlon Moncrief, WOU 24:09.7
121. Malori Woodford, MSUB 24:11.0
122. Colleen Dalimata, MSUB 24:12.3
123. Alena Mohd-Yusof, CSUSB 24:13.8
124. Nina Hagemann, UHH 24:15.6
125. Yu-jhih Fong, BYUH 24:18.0
126. Heather Moulton, HSU 24:21.5
127. Autumn Streuli, UAF 24:24.3
128. Amber Drumm, UAA 24:24.7
129. Amber Hebb, CPP 24:30.0
130. Klyarra Iravaniyan, SSU 24:30.4
131. Kelly Coral, CSUDH 24:35.6
132. Ashley Ommen, SFSU 24:35.7
133. Kaleigh Bishop, SMU 24:38.6
134. Tess Dahlgren, HSU 24:43.1
135. Annie Pedlar, SSU 24:53.0
136. Malia Williams, UHH 25:08.4
137. Sylvia Nicovich, HSU 25:14.8
138. Lindsey Viltrakis, CSUS 25:23.2
139. Anya Friday, CWU 25:29.1
140. Liliana Yera, CSUDH 25:40.5
141. Catherine Jaureguy, CSUS 25:43.0
142. Veronica Mendoza, BYUH 25:47.1
143. Joelle Tanaka, CUH 25:49.2
144. Sandra Stevens, SSU 25:59.9
145. Ninalynn Benitez, SMU 26:01.9
146. Samantha Mathews, HPU 26:09.6
147. Annan Applebee, WOU 26:20.7
148. Arlin Guadian, GCU 26:23.3
149. Rachel Martin, CUH 26:24.2
150. Janet Ramer, CSUDH 26:57.2
151. Ayissa Adams, GCU 27:01.0
152. Melodie Boyd, CUH 27:16.9
153. Courtney Wheeler, SFSU 27:25.4
154. Jackie Kemp, SSU 27:37.3
155. Krystal Walthor, CUH 28:09.4
156. Brittany Mony, GCU 31:07.2

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2008
Nov. 8 at San Diego, Calif.
Men's Team Scores: Chico State 28, Alaska Anchorage 67, Western Washington 103, Western Oregon 128, Cal Poly Pomona 167, Hawaii Pacific 185, UC San Diego 189, Humboldt State 192, Saint Martin's 207, Cal State Stanislaus 291, San Francisco State 294, BYU-Hawaii 308, Hawaii Hilo 312, Notre Dame de Namur 352, Alaska Fairbanks 418, Chaminade 432, Dixie State 495, Grand Canyon 517.

Women's Team Scores: Chico State 60, Seattle Pacific 92, Alaska Anchorage 104, Cal State L.A. 114, Western Washington 141, UC San Diego 203, BYU-Hawaii 208, Western Oregon 217, Northwest Nazarene 237, Humboldt State 285, Hawaii Pacific 332, Cal Poly Pomona 347, San Francisco State 359, Saint Martin's 370, CSU San Bernardino 375, Central Washington 422, CSU Stanislaus 436, Hawaii Hilo 529, Sonoma State 538, Montana State Billings 577, Dixie State 684, Notre Dame de Namur 704, Chaminade 711, Grand Canyon 719.

Men's Results (10,000 Meters)

1. Scott Bauhs, CSUC 32:15.8	72. Wes Hargrove, CWU 37:15.2	89. Wendy Darling, HPU 25:25.3
2. Marko Cheseto, UAA 32:24.6	73. Tyler Pickle, CUH 37:18.7	90. Jana Benedix, UAF 25:25.8
3. John Riak, SMU 32:35.1	74. Jon Cleghorn, HPU 37:22.8	91. Tess Dahlgren, HSU 25:26.3
4. Angel Marquez, CSUC 32:36.0	75. David Santana, NDDN 37:24.6	92. Annie Laweryson, SMU 25:27.1
5. Jacob Parisien, UAA 32:54.2	76. Andrew Lavallee, SFSU 37:26.7	93. Karen Marchan, SFSU 25:28.3
6. Beau Rogers, CSUC 33:01.9	77. Jason Towery, NNU 37:29.6	94. April Montgomery, CSUS 25:31.9
7. Michael Wickman, CSUC 33:02.1	78. Matt Scerbak, UAF 37:34.5	95. Helen Camden, HSU 25:32.8
8. Jordan Welling, WWU 33:19.2	79. Greg Goldman, UCSD 37:39.9	96. Sarah Jackson, MSUB 25:33.4
9. Alfred Kangogo, UAA 33:26.0	80. Luke Hetrick, NNU 37:42.6	97. Lisa Herrera, SFSU 25:33.5
10. Manny Mejia, CSUC 33:28.9	81. Rick Medeiros, NDDN 37:44.1	98. Kaitlynn Pecha, SMU 25:38.4
11. Bennett Grimes, WWU 33:30.5	82. Matthew Belliston, BYUH 37:56.4	99. Annan Applebee, WOU 25:42.9
12. Jordan Fairley, CSUC 33:33.8	83. Scott Power, CWU 38:00.4	100. Allison Shamrell, BYUH 25:44.9
13. David Kiplagat, UAA 33:35.3	84. Noah Caffrey, SMU 38:18.3	101. Naomi Bisagno, CPP 25:45.1
14. Jake LeVieux, UCSD 33:41.1	85. Dan Napieralski, SFSU 38:21.6	102. Shawna Alvarez, CSUSB 25:50.7
15. Brian Cronrath, SPU 33:45.3	86. Nick LaPlant, HSU 38:22.3	103. Lindsey Vittrakis, CSUS 25:51.4
16. Chris Reed, WOU 33:58.1	87. Eric Gutierrez, CSUS 38:24.6	104. Catherine Jaureguy, CSUS 25:53.8
17. Chad Meis, SPU 34:03.8	88. Tyler Morris, Dixie State 38:29.8	105. Mykel Ler, MSUB 25:56.0
18. Gabe LaMothe, UCSD 34:04.9	89. Johsua Enos, UHH 38:32.2	106. Angelica Lopez, CSUSB 25:58.4
19. Jersain Torres, CPP 34:08.2	90. Kyle Fujitsuho, SFSU 38:34.2	107. Ali Herd, UHH 26:00.8
20. Andrew Sylvester, HSU 34:14.4	91. Mark DePasquale, SFSU 38:41.8	108. Whitney Pitman, HPU 26:09.8
21. Yonas Berhe, WWU 34:22.9	92. Aaron Sommer, NDDN 38:44.7	109. Amber Drumm, UAF 26:11.8
22. Steve Kilroy, HSU 34:24.3	93. Shane Brookshire, CSUS 38:56.1	110. Irene Graham, HSU 26:13.7
23. Josiah Price, SMU 34:35.7	94. Cory Pena, UAA 39:06.3	111. Cierra Dornfield, MSUB 26:16.3
24. Dany Karbelk, SFSU 34:35.8	95. Andrew Alhajri, CWU 39:07.3	112. Denise Salceda, CPP 26:20.5
25. Dany Malley, HPU 34:35.9	96. Jonathan Hooke, BYUH 39:17.0	113. Jamie Torres, HPU 26:21.4
26. Alex Wood, CPP 34:37.4	97. Vierra Preston, UHH 39:23.6	114. Jackie Kemp, SSU 26:22.9
27. Zeke Van Patten, WOU 34:43.9	98. Nick Ucker, UHH 39:36.6	115. Chelsea Deerinck, CSUS 26:23.6
28. Nik Karr, WOU 34:44.8	99. Jesse Morrill, UCSD 39:40.4	116. Ashley Hughey, NDDN 26:27.1
29. Braxton Jackson, WOU 34:46.2	100. Daniel Hutchinson, MSUB 39:44.9	117. Elizabeth Soria, CPP 26:30.5
30. Thomas Puzey, BYUH 34:46.8	101. Josh Kratzer, CWU 39:45.9	118. Jamie Sundvall, NNU 26:30.6
31. Garrett McAllister, UHH 34:47.1	102. Chad Nahooleva, BYUH 39:47.7	119. Denali Foldager, CSUS 26:32.7
32. Brendan Scanlon, CSUC 34:49.1	103. Mitch Chandler, UAF 40:01.8	120. Sabile Scheppmann, SSU 26:32.8
33. Jens Munk Nielsen, HPU 34:52.3	104. Shaun Russon, DSC 40:19.9	121. Kelsey Kreft, CWU 26:33.2
34. Tahoma Khalsa, WWU 34:53.3	105. Joseph DeWilde, UAF 40:42.8	122. Tanya Ferreira, SFSU 26:39.1
35. Blake Medhaug, WWU 34:56.0	106. Charles Gumm, CUH 40:55.6	123. Andrew Kirsta, UHH 26:44.0
36. Sam Bedell, WWU 35:03.6	107. Andrew Zappala, GCU 41:01.0	124. Meagan Oday, SSU 26:47.4
37. Brandon Snook, WOU 35:08.4	108. Palmer Thiele, CSUS 41:10.9	125. Mary Bakeman, CWU 26:54.7
38. Joey Nunes, CSUS 35:14.8	109. David Apperson, UAF 41:14.1	126. Samantha Thomas, SSU 27:00.0
39. Kevin Enriquez, HPU 35:16.6	110. Taylor Canfield, MSUB 41:29.2	127. Noelle Erosa, SSU 27:00.7
40. Paul Rottich, UAA 35:19.9	111. Michael Hildebrand, MSUB 41:43.7	128. Amanda Valera, CWU 27:00.8
41. Josh Babiak, SFSU 35:20.6	112. Franklin Kirimi, GCU 42:36.3	129. Brianna Schmid, SMU 27:07.9
42. Mariano Baez, CPP 35:24.0	113. Nick Cross, GCU 42:36.5	130. Lauren Wong, CPP 27:13.9
43. Alberto Diaz, CPP 35:26.5	114. Ronan Debelius, CUH 42:39.0	131. Amanda Tanchaleun, HPU 27:21.8
44. D. Vorderbruegge, CSUS 35:39.7	115. Geordan Smith, NDDN 42:58.4	132. Lisa Hilton, DSC 27:27.9
45. Mke Wright, UCSD 35:39.9	116. Nathan Martin, CUH 43:00.8	133. Tennil Reed, DSC 27:29.4
46. Stefano Barbis, UHH 35:43.5	117. Andrew Unker, DSC 43:18.3	134. Rachel Martin, CUH 27:30.4
47. Clint Hostetler, CPP 35:46.9	118. Justin Decker, DSC 43:30.8	135. Katie Thiel, MSUB 27:35.2
48. Brian Lindberg, HPU 35:47.9	119. Luke Larm, GCU 43:43.6	136. Stephanie Biehl, NDDN 27:48.7
49. Ivan Bojorquez, CSUS 35:50.6	120. Nicholas Ogata, CUH 44:22.6	137. Ashley Hamm, DSC 27:55.8
50. Andreas Schwab, HPU 35:54.4	121. Tycen Flygare, DSC 45:02.5	138. Cassie Holm, MSUB 28:19.4
51. Jeremy Riley, UCSD 35:55.7	122. Travis Nguyen, DSC 45:24.9	139. Liliana Yera, CSUDH 28:29.2
52. Eric Malain, HSU 35:56.9	123. Jon Hilton, DSC 45:39.9	140. Krystal Walthour, CUH 28:29.8
53. Jesus Solis, HSU 36:05.5	124. Tyson Vanderby, MSUB 47:54.7	141. Arlin Guadian, GCU 28:33.1
54. Auston Ellis, UAA 36:06.6	125. Dennis Kirimi, GCU 49:26.3	142. Carly McCrealy, SSU 28:38.7
55. Humberto Gonzalez, HSU 36:08.6		143. Shelley Wee, CUH 28:57.2
56. Brandon Krout, BYUH 36:11.8		144. Bree Dove, DSC 29:01.4
57. Mike Schmidt, WOU 36:12.6		145. Dora Baldwin, CSUDH 29:08.0
58. Johnny Yarena, NDDN 36:14.9		146. Shannon Vreeland, CWU 29:09.0
59. Justin Karr, WOU 36:19.5		147. Evelia Stacey, GCU 29:28.6
60. Chris Eversman, UAF 36:19.7		148. Aylssa Adams, GCU 30:02.9
61. Spencer Hunt, SMU 36:19.9		149. Malia Williams, UHH 30:03.3
62. Neil Easter, NNU 36:32.6		150. Veronica House, GCU 30:40.2
63. Nick Harvey, SMU 36:36.9		151. Ines Mendoza, CSUDH 30:55.1
64. Garrett Prinslow, CUH 36:38.8		152. Kim Empey, DSC 31:32.1
65. Brendan McMaster, BYUH 36:40.1		153. Faviola Fernandez, CSUDH 31:48.3
66. Kevin Urak, CPP 36:46.8		154. Margaret Lind, GCU 32:07.2
67. Kyle Van Satten, SMU 36:47.4		155. Jayme Bento, CUH 32:19.7
68. Arturo Huelzo, NDDN 36:50.5		156. Katelyn Mills, NDDN 32:34.8
69. Austin Huff, HSU 37:01.0		157. Marisa Hare, GCU 32:37.0
70. Max Mullender, UCSD 37:09.6		158. Cyndi Castor, NDDN 33:09.5
71. Diego Morales, UHH 37:11.3		159. Jamie Knaus, CUH 33:13.8
		160. Kat Romero, NDDM 34:42.9

Women's Results (6,000 Meters)

1. Jessica Pixler, SPU 20:57.1	72. Kari Brandt, CSUSB 25:02.6	73. Clarissa Rivera, CSUS 25:03.4
2. Toni Tyler, CSUC 21:33.9	74. Ashley Rendahl, NNU 25:03.6	75. Yu-jih Fong, BYUH 25:06.0
3. Sarah Porter, WWU 21:38.1	76. Sarah Garcia, CPP 25:07.6	77. Kelly Rogers, UHH 25:09.9
4. Laura Carr, UAA 21:40.3	78. Quinn Horochuk, HPU 25:10.7	79. Silvia Manzo, HSU 25:11.3
5. Bre Schofield, UCSD 21:44.2	80. Nina Hagemann, UHH 25:11.7	81. Stephanie Cooke, CWU 25:13.0
6. Elizabeth Cheposkegi, UAA 21:58.0	82. Adriana Mendoza, CWU 25:13.5	83. Megan Oberst, NNU 25:13.7
7. Amanda Whitford, BYUH 22:15.5	84. Claire Weinan, CSLA 25:14.0	85. Alena Mohd-Yusof, CSUSB 25:21.6
8. Jane Larson, SPU 22:15.6	86. Claire Fleming, SFSU 25:23.3	87. Kristen Torrez, CSUSB 25:24.0
9. Vivien Wade, CSLA 22:27.3	87. Rachel Harrington, SFSU 25:24.3	
10. Shannon McVanell, CSUC 22:28.8		
11. Liliana Hernandez, CSLA 22:37.1		
12. Alia Gray, CSUC 22:37.6		
13. Tiffany Turner, CPP 22:40.3		
14. Kara Lubieniecki, CSUC 22:41.0		
15. Natty Plunkett, SPU 22:42.5		
16. Ashley Puga, NNU 22:44.2		

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2012
Nov. 3 at Kahuku, Hawaii
Men's Team Scores: Chico State 38, Alaska Anchorage 46, Western Washington 82, San Francisco State 130, Humboldt State 140, Cal Poly Pomona 203, BYU-Hawaii 230, Western Oregon 232, Montana State Billings 260, UC San Diego 266, Seattle Pacific 323, Northwest Nazarene 324, Simon Fraser 359, Cal State Stanislaus 387, Hawaii Pacific 414, Alaska Fairbanks 434, Dixie State 471, Central Washington 491.

Women's Team Scores: Chico State 51, Alaska Anchorage 56, Humboldt State 120, Cal State Stanislaus 154, Seattle Pacific 157, Simon Fraser 179, Western Washington 274, Cal Poly Pomona 279, San Francisco State 284, Central Washington 335, Cal State San Bernardino 381, UC San Diego 384, Dixie State 387, Northwest Nazarene 390, BYU-Hawaii 412, Cal State L.A. 423, Grand Canyon 425, Montana State Billings 435, Hawaii Pacific 438, Alaska Fairbanks 463, Sonoma State 484, Western Oregon 533, Cal State East Bay 592, Chaminade 668, Hawaii Hilo 777.

Men (10,000 Meters)		Women (6,000 Meters)	
1. Micah Chelimo, UAA	31:58	1. Susan Tanui, UAA	21:19
2. Adrian Sherrod, CSUC	32:02	2. Tiffany Dinh, CPP	21:26
3. Alfonso Cisneros, CSUC	32:06	3. Ayla Granados, CSUC	21:32
4. Isaac Chavez, CSUC	32:07	4. Miriam Kipng'eno, UAA	21:39
5. Dak Riek, WWU	32:10	5. Bridget Berg, HSU	21:42
6. Charles Simon, GCU	32:23	6. Jenny Bergren, Acad. of Art	21:52
7. Ryan Carrell, CPP	32:24	7. Sara Mikesell, CSUC	21:54
8. Austin Huff, HSU	32:24	8. Rachel Young, DSC	21:59
9. Bruk Assefa, SFSU	32:29	9. Devon Kelsey, HSU	22:04
10. Alfred Kangogo, UAA	32:33	10. Lisa Ohberg, CSLA	22:05
11. Aaron Thomas, CSUC	32:34	11. Katie Thralls, SPU	22:08
12. Jacob Parisien, UAA	32:48	12. Paige Henker, CSUC	22:10
13. Dylan Anthony, UAA	32:51	13. Ivy O'Guinn, UAA	22:11
14. Isaac Kangogo, UAA	32:52	14. Courtney Anderson, CSUS	22:12
15. Tyler Cannon, WWU	32:55	15. Jessica Varela, CSUC	22:14
16. Chip Jackson, WWU	32:56	16. Polina Babkina, HPU	22:16
17. Dawson Vorderbruegge, CSUS	32:59	17. Sarah Freistone, UAA	22:18
18. Gustavo Cruz, CPP	33:01	18. Rebekah Bahra, CSUC	22:23
19. Kevin Rooke, UAA	33:03	19. Peggy Noel, SFU	22:26
20. Dayne Gradone, CSUC	33:05	20. Jonah Weeks, CSUC	22:28
21. Johnny Sanchez, CSUC	33:11	21. Kansas Mackenzie, SFU	22:32
22. Jesse Baggenstos, NNU	33:13	22. Amy Schnitger, CSUC	22:34
23. Spencer Deavilla, BYUH	33:14	23. Rubye Elhard, CSUS	22:37
24. Dylan Peterson, WWU	33:14	24. Susan Bick, UAA	22:41
25. Dominik Notz, UAA	33:19	25. Jaymi Bethea, UAA	22:43
26. Kyle Johnson, WWU	33:21	26. Katie Morris, SPU	22:44
27. Brian Trejo, SFSU	33:27	27. Robyn Zeidler, SPU	22:44
28. Jeremy Brummitt, CSUC	33:36	28. Katelyn Steen, WWU	22:45
29. Ernesto Rodriguez, SFSU	33:36	29. Natalie Evans, NNU	22:47
30. Joe Ostino, HSU	33:38	30. Chia Chang, UCSD	22:48
31. Tyler Cleveland, HSU	33:41	31. Kaylie Belk, SFSU	22:50
32. Leandro Santillan, HPU	33:46	32. Lizette Huerta, CPP	22:51
33. Tyler Deniston, SFSU	33:48	33. Raven Harrison, HSU	22:51
34. Michael Luhr, MSUB	33:51	34. Kelsey Kreft, CWU	22:54
35. Jordan Wolfe, SPU	33:54	35. Emily Oschner, CUH	22:57
36. Jantzen Oshier, HSU	33:55	36. McKayla Fricker, SPU	23:00
37. Ryan Woods, SFSU	33:58	37. Dallas Campbell, CSUS	23:00
38. Scott Larson, WOU	34:00	38. Nina Carson, HSU	23:00
39. Kellen Levy, UCSD	34:01	39. Amanda Camarillo, HSU	23:02
40. Benjamin Stern, HSU	34:03	40. Patricia Cortez, CSUSB	23:02
41. Ross MacDougall, UAF	34:04	41. Kristen Allen, SFU	23:07
42. Jorge Cisneros, CUH	34:06	42. Rachel Naranjo, CSUS	23:08
43. Brady Beagley, WOU	34:07	43. Alyssa Thiele, CSUS	23:09
44. Adam Reid, SFU	34:08	44. Sarah Sawatzky, SFU	23:11
45. Kevin Miller, BYUH	34:09	45. Calene Morris, CPP	23:11
46. Tareq Alwafai, UCSD	34:10	46. Arianna Michaels, AArt	23:12
47. Zach Holloway, WOU	34:13	47. Alyson McPhetres, UAF	23:13
48. Justin Valdez, Dominican	34:14	48. Dani Eggleston, CWU	23:13
49. Daniel Franz, UCSD	34:17	49. Taylor Guenther, WWU	23:14
50. Brandon Haugen, CPP	34:17	50. Jordan Powell, NNU	23:15
51. Stewart Adair, BYUH	34:18	51. Rachel Borg, SSU	23:16
52. Tyson Vanderby, MSUB	34:21	52. Caroline Kaufman, HSU	23:17
53. Chase Robinson, MSUB	34:21	53. Marina Ghabbour, CSUS	23:19
54. Tanner Boyd, WWU	34:21	54. Zuleima Jimenez, SFSU	23:21
55. Matthew Belliston, BYUH	34:23	55. Paxton Cota, SFSU	23:23
56. Logan Smith, SFSU	34:25	56. Austen Reiter, WWU	23:23
57. Chris Olsen, WOU	34:26	57. Raphaela Sieber, UAF	23:26
58. Connor Kasler, WOU	34:29	58. Sarah Colorado, CSUSB	23:27
59. Tabor Reedy, WWU	34:31	59. Alex McBroom, MSUB	23:28
60. Jack Nevins, Academy of Art	34:34	60. Michaela Kane, SFU	23:28
61. Drew Larson, WOU	34:38	61. Pauline Muiruri, GCU	23:29
62. David Urista, SFSU	34:38	62. Katie Krehlik, UAA	23:29
63. Alex Horton, SPU	34:41	63. Jasmine Johnson, SPU	23:30
64. Clint Choquette, MSUB	34:44	64. Whitney Mickelsen, MSUB	23:30
65. Michael Gordon, NNU	34:49	65. Megan Rivera, GCU	23:31
66. Seth Pierson, SPU	34:50	66. Brianna Decker, DSC	23:33
67. Cristian Garcia, CPP	34:52	67. Arielle Walton, WWU	23:34
68. Scott Acton, UCSD	34:53	68. Marie Diaz, UCSD	23:37
69. Jon Hooke, BYUH	34:54	69. Cassie Mejia, CSLA	23:40
70. Rodney Warr, DSC	34:57	70. Anna Patti, SPU	23:42
71. Clayton Kearl, BYUH	34:59	71. Connie Morgan, CWU	23:44
72. Taylor Canfield, MSUB	35:01	72. Jessica Paget, BYUH	23:47
73. Travis Vugteveen, SFU	35:02	73. Alicia Trujillo, SFSU	23:49
74. Clemens Kammer, A of Art	35:03	74. Sabrina Lopez, CSLA	23:49
75. Andres Zavala, CPP	35:05	75. Amanda Reynolds, HSU	23:52
76. Marco Perez, HPU	35:06	76. Micaela Jaramillo, BYUH	23:52
		77. Celeste Gutzman, DSC	23:53
		78. Lindsey Butterworth, SFU	23:56
		79. Amy King, BYUH	24:03
		80. Monique Diaz, SFSU	24:04
		81. Robinea McClinton, CSUEB	24:05
		82. Mary Owen, MSUB	24:07
		83. Madeline McGee, WWU	24:08
		84. Carolina Guzman, UCSD	24:09
		85. Megan Rogers, CWU	24:13
		86. Lizzie Grolle, CSUS	24:15
		87. Hailey Bradshaw, NNU	24:15
		88. Chelsea Ollar, BYUH	24:17
		89. Deserae Perez, CSUSB	24:20
		90. Kelsi Klotter, GCU	24:20
		91. Evelina Maanson, HPU	24:21
		92. Stephanie Stuckey, WOU	24:25
		93. Johannah Murray, CPP	24:27
		94. Julia Ebner, UAF	24:28
		95. Elena Inouye, UCSD	24:30
		96. Kelli Bercier, SSU	24:35
		97. Jinise Osborne, MSUB	24:36
		98. Lindsey Ragas, SFSU	24:38
		99. Jenecee Powell, DSC	24:38
		100. Katherine Gomez, CSUSB	24:38
		101. Allyson Rosemond, Dominican	24:39
		102. Haida Kkeda, WWU	24:39
		103. Laura Copenhagen, WOU	24:42
		104. Mariisela Giles, CSUSB	24:43
		105. Kelsi Beam, GCU	24:46
		106. Kelly Dobbins, HPU	24:46
		107. Briana Barton, CWU	24:48
		108. Andrea Martin, BYUH	24:48
		109. Lynelle Decker, SPU	24:49
		110. Celine Vera, CSUEB	24:49
		111. Savannah Silacci, SSU	24:50
		112. Rebecca Holland, NNU	24:51
		113. Natalie Schafer, WOU	24:55
		114. Jenny McCarthy, CPP	24:57
		115. Shannon White, HPU	25:01
		116. Keely Craig, GCU	25:02
		117. Michelle LeRoux, UCSD	25:04
		118. Veronica Kays, SSU	25:05
		119. Rebecca Paradis, WOU	25:05
		120. Rachel Shelley, WOU	25:06
		121. Alicia Lueth, SSU	25:07
		122. Marissa Kunsch, HPU	25:07
		123. Jaydn Gourley, NNU	25:10
		124. Juliana Ruffolo, CPP	25:13
		125. Marie Miller, NNU	25:17
		126. Courtney Ciraulo, CSUSB	25:19
		127. Lindsay Enright, SFSU	25:20
		128. Kryston McPhetres, UAF	25:22
		129. Julia Wold, GCU	25:23
		130. Alyssa Vaughn, CSLA	25:23
		131. Kim Kuhnert, HPU	25:25
		132. Marissa Yang, SSU	25:27
		133. Imani Heath, CSUEB	25:33
		134. Abby Utic, SSU	25:33
		135. Dani Brabender, UCSD	25:34
		136. Christine Harwood, NNU	25:37
		137. Taylor Sinn, HPU	25:37
		138. Ximena Cruz, UCSD	25:40
		139. Haley Olcott, BYUH	25:40
		140. Nastassia Hamor, CSUEB	25:43
		141. Cass. Schumacher, A. of Art	25:51
		142. Mikhaila Thornton, WWU	25:56
		143. Amanda McNabb, CSUEB	25:58
		144. Chelsea Dowdell, CWU	25:59
		145. Elizabeth Brown, MSUB	25:59
		146. Nadia Ramirez, UHH	26:02
		147. Felix Jackline, CSUSB	26:08
		148. Skyler Tarver, DSC	26:18
		149. Julia Wilson, CSUEB	26:28
		150. Sara Falconer, UAF	26:38
		151. Jordan Bledsoe, UHH	26:40
		152. Melissa Lopez, CSLA	26:42
		153. Morgan Lacey, DSC	26:43
		154. Taylor Kartes, CWU	26:48
		155. Damanjot Kaur, CSLA	26:49
		156. Vanessa Mares, CSUEB	26:49
		157. Melanie Bock, MSUB	26:53
		158. Jenny Leaf, WOU	27:07
		159. Laura Spiegel, CUH	27:19
		160. Horalia Gamboa, CSLA	27:35
		161. Kristine Kaneichi, CUH	27:43
		162. Kerri Fujiwara, UHH	27:53
		163. Shannon Whener, CUH	27:56
		164. Kalbie Jordan, DSC	28:04
		165. Emma Chadsey, SFU	28:14
		166. Megan Thompson, UAF	28:16
		167. Jessica Wences, CUH	28:41
		168. Justina Wood, UHH	28:44
		169. Victoria Frehill, UAF	32:21
		170. Hillary Ramos, UAA	34:47

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2014

Nov. 22 at Avery Park, Billings, Mont.

Men's Team Scores: Chico State 30, Alaska Anchorage 53 Cal Poly Pomona 101, Western Washington 150, Cal Baptist 208, Simon Fraser 225, UC San Diego 239, San Francisco St. 253, Azusa Pacific 283, Cal St. Stanislaus 285, Academy of Art 298, Cal St. Monterey Bay 307, Humboldt State 368, Central Washington 402, Northwest Nazarene 430, Hawaii Pacific 433, Montana State Billings 454, Alaska 455, Western Oregon 457, BYU-Hawaii 493, Saint Martin's 568, Dixie State 584, Cal St. East Bay 677. Seattle Pacific incomplete.

Women's Team Scores: Simon Fraser 103, Chico State 112, Alaska Anchorage 144, UC San Diego 171, Central Washington 180, Western Washington 185, Hawaii Pacific 193, Cal Baptist 196, Azusa Pacific 198, Cal Poly Pomona 222, Humboldt State 233, Seattle Pacific 282, Montana State Billings 306, Cal St. Stanislaus 338, San Francisco St. 371, Western Oregon 437, Cal St. Monterey Bay 437, Dixie State 496, BYU-Hawaii 559, Cal State L.A. 570, Alaska 573, Northwest Nazarene 575, Cal St. East Bay 630, Saint Martin's 725.

Men's Results (10,000m)

- 1. Henry Cheseto, UAA 30:33.99
- 2. Dominik Notz, UAA 30:48.60
- 3. Mark Huizar, CPP 30:48.89
- 4. Johnny Sanchez, CSUC 31:01.02
- 5. Kyle Medina, CSUC 31:01.20
- 6. Nick Grubiss, CSUC 31:04.26
- 7. Alex McGuirk, CSUC 31:06.65
- 8. Aaron Mora, CSUC 31:07.54
- 9. Taylor Guske, CBU 31:10.36
- 10. Dillon Breen, CSUC 31:13.60
- 11. Dylan Anthony, UAA 31:20.89
- 12. Isaac Griffith, WWU 31:26.97
- 13. Robert Peterson, MSUB 31:29.45
- 14. Tanner Collins, UCSD 31:31.12
- 15. Valentin Pepiot, AAU 31:32.29
- 16. Drew Feldman, SFSU 31:33.05
- 17. Francisco Gomez, CPP 31:35.97
- 18. Victor Samoei, UAA 31:37.25
- 19. Mack Marbas, AAU 31:37.60
- 20. Alex Villaescusa, CSUS 31:38.07
- 21. Michel Ramirez, UAA 31:39.44
- 22. Teague Senninger, CPP 31:42.17
- 23. Ben Garland, CSUMB 31:46.59
- 24. Brandon Haugen, CPP 31:47.28
- 25. Edwin Kangogo, UAA 31:48.31
- 26. Marc-Antoine Rouleau, SFU 31:49.65
- 27. Jeremy Porter, APU 31:49.83
- 28. Tareq Alwafai, UCSD 31:51.27
- 29. Sean Eustus, WWU 31:51.92
- 30. Nathan Kipchumba, UAA 31:53.08
- 31. Rudy Speaker, CWU 31:54.49
- 32. Abdel-Samad El-Hajjami, CBU 31:57.75
- 33. Barron Maizland, CSUC 31:58.77
- 34. Isaac Derline, WWU 32:00.13
- 35. John Dominguez, CPP 32:02.12
- 36. Jonathan Quimby, WWU 32:08.04
- 37. Bryton Reim, CBU 32:11.06
- 38. Ruben Dominguez, CPP 32:14.11
- 39. Tabor Reedy, WWU 32:14.84
- 40. Austin Trapp, SFU 32:15.17
- 41. Ross MacDougall, UAF 32:17.22
- 42. Cameron Proceviat, SFU 32:17.39
- 43. Isaac Mitchell, NNU 32:17.80
- 44. Frank Krause, SMU 32:18.26
- 45. Cody Drisko, APU 32:21.09
- 46. Matt Lutz, WWU 32:21.40
- 47. Connor Henderson, CSUMB 32:23.10
- 48. Oliver Jorgensen, SFU 32:24.53
- 49. Troy Stechman, CPP 32:26.02
- 50. Brent Ritschel, HSU 32:32.88
- 51. Benji Preciado, SFSU 32:33.62
- 52. David Ribich, WOU 32:34.34
- 53. Michael Garaventa, SFSU 32:35.73
- 54. Kyle Bueckert, APU 32:37.51
- 55. Michael Mrgudic, CSUS 32:38.36
- 56. Caton Avilla, CSUMB 32:42.04
- 57. Daniel Franz, UCSD 32:42.18
- 58. Zach Holloway, WOU 32:43.94
- 59. Leandro Santillan, HPU 32:44.13
- 60. Daniel Haputman, UCSD 32:44.33
- 61. Alex Reyes, CSUS 32:46.52
- 62. George Barlow, DSU 32:47.62
- 63. Austin Esposito, AAU 32:47.90
- 64. Valentin Robert, CBU 32:48.35

- 65. Kenny Trejo, SFSU 32:49.25
- 66. Hector Hernandez, CBU 32:54.83
- 67. Kaleb Javier, CWU 32:56.99
- 68. Logan Smith, SFSU 32:58.78
- 69. Travis Vugteveen, SFU 33:01.56
- 70. David Rosales, CSUS 33:04.11
- 71. Nathan Richards, WWU 33:04.54
- 72. Hunter Gulino, APU 33:05.04
- 73. Ryan Lawler, HSU 33:06.20
- 74. John Wojtech, CWU 33:09.34
- 75. Jorge Mendez, HPU 33:10.14
- 76. Xavier Uranga, HSU 33:10.54
- 77. Kaleb Fleenor, NNU 33:11.53
- 78. Garrett Love, MSUB 33:14.73
- 79. Jesus Ortiz, CSUS 33:15.51
- 80. Scott Acton, UCSD 33:15.52
- 81. Zach Snel, CSUMB 33:15.56
- 82. Dustyn Salomon, HSU 33:16.35
- 83. Abraham Alvarado, CSUS 33:16.59
- 84. Jon Hooke, BYUH 33:17.97
- 85. Peter Buscheck, APU 33:19.77
- 86. Kenneth Brewer, UAF 33:24.25
- 87. CM April, HSU 33:25.17
- 88. Kevin Miller, BYUH 33:26.48
- 89. Brendan Wong, SFU 33:30.36
- 90. Michael Fehrenbach, UAF 33:32.16
- 91. Chase Cunningham, NNU 33:34.17
- 92. Yeltsen Vasquez, HPU 33:34.58
- 93. Brendan Gee, UCSD 33:40.11
- 94. Brett Bermudez, AAU 33:40.32
- 95. Michael Gordon, NNU 33:42.13
- 96. Cody Bartlett, HPU 33:43.39
- 97. Adam Gardere, CSUEB 33:44.26
- 98. Jeremiah Gots, CBU 33:44.48
- 99. Philippe Gravel, SFU 33:46.56
- 100. Dan Metzger, CSUMB 33:47.63
- 101. Sam Naffziger, WOU 33:48.79
- 102. Eric Brooks, CSUS 33:49.63
- 103. Thomas Hesselgesser, BYUH 33:50.70
- 104. Mario Castillo-Urbain, HSU 33:53.53
- 105. Lucas Graham, CBU 33:58.94
- 106. Clayton Kearl, BYUH 34:00.24
- 107. Chris Costa, AAU 34:03.12
- 108. Josh Panasuk, MSUB 34:05.88
- 109. Michael Dondalski, APU 34:09.75
- 110. Logan Means, AAU 34:11.89
- 111. Edward Ochsner, HPU 34:12.01
- 112. Carston Feigleson, BYUH 34:17.53
- 113. Ryan Thompson, CWU 34:18.95
- 114. Fermin Murillo-Villagr, HPU 34:21.10
- 115. Daniel Serventi, UAF 34:25.52
- 116. Jasper Heckman, SMU 34:27.94
- 117. Nick Spencer, CWU 34:29.01
- 118. Ryan Torres, CSUMB 34:32.83
- 119. Mark Hovland, MSUB 34:34.30
- 120. Riley Anheluk, WOU 34:41.12
- 121. Nathan Morgan, SMU 34:41.48
- 122. Shi-Quan Nettingham, DSU 34:44.84
- 123. Mitch Burgess, UAF 34:47.08
- 124. Brandon Schafer, NNU 34:49.73
- 125. Keegan Rankin, UAF 34:54.93
- 126. David McLeod, WOU 34:57.35
- 127. Joe Soik, WOU 34:58.16
- 128. Derek Gallagher, DSU 34:58.91
- 129. Chase Wheeler, HSU 35:08.42

- 130. Arlen Musgrove, DSU 35:10.49
- 131. Jorge Mendoza, HPU 35:12.22
- 132. Lyon Kopsack, UAF 35:12.75
- 133. Karson Hayden, CSUMB 35:12.82
- 134. Turner Wiley, SPU 35:23.88
- 135. Ron Leaf, CWU 35:25.09
- 136. Ryan Belliston, BYUH 35:26.67
- 137. Jorey Egeland, MSUB 35:30.73
- 138. Jesse Fenn, SFSU 35:34.55
- 139. Norman (Will) Weekes, CSUEB 35:37.25
- 140. Josh Hanna, WOU 35:45.40
- 141. Carlos Bojorguez, UCSD 35:58.81
- 142. Jacob Marshall, MSUB 36:05.84
- 143. Alex Schiffman, DSU 36:09.72
- 144. Josiah Shelman, SMU 36:19.26
- 145. Alex Nelson, SMU 36:49.31
- 146. Latee Pigeo, CSUEB 36:46.08
- 147. Irvin Parada, CSUEB 37:15.77
- 148. Brent Christianson, CWU 37:26.20
- 149. Mitchell Hughey, SMU 37:49.68
- 150. Austin Murray, AAU 38:09.46
- 151. Jonathan Vandenberg, DSU 38:14.87
- 152. Leo Theuss, CSUEB 41:44.49

Women's Results (6,000m)

- 1. Katelyn Steen, WWU 21:06.59
- 2. Caroline Barkechir, CBU 21:12.11
- 3. Rebecca Bassett, SFU 21:15.22
- 4. Fiona McKenna, HPU 21:22.21
- 5. Amy Johnston, UAA 21:22.60
- 6. Staci Foster, APU 21:23.60
- 7. Anna Patti, SPU 21:31.01
- 8. Jennifer Johnson, SFU 21:31.94
- 9. Veronica Hall, CBU 21:37.99
- 10. Dani Eggleston, CWU 21:39.53
- 11. Quette Peinado, CSUC 21:44.49
- 12. Tatiana Gillick, HSU 21:53.72
- 13. Connie Morgan, CWU 21:57.78
- 14. Megan Rogers, CWU 21:59.95
- 15. Kori Gilley, HSU 22:00.52
- 16. Paige Hughes, UCSD 22:01.88
- 17. Skyler Storie, DSU 22:01.99
- 18. Camila Turati, CSUC 22:03.52
- 19. Mckaela Christenson, AAU 22:04.78
- 20. Peggy Noel, SFU 22:06.43
- 21. Eileen Stressling, APU 22:07.47
- 22. Alex Burkhart, CSUC 22:07.85
- 23. Caroline Kurgat, UAA 22:08.17
- 24. Sadie Gastelum, CSUC 22:08.18
- 25. Jamie Neal, HPU 22:10.45
- 26. Taylor Guenther, WWU 22:11.95
- 27. Bryn Haebe, UAA 22:19.26
- 28. Kylie Betts, APU 22:22.52
- 29. Beatrice Decker, UAA 22:25.29
- 30. Kaelyn Harbison, AAU 22:27.31
- 31. Hannah Bell, CSUMB 22:29.89
- 32. Haley O'Connor, WWU 22:32.12
- 33. Miryam Bassett, SFU 22:32.82
- 34. Nocona Frame, MSUB 22:33.90
- 35. Ashley Espinoza, CPP 22:37.07
- 36. Calene Morris, CPP 22:40.89
- 37. Corinne Hinkle, UCSD 22:41.08
- 38. Chandler Colquitt, UCSD 22:45.59
- 39. Michelle Leroux, UCSD 22:46.58
- 40. Gina Wood, CSUS 22:46.76

- 41. Rebekah Bahra, CSUC 22:57.05
- 42. Meghan Fairchild, HPU 22:48.25
- 43. Lizette Huerta, CPP 22:48.92
- 44. Brittany Evans, SFU 22:51.26
- 45. Sarah McDonald, SPU 22:51.38
- 46. Marissa Kunsch, HPU 22:52.72
- 47. Paxton Cota, SFSU 22:53.44
- 48. Jessica Rawlins, SPU 22:53.48
- 49. Marie Diaz, UCSD 22:55.98
- 50. Emma Chadsey, SFU 22:56.57
- 51. Imogene Carson, HSU 22:57.07
- 52. Lora James, CSUC 22:58.07
- 53. Katie Timmermans, CSUS 22:58.69
- 54. Millie Leitich, CBU 22:58.99
- 55. Cori Harral, SFSU 22:59.19
- 56. Ranae Hepfner, MSUB 22:59.88
- 57. Marissa Nickles, CPP 23:00.82
- 58. Lindsey Ragas, SFSU 23:04.36
- 59. Rio Frame, MSUB 23:04.63
- 60. Stephanie Stuckey, WOU 23:08.05
- 61. Elizbaeth Olivera, CPP 23:09.29
- 62. Madison Tannerr, UCSD 23:09.41
- 63. Sofia Marikis, WWU 23:09.72
- 64. Kaili Striker, UAF 23:10.43
- 65. Jessica Pahkala, UAA 23:11.28
- 66. Hannah Dowdell, CWU 23:11.74
- 67. Kristie Sikma, APU 23:13.21
- 68. Alicia Williams, CBU 23:15.89
- 69. Katie Deimling, CBU 23:16.24
- 70. Austen Reiter, WWU 23:16.81
- 71. Sarah Miranda, CSUS 23:16.82
- 72. Patricia Cortez, CSUSB 23:19.03
- 73. Megan Alfi, HSU 23:20.54
- 74. Kansas Mackenzie, SFU 23:22.13
- 75. Vanessa Herrera, CSULA 23:24.35
- 76. Rachel Crawford, WOU 23:25.29
- 77. Mariah Brownroughs, UAA 23:25.32
- 78. Imani Heath, CSUEB 23:26.22
- 79. Marissa Jimenez, CSUS 23:26.89
- 80. Sara Dionne, CSUMB 23:26.90
- 81. Jinise Osborne, MSUB 23:27.80
- 82. Brenna Eldredge, CWU 23:28.00
- 83. Elle Farrar, APU 23:29.16
- 84. Gabrielle Wisot, HPU 23:29.20
- 85. Susanna Fleming, NNU 23:33.24
- 86. Lynelle Decker, SPU 23:33.97
- 87. Micayla Andersen, CPP 23:34.82
- 88. Melanie Bock, MSUB 23:36.08
- 89. Elizabeth Khuu, AAU 23:37.53
- 90. Skyler Thiel, UCSD 23:37.82
- 91. Nayeli Santamaria, HSU 23:38.92
- 92. Bethany Quan, CSULA 23:39.79
- 93. Haley Olcott, BYUH 23:40.58
- 94. Taylor Condon, MSUB 23:41.38
- 95. Natalie Barr, CBU 23:42.84
- 96. Jessy McIntyre, CSUMB 23:43.57
- 97. Brianna Moyle, DSU 23:44.61
- 98. Mikhalia Thornton, WWU 23:48.70
- 99. Annie Wade, WOU 23:49.93
- 100. Jessica Horrocks, BYUH 23:50.54
- 101. Giovanna Romo, HSU 23:52.68
- 102. Annie Roberts, HSU 23:53.93
- 103. Choe Rock, SFSU 23:54.71
- 104. Casey Monozsly, CPP 23:54.73
- 105. Debora De Leon, WOU 23:55.27

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2014 Women's Results (Continued)

106. Jennie Yeaman, CSUMB	23:55.87	121. Rebecca Hook, NNU	24:20.02	137. Celina Vera, CSUEB	24:50.18	153. Fattima Momini, CSUMB	25:46.86
107. Claire Rachwitz, SPU	23:56.52	122. Olivia Moyle, DSU	24:21.22	138. Kami Dixon, BYUH	24:55.42	154. Josefine Malmborg, CSULA	25:53.79
108. Gabee Maldonado, CSUS	23:57.84	123. Megan Teigen, SMU	24:21.23	139. Elizabeth Cook, DSU	24:57.38	155. Allison Carone, HPU	25:55.59
109. Alexa Lua, CSUS	23:58.33	124. Hailey Kettel, SPU	24:22.60	140. Camille Hansen, CSUEB	25:01.95	156. Anna Henning, CSUMB	25:57.46
110. Erin Chinchar, CWU	23:59.20	125. Emily Harper, SFSU	24:25.67	141. Jordan Donaghy, MSUB	25:02.25	157. Savannah Silacci, SSU	26:05.00
111. Julianna Mendez, DU	23:59.65	126. Anysja Manzer, NNU	24:28.84	142. Nicole Novales, SFSU	25:03.83	158. Kenna Fosnacht, SMU	26:25.80
112. Ericka Taylor, AAU	24:00.10	127. Amanda Turnbull, BYUH	24:29.54	143. Colby Childers, WOU	25:08.36	159. Nicole Ide, SMU	26:35.42
113. Maria Hurtado, SSU	24:03.84	128. Arielle Steimer-Barraga, CSULA	24:30.07	144. Ester Mueller, CBU	25:08.37	160. Natalie Palmer, DSU	27:02.82
114. Kayla Rossi, CSUS	24:06.12	129. Jess Aguilar, APU	24:32.22	145. Cristina Hernandez, CSUMB	25:17.36	161. Amy Wheeler, NNU	27:03.90
115. Jadya Gourley, NNU	24:09.10	130. Hannah Calvert, SPU	24:34.81	146. Cheyenne Greenside, UAF	25:20.42	162. Iris Martinez, CSUEB	27:25.76
116. Dorothy O'Donnell, UAF	24:09.52	131. Anna Baker-Mikkelsen, UHH	24:36.31	147. Sarah Lilly, UAF	25:27.94	163. Jennifer Hickey, SMU	27:55.57
117. Bailey Beeson, WOU	24:09.92	132. Malacie Jorgenson, BYUH	24:37.96	148. Brittany Brooks, DSU	25:29.39	164. Bente Heller, UAF	27:58.80
118. Jayna Inderbitzin, CWU	24:11.03	133. Grace Weller, UAF	24:41.00	149. Sarah Ferrin, CSUEB	25:30.92	165. Victoria Nunez, SMU	29:12.15
119. Tamara Perez, UAA	24:11.51	134. Nicole Anderson, WOU	24:41.96	150. Chandra Smith, UAF	25:35.35	166. Tori Dwyer, SSU	29:34.11
120. Elizbaeth Lyons, APU	24:11.77	135. Rocio Pacheco, SFSU	24:47.59	151. Elizabeth Miranda, CSULA	25:37.67	167. Alexis Caradang, SMU	31:19.63
		136. Evelina Maanson, HPU	24:48.55	152. Casey Carpenter, BYUH	25:44.41		

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2015 Women's Results Continued

94. Jessica Pahkala, UAA	23:02.12	118. Symone Booker, CPP	23:20.52	143. Jordyn Prado, APU	23:56.13	168. Lindsey Dorney, SMU	25:08.27
95. Araceli Servin, CPP	23:02.40	119. Maria Hurtado, SSU	23:20.66	144. Jocelyn Duran, PLNU	23:56.64	169. Anna Baker-Mikkelsen, UHH	25:10.60
96. Reta Dobie, SFU	23:03.13	120. Megan Sidwell, DSU	23:24.48	145. Jessica Betancourt, SFSU	24:00.52	170. Josie Lonai, NNU	25:14.40
97. Evelyn De La Luz, CSUSB	23:03.20	121. Brielle Davis, MSUB	23:24.92	146. Sarah Lilly, UAF	24:01.15	171. Alyssa Tenney, CSUEB	25:19.71
98. Rebecca Hook, NNU	23:04.63	122. Allison Carone, HPU	23:26.16	147. Jinise Trueblood, MSUB	24:05.01	172. Kelsey Rij, FPU	25:30.22
99. Anysja Manzer, NNU	23:05.20	123. Gabrielle Wisot, HPU	23:27.65	148. Briana Swendener, PLNU	24:10.22	173. Michelle Gonzalez, DU	25:39.34
100. Kali Striker, UAF	23:05.64	124. Ella Verhees, UCSD	23:27.90	149. Hallie Swenson, PLNU	24:12.40	174. Bethany Quan, CSULA	25:48.84
101. Jayna Inderbitzin, CWU	23:06.38	125. Rachel Crawford, WOU	23:29.41	150. Myha Castro, SFSU	24:14.38	175. Morgan Gilmore, SFSU	26:05.88
102. Josie Frye, PLNU	23:06.73	126. Beatrice Decker, UAA	23:33.50	151. Jordan Allen, CSUMB	24:15.70	176. Janine Villanueva, DU	26:18.54
103. Taylor Hurlock, APU	23:06.87	127. Hadley Clark, CSUMB	23:34.97	152. Leah Rife-Dupuy, FPU	24:18.15	177. Scarlett Perez, CSULA	26:28.21
104. Kaelyn Harbison, AAU	23:07.37	128. Christina Russell, APU	23:38.59	153. Elizabeth Cook, DSU	24:20.75	178. Kimberly Fitzgerald, UAF	26:29.14
105. Cori Harral, SFAU	23:07.87	129. Kayla Rossi, CSUS	23:38.65	154. Kandace Compton, CSUEB	24:21.15	179. June Garrett, UHH	26:34.31
106. Brooke Caravello, APU	23:08.40	130. Clarissa Hernandez, CSULA	23:41.73	155. Emily Hammons, NNU	24:23.61	180. Claire McCloskey, SMU	26:40.11
107. Chelsea Robinson, CSUMB	23:09.27	131. Chloe Rock, SFSU	23:42.39	156. Sarah Perrin, CSUEB	24:29.83	181. Devin McDonald, MSUB	26:41.52
108. Thalia Silva, CSUS	23:10.16	132. Oddessey Tapia, CSUEB	23:42.43	157. Malia Gonzales, HPU	24:31.92	182. Vanessa Mares, CSUEB	26:45.29
109. Casey Monoszlai, CPP	23:12.09	133. Mo Lee Thornburg, HSU	23:43.21	158. Cheyenne Greenside, UAF	24:32.23	183. Audree Baldizon, CSULA	26:45.35
110. Jessica Horrocks, BYUH	23:12.72	134. Samantha Ross, DU	23:44.59	159. Kelsey Lamb, CSUEB	24:34.32	184. Dalia Pedro-Trujillo, SMU	26:46.47
111. Megan Teigen, SMU	23:15.56	135. Debora De Leon, WOU	23:45.27	160. Olivia Rivera, BYUH	24:41.71	185. Caroline Roncalli, CSULA	26:48.49
112. Grace Knapp, WOU	23:16.31	136. Meghan Fairchild, HPU	23:46.09	161. Grace Weller, UAF	24:44.19	186. Crystal Baysa, UHH	26:56.56
113. Hannah Dowdell, CWU	23:17.52	137. Bailey Beeson, WOU	23:46.48	162. Hannah Stevens, UAF	24:46.21	187. Viridiana Trujillo, FPU	26:57.84
114. Suzie Van de Grift, WOU	23:17.84	138. Taylor Condon, MSUB	23:48.71	163. Jadyne Gourley, NNU	24:46.61	188. Gabriella Foyle, DU	26:58.09
115. Merin Arft, UCSD	23:18.18	139. Jennifer Arellano, FPU	23:51.54	164. Zannah Jephumba, UAA	24:51.41	189. Oriana Cotres, DU	27:04.53
116. Nikaela Hemminger, HSU	23:18.33	140. Samantha Lopez, SFSU	23:52.13	165. Jenecee Gallacher, DSU	25:04.31	190. Karina Duarte, DU	27:17.69
117. Rio Frame, MSUB	23:19.08	141. Renny Castanon, CSUMB	23:53.27	166. Hailey Bomar, MSUB	25:04.42	191. Sarah Beatty, MSUB	27:43.42
		142. Randi McCarley, FPU	23:55.70	167. Olivia Moyle, DSU	25:06.22	192. Kaylee Rapoza, UHH	29:02.68

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2016
Nov. 5 at Amend Park, Billings, Mont.
Men's Team Scores: Chico State 45, Alaska Anchorage 81, Cal Poly Pomona 90, Academy of Art 156, Cal Baptist 156, UC San Diego 163, Western Washington 168, San Francisco St. 185, Simon Fraser 204, Northwest Nazarene 394, Central Washington 397, Alaska 404, Montana State Billings 405, Western Oregon 407, Fresno Pacific 433, Azusa Pacific 438, Cal State East Bay 452, Dixie State 456, Cal State Monterey Bay 470, Humboldt State 484, Stanislaus State 572, BYU-Hawaii 580, Saint Martin's 582, Holy Names 588, Cal State LA 623.

Women's Team Scores: Chico State 70, Simon Fraser 103, Alaska Anchorage 111, Point Loma 124, Cal Poly Pomona 164, Cal Baptist 185, Humboldt State 283, Western Washington 286, UC San Diego 318, Stanislaus State 318, Western Oregon 350, Cal State San Bernardino 353, Fresno Pacific 378, Central Washington 392, Saint Martin's 401, Seattle Pacific 407, Academy of Art 418, Azusa Pacific 440, San Francisco St. 484, Hawaii Pacific 506, Northwest Nazarene 513, Alaska 563, Cal State Monterey Bay 578, Cal State LA 592, Sonoma State 598, Cal State East Bay 673, BYU-Hawaii 737, Dixie State 776, Montana State Billings 858, Notre Dame de Namur 970.

Men's Results (10,000m)

1. William Reyes, CSUC	29:45.16	63. Godfrey Kemboi, NNU	32:03.03	126. Garrett Mitchell, HNU	33:39.27	19. Katie Deimling, CBU	22:00.51
2. Kyle Medina, CSUC	30:04.96	64. Dylan Hayes, WVU	32:03.28	127. Colton Buster, SMU	33:41.66	20. Tatiana Gillick, HSU	22:00.52
3. Falco Digiallonardo, CSUC	30:05.35	65. Max Moncur, BYUH	32:06.16	128. Peyton Brothers, NNU	33:45.67	21. Lillianna Stelling, WWU	22:00.54
4. Edwin Kangogo, UAA	30:07.58	66. Mateo de Dalmases, SFU	32:08.45	129. Ryan Torres, CSUMB	33:46.64	22. Leanda Du Bruyn, CBU	22:02.89
5. Isaac Derline, WWU	30:08.04	67. Brett Bermudez, AAU	32:11.07	130. Levi Schilter, SMU	33:48.44	23. Lorraine Fernandez, CPP	22:04.30
6. Mark Huizar, CPP	30:08.94	68. Jonathan Estrada, SFSU	32:13.43	131. Ronald Venema, MSUB	33:48.49	24. Anysha Manzer, NNU	22:04.68
7. Terek Alwafai, UCSD	30:09.47	69. Nick Hamilton, NNU	32:15.97	132. Jackson Oliver, BYUH	33:49.59	25. Nora Pizzella, CSUC	22:04.80
8. Michel Ramirez, UAA	30:26.12	70. Chase Wheeler, HSU	32:16.91	133. Dennis Messmer, CBU	33:50.44	26. Addy Townsend, SFU	22:10.11
9. Pierre Fontanarosa, AAU	30:27.42	71. Ephraim Tadeese, SFU	32:19.93	134. Leo Skellenger, CSUEB	33:52.01	27. Kennedy Rufener, WOU	22:11.25
10. Brendan Gee, UCSD	30:30.87	72. Ismael Guzman, FPU	32:22.19	135. Connor Nolen, FPU	33:53.83	28. Haley Kroll, CSUC	22:12.72
11. Henry Cheseto, UAA	30:32.92	73. Ben Stalheim, HSU	32:22.76	136. Jason Morris, CSUMB	33:58.05	29. Zannah Jepchumba, UAA	22:13.48
12. Ruben Dominguez, CPP	30:34.34	74. George Barlow, DSU	32:22.77	137. Jarred Gregory-Grimes, AAU	34:00.25	30. Symone Booker, CPP	22:13.50
13. Benji Preciado, SFSU	30:34.95	75. Tyler Humphries, CWU	32:22.82	138. Nick Spencer, CWU	34:01.77	31. Kayden Carpenter, CSUC	22:15.14
14. Gatien Airiau, AAU	30:05.90	76. Hunter Chamberlain, DSU	32:25.69	139. David Mejia, HNU	34:02.55	32. Grace Knapp, WOU	22:17.23
15. David Ribich, WOU	30:36.07	77. Lukash Platil, UAF	32:27.60	140. Alejandro Rios, CSUS	34:03.03	33. Sarah Macdonald, SPU	22:19.05
16. Kenny Trejo, SFSU	30:36.99	78. Josh Dempsey, WOU	32:29.30	141. Philip Herrera, BYUH	34:08.33	34. Fruzsina Ladanyi, CBU	22:22.90
17. Aaron Mora, CSUC	30:39.83	79. Jeremy Porter, APU	32:29.54	142. Kainalu Asam, HSU	34:09.14	35. Danielle McCormick, UAA	22:26.47
18. Valentin Robert, CBU	30:41.09	80. Chris Goertzen, APU	32:34.67	143. Anthony Lemus, HNU	34:09.88	36. Stafani Gaskell, FPU	22:26.76
19. Brandon Ferguson, CPP	30:42.12	81. Kaleb Javier, CWU	32:36.14	144. Samuel Serviss, SFU	34:15.60	37. Alexandra Hernandez, PLNU	22:27.31
20. Andrew Wise, WWU	30:46.91	82. Keegan Rankin, UAF	32:38.71	145. James Dagley, HSU	34:20.33	38. Tamara Perez, UAA	22:28.53
21. Isaac Mitchell, NNU	30:47.23	83. Isaac Stinchfield, BYUH	32:39.90	146. Jonathan Matson, FPU	34:20.78	39. Anett Somogyi, CBU	22:29.31
22. Steven Martinez, CSUC	30:51.97	84. Michael Mrgudic, CSUS	32:39.95	147. Hunter Mosman, WOU	34:34.47	40. Ella Verhees, UCSD	22:31.03
23. Connor Henderson, CSUMB	30:55.28	85. Justin Irvine, WWU	32:40.08	148. Anthony Palacio, HSU	34:35.81	41. Karina Carstens, UCSD	22:31.07
24. Victor Samoei, UAA	30:57.21	86. Rene Siqueiros, SFSU	32:40.95	149. Evan Gonzales, CSUMB	34:44.02	42. Thalia Silva, CSUS	22:31.32
25. Grant Stromberg, CPP	30:57.62	87. Tyus Mendoza, MSUB	32:41.48	150. Josh Hunt, SMU	34:44.24	43. Yadhira Lopez, SMU	22:33.52
26. Rowan Doherty, SFU	30:58.09	88. Wyler Svoboda, UCSD	32:41.93	151. Cody McCranie, WWU	34:48.99	44. Casey Monoslay, CPP	22:34.53
27. Braeden Charlton, SFU	30:59.49	89. Jonathan Lafferty, CWU	32:43.06	152. Deion Molina, CSUEB	34:53.75	45. Kimberley Carter, HPU	22:34.56
28. Teague Senninger, CPP	31:00.91	90. Ron Leaf, CWU	32:44.12	153. Christian Moncada, CSUEB	35:00.45	46. Reta Dobie, SFU	22:34.58
29. Ken Kipkorir, CBU	31:03.63	91. Seiji Takagi, UAF	32:46.71	154. Joe Carranza, FPU	35:00.97	47. Sierra Manzer, NNU	22:36.89
30. Matthew Lutz, WWU	31:03.95	92. Zech Snel, CSUMB	32:47.61	155. David Puga, CSULA	35:16.01	48. Kori Gilley, HSU	22:38.55
31. Josh Thorson, AAU	31:04.77	93. Ben Fish, DSU	32:48.23	156. Ricardo Pena, CSULA	35:21.37	49. Megan Alfi, HSU	22:38.56
32. Jayden Emerson, CBU	31:05.46	94. Scott Acton, UCSD	32:49.01	157. Kurt Hake, APU	35:29.12	50. Ericka Taylor, CSULA	22:40.97
33. Drew Feldman, SFSU	31:10.47	95. Rodney Warr, DSU	32:52.04	158. Alex Nienaber, APU	35:30.75	51. Peyton Shinnick, WWU	22:42.22
34. Michael Mendenhall, UAA	31:12.57	96. Carl Wahlin, UAF	32:56.42	159. Dallin Olander, BYUH	35:33.38	52. Alexa Shindruk, CWU	22:42.57
35. Kris Everett, AAU	31:13.29	97. Marvin Thomas, AAU	32:56.54	160. Alex Johnson, HSU	35:33.97	53. Jordan Sienkiewicz, PLNU	22:43.26
36. Justin Carrancho, UAA	31:14.65	98. Josiah Shelman, SMU	32:57.40	161. Ethan MacHado, HNU	35:42.66	54. Britanni Matthews, CPP	22:43.55
37. Cody Drisko, APU	31:16.07	99. Daniel Serventi, UAF	32:58.03	162. Didier Pina, CSULA	35:49.36	55. Delaney Clem, CWU	22:44.44
38. Anthony Lozano, CBU	31:17.23	100. Dustin Nading, WOU	32:58.06	163. Matt Espinoza, APU	35:58.93	56. Gina Wood, CSUS	22:46.86
39. William Ernst, CBU	31:18.46	101. Mark Hovland, MSUB	32:58.86	164. Evan Morrow, BYUH	35:59.95	57. Rachel Gee, CSUSB	22:49.74
40. Sean Miller, SFU	31:21.10	102. Richard Jazo, FPU	32:59.30	165. Tyler Bird, DSU	36:03.27	58. Sara Taferer, WWU	22:51.08
41. Aren Johnson, UCSD	31:21.59	103. Max Hite, CSUMB	33:02.75	166. Jose Garcia, CSULA	36:42.11	59. Ann Poythress, FPU	22:52.41
42. Even Negash, CSULA	31:22.68	104. Alberto Venegas, CSUEB	33:03.52	167. Nick Fox, BYUH	37:49.67	60. Hadley Clark, CSUMB	22:52.57
43. Chris Lessard, CSUEB	31:23.33	105. Tyler Jones, WOU	33:05.92	168. Austin Magin, SFSU	39:05.28	61. Meghan Rasch, HPU	22:52.72
44. Alex Torres, FPU	31:24.48	106. Ivan Colmanero, MSUB	33:06.18			62. Kristin Semancsin, UCSD	22:53.39
45. Marc Antoine-Rouleau, SFU	31:25.95	107. Ramon Vargas, CSUS	33:07.88			63. Dorothy O'Donnell, UAF	22:53.98
46. Samuel Blake, UCSD	31:26.63	108. Daniel Zaragoza-Rincon, CSULA	33:08.29			64. Magali Arsiniega, SFSU	22:54.12
47. Christian Rodriguez, CPP	31:32.97	109. Justin Crosswhite, WOU	33:08.46			65. Mariah Burroughs, UAA	22:54.39
48. Michael Lowrie, CBU	31:37.80	110. Jacob Walsh, UAF	33:09.05			66. Laticia Joven, CSUS	22:55.58
49. Peter Butler, WWU	31:40.37	111. Hanson Lee, CWU	33:09.37			67. Jasmine Casillas, SSU	22:56.66
50. Aaron Potts, APU	31:40.89	112. Jasper Heckman, SMU	33:10.31			68. McKaela Christenson, AAU	22:57.09
51. Garrett Love, MSUB	31:42.23	113. Rylan Manzer, NNU	33:12.68			69. Annie Roberts, HSU	22:58.04
52. Nathan Kipchumba, UAA	31:44.12	114. Israel Sotelo, CSUEB	33:13.07			70. Chandler Johnson, AAU	22:59.62
53. Arturo Arevalo, CSUC	31:46.66	115. Jake Kleist, APU	33:14.41			71. Claire Rainey, CBU	23:00.29
54. Daniel Tull, HSU	31:50.52	116. Sawyer Heckard, WOU	33:14.76			72. Kaitlyn Maker, UAA	23:01.20
55. Austin Sanchez, SFSU	31:51.41	117. Uriel Carlos, CSUS	33:18.31			73. Clarissa Morales, CSUS	23:02.84
56. Christopher Hyden, CPP	31:53.01	118. Shi-Quan Nettingham, DSU	33:19.23			74. Nicole Maurmann, WOU	23:04.52
57. Pedro Cruz, CSUEB	31:54.05	119. Julian Johnson, HNU	33:22.59			75. Stephanie Rexus, CWU	23:04.54
58. Alex Eckert, UAF	31:56.02	120. Joe Edgecomb, SMU	33:24.06			76. Brittany Grant, WWU	23:05.99
59. Terrence Luevano, UCSD	31:57.09	121. Josh Panasuk, MSUB	33:25.97			77. Analicia Garcia, SSU	23:07.93
60. Jorey Egeland, MSUB	31:57.47	122. Yonas Desta, DSU	33:28.02			78. Michelle Pineda, CSUSB	23:08.44
61. Arthur Rivalcaba, HNU	31:57.82	123. Alex Wallach, CSUMB	33:29.52			79. Suzia Van De Grift, WOU	23:08.58
62. Josh Boston, CWU	31:59.80	124. Joel Perez, CSUS	33:33.67			80. Maddy Hutchison, WWU	23:09.32
		125. Austin Miller, SMU	33:36.08			81. Cynthia Mejia, CSUS	23:11.65

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2016 Women's Results Continued

82. Jamie Morris, AAU	23:12.10	112. Jessica Horrocks, BYUH	23:41.16	143. Taylor Hurlock, APU	24:26.38	174. Breann Howell, BYUH	25:13.75
83. Alyssa Foote, SPU	23:12.28	113. Kristi Capello, APU	23:43.63	144. Brooke Caravello, APU	24:28.46	175. Shawna Troupe, WWU	25:18.08
84. Sophia Gomez, WWU	23:12.66	114. Megan Teigen, SMU	23:45.47	145. Bethany Quan, CSULA	24:28.81	176. Fern Aguilar, CSUMB	25:22.39
85. Mary Charleson, SPU	23:13.78	115. Brenna Liebel, CWU	23:46.16	146. Amanda Turnbull, BYUH	24:30.99	177. Kelsey Rij, FPU	25:23.91
86. Sarah Perrin, CSUEB	23:14.24	116. Jessica Steinhoff, CSUSB	23:46.29	147. Grace Weller, UAF	24:33.65	178. Arlene Avalos, DSU	25:26.16
87. Merin Arft, UCSD	23:14.93	117. Sophie Carroll, SPU	23:47.76	148. Cicelya Beard, CSULA	24:33.78	179. Cassandra Martinez, NDNU	25:28.78
88. Skylar Thiel, UCSD	23:15.41	118. Ashley Mason, CWU	23:48.11	149. Halie Wilsey, NNU	24:34.84	180. Yeshi Vaughan, SMU	25:30.12
89. Hannah Calvert, SPU	23:15.56	119. Lariss Kolasinski, SMU	23:49.47	150. Jordan Linsky, SFSU	24:36.09	181. Bethany Danner, NNU	25:31.30
90. Kali Striker, UAF	23:15.81	120. Alyssa Haring, DSU	23:50.17	151. Rio Frame, MSUB	24:36.46	182. Kandace Compton, CSUEB	25:33.92
91. Belle Moran, APU	23:16.74	121. Brenna Carlson, CWU	23:53.07	152. Noelle Hele, DSU	24:40.48	183. Breanne Brett, SSU	25:36.40
92. Pearl Shoemaker, SFSU	23:17.45	122. Claire McCloskey, SMU	23:55.81	153. Ashlyn Barajas, CSUMB	24:42.62	184. Mikayla Mesker, SSU	25:37.02
93. Josie Frye, PLNU	23:17.63	123. Laura Romero, CSUSB	23:56.20	154. Mackenzie Harder, PLNU	24:42.64	185. Emily McCarthy, AAU	25:39.30
94. Jordan Allen, CSUMB	23:18.85	124. Nichole Bathe, UAF	23:57.84	155. Kate Lilly, SPU	24:43.16	186. Chelsea Robinson, CSUMB	25:41.73
95. Elena Gomez, CWU	23:19.19	125. Jessica Wunschmann, AAU	23:58.45	156. Marieta Wright, DSU	24:43.47	187. Mackenzie Martinez, BYUH	25:46.12
96. Kaelyn Harbison, AAU	23:20.94	126. Maria Hurtado, SSU	23:59.29	157. Camille Schutze, SSU	24:46.71	188. Lydia Foster, MSUB	25:48.30
97. Catie Ledesma, HSU	23:21.86	127. Christa Kloha, UCSD	24:02.65	158. Andrea Romero, CSUEB	24:48.95	189. Chynna Phan, SPU	25:49.27
98. Elise Larson, APU	23:21.89	128. Chelsea Riberio, SFU	24:03.36	159. Lindsey Dorney, SMU	24:50.47	190. Jazmine Moore, NDNU	26:01.21
99. Isabel Mendoza, CSUS	23:24.11	129. Evelina Maanson, HPU	24:07.22	160. Nikki Aiken, MSUB	24:52.92	191. Amanda Dithazy, WOU	26:09.25
100. Denise Reis, CSUS	23:25.86	130. Gabrille Wisot, HPU	24:08.45	161. Karina Vidiros, FPU	24:52.99	192. Catrina Schuchard, MSUB	26:14.10
101. Delaney Ellsworth, CSUSB	23:27.61	131. Emily Hammons, NNU	24:10.00	162. Mckenna Conley, NNU	24:54.76	193. Madison Hurley, BYUH	26:30.63
102. Giulia McIssac, AAU	23:28.17	132. Cynthia Rivera, CSUSB	24:13.58	163. Megan Perko, CSUMB	24:55.40	194. Sarah Beatty, MSUB	26:38.34
103. Paige Nock, SFU	23:29.27	133. Andie Ledesma, HSU	24:15.27	164. Carly Josephson, SFSU	24:59.07	195. Milagros Vizciano, NDNU	26:39.53
104. Elizabeth Henandez, CPP	23:29.46	134. Annie Ware, APU	24:17.14	165. Alyssa Odum, BYUH	24:59.26	196. Laura Hernandez, CSULA	26:56.68
105. Randi McCarley, FPU	23:29.76	135. Niki Hemminger, HSU	24:17.42	166. Ginny Link, WOU	24:59.96	197. Morgan lacey, DSU	26:58.04
106. Emeline Delanis, CBU	23:30.85	136. Dana Pollard, CSUEB	24:18.36	167. Bailey Bomar, MSUB	25:04.28	198. Amy Wheeler, NNU	27:13.81
107. Ariel Melendez, CSULA	23:33.96	137. Raelene Dearmas, UCSD	24:18.48	168. Kimberly Fitzgerald, UAF	25:05.19	199. Heather Lacey, DSU	27:21.66
108. Jessie McIntyre, CSUMB	23:34.43	138. Olivia Woods, WOU	24:19.22	169. Myha Castro, SFSU	25:07.13	200. Ella McKenzie, MSUB	27:39.99
109. Berenice Cleyet-Merle, CBU	23:35.29	139. Brooke Gottmier, UAF	24:19.60	170. Kacie Labrum, DSU	25:07.18	201. Megan Satterfield, CSUEB	27:44.18
110. Elizabeth Olvera, CPP	23:37.13	140. Olivia Rivera, BYUH	24:21.58	171. Sierra Downum, SSU	25:07.94	202. Toni Cardoza, NDNU	28:23.02
111. Kelsey Lamb, CSUEB	23:40.23	141. Allison Carone, HPU	24:21.71	172. Brianna Guerrero, FPU	25:11.74	203. Taryn Stevenson, CSUEB	29:31.32
		142. Clarisa Hernandez, CSULA	24:24.97	173. Ann-Cathrin Uhl, UAF	25:12.35	204. Noelle Reyes, NDNU	29:54.95

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2017

Nov. 4 at Ash Creek Preserve, Monmouth, Ore.

Men's Team Scores: Chico State 55, Cal Baptist 84, Western Oregon 121, Simon Fraser 121 (WOU wins tiebreaker for third 3-2), Alaska Anchorage 172, Academy of Art 174, Cal Poly Pomona 178, Western Washington 213, Cal St. San Marcos 235, UC San Diego 297, Cal St. East Bay 302, Azusa Pacific 367, Northwest Nazarene 404, Fresno Pacific 422, San Francisco St. 428, Central Washington 454, Concordia (Ore.) 509, Stanislaus State 513, Montana State Billings 520, Concordia (Calif.) 537, Dixie State 546, Cal St. Monterey Bay 562, Humboldt State 586, Alaska 596, Seattle Pacific 616, Saint Martin's 754, Dominican (Calif.)

Women's Team Scores: Cal Baptist 68, Alaska Anchorage 84, Chico State 105, Simon Fraser 127, Cal St. San Marcos 165, Cal Poly Pomona 189, Academy of Art 252, Western Washington 257, Humboldt State 292, Point Loma 307, UC San Diego 325, Stanislaus State 328, Seattle Pacific 332, San Francisco St. 348, Central Washington 378, Azusa Pacific 437, Dixie State 505, Cal St. East Bay 508, Western Oregon 518, Fresno Pacific 610, Northwest Nazarene 643, Concordia (Ore.) 653, Cal St. LA 682, Concordia (Calif.) 699, Alaska 702, Cal St. Monterey Bay 717, Saint Martin's 753, Sonoma St. 803, Montana State Billings 831, Notre Dame de Namur 849.

Men's Results (10,000m)

1. David Ribich, WOU	29:49.2	63. Sean Eustis, WWU	31:45.6	126. Jake Garrissere, SFSU	33:07.1	Jacob Silva, CSULA	DQ
2. Kyle Medina, CSUC	29:57.5	64. Justin Crosswhite, WOU	31:48.6	127. Royce Garcia, SPU	33:08.2	Luis Ayala-Sierra, CSULA	DQ
3. McMarshall Hartsenburg, CBU	29:59.9	65. Tim Corvese, UCSD	31:51.2	128. Alex Wallach, CSUMB	33:10.2	Anthony Palacio, HSU	DQ
4. Ruben Dominguez, CPP	30:01.8	66. Daniel Tull, HSU	31:55.0	129. Chandler Maciel, FPU	33:10.2		
5. Gatien Airiau, AAU	30:08.4	67. Jorey Egeland, MSUB	31:55.3	130. Jacob Walsh, UAF	33:11.7	WOMEN	
6. Edwin Kangogo, UAA	30:11.5	68. Steven Terris, CSUSM	31:55.6	131. Hanson Lee, CWU	33:12.0	1. Caroline Kurgat, UAA	20:26.1
7. Jeremy Porter, APU	30:12.6	69. Godfrey Kemboi, NNU	31:55.6	132. Eric Alvarez, CSUS	33:13.5	2. Anett Somogyi, CBU	21:04.5
8. Connor Fisher, CSUC	30:19.2	70. Zech Snel, CSUMB	31:56.1	133. Kurt Hake, APU	33:16.5	3. Emeline Delanis, CBU	21:08.6
9. Simon Bedard, CBU	30:21.6	71. Angel Aguirre, CUI	31:56.5	134. Evan Gonzales, CSUMB	33:20.5	4. Hannah Dorman, CSUC	21:10.9
10. Jack Johnson, CSUC	30:22.7	72. Brett Bermudez, AAU	31:56.8	135. Carson Cohn, HSU	33:20.9	5. Natalie Rodriguez, CSUSM	21:16.1
11. Pierre-Louis Detourbe, CBU	30:23.9	73. Peder Rickbeil, SPU	31:57.3	136. Alex Grimmitt, HSU	33:21.9	6. Julia Howley, SFU	21:23.0
12. Josh Litwiller, CSUSM	30:25.8	74. Kyle Rossman, CSUSM	31:57.4	137. Julian Romero, UCSD	33:22.9	7. Swann Phelippeau, AAU	21:27.5
13. Dustin Nading, WOU	30:28.9	75. Nick Hamilton, NNU	31:58.3	138. Christian Barajas, CSUMB	33:23.7	8. Tatiana Gillick, HSU	21:30.0
14. Andrew Wise, WWU	30:30.9	76. Dustyn Salomon, HSU	31:58.6	139. Ivan Colmenero, MSUB	33:24.5	9. Ella Verhees, UCSD	21:30.4
15. Oliver Jorgensen, SFU	30:42.4	77. Corbin Carlton, CWU	31:59.2	140. Stephen Fey, WU	33:27.5	10. Hannah Benoit-Bucher, PLNU	21:31.3
16. Sean Miller, SFU	30:46.9	78. Josh Boston, CWU	32:06.4	141. Seiji Takagi, UAF	33:28.5	11. Fruzsina Landayi, CBU	21:32.7
17. Teddy Kassa, CSUC	30:49.4	79. Hector Arteaga, CUI	32:08.4	142. Austin Magin, SFSU	33:32.1	12. Kennedy Rufener, WOU	21:32.8
18. Eddie King, CSUC	30:51.8	80. Josh Moats, CU	32:09.6	143. Nathan Nickeson, FPU	33:32.6	13. Lisa Flora, CSUSM	21:33.7
19. Rowan Doherty, SFU	30:52.5	81. Joey Benrubi, UCSD	32:09.6	144. James Logan, APU	33:33.6	14. Annie Roberts, HSU	21:34.0
20. Aren Johnson, UCSD	30:53.4	82. Rabah Houali, AAU	32:10.8	145. Jimmy Chagoya, HPU	33:34.5	15. Zannah Jephumba, UAA	21:34.2
21. Chris Lessard, CSUEB	30:54.9	83. Phillip Dorado, CSUSM	32:11.7	146. Elius Graff, SPU	33:35.4	16. Alex Burkhart, CSUC	21:38.6
22. Christian Rodriguez, CPP	30:55.1	84. Chase Cunningham, NNU	32:12.0	147. Ryan Abdalla, NNU	33:38.2	17. Miryam Bassett, SFU	21:39.6
23. Victor Moreau, AAU	30:57.3	85. James Jasperson, WWU	32:12.5	148. Yonas Desta, DSU	33:41.2	18. Alexa Shindruk, CWU	21:40.7
24. Arturo Arevalo, CSUC	30:57.8	86. Leo Skellenger, CSUEB	32:15.7	149. Mark Werley, CSUSM	33:41.7	19. Lorraine Fernandez, CPP	21:41.0
25. Mateo de Dalmases, SFU	30:59.0	87. Nathaniel Tamminga, APU	32:17.4	150. Luis Barrera, CSUS	33:42.7	20. Haley Kroll, CSUC	21:45.6
26. Shea Vavra, CSUSM	30:59.4	88. Dawson Ribeiro, SFU	32:18.1	151. Noah Wallace, CU	33:43.5	21. Danielle McCormick, UAA	21:47.0
27. Jadon Olson, WWU	31:00.8	89. Garrett Boulais, UCSD	32:22.4	152. Brysten James, SPU	33:45.1	22. Mariah Burroughs, UAA	21:47.7
28. Dennis Messmer, CBU	31:02.5	90. Trevor Allen, CWU	32:22.5	153. Carson Jessop, MSUB	33:47.4	23. Casey Monoszlaj, CPP	21:49.9
29. Nathan Kipchumba, UAA	31:03.4	91. Oscar Soto, CPP	32:23.2	154. Jan Cech, UAF	33:48.9	24. Caroline Barkechir, CBU	21:50.0
30. Caton Avilla, CSUC	31:03.9	92. Kaleb Korta, UAA	32:23.6	155. Nathan-Michael Guzman, CSULA	33:52.9	25. Emmah Chelimo, UAA	21:52.1
31. Freddie Hessian, AAU	31:04.4	93. Miguel Ramirez, DSU	32:24.3	156. Erick Ayala, CSUS	33:57.1	26. Kimberly Coscia, UAA	21:54.1
32. Parker Marson, WOU	31:05.2	94. Ben Fish, DSU	32:24.8	157. Buay Deng, DUC	34:02.9	27. Adriana Calva, SFSU	21:54.8
33. Michael Lowrie, CBU	31:06.8	95. Mark Field, APU	32:26.2	158. Tyson Mckeon, DSU	34:09.4	28. Katherine Robinson, CBU	21:56.3
34. Alex Torres, FPU	31:07.7	96. Lukash Platil, UAF	32:26.9	159. Matt Whitworth, HPU	34:11.1	29. Giulia McLsac, AAU	21:57.2
35. Chris Goertzen, FPU	31:11.8	97. Rene Siqueiros, SFSU	32:27.9	160. Nizar Sweileh, CSUS	34:12.3	30. Haley Boynton, CSUC	21:59.3
36. Tyler Jones, WOU	31:12.5	98. Jonathan Estrada, SFSU	32:30.3	161. Miguel De LaMarena, SMU	34:20.6	31. Salena Gallardo, CSUSM	22:01.7
37. Nickson Koech, UAA	31:13.2	99. Elijah Horwitz, UCSD	32:20.4	162. Peyton Brothers, NNU	34:23.6	32. Jenna Wilson, APU	22:02.6
38. Devon Reed, CPP	31:15.1	100. Alberto Venegas, CSUEB	32:30.5	163. Carlos Gonzalez, SFSU	34:26.9	33. Addy Townsend, SFU	22:03.0
39. Josh Dempsey, WOU	31:16.2	101. Chris Sobczak, SFU	32:31.2	164. Shawn Trejo, CUI	34:27.9	34. Olivia Willett, SFU	22:03.0
40. Jorge Sanchez, UAA	31:18.2	102. Henry Milodragovich, CWU	32:31.3	165. Levi Schilter, SMU	34:29.1	35. Kayden Carpenter, CSUC	22:03.9
41. Jayden Emerson, CBU	31:21.3	103. Samuel Bautista, CUI	32:32.1	166. Noah Murry, CU	34:29.6	36. Katie Deimling, CBU	22:03.9
42. Garrett Lepine, UCSD	31:23.5	104. Josh Hunt, SMU	32:35.2	167. Joe Edgecomb, SMU	34:39.6	37. Chelsea Ribiero, SFU	22:04.7
43. Marvin Thomas, AAU	31:28.1	105. Israel Sotelo, CSUEB	32:37.7	168. Jogan Morris, DUC	34:41.7	38. Lillianna Stelling, WWU	22:05.4
44. Judd Lewis, CU	21:28.8	106. Max Hite, CSUMB	32:40.3	169. Colton Buster, SMU	34:47.5	39. Tracy Melville, WWU	22:06.4
45. Cody Drisko, APU	31:32.2	107. Ron Leaf, CWU	32:40.4	170. Ricardo Pena, CSULA	34:50.2	40. Nora Pizzella, CSUC	22:07.3
46. Carlos Vargas, SFU	31:33.8	108. Brittan Reed, CPP	32:42.1	171. Ben Hansen, SPU	34:57.7	41. Kristin Semancsin, UCSD	22:08.5
47. Pedro Cruz, CSUEB	31:33.9	109. Connor Nolen, FPU	32:43.5	172. Josiah Alvertis, UAF	35:00.0	42. Samantha Barajas, CPP	22:12.1
48. Esteban Leon, CSUEB	31:34.3	110. Carl Wahlin, UAF	32:44.6	173. David Puga, CSULA	35:00.9	43. Cynthia Mejia, CSUS	22:13.4
49. Tyus Mendoza, MSUB	31:35.8	111. Jarred Gregory-Grimes, AAU	32:45.4	174. Guillaume Tabary, SMU	35:03.4	44. Alexandra Hernandez, PLNU	22:14.5
50. Michael Mrgudic, CSUS	31:36.5	112. Tyler Humphries, CWU	32:47.1	175. Anthony Ruiz, CUI	35:09.2	45. Camille Hansen, SFSU	22:14.7
51. Eric Hamel, WWU	31:37.6	113. Ronald Venema, MSUB	32:47.7	176. Isaiah Madrigal, APU	35:09.6	46. Cessair McKinney, HSU	22:15.5
52. Grant Stromberg, CPP	31:38.3	114. Dominic Giordano, CU	32:48.5	177. Logan Phillips, CSUMB	35:18.6	47. Alyssa Foote, SPU	22:16.2
53. Austin Sanchez, SFSU	31:38.5	115. Adam Gonzalez, FPU	32:50.1	178. Jeran Sykes, HSU	35:20.6	48. Megan Satterfield, CSUEB	22:18.4
54. Andrew Selevos, SFSU	31:39.3	116. Miguel Morales, CSUEB	32:50.2	179. William Best, CUI	35:20.7	49. Elizabeth Hernandez, CPP	22:19.4
55. Joseph Gonzales, CSUSM	31:39.8	117. Rylan Manzer, NNU	32:50.4	180. Drake Henson, MSUB	35:29.2	50. Elise Larson, APU	22:20.2
56. Hunter Chamberlain, DSU	31:40.4	118. Liam Cossette, WWU	32:51.2	181. Jonathan Matson, FPU	35:40.8	51. Paul Stonehouse, CSUSM	22:23.4
57. Isaac Gonzalez, CSUS	31:40.7	119. Lyon Kopsack, UAF	32:52.5	182. Paul Roman, DUC	35:42.4	52. Alexandria Tucker, CSUC	22:25.0
58. Dylan Hayes, WWU	31:41.5	120. Shad Galloway, SPU	32:52.9	183. Derrick Howlett, SMU	35:50.1	53. Clarissa Morales, CSUS	22:25.0
59. Isaac Mitchell, NNU	31:43.5	121. Jose Macias, CU	32:53.3	184. Jack Pickell, MSUB	35:59.7	54. Brianna Bartello, PLNU	22:26.5
60. Felix Kemboi, UAA	31:44.6	122. Justin Carrancho, UAA	32:55.7	185. Jose Garcia, CSULA	36:30.3	55. Ericka Taylor, CSULA	22:26.9
61. Mirco Zenzen, CBU	31:45.2	123. Tyler Arnold, CUI	32:56.1	186. Anthony Sassano, DUC	36:34.6	56. Symone Booker, CPP	22:27.2
62. Jeremiah Suzara, CPP	31:45.6	124. Matthew Morris, CSUMB	33:03.3	187. Christian Li, DUC	37:17.9	57. Katherine Walter, SPU	22:28.3
		125. Tomas Huerta, CSUS	33:06.8	188. Elliot Portillo, HSU	37:53.8	58. Leanda du Bruyn, CBU	22:29.1

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

2017 Women's Results Continued

59. Alexandra Laiblin, WWU	22:29.2	97. MaKenna Duda, CSUEB	23:10.2	136. Jackline Knight, CWU	23:58.8	175. Rosalva Quevedo, CSUEB	24:58.0
60. Jane Barr, WWU	22:30.3	98. Alexandra Bergholtz, UAF	23:11.0	137. Morgan Siebka, UAF	24:01.0	176. Grace Weller, UAF	24:59.1
61. Maddy Hutchison, WWU	22:31.3	99. Brenna Carlson, CWU	22:11.9	138. Anna Hamilton, NNU	24:02.0	177. Kaitlyn Wood, CSUMB	25:04.3
62. Magali (Allie) Arsiniega, SFSU	22:32.1	100. Anahi Betart, CPP	23:13.7	139. Andie LeDesma, HSU	24:02.7	178. Ann-Cathlin Uhl, UAF	25:06.3
63. Jamie Morris, AAU	22:33.8	101. Natalie Vaughn, CSUMB	23:15.1	140. Brooke Caravello, APU	24:03.8	179. Ashlyn Barajas, CSUMB	25:07.6
64. Sierra Manzer, NNU	22:34.8	102. Merin Arft, UCSD	23:16.1	141. Jocelyn Macias, CUI	24:05.3	180. Kelsea Campbell, CU	25:08.0
65. Shelby Eberwein, CSUSM	22:35.1	103. Vicki Arevalo, FPU	23:17.0	142. Emily Hammons, NNU	24:05.6	181. Arlene Avalos, DSU	25:09.4
66. Yadira Lopez, SMU	22:36.3	104. Nichelle Jackson, CPP	23:17.3	143. Olivia Woods, WOU	24:06.1	182. Ashley Harris, NNU	25:10.9
67. Sophia Galvez, WWU	22:36.3	105. Gabby Hobson, CU	23:17.8	144. Cicelya Beard, CSULA	24:06.3	183. Sadie Dalglish, SMU	25:14.7
68. Jax Heckers, CSUSM	22:39.6	106. Cecelia Carretero, CSUEB	23:17.9	145. Bailey Fjelstul, CU	24:06.4	184. Noelle Reyes, NDNU	25:16.7
69. Tamara Perez, UAA	22:40.8	107. Jordan Linsky, SFSU	23:18.7	146. Cassandra Martinez, NDNU	24:07.3	185. Jordan Allen, CSUMB	25:19.5
70. Madelein Dignadice, AAU	22:41.1	108. Jasmine Casillas, SSU	23:19.7	147. Natali Contreras, APU	24:11.4	186. Kelby Wagner, MSUB	25:20.2
71. Mary Charleson, SPU	22:47.6	109. Pearl Shoemaker, SFSU	23:20.0	148. Claire Fisher, CSUEB	24:12.0	187. Alondra Ortiz, CSUEB	25:20.7
72. Kendall Herod, CSUS	22:47.9	110. Kaylee Thompson, HSU	23:20.0	149. Jocelyn Duran, PLNU	24:13.1	188. Grace Hall, HSU	25:20.7
73. Anahi Soriano, CSUSM	22:48.4	111. Nicole Pederson, CU	23:20.2	150. Breeana Montoya, FPU	24:13.4	189. Alyssa Stromsland, PLNU	25:24.5
74. Sophie Dodd, SFU	22:49.0	112. Camille Perkins, UCSD	23:21.5	151. Brooke Gottmeier, HPU	24:14.5	190. Mikayla Mesker, SSU	25:26.3
75. Skyler Storie, DSU	22:49.3	113. Dana Pollard, CSUEB	23:22.9	152. Alyssa Renteria, SSU	24:18.2	191. Gina Rowley, SSU	25:28.5
76. Iris Carrillo, CSUS	22:50.7	114. Mackenzie Harder, PLNU	23:25.3	153. Anja Majjala, UAF	24:18.9	192. Sierra Downum, SSU	25:30.9
77. Laynee Wells, DSU	22:50.8	115. Anela Christensen, DSU	23:25.3	154. Stephanie Bernal, CSUS	24:19.0	193. Toni Cardoza, NDNU	25:35.5
78. Chynna Phan, SPU	22:51.9	116. Rosa Granados, HSU	23:28.7	155. Clarisa Hernandez, CSULA	24:21.3	194. Heidi Nisly, NNU	25:44.6
79. Dania Holmberg, SPU	22:53.2	117. Paige Nock, SFU	23:33.1	156. Isabelle Tingstad, WOU	24:22.5	195. Jerrica Martin, MSUB	25:46.6
80. Kimberly Carter, HPU	22:54.2	118. Araceli Mancilla, FPU	23:33.9	157. Savannah Neu, CUI	24:22.9	196. Sara Harrington, CU	25:49.4
81. Nicole Soleim, CWU	22:54.6	119. Rosalba Cabrera, CUI	23:36.9	158. Kimberly Fitzgerald, UAF	24:24.8	197. Taylor Towne, SSU	25:50.2
82. Karina Carstens, UCSD	22:54.7	120. Sara Fish, DSU	23:37.0	159. Trinity Gomez, CSUMB	24:24.9	198. Catrina Schuchard, MSUB	25:53.8
83. Jordyn Zorn, FPU	22:55.2	121. Billie Hatch, DSU	23:37.2	160. Anamauri Hernandez, CUI	24:26.3	199. Kateri Rush, MSUB	25:59.5
84. Chandler Johnson, AAU	22:57.0	122. Bethany Danner, NNU	23:38.5	161. Molly Mulay, CSUMB	24:27.9	200. KaKenna Conley, NNU	26:04.5
85. Nancy Juarez, CSUS	22:59.5	123. Cassie McKinney, WOU	23:38.8	162. Graciellita Bastidas, FPU	24:28.4	201. Milagros Vizcaino, NDNU	26:06.2
86. Belle Moran, APU	22:59.9	124. Kendra Corey, UCSD	23:40.0	163. Aysia Killingbeck, CU	24:28.7	202. Hannah Hopkins, CUI	26:21.7
87. Marissa Bartello, PLNU	23:00.2	125. Sarah Martinez, SFSU	23:40.7	164. Tatjana Spaic, UAF	24:31.5	203. Tera Zortman, CUI	26:36.8
88. Kate Lilly, SPU	23:00.2	126. Alyssa Haring, DSU	23:44.1	165. Bailey Bomar, MSUB	24:33.6	204. Daniela Camacho, NDNU	26:57.5
89. Suzie Van De Grift, WOU	23:01.8	127. Hadley Clark, CSUMB	23:48.5	166. Karina Vidrios, FPU	24:42.4	205. Laura Hernandez, CSULA	27:09.7
90. Ashley Brown, AAU	23:03.1	128. Hailey Kettel, SPU	23:49.5	167. Janet Meza-Avila, CSULA	24:43.2	206. Sarah Beatty, MSUB	27:55.4
91. Miranda Nelson, CWU	23:03.2	129. Bailey Wade, CUI	23:50.9	168. Adriana Velasco, CSULA	24:44.1	207. Cassie La Brake, SMU	28:41.8
92. Akia Buford, CSUS	23:03.7	130. Lindsey Dorney, SMU	23:52.6	169. Beatriz Martinez, AAU	24:46.5	208. Mariah Villapudua, NDNU	28:45.9
93. Delaney Clem, CWU	23:03.9	131. Fabiola Naranjo, SFSU	23:53.3	170. Megan Rose, WOU	24:47.4	209. Olivia Abbott, SMU	30:30.0
94. Shalyn Mabritto, UCSD	23:04.5	132. Taylor Hurlock, APU	23:54.3	171. Camille Schutze, SSU	24:49.1		
95. Peyton Shinnick, WWU	23:05.3	133. Cori Herral, NDNU	23:55.3	172. Ariana Jasso, FPU	24:50.9		
96. Nikki Allen, MSUB	23:06.3	134. Kiersten Kimminau, CWU	23:55.4	173. Carly Halm, APU	24:52.3		
		135. Kaitlyn Bailly, CU	23:56.3	174. Yeshi Vaughan, SMU	24:53.7		

GNAC CROSS COUNTRY REGIONAL CHAMPIONSHIP HISTORY

NAIA Regional Championship History

2000 (Nov. 3 at Clarkston, Wash.): Men's Team Scores – Simon Fraser 30, British Columbia 52, Northwest Nazarene 69, Seattle 86, Lewis-Clark State 106. **Individuals (8,000 Meters)** – 1. Byron Wood, UBC, 25:58.25; 5. Aaron Matthias, NNU, 26:57.21; 6. Ben Wornell, NNU, 27:00.61; 8. Steve Manos, SU, 27:10.68; 11. Carlos Siqueros, SU, 27:16.18; 13. Zach Dwello, NNU, 27:23.77; 18. Brice Roncace, NNU, 28:06.63; 20. Dain Engbretsen, SU, 28:15.01. **Women's Team Scores** – Northwest Nazarene 41, Simon Fraser 47, Lewis-Clark State 63, British Columbia 70, Seattle 125. **Individuals (5,000 Meters)** – 1. Desneige McLean, SFU, 18:50.33; 3. Kristi Lind, NNU, 19:39.20; 4. Ann-Marie Wiggins, NNU, 19:45.35; 5. Heather Esposito, NNU, 19:57.02; 10. Tara Matthews, SU, 20:06.82; 13. Susan Young, NNU, 20:21.74; 16. Mary Glaze, NNU, 20:28.96.

2001 (Nov. 3 at Kirkland, Wash.): Men's Team Scores - Northwest Nazarene 32, British Columbia 64, Eastern Oregon 75, Simon Fraser 103, Lewis-Clark State 156, Seattle 165, Southern Oregon 187, Warner Pacific 249, Oregon Tech 271, Cascade 272, Evergreen State 290. **Individuals** - 1. David Milne, UBC, 24:39; 4. Francis Kimeli, NNU, 24:54; 5. Aaron Matthias, NNU, 24:59; 6. Caleb Tubei, NNU, 25:01; 7. Juraj Trubiroha, NNU, 25:03; 10. Zach Dwello, NNU, 25:12; 14. Brice Roncace, NNU, 25:19; 25. Steve Manos, SU, 25:54; 27. Ben Wornell, NNU, 26:02; 32. Dain Engbretsen, SU, 26:17; 39. Joseph Hughes, SU, 26:49. **Women's Team Scores** - Northwest College 41, Simon Fraser 95, Lewis-Clark State 96, British Columbia 101, Southern Oregon 132, Northwest Nazarene 154, Seattle 177, Eastern Oregon 229, Warner Pacific 241, Oregon Tech 259, Cascade College 289, Evergreen State 290. **Individuals** - 1. Emilie Mondor, SFU, 16:42; 4. Kelly Fullerton, SU, 17:52; 11. Ann-Marie Wiggins, NNU, 18:22; 22. Erica Madison, NNU, 18:57; 23. Tara Matthews, SU, 18:58; 24. Kelly Dotson, SU, 19:01; 35. Susan Young, NNU, 19:34; 41. Rachele Cronrath, NNU, 19:47; 47. Mindy Meier, NNU, 20:01; 54. Jessica Wiggins, NNU, 20:13; 60. Kristin Lane, NNU, 20:27.

2010 Association of Independent Institutions (Nov. 6 at San Diego): Men - Cal State San Marcos 32, British Columbia 45, Simon Fraser 68, SOKA 99, Southwestern 156, Johnson and Wales 160. **Individuals (8,000 Meters)** - 1. Brett Campfield, CSU San Marcos, 24:43; 3. Ryan Brockerville, SFU, 25:19; 7. Kyle Forster, SFU, 25:44. **Women** - Cal State San Marcos 24, Simon Fraser 42, British Columbia 60, SOKA 120. **Individuals (5,000 Meters)** - 1. Helen Croft, SFU, 17:39; 6. Angela Shaw, SFU, 17:55; 10. Brianna Kane, SFU, 18:06.