



# GNAC CROSS COUNTRY ALL-TIME NATIONAL MEET RESULTS

Updated Through 2018 Season

## MEN'S YEAR BY YEAR TEAM SCORES

Year	UAA	UAF	CWU	CU	HSU	MSUB	NNU	SMU	SPU	SU	SFU	WOU	WWU
2001	16th/407												
2002	12th/358												
2003													
2004													13th/312
2005	20th/490								19th/512				
2006	15th/402												
2007													
2008	11th/288												11th/303
2009	17th/415												10th/263
2010	8th/262												4th/170
2011	8th/290											20th/493	9th/269
2012	3rd/148											14th/374	10th/324
2013	7th/256												21st/542
2014	6th/196												20th/544
2015	3rd/138										20th/592		13th/332
2016	8th/289*										12th/372		
2017												21st/534	
2018	8th/279										14th/421		26th/677

\* - Alaska Anchorage originally placed 5th with 222 points. Changed due to NCAA action.

## WOMEN'S YEAR BY YEAR TEAM SCORES

Year	UAA	UAF	CWU	CU	HSU	MSUB	NNU	SMU	SPU	SU	SFU	WOU	WWU
2001					14th/331								
2004	21st/489												
2005	12th/350												
2006									6th/195				
2007									2nd/178				
2008	9th/266												10th/301
2009	5th/158								4th/151				8th/300
2010	6th/185											21st/563	10th/300
2011	6th/152	17th/436											12th/390
2012	6th/202								17th/393				
2013	4th/214								21st/492		7th/251		18th/452
2014	8th/280		18th/461						7th/225				12th/352
2015	8th/317								12th/398				
2016	8th/259										6th/210		
2017	5th/180										10th/332		
2018	6th/255								15th/466		9th/342		20th/525

No GNAC teams qualified for NCAA Division II Championships in 2002, 2003

## GNAC CROSS COUNTRY ALL-TIME NATIONAL MEET RESULTS

**2000 NCAA Division II Championships (Nov. 18 at Pomona, Calif.): Men** – 14. Humboldt State 346. **All-Americans (10,000 meters)** – 25. Peter Clusener, HSU, 32:40.1. **Other PacWest Finishers** – 59. Tobias Schwoerer, UAA, 33:32.2; 68. Damian Rogers, HSU, 33:36.6; 72. Louie White, HSU, 33:52.0; 109. Lehrin Morey, HSU, 34:53.7; 119. Adam Hall, HSU, 35:13.0; 120. Nick Gai, HSU, 35:14.2; 159. Gregory Phillips, HSU, 36:46.0. **Women** – 7. Central Washington 190. **All-Americans (6,000 meters)** – 7. Lisa Blomme, HPU, 22:07.2. **Other PacWest Finishers** – 38. Abby Bielenberg, CWU, 23:06.3; 40. Amy Forrey, CWU, 23:09.0; 41. Alicen Maier, CWU, 23:10.3; 43. Sarah Forrey, CWU, 23:12.8; 65. Krissi Mathers, CWU, 23:37.9; 27. Kelly VandenEkat, CWU, 23:52.2; 79. Josie Beggs, CWU, 23:52.9.

**2000 NIAA Championships (Nov. 18 at Kenosha, Wisc.): Men (8,000 Meters)** – 89. Aaron Matthias, NNU, 27:05. **Women** – 13. Northwest Nazarene 281. **NNU Finishers (5,000)** – 36. Kristi Lund, NNU, 19:14; 59. Ann-Marie Wiggins, NNU, 19:39; 66. Heather Esposito, NNU, 19:43; 109. Susan Young, NNU, 20:19; 113. Erica Madison, NNU, 20:21; 156. Mindy Meier, NNU, 20:58; 167. Mary Glaze, NNU, 21:08.

**2001 NCAA Division II Championships (Nov. 17 at Slippery Rock, Pa.): Men** – 16. Alaska Anchorage 407. **GNAC Finishers (10,000 meters)** – 35. Toby Schwoerer, UAA, 33:13.1; 73. Eric Strabel, UAA, 34:08.9; 87. Sean Rivers, UAA, 34:26; 114. Nathanael Castle, SPU, 35:02.3; 121. Andy Elvester, UAA, 35:11.1; 134. Vernon Campbell, UAA, 35:30.7; 159. Nate Normandin, UAA, 36:21.5; 166. Scott Rood, UAA, 36:38.6. **Women** - 14. Humboldt State 331. **GNAC Finishers (6,000 meters)** - 51. Dolores Bergmann, HSU, 23:07.3; 57. Rachael Wiseman, HSU, 23:20.4; 74. Kati Gosnell, HSU, 23:43.2; 98. Tammy Hunt, HSU, 24:05.4; 119. Becky Mello, HSU, 24:34.0; 167. Sadie Solem, HSU, 25:53.0.

**2001 NIAA Championships (Nov. 17 at Kenosha, Wisc.): All-Americans (8,000 meters)** - 14. Francis Kimeli, NNU, 25:41. **Other GNAC Finishers** - 48. Juraj Trubiroha, NNU, 26:27; 68. Ben Wornell, NNU, 26:43; 75. Zach Dwello, NNU, 26:49; 78. Aaron Matthias, NNU, 26:50; 70. Caleb Tubei, NNU, 26:51; 131. Brice Roncace, NNU, 27:30. **Women (5,000 meters)** – **GNAC Finishers**, 31. Kelly Fullerton, SU, 18:56.

**2002 NCAA Division II Championships (Nov. 23 at Ashland, Ohio): Men** - 12. Alaska Anchorage 358. **All-Americans** - 7. Paul Kezes, WWU, 31:16.7. **Other GNAC Finishers** - 44. Pete Clusener, HSU, 32:37.0; 55. Eric Strabel, UAA, 33:02.6; 56. Sean Rivers, UAA, 33:03.7; 67. Andy Elvester, UAA, 33:15.5; 71. Tobias Schwoerer, UAA, 33:18.8; 109. Todd List, UAA, 34:03.8; 126. Nate Normandin, UAA, 34:33.3; 137. Chris Cannon, UAA, 34:55.2. **Women** – No GNAC athletes qualified for the meet.

**2003 NCAA Division II Championships (Nov. 22 at Raleigh, N.C.): Men** - 13. Western Washington 312. **All-Americans** - 41. Kurt Hartmaier, WWU, 32:42.6. **Other GNAC Finishers** - 47. Brian Brancheau, WWU, 32:49.1; 64. Steve DeKoker, WWU, 33:14.9; 68. T.J. Garlatz, WWU, 33:18.5; 123. Doug Hamilton, HSU, 34:41.90; 130. Logan Senrud, WWU, 34:50.4; 155. Sam Brancheau, WWU, 35:40.2; 172. Justin McNeil, WWU, 36:53.9. **Women** – No GNAC teams qualified. **All-Americans** - 21. Laura Trevellyan, WWU, 22:18.5.

**2004 NCAA Division II Championships (Nov. 20 at Evansville, Ind.): Men** – 19. Seattle Pacific 512. **GNAC Finishers** – 56. Brian Kostock, HSU, 33:51.9; 64. Tim LeCount, SPU, 34:16.0; 100. Bjorn Bostrom, SPU, 34:58.5; 105. Doug Gibson, SPU, 35:02.8; 117. Brian Cronrath, SPU, 35:22.3; 126. Paul Mach, SPU, 35:42.3; 143. Eddie Strickler, SPU, 36:17.4; 154. James Rosser, SPU, 36:54.2; Jasper Peach, HSU, did not finish. **Women** – 21. Alaska Anchorage 489. **All-Americans** – 4. Karen Dickson, SPU, 21:43.4; 22. Laura Trevellyan, WWU, 22:44.7. **Other GNAC Finishers** - 48. Mandy Kaempf, UAA, 23:41.4; 87. Kamie Jo Massey, UAA, 24:20.2; 95. Kelly Fullerton, SU, 24:12.8; 99. Davya Baker, UAA, 24:31.5; 126. Nicole DeYong, UAA, 25:14.8; 129. Stephanie Myers, UAA, 25:16.9; 147. Danielle Pratt, UAA, 25:50.4; 149. Sarah Hansen, UAA, 25:55.5

**2005 NCAA Division II Championships (Nov. 19 at Chino, Calif.): Men** - 20. Alaska Anchorage 490. **All-Americans** - 15. Casey Moriarty, SU, 32:08.6. **Other GNAC Finishers** - 47. David Kiplagat, UAA, 33:20.9; 96. Aaron Dickson, UAA, 34:36.1; 115. Drew Dickson, UAA, 35:12.7; 149. Leif Olson, UAA, 36:14.8; 152. Mick Boyle, UAA, 36:31.8; 168. Stig Yngve, UAA, 40:06.9; Benjamin Sonntag, did not finish. **Women** - 1. Adams State 54, 2. Grand Valley State 69, 3. Western State 154, 4. Chico State 162, 5. Colorado Mines 194, 7. UC San Diego 225, 12. Alaska Anchorage 350. **All-Americans** - 22. Pavla Havlova, UAF, 22:13.3. **Other GNAC Finishers** - 46. Mandy Kaempf, UAA, 22:51.2; 64. Laura Carr, UAA, 23:29.8; 71. Stacy Edwards, UAA, 23:38.2; 114. Davya Baker, UAA, 24:27.3; 129. Kaley Strachen, UAA, 24:40.6; 156. Danielle Pratt, UAA, 25:33.9; 163. Mary Krusen, UAA, 25:50.9.

**2006 NCAA Championships (Nov. 18 at Pensacola, Fla.): Men** - 15. Alaska Anchorage 402. **GNAC Finishers (10,000 Meters)** - 31. John Riak, SMU, 30:25.8; 41. David Kiplagat, UAA, 30:36.4; 85. Brent Knight, UAA, 31:35.7; 92. Aaron Dickson, UAA, 31:40.6; 120. Drew Dickson, UAA, 32:08.0; 147. Mick Boyle, UAA, 32:50.0; 153. Auston Ellis, UAA, 32:57.1; 173. Andy Liebner, UAA, 33:42.9. **Women** - 6. Seattle Pacific 195. **All-Americans (6000 meters)** - 10. Jessica Pixler, SPU, 20:40.0; 12. Katie Hummel, CWU, 20:43.9. **Other GNAC Finishers** - 50. Mary Moriarty, SPU, 21:36.2; 57. Karin Rohde, SPU, 21:39.7; 62. Suzie Strickler, SPU, 21:44.5; 63. Jane Larson, 21:44.6; 79. Megan Wrightman, SPU, 22:04.0; 132. Kate Harline, SPU, 23:04.4.

**2007 NCAA Division II Championships (Nov. 17 at Joplin, Mo.): Men** – 11. Western Washington 303. **All-Americans (10,000 Meters)** – 1. Nicodemus Naimadu, Abilene Christian, 29:39.7; 26. David Kiplagat, UAA, 31:16.5; 43. Bennett Grimes, WWU, 31:46.5. **Other GNAC Finishers** - 46. John Riak, SMU 31:49.1; 51. Daniel Phillips, WWU, 31:57.6; 58. Jordan Welling, WWU, 32:11.1; 80. Sam Scotchmer, CWU, 32:36.9; 101. Jon Skelton, WWU, 32:57.3; 110. Anthony Tomsich, WWU, 33:04.4; 142. Blake Medhaug, WWU, 34:01.8; 158. Keith Lemay, WWU, 34:34.0. **Women** – 2. Seattle Pacific 178. **All-Americans (6,000 Meters)** – 1. Jessica Pixler, SPU, 20:29.1; 9. Jane Larson, SPU, 20:55.5; 19. Ashley Puga, NNU, 21:22.1. **Other GNAC Finishers** - 45. Sarah Porter, WWU, 21:58.3; 54. Suzie Strickler, SPU, 22:04.7; 63. Karin Rohde, SPU, 22:15.0; 87. Kate Hartline, SPU, 22:39.7; 102. Lisa Anderberg, SPU, 23:03.2; 111. Kaitlin Rohde, SPU 23:08.9.

**2008 NCAA Division II Championships (Nov. 22 at Slippery Rock, Pa.): Men** - 10. Western Washington 263, 11. Alaska Anchorage 288. **All-Americans (8,000 Meters)** - 1. Scott Bauhs, CSUC, 30:23.9; 3. Marko Cheseto, UAA, 31:32; 17. Jacob Parisien, UAA, 31:43; 29. Jordan Welling, WWU, 32:02; 36. Blake Medhaug, WWU, 32:11; 41. Bennett Grimes, WWU, 32:18. **Other GNAC Finishers** - 86. David Kiplagat, UAA, 33:01; 90. Alfred Kangogo, UAA, 33:04; 97. Eric Brill, WWU, 33:14; 101. John Riak, SMU, 33:17; 111. Yonas Berhe, WWU, 33:26; 131. Tahoma Khalsa, WWU, 33:46; 132. Auston Ellis, UAA, 33:47; 147. Sam Bedell, WWU, 34:15; 159. Paul Rottich, UAA, 34:49; 162. Mick Boyle, UAA, 35:00. **Women** - 9. Alaska Anchorage 266, 10. Western Washington 301. **All-Americans (6,000 Meters)** - 1. Jessica Pixler, SPU, 20:59; 13. Sarah Porter, WWU, 21:59; 15. Jane Larson, SPU, 22:02; 28. Elizabeth Chepkosgei, UAA, 22:30. **Other GNAC Finishers** - 48. Laura Carr, UAA, 23:00; 51. Natty Plunkett, SPU, 23:02; 53. Lauren Brehof, WWU, 23:05; 64. Hallidie Wilt, UAA, 23:18; 73. Courtney Olsen, WWU, 23:24; 74. Ruth Jeptoo Keino, UAA, 23:24; 89. Kate Harline, SPU, 23:36; 92. Lisa Anderberg, SPU, 23:40; 108. Katie Hart, SPU, 23:53; 112. Mary Williams, SPU, 23:55; 115. Rachael Johnson, WWU, 23:58; 120. Phoebe Hartnett, WWU, 24:02; 123. Shoshana Keegan, UAA, 24:06; 135. Laura Rombach, UAA, 24:20; 144. Danielle Slaughter, WWU, 24:31; 149. McKinley Williams, WWU, 24:37; 174. Emma Bohman, UAA, 25:25.

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**2009 NCAA Division II Championships (Nov. 21 at Evansville, Ind.): Men** – 4. Western Washington 170, 17. Alaska Anchorage 415. **All-Americans (10,000 Meters)** - 1. Reuben Mwei, Adams State, 30:27.8; 13. Jordan Welling, WWU, 31:44.6; 35. Chris Reed, WOU, 32:28.5; 38. Barak Watson, NNU, 32:30.1; 40. Micah Chelimo, UAA, 32:34.3. **Other GNAC Finishers** - 42. Marko Cheseto, UAA, 32:38.8; 45. Anthony Tomsich, WWU, 32:44.7; 52. Eric Brill, WWU, 32:48.6; 56. Bennett Grimes, WWU, 32:53.7; 61. Blake Medhaug, WWU, 32:59.9; 79. Greg Kubitz, WWU, 33:18.0; 94. Alfred Kangogo, UAA, 33:39.6; 97. Yonas Berhe, WWU, 33:41.5; 143. Michael Adams, UAA, 34:56.4; 174. William Estes, UAA, 36:42.5; 180. Paul Rottich, UAA, 37:26.5. **Women** – 4. Seattle Pacific 151, 5. Alaska Anchorage 158, 8. Western Washington 300. **All-Americans (6,000 Meters)** - 1. Jessica Pixler, SPU, 20:22.6; 2. Sarah Porter, WWU, 20:30.1; 14. Miriam Kipngeno, UAA, 21:16.7; 31. Lauren Breihof, WWU, 21:48.7; 39. Ruth Keino, UAA, 21:58.2. **Other GNAC Finishers** - 45. Hallidie Wilt, UAA, 22:09.9; 46. Suzie Strickler, SPU, 22:11.5; 47. Jane Larson, SPU, 22:12.0; 49. Natty Plunkett, SPU, 22:12.5; 53. Shoshana Keegan, UAA, 22:16.3; 62. Kate Harline, SPU, 22:24.8; 63. Laura Carr, UAA, 22:27.1; 65. Courtney Olsen, WWU, 22:30.2; 80. Lisa Anderberg, SPU, 22:43.5; 112. Kirsten Moore, WWU, 23:13.1; 152. Emma Bohman, UAA, 23:58.5; 153. Sierra Brisky, WWU, 24:02.0; 163. Mary Williams, SPU, 24:15.3; 166. Danielle Slaughter, WWU, 24:31.7; 172. Ariel Roelle, UAA, 24:54.0; 181. Emily Wallen, WWU, 26:09.4.

**2010 NCAA Division II Championships (Dec. 4 at Louisville, Ky.): Men** - 8. Alaska Anchorage 262, 9. Western Washington 269, 20. Western Oregon 493. **All-Americans (10,000 Meters)** - 1. Michael Crouch, Queens, 30:43.2; 8. Jordan Welling, WWU, 31:06.2; 13. Bennett Grimes, WWU, 31:11.8; 21. Micah Chelimo, UAA, 31:18.2; 25. Marko Cheseto, UAA, 31:28.0. **Other GNAC Finishers** - 43. Jacob Parisien, UAA, 31:44.0; 51. Barak Watson, NNU, 31:54.8; 66. Blake Medhaug, WWU, 32:05.8; 68. Chris Reed, WOU, 32:07.1; 75. Connor Kasler, WOU, 32:15.3; 80. Eric Brill, WWU, 32:23.8; 85. Spencer Hunt, SMU, 32:30.0; 101. William Ritekwiang, UAA, 32:48.1; 103. Paul Rottich, UAA, 32:52.8; 119. Justin Karr, WOU, 33:25.5; 131. Nick Abraham, WWU, 33:44.6; 136. Yonatan Yilma, UAA, 33:55.1; 138. Chip Jackson, WWU, 34:00.9; 143. Ryan Chapman, WOU, 34:05.9; 146. Kyle Larson, WOU, 34:10.3; 158. Dan Sprinkle, WOU, 34:25.1; 164. Aaron Rogers, WOU, 34:53.6; 169. Thomas Hill, UAA, 34:59.4; 173. Kyle Johnson, WWU, 35:33.9. **Women** - 6. Alaska Anchorage 185, 10. Western Washington 300, 21. Western Oregon 563. **All-Americans (6,000 Meters)** - 1. Neely Spence, Shippensburg, 20:41.2; 2. Sarah Porter, WWU, 20:56.1; 7. Ruth Keino, UAA, 21:20.8; 12. Miriam Kipngeno, UAA, 21:40.2; 35. Jaclyn Puga, NNU, 22:14.5. **Other GNAC Finishers** - 49. Lauren Breihof, WWU, 22:32.6; 50. Shoshana Keegan, UAA, 22:33.7; 67. Hallidie Wilt, UAA, 22:52.6; 89. Rachael Johnson, WWU, 23:17.1; 91. Erika Snawder, WOU, 23:17.6; 92. Emma Bohman, UAA, 23:18.2; 106. Susan Bick, UAA, 23:37.3; 108. Jessica Boyer, WWU, 23:38.5; 111. Phoebe Hartnett, WWU, 23:42.1; 112. Ivy O'Guinn, UAA, 23:43.8; 127. Amanda Wright, WOU, 23:55.8; 135. Lacey Nation, WWU, 24:10.3; 140. Janelle Everetts, WOU, 24:15.4; 145. KayAnna Cecchi, WOU, 24:19.0; 146. Sierra Brisky, WWU, 24:21.4; 154. Tricia Morrison, WOU, 24:37.0; 156. Megan Everetts, WOU, 24:40.0; 159. Annan Applebee, WOU, 24:42.9.

**2010 NAIA Championships (Nov. 20 at Vancouver, Wash.): Women** – 5. Simon Fraser 177. **Individuals (5,000 Meters)** - 1. Erin Curran, Black Hills, 17:52; 10. \*Helen Croft, SFU, 18:15; 18. \*Jessica Smith, SFU, 18:21; 52. Sarah Sawatzky, SFU, 18:53; 86. Lindsey Butterworth, SFU, 19:14; 98. Brianna Kane, SFU, 19:21; 141. Michaela Kane, SFU, 19:37; 176. Angela Shaw, SFU, 19:52. **Men: Individuals (8,000 Meters)** - 166. Keir Forster, SFU, 27:13. \*NAIA All-Americans

**2011 NCAA Division II Championships (Nov. 19 at Spokane, Wash.): Men** – 1. Western State (Colo.) 27, 2. Adams State 69, 3. Grand Valley State 100, 4. Chico State 110, 5. Colorado Mines 134, 6. Augustana 210, 7. Southern Indiana 267, 8. Alaska Anchorage 290, 9. Metro State 318, 10. Western Washington 324, 14. Western Oregon 374. **All-Americans (10,000 Meters)** – 1. Ryan Haebe, Western State, 30:45.1; 8. Barak Watson, Northwest Nazarene, 31:19.5; 15. Micah Chelimo, UAA, 31:38.4. **Other GNAC Finishers** - 49. Connor Kasler, WOU, 32:20.2; 54. Dan Sprinkle, WOU, 32:29.0; 58. Dak Riek, WWU, 32:37.5; 63. Tyler Cannon, WWU, 32:41.6; 69. Nick Abraham, WWU, 32:50.5; 71. Alfred Kangogo, UAA, 32:50.9; 78. Jake Parisien, UAA, 33:04.0; 81. Dylan Anthony, UAA, 33:06.9; 83. Eric Brill, WWU, 33:08.3; 84. Kyle Van Santen, SMU, 33:08.5; 90. Isaac Kangogo, UAA, 33:20.9; 92. Kyle Larson, WOU, 33:22.1; 101. Tanner Boyd, WWU, 33:31.1; 102. Kyle Johnson, WWU, 33:34.4; 106. Lukas Finley, WOU, 33:37.3; 114. Yonatan Yilma, UAA, 33:45.3; 131. Ryan Chapman, WOU, 34:02.1; 136. Michael Adams, UAA, 34:08.0; 143. Drew Larson, WOU, 34:22.7; 148. Dylan Peterson, WWU, 34:30.4; 154. Brady Beagley, WOU, 34:45.5. **Women** – 1. Augustana 75; 2. Western State 79; 3. Grand Valley 104; 4. Adams State 120; 5. Mary 131; 6. Alaska Anchorage 152; 7. Chico State 213; 8. Ferris State 220; 9. Shippensburg 256; 10. Queens, N.C. 372; 12. Western Washington 390; 17. Alaska Fairbanks 436. **All-American (6,000 Meters)** – 1. Neely Spence, Shippensburg, 20:53.8; 9. Ruth Keino, UAA, 21:35.0; 22. Miriam Kipngeno, UAA, 22:11.3; 35. Ivy O'Guinn, UAA, 22:12.2. **Other GNAC Finishers** - 41. Shoshana Keegan, UAA, 22:23.8; 62. Crystal Pitney, UAF, 22:58.9; 67. Susan Bick, UAA, 23:06.5; 70. Katelyn Steen, WWU, 23:09.0; 73. Lauren Breihof, WWU, 23:14.9; 75. Bryn Haebe, UAA, 23:16.6; 91. Raphael Sieber, UAF, 23:32.7; 92. Rachael Johnson, WWU, 23:33.8; 97. Theresia Schnurr, UAF, 23:36.8; 98. Susan Tanui, UAA, 23:37.1; 114. Mary Rogers, WWU, 23:52.7; 116. Haley O'Connor, WWU, 23:56.1; 126. Jana Benedix, UAF, 24:05.1; 135. Mikhaila Thornton, WWU, 24:14.1; 138. Heather Edic, UAF, 24:18.8; 145. Susan Brisky, WWU, 24:30.1; 150. Alyson McPhetres, UAF, 24:35.6; 170. Kryston McPhetres, UAF, 25:32.0.

**2012 NCAA Division II Championships (Nov. 17 at Joplin, Mo.): Men** – 1. Adams State 34, 2. Colorado Mines 102, 3. Alaska Anchorage 148, 4. Augustana (S.D.) 182, 5. Chico State 183, 6. Western State 194, 7. Grand Valley State 222, 8. Missouri Southern 308, 9. Edinboro and Ashland 325; 21. Western Washington 542. **All-Americans (10,000 Meters)** - 1. Micah Chelimo, UAA, 28:56.6; 14. Alfred Kangogo, UAA, 29:56.5; 23. Dylan Anthony, UAA, 30:09.4; 37. Dak Riek, WWU, 30:20.9. **Other GNAC Finishers** - 67. Kevin Rooke, UAA, 30:55.3; 72. Jacob Parisien, UAA, 30:58.9; 126. Tyler Cannon, WWU, 31:46.8; 127. Isaac Kangogo, UAA, 31:47.0; 143. Tanner Boyd, WWU, 31:57.1; 155. Chip Jackson, WWU, 32:05.2; 166. Kyle Johnson, WWU, 32:15.1; 186. Tabor Reedy, WWU, 32:35.8; 189. Dominik Notz, UAA, 32:40.9; 196. Dylan Peterson, WWU, 32:47.1. **Women** – 1. Grand Valley State 101, 2. Augustana (S.D.) 104, 3. Adams State 109, 4. Western State 172, 5. Chico State 200, 6. Alaska Anchorage 202, 7. Shippensburg 287, 8. Colorado Mines 292, 9. Winona State 304, 10. UC-Colorado Springs 326, 17. Seattle Pacific 393. **All-Americans (6,000 Meters)** – 1. Alicia Nelson, Adams State, 20:03.3; 2. Susan Tanui, UAA, 20:12.6. **Other GNAC Finishers** - 44. Katie Thralls, SPU, 21:28.2; 48. Ivy O'Guinn, UAA, 21:34.5; 50. Miriam Kipngeno, UAA, 21:35.9; 62. Sarah Freistone, UAF, 21:46.9; 92. McKayla Fricker, SPU, 22:05.6; 93. Susan Bick, UAA, 22:10.6; 96. Katie Morris, SPU, 22:17.3; 100. Bryn Haebe, UAA, 22:20.9; 122. Lynelle Decker, SPU, 22:34.6; 129. Jasmine Johnson, SPU, 22:37.9; 132. Anna Patti, SPU, 22:38.7; 135. Robyn Zeidler, SPU, 22:40.5; 170. Katie Krehlik, UAA, 22:57.8.

**2013 NCAA Division II Championships (Nov. 23 at Spokane, Wash.): Men** – 1. Adams State 54, 2. Grand Valley State 104, 3. Augustana (SD) 122, 4. Western State 137, 5. Colorado Mines 187, 6. Chico State 242, 7. Alaska Anchorage 256, 8. Cal Poly Pomona 304, 9. Edinboro 309, 10. Ferris State 312; 20. Western Washington 544). **All-Americans (10,000 Meters)**- 1. Tabor Stevens, Adams State, 29:50.1; 25. Dylan Anthony, UAA, 31:02.6; 32. Victor Samoei, UAA, 31:10.6; 40. Isaac Kangogo, UAA, 31:17.9. **Other GNAC Finishers** - 61. Chip Jackson, WWU, 31:37.8; 87. Kevin Rooke, UAA, 32:03.8; 116. Cory Johnson, WWU, 32:30.4; 125. Isaac Griffith, WWU, 32:35.9; 126. Dominik Notz, UAA, 32:36.0; 1335. Michael Mendenhall, UAA, 32:39.4; 153. Jonathan Quimby, WWU, 32:52.0; 162. Andrey Ionashku, UAA, 33:02.1; 177. Tabor Reedy, WWU, 33:13.0; 194. Nathan Richards, WWU, 33:29.4; 204. Dylan Peterson, WWU, 33:45.3. **Women** – 1. Grand Valley State 54, 2. Adams State 91, 3. Western State 194, 4. Alaska Anchorage 214, 5. Augustana (SD) 236, 6. Chico State 242, 7. Simon Fraser 251, 8. Metro State 254, 9. Mansfield 272, 10. Minnesota Duluth 277; 18. Western Washington 452, 21. Seattle Pacific 492. **All-Americans (6,000 Meters)** - 1. Jennifer Agnew, U-Mary, 20:50.7; 12. Lindsey Butterworth, SFU, 21:23.7; 13. Joyce Kipchumba, UAA, 21:27.5; 16. Susan Tanui, UAA, 21:29.9; 33. Connie Morgan, CWU, 21:44.5; 34. Katelyn Steen, WWU, 21:45.7; 37. Kirsten Allen, SFU, 21:47.8. **Other GNAC Finishers** – 43. Emma Chadsey, SFU, 21:51.8; 47. Ivy O'Guinn, UAA, 21:57.3; 60. Natalie Evans, NNU, 22:14.1; 69. Susan Bick, UAA, 22:21.4; 72. Anna Patti, SPU, 22:23.3; 77. Annie Wade, WOU, 22:25.4; 93. Sara Sawatzky, SFU, 22:34.6; 94. Taylor Guenther, WWU, 22:34.6; 106. McKayla Fricker, SPU, 22:40.6; 115. Lynelle Decker, SPU, 22:45.9; 117. Bryn Haebe, UAA, 22:46.7; 122. Rebecca Bassett, SFU, 22:47.5; 128. Jessica Pahkala, UAA, 22:52.0; 131. Haley O'Connor, WWU, 22:52.8; 136. Austen Reiter, WWU, 22:56.5; 138. Sarah Macdonald, SPU, 22:57.7; 144. Lillianna Stelling, WWU, 22:59.8; 157. Jasmine Johnson, SPU, 23:09.9; 170. Sofia Marikis, WWU, 23:19.1; 176. Michaela Kane, SFU, 23:22.7; 186. Hannah Calvert, SPU, 23:34.1; 195. Christi Schmitz, UAA, 23:43.0; 208. Haida Ikeda, WWU, 23:59.6; 236. Claire Rachwitz, SPU, 25:18.8.

## GNAC CROSS COUNTRY ALL-TIME NATIONAL MEET RESULTS

**2014 NCAA Division II Championships (Dec. 6 at Louisville, Ky.): Men** – 1. Adams State 69, 2. Grand Valley St. 127, 3. Augustana (S.D.) 136, 4. Colorado Mines 185, 5. Western State 185, 6. Alaska Anchorage 196, 7. Southern Indiana 219, 8. Sioux Falls 251, 9. Malone 259, 10. Ashland 274, 13. Western Washington 332, 20. Simon Fraser, 592. **All-Americans (Top-40, 10,000 Meters)** – 1. Tabor Stevens, Adams State, 30:02.0. 23, Henry Cheseto, UAA, 31:15.3. 28, Dominik Notz, UAA, 31:22.6. 30, Michael Ramirez, UAA, 31:24.5. **Other GNAC Finishers** – 54, Isaac Griffith, WWU, 31:45.5. 60, Dylan Anthony, UAA, 31:52.3. 63, Sean Eustis, WWU, 31:54.0. 74, Tabor Reedy, WWU, 32:09.6. 88, Oliver Jorgensen, SFU, 32:18.2. 90, Edwin Kangogo, UAA, 32:20.0. 95, Nathan Richards, WWU, 32:24.7. 100, Robert Peterson, MSUB, 32:26.3. 104, Isaac Derline, WWU, 32:29.6. 106, Jonathan Quimby, WWU, 32:31.1. 108, Victor Samoei, UAA, 32:21.2. 110, Kevin Rooke, UAA, 32:32.7. 111, Matt Lutz, WWU, 32:33.3. 128, Marc-Antoine Rouleau, SFU, 32:44.4. 129, Cameron Proceviat, SFU, 32:44.8. 145, Austin Trapp, SFU, 32:52.5. 191, Braeden Charlton, SFU, 33:51.7. 197, Phillippe Gravel, SFU, 34:02.5. 212, Travis Vugteveen, SFU, 34:26.3. **Women** – 1. Grand Valley St. 50, 2. Hillsdale 115, 3. Minnesota-Duluth 118, 4. Adams State 125, 5. Augustana (S.D.) 206, 6. Wayne State (Neb.) 219, 7. Simon Fraser 225, 8. Alaska Anchorage 280, 9. Roberts Wesleyan 295, 10. Colorado Mines 342, 12. Western Washington 352, 18. Central Washington 461. **All-Americans (Top-40, 6,000 Meters)** – 1, Kendra Foley, Grand Valley St., 21:05.8. 5, Katelyn Steen, WWU, 21:20.8. 17, Amy Johnston, UAA, 21:39.9. 28, Connie Morgan, CWU, 21:55.4. 30, Jennifer Johnson, SFU, 21:57.1. **Other GNAC Finishers** – 42, Dani Eggleston, CWU, 22:06.9. 43, Rebecca Bassett, SFU, 22:07.6. 46, Caroline Kurgat, UAA, 22:12.0. 51, Taylor Guenther, WWU, 22:16.4. 56, Kansas Mackenzie, SFU, 22:22.5. 60, Peggy Noel, SFU, 22:29.9. 72, Bryn Haebe, UAA, 22:38.4. 79, Beatrice Decker, UAA, 22:42.1. 83, Miryam Bassett, SFU, 22:42.8. 89, Megan Rogers, CWU, 22:45.7. 98, Haley O'Connor, WWU, 22:47.6. 121, Jessica Pahkala, UAA, 23:05.6. 126, Austen Reiter, WWU, 23:09.4. 140, Mikhalia Thornton, WWU, 23:19.6. 145, Mariah Burroughs, UAA, 23:20.7. 147, Emma Chadsey, SFU, 23:21.7. 155, Brittany Evans, SFU, 23:29.1. 177, Hannah Dowdell, CWU, 23:40.5. 190, Tamera Perez, UAA, 23:52.4. 203, Erin Chinchar, CWU, 24:11.7. 204, Jayna Inderbitzin, CWU, 24:13.0. 216, Brittany Grant, WWU, 24:27.9. 231, Brenna Eldredge, CWU, 25:08.7.

**2015 NCAA Division II Championships (Nov. 21 at Tom Rutledge Cross Country Course, Joplin, Mo.): Men (10,000 Meters):** 1. Colorado Mines 100, 2. Adams State 127, 3. Alaska Anchorage 138, 4. Grand Valley St. 201, 5. Shippensburg 210, 6. Chico State 224, 7. Augustana (S.D.) 259, 8. Wis.-Parkside 312, 9. Cal Poly Pomona 324, 10. Southern Indiana 348, 12. Simon Fraser 372. **All-Americans (Top-40 Finishers):** 1, Alfred Chelanga, Shorter, 29:24.60. 3, Henry Cheseto, UAA, 29:35.60. 8, Dominik Notz, UAA, 29:59.40. 30, Edwin Kangogo, UAA, 30:24.50. **Other GNAC Finishers:** 48, Oliver Jorgensen, SFU, 30:41.20. 44, Marc-Antoine Rouleau, SFU, 30:48.30. 67, David Ribich, WOU, 30:58.60. 68, Michael Mendenhall, UAA, 30:59.70. 74, Victor Samoei, UAA, 31:04.20. 103, Sean Miller, SFU, 31:26.80. 109, Nathan Kipchumba, UAA, 31:33.90. 121, Rowan Doherty, SFU, 31:37.10. 125, Cameron Proceviat, SFU, 31:39.70. 139, Brandon Wong, SFU, 31:48.60. 167, Phillippe Gravel, SFU, 32:38.70. 184, Jesse Miller, UAA, 32:53.90. **Women (6,000 Meters):** 1. Adams State 83, 2. Grand Valley St. 97, 3. Hillsdale 140, 4. Chico State 212, 5. Western State 247, 6. Western Washington 307, 7. Minnesota-Duluth 315, 8. Alaska Anchorage 317, 9. Northern Michigan 319, 10. Southern Indiana 332, 15. Seattle Pacific 398. **All-Americans (Top-40 Finishers):** 1, Alexis Zeis, Mary, 20:03.40. 6, Caroline Kurgat, UAA, 20:14.40. 7, Joyce Chelimo, UAA, 20:17.40. 24, Rebecca Bassett, SFU, 21:05.90. 26, Taylor Guenther, WWU, 21:09.80. **Other GNAC Finishers:** 52, Tracy Melville, WWU, 21:40.50. 62, Anna Patti, SPU, 21:47.10. 65, Sarah Macdonald, SPU, 21:50.90. 75, Kimberly Coscia, UAA, 22:00.40. 79, Brittany Grant, WWU, 22:01.40. 92, Jessica Pahkala, UAA, 22:10.40. 99, Mary Charleson, SPU, 22:12.30. 104, Sara Taferre, WWU, 22:14.20. 114, Lillianna Sterling, 22:19.90. 115, Shawna Troupe, WWU, 22:20.70. 128, Hannah Calvert, SPU, 22:32.80. 131, Lynelle Decker, SPU, 22:34.30. 148, Chynna Phan, SPU, 22:41.80. 169, Alexandra Laiblin, WWU, 22:52.50. 185, Jessica Rawlins, SPU, 195, Beatrice Decker, UAA, 23:13.20. 202, Kaitlyn Maker, UAA, 23:19.20. 206, Tamara Perez, UAA, 23:23.50.

**2016 NCAA Division II Championships (Nov. 19 at The Abbey Course, Saint Leo, Fla.): Men (10,000 Meters):** 1, Adams State 54, 2. Grand Valley State, 79, 3. Colorado Mines 153, 4. Chico State 166, 5, Alaska Anchorage 222\*, 6, Western State 235, 7, Missouri Southern 283, 8, Cal Poly Pomona 311, 9, CSU-Pueblo 322, 10, Saginaw Valley State 330. **All-Americans (Top-40 Finishers):** 1, Vincent Kiprop, Missouri Southern, 29:07.4. 34, Edwin Kangogo, UAA, 31:11.5. **Other GNAC Finishers:** 44, Henry Cheseto, UAA, 31:28.5, 73, Justin Carrancho, UAA, 31:54.1. 90, Victor Samoei, UAA, 32:10.3. 91, Nathan Kipchumba, UAA, 32:10.8. 102, Isaac Derline, WWU, 32:17.7. 144, Michael Mendenhall, UAA, 32:59.7. **Women (6,000 Meters):** 1, Grand Valley State 116, 2, Adams State 139, 3, Western State 168, 4, Chico State 189, 5, Southern Indiana 209, 6, Simon Fraser 210, 7, Mary 217, 8, Alaska Anchorage 259, 9, Cal Baptist 274, 10, Minnesota-Duluth 284. **All-Americans (Top-40 Finishers):** 1, Kendra Foley, Grand Valley State, 20:01.8, 3, Caroline Kurgat, UAA, 20:30.5, 10, Joyce Chelimo, UAA, 20:42.8, 23, Rebecca Bassett, SFU, 21:12.2, 24, Shannon Porter, SMU, 21:13.5, 29, Julia Howley, SFU, 21:16.4. **Other GNAC Finishers:** 42, Miryam Bassett, SFU, 21:38.2, 68, Addy Townsend, SFU, 21:58.5, 74, Mariah Burroughs, UAA, 22:04.6, 99, Reta Dobie, SFU, 22:20.4, 101, Zannah Jephumba, UAA, 22:21.9, 123, Tamara Perez, UAA, 22:33.5, 133, Danielle McCormick, UAA, 22:41.9, 179, Paige Nock, SFU, 23:19.9, 184, Kaitlin Maker, UAA, 23:25.6, 187, Chelsea Ribiero, SFU, 23:31.4.

\* - Alaska Anchorage's placed changed to eighth (289 pts.) due to NCAA action.

**2017 NCAA Division II Championships (Nov. 17 at Angel Mounds, Evansville, Ind.): Men (10,000 Meters):** 1, Adams State 44, 2, Grand Valley St., 64, 3, Colorado Mines, 85, 4, Western State, 215, 5, Cal Baptist, 229, 6, Queens (N.C.), 243, 7, CSU-Pueblo, 310, 8, Augustana (S.D.), 326, 9, Chico State, 335, 10, Shippensburg, 351, 21, Western Oregon, 534. **All-Americans (Top-40 Finishers):** 1, James Ngandu, Tiffin, 30:18.8, 19, Edwin Kangogo, UAA, 31:32.5, 30, David Ribich, WOU, 31:47.1. **Other GNAC Finishers:** 88, Josh Dempsey, WOU, 32:37.9, 118, Tyler Jones, WOU, 33:09.9, 186, Justin Crosswhite, WOU, 34:12.4, 202, Dustin Nading, WOU, 34:31.7, 240, Hunter Mosman, WOU, 35:30.3, 245, Parker Marson, WOU, 36:08.6. **Women (6,000 Meters):** 1, Adam State, 126, 2, Mary, 137, 3, Cal Baptist, 148, 4, Chico State, 179, 5, Alaska Anchorage, 180, 6, Grand Valley St., 185, 7, Hillsdale, 279, 8, Cal State San Marcos, 288, 9, Western State, 311, 10, Simon Fraser, 332. **All-Americans (Top-40 Finishers):** 1, Caroline Kurgat, Alaska Anchorage, 20:32.3, 16, Julia Howley, Simon Fraser, 21:21.0, 24, Miryam Bassett, Simon Fraser, 21:30.3, 32, Zannah Jephumba, Alaska Anchorage, 21:38.6. **Other GNAC Finishers:** 44, Emmah Chelimo, UAA, 21:48.4, 45, Danielle McCormick, UAA, 21:49.9, 66, Olivia Willett, SFU, 22:07.2, 81, Mariah Burroughs, UAA, 22:18.9, 97, Kennedy Rufener, WOU, 22:27.2, 106, Tamara Perez, UAA, 22:33.7, 108, Kimberly Coscia, UAA, 22:33.9, 1356, Chelsea Ribiero, SFU, 22:55.5, 148, Sophie Dodd, SFU, 23:01.5, 176, Paige Nock, SFU, 23:17.8, 215, Calli Charlton, SFU, 24:03.6.

**2018 NCAA Division II Championships (Dec. 1 at Bob O'Conner Golf Course, Schenley Park, Pittsburgh, Pa.): Men (10,000 Meters):** 1, Grand Valley St., 89, 2, Colorado Mines, 99, 3, Western Colorado, 117, 4, Adams State, 175, 5, Sioux Falls, 214, 6, Saginaw Valley, 226, 7, Chico State, 230, 8, Alaska Anchorage, 279, 9, Queens (N.C.) 288, 10, Augustana (S.D.), 328, 14, Simon Fraser, 421, 26, Western Washington, 633. **All-Americans (Top-40 Finishers):** 1, Marcelo Laguera, Colo. St. Pueblo, 31:46.4, 9, Wesley Kirui, Alaska Anchorage, 32:35.1, 23, Sean Miller, SFU, 33:03.3. **Other GNAC Finishers:** 54, Felix Kemboi, UAA, 33:51.7, 58, Eric Hamel, WWU, 33:55.6, 60, Tyler Jones, WOU, 33:56.8, 61, Pierre-Louis Detourbe, SFU, 33:57.0, 65, Jorge Sanchez, UAA, 34:04.9, 78, Nickson Koech, UAA, 34:16.8, 100, Carlos Vargas, SFU, 34:37.2, 109, Dustin Nading, WOU, 34:42.0, 112, Rowan Doherty, SFU, 34:43.6, 123, Jadon Olson, WWU, 34:52.7, 130, Faisal Ibrahim, UAA, 34:57.8, 160, Drew Johnson, UAA, 35:22.8, 166, Dylan Hayes, WWU, 35:27.9, 172, Kaleb Korta, UAA, 35:33.0, 193, Colton Hoggarth, WWU, 35:55.5, 198, Aaron Ahl, SFU, 36:02.3, 200, Tyler Sager, WWU, 36:03.0, 205, Chris Sobczak, SFU, 36:11.6, 210, James Jasperson, WWU, 36:20.3, 225, Ed Kiobasa, WWU, 36:39.6, 252, Thomas Gallagher, SFU, 37:32.0. **Women (6,000 Meters):** 1, Grand Valley St., 41, 2, Mary, 83, 3, Adams State, 90, 4, Western Colorado, 98, 5, Colorado Mines, 252, 6, Alaska Anchorage, 255, 7, Michigan Tech, 288, 8, Chico State, 300, 9, Simon Fraser, 342, 10, Queens (N.C.), 418, 15, Seattle Pacific, 466, 20, Western Washington, 525. **All-Americans (Top-40 Finishers):** 1, Sarah Berger, Grand Valley St., 22:07.7, 21, Alexa Shindruk, CWU, 23:14.7, 22, Zannah Jephumba, UAA, 23:15.5, 23, Emmah Chelimo, UAA, 23:15.5, 35, Kaylee Mitchell, SPU, 23:24.9, 36, Olivia Willett, SFU, 23:26.5, 38, Nancy Jeptoo, UAA, 23:27.4. **Other GNAC Finishers:** 45, Danielle McCormick, UAA, 23:39.6, 55, Sophia Kaiser, SFU, 23:54.6, 57, Nicole Soleim, CWU, 23:55.3, 65, Jane Barr, WWU, 24:01.5, 66, Sophia Galvez, WWU, 24:02.2, 70, Addy Townsend, SFU, 24:06.5, 85, Katherine Walter, SPU, 24:18.4, 109, Chelsea Ribeiro, SFU, 24:29.1, 120, Kate Lilly, SPU, 24:32.6, 136, Krystal Kaufman, SPU, 24:46.7, 140, Sophie Dodd, SFU, 24:49.9, 160, Shawnee Konrad, WWU, 25:10.8, 163, Tracy Melville, WWU, 25:12.7, 172, Rebecca Lehman, WWU, 25:21.7, 175, Ruth Cvanacara, UAA, 25:26.0, 176, Dania Holmberg, SPU, 25:26.1, 183, Megan Roxby, SFU, 25:31.8, 184, Talia Dreicer, WWU, 25:32.2, 193, Peyton Shinnick, WWU, 25:38.1, 205, Sedona McNerney, SPU, 25:46.7, 214, Riley Burroughs, UAA, 26:01.4, 218, Elizabeth Thompson, SPU, 26:06.6, 219, Emily Chilton, SFU, 26:09.1, 234, Kimberly Coscia, UAA, 26:44.0.

# GNAC CROSS COUNTRY ALL-TIME NATIONAL MEET RESULTS