

2017 GNAC INDOOR TRACK AND FIELD CHAMPIONSHIPS

Nampa, ID
 Ford Idaho Center-Jacksons Track
 2/17/2017 - 2/18/2017



OFFICIAL MEET REPORT
 printed: 2/16/2017 9:42 AM

START LIST

#1 Men's 60 Meters**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
Heat 1 of 3			
1	CARPENTER, Shayne	SEATTLE PACIFIC	7.46
2	ARMSTRONG, Logan	SAINT MARTIN'S	7.13
3	JONES, Daniel	WESTERN WASHINGT	7.22
4	MAH, Nathan	SIMON FRASER	7.02
5	GRAY, Darrion	ALASKA ANCHORAGE	7.11
6	OOLEY, Kyler	CENTRAL WASHINGT	6.94
7	STEUK, Garret	CENTRAL WASHINGT	7.22
8	MANAGO, Anthony	SAINT MARTIN'S	NT

Heat 2 of 3

1	TAYLOR, Alex	WESTERN WASHINGT	7.14
2	ZOOK, Sam	MSU-BILLINGS	6.87
3	SWAYNE, Latrelle	SAINT MARTIN'S	7.04
4	RYKAL, Braden	MSU-BILLINGS	7.21
5	FORTIER, Devon	WESTERN OREGON	7.10
6	KNOX, Stedman	WESTERN WASHINGT	7.38
7	MENDEZ, Anthony	WESTERN OREGON	7.26
8	PABLO, Anthony	WESTERN OREGON	NT

Heat 3 of 3

1	BATIS, Robert	SIMON FRASER	7.36
2	SHAY, Kaelen	MSU-BILLINGS	7.20
3	BLODGETT, Codi	WESTERN OREGON	7.18
4	JONES, Eric	ALASKA ANCHORAGE	7.09
5	FELIX, Glen	CONCORDIA (ORE.)	7.06
6	KAHUT, Isaiah	NORTHWEST NAZAR	7.35
7	LANDIS, Kodiak	CENTRAL WASHINGT	6.83
8			

#2 Women's 60 Meters**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
Heat 1 of 4			
1			
2	VONGSAVENG, Mariya	CENTRAL WASHINGT	8.06
3	BERNARD, Maddie	WESTERN OREGON	8.29
4	VOLOSHIN, Diana	SIMON FRASER	7.86
5	JOHNSON, Tori	CONCORDIA (ORE.)	8.03
6	DESKINS, Taylor	NORTHWEST NAZAR	7.87
7	NICKELSON, Artresa	SAINT MARTIN'S	8.26
8	CROSS, Mary Kathleen	ALASKA ANCHORAGE	NT

Heat 2 of 4

1			
2	KABIA, Valda	SIMON FRASER	7.77
3	GARCIA, Madison	CENTRAL WASHINGT	8.02
4	HAMRE, Grace	SAINT MARTIN'S	8.07
5	PEDERSON, Kira	SIMON FRASER	7.92

#2 Women's 60 Meters (cont'd)**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
6	HAWLEY, Katia	CENTRAL WASHINGT	8.18
7	FRIEDMANN, Natasha	SIMON FRASER	8.38
8			

Heat 3 of 4

1			
2	DOSS, Aujanique	CENTRAL WASHINGT	8.08
3	BRADLEY, Hannah	WESTERN WASHINGT	8.18
4	HOUK, Becca	SEATTLE PACIFIC	7.96
5	LUCAS, Katherine	SIMON FRASER	7.66
6	ALLEN, Macie	WESTERN WASHINGT	7.99
7	KENDRICK, Ariya	SAINT MARTIN'S	8.40
8			

Heat 4 of 4

1			
2	RIES, Marie	ALASKA ANCHORAGE	7.98
3	WHATLEY, Alexi	SAINT MARTIN'S	8.15
4	CUDDIHY, Lauren	ALASKA ANCHORAGE	NT
5	BRANNAN, Kyra	SEATTLE PACIFIC	7.98
6	PATRICK, Laura	WESTERN OREGON	8.09
7	ASHCROFT, Jamie	ALASKA ANCHORAGE	7.63
8			

#3 Men's 200 Meters**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
Heat 1 of 7			
1			
2			
3	GRAY, Darrion	ALASKA ANCHORAGE	22.17
4	MALLULA, Lane	WESTERN WASHINGT	23.07
5	ARNDT, Darren	CENTRAL WASHINGT	23.09
6			

Heat 2 of 7

1			
2			
3	CAMARA, Ebu	NORTHWEST NAZAR	22.23
4	MENDEZ, Anthony	WESTERN OREGON	23.19
5	PABLO, Anthony	WESTERN OREGON	NT
6	STEUK, Garret	CENTRAL WASHINGT	23.01

Heat 3 of 7

1			
2			
3	BROWN, Adam	CONCORDIA (ORE.)	22.26
4	BATIS, Robert	SIMON FRASER	23.20
5	JONES, Eric	ALASKA ANCHORAGE	22.92
6	FORTIER, Devon	WESTERN OREGON	NT

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#3 Men's 200 Meters (cont'd)**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
Heat 4 of 7			
1			
2			
3	MAH, Nathan	SIMON FRASER	22.53
4	SPINK, Zach	CONCORDIA (ORE.)	NT
5	SWAYNE, Latrelle	SAINT MARTIN'S	22.87
6	BLODGETT, Codi	WESTERN OREGON	23.22

Heat 5 of 7

1			
2			
3	LINDSAY, Liam	ALASKA ANCHORAGE	22.61
4	POLKOW, Landon	MSU-BILLINGS	23.28
5	POWERS, Tyler	CONCORDIA (ORE.)	NT
6	OOLEY, Kyler	CENTRAL WASHINGT	22.81

Heat 6 of 7

1			
2			
3	FELIX, Glen	CONCORDIA (ORE.)	22.64
4	SHAY, Kaelen	MSU-BILLINGS	23.39
5	ARMSTRONG, Logan	SAINT MARTIN'S	22.81
6	TAYLOR, Alex	WESTERN WASHINGT	NT

Heat 7 of 7

1			
2			
3	SCARBROUGH, Lazar	SEATTLE PACIFIC	24.16
4	RYKAL, Braden	MSU-BILLINGS	23.39
5	SMITH, Mikel	SAINT MARTIN'S	22.81
6	JONES, Daniel	WESTERN WASHINGT	22.80

#4 Women's 200 Meters**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
Heat 1 of 8			
1			
2			
3	KABIA, Valda	SIMON FRASER	24.92
4	DOSS, Aujanique	CENTRAL WASHINGT	26.08
5	HAWLEY, Katia	CENTRAL WASHINGT	26.67
6			

Heat 2 of 8

1			
2			
3	CROSS, Mary Kathleen	ALASKA ANCHORAGE	25.41
4	GABRIEL, Olivia	SEATTLE PACIFIC	26.78
5	RIES, Marie	ALASKA ANCHORAGE	26.03
6	DRADER, Megan	WESTERN OREGON	NT

#4 Women's 200 Meters (cont'd)**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
Heat 3 of 8			
1			
2			
3	ASHCROFT, Jamie	ALASKA ANCHORAGE	24.54
4	DESKINS, Taylor	NORTHWEST NAZAR	26.31
5	WHATLEY, Alexi	SAINT MARTIN'S	26.39
6			

Heat 4 of 8

1			
2			
3	SMITH, Savannah	WESTERN WASHINGT	26.25
4	HAMRE, Grace	SAINT MARTIN'S	26.51
5	LUCAS, Katherine	SIMON FRASER	24.78
6			

Heat 5 of 8

1			
2			
3	BANFRO, Tianna	CENTRAL WASHINGT	25.53
4	WEEMS, Erykah	CENTRAL WASHINGT	NT
5	HOUK, Becca	SEATTLE PACIFIC	26.02
6	FRIEDMANN, Natasha	SIMON FRASER	26.91

Heat 6 of 8

1			
2			
3	HONG, Cheryl	SEATTLE PACIFIC	25.72
4	ANITEYE, Vanessa	ALASKA ANCHORAGE	25.73
5	NICKELSON, Artresa	SAINT MARTIN'S	27.79
6	ALSTON, D'Rhema	ALASKA ANCHORAGE	NT

Heat 7 of 8

1			
2			
3	SEARS, Hailey	WESTERN OREGON	27.72
4	CUDDIHY, Lauren	ALASKA ANCHORAGE	NT
5	GARCIA, Madison	CENTRAL WASHINGT	25.86
6	BRANNAN, Kyra	SEATTLE PACIFIC	25.68

Heat 8 of 8

1			
2			
3	BROOKS, Ashley	CONCORDIA (ORE.)	NT
4	EASTBURN, Katie	MSU-BILLINGS	27.21
5	PEDERSON, Kira	SIMON FRASER	25.90
6	TAYLOR, Lani	SEATTLE PACIFIC	25.64

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#5 Men's 400 Meters**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
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Heat 1 of 5

1			
2			
3	TSYGANKOV, Vladisla	SIMON FRASER	48.15
4	WHITAKER, Aaron	WESTERN OREGON	49.30
5	HAND, Jackson	SAINT MARTIN'S	50.25
6			

Heat 2 of 5

1			
2			
3	KELLOWAY, Daniel	SIMON FRASER	47.95
4	BLAKE, Logan	NORTHWEST NAZAR	49.47
5	BROWN, Adam	CONCORDIA (ORE.)	49.67
6			

Heat 3 of 5

1			
2			
3	REMINGTON, Daniel	ALASKA ANCHORAGE	50.41
4	COMMANDEUR, Adam	ALASKA ANCHORAGE	48.36
5	POWERS, Tyler	CONCORDIA (ORE.)	NT
6	HOLMBERG, AJ	WESTERN OREGON	49.28

Heat 4 of 5

1			
2			
3	LINDSAY, Liam	ALASKA ANCHORAGE	48.73
4	WEBSTER, Joel	SIMON FRASER	48.71
5	VANDERBY, Nathan	MSU-BILLINGS	52.32
6	SCARBROUGH, Lazar	SEATTLE PACIFIC	52.55

Heat 5 of 5

1			
2			
3	CAMARA, Ebu	NORTHWEST NAZAR	48.42
4	BIERLY, Robert	CONCORDIA (ORE.)	54.03
5	RAMSEY, Justin	SEATTLE PACIFIC	51.23
6	TAYLOR, Nicholas	ALASKA ANCHORAGE	48.83

#6 Women's 400 Meters**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
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Heat 1 of 7

1			
2			
3	DESCH, Chantel	SIMON FRASER	56.11
4	SMITH, Savannah	WESTERN WASHINGT	1:00.20
5	HAWTHRONE, Keiman	SAINT MARTIN'S	1:00.40
6			

#6 Women's 400 Meters (cont'd)**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
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Heat 2 of 7

1			
2			
3	CROSS, Mary Kathleen	ALASKA ANCHORAGE	56.86
4	SVASTISALEE, Deja	WESTERN WASHINGT	1:01.17
5	GABRIEL, Olivia	SEATTLE PACIFIC	59.69
6	BURKE, Grayson	WESTERN OREGON	NT

Heat 3 of 7

1			
2			
3	COVEY, Felicia	WESTERN OREGON	NT
4	WHATLEY, Alexi	SAINT MARTIN'S	1:00.87
5	BLAND, Emily	CENTRAL WASHINGT	1:00.01
6	ANITEYE, Vanessa	ALASKA ANCHORAGE	56.81

Heat 4 of 7

1			
2			
3	INDERBITZIN, Julia	CENTRAL WASHINGT	1:00.53
4	TAYLOR, Lani	SEATTLE PACIFIC	56.79
5	HAMRE, Grace	SAINT MARTIN'S	1:00.06
6			

Heat 5 of 7

1			
2			
3	HONG, Cheryl	SEATTLE PACIFIC	58.76
4	LINDSAY, Nicole	SIMON FRASER	58.66
5	CURTIS, Kathryn	CONCORDIA (ORE.)	1:05.39
6	CARANDANG, Alexis	SAINT MARTIN'S	1:03.68

Heat 6 of 7

1			
2			
3	BEZANSON, Hayley	ALASKA ANCHORAGE	58.44
4	ALSTON, D'Rhema	ALASKA ANCHORAGE	NT
5	ROSE, Megan	WESTERN OREGON	58.92
6	NICKELSON, Artresa	SAINT MARTIN'S	1:03.42

Heat 7 of 7

1			
2			
3	JESCHKE, Yvonne	ALASKA ANCHORAGE	59.62
4	CUDDIHY, Lauren	ALASKA ANCHORAGE	NT
5	CONLEY, McKenna	NORTHWEST NAZAR	1:01.75
6	WEEMS, Erykah	CENTRAL WASHINGT	57.82

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#7 Men's 800 Meters**Prelims: (Top 2 per Heat + next 2 advance)**

Lane	Name	Team	Time
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Heat 1 of 3

1	SPEIDEL, Paris	CONCORDIA (ORE.)	1:56.18
2	MCLEOD, David	SEATTLE PACIFIC	2:01.99
3	DAY, Joe	ALASKA ANCHORAGE	1:52.07
4	PHAN, Jesse	SEATTLE PACIFIC	1:55.51
5	TORRES, Richard	SIMON FRASER	1:57.99
6	FREINHOFER, Dylan	SIMON FRASER	1:54.62
7	TURNEY, Taylor	ALASKA ANCHORAGE	NT

Heat 2 of 3

1	SPILLER, Keaton	WESTERN WASHINGT	1:57.07
2	NORMANDEAU, Thom	WESTERN OREGON	1:54.73
3	SAGER, Kyler	WESTERN WASHINGT	1:55.02
4	DEMPSEY, Josh	WESTERN OREGON	1:50.70
5	KEMBOI, Godfrey	NORTHWEST NAZAR	1:57.42
6	HUGHEY, Mitchell	SAINT MARTIN'S	2:04.47
7	ZERING, Josiah	SEATTLE PACIFIC	2:09.10

Heat 3 of 3

1	DURR, Brian	ALASKA ANCHORAGE	1:59.03
2	NADING, Dustin	WESTERN OREGON	1:54.19
3	SCOTT, Trevaughn	CENTRAL WASHINGT	1:55.69
4	CHIN, Michael	WESTERN OREGON	1:55.86
5	KNOTT, Curt	WESTERN OREGON	NT
6	MILLER, Jesse	ALASKA ANCHORAGE	1:54.12
7	ABEBE, Yonathan	SIMON FRASER	1:59.27
8	MARSON, Parker	WESTERN OREGON	NT

#8 Women's 800 Meters**Prelims: (Top 2 per Heat + next 4 advance)**

Lane	Name	Team	Time
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Heat 1 of 2

1	MCCORMICK, Danielle	ALASKA ANCHORAGE	2:10.68
2	PEREZ, Tamara	ALASKA ANCHORAGE	2:13.91
3	FJELSTUL, Bailey	CONCORDIA (ORE.)	2:21.64
4	WOODS, Olivia	WESTERN OREGON	2:14.21
5	SMIEDALA, Josey	MSU-BILLINGS	2:20.37
6	VAN DE GRIFT, Suzie	WESTERN OREGON	2:12.87
7	FINE, Keana	SEATTLE PACIFIC	NT
8	TEIGEN, Megan	SAINT MARTIN'S	NT

Heat 2 of 2

1	DANNER, Bethany	NORTHWEST NAZAR	2:34.43
2	DODD, Sophie	SIMON FRASER	2:13.00
3	PHAN, Chynna	SEATTLE PACIFIC	2:15.78
4	TOWNSEND, Addy	SIMON FRASER	2:10.27
5	LILLY, Kate	SEATTLE PACIFIC	2:16.19
6	JOHNSON, Julian	WESTERN WASHINGT	2:28.69
7	MUSSATTO, Alana	SIMON FRASER	2:13.49

#9 Men's 1 Mile Run

Lane	Name	Team	Time
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Section 1 of 2

1	LEAF, Ron	CENTRAL WASHINGT	4:30.54
2	HAMILTON, Nick	NORTHWEST NAZAR	4:25.36
3	CROSSWHITE, Justin	WESTERN OREGON	NT
4	JAVIER, Kaleb	CENTRAL WASHINGT	4:27.97
5	SEKHON, Jalen	SIMON FRASER	4:27.56
6	TURNEY, Taylor	ALASKA ANCHORAGE	4:26.33
7	WALKER, Joseph	SEATTLE PACIFIC	4:43.78
8	TADESSE, Ephraim	SIMON FRASER	4:25.05
9	JAMES, Brysten	SEATTLE PACIFIC	4:33.54
10	HUNT, Josh	SAINT MARTIN'S	4:47.10
11	GOMEZ, Enrique	WESTERN WASHINGT	4:29.28
12	HOGGARTH, Colton	WESTERN WASHINGT	4:25.73
13	STERLING, Clark	SEATTLE PACIFIC	NT
14	RAMIREZ, Michel	ALASKA ANCHORAGE	NT
15	NOTZ, Dominik	ALASKA ANCHORAGE	NT

Section 2 of 2

1	CHARLTON, Braeden	SIMON FRASER	4:19.08
2	NADING, Dustin	WESTERN OREGON	4:15.08
3	DOHERTY, Rowan	SIMON FRASER	4:13.13
4	RIBICH, David	WESTERN OREGON	4:02.30
5	PANASUK, Josh	MSU-BILLINGS	4:22.83
6	VARGAS, Carlos	SIMON FRASER	4:11.52
7	MENDENHALL, Michae	ALASKA ANCHORAGE	4:20.00
8	MITCHELL, Isaac	NORTHWEST NAZAR	4:18.68
9	WILSON, Jordan	SIMON FRASER	4:23.75
10	LEWIS, Judd	CONCORDIA (ORE.)	4:24.13
11	HALLADAY, Ben	SEATTLE PACIFIC	4:24.84

#10 Women's 1 Mile Run

Lane	Name	Team	Time
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Section 1 of 2

1	LIEBEL, Brenna	CENTRAL WASHINGT	5:35.50
2	KETTEL, Hailey	SEATTLE PACIFIC	5:21.52
3	RUFENER, Kennedy	WESTERN OREGON	NT
4	HARRINGTON, Sara	CONCORDIA (ORE.)	5:44.38
5	TOWNSEND, Dana	SIMON FRASER	5:38.57
6	CHELIMO, Emmanuela	ALASKA ANCHORAGE	NT
7	MCCLOSKEY, Claire	SAINT MARTIN'S	5:33.45
8	BLOCK, Jordyn	ALASKA ANCHORAGE	NT
9	MCNERNEY, Sedona	SEATTLE PACIFIC	5:19.34
10	KURGAT, Caroline	ALASKA ANCHORAGE	NT
11	PORTER, Shannon	SAINT MARTIN'S	NT

Section 2 of 2

1	DOBIE, Reta	SIMON FRASER	5:09.68
2	CHARLESON, Mary	SEATTLE PACIFIC	4:56.37
3	MACDONALD, Sarah	SEATTLE PACIFIC	5:03.39

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#10 Women's 1 Mile Run (cont'd)

Lane	Name	Team	Time
4	MAURMANN, Nicole	WESTERN OREGON	5:01.28
5	LILLY, Kate	SEATTLE PACIFIC	5:07.82
6	NOCK, Paige	SIMON FRASER	4:52.89
7	CALVERT, Hannah	SEATTLE PACIFIC	5:09.25
8	BASSETT, Miryam	SIMON FRASER	4:55.58
9	KOGER, Aundrea	WESTERN WASHINGT	5:10.86
10	PEDERSON, Nicole	CONCORDIA (ORE.)	5:19.09

#11 Men's 3000 Meters

Lane	Name	Team	Time
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Section 1 of 2

1	HAMILTON, Nick	NORTHWEST NAZAR	8:53.79
2	SAMOEI, Victor	ALASKA ANCHORAGE	8:44.34
3	LOVE, Garrett	MSU-BILLINGS	8:44.94
4	HAYES, Dylan	WESTERN WASHINGT	8:46.86
5	KEMBOI, Godfrey	NORTHWEST NAZAR	8:48.32
6	MITCHELL, Isaac	NORTHWEST NAZAR	8:50.31
7	HECKMAN, Jasper	SAINT MARTIN'S	9:35.35
8	BUTLER, Peter	WESTERN WASHINGT	8:42.91
9	HUMPHRIES, Tyler	CENTRAL WASHINGT	8:55.56
10	FISHER, Gabe	NORTHWEST NAZAR	9:01.80
11	MENDOZA, Tyus	MSU-BILLINGS	9:03.09
12	COLMENERO, Ivan	MSU-BILLINGS	9:15.36
13	EKANGER, Alan	WESTERN OREGON	8:53.72
14	MURRY, Noah	CONCORDIA (ORE.)	9:38.06

Section 2 of 2

1	RIBICH, David	WESTERN OREGON	8:13.94
2	DE DALMASES, Mateo	SIMON FRASER	8:31.52
3	RAMIREZ, Michel	ALASKA ANCHORAGE	8:34.40
4	KORTA, Kaleb	ALASKA ANCHORAGE	8:36.21
5	KANGOGO, Edwin	ALASKA ANCHORAGE	8:23.80
6	NOTZ, Dominik	ALASKA ANCHORAGE	8:11.10
7	WISE, Andrew	WESTERN WASHINGT	8:23.18
8	CARRANCHO, Justin	ALASKA ANCHORAGE	8:34.29
9	MILLER, Sean	SIMON FRASER	8:37.26
10	EGELAND, Jorey	MSU-BILLINGS	8:39.16

#12 Women's 3000 Meters

Lane	Name	Team	Time
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Section 1 of 2

1	BURROUGHS, Riley	ALASKA ANCHORAGE	10:31.36
2	LAIBLIN, Alexandra	WESTERN WASHINGT	10:30.41
3	KETTEL, Hailey	SEATTLE PACIFIC	10:40.73
4	AIKEN, Nikki	MSU-BILLINGS	10:59.89
5	MANZER, Sierra	NORTHWEST NAZAR	10:31.99
6	KNAPP, Grace	WESTERN OREGON	10:34.77
7	CALVERT, Hannah	SEATTLE PACIFIC	10:36.93
8	BLOCK, Jordyn	ALASKA ANCHORAGE	10:33.94

#12 Women's 3000 Meters (cont'd)

Lane	Name	Team	Time
9	GALVEZ, Sophia	WESTERN WASHINGT	10:34.35
10	RIBERIO, Chelsea	SIMON FRASER	10:34.48
11	SHINDRUK, Alexa	CENTRAL WASHINGT	10:29.12
12	HOBSON, Gabby	CONCORDIA (ORE.)	11:00.92
13	TAFERRE, Sara	WESTERN WASHINGT	10:40.02
14	HUTCHISON, Maddy	WESTERN WASHINGT	10:33.18
15	CLEM, Delaney	CENTRAL WASHINGT	10:44.07
16	MAURMANN, Nicole	WESTERN OREGON	10:33.91
17	MCNERNEY, Sedona	SEATTLE PACIFIC	10:48.83
18	FRAME, Rio	MSU-BILLINGS	11:00.83
19	MANZER, Anysja	NORTHWEST NAZAR	10:32.76
20	DORNEY, Lindsey	SAINT MARTIN'S	11:55.20

Section 2 of 2

1	GRANT, Brittany	WESTERN WASHINGT	9:54.97
2	PORTER, Shannon	SAINT MARTIN'S	9:30.70
3	FOOTE, Alyssa	SEATTLE PACIFIC	10:14.36
4	KURGAT, Caroline	ALASKA ANCHORAGE	9:31.08
5	JEPCHUMBA, Zannah	ALASKA ANCHORAGE	10:25.60
6	MACDONALD, Sarah	SEATTLE PACIFIC	10:00.86
7	STELLING, Lillianna	WESTERN WASHINGT	10:05.08
8	BURROUGHS, Mariah	ALASKA ANCHORAGE	10:10.84
9	HOWLEY, Julia	SIMON FRASER	9:58.27
10	CHELIMO, Emmanuela	ALASKA ANCHORAGE	10:24.61
11	CHARLESON, Mary	SEATTLE PACIFIC	9:48.85
12	REXUS, Stephanie	CENTRAL WASHINGT	10:16.31

#13 Men's 5000 Meters

Lane	Name	Team	Time
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Section 1 of 1

1	SAMOEI, Victor	ALASKA ANCHORAGE	15:05.33
2	MITCHELL, Isaac	NORTHWEST NAZAR	14:34.93
3	CHARLTON, Braeden	SIMON FRASER	14:55.13
4	KANGOGO, Edwin	ALASKA ANCHORAGE	14:41.02
5	WISE, Andrew	WESTERN WASHINGT	14:39.59
6	RAMIREZ, Michel	ALASKA ANCHORAGE	15:24.97
7	EGELAND, Jorey	MSU-BILLINGS	14:56.70
8	BUTLER, Peter	WESTERN WASHINGT	15:03.08
9	MILLER, Sean	SIMON FRASER	14:37.59
10	HAMILTON, Nick	NORTHWEST NAZAR	15:21.38
11	NOTZ, Dominik	ALASKA ANCHORAGE	14:03.95
12	SECKEL, Jared	CONCORDIA (ORE.)	15:30.09
13	HAYES, Dylan	WESTERN WASHINGT	15:43.60
14	LOVE, Garrett	MSU-BILLINGS	15:45.61
15	MENDOZA, Tyus	MSU-BILLINGS	15:46.78
16	HUMPHRIES, Tyler	CENTRAL WASHINGT	15:48.87
17	MILLER, Austin	SAINT MARTIN'S	16:44.11
18	BYRAM, Lloyd	SEATTLE PACIFIC	NT

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#13 Men's 5000 Meters (cont'd)

Lane	Name	Team	Time
19	CARRANCHO, Justin	ALASKA ANCHORAGE	NT
20	HECKARD, Sawyer	WESTERN OREGON	NT

#14 Women's 5000 Meters

Lane	Name	Team	Time
Section 1 of 1			
1	MANZER, Anysja	NORTHWEST NAZAR	18:15.16
2	RUFENER, Kennedy	WESTERN OREGON	17:24.07
3	REXUS, Stephanie	CENTRAL WASHINGT	17:46.03
4	LOPEZ, Yadira	SAINT MARTIN'S	NT
5	JEPCHUMBA, Zennah	ALASKA ANCHORAGE	18:02.37
6	CLEM, Delaney	CENTRAL WASHINGT	18:35.26
7	MANZER, Sierra	NORTHWEST NAZAR	18:13.95
8	KURGAT, Caroline	ALASKA ANCHORAGE	16:25.90
9	TAFERRE, Sara	WESTERN WASHINGT	18:51.67
10	BURROUGHS, Riley	ALASKA ANCHORAGE	18:12.15
11	GALVEZ, Sophia	WESTERN WASHINGT	18:57.43
12	LAIBLIN, Alexandra	WESTERN WASHINGT	18:24.47
13	KOLASINSKI, Larissa	SAINT MARTIN'S	19:41.50
14	STELLING, Lillianna	WESTERN WASHINGT	17:54.85

#15 Men's 60m Hurdles**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
Heat 1 of 2			
1	CARPENTER, Shayne	SEATTLE PACIFIC	9.41
2	LINDQUIST, Austin	MSU-BILLINGS	8.64
3	CUMMINGS, Cordell	WESTERN WASHINGT	8.76
4	HARRIS, Peyton	SEATTLE PACIFIC	8.71
5	SPATZ, Micah	NORTHWEST NAZAR	8.55
6	LEWIS, Payton	NORTHWEST NAZAR	8.36
7	BOSSCHER, Aaron	WESTERN WASHINGT	9.17
8			
Heat 2 of 2			
1			
2	CHISM, Ryan	NORTHWEST NAZAR	8.85
3	GAMZA, Andrey	CONCORDIA (ORE.)	8.71
4	WHITE, Harry	WESTERN OREGON	NT
5	PHILLIPS, James	CONCORDIA (ORE.)	8.53
6	TURNER, Travis	ALASKA ANCHORAGE	8.44
7	FORSTER, Michael	CENTRAL WASHINGT	8.79
8	SCOTT, Trevaughn	CENTRAL WASHINGT	8.69

#16 Women's 60m Hurdles**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
Heat 1 of 3			
1			

#16 Women's 60m Hurdles (cont'd)**Prelims: (Top 8 advance)**

Lane	Name	Team	Time
2	WEEMS, Erykah	CENTRAL WASHINGT	8.98
3	CANO, Elena	ALASKA ANCHORAGE	9.35
4	TUBBS, Lexi	NORTHWEST NAZAR	8.88
5	WHATLEY, Alexi	SAINT MARTIN'S	9.76
6	COLLINS, Jewlz	MSU-BILLINGS	9.59
7	GILBERT, Tyra	SIMON FRASER	9.78
8			

Heat 2 of 3

1			
2	VOLOSHIN, Diana	SIMON FRASER	8.74
3	BANFRO, Tianna	CENTRAL WASHINGT	9.21
4	KENDRICK, Ariya	SAINT MARTIN'S	9.92
5	BLAND, Emily	CENTRAL WASHINGT	9.16
6	BLALOCK, Alexia	ALASKA ANCHORAGE	9.60
7	WALTS, Rose	CENTRAL WASHINGT	9.72
8			

Heat 3 of 3

1			
2	VONGSAVENG, Mariya	CENTRAL WASHINGT	8.70
3	WARREN, Kawena	NORTHWEST NAZAR	9.21
4	CONKLIN, Katie	NORTHWEST NAZAR	9.69
5	JOHNSON, Michaela	MSU-BILLINGS	9.17
6	JESCHKE, Yvonne	ALASKA ANCHORAGE	9.72
7	MADDEN, Sara	WESTERN OREGON	10.10
8			

#17 Men's 4 x 400m Relay

Lane	Team	Time
Section 1 of 2		
1		
2	SAINT MARTIN'S (A)	A 3:43.82
3	WESTERN WASHINGTON (A)	A 3:31.79
4	NORTHWEST NAZARENE (A)	A 3:28.48
5	SEATTLE PACIFIC (A)	A 3:29.03
6	MSU-BILLINGS (A)	A 3:33.03
Section 2 of 2		
1		
2	CONCORDIA (ORE.) (A)	A 3:24.18
3	WESTERN OREGON (A)	A 3:23.25
4	ALASKA ANCHORAGE (A)	A 3:13.75
5	SIMON FRASER (A)	A 3:14.25
6	CENTRAL WASHINGTON (A)	A 3:23.52

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#18 Women's 4 x 400m Relay

Lane	Team	Time
Section 1 of 2		
1		
2	CONCORDIA (ORE.) (A)	A NT
3	NORTHWEST NAZARENE (A)	A 4:13.23
4	MSU-BILLINGS (A)	A 4:03.69
5	WESTERN WASHINGTON (A)	A 4:04.70
6	SAINT MARTIN'S (A)	A 4:19.86
Section 2 of 2		
1		
2	CENTRAL WASHINGTON (A)	A 3:59.32
3	SEATTLE PACIFIC (A)	A 3:52.50
4	ALASKA ANCHORAGE (A)	A 3:47.22
5	SIMON FRASER (A)	A 3:49.96
6	WESTERN OREGON (A)	A 3:56.73

#19 Men's 4000m DMR

Lane	Team	Time
Section 1 of 1		
1	NORTHWEST NAZARENE (A)	A 10:42.94
2	MSU-BILLINGS (A)	A 10:20.90
3	SEATTLE PACIFIC (A)	A 10:36.24
4	SIMON FRASER (A)	A 9:54.51
5	ALASKA ANCHORAGE (A)	A 9:55.86
6	WESTERN OREGON (A)	A 9:45.45
7	WESTERN WASHINGTON (A)	A 10:48.16
8	SAINT MARTIN'S (A)	A NT
9	CONCORDIA (ORE.) (A)	A NT
10	CENTRAL WASHINGTON (A)	A NT

#20 Women's 4000m DMR

Lane	Team	Time
Section 1 of 1		
1	WESTERN WASHINGTON (A)	A 12:40.29
2	WESTERN OREGON (A)	A 11:50.03
3	SEATTLE PACIFIC (A)	A 11:42.22
4	SIMON FRASER (A)	A 11:39.36
5	MSU-BILLINGS (A)	A 12:23.55
6	ALASKA ANCHORAGE (A)	A 11:39.24
7	NORTHWEST NAZARENE (A)	A 13:27.72
8	SAINT MARTIN'S (A)	A NT
9	CONCORDIA (ORE.) (A)	A NT
10	CENTRAL WASHINGTON (A)	A NT

#21 Men's High Jump

Lane	Name	Team	Mark
Flight 1 of 1			
1	HOBERG, Cole	NORTHWEST NAZAR	2.08m
2	MANAGO, Anthony	SAINT MARTIN'S	1.75m

#21 Men's High Jump (cont'd)

Lane	Name	Team	Mark
3	CARR, Chuck	MSU-BILLINGS	2.03m
4	SMITH, Mikel	SAINT MARTIN'S	2.14m
5	GLADDEN, Tevin	ALASKA ANCHORAGE	2.00m
6	TRANCH, Micah	NORTHWEST NAZAR	2.01m
7	ANDERSON DE-AVILA	SAINT MARTIN'S	1.70m
8	CARRIZALES, Emmy	CONCORDIA (ORE.)	1.75m
9	GIRARD, Isaiah	MSU-BILLINGS	1.98m
10	PHILLIPS, James	CONCORDIA (ORE.)	NM
11	KOENIG-ROHDE, Kolto	WESTERN OREGON	NM
12	REINKE, Connor	WESTERN OREGON	NM

#22 Women's High Jump

Lane	Name	Team	Mark
Flight 1 of 1			
1	JOHNSON, Tori	CONCORDIA (ORE.)	1.62m
2	STEWART, Mackenzie	SIMON FRASER	1.62m
3	ORME, Jamie	MSU-BILLINGS	1.55m
4	FUKUMOTO, Gabby	CONCORDIA (ORE.)	1.46m
5	MEADOWS, Shaddia	CENTRAL WASHINGT	1.57m
6	BENNER, Brooke	SEATTLE PACIFIC	1.61m
7	CAI, Scout	SEATTLE PACIFIC	1.60m
8	ORTEGA, HarLee	CENTRAL WASHINGT	1.58m
9	LEHNERT, Geneva	SEATTLE PACIFIC	1.67m
10	HENRY, Bridget	WESTERN WASHINGT	1.57m
11	OSADCHEY, Miranda	WESTERN WASHINGT	1.55m
12	CONKLIN, Katie	NORTHWEST NAZAR	1.56m
13	STEPHENS, Chase	CONCORDIA (ORE.)	1.56m
14	POTT, Tiffany	SAINT MARTIN'S	1.55m
15	PETZ, Amy	SIMON FRASER	1.55m
16	FEDOR, Kye	SIMON FRASER	1.50m
17	WARREN, Kawena	NORTHWEST NAZAR	1.61m
18	DUVAL, Lauren	NORTHWEST NAZAR	1.57m
19	WARREN, Halie	MSU-BILLINGS	1.50m
20	MILLER, Rachel	NORTHWEST NAZAR	1.61m

#23 Men's Pole Vault

Lane	Name	Team	Mark
Flight 1 of 1			
1	HINO, Jacob	WESTERN WASHINGT	4.55m
2	BOYLE, Craig	SAINT MARTIN'S	4.45m
3	GWIN, Phillip	NORTHWEST NAZAR	4.70m
4	MCCLANAHAN, Zach	NORTHWEST NAZAR	4.70m
5	THOMAS, Adam	WESTERN WASHINGT	4.51m
6	LEWIS, Payton	NORTHWEST NAZAR	5.30m
7	WEBSTER, Jared	NORTHWEST NAZAR	4.85m
8	SRAMEK, David	ALASKA ANCHORAGE	4.40m
9	KORDAS, Gordon	WESTERN WASHINGT	4.81m
10	LANDIS, Kodiak	CENTRAL WASHINGT	4.51m

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#23 Men's Pole Vault (cont'd)

Lane	Name	Team	Mark
11	COELHO, Matt	WESTERN WASHINGT	3.80m

#24 Women's Pole Vault

Lane	Name	Team	Mark
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Flight 1 of 1

1	OLIQUEANO, Jewels	WESTERN WASHINGT	3.18m
2	PARADEE, Anna	WESTERN WASHINGT	3.78m
3	ROBERTS, Rachael	WESTERN WASHINGT	3.33m
4	IRVINE, Halle	CENTRAL WASHINGT	3.20m
5	KAHNS, Michaela	SEATTLE PACIFIC	3.63m
6	LAMBERT, Emma	SEATTLE PACIFIC	3.23m
7	CAI, Scout	SEATTLE PACIFIC	3.48m
8	GWIN, Kourtney	NORTHWEST NAZAR	3.05m
9	OLSON, Kaylee	NORTHWEST NAZAR	3.00m
10	CRENSHAW, Ryleigh	SEATTLE PACIFIC	3.03m
11	EMMERT, McKenna	CENTRAL WASHINGT	3.80m

#25 Men's Long Jump

Lane	Name	Team	Mark
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Flight 1 of 2

1	MOORE, Nathan	NORTHWEST NAZAR	6.55m
2	CARR, Chuck	MSU-BILLINGS	6.59m
3	MATAYA, Rudy	WESTERN WASHINGT	6.57m
4	CHHIM, Somit	WESTERN WASHINGT	6.45m
5	FIELDS, Jalon	WESTERN OREGON	NM
7	LINDQUIST, Marcus	MSU-BILLINGS	6.42m
8	GLADDEN, Tevin	ALASKA ANCHORAGE	6.25m
9	WHITTAKER, Zach	CENTRAL WASHINGT	6.31m
10	HARRIS, Peyton	SEATTLE PACIFIC	6.29m
11	MAKRAKIS, Nick	WESTERN WASHINGT	6.35m
12	LINDQUIST, Austin	MSU-BILLINGS	6.66m
13	SRAMEK, David	ALASKA ANCHORAGE	6.50m

Flight 2 of 2

1	TROUTMAN, Alani	WESTERN OREGON	6.95m
2	PLUMMER, Luke	CENTRAL WASHINGT	7.06m
3	TSYGANKOV, Vladisla	SIMON FRASER	7.07m
4	PHILLIPS, James	CONCORDIA (ORE.)	6.94m
5	VAN TUINEN, Nathanie	WESTERN WASHINGT	6.97m
6	MANAGO, Anthony	SAINT MARTIN'S	6.80m
7	KREUTZ, Blaine	NORTHWEST NAZAR	6.79m
8	LEWIS, Payton	NORTHWEST NAZAR	6.76m
9	SWAYNE, Latrelle	SAINT MARTIN'S	6.70m

#26 Women's Long Jump

Lane	Name	Team	Mark
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Flight 1 of 2

1	CAI, Scout	SEATTLE PACIFIC	5.05m
2	CONKLIN, Katie	NORTHWEST NAZAR	5.12m

#26 Women's Long Jump (cont'd)

Lane	Name	Team	Mark
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3	MAHOWALD, Jackie	NORTHWEST NAZAR	4.91m
4	MUNOZ, Malea	WESTERN WASHINGT	5.03m
5	LAZECKI, Natasha	SIMON FRASER	5.11m
6	BLALOCK, Alexia	ALASKA ANCHORAGE	5.06m
7	WILLIAMS, Brooke	CENTRAL WASHINGT	5.13m
8	BECKETT, Brenna	MSU-BILLINGS	5.11m
9	VOLOSHIN, Diana	SIMON FRASER	5.12m
10	GILBERT, Tyra	SIMON FRASER	4.86m
11	SCHWEND, Shaniah	MSU-BILLINGS	4.82m
12	WARREN, Halie	MSU-BILLINGS	4.68m
13	SILTMAN, Rachel	CONCORDIA (ORE.)	4.61m

Flight 2 of 2

1	LOUFOUA, Nice	NORTHWEST NAZAR	5.24m
2	LEHNERT, Geneva	SEATTLE PACIFIC	5.39m
3	FEDOR, Kye	SIMON FRASER	5.25m
4	ANDERSON, Ali	CENTRAL WASHINGT	5.38m
5	BRANNAN, Kyra	SEATTLE PACIFIC	5.65m
6	STEPHENS, Chase	CONCORDIA (ORE.)	5.23m
7	ORTEGA, HarLee	CENTRAL WASHINGT	5.21m
8	JOY, Juliana	CENTRAL WASHINGT	5.19m
9	VONGSAVENG, Mariya	CENTRAL WASHINGT	5.16m

#27 Men's Triple Jump

Lane	Name	Team	Mark
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Flight 1 of 2

1	KOENIG-ROHDE, Kolto	WESTERN OREGON	12.42m
2	RINGOLD, Jacob	WESTERN WASHINGT	12.77m
3	CARRIZALES, Emmy	CONCORDIA (ORE.)	12.73m
4	MAKRAKIS, Nick	WESTERN WASHINGT	12.79m
5	FORSTER, Michael	CENTRAL WASHINGT	NM
6	MOORE, Nathan	NORTHWEST NAZAR	NM
7	TURNER, Travis	ALASKA ANCHORAGE	NM

Flight 2 of 2

1	FIELDS, Jalon	WESTERN OREGON	13.57m
2	CHHIM, Somit	WESTERN WASHINGT	13.60m
3	BROWN, Gino	CONCORDIA (ORE.)	14.02m
4	WHITTAKER, Zach	CENTRAL WASHINGT	14.09m
5	WHEELER, Jimmy	CONCORDIA (ORE.)	13.47m
6	GLADDEN, Tevin	ALASKA ANCHORAGE	13.18m
7	PLUMMER, Luke	CENTRAL WASHINGT	15.01m
8	GAMZA, Andrey	CONCORDIA (ORE.)	13.25m
9	LINDQUIST, Marcus	MSU-BILLINGS	13.02m

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#28 Women's Triple Jump

Lane	Name	Team	Mark
Flight 1 of 2			
1	BECKETT, Brenna	MSU-BILLINGS	10.54m
2	PITTS, Kathryn	WESTERN OREGON	10.60m
3	SCHWEND, Shaniah	MSU-BILLINGS	10.29m
4	WILLIAMS, Janessa	MSU-BILLINGS	10.92m
5	BENNER, Brooke	SEATTLE PACIFIC	NM
6	WALTS, Rose	CENTRAL WASHINGT	NM
7	COLE, Brianna	CONCORDIA (ORE.)	NM

Flight 2 of 2

1	SILTMAN, Rachel	CONCORDIA (ORE.)	11.45m
2	BLALOCK, Alexia	ALASKA ANCHORAGE	11.25m
3	CONKLIN, Katie	NORTHWEST NAZAR	11.01m
4	MAHOWALD, Jackie	NORTHWEST NAZAR	11.45m
5	BROWN, Ella	SIMON FRASER	11.54m
6	STEPHENS, Chase	CONCORDIA (ORE.)	11.42m
7	LOUFOUA, Nice	NORTHWEST NAZAR	11.20m
8	ORTEGA, HarLee	CENTRAL WASHINGT	11.39m
9	WILLIAMS, Brooke	CENTRAL WASHINGT	10.99m

#29 Men's Shot Put

Lane	Name	Team	Mark
Flight 1 of 2			
1	FLANAGAN, Nels	MSU-BILLINGS	13.44m
2	BOWEN, Brandon	WESTERN OREGON	13.91m
3	CROSS, Forest	MSU-BILLINGS	12.98m
4	OSTERMILLER, Brady	MSU-BILLINGS	14.30m
5	PEASLEE, Beau	MSU-BILLINGS	13.33m
6	BARKER, Logan	WESTERN OREGON	11.34m

Flight 2 of 2

1	TAFOYA, Alberto	CENTRAL WASHINGT	14.59m
2	BRIDGE, Caleb	CONCORDIA (ORE.)	14.72m
3	NICHOLS, Sam	CONCORDIA (ORE.)	14.89m
4	VEA, Cyrius	CONCORDIA (ORE.)	14.94m
5	PLESS, Brandon	WESTERN WASHINGT	15.86m
6	ELDER, Brett	CONCORDIA (ORE.)	14.63m
7	TAFOYA, Armando	CENTRAL WASHINGT	15.53m
8	CHAMBERLIN, Jakob	CONCORDIA (ORE.)	14.48m
9	GEORGE, Grant	ALASKA ANCHORAGE	14.32m

#30 Women's Shot Put

Lane	Name	Team	Mark
Flight 1 of 2			
1	KUOHA, Kassadee	MSU-BILLINGS	10.51m
2	WALTERS, Dakayla	ALASKA ANCHORAGE	NM
3	STRINGARI, Taylor	MSU-BILLINGS	10.91m
4	STEWART, Mackenzie	SIMON FRASER	11.11m
5	SITTON, Mikaela	CENTRAL WASHINGT	11.05m
6	CRYDERMAN, Katrina	NORTHWEST NAZAR	11.53m

#30 Women's Shot Put (cont'd)

Lane	Name	Team	Mark
7	TENSLEY, Joselynn	CONCORDIA (ORE.)	10.99m
8	KOROLENKO, Sasha	NORTHWEST NAZAR	11.14m
9	THOMAS, Hannah	NORTHWEST NAZAR	10.75m
10	GRONBACH, Mariah	WESTERN OREGON	NM
11	DODGE, Brittany	CENTRAL WASHINGT	10.90m
12	STEINBEISSER, Hailey	MSU-BILLINGS	11.32m

Flight 2 of 2

1	WARREN, McKenzie	CONCORDIA (ORE.)	17.62m
2	MACDONALD, Christin	CONCORDIA (ORE.)	13.72m
3	LA RUE, Samantha	CENTRAL WASHINGT	12.24m
4	MCKINNIS, Rachel	CONCORDIA (ORE.)	12.96m
5	MORTENSEN, Megan	WESTERN WASHINGT	12.25m
6	MARKHAM, Sammi	SEATTLE PACIFIC	12.72m
7	HOMER, Aiyana	CENTRAL WASHINGT	12.98m
8	MUMFORD, Angela	CENTRAL WASHINGT	12.33m
9	WILLING, Tasha	CONCORDIA (ORE.)	12.37m
10	WHITE, Nicole	CONCORDIA (ORE.)	12.60m
11	LINENKO, Katrina	CONCORDIA (ORE.)	13.37m
12	HUFFMAN, Rachael	WESTERN OREGON	12.00m

#31 Men's Weight Throw

Lane	Name	Team	Mark
Flight 1 of 2			
1	BRIDGE, Caleb	CONCORDIA (ORE.)	13.70m
2	VEA, Cyrius	CONCORDIA (ORE.)	12.92m
3	NICHOLS, Sam	CONCORDIA (ORE.)	13.63m
4	ELDER, Brett	CONCORDIA (ORE.)	11.93m
5	PEASLEE, Beau	MSU-BILLINGS	13.48m
6	TAFOYA, Alberto	CENTRAL WASHINGT	13.48m
7	CROSS, Forest	MSU-BILLINGS	12.19m
8	BARKER, Logan	WESTERN OREGON	12.80m
9	EILAND, Brayden	NORTHWEST NAZAR	12.77m
10	OSTERMILLER, Brady	MSU-BILLINGS	13.52m
11	CHAMBERLIN, Jakob	CONCORDIA (ORE.)	14.54m
12	STARR, Noah	NORTHWEST NAZAR	10.22m
13	VANDERPOEL, Kauan	SAINT MARTIN'S	NM

Flight 2 of 2

1	DENNISTON, Joe	CONCORDIA (ORE.)	15.89m
2	WILKENS, Mitch	SAINT MARTIN'S	16.04m
3	FLANAGAN, Nels	MSU-BILLINGS	16.59m
4	PLESS, Brandon	WESTERN WASHINGT	16.58m
5	TAFOYA, Armando	CENTRAL WASHINGT	17.43m
6	LEE, Bryan	WESTERN WASHINGT	17.04m
7	ALLEN, Kegan	WESTERN OREGON	15.60m
8	BEHNCKE, Peter	SIMON FRASER	15.42m
9	FUALEFAU, Vincent	SAINT MARTIN'S	14.86m

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#32 Women's Weight Throw

Lane	Name	Team	Mark
Flight 1 of 2			
1	MUMFORD, Angela	CENTRAL WASHINGT	13.31m
2	SHORT, Amanda	WESTERN OREGON	NM
3	SITTON, Mikaela	CENTRAL WASHINGT	12.46m
4	LINENKO, Katrina	CONCORDIA (ORE.)	13.11m
5	ROBERTS, Sophia	WESTERN WASHINGT	13.03m
6	KOROLENKO, Sasha	NORTHWEST NAZAR	12.89m
7	GRONBACH, Mariah	WESTERN OREGON	NM
8	STEINBEISSER, Hailey	MSU-BILLINGS	12.77m
9	KUOHA, Kassadee	MSU-BILLINGS	13.53m
10	HAGADORN, Miranda	NORTHWEST NAZAR	12.44m
11	SNOWDEN, Elise	NORTHWEST NAZAR	12.07m
12	DODGE, Brittany	CENTRAL WASHINGT	12.05m
13	FALCK, Alecia	WESTERN OREGON	11.70m
14	NOBBS, Nicole	NORTHWEST NAZAR	10.56m
15	STRINGARI, Taylor	MSU-BILLINGS	12.82m
16	DEAN, Sylvia	WESTERN OREGON	13.32m
Flight 2 of 2			
1	HOMER, Aiyana	CENTRAL WASHINGT	16.56m
2	LA RUE, Samantha	CENTRAL WASHINGT	14.72m
3	WARREN, McKenzie	CONCORDIA (ORE.)	16.48m
4	NEALE, Kirby	SAINT MARTIN'S	16.42m
5	CRYDERMAN, Katrina	NORTHWEST NAZAR	13.70m
6	MORTENSEN, Megan	WESTERN WASHINGT	14.79m
7	MACDONALD, Christin	CONCORDIA (ORE.)	17.09m
8	TENSLEY, Joselynn	CONCORDIA (ORE.)	14.68m
9	HUFFMAN, Rachael	WESTERN OREGON	14.26m
10	WHITE, Nicole	CONCORDIA (ORE.)	14.12m
11	WILLING, Tasha	CONCORDIA (ORE.)	15.42m
12	MCKINNIS, Rachel	CONCORDIA (ORE.)	13.66m
13	THOMAS, Hannah	NORTHWEST NAZAR	13.65m

#33-1 Men's Indoor Heptathlon 60 Meters

Lane	Name	Team
Section 1 of 2		
1		
2		
3	KREUTZ, Blaine	NORTHWEST NAZAR
4	LANDIS, Kodiak	CENTRAL WASHINGT
5	FORSTER, Michael	CENTRAL WASHINGT
6	TURNER, Travis	ALASKA ANCHORAGE
7	SRAMEK, David	ALASKA ANCHORAGE
8		
Section 2 of 2		
1		
2		
3	BROWN, Gino	CONCORDIA (ORE.)

#33-1 Men's Indoor Heptathlon 60 Meters (cont'd)

Lane	Name	Team
4	TRANCH, Micah	NORTHWEST NAZAR
5	BOYLE, Craig	SAINT MARTIN'S
6	BULLO, Nick	CENTRAL WASHINGT
7		
8		

#34-1 Women's Indoor Pentathlon 60m Hurdles

Lane	Name	Team
Section 1 of 5		
1		
2		
3	STEPHENS, Chase	CONCORDIA (ORE.)
4		
5	CANO, Elena	ALASKA ANCHORAGE
6		
7	ORTEGA, HarLee	CENTRAL WASHINGT
8		
Section 2 of 5		
1		
2		
3	BENNER, Brooke	SEATTLE PACIFIC
4		
5	DUVAL, Lauren	NORTHWEST NAZAR
6		
7	CAI, Scout	SEATTLE PACIFIC
8		
Section 3 of 5		
1		
2		
3	WALTS, Rose	CENTRAL WASHINGT
4		
5	ANDERSON, Ali	CENTRAL WASHINGT
6		
7	LEHNERT, Geneva	SEATTLE PACIFIC
8		
Section 4 of 5		
1		
2		
3	POTT, Tiffany	SAINT MARTIN'S
4		
5	MEADOWS, Shaddia	CENTRAL WASHINGT
6		
7	FEDOR, Kye	SIMON FRASER
8		
Section 5 of 5		
1		
2		

2017 GNAC INDOOR TRACK AND FIELD CHAMPIONSHIPS

Nampa, ID
 Ford Idaho Center-Jacksons Track
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START LIST**#34-1 Women's Indoor Pentathlon 60m Hurdles (cont'd)**

Lane	Name	Team
3	GRENINGER, Kaylie	WESTERN WASHINGT
4		
5	STEWART, Mackenzie	SIMON FRASER
6		
7		
8		

#34-2 Women's Indoor Pentathlon High Jump

Lane	Name	Team
Flight 1 of 1		
1	CANO, Elena	ALASKA ANCHORAGE
2	ORTEGA, HarLee	CENTRAL WASHINGT
3	DUVAL, Lauren	NORTHWEST NAZAR
4	CAI, Scout	SEATTLE PACIFIC
5	FEDOR, Kye	SIMON FRASER
6	LEHNERT, Geneva	SEATTLE PACIFIC
7	ANDERSON, Ali	CENTRAL WASHINGT
8	BENNER, Brooke	SEATTLE PACIFIC
9	STEWART, Mackenzie	SIMON FRASER
10	GRENINGER, Kaylie	WESTERN WASHINGT
11	POTT, Tiffany	SAINT MARTIN'S
12	STEPHENS, Chase	CONCORDIA (ORE.)
13	WALTS, Rose	CENTRAL WASHINGT
14	MEADOWS, Shaddia	CENTRAL WASHINGT

#33-2 Men's Indoor Heptathlon Long Jump

Lane	Name	Team
Flight 1 of 1		
1	LANDIS, Kodiak	CENTRAL WASHINGT
2	TURNER, Travis	ALASKA ANCHORAGE
3	FORSTER, Michael	CENTRAL WASHINGT
4	BROWN, Gino	CONCORDIA (ORE.)
5	BULLO, Nick	CENTRAL WASHINGT
6	KREUTZ, Blaine	NORTHWEST NAZAR
7	SRAMEK, David	ALASKA ANCHORAGE
8	BOYLE, Craig	SAINT MARTIN'S
9	TRANCH, Micah	NORTHWEST NAZAR

#33-3 Men's Indoor Heptathlon Shot Put

Lane	Name	Team
Flight 1 of 1		
1	TURNER, Travis	ALASKA ANCHORAGE
2	FORSTER, Michael	CENTRAL WASHINGT
3	LANDIS, Kodiak	CENTRAL WASHINGT
4	BROWN, Gino	CONCORDIA (ORE.)
5	TRANCH, Micah	NORTHWEST NAZAR
6	KREUTZ, Blaine	NORTHWEST NAZAR
7	SRAMEK, David	ALASKA ANCHORAGE

#33-3 Men's Indoor Heptathlon Shot Put (cont'd)

Lane	Name	Team
8	BOYLE, Craig	SAINT MARTIN'S
9	BULLO, Nick	CENTRAL WASHINGT

#34-3 Women's Indoor Pentathlon Shot Put

Lane	Name	Team
Flight 1 of 1		
1	CAI, Scout	SEATTLE PACIFIC
2	BENNER, Brooke	SEATTLE PACIFIC
3	ANDERSON, Ali	CENTRAL WASHINGT
4	MEADOWS, Shaddia	CENTRAL WASHINGT
5	DUVAL, Lauren	NORTHWEST NAZAR
6	POTT, Tiffany	SAINT MARTIN'S
7	FEDOR, Kye	SIMON FRASER
8	STEWART, Mackenzie	SIMON FRASER
9	ORTEGA, HarLee	CENTRAL WASHINGT
10	CANO, Elena	ALASKA ANCHORAGE
11	GRENINGER, Kaylie	WESTERN WASHINGT
12	LEHNERT, Geneva	SEATTLE PACIFIC
13	WALTS, Rose	CENTRAL WASHINGT
14	STEPHENS, Chase	CONCORDIA (ORE.)

#34-4 Women's Indoor Pentathlon Long Jump

Lane	Name	Team
Flight 1 of 1		
1	STEPHENS, Chase	CONCORDIA (ORE.)
2	BENNER, Brooke	SEATTLE PACIFIC
3	DUVAL, Lauren	NORTHWEST NAZAR
4	CAI, Scout	SEATTLE PACIFIC
5	GRENINGER, Kaylie	WESTERN WASHINGT
6	STEWART, Mackenzie	SIMON FRASER
7	CANO, Elena	ALASKA ANCHORAGE
8	ORTEGA, HarLee	CENTRAL WASHINGT
9	MEADOWS, Shaddia	CENTRAL WASHINGT
10	ANDERSON, Ali	CENTRAL WASHINGT
11	POTT, Tiffany	SAINT MARTIN'S
12	WALTS, Rose	CENTRAL WASHINGT
13	FEDOR, Kye	SIMON FRASER
14	LEHNERT, Geneva	SEATTLE PACIFIC

#33-4 Men's Indoor Heptathlon High Jump

Lane	Name	Team
Flight 1 of 1		
1	TURNER, Travis	ALASKA ANCHORAGE
2	TRANCH, Micah	NORTHWEST NAZAR
3	KREUTZ, Blaine	NORTHWEST NAZAR
4	FORSTER, Michael	CENTRAL WASHINGT
5	BROWN, Gino	CONCORDIA (ORE.)
6	LANDIS, Kodiak	CENTRAL WASHINGT

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START LIST

#33-4 Men's Indoor Heptathlon High Jump (cont'd)

Lane	Name	Team
7	SRAMEK, David	ALASKA ANCHORAGE
8	BOYLE, Craig	SAINT MARTIN'S
9	BULLO, Nick	CENTRAL WASHINGT

#34-5 Women's Indoor Pentathlon 800 Meters

Lane	Name	Team
Section 1 of 1		
1	WALTS, Rose	CENTRAL WASHINGT
2	CANO, Elena	ALASKA ANCHORAGE
3	STEWART, Mackenzie	SIMON FRASER
4	BENNER, Brooke	SEATTLE PACIFIC
5	ORTEGA, HarLee	CENTRAL WASHINGT
6	MEADOWS, Shaddia	CENTRAL WASHINGT
7	ANDERSON, Ali	CENTRAL WASHINGT
8	STEPHENS, Chase	CONCORDIA (ORE.)
9	LEHNERT, Geneva	SEATTLE PACIFIC
10	FEDOR, Kye	SIMON FRASER
11	GRENINGER, Kaylie	WESTERN WASHINGT
12	POTT, Tiffany	SAINT MARTIN'S
13	CAI, Scout	SEATTLE PACIFIC
14	DUVAL, Lauren	NORTHWEST NAZAR

#33-5 Men's Indoor Heptathlon 60m Hurdles

Lane	Name	Team
Section 1 of 3		
1		
2		
3	BROWN, Gino	CONCORDIA (ORE.)
4		
5	TURNER, Travis	ALASKA ANCHORAGE
6		
7	FORSTER, Michael	CENTRAL WASHINGT
8		
Section 2 of 3		
1		
2		
3	BULLO, Nick	CENTRAL WASHINGT
4		
5	LANDIS, Kodiak	CENTRAL WASHINGT
6		
7	TRANCH, Micah	NORTHWEST NAZAR
8		
Section 3 of 3		
1		
2		
3	BOYLE, Craig	SAINT MARTIN'S
4		
5	KREUTZ, Blaine	NORTHWEST NAZAR

#33-5 Men's Indoor Heptathlon 60m Hurdles (cont'd)

Lane	Name	Team
6		
7	SRAMEK, David	ALASKA ANCHORAGE
8		

#33-6 Men's Indoor Heptathlon Pole Vault

Lane	Name	Team
Flight 1 of 1		
1	BROWN, Gino	CONCORDIA (ORE.)
2	SRAMEK, David	ALASKA ANCHORAGE
3	KREUTZ, Blaine	NORTHWEST NAZAR
4	TRANCH, Micah	NORTHWEST NAZAR
5	LANDIS, Kodiak	CENTRAL WASHINGT
6	FORSTER, Michael	CENTRAL WASHINGT
7	TURNER, Travis	ALASKA ANCHORAGE
8	BOYLE, Craig	SAINT MARTIN'S
9	BULLO, Nick	CENTRAL WASHINGT

#33-7 Men's Indoor Heptathlon 1000 Meters

Lane	Name	Team
Section 1 of 1		
1	TRANCH, Micah	NORTHWEST NAZAR
2	FORSTER, Michael	CENTRAL WASHINGT
3	SRAMEK, David	ALASKA ANCHORAGE
4	KREUTZ, Blaine	NORTHWEST NAZAR
5	LANDIS, Kodiak	CENTRAL WASHINGT
6	BROWN, Gino	CONCORDIA (ORE.)
7	BOYLE, Craig	SAINT MARTIN'S
8	BULLO, Nick	CENTRAL WASHINGT
9	TURNER, Travis	ALASKA ANCHORAGE