



Aug. 22, 2019
 GNACSports.com • @GNACSports

Contact: Blake Timm, Assistant Commissioner For Communications
 503-805-8756 • btimm@gnacsports.com

West Side, East Side: Washington Rivals Picked To Battle For Volleyball Title

PORTLAND, Ore. – One program was points away from a national title. The second broke a seven-year playoff victory drought before bowing out to the No. 1 team in the country.

Conference coaches think the two rivals, Western Washington and Central Washington, will duke it out for the top spot as the two teams tied for first in the 2019 Great Northwest Athletic Conference Volleyball Preseason Coaches Poll.

The Vikings and Wildcats each picked up a total of 114 points to tie at No. 1. Western Washington received seven of 11 first-place votes while Central Washington took the remaining four.

The top-six in the preseason poll mirrors the order of finish in 2018. Alaska Anchorage is picked third with 93 points while Simon Fraser is a close fourth at 90 points. Alaska, the GNAC’s most improved team last year, is picked fifth with 75 points while Seattle Pacific is predicted sixth with 63 points.

Rounding out the poll is Northwest Nazarene at No. 7 (53 pts.) followed by Concordia (50 pts.), Montana State Billings (36 pts.), Western Oregon (26 pts.) and Saint Martin’s (12 pts.).

After losing the first three matches of the season, all to top-25 teams, Western Washington did not lose again until the national championship match and a gritty five-set defeat to Tampa. The Vikings became the first GNAC team to win 20 matches in conference play and just the fifth squad to march through undefeated. Western Washington led the GNAC and ranked fifth in Division II with 2.65 blocks per set, was 14th nationally with 14.24 kills per set and 15th with a .254 hitting percentage. The Vikings open the season ranked No. 3 in the AVCA Preseason Division II Coaches Poll.

The Vikings will be hurt by the loss of three All-Americans, including GNAC Player of the Year and First Team All-American Abby Phelps, but return a solid and experienced lineup. Senior middle blocker **Kayleigh Harper** earned Second Team All-American honors after finishing third in Division II with a .410 hitting percentage. Her .376 hitting percentage in conference matches was a GNAC season record. Harper also finished eighth nationally with 1.36 blocks per set.

Junior outside hitter **Alison Davenport** was one of five Western Washington players with 200 or more kills, averaging 1.68 kills per set to go along with 30 aces, 2.38 digs per set and 82 blocks. Senior **Mae Thungc** provided stout defense last year and averaged 3.65 digs per set with 22 aces. Sophomore outside hitter **Gabby Gunterman** was key during the second half of the season and finished with 2.18 kills per set and 48 blocks.

Central Washington posted its best season in over a decade with a 23-6 overall record and 16-4 conference mark. The Wildcats earned selection to the NCAA West Regional for the seventh consecutive season but, unlike the first six, succeeded in finding the win column with a five-set victory over Cal State LA in the opening round. Central was as much the offensive power as its western rival, leading the GNAC and ranking 10th in Division II with 14.43 kills per set. The Wildcats were also eighth nationally with 2.53 blocks per set and 10th with 13.55 assists per set.

Team (1st Place Votes)	2018 Record (GNAC)	Pts.
1. Western Washington (7)	30-4 (20-0, 1st)	114
Central Washington (4)	23-6 (16-4, 2nd)	114
3. Alaska Anchorage	21-7 (14-6, 3rd)	93
4. Simon Fraser	15-11 (12-8, tie 4th)	90
5. Alaska	14-13 (12-8, tie 4th)	75
6. Seattle Pacific	11-16 (9-11, tie 6th)	63
7. Northwest Nazarene	6-21 (6-14, 9th)	53
8. Concordia	12-15 (9-11, tie 6th)	50
9. Montana State Billings	13-17 (7-13, 8th)	36
10. Western Oregon	6-21 (3-17, 10th)	26
11. Saint Martin’s	4-22 (2-18, 11th)	12

Points awarded on 11-10-9-8-7-6-5-4-3-2-1 basis.

The Wildcats will be formidable with four returning starters, including three AVCA Honorable Mention All-Americans. Junior outside hitter **Makala Swart** earned All-GNAC and All-West Region honors after averaging 3.62 kills per set with a .243 hitting percentage and 2.99 digs per set. Senior libero **Kyla Morgan** earned All-American laurels to go with GNAC Defensive Player of the Year honors after ranking 19th in Division II with 5.84 digs per set. Senior setter **Gabrielle Aihara** also made the list after finishing ninth in Division II with 11.82 assists per set to go with 27 aces and 2.94 digs per set.

Senior outside hitter **Bridgette Webb** is the fourth returning starter. She earned Honorable Mention All-GNAC honors after averaging 2.23 kills and 1.12 blocks per set. Central will be further bolstered by junior transfer **Diana Fa'amausili**, who earned GNAC Freshman of the Year and First Team All-GNAC honors in 2016 while with Alaska Anchorage.

The Seawolves improved by two wins over the 2017 season and matched the program's 14-6 conference record. Alaska Anchorage counted itself as part of the GNAC's blocking juggernaut, ranking 20th nationally with 2.33 blocks per set. The Seawolves led the GNAC with 1.66 aces per set and a .153 opponent's hitting percentage.

Sophomore right-side hitter **Eve Stephens** will key the UAA offense after earning First Team All-GNAC and conference Freshman of the Year honors in 2018. Stephens finished with a .330 hitting percentage while averaging 3.18 kills and 0.76 blocks per set. She will be complemented by senior outside hitter **Vanessa Hayes**, who averaged 2.56 kills and 1.25 digs per set, and junior middle blocker **Vera Pluharova**, who amassed a .211 hitting percentage and averaged 1.19 blocks per set. Sophomore **Ellen Floyd** excelled as a freshman as the Seawolves' primary setter, averaging 8.33 assists and 2.26 digs per set.

Alaska Anchorage will also welcome back 2014 GNAC Freshman of the Year **Kayla McGlathery**, who returns at middle blocker after a four-year absence from the game.

Simon Fraser maintained a level of consistency in its fourth-place finish last year, posting its fourth season of 15 wins or more under head coach **Gina Schmidt**. A solid defensive squad, the Clan led the GNAC and ranked 15th in Division II with 19.57 digs per set while also ranking among the conference's top-three in assists per set, kills per set and hitting percentage.

The Clan is one of three programs to return five starters. Senior outside hitter **Kirsten Pinkney** earned Honorable Mention All-GNAC honors after averaging 3.12 kills per set with 31 blocks. Junior setter **Julia Tays** also received Honorable Mention All-GNAC honors as she averaged 10.84 assists and 2.70 digs per set to go along with a .225 hitting percentage and 24 blocks. Simon Fraser will also be solid on defense with the return of senior **Katerina Dolguikh** (3.70 digs per set) and junior **Bianca Te** (3.30 digs per set) at the libero and defensive specialist positions.

After finishing seventh in the GNAC in 2017 and no better than sixth since 2009, Alaska used an impressive second-half run to finish tied for fourth in the conference in 2018 and improve by seven conference wins over the year before. The surge was bolstered by a seven-match win streak that went into October and a finish that saw the Nanooks win 11 of their last 14 matches. Alaska finished the season with a .182 hitting percentage and 12.20 kills per set.

Junior setter **Cate Whiting** leads the list of five Alaska returning starters. She earned First Team All-GNAC honors after finishing with 9.97 assists and 2.30 digs per set to go along with a .273 hitting percentage. Junior outside hitter **Lahra Weber** also made the GNAC first team after she finished fourth in the league with 3.61 kills per set to go with a .194 hitting percentage. Senior middle blocker **Kim Wong** averaged 1.80 kills and 1.02 blocks per set while finishing with 101 total blocks.

Seattle Pacific tied with Concordia for sixth in 2018. After a tough start to the season, losing six of their first eight matches, the Falcons rebounded to win five of their first six GNAC contests. The team went on to stun Alaska Anchorage in five sets on Nov. 1 at the Alaska Airlines Center. Seattle Pacific finished the season averaging 12.23 kills per set and was fourth in the GNAC with 2.20 blocks per set.

Outside hitter **Gabby Oddo** returns for her senior season after picking up First Team All-GNAC honors last year. Oddo averaged 3.48 kills and 3.11 digs per set while amassing a .202 hitting percentage. She is complemented at the net by junior middle blocker **Gabi Stegemoller**, who averaged 1.24 kills and 0.81 blocks per set, along with senior outside hitter **Jaeden Hooker** and her 2.26 kills per set.

After seven seasons straight with 15 or more wins, Northwest Nazarene hit a speed bump in 2018 after losing most of the starting lineup that led the Nighthawks to the NCAA West Regional. Picked to finish seventh, the Nighthawks averaged 11.56 kills per set last year and were fourth in the GNAC with 18.15 digs per set.

Northwest Nazarene returns 12 players and four starters, forming the base for a potential climb. Junior outside hitter **Abbey Blum** averaged three kills per set while sophomore middle hitter **Taylor Markland** averaged 1.66 kills per set to go with a .287 hitting percentage and 72 blocks. Senior setter **Megan Nelson** brings solid experience with her average of 6.07 assists per set.

Picked a close eighth, Concordia features experience with nine returning players and four returning starters. The Cavaliers averaged 11.99 kills per set and ranked second in the GNAC with 1.56 aces per set. The offense will be paced by senior outside hitter **Jessica Wheeler**, who averaged 2.45 kills per set, and sophomore middle blocker **Katelyn Brandenburg** with her 1.60 kills and 0.88 blocks per set. Concordia also brings back an experienced setter in sophomore **Emily Zink**, who averaged 5.03 assists and 1.91 digs per set.

Montana State Billings returns a solid corps of offensive players but will have to make up the loss of its two most experienced players in middle blocker Miranda McConnell and libero Izela Alvarez. Junior outside hitter **Maddi Vigil** will pace the offense after averaging 2.53 kills and 3.19 digs per set in 2018. Sophomore middle blocker **Eavan Taylor** played a key role as a freshman, averaging 1.34 kills and 1.03 blocks per set, while junior setter **Alexa Smythe** averaged 5.79 assists per set to go with 33 aces.

Picked 10th, Western Oregon will have a whole new look with first-year head coach **Stacy Metro** and a new starting lineup. The Wolves finished 2018 averaging 11.02 kills per set and was third in the GNAC with 1.53 aces per set. Junior outside hitter **Sianna DeCarli** returns after playing in all 27 matches last year. She averaged 1.69 kills per set with a .194 hitting percentage.

Saint Martin's looks to continue the rebuild process with the loss of both of its Honorable Mention All-GNAC selections. Senior outside hitter **Ula Kamaka** will lead the offense after averaging 2.57 kills and 2.22 digs per set. The Saints also return an experienced setter in sophomore **Alyssa Bartlett**, who averaged 7.71 assists and 2.14 digs per set.

Alaska Anchorage, Saint Martin's and Western Washington will open the 2019 season with tournament matches on Thurs., Sept. 5. The remainder of the GNAC teams open play on Fri., Sept. 6. Alaska Anchorage and Concordia will host home matches with the Seawolves hosting the UAA Invitational and Concordia hosting the Concordia Volleyball Classic.

GNAC Volleyball Team Capsules Follow On Next Page



2019 GNAC Volleyball Teams At A Glance

ALASKA

Head Coach: Brian Scott (Weber State, 2007, 35-75, 5th Season)

Assistant Coach: Meagan Olsen

2018 Overall Record: 14-13

Conference Record (Finish): 12-8 (Tie 4th)

Players Returning: 10

Starters Returning/Lost: 5/0

Returning Starters: Emily Moorhead (MB, Jr., 120 kills, 1.22 kills per set, .145 attack pct., 29 aces, 78 blocks, 0.80 blocks per set), Tatum Upchurch (OH, Jr., 203 kills, 2.28 kills per set, .113 attack pct., 231 digs, 2.60 digs per set), Lahra Weber (OH, Jr., First Team All-GNAC, 357 kills, 3.61 kills per set, .194 attack pct., 23 aces, 273 digs, 2.76 digs per set, 46 blocks), Cate Whiting (S, Jr., First Team All-GNAC, 987 assists, 9.97 assists per set, 93 kills, .273 attack pct., 25 aces, 228 digs, 2.30 digs per set, 51 blocks), Kim Wong (MB, Sr., 178 kills, 1.80 kills per set, .253 attack pct., 101 blocks, 1.02 blocks per set).

Other Key Returners: Markie Miller (OH, Jr., 195 kills, 2.47 kills per set, .198 attack pct., 18 aces, 20 blocks), Makena Overbey (L, So., 432 digs, 4.36 digs per set, 86 assists).

Key Losses: None.

Key Freshmen: Colleen File (OH/L, 5-7, Woodinville, Wash. – Bellevue Christian), Eden Murchison (OH, 6-1, Zebulon, Ga. – Pike County), Sophie Schilling (MB, 6-1, Berlin, Germany – SG Rotation Prenzlauer Berg).

Key Transfers: AveRee Reynolds (OH, 6-1, Jr., Logan, Utah – Eastern Arizona Coll.).

ALASKA ANCHORAGE

Head Coach: Chris Green (Nebraska, 1991, 224-90, 12th Season)

Assistant Coaches: Stacie Meisner, Brooke Pottle

2018 Overall Record: 21-7

Conference Record (Finish): 14-6 (3rd)

Players Returning: 7

Starters Returning/Lost: 4/2+Libero

Returning Starters: Eve Stephens (RS, So., First Team All-GNAC, GNAC Freshman of the Year, Honorable Mention AVCA All-West Region, .330 attack pct., 343 kills, 3.18 kills per set, 82 blocks, 0.76 blocks per set), Ellen Floyd (S, So., 875 assists, 8.33 assists per set, 37 aces, 237 digs, 2.26 digs per set, 31 blocks), Vanessa Hayes (OH, Sr., 277 kills, 2.56 kills per set, .189 attack pct., 31 aces, 135 digs, 1.25 digs per set, 43 blocks), Vera Pluharova (MB, Jr., 102 kills, 1.01 kills per set, .211 attack pct., 109 blocks, 1.19 blocks per set).

Other Key Returners: Anjoilyn Vreeland (L/DS, So., 363 digs, 3.36 digs per set, 25 aces), Kayla McGlathery (MB, Jr., DNP 2015-18, 2014 GNAC Freshman of Year, 180 kills, 2.17 kills per set, .313 attack pct., 75 blocks).

Key Losses: Chrisalyn Johnson (OH, Honorable Mention All-GNAC), Tara Melton (MB, Honorable Mention All-GNAC), Taylor Noga (L/RS), Casey Davenport (S).

Key Freshmen: Hannah Pembroke (OH, 5-8, Chico, Calif. – Pleasant Valley), Noho Lind (OH, 5-9, Hana, Hawaii – King Kekaulike), Makana Eleneki (S, 5-6, Kailua, Hawaii – Kapalama), Mia Ekstrand (OH, 5-10, Anchorage, Alaska – Dimond).

Key Transfers: Emma Kleven (S, 5-7, Jr., Anchorage Alaska – Notre Dame de Namur Univ.).

CENTRAL WASHINGTON

Head Coach: Mario Andaya (Central Washington, 1993, 379-265, 24th Season)

Assistant Coaches: Chloe Solum, Kaycee O'Brien, Shelby Schreier

2018 Overall Record: 23-6

Conference Record (Finish): 16-4 (2nd)

Players Returning: 10

Starters Returning/Lost: 4/3

Returning Starters: Makala Swart (OH, Jr., First Team All-GNAC, AVCA All-West Region, Honorable Mention AVCA All-American, 369 kills, 3.62 kills per set, .243 attack pct., 12 aces, 305 digs, 2.99 digs per set, 58 blocks), Kyla Morgan (DS/L, Sr., GNAC Defensive Player of the Year, First Team All-GNAC, AVCA & D2CCA All-West Region Team, NCAA West Regional All-Tournament Team, Honorable Mention AVCA All-American, 28 aces, 596 digs, 5.84 digs per set), Bridgette Webb (OH, Sr., Honorable Mention All-GNAC, 167 kills, 2.23 kills per set, .341 attack pct., 84 blocks, 1.12 blocks per set), Gabrielle Aihara (S, Sr., First Team All-GNAC, AVCA All-West Region, AVCA Honorable Mention All-American, 1,147 assists, 11.82 assists per set, 27 aces, 285 digs, 2.94 digs per set, 21 blocks).

Other Key Returners: Julia Mellander (MB, Jr., 57 kills, 1.10 kills per set, .261 attack pct., 58 blocks, 1.12 blocks per set).

Key Losses: Shelby Mauritson (OH, First Team All-GNAC, D2CCA All-West Region), Madison Weg (OH, First Team All-GNAC), Sarah Joffs (MB).

Key Freshmen: Alyssa Smith (OH, 6-0, Yakima, Wash. – West Valley), Macy Wilke (S, 5-9, Phoenix, Ariz. – Sunnyslope), Ashley Kaufman (OH, 5-8, Hayden, Idaho – Lake City).

Key Transfers: Diana Fa'amausili (OH, 5-11, Jr., Federal Way, Wash. – Univ. of Alaska Anchorage).

CONCORDIA**Head Coach:** Melanie Hambelton (Portland State, 1982, 167-108, 11th Season)**Assistant Coaches:** Kaio Nahale-a, Kealia Rosa**2018 Overall Record:** 12-14**Conference Record (Finish):** 9-11 (Tie 6th)**Players Returning:** 9**Starters Returning/Lost:** 4/2**Returning Starters:** Jessica Wheeler (OH, Sr., 208 kills, 2.45 kills per set, .134 attack pct., 27 aces, 200 digs, 2.35 digs per set, 27 blocks), Katelyn Brandenburg (MB, So., 141 kills, 1.60 kills per set, .211 attack pct., 77 blocks, 0.88 blocks per set), Elyssa Rose (MB, Jr., 168 kills, 2.02 kills per set, .295 attack pct., 92 blocks, 1.11 blocks per set), Emily Zink (S, So., 438 assists, 5.03 assists per set, 13 aces, 166 digs, 1.91 digs per set).**Other Key Returners:** Callie Wilkins (L, So., Honorable Mention All-GNAC, 471 digs, 4.71 digs per set, 71 assists, 0.85 assists per set, 33 aces), Kahua Titlon (OPP/S, So., 300 assists, 4.11 assists per set, 20 aces, 151 digs, 2.07 digs per set), Saige Weaver (OPP, So., 65 kills, 1.44 kills per set, .111 attack pct.).**Key Losses:** Tori Johnson (OH), Livia Standberg (OH).**Key Freshmen:** Zoe DiNardo (OH, 5-11, Valencia, Calif. – Hart), Simon Gordon (MB, 5-4, Portland, Ore. – Portland Christian).**Key Transfers:** Abbey Schwager (S, 5-9, Jr., Boise, Idaho – Walla Walla CC).**MONTANA STATE BILLINGS****Head Coach:** Casey Williams (West Alabama, 2012, 29-61, 4th Season)**Assistant Coach:** Morgan Walters**2018 Overall Record:** 13-17**Conference Record (Finish):** 7-13 (8th)**Players Returning:** 5**Starters Returning/Lost:** 5/4**Returning Starters:** Maddi Vigil (OH, Jr., 278 kills, 2.53 kills per set, .139 attack pct., 24 aces, 351 digs, 3.19 digs per set, 46 blocks), Bayli Monck (RS, Jr., 228 kills, 1.97 kills per set, .138 attack pct., 24 aces, 201 digs, 2.01 digs per set, 61 blocks), Alexa Smythe (S, Jr., 30 kills, 452 assists, 5.79 assists per set, 33 aces, 162 digs, 2.08 digs per set), Skylar Reed (OH/RS, So., 191 kills, 2.12 kills per set, .195 attack pct., 26 blocks), Eavan Taylor (MB, So., 159 kills, 1.34 kills per set, .198 attack pct., 122 blocks, 1.03 blocks per set).**Other Key Returners:** N/A.**Key Losses:** Miranda McConnell (MB), Izela Alvarez (DS/L).**Key Freshmen:** Hailey Carroll (S, 5-6, Las Vegas, Nev. – Faith Lutheran), Kaylie Akiona (OH/DS, 5-7, Honolulu, Hawaii – Kamehameha).**Key Transfers:** Joelle Mahowald (MB, 6-1, Jr., Nine Mile Falls, Wash. – Spokane Falls CC).**NORTHWEST NAZARENE****Head Coach:** Doug English (Cal State Northridge, 2004, 113-52, 6th Season)**Assistant Coaches:** Jessie Bartlow, Hailey Bland**2018 Overall Record:** 6-21**Conference Record (Finish):** 6-14 (9th)**Players Returning:** 12**Starters Returning/Lost:** 4/3**Returning Starters:** Abbey Blum (OH, Jr., 297 kills, 3.00 kills per set, .183 attack pct., 94 digs, 31 blocks), Tayler Markland (MH, So., 168 kills, 1.66 kills per set, .287 attack pct., 73 blocks, 0.72 blocks per set), Megan Nelson (S, Sr., 619 assists, 6.07 assists per set, 181 digs, 1.77 digs per set), Kayla Sale (OH, Sr., 163 kills, 1.66 kills per set, 13 aces, 323 digs, 3.30 digs per set, 36 blocks).**Other Key Returners:** Brooke Foster (OH, So., 141 kills, 1.55 kills per set, .154 attack pct., 31 blocks), McKenzie Lee (S, So., 378 assists, 3.94 assists per set, 140 digs, 1.46 digs per set), Jessica Brennis (RS, Sr., 47 kills, 1.07 kills per set).**Key Losses:** Cami Hening (OH, Honorable Mention All-GNAC), Shayli Siegfried (L), Natalie Knauf (MH)**Key Freshmen:** Caroline McMahon (L, Medford, Ore. – Cascade Christian), Siale Sandoval (OH, Denver, Colo. – Thomas Jefferson).**Key Transfers:** None.

SAINT MARTIN'S**Head Coach:** Jon Killingbeck (Central Washington, 2007, 19-59, 4th Season, 10th Year Overall, 77-150)**Assistant Coach:** Joe Holland**2018 Overall Record:** 4-22**Conference Record (Finish):** 2-18 (11th)**Players Returning:** 8**Starters Returning/Lost:** 3/4**Returning Starters:** Alyssa Bartlett (S, So., 732 assists, 7.71 assists per set, 203 digs, 2.14 digs per set, 19 blocks, 22 aces), Ula Kamaka (OH, Sr., 213 kills, 2.57 kills per set, .133 attack pct., 23 aces, 184 digs, 2.22 digs per set, 16 blocks), Bridgette Bourgouin (MB, So., 28 kills, eight digs, 41 blocks).**Other Key Returners:** Kylie Alos (DS, So., 64 digs, 1.19 digs per set), Emily Gooding (MB, Jr., 42 kills, 1.45 kills per set, .213 attack pct., 10 aces, 22 blocks), Annika Briggs (MB, So., 49 kills, 47 blocks), Kallie Langford (OH, So., 7 kills).**Key Losses:** Rachel Gondrezick (OH, Honorable Mention All-GNAC), Megan Vernoy (RS, Honorable Mention All-GNAC), Courtney Misner (L).**Key Freshmen:** Gracie Brenner (OH, 6-1, Vancouver, Wash. – Skyview), Kylie Coon (OH, 5-8, Beaumont, Calif. – Beaumont), Kiana Pel (L, 5-3, Lynnwood, Wash. – Lynnwood).**Key Transfers:** Mackenzie Carter (OH, 5-8, Jr., Las Vegas, Nev. – Utah State Univ. Eastern).**SEATTLE PACIFIC****Head Coach:** Abbie Wright (Biola, 2010, 26-29, 3rd Season)**Assistant Coach:** Hailey Doerfler**2018 Overall Record:** 11-16**Conference Record (Finish):** 9-11 (Tie 6th)**Players Returning:** 7**Starters Returning/Lost:** 2/3+Libero**Returning Starters:** Gabby Oddo (OH, Sr., First Team All-GNAC, 362 kills, 3.48 kills per set, .202 attack pct., 33 aces, 323 digs, 3.11 digs per set, 38 blocks), Gabi Stegemoller (MB, Jr., 124 kills, 1.29 kills per set, .163 attack pct., 78 blocks, 0.81 blocks per set).**Other Key Returners:** Maddie Batiste (OPP/OH, Jr., 81 kills, 0.94 kills per set, 52 digs), Jaeden Hooker (OPP/OH, Sr., 176 kills, 2.26 kills per set, .119 attack pct., 22 blocks), Mallie Donahoe (OH, Sr., 18 kills, 12 aces, 251 digs, 2.41 digs per set), Erin Gould (OH, So., 3 kills, 106 digs, 1.43 digs per set), Katie Mansfield (L/DS, Sr., 32 digs).**Key Losses:** Amanda Ganete (L/DS), Symone Tran (S, Honorable Mention All-GNAC), Hailey Gaines (OPP, GNAC Newcomer of the Year), Shaun Crespi (MB).**Key Freshmen:** Austin Ibale (S, 5-9, Renton, Wash. – Kentridge), Lindsey Lambert (S, 5-10, Fr., Beaverton, Ore. – Southridge).**Key Transfers:** None.**SIMON FRASER****Head Coach:** Gina Schmidt (Oregon State, 2002, 94-67, 7th Season)**Assistant Coaches:** TBD**2018 Overall Record:** 15-11**Conference Record (Finish):** 12-8 (4th)**Players Returning:** 10**Starters Returning/Lost:** 5+Libero/2**Returning Starters:** Angelica Kilberg (MB, Sr., 83 kills, 1.30 kills per set, .227 attack pct., 45 blocks), Kirsten Pinkney (OH, Sr., Honorable Mention All-GNAC, 290 kills, 3.12 kills per set, .197 attack pct., 31 blocks), Betsie de Beer (OH, Sr., 259 kills, 2.82 kills per set, .178 attack pct., 16 aces, 208 digs, 2.26 digs per set, 49 blocks), Julia Tays (S, Jr., Honorable Mention All-GNAC, 65 kills, .225 attack pct., 997 assists, 10.84 assists per set, 22 aces, 248 digs, 2.70 digs per set, 24 blocks), Katerina Dolguikh (DS/L, Sr., 344 digs, 3.70 digs per set, 25 aces), Bianca Te (DS/L, Jr., 304 digs, 3.30 digs per set, 19 aces).**Other Key Returners:** Nicole Chevrier (MB, Sr., 54 kills, .341 attack pct., 13 digs, 17 blocks).**Key Losses:** Tessa May (MB, First Team All-GNAC, Honorable Mention AVCA All-West Region, Honorable Mention AVCA All-American), Jayme Bratsberg (L).**Key Freshmen:** Camryn Vosloh (OH, 6-0, Blaine, Wash. – Blaine).**Key Transfers:** None.

WESTERN OREGON**Head Coach:** Stacy Metro (Northern Michigan, 1994, First Season)**Assistant Coach:** Traci Stephenson**2018 Overall Record:** 6-21**Conference Record (Finish):** 3-17 (10th)**Players Returning:** 4**Starters Returning/Lost:** 0/6**Returning Starters:** None.**Other Key Returners:** Sianna DeCarli (OH, Jr., 164 kills, 1.69 kills per set, .194 attack pct., 42 digs, 65 blocks).**Key Losses:** Mariella Vandenkooy (OPP, Honorable Mention All-GNAC), Sophie Hall (MB), Jessie Compton (OH), Sierra Stultz (OH), Morgan Haskett (OH, Honorable Mention All-GNAC).**Key Freshmen:** Makenzie York (MB/OPP, 6-0, Florence, Ore. – Siuslaw), Melissa Blockley (S, 5-8, Gilbert, Ariz. – Perry), Shay Coons (OH, 5-9, Salem, Ore. – McKay).**Key Transfers:** Allie Spear (OH/DS, 5-5, Jr., Sisters, Ore. – Concordia Univ.), Allyson Crisp (MB/OPP, 6-2, Jr., Eugene, Ore. – Eastern Oregon Univ.), Delaney Smith (MB, 6-2, So., Salem, Ore. – Chemeketa CC).**WESTERN WASHINGTON****Head Coach:** Diane Flick-Williams (Washington, 1993, 424-107, 20th Season)**Assistant Coaches:** James Suh, Brette Boesel, Lauren Amundson, Brad Saindon**2018 Overall Record:** 30-4**Conference Record (Finish):** 20-0 (1st, NCAA Division II National Runner-Up)**Players Returning:** 9**Starters Returning/Lost:** 3/3+Libero**Returning Starters:** Kayleigh Harper (MB, Sr., First Team All-GNAC, Second Team AVCA All-American, 409 kills, 3.41 kills per set, .410 attack pct., 163 blocks, 1.36 blocks per set), Alison Davenport (OH, Jr., 202 kills, 1.68 kills per set, .175 attack pct., 30 aces, 286 digs, 2.38 digs per set, 82 blocks, 0.68 blocks per set), Mae Thungc (DS/L, Sr., 27 aces, 438 digs, 3.65 digs per set).**Other Key Returners:** Joslyn Bopray (MB, Sr., 13 kills, 8 blocks, 6 MP), Gabby Gunterman (OH, So., 262 kills, 2.18 kills per set, .168 attack pct., 124 digs, 1.03 digs per set, 48 blocks), Janae Payne (S, Jr., 12 aces).**Key Losses:** Brette Boesel (S, First Team All-GNAC, Third Team AVCA All-American), Michaela Hall (MB, First Team All-GNAC), Abby Phelps (OH, GNAC Player of the Year, First Team All-GNAC, First Team AVCA All-American), Aubrey Stephens (DS/L, Honorable Mention All-GNAC, Honorable Mention AVCA All-American).**Key Freshmen:** Malia Aleaga (S, 5-7, Brien, Wash. – Kennedy Catholic), Rylee Born (OH, 5-11, Gig Harbor, Wash. – Bellarmine Prep), Calley Heilborn (OH, 6-1, Auburn, Wash. – Auburn Riverside), Tupu Lologo (DS, 5-7, Federal Way, Wash. – Federal Way), Anna Maracich (MB, 6-0, Auburn, Wash. – Auburn Riverside), Kasey Woodruff (DS/L, 5-6, University Place, Wash. – Curtis).**Key Transfers:** None.